

20-ty Herbalife SUSZ-TRIATHLON'2011 Otwarte Mistrzostwa Polski na dystansie długim

WYNIKI ZAWODÓW / RESULTS LIST

printed: 17.06.2011 17:12:47

Miejsce:	Susz	Dystans:	1,9 - 90 - 21,1	Temp. powietrza:	+15 st. C
Data:	11 czerwca 2011 r.	Start:	11:02:18	Temp. wody:	+21,7 st. C
				Głębokość akwenu:	2,5 m - 3,5 m
Delegat Techniczny:	Jan Gulczewski	Jury Zawodów: Piotr Walasiewicz		Pływanie:	1,9 km
Dyrektor Zawodów:	Piotr Walasiewicz	Krzysztof Mądry		Rower:	90 km (3 x 30 km)
Sędzia Główny:	Jerzy Tur	Jan Gulczewski		Bieg:	21,1 km (3 x 7,03 km)
Organizator: Gmina i Miasto Susz, Centrum Sportu i Rekreacji Susz, TRI SPORT, PZT, Agencja					

OPEN

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	8	BLOKHIN ANTON	UKR	KHARKOV SHVSM DINAMO	86	M / 1	00:24:22 / 6	00:00:44 / 2	02:16:48 / 1	00:01:19 / 1	01:22:44 / 11	04:05:57	
2	5	SZYMANOWSKI PRZEMYSŁAW	POL	AKWEDUKT KIELCE	86	M / 2	00:25:10 / 9	00:01:10 / 10	02:21:11 / 7	00:01:17 / 4	01:18:36 / 2	04:07:24	00:01:27
3	10	ALOSHYN VIKTOR	UKR	DONETSK-SHVSM	88M20/1	M / 3	00:24:20 / 4	00:00:50 / 4	02:22:18 / 11	00:01:15 / 3	01:19:34 / 5	04:08:17	00:02:20
4	1	SIEJAKOWSKI MICHAŁ	POL	KTS IRONMAN	79	M / 4	00:27:38 / 22	00:00:52 / 16	02:18:58 / 3	00:01:25 / 5	01:20:21 / 7	04:09:14	00:03:16
5	4	SZOŁOWSKI FILIP	POL	AKWEDUKT KIELCE	84	M / 5	00:24:19 / 3	00:00:47 / 3	02:22:48 / 12	00:01:12 / 7	01:22:18 / 9	04:11:24	00:05:27
6	15	DOROSH NAZAR	UKR		80	M / 6	00:24:47 / 7	00:01:07 / 7	02:21:33 / 9	00:01:36 / 6	01:22:32 / 10	04:11:35	00:05:38
7	6	LUFT MIKOŁAJ	POL	AKWEDUKT KIELCE	85	M / 7	00:25:13 / 10	00:00:57 / 9	02:21:09 / 6	00:01:20 / 2	01:23:48 / 13	04:12:27	00:06:29
8	2	SZYMANOWSKI DOMINIK	POL	AKWEDUKT KIELCE	84	M / 8	00:26:26 / 13	00:01:01 / 12	02:26:28 / 17	00:01:23 / 13	01:19:23 / 4	04:14:41	00:08:44
9	7	STĘPNIAK ROBERT	POL	TRI-SPORT	69M40/1	M / 9	00:27:56 / 24	00:00:53 / 21	02:26:52 / 19	00:01:12 / 15	01:18:39 / 3	04:15:32	00:09:35
10	58	KONIECZNY MARCIN	POL	HOUSE OF SKILLS/IM 2010	72	WM/1M / 10	00:31:10 / 60	00:01:57 / 58	02:25:04 / 14	00:01:25 / 17	01:19:55 / 6	04:19:31	00:13:34
11	123	LISIEŃSKI MICHAŁ	POL	UKS WODNIK SIEMIANOWICE	87	M / 11	00:25:53 / 11	00:00:58 / 11	02:24:45 / 13	00:01:29 / 11	01:27:44 / 17	04:20:49	00:14:52
12	358	GLUSZKOWSKI BOGUMIŁ	POL		70M40/2	M / 12	00:27:21 / 20	00:01:18 / 20	02:19:12 / 5	00:01:45 / 9	01:34:20 / 40	04:23:56	00:17:59
13	201	SPALENIAK TOMASZ	POL	UKS TRI-SAUCONY RUMIA	90M20/2	M / 13	00:32:22 / 67	00:01:17 / 63	02:27:14 / 20	00:01:38 / 25	01:21:27 / 8	04:23:58	00:18:01
14	296	SZUMIEC ŁUKASZ	POL		77	M / 14	00:33:02 / 91	00:02:14 / 82	02:18:14 / 2	00:02:26 / 14	01:29:27 / 22	04:25:23	00:19:26
15	127	GARDENER JACEK	POL		64M45/1	M / 15	00:32:40 / 76	00:01:16 / 65	02:19:01 / 4	00:01:41 / 12	01:30:48 / 25	04:25:26	00:19:29
16	217	CZYŻOWICZ DARIUSZ	POL		63M45/2	M / 16	00:24:52 / 8	00:01:17 / 8	02:21:26 / 8	00:02:15 / 10	01:40:33 / 65	04:30:23	00:24:26
17	350	BISKUPSKI MARIUSZ	POL		74	WM/2M / 17	00:26:51 / 16	00:01:28 / 15	02:28:55 / 23	00:01:41 / 16	01:31:52 / 29	04:30:47	00:24:50
18	164	STANISZEWSKI KRZYSZTOF	POL	MKS TRIATHLON MALBORK	86	M / 18	00:29:20 / 33	00:00:54 / 27	02:29:43 / 25	00:01:16 / 21	01:31:52 / 30	04:33:05	00:27:08
19	317	GIECEWICZ NORBERT	POL	IRONMAN C/S POLSKA	90M20/3	M / 19	00:24:15 / 2	00:01:06 / 6	02:22:09 / 10	00:01:59 / 8	01:43:43 / 85	04:33:12	00:27:15
20	249	HERMAN RAFAL	POL		76	M / 20	00:32:35 / 70	00:01:22 / 66	02:29:13 / 24	00:01:54 / 28	01:29:29 / 23	04:34:33	00:28:36
21	40	CZAJA JAKUB	POL		80	M / 21	00:36:50 / 152	00:02:46 / 149	02:38:04 / 63	00:02:04 / 84	01:15:57 / 1	04:35:41	00:29:43
22	184	MAZURKIEWICZ MAREK	POL	YMCA KRAKÓW	66M45/3	M / 22	00:30:04 / 47	00:01:20 / 38	02:31:48 / 27	00:01:57 / 29	01:32:28 / 33	04:37:37	00:31:40

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
23	186	MAZIEWSKI PIOTR	POL	MKS SAMBOR TCZEW	77	M / 23	00:29:47 / 41	00:01:19 / 33	02:32:56 / 31	00:01:36 / 30	01:32:03 / 31	04:37:41	00:31:43
24	77	JEGLIŃSKI ŁUKASZ	POL		88	M / 24	00:32:41 / 78	00:01:18 / 67	02:26:22 / 16	00:01:44 / 23	01:36:35 / 48	04:38:40	00:32:42
25	50	GRZELEC JAROSŁAW	POL		61	M / 25	00:31:09 / 59	00:01:25 / 52	02:35:11 / 43	00:02:05 / 42	01:29:00 / 21	04:38:50	00:32:53
26	361	ADAM KACPER	POL	OLIMPIUS TEAM	92	M / 26	00:26:45 / 15	00:01:46 / 17	02:34:04 / 35	00:01:51 / 27	01:34:45 / 43	04:39:11	00:33:13
27	92	BONDARUK PAWEŁ	POL		89	M / 27	00:29:22 / 34	00:01:47 / 35	02:28:40 / 22	00:01:24 / 22	01:38:52 / 56	04:40:05	00:34:08
28	305	NAGÓRSKI KAMIL	POL	WKREĆENI RACING TEAM	75	M / 28	00:27:39 / 23	00:03:05 / 31	02:33:16 / 32	00:01:57 / 31	01:34:12 / 39	04:40:09	00:34:12
29	67	ZIĘBA ADAM	POL	IM2010	73	M / 29	00:35:51 / 130	00:01:46 / 111	02:34:07 / 36	00:01:49 / 54	01:27:49 / 18	04:41:22	00:35:25
30	99	CZAJKOWSKI PAWEŁ	POL		81	M / 30	00:32:52 / 84	00:01:44 / 76	02:26:19 / 15	00:01:29 / 24	01:39:32 / 59	04:41:56	00:35:59
31	11	BUGDOŁ EWA	POL	WLKS KMICIC CZĘSTOCHOWA	86	K / 1	00:27:13 / 18	00:01:25 / 18	02:39:23 / 76	00:01:53 / 43	01:32:08 / 32	04:42:02	00:36:05
32	180	BRETT TOMASZ	POL		62	M / 31	00:26:40 / 14	00:01:11 / 14	02:37:31 / 62	00:01:48 / 36	01:35:53 / 46	04:43:03	00:37:05
33	402	KONARSKI MARCIN	POL		71	M / 32	00:30:04 / 46	00:01:39 / 41	02:26:52 / 18	00:01:53 / 18	01:43:40 / 84	04:44:08	00:38:10
34	14	GAJEWSKI RAFAŁ	POL	UKS TRI-SAUCONY RUMIA	91	M / 33	00:24:21 / 5	00:01:00 / 5	02:33:45 / 34	00:01:36 / 20	01:44:28 / 87	04:45:10	00:39:13
35	159	KURYJ MAREK	POL		78	M / 34	00:29:51 / 42	00:01:28 / 37	02:40:06 / 85	00:02:38 / 57	01:31:12 / 28	04:45:15	00:39:17
36	420	KULESZA JAKUB	POL	JUWENIA WROCLAW	80	M / 35	00:32:28 / 68	00:03:14 / 91	02:34:49 / 40	00:02:08 / 50	01:33:14 / 35	04:45:53	00:39:56
37	280	GACKOWSKI DAWID	POL		89	M / 36	00:37:33 / 171	00:02:34 / 154	02:34:20 / 39	00:02:18 / 69	01:30:34 / 24	04:47:19	00:41:22
38	345	KUREK ARTUR	POL	TRAIL TEAM	70	M / 37	00:36:31 / 148	00:02:45 / 142	02:40:40 / 89	00:02:16 / 96	01:25:13 / 15	04:47:25	00:41:28
39	424	ZAWADZKI MACIEJ	POL	NIE	87	M / 38	00:27:17 / 19	00:02:01 / 23	02:35:39 / 48	00:01:50 / 32	01:40:51 / 66	04:47:38	00:41:41
40	151	NADRATOWSKI TOMASZ	POL	MŁAWA TEAM	83	M / 39	00:32:15 / 65	00:02:45 / 79	02:34:54 / 41	00:02:37 / 48	01:36:07 / 47	04:48:38	00:42:41
41	138	WALASZCZYK WOJCIECH	POL	HABYS - JSC JASŁO	71	M / 40	00:35:48 / 127	00:02:50 / 128	02:36:25 / 53	00:02:40 / 72	01:31:07 / 27	04:48:50	00:42:53
42	425	BRZESKI TOMASZ	POL		72	M / 41	00:33:05 / 92	00:04:02 / 103	02:35:49 / 49	00:02:34 / 62	01:33:23 / 36	04:48:53	00:42:56
43	66	PORDAB MACIEJ	POL		81	M / 42	00:32:55 / 88	00:01:52 / 77	02:30:56 / 26	00:02:03 / 37	01:41:08 / 68	04:48:54	00:42:57
44	104	KOSTKA ANDRZEJ	POL		66	M / 43	00:37:31 / 169	00:02:43 / 158	02:31:50 / 28	00:02:16 / 58	01:34:47 / 44	04:49:07	00:43:10
45	330	AWRUK BARTOSZ	POL	NADAKTYWNI BIALYSTOK	82	M / 44	00:33:16 / 94	00:02:25 / 90	02:32:11 / 30	00:02:53 / 47	01:39:18 / 57	04:50:03	00:44:06
46	246	MAĆZYŃSKI PATRYK	POL	YMCA KRAKÓW	81	M / 45	00:29:59 / 45	00:01:38 / 40	02:35:23 / 44	00:02:00 / 38	01:41:19 / 70	04:50:19	00:44:22
47	36	HAŃCZYK JACEK	POL		65	M / 46	00:30:08 / 48	00:02:00 / 46	02:38:20 / 65	00:02:04 / 49	01:38:18 / 53	04:50:50	00:44:53
48	351	SZULC SŁAWOMIR	UKR	IRON MAIDEN	75	M / 47	00:34:41 / 111	00:02:11 / 101	02:37:16 / 60	00:01:45 / 63	01:35:24 / 45	04:51:17	00:45:20
49	212	ŻYTKIEWICZ SYLWESTER	POL		70	M / 48	00:34:54 / 115	00:03:11 / 113	02:43:44 / 104	00:02:04 / 102	01:28:10 / 19	04:52:03	00:46:06
50	429	SURWIŁO ARMAND	POL	AZS AWF KATOWICE	61	M / 49	00:32:31 / 69	00:01:51 / 72	02:34:19 / 38	00:01:50 / 45	01:41:33 / 72	04:52:04	00:46:07
51	306	SMARUJ BARTOSZ	POL	UKS DELFINEK CHODZIEŻ	81	M / 50	00:27:30 / 21	00:01:57 / 24	02:35:30 / 45	00:02:07 / 35	01:45:18 / 92	04:52:22	00:46:25
52	65	BIELECKI JAKUB	POL	ENTRE.PL TEAM/IM2010	83	M / 51	00:33:49 / 102	00:01:25 / 81	02:36:03 / 51	00:02:00 / 53	01:40:29 / 64	04:53:46	00:47:49
53	69	LEWANDOWSKI ANDRZEJ	POL		59	M / 52	00:36:34 / 149	00:02:00 / 125	02:38:54 / 69	00:01:53 / 80	01:34:33 / 42	04:53:54	00:47:57
54	299	PIOSIK EMIL	POL	OLIMPIA POZNAŃ	90	M / 53	00:33:36 / 99	00:02:55 / 98	02:34:08 / 37	00:02:26 / 52	01:40:53 / 67	04:53:58	00:48:01
55	124	JAŁOWIECKA DARIA	POL	UKS WODNIK SIEMIANOWICE	86	K / 2	00:28:49 / 28	00:01:24 / 26	02:44:01 / 107	00:02:05 / 65	01:38:10 / 51	04:54:29	00:48:32
56	139	SMOLAK PIOTR	POL	NAFTA - KRAKÓW	61	M / 54	00:36:24 / 146	00:03:17 / 151	02:42:37 / 96	00:01:59 / 104	01:31:05 / 26	04:55:22	00:49:25

