II Bieg Aleksandrowski z okazji Święta Wojska Polskiego

WYNIKI ZAWODÓW

Organizator: Urząd Miejski w Aleksandrowie Łódzkim, Miejski Ośrodek Sportu i Rekreacji
Termin: 15.08.2014
Miejsce: Aleksandrów Łódzki
Dystans:

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
		Bieg 10km Kobiety KATEGORIA:K60									
1	142	**PASZKIEWICZ-KĘSIAK Krystyna anita**	ŁÓDŹ	POL		53	K60/1	(K)44	**01:05:23**	01:05:00	06.30
		Bieg 10km Kobiety KATEGORIA:K50									
1	104	**LEWANDOWSKA Ewa**	ŁÓDŹ	POL		61	K50/1	(K)5	**00:49:10**	00:49:05	04.54
2	284	**SĄSIADEK Iwona**	ALEKSANDRÓW ŁÓDZKI	POL		61	K50/2	(K)14	**00:53:58**	00:53:47	05.22
3	40	**WASIAK Hanna**	ŁÓDŹ	POL		63	K50/3	(K)19	**00:57:07**	00:57:00	05.42
4	13	**BRZESKA Marzena**	ŁÓDŹ	POL		64	K50/4	(K)21	**00:57:21**	00:57:00	05.42
5	85	**BAKALARZ Aleksandra**	ŁÓDŹ	POL		61	K50/5	(K)31	**01:00:43**	01:00:25	06.02
6	170	**CICHECKA Mirosława**	ALEKSANDRÓW ŁÓDZKI	POL		62	K50/6	(K)40	**01:04:50**	01:04:39	06.27
7	69	**OSIŃSKA Elżbieta**	ŁÓDŹ	POL		64	K50/7	(K)52	**01:31:31**	01:31:12	09.07
		Bieg 10km Kobiety KATEGORIA:K40									
1	16	**KARKOWSKA Katarzyna**	ALEKSANDRÓW ŁÓDZKI	POL		72	K40/1	(K)6	**00:49:12**	00:49:07	04.54
2	63	**GÓRSKA-NOWAK Tatiana**	ŁÓDŹ	POL		69	K40/2	(K)7	**00:49:39**	00:49:27	04.56
3	165	**ANDRZEJEWSKA Edyta**	ŁÓDŹ	POL		70	K40/3	(K)10	**00:50:47**	00:50:40	05.04
4	7	**SZCZEPANIAK Jadwiga**	ALEKSANDRÓW ŁÓDZKI	POL		65	K40/4	(K)17	**00:56:18**	00:56:05	05.36
5	161	**LANGE Genowefa**	BEŁCHATÓW	POL		72	K40/5	(K)18	**00:56:53**	00:56:38	05.39
6	45	**JEZIORSKA Katarzyna**	ŁÓDŹ	POL		71	K40/6	(K)20	**00:57:17**	00:57:01	05.42
7	184	**PIWOŃSKA Agnieszka**	ŁÓDŹ	POL		72	K40/7	(K)27	**00:58:49**	00:58:34	05.51
8	119	**STEFAŃCZYK Teresa**	ANTONIEW	POL		69	K40/8	(K)28	**00:58:53**	00:58:40	05.52
9	269	**KOŁODZIEJSKA Małgorzata**	SŁUPCA	POL		73	K40/9	(K)33	**01:01:33**	01:01:18	06.07
10	225	**MOSZCZYŃSKA Anna**	ZGIERZ	POL		68	K40/10	(K)35	**01:02:52**	01:02:31	06.15
11	89	**ŻĄDLAK Dorota**	ALEKSANDRÓW ŁÓDZKI	POL		65	K40/11	(K)42	**01:05:01**	01:04:47	06.28
12	275	**GRUCHOT Ewa**	ŁÓDŹ	POL		74	K40/12	(K)45	**01:06:26**	01:06:11	06.37
13	213	**KROSZCZYŃSKA Marzena**	ZGIERZ	POL		72	K40/13	(K)48	**01:08:35**	01:08:14	06.49
		Bieg 10km Kobiety KATEGORIA:K30									
1	1282	**KACZMAREK Aneta**	ALEKSANDRÓW ŁÓDZKI	POL		81	K30/1	(K)2	**00:41:11**	00:41:09	04.06
2	166	**OLEJNICZAK Agnieszka**	DOMANIEWICE	POL		83	K30/2	(K)3	**00:43:30**	00:43:27	04.20
3	226	**JAGIEŁA Justyna**	ŁÓDŹ	POL		83	K30/3	(K)4	**00:48:40**	00:48:31	04.51
4	297	**BŁASZCZYNA Ludmiła**	ZGIERZ	POL		78	K30/4	(K)8	**00:49:54**	00:49:45	04.58
5	240	**RETKIEWICZ Dorota**	BEŁCHATÓW	POL		79	K30/5	(K)11	**00:50:56**	00:50:42	05.04
6	152	**GWADERA Beata**	ŁÓDŹ	POL		78	K30/6	(K)12	**00:52:13**	00:51:58	05.11
7	131	**SIKORSKA Edyta**	ŁÓDŹ	POL		81	K30/7	(K)13	**00:53:45**	00:53:30	05.21
8	276	**BANASIAK Joanna**	ŁÓDŹ	POL		81	K30/8	(K)15	**00:54:43**	00:54:24	05.26
9	216	**ULASZEWSKA Agnieszka**	TOMASZÓW	POL		79	K30/9	(K)16	**00:54:50**	00:54:35	05.27
10	188	**AUGUSTOWSKA Izabela**	WARTKOWICE	POL		76	K30/10	(K)22	**00:57:27**	00:57:03	05.42
11	290	**KACPERSKA Dagmara**	ŁÓDŹ	POL		84	K30/11	(K)23	**00:57:35**	00:57:12	05.43
12	52	**PFEIFER Katarzyna**	PARZĘCZEW	POL		78	K30/12	(K)24	**00:57:58**	00:57:40	05.46
13	241	**KALINA-WITKOWSKA Aleksandra**	ALEKSANDRÓW ŁÓDZKI	POL		79	K30/13	(K)32	**01:00:59**	01:00:46	06.04