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
57	109	DOLEGA SZYMON	POL		85	M / 55	00:31:44 / 64	00:01:40 / 61	02:40:03 / 83	00:01:43 / 61	01:41:25 / 71	04:56:35	00:50:38
58	421	RECLAW ARKADIUSZ	POL	PASJAVSPRACA.COM	78	M / 56	00:35:16 / 119	00:03:01 / 116	02:40:52 / 92	00:03:18 / 97	01:34:25 / 41	04:56:52	00:50:55
59	391	SAWICKI PATRYK	POL		89M20/9	WM/3M / 57	00:29:42 / 39	00:01:46 / 39	02:44:37 / 108	00:01:53 / 77	01:39:25 / 58	04:57:23	00:51:26
60	202	POCIEJ BARTOSZ	POL	IRONMAN C/S POLSKA	79	M / 58	00:29:20 / 32	00:02:36 / 42	02:36:31 / 55	00:01:51 / 44	01:47:17 / 104	04:57:35	00:51:38
61	35	KUBICKI LESZEK	POL		53M55/1	M / 59	00:30:19 / 50	00:01:44 / 45	02:35:31 / 47	00:01:56 / 41	01:48:17 / 111	04:57:47	00:51:50
62	182	MISIASZEK JANUSZ	POL	12TRI.PL	58M50/5	M / 60	00:37:16 / 162	00:01:24 / 130	02:38:50 / 68	00:02:10 / 83	01:38:13 / 52	04:57:53	00:51:56
63	365	MAZURKIEWICZ WOJCIECH	POL		87	M / 61	00:29:30 / 37	00:01:42 / 36	02:33:44 / 33	00:01:51 / 34	01:51:21 / 135	04:58:08	00:52:11
64	227	GAŚSIOROWSKI PIOTR	POL	FINANCE PROJECT POLSKA TEAM	73	M / 62	00:35:53 / 132	00:02:38 / 122	02:43:34 / 102	00:02:05 / 103	01:33:59 / 38	04:58:09	00:52:12
65	368	PYSZYNSKI MARIUSZ	POL	ITI ADVENTURE TEAM	75	M / 63	00:30:46 / 56	00:01:57 / 53	02:40:46 / 91	00:01:35 / 59	01:43:31 / 82	04:58:35	00:52:38
66	373	KALINOWSKI PIOTR	POL	LEKARSKA GRUPA KOLARSKA	73	M / 64	00:29:02 / 29	00:01:28 / 29	02:28:18 / 21	00:01:44 / 19	01:58:09 / 186	04:58:41	00:52:44
67	408	EDVINSSON KARIN	SWE		77	K / 3	00:30:36 / 54	00:01:56 / 51	02:45:04 / 113	00:02:01 / 82	01:39:51 / 60	04:59:28	00:53:31
68	241	TUROWIEC ADAM	POL	UAM TRIATHLON POZNAŃ	75	M / 65	00:30:15 / 49	00:01:55 / 47	02:36:25 / 54	00:02:01 / 46	01:49:08 / 120	04:59:44	00:53:47
69	308	TARTANUS PIOTR	POL		72	M / 66	00:31:12 / 61	00:01:38 / 54	02:35:00 / 42	00:01:31 / 40	01:50:36 / 125	04:59:57	00:54:00
70	30	BARCZEWSKI MAREK	POL		89M20/10	M / 67	00:38:55 / 207	00:02:55 / 186	02:41:50 / 95	00:02:33 / 113	01:33:50 / 37	05:00:03	00:54:06
71	336	KUNA BARTŁOMIEJ	POL	NIESTOWARZYSZONY	85	M / 68	00:35:52 / 131	00:02:07 / 112	02:47:48 / 140	00:02:18 / 124	01:32:55 / 34	05:01:00	00:55:03
72	411	POMIERNY TOMASZ	POL		78	M / 69	00:31:15 / 62	00:02:25 / 64	02:36:56 / 58	00:02:11 / 51	01:48:15 / 110	05:01:02	00:55:05
73	93	WESTFAL JACEK	POL		73	M / 70	00:40:09 / 235	00:02:31 / 207	02:39:05 / 72	00:02:57 / 105	01:36:47 / 49	05:01:29	00:55:32
74	13	FUHRMANN ULRIKE	DEU	AMICITA VIERNHEIM	63K40+1	K / 4	00:34:03 / 105	00:01:19 / 84	02:38:46 / 67	00:02:08 / 64	01:46:07 / 96	05:02:23	00:56:26
75	96	WRÓBLEWSKI MIECZYŚLAW	POL		56M55/2	M / 71	00:32:40 / 77	00:01:22 / 68	02:39:30 / 78	00:01:33 / 60	01:48:02 / 107	05:03:07	00:57:10
76	208	JANIAK PAWEŁ	POL	YULO RUN TEAM SIEDLCE	80	M / 72	00:35:36 / 123	00:02:56 / 123	02:45:00 / 112	00:01:50 / 107	01:38:18 / 54	05:03:40	00:57:43
77	252	PODWYSOCKI MARCIN	POL	ATP AUGUSTÓW	88M20/11	M / 73	00:29:57 / 43	00:02:02 / 43	02:51:05 / 158	00:02:02 / 106	01:38:51 / 55	05:03:57	00:58:00
78	374	POKORSKI MAREK	POL		71M40/7	M / 74	00:33:13 / 93	00:02:23 / 88	02:39:50 / 82	00:02:20 / 73	01:47:20 / 105	05:05:06	00:59:09
79	16	GRASS ŁUKASZ	POL		76	M / 75	00:34:57 / 116	00:02:35 / 109	02:37:09 / 59	00:01:45 / 67	01:48:51 / 118	05:05:17	00:59:19
80	42	LIS PAWEŁ	POL		79	M / 76	00:38:00 / 191	00:02:47 / 167	02:39:10 / 74	00:02:08 / 94	01:43:26 / 81	05:05:31	00:59:34
81	274	ORŁOWSKI RAFAŁ	POL		83	M / 77	00:40:01 / 230	00:02:19 / 199	02:39:07 / 73	00:02:16 / 101	01:41:57 / 73	05:05:40	00:59:43
82	60	GIERES WALDEMAR	POL		68M40/8	M / 78	00:39:23 / 219	00:01:46 / 176	02:43:06 / 98	00:01:37 / 111	01:39:57 / 61	05:05:49	00:59:52
83	206	BOGDAŃSKI ANDRZEJ	POL	TRICITY TRIATHLON TEAM	82	M / 79	00:32:54 / 86	00:01:11 / 69	02:43:22 / 100	00:02:01 / 81	01:46:28 / 101	05:05:56	00:59:59
84	134	DYMEK STANISŁAW	POL		54M55/3	M / 80	00:39:55 / 228	00:02:44 / 206	02:43:29 / 101	00:02:46 / 128	01:37:56 / 50	05:06:50	01:00:53
85	22	JASKULSKI MICHAŁ	POL		79	M / 81	00:29:57 / 44	00:02:16 / 48	02:47:03 / 135	00:02:15 / 93	01:45:30 / 94	05:07:01	01:01:04
86	129	TOMCZAK KRZYSZTOF	POL	HURPAGUNS WWW.HURPAGUNS.COM	76	M / 82	00:35:56 / 136	00:02:24 / 118	02:39:39 / 79	00:02:01 / 86	01:47:05 / 103	05:07:05	01:01:07
87	400	ADAMKIEWICZ MARIUSZ	POL	MLUKS TRIATHLON KOŁO	83	M / 83	00:35:00 / 118	00:02:20 / 108	03:02:38 / 252	00:02:04 / 192	01:25:18 / 16	05:07:20	01:01:23
88	253	PAJDA WOJCIECH	POL	RSC	68M40/9	M / 84	00:44:07 / 292					05:07:35	01:01:38
89	90	JESION IRENEUSZ	POL		69M40/10	M / 85	00:35:53 / 133	00:03:19 / 141	02:44:47 / 110	00:02:13 / 112	01:42:45 / 76	05:08:57	01:03:00
90	179	CHMIELIK GRZEGORZ	POL	ML UKS TRIATHLON KOŁO	72	M / 86	00:33:28 / 96	00:02:03 / 87	02:38:37 / 66	00:02:14 / 66	01:52:36 / 147	05:08:58	01:03:01

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
91	389	DEMBIŃSKI MAREK	POL		74	M / 87	00:31:01 / 58	00:05:33 / 99	02:45:13 / 116	00:03:37 / 108	01:43:36 / 83	05:09:00	01:03:03
92	314	BAR WIESLAW	POL		70	M / 88	00:29:23 / 35	00:02:38 / 44	02:52:53 / 166	00:01:52 / 118	01:43:09 / 80	05:09:55	01:03:58
93	174	LANGOWSKI PIOTR	POL	IRON MAIDEN TRIATHLON TEAM	74	WM/4M / 89	00:38:38 / 203				01:44:02 / 86	05:10:12	01:04:15
94	231	MICHALSKI MACIEJ	POL		79	M / 90	00:35:57 / 138	00:02:49 / 134	02:36:35 / 56	00:02:27 / 74	01:53:03 / 149	05:10:51	01:04:54
95	25	TOMCZYK STEFAN	POL		73	WM/5M / 91	00:33:01 / 90	00:02:42 / 92	02:39:46 / 80	00:02:13 / 71	01:53:12 / 151	05:10:54	01:04:57
96	53	MŁOTKOWSKI MARIUSZ	POL		73	M / 92	00:38:13 / 196	00:03:26 / 184	02:43:50 / 105	00:03:18 / 127	01:42:27 / 75	05:11:14	01:05:17
97	72	RETKA ADAM	POL		68	M / 93	00:32:50 / 83	00:02:41 / 86	02:42:53 / 97	00:02:50 / 92	01:50:38 / 127	05:11:52	01:05:55
98	21	WÓJCIK ARTUR	POL		73	M / 94	00:37:53 / 183	00:02:42 / 162	02:48:14 / 142	00:02:49 / 140	01:40:17 / 62	05:11:55	01:05:58
99	28	HOLY ZDZISLAW	POL		53	M / 95	00:36:51 / 154	00:01:28 / 117	03:03:21 / 259	00:02:15 / 203	01:28:22 / 20	05:12:17	01:06:20
100	377	NAWROCKI SERGIUSZ	POL	ODDECH GONIONEGO PSA	67	M / 96	00:32:53 / 85	00:02:07 / 78	02:36:11 / 52	00:02:40 / 56	01:58:28 / 190	05:12:19	01:06:21
101	74	LUBAS LUBOMIR	POL		74	M / 97	00:38:07 / 194	00:02:11 / 159	02:46:42 / 128	00:02:29 / 132	01:43:01 / 78	05:12:30	01:06:33
102	183	KRZAK ROBERT	POL		64	M / 98	00:41:50 / 269	00:05:05 / 272	02:57:48 / 205	00:03:02 / 224	01:24:46 / 14	05:12:31	01:06:34
103	105	ZAJFERT STANISLAW	POL		48	M / 99	00:32:38 / 75	00:01:40 / 71	02:40:22 / 88	00:02:38 / 70	01:56:02 / 169	05:13:20	01:07:23
104	177	JĘDRUSIAK JERZY	POL		73	M / 100	00:35:28 / 122	00:03:06 / 126	02:38:56 / 70	00:02:44 / 87	01:53:10 / 150	05:13:24	01:07:27
105	163	KUBIAK MICHAŁ	POL		75	M / 101	00:34:59 / 117	00:01:28 / 97	02:47:50 / 141	00:02:52 / 119	01:46:19 / 99	05:13:28	01:07:31
106	382	SKIBA JAROSLAW	POL	FTI	80	M / 102	00:32:43 / 80	00:01:47 / 74	02:40:21 / 87	00:01:51 / 68	01:56:48 / 177	05:13:30	01:07:33
107	407	JEREZ VICTOR	POL		65	M / 103	00:37:21 / 164	00:04:23 / 185	02:38:16 / 64	00:03:23 / 100	01:51:25 / 138	05:14:48	01:08:51
108	194	WOLSKI DARIUSZ	POL	IM 2010	71	M / 104	00:36:01 / 142	00:02:49 / 136	02:40:13 / 86	00:03:04 / 95	01:52:46 / 148	05:14:53	01:08:56
109	430	ŁUBIAN MICHAŁ	POL		75	M / 105	00:40:03 / 231	00:02:59 / 213	02:39:50 / 81	00:02:55 / 110	01:49:13 / 122	05:15:00	01:09:03
110	165	WIECH ŁUKASZ	POL	MKS TRIATHLON MALBORK	84	M / 106	00:37:51 / 181	00:02:01 / 152	02:45:52 / 122	00:01:51 / 120	01:47:34 / 106	05:15:09	01:09:12
111	396	SYKUT MARIUSZ	POL		88	M / 107	00:33:49 / 101	00:03:18 / 102	02:41:05 / 93	00:02:23 / 90	01:55:11 / 164	05:15:46	01:09:49
112	236	TLĄKA MARIUSZ	POL		70	M / 108	00:38:59 / 208	00:04:41 / 229	02:46:16 / 125	00:03:07 / 149	01:43:09 / 79	05:16:12	01:10:15
113	346	KRUCZYNSKI WOJCIECH	POL		79	M / 109	00:32:54 / 87	00:02:42 / 89	02:50:27 / 157	00:02:02 / 123	01:48:46 / 117	05:16:51	01:10:54
114	360	ANUNTI ERKKI	FIN	ARCTIC TRIATHLON	51	M / 110	00:36:50 / 153	00:02:47 / 150	02:43:54 / 106	00:02:14 / 109	01:51:20 / 133	05:17:05	01:11:08
115	200	SUCHENIA PIOTR	POL	UKS TRI-SAUCONY RUMIA	80	M / 111	00:37:58 / 188				01:23:01 / 12	05:17:10	01:11:13
116	142	KLEPACZ JACEK	POL		71	M / 112	00:34:03 / 106	00:01:47 / 93	02:47:47 / 139	00:02:40 / 114	01:51:16 / 131	05:17:33	01:11:36
117	322	MILEK MATEUSZ	POL	WSZIB KRAKÓW	87	M / 113	00:25:55 / 12	00:01:39 / 13	02:37:22 / 61	00:01:51 / 33	02:10:51 / 273	05:17:38	01:11:41
118	153	SUCHOCKI MICHAŁ	POL	12TRI.PL	76	M / 114	00:37:55 / 185	00:04:23 / 198	02:45:28 / 120	00:04:40 / 143	01:45:14 / 91	05:17:40	01:11:43
119	213	AUGUSTYNIAK MARIUSZ	POL		74	M / 115	00:37:44 / 177	00:03:13 / 171	02:43:19 / 99	00:02:23 / 117	01:51:22 / 136	05:18:01	01:12:04
120	117	LESIECKI PIOTR	POL	IRONMAN SZCZECIN / XTRI.PL	89	M / 116	00:31:00 / 57	00:02:11 / 60	02:52:22 / 163	00:02:17 / 121	01:51:18 / 132	05:19:08	01:13:11
121	300	PIEKARZ MARIUSZ	POL		75	M / 117	00:33:27 / 95	00:03:50 / 106	02:40:04 / 84	00:02:54 / 88	01:58:54 / 194	05:19:09	01:13:12
122	258	KOSIŃSKI MICHAŁ	POL	WOPR SZCZYTNO 4K	90	M / 118	00:28:46 / 27	00:01:32 / 28	02:47:47 / 138	00:01:40 / 85	01:59:34 / 196	05:19:19	01:13:22
123	337	KISŁO ŁUKASZ	POL		83	M / 119	00:29:26 / 36	00:01:41 / 34	02:35:54 / 50	00:02:02 / 39	02:10:29 / 268	05:19:32	01:13:35
124	144	DOBRZYCKI ZIEMOWIT	POL	REAL 64-STO LESZNO	64	M / 120	00:39:31 / 221	00:02:26 / 191	02:54:10 / 177	00:02:10 / 175	01:41:15 / 69	05:19:32	01:13:35

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
125	209	ŁUCZYN MARCIN	POL		83	WM/11M / 121	00:37:23 / 166	00:03:51 / 178	02:45:09 / 115	00:03:07 / 134	01:50:10 / 123	05:19:40	01:13:43
126	62	ORŁOWSKI MICHAŁ	POL		87	M / 122	00:29:19 / 31	00:01:15 / 30	02:40:40 / 90	00:02:28 / 55	02:06:44 / 245	05:20:26	01:14:29
127	363	PASTUSZAK KRZYSZTOF	POL	PKP CARGO OSTRÓW	59M50/6	M / 123	00:37:49 / 180	00:01:46 / 148	02:44:40 / 109	00:02:14 / 115	01:53:57 / 156	05:20:26	01:14:29
128	323	SKOCZYŁAS PIOTR	POL	UKS TRI-SAUCONY RUMIA	69M40/17	M / 124	00:30:38 / 55	00:02:25 / 57	02:53:00 / 168	00:02:27 / 126	01:52:22 / 144	05:20:52	01:14:55
129	103	LEWIŃSKI MARCIN	POL		73	M / 125	00:37:08 / 160	00:03:55 / 174	02:49:09 / 146	00:03:26 / 156	01:48:09 / 108	05:21:47	01:15:50
130	135	OMSZAŃSKI MAREK	POL		81	M / 126	00:39:44 / 224	00:03:41 / 222	02:53:27 / 173	00:03:13 / 182	01:42:06 / 74	05:22:11	01:16:14
131	362	GORZKOWSKI WITOLD	POL	IM 2010 WIELICZKA	64M45/10	M / 127	00:40:23 / 242	00:03:31 / 233	02:55:33 / 183	00:02:46 / 195	01:40:23 / 63	05:22:36	01:16:39
132	406	KAFTAŃSKI LEOPOLD	SWE		85	M / 128	00:38:00 / 190	00:03:57 / 192	02:35:31 / 46	00:03:08 / 91	02:02:10 / 215	05:22:46	01:16:49
133	168	TOMASZEWSKI MARCIN	POL		74	M / 129	00:36:09 / 144	00:02:15 / 119	02:39:05 / 71	00:01:47 / 79	02:03:58 / 223	05:23:14	01:17:17
134	192	GARLEWICZ JOANNA	POL	THULIUM TEAM	72	K / 5	00:32:36 / 72	00:01:35 / 70	02:56:25 / 193	00:01:42 / 142	01:50:59 / 128	05:23:17	01:17:20
135	18	TOPA BARTŁOMIEJ	POL		67M40/18	WM/12M / 130	00:36:36 / 150	00:02:27 / 139	02:51:46 / 161	00:03:58 / 164	01:49:13 / 121	05:24:00	01:18:03
136	49	CHMIEL PIOTR	POL		89M20/15	M / 131	00:41:24 / 259	00:02:39 / 237	02:48:50 / 143	00:02:37 / 167	01:48:42 / 115	05:24:12	01:18:15
137	137	TOLWINSKI BOGUSŁAW	POL	"MKS""TROSO"" ELBLĄG"	68M40/19	WM/13M / 132	00:32:57 / 89	00:01:37 / 75	02:59:28 / 223	00:01:53 / 168	01:48:29 / 114	05:24:24	01:18:27
138	287	BŁASZYK MATEUSZ	POL		87	M / 133	00:38:26 / 200	00:02:18 / 166	02:45:20 / 118	00:03:00 / 129	01:55:35 / 166	05:24:39	01:18:41
139	198	GŁĄB ANDRZEJ	POL		70M40/20	M / 134	00:37:36 / 174	00:01:51 / 145	02:51:26 / 159	00:02:10 / 151	01:52:29 / 145	05:25:32	01:19:35
140	31	FAHRNI PRISCA SANDRA	POL		66K40+2	K / 6	00:27:59 / 25	00:01:52 / 25	02:47:35 / 136	00:03:09 / 89	02:05:21 / 232	05:25:56	01:19:59
141	401	TYSZKIEWICZ RAFAŁ	POL	COLUMBIA	70M40/21	WM/14M / 135	00:36:14 / 145	00:04:28 / 165	02:49:43 / 153	00:04:10 / 162	01:51:46 / 142	05:26:21	01:20:24
142	356	MAZUR MARIUSZ	POL		87	M / 136	00:43:12 / 283	00:04:45 / 286	02:41:15 / 94	00:02:27 / 141	01:55:04 / 163	05:26:43	01:20:46
143	85	FRANKOWSKI ANDRZEJ	POL		63M45/11	M / 137	00:40:17 / 239	00:03:43 / 236	02:52:38 / 165	00:03:45 / 184	01:46:22 / 100	05:26:45	01:20:48
144	219	HABIEDA LUCJAN	POL	KS WIATERNI	67M40/22	M / 138	00:40:10 / 236	00:03:08 / 220	02:58:05 / 208	00:02:26 / 202	01:43:00 / 77	05:26:49	01:20:51
145	315	SZUDER PRZEMYSŁAW	POL	XBOX 360 BIKE TEAM	78	M / 139	00:40:32 / 247	00:02:06 / 205	02:46:18 / 127	00:02:23 / 139	01:55:51 / 168	05:27:10	01:21:13
146	284	PANEK WOJCIECH	POL	EPIDEMIA CYKLOZY MTB SUSZ	77	WM/15M / 140	00:35:53 / 134	00:04:03 / 153	02:45:08 / 114	00:03:23 / 125	01:58:46 / 193	05:27:13	01:21:16
147	352	KRZYSTOLIK ADAM	POL		74	M / 141	00:37:35 / 173	00:04:54 / 202	02:46:58 / 133	00:03:20 / 147	01:54:53 / 161	05:27:40	01:21:43
148	178	CHOMIK RAFAŁ	POL	FACCIAMO JOGGING	77	M / 142	00:40:13 / 237	00:05:26 / 256	02:44:48 / 111	00:03:42 / 160	01:53:39 / 153	05:27:48	01:21:51
149	383	BRESKA WITOLD	POL	IM 2010	74	M / 143	00:41:21 / 257	00:04:42 / 262	02:39:20 / 75	00:02:40 / 122	02:00:28 / 203	05:28:31	01:22:34
150	229	GARSZYŃSKI JAKUB	POL	AKADEMIA TRIATHLONU	81	M / 144	00:35:42 / 125	00:02:47 / 121	02:54:23 / 179	00:02:33 / 166	01:53:26 / 152	05:28:51	01:22:54
151	199	MARZEC PAWEŁ	POL		77	M / 145	00:34:25 / 107	00:02:50 / 105	02:53:27 / 174	00:02:46 / 155	01:55:24 / 165	05:28:52	01:22:55
152	84	KASPRZAK JACEK	POL		66M45/12	M / 146	00:34:29 / 108	00:03:36 / 114	02:49:42 / 150	00:02:36 / 135	01:58:36 / 192	05:28:59	01:23:02
153	257	CZYŻKOWSKI RAFAŁ	POL		81	M / 147	00:34:33 / 109	00:05:01 / 147	02:49:20 / 149	00:03:57 / 148	01:56:19 / 172	05:29:10	01:23:13
154	288	MOKRZYCKI DARIUSZ	POL		68M40/23	M / 148	00:39:05 / 211	00:02:47 / 188	02:45:56 / 123	00:03:22 / 138	01:58:02 / 183	05:29:12	01:23:15
155	392	WACHOWIAK JĘDRZEJ	POL	FTI	83	M / 149	00:32:37 / 73	00:01:48 / 73	02:46:48 / 131	00:01:54 / 99	02:06:08 / 241	05:29:15	01:23:18
156	100	KONICZ SEBASTIAN	POL	12TRI.PL	87	M / 150	00:39:03 / 210	00:03:28 / 204	02:53:53 / 176	00:01:59 / 176	01:51:01 / 129	05:29:24	01:23:27
157	114	CIESEWSKI MARCIN	POL	KTS IRONMAN	76	M / 151	00:35:44 / 126	00:03:03 / 135	02:56:46 / 196	00:02:55 / 178	01:51:10 / 130	05:29:38	01:23:41
158	75	OPORSKI PAWEŁ	POL		80	M / 152	00:37:31 / 170	00:03:22 / 169	02:49:43 / 152	00:04:11 / 163	01:55:02 / 162	05:29:49	01:23:52