14	47	**STEGLIŃSKA Angelina**	ŁÓDŹ	POL		84	K30/14	(K)34	**01:02:28**	01:02:19	06.13
15	130	**CELMER Ewa**	ALEKSANDRÓW ŁÓDZKI	POL		79	K30/15	(K)36	**01:03:01**	01:02:48	06.16
16	124	**MANKIEWICZ Anna**	ALEKSANDRÓW ŁÓDZKI	POL		79	K30/16	(K)37	**01:03:07**	01:02:49	06.16
17	137	**ILSKA Anna**	ŁÓDŹ	POL		79	K30/17	(K)38	**01:03:55**	01:03:34	06.21
18	43	**MAJEWSKA-MARKIEWICZ Monika**	PABIANICE	POL		79	K30/18	(K)47	**01:08:35**	01:08:26	06.50
19	266	**BLASZCZYK Agnieszka**	ALEKSANDROW ŁÓDZKI	POL		75	K30/19	(K)50	**01:09:15**	01:09:02	06.54
20	60	**SZCZOCARZ Dominika**	ŁÓDŹ	POL		79	K30/20	(K)51	**01:31:31**	01:31:09	09.06

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
		Bieg 10km Kobiety KATEGORIA:K20									
1	157	**OLEŚ Katarzyna**	ŁÓDŹ	POL		86	K20/1	(K)1	**00:39:20**	00:39:17	03.55
2	287	**SOBAŃSKA Izabela**	DRUŻBICE	POL		96	K20/2	(K)9	**00:50:35**	00:50:26	05.02
3	204	**SKONIECZKA Marta**	ALEKSANDRÓW ŁÓDZKI	POL		93	K20/3	(K)25	**00:58:35**	00:58:24	05.50
4	199	**GÓRNIAK Daria**	UNIEJÓW	POL		91	K20/4	(K)26	**00:58:38**	00:58:20	05.50
5	90	**URBANIAK Angelika**	ŁÓDŹ	POL		94	K20/5	(K)29	**00:59:30**	00:59:11	05.55
6	224	**MOSZCZYŃSKA Wioleta**	ZGIERZ	POL		92	K20/6	(K)30	**00:59:52**	00:59:30	05.57
7	127	**CIEŚLIKOWSKA Lidia**	ALEKSANDRÓW ŁÓDZKI	POL		89	K20/7	(K)39	**01:04:23**	01:04:09	06.24
8	282	**MISKIEWCZ Klaudia**	ALEKSANDROW LODZKI	POL		90	K20/8	(K)41	**01:04:57**	01:04:35	06.27
9	219	**WIELOGÓRKA Ewelina**	TUREK	POL		95	K20/9	(K)43	**01:05:07**	01:04:48	06.28
10	180	**SZYMANOWSKA Ewelina**	PRZYKONA	POL		93	K20/10	(K)46	**01:08:28**	01:08:09	06.48
11	283	**GŁOBIŃSKA Elżbieta**	OSTASZEWO	POL		96	K20/11	(K)49	**01:08:48**	01:08:24	06.50
		Bieg 10km Mężczyźni KATEGORIA:M60									
1	246	**KUBIK Marek**	ŁÓDŹ	POL		54	M60/1	(M)52	**00:42:06**	00:42:04	04.12
2	238	**KĘPIŃSKI Henryk**	BEŁCHATÓW	POL		53	M60/2	(M)59	**00:42:28**	00:42:24	04.14
3	1286	**MACOCH Zbigniew**	KRZEPICE	POL		48	M60/3	(M)66	**00:43:07**	00:43:03	04.18
4	1285	**PRZYGODZKI Tadeusz**	PIOTRKÓW	POL		49	M60/4	(M)94	**00:46:20**	00:46:10	04.37
5	107	**MIROWSKI Paweł**	USTRONIE	POL		53	M60/5	(M)137	**00:48:39**	00:48:29	04.50
6	138	**ILSKI Wojciech**	ŁÓDŹ	POL		50	M60/6	(M)139	**00:48:42**	00:48:37	04.51
7	113	**PAWIAK Wiesław**	ZGIERZ	POL		53	M60/7	(M)160	**00:50:11**	00:49:58	04.59
8	1297	**ŻUCHOWSKI Leszek**	ŁASK	POL		47	M60/8	(M)169	**00:50:59**	00:50:46	05.04
9	1289	**KORDELAS Grzegorz**	ŁÓDŹ	POL		50	M60/9	(M)186	**00:52:57**	00:52:36	05.15
10	207	**GRYCNER Piotr**	STAROGARD GDAŃSKI	POL		51	M60/10	(M)188	**00:53:08**	00:52:51	05.17
11	102	**ANTOLIK Wojciech**	ŁÓDŹ	POL		54	M60/11	(M)196	**00:53:55**	00:53:43	05.22
12	1287	**BANIA Jan**	ŁÓDZ	POL		46	M60/12	(M)212	**00:55:29**	00:55:25	05.32
13	1290	**BŁĄDEK Witold**	ŁÓDŹ	POL		44	M60/13	(M)228	**00:58:13**	00:57:58	05.47
14	111	**WRÓBEL Marek**	ŁASK	POL		50	M60/14	(M)235	**00:58:55**	00:58:40	05.52
15	92	**HANKE Wojciech**	ALEKSANDRÓW ŁÓDZKI	POL		54	M60/15	(M)236	**00:59:48**	00:59:36	05.57
16	19	**SOKOŁOWSKI Andrzej**	ŁÓDŹ	POL		54	M60/16	(M)238	**01:00:27**	01:00:08	06.00
		Bieg 10km Mężczyźni KATEGORIA:M50									
1	272	**NOWOCIEŃ Jacek**	PODKOWA LEŚNA	POL		59	M50/1	(M)13	**00:38:32**	00:38:31	03.51
2	39	**WASIAK Wiesław**	ŁÓDŹ	POL		61	M50/2	(M)17	**00:38:59**	00:38:56	03.53
3	208	**KULIK Andrzej**	OWCZARNIA	POL		63	M50/3	(M)22	**00:39:41**	00:39:39	03.57
4	3	**STRZELECKI `CIRRUS` Jakub**	ŁÓDŹ	POL		64	M50/4	(M)34	**00:40:16**	00:40:12	04.01