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
159	238	KŁOSOWICZ MACIEJ	POL		81	M / 153	00:35:49 / 128	00:03:40 / 146	02:49:42 / 151	00:03:53 / 152	01:57:04 / 180	05:30:08	01:24:11
160	154	KOSAKOWSKI KRZYSZTOF	POL	TKKF KOLEJARZ BYDGOSZCZ	60M50/7	M / 154	00:37:40 / 176	00:04:29 / 196	02:57:32 / 203	00:04:24 / 204	01:46:10 / 97	05:30:15	01:24:18
161	44	TOKARZ KRYSZTIAN	POL		76	WM/16M / 155	00:41:36 / 263	00:02:43 / 241	02:58:45 / 215	00:02:24 / 208	01:44:47 / 89	05:30:15	01:24:18
162	273	PROKOPOWICZ ZBIGNIEW	POL	ITI ADVENTURE TEAM	67M40/24	M / 156	00:40:53 / 251	00:03:47 / 248	02:45:28 / 119	00:03:41 / 158	01:56:49 / 178	05:30:38	01:24:41
163	416	BONIECKI DANIEL	POL		80	WM/17M / 157	00:43:17 / 284	00:05:28 / 295	02:49:18 / 148	00:02:31 / 186	01:50:37 / 126	05:31:11	01:25:14
164	48	JURGA BARTOSZ	POL		76	M / 158	00:39:49 / 226	00:03:19 / 217	02:52:56 / 167	00:04:23 / 185	01:51:22 / 137	05:31:49	01:25:52
165	39	KĘPIŃSKI HENRYK	POL		53M55/5	M / 159	00:46:47 / 324	00:02:26 / 301	02:55:49 / 185	00:02:39 / 223	01:44:32 / 88	05:32:13	01:26:16
166	261	ALCHIMOWICZ KRZYSZTOF	POL	PMK	66M45/13	M / 160	00:35:19 / 120	00:02:01 / 107	02:54:44 / 180	00:02:29 / 161	01:58:07 / 185	05:32:40	01:26:43
167	321	WIĘCKOWSKI GRZEGORZ	POL	KB START PUŁASKI WARKA	71M40/25	M / 161	00:38:16 / 198	00:03:35 / 187	03:00:39 / 233	00:02:36 / 207	01:48:18 / 112	05:33:24	01:27:27
168	110	ZIĘTEK KRZYSZTOF	POL		79	M / 162	00:34:46 / 112	00:04:21 / 140	02:56:49 / 197	00:03:32 / 181	01:54:00 / 157	05:33:28	01:27:30
169	242	BEBELSKI RAFAŁ	POL		77	M / 163	00:35:56 / 137	00:04:58 / 170	02:58:58 / 220	00:02:19 / 193	01:51:40 / 141	05:33:51	01:27:54
170	276	SZCZYPCZYK ZBIGNIEW	POL	AKADEMIA TRIATHLONU GR.WARSZAWA	67M40/26	M / 164	00:38:14 / 197	00:03:45 / 194	02:58:55 / 218	00:01:39 / 199	01:51:37 / 140	05:34:10	01:28:13
171	130	SOWIŃSKI MARIUSZ	POL	HURPAGUNS WWW.HURPAGUNS.COM	76	M / 165	00:41:26 / 261	00:01:54 / 221	02:46:55 / 132	00:02:26 / 146	02:01:46 / 212	05:34:27	01:28:30
172	166	BIREK MATEUSZ	POL		82	M / 166	00:39:21 / 218	00:03:37 / 212	02:56:21 / 192	00:02:55 / 196	01:52:30 / 146	05:34:44	01:28:47
173	339	KOCHANOWSKI ROBERT	POL		73	M / 167	00:32:42 / 79	00:02:46 / 85	02:53:19 / 172	00:02:19 / 136	02:03:59 / 224	05:35:05	01:29:08
174	347	MIELOCH ARTUR	POL	TAZAR CHODZIEŻ	83	M / 168	00:30:22 / 51	00:02:37 / 56	02:51:32 / 160	00:02:05 / 116	02:08:45 / 258	05:35:21	01:29:24
175	244	MAĆKOWSKI MACIEJ	POL		81	M / 169	00:38:18 / 199	00:02:52 / 177	02:53:07 / 169	00:02:48 / 171	01:59:51 / 199	05:36:56	01:30:59
176	82	MAZUR HUBERT	POL		87	WM/18M / 170	00:33:59 / 104	00:04:59 / 138	03:10:22 / 290	00:02:57 / 257	01:45:01 / 90	05:37:18	01:31:21
177	218	MUSIAŁ MAREK	POL		48M60+3	M / 171	00:46:36 / 322	00:04:01 / 312	02:46:16 / 124	00:04:44 / 189	01:55:45 / 167	05:37:22	01:31:24
178	56	WYDARTY EMIL	POL	TRICITY TRIATHLON TEAM	83	M / 172	00:38:10 / 195	00:02:47 / 172	02:46:18 / 126	00:02:14 / 133	02:08:02 / 253	05:37:31	01:31:34
179	277	BĄCZKOWSKI KAROL	POL		79	WM/19M / 173	00:37:58 / 189	00:02:12 / 156	03:06:31 / 273	00:02:45 / 238	01:48:08 / 109	05:37:34	01:31:37
180	216	MICHALSKI BARTOSZ	POL		82	M / 174	00:34:52 / 113	00:03:50 / 132	02:36:40 / 57	00:02:34 / 75	02:20:19 / 301	05:38:15	01:32:18
181	271	GLĄSEK ŁUKASZ	POL	NIEZRZESZONY	83	M / 175	00:30:32 / 53	00:02:24 / 55	02:57:06 / 200	00:03:01 / 150	02:05:33 / 236	05:38:36	01:32:39
182	298	LUBERADZKI PAWEŁ	POL	12TRI.PL	82	M / 176	00:32:19 / 66	00:04:52 / 104	02:51:59 / 162	00:04:10 / 154	02:05:28 / 234	05:38:48	01:32:51
183	81	KUBACKI MICHAŁ	POL		82	M / 177	00:38:40 / 204	00:05:46 / 243	02:49:02 / 145	00:03:03 / 170	02:02:23 / 218	05:38:54	01:32:57
184	47	SIARKIEWICZ PRZEMYSŁAW	POL		88M20/16	M / 178	00:45:17 / 311	00:02:16 / 280	02:59:14 / 221	00:01:56 / 231	01:50:15 / 124	05:38:58	01:33:01
185	176	ZIENIEWICZ GRZEGORZ	POL		71M40/27	M / 179	00:40:07 / 233	00:03:27 / 226	02:46:47 / 130	00:02:14 / 144	02:06:30 / 244	05:39:05	01:33:08
186	26	ŁAGANOWSKI ADAM	POL		78	M / 180	00:39:46 / 225	00:03:22 / 218	03:01:37 / 240	00:03:01 / 225	01:51:20 / 134	05:39:06	01:33:09
187	87	WIELOGÓRKA PIOTR	POL	BYLEDOBIEC ANIN	76	M / 181	00:36:52 / 155	00:03:19 / 157	02:58:41 / 213	00:03:19 / 194	01:57:01 / 179	05:39:12	01:33:15
188	316	KUCZBAJSKI ARTUR	POL		67M40/28	M / 182	00:35:59 / 140	00:02:41 / 131	02:58:48 / 216	00:02:38 / 183	01:59:30 / 195	05:39:36	01:33:39
189	185	WOJTASIK PRZEMYSŁAW	POL	IM 2010	72	M / 183	00:40:14 / 238	00:04:42 / 249	02:57:20 / 202	00:03:36 / 211	01:53:49 / 155	05:39:41	01:33:44
190	55	DARUK PIOTR	POL		79	M / 184	00:32:37 / 74	00:03:21 / 94	02:56:17 / 191	00:03:00 / 165	02:04:32 / 227	05:39:47	01:33:50
191	52	STEFANIAK PAWEŁ	POL		80	M / 185	00:37:03 / 158	00:04:23 / 181	03:08:54 / 287	00:04:04 / 267	01:45:56 / 95	05:40:20	01:34:23
192	235	DANIELEWSKI MICHAŁ	POL	PMK	68M40/29	M / 186	00:32:49 / 82	00:03:31 / 96	02:58:52 / 217	00:02:42 / 173	02:02:27 / 219	05:40:21	01:34:24

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
193	369	SOBOLEWSKI JAKUB	POL	IM 2010	77	M / 187	00:38:36 / 202	00:06:39 / 253	03:02:50 / 255	00:03:55 / 254	01:48:43 / 116	05:40:43	01:34:46
194	232	ŚLIMAKOWSKI DANIEL	POL		75	M / 188	00:33:29 / 97	00:02:45 / 95	02:49:12 / 147	00:03:52 / 131	02:11:47 / 278	05:41:05	01:35:08
195	394	KUBIAK MAŁGORZATA	POL		62K40+3	K / 7	00:35:50 / 129	00:02:47 / 127	03:00:00 / 227	00:02:21 / 188	02:00:32 / 204	05:41:30	01:35:33
196	310	MACHATA JACEK	POL		78	M / 189	00:37:24 / 167	00:03:44 / 175	02:55:14 / 182	00:02:59 / 180	02:02:14 / 216	05:41:35	01:35:38
197	432	NAREL SŁAWOMIR	POL		63M45/14	M / 190	00:45:00 / 307	00:04:16 / 302	03:03:08 / 258	00:03:42 / 274	01:46:12 / 98	05:42:18	01:36:20
198	68	BEDYK IRENEUSZ	POL		57M50/8	M / 191	00:44:24 / 300	00:02:27 / 269	02:58:54 / 219	00:02:21 / 227	01:54:18 / 158	05:42:24	01:36:27
199	371	ZACHWIEJA PRZEMYSŁAW	POL		78	M / 192	00:40:08 / 234	00:03:40 / 231	02:46:46 / 129	00:02:32 / 153	02:09:33 / 262	05:42:39	01:36:42
200	250	ZAPAŁOWSKI PAWEŁ	POL	LENIWCE.PL	83	M / 193	00:36:53 / 156	00:03:32 / 160	02:49:59 / 154	00:03:40 / 159	02:08:59 / 260	05:43:03	01:37:05
201	283	LIPOWSKI PAWEŁ	POL		86	M / 194	00:46:23 / 321	00:05:20 / 321	03:00:07 / 229	00:04:52 / 277	01:46:48 / 102	05:43:30	01:37:33
202	372	OPOZDA MIREK	POL	STID KALMAR STARACHOWICE	66M45/15	M / 195	00:40:26 / 245	00:02:02 / 201	03:02:14 / 246	00:02:31 / 220	01:56:26 / 173	05:43:39	01:37:42
203	395	BORKOWSKI TOMASZ	POL		81	M / 196	00:41:09 / 255	00:04:44 / 260	02:56:30 / 194	00:03:50 / 212	01:57:52 / 182	05:44:05	01:38:08
204	353	PIĄTEK WIESŁAW	POL	AKADEMIA TRITHLONU	66M45/16	M / 197	00:43:54 / 287	00:05:10 / 298	03:01:12 / 236	00:05:50 / 275	01:48:27 / 113	05:44:33	01:38:36
205	131	POLAK KATARZYNA	POL		68K40+4	K / 8	00:43:56 / 288	00:01:37 / 255	03:01:14 / 237	00:01:43 / 229	01:56:17 / 170	05:44:47	01:38:50
206	121	WIRA MARIUSZ	POL		73	M / 198	00:41:46 / 267	00:06:28 / 290	03:04:58 / 265	00:02:41 / 273	01:48:56 / 119	05:44:49	01:38:52
207	264	WACŁAWSKI KRZYSZTOF	POL		65M45/17	WM/20M / 199	00:37:13 / 161	00:02:07 / 144	03:01:19 / 238	00:02:21 / 200	02:01:56 / 214	05:44:56	01:38:59
208	349	CHYŁA ARTUR	POL		68M40/30	M / 200	00:45:22 / 312	00:06:11 / 320	02:58:05 / 207	00:10:16 / 287	01:45:20 / 93	05:45:14	01:39:17
209	230	SADOWSKI PIOTR	POL	PMK PIASECZNO	68M40/31	M / 201	00:39:38 / 222	00:03:36 / 219	02:58:27 / 212	00:03:06 / 206	02:00:42 / 206	05:45:29	01:39:32
210	404	CHMIELEWICZ PAWEŁ	POL		83	M / 202	00:36:41 / 151	00:03:57 / 163	02:50:00 / 155	00:03:05 / 157	02:11:51 / 279	05:45:34	01:39:37
211	115	SITEK WITOLD	POL		56M55/6	M / 203	00:45:35 / 314	00:03:35 / 300	02:55:42 / 184	00:04:04 / 233	01:56:41 / 176	05:45:37	01:39:40
212	132	LESZCZYŃSKI CEZARY	POL	TRICITY TRIATHLON TEAM	70M40/32	M / 204	00:40:26 / 244	00:05:55 / 264	03:05:22 / 267	00:02:25 / 264	01:51:35 / 139	05:45:43	01:39:46
213	325	ORLIK JERZY	POL		59M50/9	M / 205	00:44:17 / 297	00:03:37 / 285	02:58:18 / 211	00:02:29 / 230	01:57:06 / 181	05:45:47	01:39:50
214	125	LEGIĘDŹ HUBERT	POL	LZS KOŁBASKOWO	70M40/33	M / 206	00:40:48 / 249	00:02:43 / 225	03:03:48 / 261	00:02:54 / 243	01:56:36 / 175	05:46:49	01:40:52
215	91	NOWAKOWSKI RAFAŁ	POL		72	M / 207	00:41:39 / 264	00:04:07 / 258	02:58:16 / 210	00:03:08 / 219	01:59:44 / 197	05:46:54	01:40:57
216	157	PRZEWŁOKA MARIUSZ	POL	12TRI.PL	89M20/17	M / 208	00:34:38 / 110	00:03:30 / 115	03:01:58 / 242	00:02:08 / 197	02:04:50 / 229	05:47:04	01:41:07
217	203	CZERWIAK ROBERT	POL		73	M / 209	00:35:20 / 121	00:03:19 / 129	02:56:54 / 198	00:03:45 / 179	02:07:53 / 252	05:47:11	01:41:14
218	313	HECZKO ADAM	POL	TRIATHLON DĄBROWA GÓRNICZA	84	M / 210	00:30:26 / 52	00:01:48 / 49	02:43:33 / 103	00:02:21 / 78	02:29:04 / 328	05:47:12	01:41:15
219	172	LITWIN JAN	POL		61M50/10	M / 211	00:38:48 / 206	00:03:59 / 210	03:05:25 / 268	00:03:03 / 246	01:56:18 / 171	05:47:33	01:41:36
220	403	MALARECKI PAWEŁ	POL		74	M / 212	00:37:05 / 159	00:05:50 / 211	03:07:16 / 279	00:02:59 / 260	01:54:47 / 159	05:47:57	01:42:00
221	427	ROŻEK ROBERT	POL		77	M / 213	00:39:10 / 214	00:04:19 / 224	03:01:07 / 235	00:03:11 / 226	02:00:23 / 202	05:48:10	01:42:13
222	136	RACHWAŁ MICHAŁ	POL	12TRI.PL	81	M / 214	00:44:19 / 298	00:02:23 / 268	03:00:44 / 234	00:02:52 / 244	01:58:02 / 184	05:48:20	01:42:22
223	214	ZDROJEWSKI KRZYSZTOF	POL	EPIDEMIA CYKLOZY MTB SUSZ	73	WM/21M / 215	00:33:29 / 98	00:03:20 / 100	02:56:01 / 189	00:03:25 / 169	02:12:14 / 283	05:48:29	01:42:32
224	20	ADAMCZYK PIOTR	POL		72	M / 216	00:41:01 / 253	00:02:46 / 230	03:05:54 / 272	00:02:29 / 256	01:56:29 / 174	05:48:39	01:42:42
225	312	CABAJ GRZEGORZ	POL		78	M / 217	00:42:58 / 280	00:06:12 / 299	02:53:16 / 171	00:03:59 / 214	02:02:17 / 217	05:48:42	01:42:45
226	188	SAJ SŁAWOMIR	POL	AG BEZ LIMITU OSTROŁĘKA I OKOLICE	69M40/34	M / 218	00:37:54 / 184	00:03:40 / 182	02:52:38 / 164	00:04:00 / 174	02:11:19 / 277	05:49:31	01:43:34