5	280	**GODYCKI-ĆWIRKO Andrzej**	ŁÓDŹ	POL		59	M50/5	(M)35	**00:40:18**	00:40:15	04.01
6	1283	**DAWID Zbigniew**	TUREK	POL		64	M50/6	(M)36	**00:40:22**	00:40:17	04.01
7	1284	**BOCIAN Marek**	KAWĘCZYN	POL		63	M50/7	(M)41	**00:40:58**	00:40:54	04.05
8	148	**GRUDZIŃSKI Zbigniew**	ŁODŹ	POL		59	M50/8	(M)54	**00:42:10**	00:42:06	04.12
9	9	**MILCZAREK Janusz**	ŁÓDŹ	POL		62	M50/9	(M)62	**00:42:46**	00:42:41	04.16
10	1288	**KLEPCZAREK Czesław**	ŁÓDŹ	POL		57	M50/10	(M)64	**00:42:56**	00:42:51	04.17
11	231	**KLIMCZEWSKI Andrzej**	ŁÓDŹ	POL		62	M50/11	(M)68	**00:43:41**	00:43:34	04.21
12	198	**ZIMOWSKI Robert**	BEŁCHATÓW	POL		64	M50/12	(M)69	**00:43:42**	00:43:33	04.21
13	281	**ŁASKI Krzysztof**	ŁÓDŹ	POL		64	M50/13	(M)70	**00:43:48**	00:43:43	04.22
14	295	**POPŁONKOWSKI Paweł**	WŁOCŁAWEK	POL		60	M50/14	(M)71	**00:43:50**	00:43:44	04.22
15	235	**URAM Ryszard**	ALEKSANDRÓW ŁÓDZKI	POL		61	M50/15	(M)81	**00:45:01**	00:45:01	04.30
16	78	**LISICKI Marek**	ŁÓDŹ	POL		57	M50/16	(M)86	**00:45:38**	00:45:34	04.33
17	203	**TYLKE Jerzy**	OZORKÓW	POL		63	M50/17	(M)102	**00:46:37**	00:46:28	04.38
18	110	**DEWICKI Jan**	TUREK	POL		58	M50/18	(M)107	**00:46:53**	00:46:38	04.39
19	112	**GAJDA Piotr**	ZGIERZ	POL		64	M50/19	(M)112	**00:47:14**	00:47:03	04.42
20	136	**KOLCZYŃSKI Dariusz**	ŁÓDŹ	POL		61	M50/20	(M)120	**00:47:33**	00:47:25	04.44
21	33	**LASZCZAK Stanisław**	ŁASK	POL		58	M50/21	(M)129	**00:47:59**	00:47:54	04.47
22	211	**KWIATKOWSKI Mariusz**	ŁÓDŹ	POL		63	M50/22	(M)131	**00:48:09**	00:48:01	04.48
23	24	**BARANOWSKI Bogumił**	ŁÓDŹ	POL		60	M50/23	(M)142	**00:48:55**	00:48:54	04.53
24	239	**ZABŁOCKI Jarosław**	ŁÓDŹ	POL		62	M50/24	(M)149	**00:49:28**	00:49:20	04.56
25	32	**DANYCH Krzysztof**	ALEKSANDROW LODZKI	POL		58	M50/25	(M)155	**00:49:54**	00:49:31	04.57
26	274	**KACPRZAK Tadeusz**	KONSTANTYNÓW ŁÓDZKI	POL		55	M50/26	(M)171	**00:51:07**	00:51:05	05.06
27	255	**PODGORSKI Grzegorz**	LODZ	POL		64	M50/27	(M)174	**00:51:29**	00:51:16	05.07

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
28	291	**RYSTAW Paweł**	ŁÓDŹ	POL		63	M50/28	(M)175	**00:51:30**	00:51:19	05.07
29	178	**WŁODARCZYK Wojciech**	ŁÓDŹ	POL		56	M50/29	(M)195	**00:53:47**	00:53:41	05.22
30	117	**SZCZEPANIAK Wiesław**	ALEKSANDRÓW ŁÓDZKI	POL		57	M50/30	(M)198	**00:54:00**	00:53:46	05.22
31	242	**RACZYŃSKI Ireneusz**	ALEKSANDRÓW ŁÓDZKI	POL		59	M50/31	(M)201	**00:54:18**	00:54:10	05.25
32	64	**NOWAK Jerzy**	ŁÓDŹ	POL		58	M50/32	(M)203	**00:54:21**	00:54:08	05.24
33	218	**KRUSZYŃSKI Andrzej**	BEŁCHATÓW	POL		59	M50/33	(M)214	**00:55:33**	00:55:09	05.30
34	176	**ZDANOWSKI Dariusz**	ŁÓDŹ	POL		59	M50/34	(M)229	**00:58:17**	00:58:00	05.48
35	122	**STEFAŃCZYK Bogusław**	ANTONIEW	POL		63	M50/35	(M)234	**00:58:54**	00:58:40	05.52
36	82	**LEMAŃSKI Roman**	RĄBIEŃ	POL		61	M50/36	(M)237	**00:59:50**	00:59:39	05.57
37	70	**OSIŃSKI Stanisław**	ŁÓDŹ	POL		61	M50/37	(M)242	**01:03:13**	01:02:53	06.17
38	271	**RECH Andrzej**	ŁÓDŹ	POL		58	M50/38	(M)244	**01:04:01**	01:03:51	06.23
39	141	**WIADEREK Sławomir**	WARSZAWA	POL		59	M50/39	(M)245	**01:04:27**	01:04:05	06.24
40	221	**ZIELIŃSKI Krzysztof**	ŁÓDŹ	POL		56	M50/40	(M)251	**01:20:02**	01:19:53	07.59
		Bieg 10km Mężczyźni KATEGORIA:M40									
1	147	**ŁUCZYŃSKI Tomasz**	WARSZAWA	POL		73	M40/1	(M)9	**00:38:17**	00:38:14	03.49
2	115	**SŁOTWIŃSKI Damian**	ZŁOCZEW	POL		74	M40/2	(M)10	**00:38:22**	00:38:18	03.49