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
227	89	DACEWICZ LESZEK	POL		41	M60+/4	M / 219 00:41:24 / 260	00:02:11 / 227	03:02:31 / 250	00:03:53 / 241	01:59:46 / 198	05:49:45	01:43:48
228	97	NIEDZIÓŁKA TOMASZ	POL		75		M / 220 00:51:55 / 352	00:03:09 / 338	02:54:18 / 178	00:02:23 / 253	01:58:16 / 187	05:50:01	01:44:04
229	57	KOWALSKI ŁUKASZ ROBERT	POL		70	M40/35	M / 221 00:40:51 / 250	00:02:17 / 216	03:00:08 / 231	00:02:30 / 210	02:04:44 / 228	05:50:30	01:44:33
230	326	KUCZERA PRZEMYSŁAW	POL	HURPAGUNS TRIATHLON TEAM	79		M / 222 00:39:11 / 215	00:02:42 / 189	02:47:03 / 134	00:02:10 / 137	02:20:09 / 300	05:51:15	01:45:18
231	211	GLUCK WITOLD	POL	KB ARTURÓWEK	65	M45/18	M / 223 00:42:11 / 274	00:04:15 / 265	02:56:37 / 195	00:03:56 / 217	02:04:21 / 226	05:51:20	01:45:23
232	133	SOBCZYK KRZYSZTOF	POL	KTS IRONMAN KWIDZYN	59	M50/11	M / 224 00:38:05 / 192	00:04:17 / 200	02:55:51 / 188	00:03:33 / 191	02:09:59 / 263	05:51:45	01:45:47
233	398	KROUPA LUIZA	POL	IM 2010 WARSZAWA / PKN ORLEN SA	67	K40+/5	K / 9 00:41:32 / 262	00:02:26 / 235	02:59:32 / 224	00:03:02 / 215	02:05:30 / 235	05:52:02	01:46:05
234	169	FRANKIEWICZ PRZEMYSŁAW	POL		78		M / 225 00:37:33 / 172	00:03:25 / 173	02:53:15 / 170	00:03:16 / 172	02:14:47 / 289	05:52:16	01:46:18
235	63	MARKOWSKI ROBERT	POL		77	WM/22M / 226	00:32:35 / 71	00:02:42 / 83	03:05:41 / 270	00:02:35 / 201	02:08:57 / 259	05:52:30	01:46:33
236	210	CHORAŹIAK WITOLD	POL	IM 2010	67	M40/36	M / 227 00:35:54 / 135	00:02:32 / 120	02:59:24 / 222	00:02:52 / 187	02:12:10 / 281	05:52:52	01:46:55
237	190	CYCHYLIK TOMASZ	POL	TRI CITY TRIATHLON TEAM	75		M / 228 00:35:41 / 124	00:02:52 / 124	03:06:48 / 275	00:03:43 / 234	02:05:19 / 231	05:54:23	01:48:26
238	320	HOLÓWKA SŁAWOMIR	POL		73		M / 229 00:40:05 / 232	00:04:01 / 238	03:00:15 / 232	00:03:18 / 221	02:07:09 / 247	05:54:48	01:48:51
239	116	CZERWIŃSKI DARIUSZ	POL	NIEZRZESZONY	73		M / 230 00:50:22 / 345	00:04:06 / 335	02:55:50 / 187	00:02:59 / 261	02:01:37 / 211	05:54:54	01:48:57
240	189	MASIAK PIOTR	POL	MKS TRIATHLON MALBORK	91	M20/18	M / 231 00:29:46 / 40	00:01:04 / 32	02:45:17 / 117	00:01:50 / 76	02:37:24 / 339	05:55:21	01:49:24
241	341	MUSOLF MACIEJ	POL	PLAY TEAM	85		M / 232 00:50:54 / 346	00:07:30 / 352	02:48:57 / 144	00:06:35 / 263	02:01:46 / 213	05:55:42	01:49:45
242	419	MICHALSKA ANNA	POL	IM 2010	64	K40+/6	K / 10 00:37:31 / 168	00:02:37 / 155	03:01:21 / 239	00:04:01 / 209	02:10:40 / 270	05:56:10	01:50:13
243	98	OLĘDZKI JANUSZ	POL	OLĘDZCY	56	M55/7	M / 233 00:39:19 / 216	00:04:37 / 234	03:02:14 / 247	00:04:14 / 245	02:06:03 / 240	05:56:27	01:50:30
244	23	MRÓZ WOJCIECH	POL		83		M / 234 00:39:38 / 223	00:03:03 / 208	03:04:52 / 264	00:02:30 / 242	02:06:26 / 243	05:56:29	01:50:32
245	294	PRUCHNIEWSKI SŁAWOMIR	POL		79		M / 235 00:45:15 / 310	00:02:27 / 282	03:07:57 / 283	00:02:47 / 281	01:58:17 / 188	05:56:43	01:50:46
246	86	SIKORSKI LUDWIK	POL		79		M / 236 00:32:46 / 81				02:10:57 / 274	05:57:21	01:51:24
247	303	LEWANDOWSKI JACEK	POL		84		M / 237 00:41:44 / 266	00:05:21 / 274	02:50:18 / 156	00:04:16 / 190	02:15:44 / 293	05:57:23	01:51:26
248	259	MIEDZIEJEWSKI ANDRZEJ	POL		86		M / 238 00:47:35 / 330	00:08:50 / 346	02:58:42 / 214	00:04:20 / 284	01:58:26 / 189	05:57:53	01:51:56
249	111	CUSZLAG JAKUB	POL		66	M45/19	M / 239 00:47:37 / 331	00:03:46 / 319	02:57:17 / 201	00:02:45 / 249	02:06:48 / 246	05:58:13	01:52:16
250	160	CHRZANOWSKI JAKUB	POL	INGO	81		M / 240 00:48:06 / 334	00:05:17 / 327	02:56:11 / 190	00:03:35 / 259	02:05:35 / 237	05:58:44	01:52:47
251	357	TRUBCHANINOV YEVGENIY	UKR	DONETSK UA	66	M45/20	M / 241 00:44:01 / 290	00:06:39 / 313	03:02:34 / 251	00:05:14 / 282	02:00:17 / 201	05:58:45	01:52:48
252	390	KOWALCZYK DARIUSZ	POL		66	M45/21 WM/23M / 242	00:39:02 / 209	00:04:52 / 232	03:05:41 / 271	00:01:49 / 248	02:07:43 / 251	05:59:07	01:53:10
253	161	SZUMIELEWICZ WOJCIECH	POL		76		M / 243 00:46:21 / 320	00:04:30 / 315	02:53:33 / 175	00:03:52 / 228	02:12:32 / 284	06:00:48	01:54:51
254	27	POLCYN JAN	POL		64	M45/22	M / 244 00:49:13 / 339	00:02:34 / 323	03:00:07 / 230	00:03:13 / 272	02:05:56 / 239	06:01:03	01:55:06
255	354	WROTEK MIROSŁAW	POL	ENTRE.PL TEAM	66	M45/23	M / 245 00:44:47 / 303	00:05:07 / 309	03:14:10 / 302	00:03:24 / 309	01:53:44 / 154	06:01:12	01:55:15
256	29	KANIGOWSKI GRZEGORZ	POL		80		M / 246 00:37:47 / 179	00:06:36 / 242	03:10:51 / 292	00:05:07 / 288	02:01:07 / 207	06:01:28	01:55:31
257	251	SZUKALSKI ALEKSANDER	POL		82		M / 247 00:42:06 / 273	00:03:03 / 251	03:02:01 / 243	00:02:15 / 237	02:12:04 / 280	06:01:29	01:55:32
258	228	JÓZEFOWICZ KRZYSZTOF	POL	JUSTYNOW-JANOWKA	66	M45/24	M / 248 00:44:10 / 293	00:02:51 / 273	03:03:30 / 260	00:02:37 / 258	02:08:37 / 257	06:01:45	01:55:48
259	173	RYBKOWSKI GRZEGORZ	POL	IM 2010	68	M40/37	M / 249 00:46:06 / 318	00:04:24 / 311	02:57:35 / 204	00:03:38 / 252	02:10:12 / 265	06:01:55	01:55:58
260	101	SMOCZYK GRZEGORZ	POL		88	M20/19	M / 250 00:47:05 / 325	00:02:21 / 306	03:04:16 / 263	00:02:42 / 276	02:05:52 / 238	06:02:16	01:56:19

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
261	83	GRUDZIŃSKI ARKADIUSZ	POL		85	WM/24M / 251	00:43:59 / 289	00:03:18 / 277	03:11:00 / 293	00:03:20 / 293	02:01:36 / 210	06:03:13	01:57:16
262	24	SZYLLER JERZY	POL		49M60+5	M / 252	00:48:06 / 335	00:02:51 / 316	03:09:46 / 288	00:03:45 / 302	02:00:00 / 200	06:04:28	01:58:31
263	128	STĘPIEŃ KRZYSZTOF	POL	HURPAGUNS TRIATHLON TEAM	71M40/38	M / 253	00:41:17 / 256	00:03:19 / 245	03:07:11 / 277	00:02:41 / 269	02:11:18 / 276	06:05:46	01:59:49
264	423	ŚMIGIELSKI DOMINIK	POL	POWERADE	81	M / 254	00:43:28 / 285	00:05:56 / 304	03:19:15 / 321	00:03:09 / 315	01:54:49 / 160	06:06:37	02:00:40
265	33	FIJAŁKOWSKI GRZEGORZ	POL		55M55/8	M / 255	00:53:32 / 359	00:04:29 / 349	03:02:20 / 248	00:03:35 / 301	02:02:48 / 220	06:06:44	02:00:47
266	152	BOROWICZ DAWID	POL	TRICITY TRIATHLON TEAM	76	M / 256	00:40:17 / 240	00:03:52 / 239	03:11:53 / 295	00:03:26 / 285	02:08:10 / 254	06:07:38	02:01:41
267	156	SŁUPIK ANNA	POL	12TRI.PL	84	K / 11	00:36:05 / 143	00:03:15 / 143	03:02:14 / 245	00:04:49 / 213	02:21:22 / 307	06:07:45	02:01:48
268	289	BOLIŃSKI PIOTR	POL		79	M / 257	00:37:46 / 178	00:03:52 / 183	03:02:40 / 253	00:03:23 / 222	02:20:50 / 303	06:08:31	02:02:34
269	359	RUDAWSKI PATRYK	POL		82	WM/25M / 258	00:29:16 / 30	00:03:53 / 59	03:10:21 / 289	00:03:18 / 216	02:22:05 / 310	06:08:53	02:02:56
270	302	SZOTA WOJCIECH	POL	MARATOŃCZYK.PL	74	M / 259	01:05:13 / 370	00:05:17 / 364	03:02:53 / 256	00:03:51 / 327	01:51:49 / 143	06:09:03	02:03:06
271	107	WALCZYKOWSKI JĘDRZEJ	POL	IM2010 BYDGOSZCZ	72	M / 260	00:36:27 / 147	00:04:13 / 164	03:23:49 / 331	00:03:35 / 312	02:01:20 / 208	06:09:24	02:03:27
272	118	ŚWIERCZ IWONA	POL		69K40+7	K / 12	00:51:19 / 348					06:09:27	02:03:30
273	269	MAJ MAREK	POL		79	M / 261	00:45:58 / 317	00:03:44 / 308	03:10:29 / 291	00:03:00 / 297	02:06:22 / 242	06:09:33	02:03:36
274	428	BUJAK MACIEJ	POL	NIEZRZESZONY	73	M / 262	00:39:10 / 213	00:03:35 / 209	03:14:38 / 304	00:04:00 / 292	02:08:13 / 255	06:09:36	02:03:39
275	409	RESZKE SŁAWOMIR	POL		63M45/25	M / 263	00:44:16 / 296	00:05:09 / 305	03:00:01 / 228	00:04:51 / 266	02:15:31 / 290	06:09:48	02:03:51
276	275	PIETRUSZKA RAFAŁ	POL		77	M / 264	00:45:40 / 315	00:02:26 / 288	03:08:48 / 286	00:02:23 / 283	02:10:50 / 272	06:10:07	02:04:10
277	43	SONDEJ WIESŁAW	POL		62M45/26	M / 265	00:40:29 / 246	00:03:45 / 240	03:07:34 / 281	00:02:38 / 268	02:15:43 / 292	06:10:09	02:04:12
278	375	PEDRYCZ MIKOŁAJ	POL		84	M / 266	00:42:44 / 278	00:04:36 / 278	03:14:36 / 303	00:05:27 / 308	02:02:57 / 221	06:10:20	02:04:23
279	196	GRZEŚKOWIAK GRZEGORZ	POL		81	M / 267	00:37:19 / 163	00:04:56 / 197	02:59:40 / 225	00:05:09 / 218	02:24:07 / 315	06:11:11	02:05:14
280	297	CHOJNACKA MAŁGORZATA	POL	AKADEMIA TRIATHLONU	68K40+8	K / 13	00:40:25 / 243	00:04:12 / 246	03:13:33 / 299	00:02:55 / 291	02:10:30 / 269	06:11:35	02:05:38
281	106	JASTRZĘBSKI RAFAŁ	POL		81	WM/26M / 268	00:44:48 / 304	00:02:53 / 281	03:12:37 / 298	00:02:51 / 296	02:08:34 / 256	06:11:43	02:05:46
282	61	JUCHNIEWICZ LIDIA	POL	12TRI.PL	81	WM/27K / 14	00:42:51 / 279	00:03:18 / 263	03:16:06 / 311	00:02:21 / 303	02:07:25 / 250	06:12:01	02:06:04
283	254	WARACZEWSKI NIKOLAOS	POL		70M40/39	M / 269	00:38:07 / 193	00:06:28 / 244	03:19:36 / 323	00:03:03 / 306	02:05:14 / 230	06:12:28	02:06:31
284	126	ROSIAK MARCIN	POL	IRONMAN C/S POLSKA	87	M / 270	00:31:31 / 63	00:01:55 / 62	03:06:52 / 276	00:01:57 / 198	02:30:27 / 331	06:12:42	02:06:45
285	247	OLEKSÓW PIOTR	POL	TRICITYTRIATHLONTEAM	74	M / 271	00:52:08 / 354	00:02:25 / 336	02:55:07 / 181	00:02:26 / 255	02:21:05 / 306	06:13:11	02:07:14
286	272	KAWA PATRYK	POL		78	M / 272	00:43:51 / 286	00:07:24 / 318	03:03:01 / 257	00:05:30 / 286	02:13:34 / 286	06:13:20	02:07:23
287	343	KWIECIEŃ ARKADIUSZ	POL	TERENOWO.PL	76	M / 273	00:49:14 / 341	00:04:21 / 328	03:05:31 / 269	00:04:19 / 299	02:10:07 / 264	06:13:32	02:07:35
288	319	RUTKOWSKI ROBERT	POL		71M40/40	M / 274	00:44:33 / 301	00:07:52 / 325	02:58:08 / 209	00:04:15 / 270	02:19:00 / 297	06:13:48	02:07:51
289	286	PAWUSKA JACEK	POL		78	WM/28M / 275	00:34:53 / 114	00:04:02 / 137	03:07:41 / 282	00:02:10 / 232	02:26:20 / 321	06:15:06	02:09:09
290	167	STEFANIAK LESZEK	POL	TRICITY TRIATHLON TEAM	73	M / 276	00:37:57 / 187	00:04:04 / 195	03:20:09 / 325	00:02:42 / 304	02:10:49 / 271	06:15:41	02:09:44
291	80	SOWINSKI MARCIN	POL		69M40/41	WM/29M / 277	00:33:44 / 100	00:03:51 / 110	03:13:40 / 300	00:02:59 / 265	02:22:13 / 311	06:16:27	02:10:30
292	380	KOZŁOWSKI JACEK	POL		63M45/27	M / 278	00:39:07 / 212	00:05:53 / 250	03:01:58 / 241	00:04:22 / 247	02:25:27 / 319	06:16:47	02:10:50
293	327	GAJAK TOBIASZ	POL		86	M / 279	00:45:24 / 313	00:02:28 / 284	03:07:12 / 278	00:03:02 / 279	02:19:34 / 298	06:17:40	02:11:43
294	225	DZIEDZIC WOJTEK	POL		74	M / 280	00:46:46 / 323	00:05:50 / 326	03:19:46 / 324	00:04:46 / 326	02:00:41 / 205	06:17:49	02:11:52

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
295	267	BOROWIAK MACIEJ	POL		81	M / 281	00:38:36 / 201	00:04:31 / 215	03:07:32 / 280	00:04:15 / 271	02:22:56 / 313	06:17:50	02:11:53
296	223	ŁUNKEWICZ JAGNA	POL		74	K / 15	00:45:15 / 309	00:03:23 / 294	03:25:26 / 335	00:02:36 / 323	02:01:22 / 209	06:18:02	02:12:04
297	270	CHICHŁOWSKI IGOR	POL	AKADEMIA TRIATHLONU	73	M / 282	00:41:56 / 271	00:05:14 / 275	03:06:35 / 274	00:04:41 / 280	02:20:27 / 302	06:18:53	02:12:56
298	290	KONITZ WOJCIECH	POL		63M45/28	M / 283	00:39:54 / 227	00:03:13 / 214	03:29:50 / 341	00:02:38 / 321	02:04:08 / 225	06:19:43	02:13:46
299	38	KRUK JUSTYNA	POL	12TRI.PL	87	K / 16	00:55:45 / 367	00:03:12 / 355	03:11:22 / 294	00:02:29 / 316	02:07:19 / 248	06:20:07	02:14:10
300	45	KUREK ANDRZEJ	POL		55M55/9	M / 284	00:54:24 / 361	00:08:38 / 362	03:14:57 / 306	00:04:18 / 336	01:58:34 / 191	06:20:51	02:14:54
301	393	SOWIŃSKI PAWEŁ	POL		84	M / 285	00:39:21 / 217	00:06:22 / 257	03:02:03 / 244	00:03:50 / 251	02:30:47 / 332	06:22:23	02:16:26
302	291	ZIELIŃSKI PRZEMYSŁAW	POL		81	M / 286	00:37:22 / 165	00:06:16 / 228	03:12:02 / 296	00:05:04 / 290	02:23:03 / 314	06:23:47	02:17:50
303	364	JÓZKOWICZ ŁUKASZ	POL	YMCA KRAKÓW	77	M / 287	00:37:51 / 182	00:03:28 / 179	03:08:02 / 284	00:07:43 / 278	02:26:44 / 323	06:23:48	02:17:51
304	282	ZIEMKOWSKI PAWEŁ	POL	XTRI.PL MULTISPORT TEAM	55M55/10	M / 288	00:40:57 / 252	00:04:26 / 254	03:24:33 / 334	00:05:01 / 318	02:10:19 / 266	06:25:16	02:19:19
305	268	SZCZYGIELSKI KRZYSZTOF	POL		60M50/12	M / 289	00:42:38 / 277	00:05:48 / 291	03:18:40 / 318	00:04:02 / 314	02:14:10 / 288	06:25:18	02:19:21
306	120	SOBIESZCZYK TOMASZ	POL	TRICITY TRIATHLON TEAM	65M45/29	M / 290	00:47:24 / 328	00:04:27 / 324	03:20:38 / 326	00:03:43 / 322	02:09:09 / 261	06:25:21	02:19:24
307	243	KLICH WIESŁAW	POL		68M40/42	M / 291	00:44:55 / 306	00:04:25 / 303	02:56:58 / 199	00:03:17 / 239	02:37:06 / 338	06:26:41	02:20:44
308	418	POTAPCZUK ŁUKASZ	POL	SINNET TENNIS CLUB	92	M / 292	00:36:57 / 157	00:05:00 / 193	03:15:24 / 308	00:03:01 / 289	02:26:40 / 322	06:27:02	02:21:04
309	245	OLEJNIK JOANNA	POL	BRYLANT KÓRNIK	79	K / 17	00:51:29 / 350	00:05:01 / 347	03:14:42 / 305	00:03:49 / 319	02:12:14 / 282	06:27:15	02:21:18
310	41	SCHMIDT RYSZARD	POL		55M55/11	M / 293	00:41:43 / 265	00:04:50 / 266	03:16:39 / 315	00:04:08 / 307	02:20:02 / 299	06:27:22	02:21:25
311	108	CYGAN MAREK	POL		84	M / 294	00:42:12 / 275	00:03:47 / 261	03:32:35 / 346	00:03:36 / 335	02:05:28 / 233	06:27:38	02:21:41
312	221	SZALAŃSKI PIOTR	POL		85	M / 295	00:37:56 / 186	00:03:23 / 180	03:04:58 / 266	00:03:05 / 236	02:38:18 / 340	06:27:40	02:21:43
313	197	KOZANECKA JOANNA	POL	12TRI.PL	77	K / 18	00:55:38 / 365	00:02:45 / 351	03:15:50 / 309	00:02:53 / 325	02:11:02 / 275	06:28:08	02:22:11
314	191	SASIM JORDAN	POL	INGO	81	M / 296	00:49:14 / 340	00:05:12 / 333	03:22:12 / 329	00:03:30 / 333	02:10:21 / 267	06:30:29	02:24:32
315	46	ZALĘSKI ANDRZEJ	POL		65M45/30	M / 297	00:41:53 / 270	00:03:58 / 259	03:12:36 / 297	00:03:11 / 294	02:28:52 / 327	06:30:30	02:24:33
316	140	GRYGIEL PIOTR	POL	12TRI.PL	81	M / 298	00:44:15 / 295	00:04:20 / 292	03:08:41 / 285	00:05:58 / 298	02:28:31 / 325	06:31:45	02:25:48
317	397	KUBSZ ARKADIUSZ	POL		74	M / 299	00:41:06 / 254	00:04:09 / 252	03:31:11 / 344	00:03:38 / 332	02:13:38 / 287	06:33:42	02:27:45
318	181	GAWLIK JANUSZ	POL	BRAK	61M50/13	M / 300	00:43:00 / 281	00:03:53 / 271	03:17:38 / 316	00:03:14 / 311	02:26:05 / 320	06:33:50	02:27:53
319	292	LUSAWA ADAM	POL	LOTOS JABŁONNA	80	M / 301	00:44:40 / 302	00:06:24 / 317	03:26:31 / 336	00:03:35 / 334	02:13:05 / 285	06:34:15	02:28:18
320	318	GENDEK JERZY	POL	KŻ KOTWICA ROGOŹNO	47M60+/6	M / 302	00:44:14 / 294	00:03:48 / 287	03:13:42 / 301	00:04:23 / 305	02:28:32 / 326	06:34:39	02:28:42
321	145	DROZDOWSKI ADAM	POL		77	M / 303	00:39:57 / 229	00:03:30 / 223	03:15:14 / 307	00:03:30 / 295	02:32:51 / 333	06:35:02	02:29:05
322	379	TARNOWSKI MACIEJ	POL	TRUCHT TARCHOMIN TEAM	83	M / 304	00:51:17 / 347	00:03:09 / 334	03:19:19 / 322	00:04:21 / 328	02:17:32 / 295	06:35:38	02:29:41
323	385	MOCZYDŁOWSKI LESZEK	POL	"FITNESS CLUB ""METAMORFOZA"""	70M40/43	M / 305	00:45:03 / 308	00:03:58 / 297	03:22:51 / 330	00:03:30 / 320	02:21:38 / 308	06:37:00	02:31:03
324	304	WODNICKI WOJCIECH	POL		67M40/44	M / 306	00:51:28 / 349	00:02:19 / 329	02:57:49 / 206	00:02:17 / 262	02:43:25 / 343	06:37:18	02:31:21
325	220	WOJTKIELEWICZ MAREK	POL		71M40/45	M / 307	00:47:24 / 329	00:04:21 / 322	03:17:47 / 317	00:07:26 / 324	02:20:51 / 304	06:37:49	02:31:52
326	370	MAZUREK MICHAŁ	POL	RUNEUROSOFT	77	M / 308	00:40:19 / 241	00:07:04 / 279	03:16:24 / 314	00:04:30 / 313	02:33:35 / 334	06:41:52	02:35:55
327	388	RAGIEL TOMASZ	POL	TAD TEAM	73	M / 309	00:55:37 / 364	00:07:05 / 361	03:18:50 / 319	00:03:06 / 341	02:17:20 / 294	06:41:58	02:36:01
328	334	MADALIŃSKI MICHAŁ	POL		55M55/12	M / 310	00:47:59 / 333	00:06:09 / 331	03:19:13 / 320	00:05:27 / 330	02:24:25 / 316	06:43:13	02:37:16