3	229	**SABANDA Witold**	ŁÓDŹ	POL		73	M40/3	(M)11	**00:38:29**	00:38:26	03.50
4	217	**DRĄŻEK Paweł**	BEŁCHATÓW	POL		68	M40/4	(M)14	**00:38:35**	00:38:30	03.51
5	75	**LESIEŃ Adam**	ŁÓDŹ	POL		74	M40/5	(M)18	**00:39:08**	00:39:06	03.54
6	257	**KŁYSZ Marek**	ANDRESPOL	POL		68	M40/6	(M)24	**00:39:47**	00:39:45	03.58
7	172	**CHEŁMICKI Grzegorz**	WARSZAWA	POL		73	M40/7	(M)25	**00:39:55**	00:39:50	03.59
8	260	**SMARZEK Cezary**	ŁASK	POL		71	M40/8	(M)26	**00:39:58**	00:39:54	03.59
9	205	**BEDNAREK Piotr**	WARSZAWA	POL		70	M40/9	(M)29	**00:40:02**	00:39:59	03.59
10	1440	**WICHER Dariusz**	ZDUŃSKA WOLA	POL		70	M40/10	(M)38	**00:40:52**	00:40:50	04.05
11	214	**KORZENIOWSKI Aleksander**	ŁÓDŹ	POL		72	M40/11	(M)39	**00:40:53**	00:40:48	04.04
12	1	**ANDRZEJCZAK Dariusz**	ALEKSANDRÓW ŁÓDZKI	POL		68	M40/12	(M)40	**00:40:54**	00:40:50	04.05
13	98	**WÓJCIK Robert**	ZGIERZ	POL		73	M40/13	(M)42	**00:41:09**	00:41:08	04.06
14	94	**KUBICKI Grzegorz**	ALEKSANDRÓW ŁÓDZKI	POL		71	M40/14	(M)43	**00:41:29**	00:41:27	04.08
15	210	**STRÓŻIŃSKI Mariusz**	ŁÓDŹ	POL		72	M40/15	(M)46	**00:41:46**	00:41:42	04.10
16	5	**BIELECKI Norbert**	KONSTANTYNÓW ŁÓDZKI	POL		69	M40/16	(M)47	**00:41:49**	00:41:22	04.08
17	270	**KUGLARZ Zbigniew**	UNIEJÓW	POL		74	M40/17	(M)55	**00:42:11**	00:42:05	04.12
18	25	**MAŁECKI Maciej**	ŁÓDŹ	POL		72	M40/18	(M)58	**00:42:28**	00:42:22	04.14
19	268	**SZEWCZYK Jarosław**	NOWY BEDOŃ	POL		74	M40/19	(M)67	**00:43:27**	00:43:21	04.20
20	96	**SIOREK Waldemar**	PODDEBICE	POL		67	M40/20	(M)72	**00:43:51**	00:43:49	04.22
21	289	**ZAJĄC Zbigniew**	MALANÓW	POL		68	M40/21	(M)73	**00:43:54**	00:43:47	04.22
22	101	**MAKOWSKI Arkadiusz**	ŁÓDŹ	POL		73	M40/22	(M)74	**00:43:58**	00:43:55	04.23
23	36	**JAKUBOWSKI Wojtek**	UNIEJÓW	POL		74	M40/23	(M)84	**00:45:21**	00:44:57	04.29
24	248	**SZAFLIK Mariusz**	ŁASK	POL		72	M40/24	(M)87	**00:45:40**	00:45:36	04.33
25	144	**FILIPOWSKI Zdzisław**	KONSTANTYNÓW ŁÓDZKI	POL		70	M40/25	(M)92	**00:46:12**	00:46:02	04.36
26	108	**SMIT Maciek**	KONSTANTYNÓW	POL		73	M40/26	(M)93	**00:46:18**	00:46:01	04.36
27	244	**KUJAWSKI Arkadiusz**	ŁÓDZ	POL		71	M40/27	(M)104	**00:46:42**	00:46:34	04.39
28	273	**KOTŁOWSKI Janusz**	UNIEJÓW	POL		66	M40/28	(M)105	**00:46:50**	00:46:43	04.40
29	26	**PODGÓRSKI Michał**	ZDUŃSKA WOLA	POL		73	M40/29	(M)106	**00:46:51**	00:46:37	04.39
30	159	**WOLSKI Dariusz**	ALEKSANDRÓW ŁÓDZKI	POL		71	M40/30	(M)108	**00:46:54**	00:46:43	04.40
31	120	**TONDYS Piotr**	ŁÓDŹ	POL		71	M40/31	(M)132	**00:48:24**	00:48:20	04.50
32	1434	**KOZIARSKI Jacek**	ŁÓDŹ	POL		70	M40/32	(M)136	**00:48:31**	00:48:15	04.49
33	17	**KARKOWSKI Piotr**	ALEKSANDRÓW ŁÓDZKI	POL		70	M40/33	(M)143	**00:49:02**	00:48:57	04.53
34	79	**ROGOZIŃSKI Krzysztof**	ALEKSANDRÓW ŁÓDZKI	POL		74	M40/34	(M)158	**00:50:04**	00:50:02	05.00
35	42	**HERKT Grzegorz**	ŁÓDŹ	POL		73	M40/35	(M)159	**00:50:06**	00:49:58	04.59
36	293	**MAJCHRZAK Krzysztof**	PARZĘCZEW	POL		73	M40/36	(M)167	**00:50:55**	00:50:47	05.04
37	58	**PORĘBSKI Zbigniew**	ALEKSANDRÓW ŁÓDZKI	POL		67	M40/37	(M)170	**00:51:02**	00:50:55	05.05
38	95	**CZUBA Krzysztof**	OZORKÓW	POL		71	M40/38	(M)172	**00:51:21**	00:51:01	05.06
39	186	**ANDRZEJEWSKI Paweł**	ALEKSANDRÓW ŁÓDZKI	POL		67	M40/39	(M)173	**00:51:22**	00:51:06	05.06
40	187	**KLUSKA Waldemar**	TUREK	POL		74	M40/40	(M)179	**00:52:16**	00:52:04	05.12
41	74	**STASIAK Robert**	TUREK	POL		74	M40/41	(M)184	**00:52:39**	00:52:27	05.14
42	267	**KOŁODZIEJSKI Dariusz**	SŁUPCA	POL		71	M40/42	(M)190	**00:53:36**	00:53:23	05.20
43	10	**GÓRALCZYK Piotr**	ŁÓDŹ	POL		73	M40/43	(M)191	**00:53:40**	00:53:31	05.21
44	61	**WACHOWICZ Sławomir**	ALEKSANDRÓW ŁÓDZKI	POL		71	M40/44	(M)200	**00:54:08**	00:53:59	05.23

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
45	109	**SZYMANIAK Marcin**	ŁÓDŹ	POL		74	M40/45	(M)209	**00:55:09**	00:54:50	05.29
46	80	**WIĘCKOWSKI Arkadiusz**	ZGIERZ	POL		71	M40/46	(M)210	**00:55:09**	00:54:49	05.28
47	105	**CIEKAŃSKI Krzysztof**	KOLONIA WOLA	POL		74	M40/47	(M)216	**00:56:02**	00:55:52	05.35
48	132	**NOWAK Piotr**	PABIANICE	POL		70	M40/48	(M)219	**00:56:30**	00:56:13	05.37
49	12	**IMIŃSKI Cezary**	ZGIERZ	POL		68	M40/49	(M)220	**00:56:51**	00:56:44	05.40
50	189	**DŁUGOSZ Marek**	WARTKOWICE	POL		66	M40/50	(M)225	**00:57:35**	00:57:12	05.43
51	67	**KWIATKOWSKI Arkadiusz**	ROKIETNICA	POL		74	M40/51	(M)232	**00:58:49**	00:58:32	05.51
52	185	**PIWOŃSKI Piotr**	ŁÓDŹ	POL		69	M40/52	(M)233	**00:58:53**	00:58:38	05.51
53	153	**KRZYŻANOWSKI Maciej**	ŁÓDŹ	POL		73	M40/53	(M)241	**01:02:58**	00:51:58	05.11

Bieg 10km Mężczyźni KATEGORIA:M30

1	250	**PIETRZYK Krzysztof**	KOLUSZKI	POL		79	M30/1	(M)1	**00:33:52**	00:33:51	03.23
2	237	**KAZIMIERCZAK Rafał**	BOGDANKA	POL		79	M30/2	(M)6	**00:36:30**	00:36:28	03.38
3	258	**PIETROWSKI Szymon**	ALEKSANDRÓW ŁÓDZKI	POL		82	M30/3	(M)7	**00:37:45**	00:37:43	03.46
4	18	**KASZUBA Arkadiusz**	ALEKSANDRÓW ŁÓDZKI	POL		78	M30/4	(M)8	**00:38:07**	00:38:04	03.48
5	300	**JÓZWIAK Piotr**	ŁÓDŹ	POL		80	M30/5	(M)15	**00:38:52**	00:38:50	03.53
6	155	**KARDAS Dariusz**	ŁÓDŹ	POL		82	M30/6	(M)16	**00:38:56**	00:38:50	03.53
7	1313	**JAGUSZAK Maciej**	ŁÓDŹ	POL		81	M30/7	(M)20	**00:39:32**	00:39:26	03.56
8	27	**TOSIK Witek**	RUDA BUGAJ	POL		82	M30/8	(M)21	**00:39:35**	00:39:35	03.57
9	232	**MACIURA Sławomir**	GRANICA	POL		75	M30/9	(M)23	**00:39:42**	00:39:40	03.58
10	183	**ZIELIŃSKI Bartłomiej**	BEŁCHATÓW	POL		81	M30/10	(M)27	**00:40:00**	00:39:57	03.59
11	234	**BRZOZOWSKI Szymon**	WŁOCŁAWEK	POL		81	M30/11	(M)28	**00:40:01**	00:39:56	03.59
12	278	**MATEJCZUK Jarosław**	ŁÓDZ	POL		80	M30/12	(M)30	**00:40:02**	00:40:00	04.00
13	285	**TEKIELSKI Krzysztof**	ŁÓDŹ	POL		79	M30/13	(M)45	**00:41:33**	00:41:27	04.08
14	35	**MILEWSKI Peter**	LONDON	GBR		78	M30/14	(M)48	**00:41:54**	00:41:45	04.10
15	1305	**LEWANDOWSKI Krzysztof**	ŁÓDŹ	POL		77	M30/15	(M)49	**00:42:00**	00:41:57	04.11
16	292	**WŁODARCZYK Robert**	WŁOCŁAWEK	POL		79	M30/16	(M)57	**00:42:22**	00:42:17	04.13
17	160	**GODLEWSKI Michał**	ŁÓDŹ	POL		80	M30/17	(M)60	**00:42:36**	00:42:33	04.15
18	259	**GRUDZIEN Krzysztof**	KRZYWIEC	POL		76	M30/18	(M)61	**00:42:42**	00:42:36	04.15
19	77	**JASIŃSKI Łukasz**	KONSTANTYNÓW ŁÓDZKI	POL		84	M30/19	(M)65	**00:43:03**	00:42:51	04.17
20	263	**BOHDANOWICZ Krystian**	ŁÓDŹ	POL		80	M30/20	(M)76	**00:44:37**	00:44:30	04.27
21	253	**SEWERYNEK Michał**	KAMIEŃSK	POL		78	M30/21	(M)79	**00:44:52**	00:44:39	04.27
22	298	**WITASZEK Wojciech**	ŁÓDŹ	POL		78	M30/22	(M)85	**00:45:26**	00:45:17	04.31
23	299	**SKOLASA Zbigniew**	PODDĘBICE	POL		77	M30/23	(M)90	**00:45:51**	00:45:40	04.34
24	114	**WENSKI Grzegorz**	ŁÓDŹ	POL		83	M30/24	(M)91	**00:46:06**	00:46:00	04.36
25	29	**KARWOWSKI Michał**	ŁÓDŹ	POL		81	M30/25	(M)95	**00:46:20**	00:46:14	04.37
26	56	**CESAK Radosław**	PODDĘBICE	POL		84	M30/26	(M)96	**00:46:20**	00:46:10	04.37
27	135	**SIKORSKI Tomasz**	ŁÓDŹ	POL		81	M30/27	(M)103	**00:46:41**	00:46:27	04.38
28	46	**KUBICKI Grzegorz**	ŁÓDŹ	POL		84	M30/28	(M)109	**00:47:10**	00:46:55	04.41
29	256	**KŁYS Sebastian**	SIERADZ	POL		76	M30/29	(M)110	**00:47:10**	00:46:59	04.41
30	254	**GAWEŁ Tomasz**	KRZYWIEC	POL		78	M30/30	(M)111	**00:47:12**	00:47:06	04.42
31	227	**GRABOWSKI Mariusz**	RĄBIEŃ	POL		80	M30/31	(M)114	**00:47:19**	00:46:59	04.41
32	151	**KOSIELSKI Robert**	ŁÓDŹ	POL		80	M30/32	(M)115	**00:47:20**	00:47:05	04.42
33	55	**BŁASZCZYK Robert**	ALEKSANDRÓW ŁÓDZKI	POL		78	M30/33	(M)116	**00:47:26**	00:47:17	04.43
34	196	**SOBCZAK Maciej**	ŁÓDŹ	POL		80	M30/34	(M)118	**00:47:29**	00:47:23	04.44
35	168	**JAKUBOWSKI Marcin**	ALEKSANDRÓW ŁÓDZKI	POL		82	M30/35	(M)122	**00:47:35**	00:47:23	04.44
36	201	**UDALSKI Maciej**	ŁÓDŹ	POL		75	M30/36	(M)123	**00:47:36**	00:47:27	04.44
37	192	**DZIAŁAK Robert**	DMOSIN	POL		82	M30/37	(M)126	**00:47:47**	00:47:38	04.45
38	277	**KOKOSZKA Wojciech**	SIEDLCE	POL		75	M30/38	(M)135	**00:48:31**	00:48:09	04.48
39	53	**DĄBROWSKI Jan**	ALEKSANDRÓW ŁÓDZKI	POL		82	M30/39	(M)138	**00:48:41**	00:48:29	04.50
40	200	**PASTERNAK Radosław**	BEŁCHATÓW	POL		79	M30/40	(M)141	**00:48:47**	00:48:34	04.51
41	71	**ŁOŚ Michał**	ŁÓDŹ	POL		80	M30/41	(M)145	**00:49:09**	00:49:07	04.54
42	2	**TABAKA Zbigniew**	GOSZCZANÓW	POL		81	M30/42	(M)152	**00:49:46**	00:49:23	04.56
43	87	**RACZYŃSKI Bogusz**	ALEKSANDRÓW ŁÓDZKI	POL		83	M30/43	(M)153	**00:49:49**	00:49:45	04.58
44	6	**WALASZEK Paweł**	WOLA GRZYMKOWA	POL		79	M30/44	(M)156	**00:49:55**	00:49:33	04.57
45	1310	**WŁODARCZYK Roman**	ALEKSANDRÓW ŁÓDZKI	POL		75	M30/45	(M)161	**00:50:15**	00:49:58	04.59
46	72	**KOZANECKI Marcin**	ALEKSANDRÓW ŁÓDZKI	POL		82	M30/46	(M)162	**00:50:28**	00:50:14	05.01
47	1441	**ZADWORSKI Jan**	PODDĘBICE	POL		79	M30/47	(M)163	**00:50:29**	00:50:13	05.01
48	121	**KARDAS Piotr**	PABIANICE	POL		79	M30/48	(M)164	**00:50:42**	00:50:24	05.02

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
49	30	**WYMYSŁOWSKI Marcin**	ALEKSANDRÓW ŁÓDZKI	POL		81	M30/49	(M)177	**00:51:45**	00:51:28	05.08
50	100	**RADKE Ryszard**	OZORKÓW	POL		76	M30/50	(M)182	**00:52:37**	00:52:18	05.13
51	62	**ZBONIKOWSKI Emil**	ALEKSANDRÓW ŁÓDZKI	POL		83	M30/51	(M)183	**00:52:38**	00:52:22	05.14
52	162	**ZAKRAWACZ Łukasz**	SOBÓTKA	POL		82	M30/52	(M)185	**00:52:52**	00:52:50	05.17
53	164	**PŁUCIENNIK Krzysztof**	ŁÓDŹ	POL		81	M30/53	(M)187	**00:53:04**	00:52:57	05.17
54	49	**JANKOWSKI Tomasz**	STALOWA WOLA	POL		81	M30/54	(M)189	**00:53:19**	00:53:13	05.19
55	1307	**KOCIMSKI Łukasz**	ŁÓDŹ	POL		82	M30/55	(M)192	**00:53:40**	00:53:29	05.20
56	41	**SOBOTKA Mariusz**	ZGIERZ	POL		83	M30/56	(M)193	**00:53:41**	00:53:29	05.20
57	249	**SKWARNECKI Grzegorz**	ŁÓDŹ	POL		79	M30/57	(M)194	**00:53:45**	00:53:29	05.20
58	233	**SOBIESIAK Tomasz**	ŁÓDŹ	POL		82	M30/58	(M)197	**00:53:55**	00:53:37	05.21
59	88	**KACZMAREK Marcin**	ŁODZ	POL		76	M30/59	(M)199	**00:54:03**	00:53:43	05.22
60	146	**SZOSTAK Przemysław**	ŁÓDŹ	POL		82	M30/60	(M)204	**00:54:26**	00:54:12	05.25
61	54	**BATOREK Bogdan**	RAWA MAZOWIECKA	POL		77	M30/61	(M)205	**00:54:39**	00:54:21	05.26
62	195	**RYCZKO Dawid**	ŁÓDŹ	POL		83	M30/62	(M)211	**00:55:23**	00:55:15	05.31
63	91	**KAŹMIERCZAK Jacek**	ŁÓDŹ	POL		75	M30/63	(M)213	**00:55:31**	00:55:10	05.31
64	21	**SABACIŃSKI Piotr**	ŁÓDŹ	POL		84	M30/64	(M)215	**00:55:35**	00:55:17	05.31
65	97	**KACPRZAK Sławek**	JUSTYNÓW	POL		75	M30/65	(M)221	**00:57:07**	00:56:45	05.40
66	1309	**WALCZAK Bartosz**	ALEKSANDRÓW ŁÓDZKI	POL		76	M30/66	(M)223	**00:57:18**	00:57:02	05.42
67	28	**LICHWAŁA Piotr**	ALEKSANDRÓW ŁÓDZKI	POL		83	M30/67	(M)224	**00:57:27**	00:57:16	05.43
68	116	**SZYMALA Paweł**	ŁÓDŹ	POL		79	M30/68	(M)226	**00:57:35**	00:57:20	05.44
69	209	**KAMINSKI Grzegorz**	ŁÓDŹ	POL		78	M30/69	(M)230	**00:58:23**	00:58:11	05.49
70	99	**CIECHULSKI Daniel**	ŁÓDŹ	POL		81	M30/70	(M)248	**01:08:27**	01:08:05	06.48
71	139	**OKAJ Michał**	ŁÓDŹ	POL		78	M30/71	(M)249	**01:08:41**	01:08:21	06.50
72	265	**ZAWODNIK ANONIMOWY**	ŁÓDŹ	POL		75	M30/72	(M)250	**01:09:15**	01:09:02	06.54

Bieg 10km Mężczyźni KATEGORIA:M20

1	236	**DRAGAN Aleksander**	KIELCE	POL		90	M20/1	(M)2	**00:34:38**	00:34:38	03.27
2	247	**SKOWROŃSKI Błażej**	KOLUSZKI	POL		89	M20/2	(M)3	**00:35:07**	00:35:05	03.30
3	261	**KRYGIER Krzysztof**	ŚWINICE WARCKIE	POL		91	M20/3	(M)4	**00:35:13**	00:35:12	03.31
4	228	**KUNIKOWSKI Tomasz**	ŁOWICZ	POL		88	M20/4	(M)5	**00:35:19**	00:35:17	03.31
5	177	**CHMIELEWSKI Artur**	ŁÓDŹ	POL		88	M20/5	(M)12	**00:38:31**	00:38:28	03.50
6	1439	**CYGANEK Mateusz**	ALEKSANDRÓW ŁÓDZKI	POL		87	M20/6	(M)19	**00:39:08**	00:39:04	03.54
7	81	**LEMAŃSKI Damian**	RĄBIEŃ	POL		90	M20/7	(M)31	**00:40:04**	00:40:01	04.00
8	1359	**MANN Mariusz**	ZDUŃSKA WOLA	POL		86	M20/8	(M)32	**00:40:07**	00:40:04	04.00
9	150	**GRUSZCZYŃSKI Rafał**	ŁÓDŹ	POL		87	M20/9	(M)33	**00:40:14**	00:40:04	04.00
10	1436	**KURASZKIEWICZ Dawid**	ŚWINOUJŚCIE	POL		91	M20/10	(M)37	**00:40:41**	00:40:35	04.03
11	212	**DRĄŻEK Michał**	BEŁCHATÓW	POL		93	M20/11	(M)44	**00:41:32**	00:41:28	04.08
12	286	**HALISZ Tomasz**	ZELÓW	POL		90	M20/12	(M)50	**00:42:04**	00:42:00	04.12
13	73	**SKRZYPEK Bartosz**	KONSTANTYNOW ŁÓDZKI	POL		95	M20/13	(M)51	**00:42:05**	00:42:01	04.12
14	245	**STUPNOWICZ Przemek**	ŁÓDŹ	POL		95	M20/14	(M)53	**00:42:06**	00:42:02	04.12
15	48	**BŁASZCZYK Mariusz**	ZGIERZ	POL		86	M20/15	(M)56	**00:42:19**	00:42:11	04.13
16	174	**OLESZCZAK Wiktor**	ŁASK	POL		86	M20/16	(M)63	**00:42:53**	00:42:43	04.16
17	76	**STEFAŃSKI Wojciech**	PABIANICE	POL		87	M20/17	(M)75	**00:44:00**	00:43:52	04.23
18	182	**BRZOZOWSKI Jaroslaw**	KAMIEŃSK	POL		86	M20/18	(M)77	**00:44:41**	00:44:30	04.27
19	181	**PAWLIK Piotrek**	KAMIEŃSK	POL		90	M20/19	(M)78	**00:44:43**	00:44:32	04.27
20	31	**OCHOTA Łukasz**	OZORKÓW	POL		90	M20/20	(M)80	**00:44:57**	00:44:48	04.28
21	194	**GOSZCZYŃSKI Michał**	ŁÓDŹ	POL		88	M20/21	(M)82	**00:45:12**	00:45:02	04.30
22	279	**WOZNIAK Emil**	LODZ	POL		90	M20/22	(M)83	**00:45:17**	00:45:11	04.31
23	294	**DAJWŁOWSKI Kamil**	PIOTRKÓW	POL		87	M20/23	(M)88	**00:45:45**	00:45:37	04.33
24	288	**DYLIK Sylwester**	ALEKSANDRÓW ŁÓDZKI	POL		92	M20/24	(M)89	**00:45:47**	00:45:34	04.33
25	169	**CICHECKI Emil**	ALEKSANDROW LODZKI	POL		87	M20/25	(M)97	**00:46:26**	00:46:19	04.37
26	191	**MACIEJEWSKI Michał**	ŚWINICE WARCKIE	POL		87	M20/26	(M)98	**00:46:27**	00:46:23	04.38
27	83	**KUŹNIK Tomasz**	ŁASK	POL		85	M20/27	(M)99	**00:46:29**	00:46:18	04.37
28	106	**ROJEWSKI Paweł**	PRZEDECZ	POL		87	M20/28	(M)100	**00:46:37**	00:46:34	04.39
29	296	**DZIĘGIELEWSKI Michał**	ŁÓDŹ	POL		87	M20/29	(M)101	**00:46:37**	00:46:20	04.38
30	167	**LISOWSKI Aleksander**	ŁÓDŹ	POL		86	M20/30	(M)113	**00:47:16**	00:47:13	04.43
31	20	**LACHOWSKI Robert**	TOMASZÓW MAZ.	POL		85	M20/31	(M)117	**00:47:28**	00:47:25	04.44
32	93	**UBYCH Mariusz**	ŁÓDŹ	POL		88	M20/32	(M)119	**00:47:29**	00:47:17	04.43
33	1291	**SZAWKAŁO Daniel**	ŁÓDŹ	POL		90	M20/33	(M)121	**00:47:34**	00:47:27	04.44

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
34	143	**WAŚ Piotr**	ŁASK	POL		85	M20/34	(M)124	**00:47:37**	00:47:27	04.44
35	193	**MISIAK Piotr**	DOBROŃ	POL		86	M20/35	(M)125	**00:47:38**	00:47:26	04.44
36	264	**JARZĘBOWSKI Piotr**	ŁÓDŹ	POL		85	M20/36	(M)127	**00:47:49**	00:47:32	04.45
37	158	**KONIUSZENNY Jakub**	ŚWINICE WARCKIE	POL		87	M20/37	(M)128	**00:47:58**	00:47:45	04.46
38	171	**BANASZKIEWICZ Arkadiusz**	ŁÓDŹ	POL		85	M20/38	(M)130	**00:48:06**	00:47:58	04.47
39	134	**KRÓLAK Jonatan**	ŁÓDŹ	POL		93	M20/39	(M)133	**00:48:24**	00:48:16	04.49
40	34	**OCHOTA Jakub**	OZORKÓW	POL		90	M20/40	(M)134	**00:48:26**	00:48:18	04.49
41	230	**MŁODAWSKI Michał**	ŁÓDŹ	POL		87	M20/41	(M)140	**00:48:43**	00:48:24	04.50
42	163	**KNAP Łukasz**	ŁÓDŹ	POL		85	M20/42	(M)144	**00:49:03**	00:48:48	04.52
43	86	**ZIEMIAŃSKI Adam**	ŁÓDŹ	POL		87	M20/43	(M)146	**00:49:17**	00:49:07	04.54
44	133	**ŁĘGOCKI Piotr**	ROMANÓW	POL		88	M20/44	(M)147	**00:49:19**	00:49:11	04.55
45	57	**PORĘBSKI Konrad**	ALEKSANDRÓW ŁÓDZKI	POL		91	M20/45	(M)148	**00:49:26**	00:49:19	04.55
46	251	**AUGUSTYNOWICZ Paweł**	KUTNO	POL		90	M20/46	(M)150	**00:49:33**	00:49:22	04.56
47	243	**WOJTASZEWSKI Łukasz**	ZGIERZ	POL		85	M20/47	(M)151	**00:49:43**	00:49:18	04.55
48	190	**RACZYŃSKI Mateusz**	WIDAWA	POL		92	M20/48	(M)154	**00:49:50**	00:49:32	04.57
49	206	**KACZOROWSKI Stanisław**	ŁÓDŹ	POL		92	M20/49	(M)157	**00:50:01**	00:49:54	04.59
50	1372	**HANAJCZYK Adam**	ALEKSANDRÓW ŁÓDZKI	POL		91	M20/50	(M)165	**00:50:43**	00:50:33	05.03
51	1304	**LISIAK Bartłomiej**	ALEKSANDRÓW ŁÓDZKI	POL		90	M20/51	(M)166	**00:50:44**	00:50:36	05.03
52	128	**ABEL Wojciech**	KONSTANTYNÓW ŁÓDZKI	POL		87	M20/52	(M)168	**00:50:56**	00:50:36	05.03
53	15	**BAUER Piotr**	ŁÓDŹ	POL		89	M20/53	(M)178	**00:52:12**	00:51:53	05.11
54	123	**KRAKOWIAK Michał**	ALEKSANDRÓW ŁÓDZKI	POL		90	M20/54	(M)180	**00:52:30**	00:52:24	05.14
55	8	**ZDZIECHOWICZ Kamil**	ALEKSANDRÓW ŁÓDZKI	POL		86	M20/55	(M)181	**00:52:33**	00:52:30	05.15
56	23	**GALUS Rafał**	ŁÓDŹ	POL		88	M20/56	(M)202	**00:54:19**	00:54:05	05.24
57	179	**OCHOCKI Łukasz**	RUSIEC	POL		92	M20/57	(M)206	**00:54:40**	00:54:22	05.26
58	156	**PODSIADŁY Tomasz**	ALEKSANDRÓW ŁÓDZKI	POL		88	M20/58	(M)207	**00:54:48**	00:54:27	05.26
59	59	**KOWALSKI Konrad**	ŁÓDŹ	POL		88	M20/59	(M)208	**00:54:48**	00:54:33	05.27
60	1438	**KAPUŚCIŃSKI Przemysław**	PABIANICE	POL		86	M20/60	(M)217	**00:56:03**	00:55:51	05.35
61	118	**LISIECKI Kamil**	ŁÓDŹ	POL		90	M20/61	(M)218	**00:56:17**	00:56:02	05.36
62	38	**COLONNA-WALEWSKI Krzysztof**	RĄBIEŃ	POL		85	M20/62	(M)222	**00:57:14**	00:56:56	05.41
63	1437	**LATUSZKIEWICZ Adam**	PABIANICE	POL		87	M20/63	(M)227	**00:57:36**	00:57:22	05.44
64	202	**HANAJCZYK Michał**	ALEKSANDRÓW ŁÓDZKI	POL		88	M20/64	(M)231	**00:58:35**	00:58:25	05.50
65	140	**WIADEREK Piotr**	WARSZAWA	POL		85	M20/65	(M)240	**01:02:15**	01:01:54	06.11
66	223	**SZADOWIAK Adrian**	ŁÓDŹ	POL		90	M20/66	(M)243	**01:03:23**	01:03:23	06.20
67	66	**SROKA Łukasz**	UNIEJÓW	POL		89	M20/67	(M)246	**01:05:01**	01:04:42	06.28
68	220	**ZIELIŃSKI Kamil**	ŁÓDŹ	POL		87	M20/68	(M)247	**01:06:25**	01:06:15	06.37
		Bieg 10km Mężczyźni KATEGORIA:M16									
1	129	**URBANIAK Robert**	ŁÓDŹ	POL		97	M16/1	(M)239	**01:00:46**	01:00:27	06.02