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.	
329	414	KONIECZKOWSKA DOMINIKA	POL	AKADEMIA TRIATHLONU KRAKÓW	82	K / 19	00:51:38 / 351	00:03:48 / 341	03:24:02 / 332	00:04:50 / 339	02:18:59 / 296	06:43:17	02:37:20	
330	293	SOBUCKI JACEK	POL		74	WM/30M / 311	00:39:25 / 220	00:03:04 / 203	02:59:50 / 226	00:02:22 / 205	02:59:43 / 352	06:44:24	02:38:27	
331	338	PERKOWSKI JAROSŁAW	POL		71	M40/46	00:45:53 / 316	00:04:21 / 310	03:30:34 / 343	00:02:21 / 337	02:21:40 / 309	06:44:49	02:38:52	
332	344	ZYGMAŃSKA JOANNA	POL		77	K / 20	00:52:41 / 356	00:02:59 / 343	03:40:11 / 357	00:02:58 / 354	02:07:22 / 249	06:46:11	02:40:14	
333	149	KLINCEWICZ CEZARY	POL	WWW.PGB.ORG.PL	81	M / 313	00:55:08 / 363	00:03:54 / 356	03:39:21 / 355	00:-5:-5 / 177	03:09:22 / 355	06:47:49	02:41:52	
334	204	MAĆKOWSKI JĘDRZEJ	POL		81	M / 314	00:41:49 / 268	00:02:49 / 247	03:16:16 / 313	00:03:00 / 300	02:45:13 / 344	06:49:07	02:43:10	
335	102	TYROWICZ AGATA	POL	OGNISTA RZEŻUCHA	84	K / 21	00:44:06 / 291	00:04:30 / 293	03:38:52 / 353	00:03:32 / 345	02:20:58 / 305	06:51:58	02:46:01	
336	95	GRYKO RAFAŁ	POL		83	M / 315	00:52:03 / 353	00:03:40 / 344	03:35:50 / 351	00:05:32 / 353	02:15:34 / 291	06:52:39	02:46:42	
337	233	PODBIELSKI RADOSŁAW	POL	KB CASTELLANUS	82	M / 316	00:44:50 / 305	00:04:39 / 307	03:30:16 / 342	00:04:36 / 340	02:28:27 / 324	06:52:48	02:46:51	
338	207	GÓRSKI TOMASZ	POL		84	M / 317	00:40:35 / 248	00:06:16 / 270	03:02:29 / 249	00:02:07 / 250	03:01:23 / 353	06:52:50	02:46:53	
339	158	ŁAWSKI RAFAŁ	POL	OPEL RUNNING TEAM	76	M / 318	00:48:07 / 336	00:06:58 / 339	03:52:25 / 359	00:02:24 / 356	02:03:20 / 222	06:53:14	02:47:17	
340	405	CISKOWSKI WALDEMAR	POL		55	M55/13	00:43:07 / 282	00:04:39 / 283	03:16:10 / 312	00:03:47 / 310	02:45:58 / 346	06:53:41	02:47:43	
341	328	KAZIMIERSKI ARTUR	POL	KM AKTYWNI SOCHACZEW	68	M40/47	00:47:09 / 327	00:06:43 / 330	03:16:02 / 310	00:05:01 / 317	02:38:54 / 341	06:53:49	02:47:51	
342	417	MICHALAK SŁAWOMIR	POL	VELMAR TEAM	67	M40/48	00:49:44 / 343	00:08:24 / 350	03:22:04 / 328	00:07:05 / 344	02:29:28 / 330	06:56:45	02:50:47	
343	335	JAROSZEWSKI ŁUKASZ	POL	BAK	85	M / 322	00:48:25 / 338	00:06:14 / 337	03:31:27 / 345	00:06:13 / 347	02:25:26 / 318	06:57:45	02:51:48	
344	311	MAKOWSKI GRZEGORZ	POL		66	M45/31	00:35:57 / 139	00:04:53 / 168	03:38:29 / 352	00:05:23 / 342	02:35:26 / 337	07:00:08	02:54:11	
345	348	DZIECH KONRAD	POL		74	M / 324	00:41:23 / 258	00:05:17 / 267	03:33:37 / 349	00:04:56 / 343	02:39:03 / 342	07:04:16	02:58:19	
346	278	JĘDRUSZKO ADRIANA	POL	AKADEMIA TRIATHLONU	84	K / 22	00:54:43 / 362	00:04:32 / 357	03:33:50 / 350	00:03:39 / 352	02:29:22 / 329	07:06:06	03:00:09	
347	256	BANISZEWSKI JAKUB	POL		87	M / 325	00:53:21 / 358	00:05:15 / 353	03:28:57 / 339	00:06:38 / 350	02:33:48 / 335	07:07:59	03:02:02	
348	51	ŻUBER TADEUSZ	POL		82	M / 326	00:52:11 / 355	00:04:30 / 348	03:21:24 / 327	00:05:13 / 338	02:45:41 / 345	07:08:59	03:03:02	
349	155	ŚLIWAK KAMIL	POL	FENIKS LEGNICA	85	M / 327	00:54:21 / 360	00:04:21 / 354	03:32:43 / 347	00:02:42 / 349	02:35:12 / 336	07:09:19	03:03:22	
350	70	WRZESIEŃ SZYMON	POL		88	M20/20	00:37:40 / 175	00:02:54 / 161	03:02:41 / 254	00:06:33 / 240	03:21:00 / 356	07:10:48	03:04:50	
351	141	KRAWCZYK RADOSŁAW	POL		71	M40/49	00:47:06 / 326	00:03:37 / 314	03:24:15 / 333	00:03:29 / 329	02:52:41 / 349	07:11:08	03:05:11	
352	329	BRZÓSKA TOMASZ	POL		63	M45/32	WM/31M / 330	00:47:41 / 332	00:07:31 / 340	03:51:20 / 358	00:04:02 / 357	02:22:56 / 312	07:13:30	03:07:33
353	147	SIENNICKI JANUSZ	POL		61	M50/14	01:06:01 / 371	00:11:52 / 365	03:28:20 / 338	00:11:12 / 359	02:24:46 / 317	07:22:11	03:16:14	
354	399	PUZIO BOGDAN	POL		53	M55/14	00:49:25 / 342	00:06:04 / 342	03:32:53 / 348	00:04:57 / 348	02:51:11 / 347	07:24:30	03:18:33	
355	17	KAROLAK TOMASZ	POL		71	M40/50	00:57:37 / 368	00:03:12 / 359	03:29:15 / 340	00:05:06 / 351	02:54:09 / 350	07:29:19	03:23:22	
356	146	CYDEJKO LUKRECJA	POL		70	K40+9	00:55:39 / 366	00:05:23 / 360	03:39:47 / 356	00:07:11 / 355	02:51:42 / 348	07:39:42	03:33:45	
357	340	PLATO RYSZARD	POL		51	M60+7	00:50:09 / 344	00:04:01 / 332	03:55:45 / 360	00:02:42 / 358	02:59:41 / 351	07:52:18	03:46:21	
358	415	OSOJCA WACŁAW	POL		52	M55/15	00:59:24 / 369	00:06:06 / 363	03:55:48 / 361	00:05:12 / 360	03:02:38 / 354	08:09:08	04:03:11	
359	279	RATAJCZAK MACIEJ	POL		78	M / 336	00:41:57 / 272	00:06:11 / 289	03:39:15 / 354	00:04:53 / 346	03:38:09 / 357	08:10:25	04:04:28	
	3	GRZEGÓRZEK PIOTR	POL		87		00:23:48 / 1	00:00:45 / 1				DNF		
	9	ZYEMTSEV WIKTOR	UKR	TIMEX	73							DNS		
	12	SMARUJ MONIKA	POL	TAZAR CHODZIEŻ	82							DNS		

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
	19	ROSŁOŃ MARCIN	POL			78						DNS	
	32	MIESZKOWSKI RADOSŁAW	POL			71						DNS	
	34	LENZ MAREK	POL			72						DNS	
	37	WYSOCKI RADOSŁAW	POL			72	00:29:40 / 38	00:02:50 / 50	02:47:43 / 137	00:02:25 / 98		DNF	
	54	WANIEWSKI MARCIN	POL			76	00:27:59 / 26	00:01:06 / 22	02:32:10 / 29	00:01:31 / 26		DNF	
	59	SOKOŁOWSKI MARCIN	POL			77						DNS	
	64	STAŚKIEWICZ TOMASZ	POL			75						DNS	
	71	DZIOBA MICHAŁ	POL			73						DNS	
	73	BARSKI ZBIGNIEW	POL			78						DNS	
	76	JASTRZĘBSKI TOMASZ	POL			81						DNS	
	78	SINIOR PIOTR	POL			81						DNS	
	79	CHMIEL WALDEMAR	POL			61						DNS	
	88	RUMIŃSKI ALEKSANDER	POL	SKS KATOLIK.EDU.PL		90	00:33:57 / 103	00:01:03 / 80	02:55:50 / 186	00:01:45 / 145		DNF	
	112	DOMANIECKI PIOTR	POL			83						DNS	
	113	KALENKO GRZEGORZ	POL	IM 2010		68						DNS	
	119	STRASZEWSKA KATARZYNA	POL	TS OLIMPIA		85						DNS	
	122	BAŁDYGA DARIUSZ	POL			72						DNS	
	143	KOROCIŃSKI ARTUR	POL			62						DNS	
	148	LEWKOWICZ MACIEJ	POL			83						DNS	
	150	POPIŃSKA JOANNA	POL	-		83						DNS	
	162	GLÓD TOMASZ	POL	IM 2010 BOCHNIA		78	00:35:59 / 141	00:02:45 / 133	02:45:44 / 121			DNF	
	170	SOKOŁOWSKI KRZYSZTOF	POL	TRUSO ELBLĄG		78						DNS	
	171	PAWLIKOWSKI ADAM	POL	WILKSZYN		73						DNS	
	175	SARNA JAKUB	POL			79						DNS	
	187	WACŁAWSKI GRZEGORZ	POL			58						DNS	
	193	TALAGA BARTOSZ	POL	12TRI.PL		70						DNS	
	195	PIETRZAK SZYMON	POL			86						DNS	
	205	SWIDERSKI JACEK	POL			75						DNS	
	215	SIELECKI GRZEGORZ	POL			78						DNF	
	222	SZYBISZ PAWEŁ	POL			63						DNS	
	224	ŁYP MIESZKO	POL	INGO		81						DNS	
	226	GRANICKI KRZYSZTOF	POL	RUN IS FUN WARSZAWA		70						DNS	
	234	ŁUNKEWICZ PIOTR	POL			70						DNS	
	237	ZALEWSKI PIOTR	POL	RAJSKI STAW		74						DNS	

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
	239	MRÓZ MATEUSZ	POL		80							DNS	
	240	SYPNIEWSKA ALEKSANDRA	POL	KS DELFIN GDYNIA	84							DNS	
	248	KURASZKIEWICZ MACIEJ	POL		71							DNF	
	255	WYCZÓLKOWSKI ARTUR	POL		86							DNS	
	260	KOWALCZYK MICHAŁ	POL	NMTW TEAM	78							DNS	
	262	KORCZAK EDYTA	POL		91							DNS	
	263	KORDOWSKI TOMASZ	POL		84							DNS	
	265	MYSLEK RADOSŁAW	POL		75							DNS	
	266	KRZESAK ADAM	POL	IM 2010	74		00:38:45 / 205	00:03:11 / 190	03:04:13 / 262	00:02:59 / 235		DNF	
	281	BURZA RADOSŁAW	POL	"SSP ""ORKA"" ŁAWA"	75							DNS	
	285	KOWALSKI TOMASZ	POL	AKADEMIA TRIATHLONU	76							DNS	
	295	GÓRNY MARIAN	POL	TKKF SUSZ	52							DNS	
	301	LALCO DANUTA	POL		83		00:46:09 / 319					DNF	
	307	TOMYŚLAK BARTOSZ	POL		77							DNS	
	309	SIKORA BARTOSZ	POL	TRIFLERS	83							DNS	
	324	JARYSZ MONIKA	POL	NIEZRZESZONA	76		00:52:51 / 357	00:06:28 / 358				DNF	
	331	KOŚC TOMASZ	POL		74							DNS	
	332	KULIK PAWEŁ	POL	LENIWCE.PL	73							DNS	
	333	LEITNER KRISTIJAN	POL		72							DNS	
	342	CIEŚLAK TADEUSZ	POL	TAD TEAM	61							DNS	
	355	BŁAZIŃSKI WITOLD	POL	MŁAWA	85							DNS	
	366	KUZEMKO MARCIN	POL	TOPPASTELCANPOL2010	77							DNS	
	367	ZGOŁA GRZEGORZ	POL	TOPPASTELCANPOL2010	73							DNS	
	376	POZNAŃSKI TOMASZ	POL	ITI ADVENTURE TEAM	72							DNS	
	378	FAC DAMIAN	POL	SHERPAS	80							DNS	
	381	GÓRECKI SEBASTIAN	POL	ALETEMPO	85							DNS	
	384	TARCZYK BARTŁOMIEJ	POL		93							DNF	
	386	GRZELCZAK TOMASZ	POL		67							DNS	
	387	MACZYŃSKI CZESŁAW	POL	MCBIKE	52		00:44:19 / 299	00:02:52 / 276	02:39:25 / 77	00:02:32 / 130		DNF	
	410	GAŁĄŻKA JAROSŁAW	POL	BRAK	84							DNS	
	412	PĄGOWSKI BOGUSŁAW, KRZYSZTOF	POL	NIEZRZESZONY	64							DNS	
	413	JERZY RAFAŁ	POL	KS IRONMAN C/S POLSKA	66							DNS	
	422	BOBROWICKI-LIBCHEN GRZEGORZ	POL	LLB	62		00:42:23 / 276	00:06:34 / 296	03:26:42 / 337	00:03:55 / 331		DSQ	
	426	KOWALSKI TOMEK	POL		86		00:27:12 / 17	00:01:27 / 19				DNF	

<i>Msc</i>	<i>Nr</i>	<i>Nazwisko i imię</i>	<i>Kraj</i>	<i>Drużyna</i>	<i>R-k</i>	<i>W kategorii</i>					<i>Wynik</i>	<i>Strata</i>	
<i>Rank</i>	<i>Bib</i>	<i>Name</i>	<i>Nat.</i>	<i>Team</i>	<i>YoB</i>	<i>in Age</i>	<i>Pływanie</i>	<i>T1/Pozycja</i>	<i>Rower</i>	<i>T2/Pozycja</i>	<i>Bieg</i>	<i>Time</i>	<i>Diff.</i>
	431	JARYSZ TOMASZ	POL		79		00:48:08 / 337	00:07:56 / 345				DNF	

DYSKWALIFIKACJE: