

I Świdnicki Bieg Dekorja 2009

WYNIKI ZAWODÓW / RESULTS LIST

OPEN

Organizator: Świdnicki Klub Biegacza Hermes

Data: 29 sierpnia 2009 r.

Miejsce/Spot: Świdnica

Distance: 15km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	4.825 km 3km	9.65 km 8km	14.475 km 13km
1	142	KRUCZKOWSKI DARIUSZ	SZKLARSKA PORĘBA	POLSKA		75	M3/1	MUND/1	(M)1	00:47:23	00:47:22	19.00	00:15:03 / 1 [19.24]	00:30:34 / 2 [18.94]	00:45:48 / 2 [18.96]
													00:09:34 / 3	00:24:57 / 2	00:40:21 / 2
2	78	SOBCZYK GRZEGORZ	SRODA SLASKA	POLSKA	NIEZRZESZONY	75	M3/2		(M)2	00:47:26	00:47:26	18.97	00:15:09 / 3 [19.11]	00:30:34 / 1 [18.94]	00:45:48 / 1 [18.96]
													00:09:39 / 5	00:24:57 / 1	00:40:21 / 1
3	179	BARTKIEWICZ KRZYSZTOF	TORUŃ	POLSKA	MARATONYPOLSKIE.PL TEAM	75	M3/3		(M)3	00:48:28	00:48:28	18.57	00:15:09 / 5 [19.11]	00:30:48 / 4 [18.80]	00:46:48 / 3 [18.56]
													00:09:35 / 4	00:25:06 / 4	00:41:03 / 4
4	136	SOBCZYK TOMASZ	WROCŁAW	POLSKA	LUKS ŻÓRAWINA	77	M3/4		(M)4	00:48:30	00:48:29	18.56	00:15:08 / 2 [19.13]	00:30:48 / 3 [18.80]	00:46:49 / 4 [18.55]
													00:09:34 / 1	00:25:04 / 3	00:41:03 / 3
5	105	ZAGÓRNY MARCIN		POLSKA	UKS ODRA KROSNO ODRZANSK	88	M2/1		(M)5	00:49:23	00:49:23	18.22	00:15:35 / 6 [18.58]	00:31:42 / 5 [18.26]	00:47:39 / 5 [18.23]
													00:09:48 / 6	00:25:50 / 5	00:41:55 / 5
6	384	POBŁOCKI PIOTR	LĘBORK	POLSKA	UKS EKONOMIK-MARATOŃCZYK	65	M4/1		(M)6	00:49:24	00:49:23	18.22	00:15:47 / 8 [18.34]	00:31:52 / 7 [18.17]	00:47:49 / 6 [18.16]
													00:10:04 / 10	00:26:04 / 7	00:42:07 / 7
7	172	SZRAMA DARIUSZ	OBORNIKI WLKP.	POLSKA	LEŚNE LUDKI OBORNIKI	79	M3/5	MUND/2	(M)7	00:49:37	00:49:37	18.14	00:15:35 / 7 [18.58]	00:31:42 / 6 [18.26]	00:47:55 / 7 [18.13]
													00:09:48 / 7	00:25:50 / 6	00:42:06 / 6
8	143	DOMIŃCZAK PATRYK	ŁOWICZ	POLSKA	AMD NTT SYSTEM / CSAIU	85	M2/2	MUND/3	(M)8	00:50:20	00:50:19	17.89	00:15:50 / 9 [18.28]	00:32:23 / 9 [17.88]	00:48:39 / 8 [17.85]
													00:09:56 / 8	00:26:17 / 8	00:42:46 / 8
9	305	BRYL KAROL	STRZEGOM	POLSKA	STRZEGOM	82	M2/3		(M)9	00:51:11	00:51:10	17.59	00:15:50 / 10 [18.28]	00:32:20 / 8 [17.91]	00:49:22 / 9 [17.59]
													00:09:57 / 9	00:26:22 / 9	00:43:13 / 9
10	213	BRESZKA MICHAŁ	LĘBORK	POLSKA	UKS EKONOMIK-MARATOŃCZYK	84	M2/4		(M)10	00:51:31	00:51:31	17.47	00:15:09 / 4 [19.11]	00:33:31 / 14 [17.27]	00:49:55 / 11 [17.40]
													00:09:34 / 2	00:27:45 / 21	00:44:04 / 11
11	433	JAROSZ BOGDAN	WROCŁAW	POLSKA	2 BATALION DOWODZENIA OW	67	M4/2		(M)11	00:51:37	00:51:36	17.44	00:16:35 / 17 [17.46]	00:33:24 / 11 [17.34]	00:49:51 / 10 [17.42]
													00:10:28 / 17	00:27:17 / 11	00:43:57 / 10
12	363	DOBROCHOWSKI ERYK	LESZNO	POLSKA	JW 3477 LESZNO	86	M2/5	MUND/4	(M)12	00:51:50	00:51:49	17.37	00:16:49 / 22 [17.22]	00:33:34 / 16 [17.25]	00:50:04 / 12 [17.35]
													00:10:39 / 22	00:27:31 / 16	00:44:04 / 12
13	361	TUMKO KRZYSZTOF	LESZNO	POLSKA	JW. 3477 LESZNO	77	M3/6	MUND/5	(M)13	00:52:23	00:52:23	17.18	00:16:15 / 11 [17.82]	00:33:18 / 10 [17.39]	00:50:31 / 13 [17.19]
													00:10:17 / 11	00:27:12 / 10	00:44:21 / 13
14	298	GAWROŃSKI ARTUR	KAMIENNA GÓRA	POLSKA		64	M4/3		(M)14	00:52:26	00:52:24	17.18	00:16:35 / 19 [17.46]	00:33:29 / 12 [17.29]	00:50:35 / 14 [17.17]
													00:10:29 / 19	00:27:24 / 13	00:44:29 / 14

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
15	412	PRZYBYŁ ARON	KALISZ	POLSKA	KKB FINISZ KALISZ	84	M2/6		(M)15	00:52:29	00:52:29	17.15	00:16:28 / 13 [17.58]	00:33:41 / 17 [17.19]	00:50:43 / 15 [17.12]
													00:10:24 / 13	00:27:34 / 17	00:44:40 / 16
16	411	CICHOREK DARIUSZ	KALISZ	POLSKA	KKB FINISZ KALISZ	72	M3/7		(M)16	00:52:46	00:52:45	17.06	00:16:27 / 12 [17.60]	00:33:31 / 15 [17.27]	00:50:52 / 16 [17.07]
													00:10:23 / 12	00:27:22 / 12	00:44:34 / 15
17	101	JANUSZ RYSZARD	SZCZYTNA	POLSKA	NIEZRZESZONY	64	M4/4		(M)17	00:53:04	00:53:03	16.97	00:16:35 / 14 [17.46]	00:33:30 / 13 [17.28]	00:51:15 / 17 [16.95]
													00:10:28 / 16	00:27:24 / 14	00:44:49 / 17
18	84	BACZEWSKI EDWARD	WAŁBRZYCH	POLSKA	DEBY WAŁBRZYCH	64	M4/5		(M)18	00:53:07	00:53:05	16.95	00:16:50 / 23 [17.20]	00:33:54 / 20 [17.08]	00:51:19 / 18 [16.92]
													00:10:39 / 23	00:27:36 / 18	00:44:59 / 18
19	129	RYSZEWSKI JACEK	NYSA	POLSKA	NYSA BIEGA	70	M3/8		(M)19	00:53:10	00:53:09	16.93	00:16:36 / 20 [17.44]	00:34:03 / 21 [17.00]	00:51:29 / 19 [16.87]
													00:10:30 / 20	00:27:45 / 20	00:45:21 / 20
20	164	BOGDAŁ ROMAN	MIĘDZYGÓRZE	POLSKA	NIEZRZESZONY	79	M3/9		(M)20	00:53:19	00:53:19	16.88	00:17:05 / 26 [16.95]	00:34:24 / 22 [16.83]	00:51:34 / 20 [16.84]
													00:10:42 / 25	00:28:02 / 24	00:45:24 / 22
21	356	PŁOCHOCKI RYSZARD	NOWE SKALMIERZ	POLSKA	SUPERMARATON KALISZ	61	M4/6		(M)21	00:53:35	00:53:34	16.80	00:16:35 / 16 [17.46]	00:33:54 / 19 [17.08]	00:51:37 / 21 [16.83]
													00:10:30 / 21	00:27:36 / 19	00:45:15 / 19
22	401	NADOLNY JÓZEF	GŁOGÓW	POLSKA	NIEZRZESZONY	61	M4/7		(M)22	00:53:46	00:53:45	16.74	00:16:35 / 18 [17.46]	00:33:45 / 18 [17.16]	00:51:50 / 22 [16.76]
													00:10:29 / 18	00:27:29 / 15	00:45:23 / 21
23	337	SITEK TADEUSZ	MARCISZÓW	POLSKA	MARCISZÓW	56	M5/1		(M)23	00:53:55	00:53:52	16.71	00:17:14 / 30 [16.80]	00:34:35 / 26 [16.74]	00:52:01 / 23 [16.70]
													00:10:59 / 34	00:28:16 / 26	00:45:41 / 23
24	256	HOLLY PIOTR	WAŁBRZYCH	POLSKA	NIEZRZESZONY	83	M2/7		(M)24	00:54:04	00:54:03	16.65	00:16:38 / 21 [17.40]	00:34:24 / 23 [16.83]	00:52:15 / 24 [16.62]
													00:10:26 / 14	00:28:01 / 23	00:45:49 / 24
25	364	BRZozowski MAREK	NIEMCE	POLSKA	JW 5700 MIĘDZYRZECZ	87	M2/8	MUND/6	(M)25	00:54:09	00:54:08	16.63	00:17:14 / 31 [16.80]	00:34:35 / 25 [16.74]	00:52:19 / 25 [16.60]
													00:10:56 / 30	00:28:13 / 25	00:45:49 / 25
26	57	GUT DAWID	ŚWIDNICA	POLSKA	HERMES ŚWIDNICA	79	M3/10		(M)26	00:54:38	00:54:37	16.48	00:16:35 / 15 [17.46]	00:34:31 / 24 [16.77]	00:52:44 / 26 [16.47]
													00:10:27 / 15	00:27:55 / 22	00:46:13 / 27
27	2	URYGA WIOLETTA	KLUCZBORK	POLSKA	NIEZRZESZONY	68	K4/1		(K)1	00:54:43	00:54:42	16.45	00:17:16 / 32 [16.77]	00:34:49 / 27 [16.63]	00:52:46 / 27 [16.46]
													00:10:56 / 32	00:28:27 / 29	00:46:12 / 26
28	287	SPALIŃSKI PIOTR	OLAŁA	POLSKA	KB FIODOR OLAŁA	68	M4/8		(M)27	00:54:52	00:54:51	16.41	00:17:12 / 28 [16.83]	00:34:51 / 28 [16.61]	00:52:55 / 28 [16.41]
													00:10:48 / 29	00:28:26 / 28	00:46:27 / 28
29	380	ŚWIĘTEK ANDRZEJ	LESZNO	POLSKA	DRUŻYNA SZPIKU	59	M5/2		(M)28	00:54:54	00:54:53	16.40	00:17:05 / 25 [16.95]	00:34:51 / 29 [16.61]	00:52:56 / 29 [16.41]
													00:10:44 / 27	00:28:26 / 27	00:46:27 / 29
30	240	KRYZA WIOLETTA	OLSZTYN	POLSKA	EFEKT WARMA	68	K4/2		(K)2	00:55:22	00:55:21	16.26	00:17:16 / 33 [16.77]	00:35:05 / 30 [16.50]	00:53:27 / 30 [16.25]
													00:10:56 / 31	00:28:33 / 30	00:46:47 / 30
31	104	KWIATKOWSKI MARIUSZ	JELENIA GÓRA	POLSKA	LZS JELENIA GÓRA	58	M5/3		(M)29	00:55:27	00:55:26	16.24	00:17:17 / 34 [16.75]	00:35:06 / 31 [16.50]	00:53:28 / 31 [16.24]
													00:10:56 / 33	00:28:36 / 31	00:46:48 / 31
32	1	SOBAŃSKA MAŁGORZATA	POZNAŃ	POLSKA	MGOKSIR KORFANTÓW	69	K4/3		(K)3	00:55:29	00:55:28	16.23	00:17:53 / 40 [16.19]	00:35:51 / 37 [16.15]	00:53:34 / 32 [16.21]
													00:11:23 / 41	00:29:25 / 39	00:47:13 / 32
33	188	KLĄCZYŃSKI MATEUSZ	BOGUSZÓW GORCE	POLSKA		88	M2/9		(M)30	00:55:55	00:55:52	16.11	00:17:34 / 36 [16.48]	00:35:49 / 35 [16.17]	00:54:01 / 33 [16.08]
													00:11:01 / 35	00:29:04 / 34	00:47:27 / 33
34	342	JANOWICZ JARZY	LESZNO	POLSKA		57	M5/4		(M)31	00:56:06	00:56:05	16.05	00:17:34 / 37 [16.48]	00:35:48 / 34 [16.17]	00:54:02 / 34 [16.07]
													00:11:06 / 38	00:29:15 / 36	00:47:35 / 35

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
35	247	RYDZ ANDRZEJ	JAWOR	POLSKA	KB TKKF JAWOR	65	M4/9		(M)32	00:56:21	00:56:19	15.98	00:17:53 / 39 [16.19]	00:35:59 / 38 [16.09]	00:54:23 / 35 [15.97]
													00:11:22 / 40	00:29:25 / 38	00:47:44 / 36
36	187	KOSZEWSKI MICHAŁ	BOGUSZÓW-GORCE	POLSKA	NIEZRZESZONY	86	M2/10		(M)33	00:56:23	00:56:20	15.98	00:17:34 / 38 [16.48]	00:35:59 / 39 [16.09]	00:54:41 / 37 [15.88]
													00:11:03 / 36	00:29:11 / 35	00:47:59 / 38
37	137	KACZUGA MIROSŁAW	WAŁBRZYCH	POLSKA	DĘBY WAŁBRZYCH	63	M4/10		(M)34	00:56:35	00:56:34	15.91	00:17:33 / 35 [16.50]	00:35:50 / 36 [16.16]	00:54:33 / 36 [15.92]
													00:11:04 / 37	00:29:15 / 37	00:47:49 / 37
38	447	KUŻMA WIESŁAW	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	62	M4/11		(M)35	00:56:50	00:56:49	15.84	00:17:53 / 41 [16.19]	00:36:15 / 40 [15.97]	00:54:58 / 39 [15.80]
													00:11:23 / 42	00:29:31 / 40	00:48:22 / 40
39	274	CZERSKI MARIAN	WROCŁAW	POLSKA	WKB-PIAST WROCŁAW	57	M5/5		(M)36	00:57:00	00:56:58	15.80	00:18:12 / 43 [15.91]	00:36:35 / 42 [15.83]	00:55:01 / 40 [15.79]
													00:11:34 / 44	00:29:59 / 42	00:48:25 / 41
40	214	LEWANDOWSKA EDYTA	ŁÓDZ	POLSKA	MBANK TEAM	80	K2/1		(K)4	00:57:11	00:57:10	15.74	00:17:00 / 24 [17.03]	00:35:29 / 32 [16.32]	00:54:51 / 38 [15.83]
													00:10:41 / 24	00:28:48 / 32	00:47:34 / 34
41	140	SZKAREDEK ALEKSANDER	KŁODZKO	POLSKA	MUKS PUMA TRÓJKA	79	M3/11		(M)37	00:57:15	00:57:15	15.72	00:17:05 / 27 [16.95]	00:35:42 / 33 [16.22]	00:55:11 / 41 [15.74]
													00:10:43 / 26	00:28:48 / 33	00:48:13 / 39
42	145	PUSZ PAWEŁ	BYSTRZYCA KŁOD	POLSKA	BYSTRZYCA KŁODZKA	81	M2/11	MUND/7	(M)38	00:57:51	00:57:49	15.57	00:17:12 / 29 [16.83]	00:36:34 / 41 [15.83]	00:55:43 / 42 [15.59]
													00:10:47 / 28	00:29:41 / 41	00:48:58 / 42
43	359	RAIS MICHAŁ	WAŁBRZYCH	POLSKA	NIEZRZESZONY	88	M2/12		(M)39	00:58:10	00:58:09	15.48	00:18:16 / 45 [15.85]	00:37:08 / 43 [15.59]	00:56:13 / 43 [15.45]
													00:11:36 / 45	00:30:22 / 45	00:49:35 / 43
44	347	JACHYMCZYK NORBERT	JAWORZNO	POLSKA	KB MCKIS JAWORZNO	78	M3/12		(M)40	00:58:20	00:58:16	15.45	00:18:49 / 57 [15.39]	00:37:33 / 46 [15.42]	00:56:25 / 44 [15.39]
													00:12:02 / 70	00:30:46 / 50	00:49:41 / 45
45	394	RAKIEĆ KAROLINA	KALISZ	POLSKA	SUPERMARATON KALISZ	79	K3/1		(K)5	00:58:25	00:58:24	15.41	00:18:14 / 44 [15.88]	00:37:08 / 44 [15.59]	00:56:27 / 45 [15.39]
													00:11:36 / 46	00:30:22 / 44	00:49:38 / 44
46	20	MYDŁOWSKI ROBERT	KOLBUDY	POLSKA	GLKS ŚWIDNICA	91	M2/13		(M)41	00:58:31	00:58:30	15.38	00:18:31 / 47 [15.63]	00:37:33 / 48 [15.42]	00:56:27 / 46 [15.39]
													00:11:42 / 49	00:30:35 / 47	00:49:42 / 46
47	93	FRANKOWSKI DAMIAN	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	70	M3/13		(M)42	00:58:49	00:58:49	15.30	00:18:34 / 51 [15.59]	00:37:33 / 47 [15.42]	00:56:54 / 47 [15.26]
													00:11:46 / 51	00:30:34 / 46	00:49:58 / 47
48	144	KUCZERA RAFAŁ	ZĄBKOWICE ŚLĄSKIE	POLSKA	NIEZRZESZONY	73	M3/14		(M)43	00:58:58	00:58:54	15.28	00:18:39 / 54 [15.52]	00:38:05 / 56 [15.20]	00:57:10 / 49 [15.19]
													00:11:45 / 50	00:31:05 / 56	00:50:28 / 53
49	162	ULIASZ JERZY	BYSTRZCA KŁODZ	POLSKA	L.K.S.ISKRA JASZKOWA	69	M4/12		(M)44	00:59:06	00:59:02	15.25	00:18:21 / 46 [15.78]	00:37:36 / 49 [15.40]	00:57:07 / 48 [15.21]
													00:11:40 / 47	00:30:38 / 49	00:50:05 / 49
50	89	KOWALCZYK JACEK	WAŁBRZYCH	POLSKA	DĘBY WAŁBRZYCH	69	M4/13		(M)45	00:59:15	00:59:12	15.20	00:18:33 / 49 [15.61]	00:37:36 / 50 [15.40]	00:57:10 / 50 [15.19]
													00:11:42 / 48	00:30:37 / 48	00:50:01 / 48
51	103	BARTCZAK PAWEŁ	GODZIESZE	POLSKA	SUPERMARATON KALISZ	70	M3/15		(M)46	00:59:18	00:59:12	15.20	00:18:36 / 53 [15.56]	00:37:46 / 51 [15.33]	00:57:23 / 53 [15.14]
													00:11:48 / 52	00:30:46 / 51	00:50:20 / 52
52	428	GRODECKI SEBASTIAN	CHOCIANÓW	POLSKA	MIASTO I GMINA CHOCIANÓW	78	M3/16		(M)47	00:59:18	00:59:15	15.19	00:18:45 / 55 [15.44]	00:37:52 / 52 [15.29]	00:57:22 / 52 [15.14]
													00:11:50 / 56	00:30:51 / 52	00:50:16 / 50
53	308	FICNER ANNA	ZŁOTORYJA	POLSKA		85	K2/2		(K)6	00:59:20	00:59:19	15.17	00:19:02 / 66 [15.21]	00:38:15 / 57 [15.14]	00:57:18 / 51 [15.16]
													00:11:53 / 58	00:31:23 / 59	00:50:35 / 55
54	435	RATAJ MICHAŁ	ŚWIDNICA	POLSKA	HERMES ŚWIDNICA	90	M2/14		(M)48	00:59:27	00:59:23	15.16	00:18:59 / 63 [15.25]	00:38:30 / 60 [15.04]	00:57:47 / 57 [15.03]
													00:11:59 / 62	00:31:26 / 61	00:51:07 / 59

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55	381	POTHANIAK KRYSZTIAN	POLKOWICE	POLSKA	TKKF START POLKOWICE	78	M3/17		(M)49	00:59:29	00:59:22	15.16	00:18:45 / 56 [15.44]	00:38:03 / 55 [15.22]	00:57:32 / 54 [15.10]
													00:11:50 / 55	00:31:02 / 55	00:50:30 / 54
56	321	PLONECKI MARCIN	WROCLAW	POLSKA	KB FIODOR OŁAWA	82	M2/15		(M)50	00:59:36	00:59:33	15.11	00:19:22 / 75 [14.95]	00:38:36 / 64 [15.00]	00:57:44 / 56 [15.04]
													00:12:25 / 83	00:31:45 / 67	00:50:56 / 58
57	434	JAROSZ ELŻBIETA	WROCLAW	POLSKA	ŚLĄSK WROCLAW	71	K3/2		(K)7	00:59:46	00:59:45	15.06	00:18:08 / 42 [15.97]	00:37:08 / 45 [15.59]	00:57:33 / 55 [15.09]
													00:11:23 / 43	00:30:12 / 43	00:50:18 / 51
58	28	MLAK KAZIMIERZ	MILIKOWICE	POLSKA	HERMES ŚWIDNICA	58	M5/6		(M)51	00:59:51	00:59:46	15.06	00:18:59 / 60 [15.25]	00:38:21 / 58 [15.10]	00:57:52 / 58 [15.01]
													00:12:01 / 68	00:31:19 / 57	00:50:47 / 57
59	16	GIERAT ALEKSANDRA	STRZEGOM	POLSKA	GLKS ŚWIDNICA	91	K2/3		(K)8	01:00:02	01:00:01	15.00	00:18:59 / 61 [15.25]	00:38:30 / 62 [15.04]	00:57:56 / 59 [14.99]
													00:11:59 / 61	00:31:26 / 62	00:51:08 / 62
60	17	PAŁKIEWICZ KRZYSZTOF	ŚWIDNICA	POLSKA	NIEZRZESZONY	86	M2/16		(M)52	01:00:03	01:00:01	15.00	00:18:59 / 62 [15.25]	00:38:30 / 61 [15.04]	00:58:05 / 60 [14.95]
													00:11:59 / 63	00:31:27 / 63	00:51:08 / 61
61	193	PRZYGOCKI TOMASZ	BOGUSZÓW-GORCE	POLSKA		83	M2/17		(M)53	01:00:06	01:00:03	14.99	00:18:32 / 48 [15.62]	00:38:50 / 67 [14.91]	00:58:14 / 62 [14.91]
													00:11:18 / 39	00:31:23 / 58	00:51:31 / 64
62	67	MAJEWSKI MACIEJ	ŚWIDNICA	POLSKA	NIEZRZESZONY	80	M2/18		(M)54	01:00:13	01:00:13	14.95	00:19:16 / 73 [15.03]	00:38:30 / 63 [15.04]	00:58:12 / 61 [14.92]
													00:12:24 / 80	00:31:29 / 66	00:51:08 / 60
63	431	HORBACZEWSKI JAKUB	WROCLAW	POLSKA	WKB PIAST WROCLAW	81	M2/19		(M)55	01:00:30	01:00:28	14.88	00:18:35 / 52 [15.58]	00:37:59 / 53 [15.24]	00:58:25 / 63 [14.87]
													00:11:52 / 57	00:30:57 / 54	00:50:35 / 56
64	276	JĘDRUSIŃSKI ROBERT	WROCLAW	POLSKA	WKB PIAST WROCLAW	61	M4/14		(M)56	01:00:33	01:00:31	14.87	00:18:34 / 50 [15.59]	00:38:02 / 54 [15.22]	00:58:36 / 64 [14.82]
													00:11:53 / 59	00:30:51 / 53	00:51:55 / 68
65	392	SOBCZYK BARBARA	WROCLAW	POLSKA	NIEZRZESZONY	86	K2/4		(K)9	01:00:35	01:00:34	14.86	00:19:26 / 78 [14.90]	00:39:07 / 70 [14.80]	00:58:40 / 66 [14.80]
													00:12:15 / 76	00:32:05 / 74	00:51:48 / 67
66	75	HAJTKO PIOTR	WOŁÓW	POLSKA	TKKF WOŁÓW	86	M2/20	MUND/8	(M)57	01:00:35	01:00:33	14.86	00:18:59 / 59 [15.25]	00:38:28 / 59 [15.05]	00:58:39 / 65 [14.81]
													00:12:01 / 65	00:31:23 / 60	00:51:25 / 63
67	206	FLIEGERT EWA	RYBNIK	POLSKA	MOSIR KORFANTOW	65	K4/4		(K)10	01:00:55	01:00:52	14.79	00:19:24 / 76 [14.92]	00:39:06 / 69 [14.81]	00:58:49 / 67 [14.77]
													00:12:21 / 79	00:31:58 / 73	00:51:47 / 66
68	126	KURIATA ROBERT	ZŁOTORYJA	POLSKA	OLAWS-GATES ZŁOTORYJA	66	M4/15		(M)58	01:01:09	01:01:05	14.73	00:19:11 / 72 [15.09]	00:39:04 / 68 [14.82]	00:59:06 / 68 [14.70]
													00:12:06 / 73	00:31:48 / 71	00:51:58 / 69
69	234	PRASOL JACEK	MYSŁAKOWICE	POLSKA	NIEZRZESZONY	76	M3/18		(M)59	01:01:13	01:01:08	14.72	00:19:39 / 83 [14.73]	00:39:31 / 75 [14.65]	00:59:17 / 70 [14.65]
													00:12:25 / 84	00:32:14 / 75	00:52:06 / 71
70	248	FOLC RYSZARD	JAWOR	POLSKA	KB TKKF JAWOR	57	M5/7		(M)60	01:01:20	01:01:18	14.68	00:18:59 / 58 [15.25]	00:38:42 / 65 [14.96]	00:59:09 / 69 [14.68]
													00:12:01 / 69	00:31:27 / 65	00:51:44 / 65
71	198	PAWEŁKO ADRIAN	WAŁBRZYCH	POLSKA	DĘBY WAŁBRZYCH	88	M2/21		(M)61	01:01:25	01:01:24	14.66	00:19:02 / 65 [15.21]	00:39:11 / 73 [14.78]	00:59:18 / 71 [14.65]
													00:12:00 / 64	00:31:47 / 69	00:52:11 / 72
72	121	KOŁODZIEJ TOMASZ	NYSA	POLSKA	NYSA BIEGA	77	M3/19		(M)62	01:01:27	01:01:25	14.65	00:19:09 / 70 [15.12]	00:39:09 / 71 [14.79]	00:59:22 / 72 [14.63]
													00:11:58 / 60	00:31:45 / 68	00:52:02 / 70
73	174	GRZEŚKOWIAK LESZEK	GRODZISK WLKP	POLSKA	GRODZISKI KLUB BIEGACZA	56	M5/8		(M)63	01:01:28	01:01:26	14.65	00:19:46 / 91 [14.65]	00:39:41 / 81 [14.59]	00:59:24 / 73 [14.62]
													00:12:30 / 86	00:32:27 / 81	00:52:18 / 74
74	351	JAGIELSKI MARCIN	JAWORZYNA ŚLĄS	POLSKA	OLAWS-GATES ZŁOTORYJA	91	M2/22		(M)64	01:01:39	01:01:34	14.62	00:20:27 / 118 [14.16]	00:40:03 / 88 [14.46]	00:59:33 / 74 [14.58]
													00:12:55 / 118	00:33:04 / 96	00:52:32 / 77

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
75	452	SIKORA MICHAŁ	ŻELOWICE	POLSKA	NIEZRZESZONY	69	M4/16		(M)65	01:01:41	01:01:38	14.60	00:19:44 / 88 [14.67]	00:39:34 / 76 [14.63]	00:59:34 / 75 [14.58]
												00:12:37 / 93	00:32:17 / 78	00:52:24 / 75	
76	94	WIRA MIROSŁAW	WROCLAW	POLSKA	WKB PIAST WROCLAW	59	M5/9		(M)66	01:01:44	01:01:38	14.60	00:19:41 / 84 [14.71]	00:39:40 / 79 [14.60]	00:59:42 / 77 [14.55]
												00:12:36 / 91	00:32:20 / 79	00:52:33 / 78	
77	199	JAGIELLICZ MARCIN	WALBRZYCH	POLSKA	DĘBY WALBRZYCH	88	M2/23		(M)67	01:01:45	01:01:43	14.58	00:19:01 / 64 [15.22]	00:39:10 / 72 [14.78]	00:59:39 / 76 [14.56]
												00:12:01 / 66	00:31:47 / 70	00:52:13 / 73	
78	263	TARCZYŃSKI GRZEGORZ	PĘGÓW	POLSKA	WKB PIAST WROCLAW	74	M3/20		(M)68	01:01:46	01:01:44	14.58	00:19:53 / 94 [14.56]	00:39:51 / 85 [14.53]	00:59:52 / 79 [14.51]
												00:12:42 / 101	00:32:34 / 85	00:52:39 / 79	
79	403	STANKIEWICZ ANTONI	SOBÓTKA	POLSKA	WKB PIAST WROCLAW	58	M5/10		(M)69	01:01:48	01:01:44	14.58	00:19:48 / 93 [14.62]	00:39:43 / 82 [14.58]	00:59:52 / 80 [14.51]
												00:12:38 / 96	00:32:29 / 82	00:52:41 / 81	
80	173	WOJCIECHOWSKI LECH	GRODZISK WLKP.	POLSKA	GRODZISKI KLUB BIEGACZA	53	M5/11		(M)70	01:01:56	01:01:50	14.56	00:19:46 / 90 [14.65]	00:39:39 / 78 [14.60]	00:59:48 / 78 [14.52]
												00:12:31 / 87	00:32:29 / 84	00:52:31 / 76	
81	217	BUDKA MIROSŁAW	WALBRZYCH	POLSKA	DĘBY WALBRZYCH	68	M4/17		(M)71	01:02:00	01:01:58	14.52	00:19:09 / 71 [15.12]	00:39:46 / 83 [14.56]	01:00:03 / 82 [14.46]
												00:12:02 / 71	00:32:14 / 76	00:52:53 / 83	
82	282	KOWALSKI ANDRZEJ	WALBRZYCH	POLSKA	NIEZRZESZONY	75	M3/21		(M)72	01:02:05	01:02:02	14.51	00:19:31 / 79 [14.83]	00:39:46 / 84 [14.56]	00:59:59 / 81 [14.48]
												00:12:25 / 85	00:32:29 / 83	00:52:55 / 85	
83	114	CYCH PIOTR	TWARDOGÓRA	POLSKA		68	M4/18		(M)73	01:02:11	01:02:04	14.50	00:21:36 / 172 [13.40]	00:41:34 / 120 [13.93]	01:00:09 / 84 [14.44]
												00:13:58 / 196	00:34:21 / 133	00:53:33 / 96	
84	186	KALUS KAROL	ŻORY	POLSKA	ŻORY	49	M6/1		(M)74	01:02:13	01:02:12	14.47	00:19:19 / 74 [14.99]	00:39:41 / 80 [14.59]	01:00:10 / 85 [14.43]
												00:12:11 / 75	00:32:16 / 77	00:52:48 / 82	
85	291	RYMARSKI ARKADIUSZ	WROCLAW	POLSKA	WKB PIAST WROCLAW	75	M3/22		(M)75	01:02:17	01:02:15	14.46	00:20:12 / 109 [14.33]	00:40:38 / 100 [14.25]	01:00:15 / 87 [14.41]
												00:12:42 / 103	00:33:09 / 98	00:53:28 / 92	
86	232	WILK CZESŁAW	WĘGRÓW	POLSKA	TSK1984 PERŁA WĘGRÓW	58	M5/12		(M)76	01:02:22	01:02:18	14.45	00:19:47 / 92 [14.63]	00:39:38 / 77 [14.61]	01:00:08 / 83 [14.44]
												00:12:38 / 95	00:32:24 / 80	00:52:40 / 80	
87	169	PRZYBYSZ DOROTA	GRODZISK WLKP	POLSKA	GRODZISKI KLUB BIEGACZA	66	K4/5		(K)11	01:02:23	01:02:20	14.44	00:19:54 / 97 [14.55]	00:39:59 / 86 [14.48]	01:00:15 / 86 [14.41]
												00:12:41 / 100	00:32:42 / 89	00:53:01 / 87	
88	426	KARBOWIAK HUBERT	WROCLAW	POLSKA	JW 4658	69	M4/19		(M)77	01:02:35	01:02:26	14.42	00:20:27 / 119 [14.16]	00:40:32 / 96 [14.28]	01:00:25 / 88 [14.38]
												00:13:04 / 128	00:33:11 / 100	00:53:18 / 89	
89	83	JOŃCZYK ANDRZEJ	GDYNIA	POLSKA	JW NR 2035 GDYNIA	67	M4/20	MUND/9	(M)78	01:02:45	01:02:44	14.35	00:19:02 / 67 [15.21]	00:39:25 / 74 [14.69]	01:00:32 / 89 [14.35]
												00:11:48 / 53	00:31:50 / 72	00:52:54 / 84	
90	407	OPALIŃSKI ARKADIUSZ	ŻÓRAWINA	POLSKA	LUKS ŻÓRAWINA	82	M2/24		(M)79	01:02:47	01:02:45	14.34	00:20:12 / 108 [14.33]	00:40:37 / 98 [14.26]	01:00:38 / 90 [14.32]
												00:12:42 / 102	00:33:19 / 105	00:53:29 / 94	
91	304	MARCZAK MARIUSZ	ZIELONA GÓRA	POLSKA	K E ZIELONA GÓRA	58	M5/13		(M)80	01:02:47	01:02:43	14.35	00:19:54 / 96 [14.55]	00:40:09 / 90 [14.42]	01:00:45 / 92 [14.30]
												00:12:40 / 98	00:32:42 / 90	00:53:22 / 90	
92	355	BUGAJNY DAMIAN	KALISZ	POLSKA	SUPERMARATON KALISZ	75	M3/23		(M)81	01:02:47	01:02:41	14.36	00:19:54 / 95 [14.55]	00:39:59 / 87 [14.48]	01:00:41 / 91 [14.31]
												00:12:44 / 111	00:32:41 / 88	00:53:10 / 88	
93	388	KOŃCZAK ADAM	POLKOWICE	POLSKA	DRUŻYNA SZPIKU - POLKOWI	58	M5/14		(M)82	01:02:51	01:02:45	14.34	00:19:56 / 98 [14.52]	00:40:10 / 91 [14.41]	01:00:48 / 93 [14.28]
												00:12:43 / 108	00:32:47 / 93	00:53:33 / 95	
94	182	MARENIN ADAM	OPOLE	POLSKA	NIEZRZESZONY	72	M3/24		(M)83	01:02:55	01:02:50	14.32	00:19:57 / 102 [14.51]	00:40:15 / 94 [14.39]	01:00:56 / 94 [14.25]
												00:12:41 / 99	00:32:49 / 95	00:53:27 / 91	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
95	36	SZYMAŃSKI ARTUR	GDAŃSK	POLSKA	GRUPA LOTOS SA	69	M4/21		(M)84	01:02:57	01:02:52	14.32	00:19:57 / 101 [14.51]	00:40:12 / 92 [14.40]	01:00:57 / 96 [14.25]
													00:12:44 / 109	00:32:48 / 94	00:53:34 / 97
96	289	WENDERSKI WOJCIECH	KROBIA	POLSKA	NIEZRZESZONY	88	M2/25		(M)85	01:02:59	01:02:49	14.33	00:21:07 / 143 [13.71]	00:41:15 / 111 [14.04]	01:00:56 / 95 [14.25]
													00:13:34 / 156	00:33:52 / 123	00:53:49 / 99
97	292	ZAPAŁA ZBIGNIEW	DZIERŻONIÓW	POLSKA	NIEZRZESZONY	79	M3/25		(M)86	01:03:11	01:03:06	14.26	00:19:03 / 68 [15.20]	00:38:46 / 66 [14.94]	01:00:59 / 98 [14.24]
													00:12:09 / 74	00:31:27 / 64	00:53:01 / 86
98	444	ŻABIŃSKI GRZEGORZ		POLSKA	LZS TRZEBNICA	82	M2/26		(M)87	01:03:11	01:03:06	14.26	00:20:13 / 111 [14.32]	00:40:44 / 102 [14.21]	01:01:21 / 103 [14.16]
													00:12:43 / 107	00:33:18 / 104	00:54:10 / 104
99	437	HRYŃKO KAMIL	LUBIN	POLSKA		81	M2/27		(M)88	01:03:13	01:03:05	14.27	00:20:32 / 122 [14.10]	00:41:01 / 106 [14.12]	01:01:22 / 104 [14.15]
													00:13:11 / 132	00:33:32 / 109	00:54:06 / 103
100	301	RYBA JAN	WROCŁAW	POLSKA	NIEZRZESZONY	62	M4/22		(M)89	01:03:16	01:03:16	14.23	00:19:37 / 81 [14.76]	00:40:18 / 95 [14.37]	01:01:14 / 101 [14.18]
													00:12:21 / 78	00:32:46 / 92	00:53:50 / 100
101	267	KIELBUS MARIUSZ	MALERZÓW	POLSKA	NIEZRZESZONY	75	M3/26		(M)90	01:03:18	01:03:16	14.23	00:20:13 / 110 [14.32]	00:40:38 / 99 [14.25]	01:00:58 / 97 [14.25]
													00:12:43 / 105	00:33:11 / 99	00:53:29 / 93
102	262	ANTCZAK MIROSŁAW	KALISZ	POLSKA	SUPERMARATON KALISZ	59	M5/15		(M)91	01:03:18	01:03:12	14.24	00:21:03 / 141 [13.75]	00:41:32 / 118 [13.94]	01:01:19 / 102 [14.16]
													00:13:31 / 151	00:34:15 / 130	00:54:20 / 108
103	168	KŁAPA ZBIGNIEW	GRODZISK WLKP.	POLSKA	NIEZRZESZONY	52	M5/16		(M)92	01:03:20	01:03:16	14.23	00:20:11 / 105 [14.34]	00:40:44 / 101 [14.21]	01:01:13 / 100 [14.19]
													00:12:46 / 113	00:33:18 / 102	00:53:51 / 101
104	176	PANEJKO WIESŁAW	WROCŁAW	POLSKA	NIEZRZESZONY	55	M5/17		(M)93	01:03:23	01:03:18	14.22	00:19:43 / 87 [14.68]	00:40:09 / 89 [14.42]	01:01:13 / 99 [14.19]
													00:12:37 / 94	00:32:43 / 91	00:53:45 / 98
105	150	SZOŁUCHA TADEUSZ	LEGNICA	POLSKA	KB LEW LEGNICA	58	M5/18		(M)94	01:03:41	01:03:35	14.15	00:20:28 / 120 [14.14]	00:40:47 / 104 [14.20]	01:01:37 / 105 [14.10]
													00:13:02 / 126	00:33:25 / 108	00:54:18 / 106
106	120	JANOWSKI KRZYSZTOF	KAMIENIEC WROC	POLSKA	MCS WROCŁAW	70	M3/27		(M)95	01:03:44	01:03:40	14.14	00:20:15 / 114 [14.30]	00:41:04 / 107 [14.10]	01:01:41 / 106 [14.08]
													00:12:48 / 115	00:33:33 / 110	00:54:22 / 109
107	112	POGORZELSKI GRZEGORZ	WAŁBRZYCH	POLSKA	DRUŻYNA SZPIKU	62	M4/23	MUND/10	(M)96	01:03:55	01:03:53	14.09	00:20:06 / 104 [14.40]	00:41:04 / 108 [14.10]	01:01:52 / 108 [14.04]
													00:12:37 / 92	00:33:21 / 106	00:54:29 / 111
108	395	URAMEK GRZEGORZ	WROCŁAW	POLSKA	STRUSIE PĘDZIWIATRY	74	M3/28		(M)97	01:04:03	01:03:59	14.07	00:19:45 / 89 [14.66]	00:40:15 / 93 [14.39]	01:01:52 / 107 [14.04]
													00:12:34 / 88	00:32:40 / 87	00:54:00 / 102
109	151	AMBROSIEWICZ HENRYK	LEGNICA	POLSKA	KB LEW LEGNICA	49	M6/2		(M)98	01:04:04	01:04:01	14.06	00:19:56 / 99 [14.52]	00:40:45 / 103 [14.21]	01:01:55 / 109 [14.03]
													00:12:43 / 106	00:33:14 / 101	00:54:18 / 107
110	243	PITEK MARCIN	JEZOW SUDECKI	POLSKA	NIEZRZESZONY	78	M3/29		(M)99	01:04:04	01:03:53	14.09	00:20:40 / 127 [14.01]	00:41:32 / 115 [13.94]	01:02:06 / 111 [13.99]
													00:13:16 / 135	00:33:50 / 122	00:54:45 / 113
111	115	TURAŁSKI TOMASZ	BELCHATÓW	POLSKA	NIEZRZESZONY	86	M2/28		(M)100	01:04:05	01:03:56	14.08	00:21:24 / 163 [13.53]	00:42:01 / 129 [13.78]	01:02:09 / 112 [13.97]
													00:13:42 / 172	00:34:27 / 134	00:54:59 / 114
112	374	LIPA DARIUSZ	BRZEG	POLSKA	NIEZRZESZONY	73	M3/30		(M)101	01:04:14	01:04:14	14.01	00:20:11 / 106 [14.34]	00:41:04 / 109 [14.10]	01:02:03 / 110 [14.00]
													00:12:44 / 110	00:33:22 / 107	00:54:28 / 110
113	155	ŁUCZAK ROBERT	GRODZISK WLKP.	POLSKA	GRODZISKI KLUB BIEGACZA	75	M3/31		(M)102	01:04:21	01:04:16	14.00	00:20:34 / 124 [14.08]	00:41:32 / 117 [13.94]	01:02:18 / 114 [13.94]
													00:13:01 / 125	00:33:49 / 119	00:55:02 / 117
114	21	MARKIEWICZ MARCIN	ŚWIDNICA	POLSKA	NIEZRZESZONY	72	M3/32		(M)103	01:04:30	01:04:26	13.97	00:19:25 / 77 [14.91]	00:40:36 / 97 [14.26]	01:02:16 / 113 [13.95]
													00:12:03 / 72	00:32:35 / 86	00:54:10 / 105

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
115	128	KUŹNIAK RYSZARD	WAŁBRZYCH	POLSKA	DĘBY WAŁBRZYCH	66	M4/24		(M)104	01:04:32	01:04:30	13.95	00:19:56 / 100 [14.52]	00:40:48 / 105 [14.19]	01:02:20 / 115 [13.93]
													00:12:34 / 89	00:33:18 / 103	00:54:37 / 112
116	322	WOJTAL JACEK	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	66	M4/25		(M)105	01:04:36	01:04:32	13.95	00:20:44 / 128 [13.96]	00:41:37 / 121 [13.91]	01:02:41 / 118 [13.86]
													00:13:17 / 136	00:34:09 / 128	00:55:11 / 119
117	329	TOLŁOCZKO ARKADIUSZ	JELCZ-LASKOWIC	POLSKA	WKB PIAST	77	M3/33		(M)106	01:04:46	01:04:40	13.92	00:20:16 / 115 [14.28]	00:41:19 / 113 [14.01]	01:02:37 / 117 [13.87]
													00:12:50 / 116	00:33:42 / 112	00:55:05 / 118
118	86	OTROCKI MICHAŁ	BIELAWA	POLSKA	NIEZRZESZONY	78	M3/34		(M)107	01:04:53	01:04:50	13.88	00:20:16 / 116 [14.28]	00:41:29 / 114 [13.96]	01:02:48 / 119 [13.83]
													00:12:46 / 114	00:33:49 / 120	00:55:13 / 120
119	255	BIAŁOWĄS KAROL	OLAWA	POLSKA	KB FIODOR OLAWA	84	M2/29		(M)108	01:04:56	01:04:39	13.92	00:22:11 / 206 [13.05]	00:42:57 / 144 [13.48]	01:03:02 / 124 [13.78]
													00:14:36 / 243	00:35:27 / 158	00:55:57 / 130
120	225	PERŁAKOWSKI TADEUSZ	KŁOBUCZYN	POLSKA	TKKF HUTNIK GŁOGÓW	56	M5/19		(M)109	01:04:59	01:04:56	13.86	00:20:02 / 103 [14.45]	00:41:42 / 123 [13.88]	01:02:57 / 120 [13.80]
													00:12:40 / 97	00:33:48 / 117	00:55:50 / 126
121	408	ŁACH ŁUKASZ	WOJNAROWICE	POLSKA		88	M2/30		(M)110	01:05:05	01:04:59	13.85	00:19:42 / 85 [14.70]	00:41:04 / 110 [14.10]	01:03:00 / 122 [13.79]
													00:12:25 / 81	00:33:06 / 97	00:55:01 / 115
122	119	SZAFARCZYK JANUSZ	DOBRODZIEN	POLSKA	WKB META LUBLINIEC	69	M4/26		(M)111	01:05:06	01:05:06	13.82	00:20:39 / 126 [14.02]	00:41:40 / 122 [13.90]	01:03:00 / 121 [13.79]
													00:13:09 / 131	00:34:05 / 126	00:55:21 / 121
123	47	MUSIAŁ MAREK	BYSTRZYCA	POLSKA		55	M5/20		(M)112	01:05:11	01:05:05	13.83	00:20:47 / 129 [13.93]	00:41:42 / 124 [13.88]	01:03:02 / 123 [13.78]
													00:13:17 / 137	00:34:08 / 127	00:55:29 / 122
124	222	HORBOWY SŁAWOMIR	CZEPIELOWICE	POLSKA	NIEZRZESZONY	63	M4/27		(M)113	01:05:13	01:05:04	13.83	00:21:21 / 158 [13.56]	00:42:59 / 146 [13.47]	01:03:08 / 125 [13.76]
													00:13:36 / 160	00:35:08 / 148	00:55:56 / 129
125	156	MILLER ADRIAN	GRODZISK WLKP.	POLSKA	GRODZISKI KLUB BIEGACZA	84	M2/31		(M)114	01:05:18	01:05:13	13.80	00:20:34 / 123 [14.08]	00:41:32 / 116 [13.94]	01:02:35 / 116 [13.88]
													00:12:57 / 121	00:33:49 / 118	00:55:02 / 116
126	139	MIKOŁAJEWSKI MAREK	ŚWIDNICA	POLSKA		83	M2/32		(M)115	01:05:35	01:05:32	13.73	00:19:38 / 82 [14.75]	00:41:50 / 128 [13.84]	01:03:17 / 126 [13.72]
													00:12:16 / 77	00:33:47 / 115	00:55:35 / 124
127	293	BIELAWSKI JAN	ŚCINAWA	POLSKA	NIEZRZESZONY	64	M4/28		(M)116	01:05:41	01:05:32	13.73	00:20:47 / 130 [13.93]	00:42:07 / 131 [13.75]	01:03:30 / 127 [13.68]
													00:13:16 / 134	00:34:16 / 132	00:55:50 / 127
128	125	BEKACZ STANISŁAW	WIŃSKO	POLSKA	NIEZRZESZONY	63	M4/29		(M)117	01:05:44	01:05:35	13.72	00:20:15 / 113 [14.30]	00:41:16 / 112 [14.03]	01:03:32 / 128 [13.67]
													00:12:58 / 122	00:33:47 / 114	00:55:32 / 123
129	163	PRZYBYTKOWSKI ADAM	BYSTRZYCA KŁOD	POLSKA	ISKRA JASZKOWA	70	M3/35		(M)118	01:05:47	01:05:45	13.69	00:20:24 / 117 [14.19]	00:41:44 / 126 [13.87]	01:03:37 / 129 [13.65]
													00:12:46 / 112	00:33:49 / 121	00:55:50 / 128
130	235	DUL WIESŁAW	JELENIA GÓRA	POLSKA	MARATHON-JELENIA GÓRA	52	M5/21		(M)119	01:05:51	01:05:48	13.68	00:20:55 / 134 [13.84]	00:42:18 / 134 [13.69]	01:03:45 / 131 [13.62]
													00:13:20 / 142	00:34:38 / 135	00:56:11 / 133
131	95	KARBOWIAK ŁUKASZ	GŁOGÓW	POLSKA		79	M3/36		(M)120	01:05:55	01:05:51	13.67	00:20:12 / 107 [14.33]	00:41:46 / 127 [13.86]	01:03:41 / 130 [13.64]
													00:12:25 / 82	00:33:53 / 124	00:55:46 / 125
132	45	STANISZ PAWEŁ	WAŁBRZYCH	POLSKA	MARATONYPOLSKIE.PL TEAM	74	M3/37		(M)121	01:05:56	01:05:50	13.67	00:21:19 / 155 [13.58]	00:42:48 / 140 [13.53]	01:03:56 / 133 [13.58]
													00:13:33 / 155	00:34:57 / 141	00:56:31 / 138
133	283	KOWALCZYK RAFAŁ	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	78	M3/38		(M)122	01:06:01	01:05:58	13.64	00:20:36 / 125 [14.05]	00:42:10 / 133 [13.73]	01:03:48 / 132 [13.61]
													00:12:56 / 119	00:34:16 / 131	00:55:58 / 131
134	167	HAWRYLEWICZ PAWEŁ	WROCŁAW	POLSKA	NIEZRZESZONY	77	M3/39		(M)123	01:06:12	01:06:12	13.60	00:21:22 / 161 [13.55]	00:42:48 / 141 [13.53]	01:03:58 / 134 [13.58]
													00:13:38 / 164	00:34:59 / 143	00:56:31 / 139

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
135	241	WEINZETTEL RUDOLF	CHRZAŚCZYCE	POLSKA	NIEZRZESZONY	70	M3/40		(M)124	01:06:13	01:06:08	13.61	00:20:29 / 121 [14.13]	00:42:09 / 132 [13.74]	01:04:05 / 136 [13.55]
													00:12:54 / 117	00:34:10 / 129	00:56:15 / 135
136	334	OLENIASZ MAREK	TRZEBNICA	POLSKA	LZS TRZEBNICA	55	M5/22		(M)125	01:06:16	01:06:10	13.60	00:21:18 / 153 [13.59]	00:42:45 / 138 [13.54]	01:04:12 / 138 [13.53]
													00:13:39 / 168	00:34:57 / 142	00:56:41 / 140
137	277	KONIECZNY JANUSZ	WROCLAW	POLSKA	WKB-PIAST WROCLAW	55	M5/23		(M)126	01:06:18	01:06:07	13.61	00:21:07 / 144 [13.71]	00:42:32 / 136 [13.61]	01:04:03 / 135 [13.56]
													00:13:38 / 167	00:34:53 / 140	00:56:27 / 137
138	258	MIELCAREK LESZEK	BYTOM	POLSKA	NIEZRZESZONY	55	M5/24		(M)127	01:06:27	01:06:24	13.55	00:21:26 / 164 [13.51]	00:43:13 / 154 [13.40]	01:04:20 / 139 [13.50]
													00:13:31 / 153	00:35:17 / 155	00:56:45 / 141
139	369	WĄSIK MAREK	WROCLAW	POLSKA	WKB PIAST WROCLAW	60	M4/30		(M)128	01:06:30	01:06:27	13.54	00:20:14 / 112 [14.31]	00:42:03 / 130 [13.77]	01:04:11 / 137 [13.53]
													00:12:42 / 104	00:34:03 / 125	00:56:14 / 134
140	27	DOBROWOLSKI EMILIAN	SOBÓTKA	POLSKA	NIEZRZESZONY	77	M3/41		(M)129	01:06:33	01:06:26	13.55	00:21:59 / 190 [13.17]	00:43:41 / 163 [13.25]	01:04:36 / 141 [13.44]
													00:14:10 / 211	00:35:50 / 170	00:57:28 / 153
141	352	KURZAJCZYK MARIUSZ	KALISZ	POLSKA	SUPERMARATON KALISZ	65	M4/31		(M)130	01:06:50	01:06:44	13.49	00:20:52 / 132 [13.87]	00:42:36 / 137 [13.59]	01:04:34 / 140 [13.45]
													00:13:19 / 140	00:34:53 / 139	00:56:51 / 142
142	96	LOTA ANDRZEJ	LEGNICA	POLSKA	NIEZRZESZONY	70	M3/42		(M)131	01:06:54	01:06:51	13.46	00:19:43 / 86 [14.68]	00:41:44 / 125 [13.87]	01:04:38 / 142 [13.44]
													00:12:35 / 90	00:33:44 / 113	00:56:06 / 132
143	252	WAYDA ADAM	GŁOGÓW	POLSKA	TC CHROBRY KOMAK GŁOGÓW	68	M4/32		(M)132	01:06:57	01:06:53	13.46	00:20:50 / 131 [13.90]	00:42:58 / 145 [13.48]	01:04:42 / 143 [13.42]
													00:13:03 / 127	00:34:45 / 136	00:57:06 / 146
144	286	SMYKOWSKI WŁADYSŁAW	OLAŁA	POLSKA	KB FIODOR OŁAWA	49	M6/3		(M)133	01:07:06	01:07:01	13.43	00:21:28 / 166 [13.49]	00:42:59 / 147 [13.47]	01:04:44 / 144 [13.42]
													00:13:40 / 170	00:35:17 / 154	00:57:00 / 145
145	413	ZAWADA MARIUSZ	GNIECHOWICE	POLSKA	NIEZRZESZONY	78	M3/43		(M)134	01:07:08	01:07:02	13.43	00:21:51 / 180 [13.25]	00:43:46 / 166 [13.23]	01:05:01 / 148 [13.36]
													00:13:38 / 165	00:35:50 / 172	00:57:34 / 156
146	238	BUJAŁA MICHAŁ	JAWOR	POLSKA	KB TKKF JAWOR	87	M2/33		(M)135	01:07:10	01:07:09	13.40	00:19:35 / 80 [14.78]	00:41:34 / 119 [13.93]	01:04:50 / 145 [13.40]
													00:12:01 / 67	00:33:37 / 111	00:56:27 / 136
147	422	ĆWIAKAŁA WOJCIECH	JELENIA GÓRA	POLSKA	NIEZRZESZONY	63	M4/33		(M)136	01:07:12	01:07:04	13.42	00:21:21 / 157 [13.56]	00:43:00 / 148 [13.47]	01:04:53 / 146 [13.39]
													00:13:37 / 161	00:35:09 / 150	00:56:58 / 144
148	63	KLUCZNY JANUSZ	OLEŚNICA	POLSKA	KB LUPUS	62	M4/34		(M)137	01:07:12	01:07:07	13.41	00:21:32 / 171 [13.44]	00:43:16 / 156 [13.38]	01:05:03 / 151 [13.35]
													00:13:47 / 180	00:35:25 / 156	00:57:27 / 152
149	354	JABŁOŃSKI ANDRZEJ	KALISZ	POLSKA	TKKF RELAX KALISZ	36	M7+/1		(M)138	01:07:14	01:07:11	13.40	00:21:18 / 154 [13.59]	00:43:00 / 149 [13.47]	01:05:00 / 147 [13.36]
													00:13:31 / 154	00:35:06 / 147	00:57:07 / 147
150	373	DREWNICKA -OGRODNIK JOANNA	WROCLAW	POLSKA		67	K4/6		(K)12	01:07:15	01:07:12	13.39	00:21:08 / 146 [13.70]	00:43:12 / 153 [13.40]	01:05:02 / 150 [13.35]
													00:13:26 / 146	00:35:14 / 153	00:57:21 / 150
151	24	OSTROWSKI WOJCIECH	ŚWIDNICA	POLSKA	NIEZRZESZONY	74	M3/44		(M)139	01:07:15	01:07:07	13.41	00:21:21 / 160 [13.56]	00:42:56 / 143 [13.49]	01:05:02 / 149 [13.35]
													00:13:38 / 166	00:34:59 / 144	00:56:55 / 143
152	219	ŁATOSZYŃSKI OSKAR	OLEŚNICA	POLSKA	KB LUPUS OLEŚNICA	71	M3/45	MUND/11	(M)140	01:07:18	01:07:09	13.40	00:21:45 / 175 [13.31]	00:44:05 / 176 [13.13]	01:05:13 / 153 [13.32]
													00:13:46 / 177	00:35:46 / 168	00:57:49 / 164
153	358	RUTKOWSKI ARTUR	WROCLAW	POLSKA	NIEZRZESZONY	67	M4/35		(M)141	01:07:22	01:07:15	13.38	00:21:57 / 187 [13.19]	00:43:50 / 171 [13.21]	01:05:15 / 154 [13.31]
													00:13:49 / 183	00:35:50 / 173	00:57:35 / 157
154	175	ŁODYGA MARCIN	GRODZISK WLKP	POLSKA	GRODZISKI KLUB BIEGACZA	81	M2/34		(M)142	01:07:23	01:07:14	13.39	00:21:58 / 189 [13.18]	00:43:48 / 168 [13.22]	01:05:28 / 158 [13.27]
													00:14:05 / 202	00:35:52 / 174	00:57:38 / 158

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
155	80	GULACZ MAREK	WAŁBRZYCH	POLSKA	NIEZRZESZONY	60	M4/36		(M)143	01:07:23	01:07:23	13.36	00:21:04 / 142 [13.74] 00:13:35 / 159	00:43:13 / 155 [13.40] 00:35:10 / 151	01:05:18 / 155 [13.30] 00:57:43 / 162
156	205	BRYCHCY TOMASZ	WROCLAW	POLSKA	I TY ZOSTAŃ MARATOŃCZYKI	79	M3/46		(M)144	01:07:24	01:07:24	13.35	00:21:56 / 184 [13.20] 00:13:44 / 175	00:43:47 / 167 [13.22] 00:35:56 / 176	01:05:07 / 152 [13.34] 00:57:33 / 155
157	390	WLIZŁO TOMASZ	WROCLAW	POLSKA	ARCADIS WROCLAW	74	M3/47		(M)145	01:07:29	01:07:16	13.38	00:22:22 / 220 [12.94] 00:14:30 / 237	00:43:55 / 173 [13.18] 00:36:04 / 181	01:05:23 / 157 [13.28] 00:57:38 / 159
158	398	KIERCZAK MARCIN	ŚWIDNICA	POLSKA					(M)146	01:07:36	01:07:33	13.32	00:21:00 / 138 [13.79] 00:13:01 / 124	00:43:07 / 152 [13.43] 00:35:00 / 145	01:05:22 / 156 [13.29] 00:57:18 / 149
159	370	MARCINKIEWICZ TADEUSZ	WROCLAW	POLSKA	WKBPIASTWROCLAW	53	M5/25		(M)147	01:07:45	01:07:42	13.29	00:21:14 / 150 [13.63] 00:13:34 / 158	00:43:02 / 150 [13.45] 00:35:09 / 149	01:05:37 / 161 [13.24] 00:57:42 / 160
160	229	BALBUS ANNA	BYTOM	POLSKA	MARATONYPOLSKIE.PL TEAM	80	K2/5		(K)13	01:07:54	01:07:51	13.26	00:21:02 / 139 [13.76] 00:13:18 / 139	00:43:04 / 151 [13.44] 00:35:10 / 152	01:05:34 / 160 [13.25] 00:57:29 / 154
161	424	CHARZEWSKI KACPER	OLEŚNICA	POLSKA	KB LUPUS OLEŚNICA	77	M3/48	MUND/12	(M)148	01:07:59	01:07:48	13.27	00:20:54 / 133 [13.85] 00:13:18 / 138	00:42:56 / 142 [13.49] 00:34:48 / 138	01:05:28 / 159 [13.27] 00:57:26 / 151
162	266	SOBCZAK JOLANTA	WROCLAW	POLSKA	MCS WROCLAW	65	K4/7		(K)14	01:08:02	01:08:00	13.24	00:21:17 / 152 [13.60] 00:13:24 / 144	00:43:36 / 159 [13.28] 00:35:27 / 161	01:05:43 / 164 [13.22] 00:57:44 / 163
163	382	KOWALCZYK SYLWESTER	SOBÓTKA	POLSKA	HURT.BUD.,BOŻENA\	85	M2/35		(M)149	01:08:03	01:07:56	13.25	00:21:17 / 151 [13.60] 00:13:20 / 141	00:43:35 / 158 [13.28] 00:35:27 / 159	01:05:43 / 163 [13.22] 00:57:42 / 161
164	244	OPAJDOWSKI DARIUSZ	GROMADKA	POLSKA	NIEZRZESZONY	62	M4/37		(M)150	01:08:10	01:08:10	13.20	00:21:02 / 140 [13.76] 00:13:45 / 176	00:42:25 / 135 [13.65] 00:34:48 / 137	01:05:38 / 162 [13.23] 00:57:08 / 148
165	130	MAKOWSKI JACEK	NYSA	POLSKA	TRIATHLON NYSA	91	M2/36		(M)151	01:08:13	01:08:09	13.21	00:21:52 / 183 [13.24] 00:13:40 / 169	00:44:27 / 184 [13.03] 00:36:16 / 183	01:05:48 / 165 [13.20] 00:58:08 / 167
166	97	GAŁYSA MICHAŁ	WAŁBRZYCH	POLSKA	NIEZRZESZONY	58	M5/26		(M)152	01:08:17	01:08:00	13.24	00:22:55 / 237 [12.63] 00:14:54 / 277	00:44:49 / 190 [12.92] 00:36:52 / 204	01:06:17 / 169 [13.10] 00:58:42 / 174
167	331	MOŚCICKI MICHAŁ	WROCLAW	POLSKA	REGGAE ROCKERS	85	M2/37		(M)153	01:08:20	01:08:09	13.21	00:21:31 / 168 [13.45] 00:13:41 / 171	00:43:57 / 174 [13.17] 00:35:53 / 175	01:06:12 / 167 [13.12] 00:58:17 / 170
168	69	MORAWSKA MARZENA	WROCLAW	POLSKA	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM/WKB PIAST WROCLAW	76	K3/3		(K)15	01:08:28	01:08:26	13.15	00:21:37 / 173 [13.39] 00:13:43 / 173	00:43:44 / 164 [13.24] 00:35:42 / 166	01:06:06 / 166 [13.14] 00:58:03 / 166
169	418	PISKOROWSKA DANUTA	WROCLAW	POLSKA	LUKS ŻÓRAWINA	80	K2/6		(K)16	01:08:28	01:08:28	13.15	00:21:14 / 149 [13.63] 00:13:21 / 143	00:43:36 / 160 [13.28] 00:35:27 / 160	01:06:18 / 171 [13.10] 00:58:22 / 171
170	108	TRAWNICZEK JOANNA	BIELAWA	POLSKA	NIEZRZESZONY	72	K3/4		(K)17	01:08:30	01:08:25	13.15	00:21:56 / 185 [13.20] 00:13:57 / 195	00:44:10 / 177 [13.11] 00:36:01 / 178	01:06:17 / 170 [13.10] 00:58:15 / 169
171	76	MICHAŁSKI ADAM	SOBÓTKA	POLSKA	WKB PIAST WROCLAW	70	M3/49		(M)154	01:08:36	01:08:29	13.14	00:21:47 / 177 [13.29] 00:13:56 / 191	00:43:35 / 157 [13.28] 00:35:41 / 164	01:06:14 / 168 [13.11] 00:57:58 / 165
172	265	SOBCZAK HUBERT	RAWICZ	POLSKA	NIEZRZESZONY	87	M2/38		(M)155	01:08:55	01:08:51	13.07	00:22:36 / 226 [12.81] 00:14:19 / 223	00:44:54 / 191 [12.90] 00:36:49 / 202	01:06:54 / 175 [12.98] 00:58:57 / 178
173	449	KRZYSZTOŃ WOJCIECH	MUROWANA GOŚLI	POLSKA	NIEZRZESZONY	55	M5/27		(M)156	01:09:02	01:08:44	13.09	00:21:30 / 167 [13.47] 00:13:47 / 179	00:43:37 / 161 [13.27] 00:35:41 / 165	01:06:34 / 172 [13.05] 00:58:12 / 168

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
174	259	WALKOWIAK WALDEMAR	CHOCIANÓW	POLSKA	NIEZRZESZONY	59	M5/28	MUND/13	(M)157	01:09:02	01:08:44	13.09	00:21:31 / 169 [13.45]	00:43:37 / 162 [13.27]	01:06:34 / 173 [13.05]
													00:13:48 / 182	00:35:50 / 171	00:58:23 / 173
175	453	KARPIJSKI DAWID	WROCLAW			81	M2/39		(M)158	01:09:06	01:09:02	13.04	00:21:37 / 174 [13.39]	00:43:44 / 165 [13.24]	01:06:47 / 174 [13.00]
													00:13:34 / 157	00:35:42 / 167	00:58:22 / 172
176	264	ŁAGODZIŃSKI MAREK	KROBIA	POLSKA	NIEZRZESZONY	77	M3/50		(M)159	01:09:08	01:08:58	13.05	00:22:06 / 198 [13.10]	00:44:39 / 186 [12.97]	01:07:01 / 176 [12.96]
													00:14:18 / 222	00:36:41 / 197	00:59:12 / 181
177	427	DANISZ KAROL	WROCLAW	POLSKA	NIEZRZESZONY	80	M2/40		(M)160	01:09:10	01:09:03	13.03	00:22:11 / 207 [13.05]	00:44:43 / 187 [12.95]	01:07:06 / 178 [12.94]
													00:13:51 / 188	00:36:21 / 186	00:59:14 / 182
178	149	LIPOWSKI ZDZISŁAW	LEGNICA	POLSKA	KB LEW LEGNICA	46	M6/4		(M)161	01:09:25	01:09:20	12.98	00:21:51 / 182 [13.25]	00:44:19 / 181 [13.07]	01:07:02 / 177 [12.96]
													00:13:55 / 190	00:36:09 / 182	00:58:56 / 177
179	278	HADAM MICHAŁ	NAMYSŁÓW	POLSKA	KB MANIAC POZNAŃ	77	M3/51		(M)162	01:09:26	01:09:12	13.01	00:22:28 / 225 [12.89]	00:45:03 / 195 [12.85]	01:07:15 / 180 [12.91]
													00:14:25 / 228	00:36:50 / 203	00:59:11 / 180
180	327	KOZIMOR WIESŁAW	LEWIN BRZESKI	POLSKA	MARATONYPOLSKIE PL TEAM	61	M4/38		(M)163	01:09:31	01:09:25	12.97	00:21:50 / 179 [13.26]	00:44:26 / 183 [13.03]	01:07:19 / 183 [12.90]
													00:13:51 / 185	00:36:22 / 188	00:59:17 / 184
181	290	PALCZAK JÓZEF	WROCLAW	POLSKA	I TY MOŻESZ ZOSTAĆ MARAT	41	M6/5		(M)164	01:09:32	01:09:29	12.95	00:21:57 / 188 [13.19]	00:44:33 / 185 [13.00]	01:07:16 / 181 [12.91]
													00:13:56 / 193	00:36:22 / 187	00:59:23 / 188
182	157	BARANIK PAULINA	STARA KAMIENICA	POLSKA	NIEZRZESZONY	86	K2/7	MUND/14	(K)18	01:09:33	01:09:32	12.94	00:20:59 / 137 [13.80]	00:44:00 / 175 [13.16]	01:07:12 / 179 [12.92]
													00:13:05 / 129	00:35:04 / 146	00:58:46 / 175
183	202	SZPITER TOMASZ	ZLOTORYJA	POLSKA	OLAWS-GATES ZLOTORYJA	69	M4/39		(M)165	01:09:37	01:09:30	12.95	00:21:08 / 145 [13.70]	00:43:48 / 169 [13.22]	01:07:29 / 185 [12.87]
													00:13:27 / 148	00:35:36 / 163	00:59:18 / 185
184	99	BUDZIK RYSZARD	BRZEG	POLSKA	BKB MARATONCZYK BRZEG	62	M4/40		(M)166	01:09:43	01:09:26	12.96	00:22:55 / 236 [12.63]	00:45:08 / 198 [12.83]	01:07:31 / 187 [12.86]
													00:14:56 / 281	00:37:04 / 215	00:59:28 / 192
185	344	WALCZAK RYSZARD	ZIELONA GÓRA	POLSKA	K B MARATONCZYK	50	M5/29		(M)167	01:09:45	01:09:34	12.94	00:22:20 / 214 [12.96]	00:45:01 / 194 [12.86]	01:07:30 / 186 [12.87]
													00:14:11 / 213	00:36:43 / 200	00:59:28 / 191
186	31	JASIECKI NARCYZ	SWIDNICA SL	POLSKA	NIEZRZESZONY	43	M6/6		(M)168	01:09:48	01:09:43	12.91	00:21:14 / 148 [13.63]	00:43:52 / 172 [13.20]	01:07:19 / 182 [12.90]
													00:13:27 / 147	00:35:36 / 162	00:58:48 / 176
187	61	SZCZEPANIAK KRZYSZTOF	OLEŚNICA	POLSKA	KB LUPUS	72	M3/52		(M)169	01:09:49	01:09:34	12.94	00:23:00 / 241 [12.59]	00:45:06 / 196 [12.84]	01:07:27 / 184 [12.88]
													00:14:44 / 255	00:37:04 / 216	00:59:19 / 186
188	190	SAMBORSKI WŁADYSŁAW	WROCLAW	POLSKA	NIEZRZESZONY	85	M2/41		(M)170	01:09:55	01:09:48	12.89	00:22:43 / 228 [12.74]	00:45:42 / 214 [12.67]	01:07:47 / 191 [12.81]
													00:14:25 / 227	00:37:17 / 219	00:59:52 / 196
189	161	SALMANOWICZ ZDZISŁAW	ZIELONA GÓRA	POLSKA	MARATOŃCZYK	51	M5/30		(M)171	01:09:58	01:09:47	12.90	00:22:14 / 211 [13.02]	00:44:46 / 188 [12.93]	01:07:32 / 188 [12.86]
													00:14:16 / 220	00:36:33 / 190	00:59:25 / 190
190	309	KOSIOROWSKI LESZEK	JELENIA GÓRA	POLSKA	NIEZRZESZONY	70	M3/53		(M)172	01:09:58	01:09:50	12.89	00:21:24 / 162 [13.53]	00:44:24 / 182 [13.04]	01:07:37 / 189 [12.84]
													00:13:37 / 163	00:35:57 / 177	00:59:22 / 187
191	346	SZCZEPANIAK MACIEJ	WROCLAW	POLSKA	NIEZRZESZONY	73	M3/54		(M)173	01:10:07	01:09:49	12.89	00:22:09 / 201 [13.07]	00:44:10 / 178 [13.11]	01:07:42 / 190 [12.83]
													00:14:14 / 219	00:36:02 / 179	00:59:16 / 183
192	441	WELTER DARIUSZ	LEGNICA	POLSKA	NIEZRZESZONY	77	M3/55		(M)174	01:10:10	01:10:05	12.84	00:21:46 / 176 [13.30]	00:45:12 / 201 [12.81]	01:07:52 / 192 [12.80]
													00:13:37 / 162	00:36:38 / 196	01:00:13 / 203
193	148	KACZUGA KAZIMIERZ	WAŁBRZYCH	POLSKA	DĘBY WAŁBRZYCH	55	M5/31		(M)175	01:10:11	01:10:10	12.83	00:20:58 / 136 [13.81]	00:43:48 / 170 [13.22]	01:07:57 / 193 [12.78]
													00:12:56 / 120	00:35:26 / 157	00:59:02 / 179

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
194	387	GODLEWSKI BOGDAN	POLKOWICE	POLSKA	TKKF START POLKOWICE	74	M3/56		(M)176	01:10:16	01:10:01	12.85	00:23:04 / 249 [12.55]	00:45:53 / 222 [12.62]	01:08:04 / 195 [12.76]
													00:14:44 / 257	00:37:41 / 227	01:00:05 / 198
195	353	SABOK BERBARD	WROCLAW	POLSKA		74	M3/57		(M)177	01:10:23	01:10:11	12.82	00:23:46 / 289 [12.18]	00:46:58 / 254 [12.33]	01:08:22 / 198 [12.70]
													00:15:16 / 304	00:38:37 / 264	01:00:53 / 216
196	98	WINNICKI ROLAND	DUSZNIKJ ZDR	POLSKA	NIEZRZESZONY	72	M3/58		(M)178	01:10:24	01:10:13	12.82	00:22:00 / 192 [13.16]	00:44:10 / 179 [13.11]	01:08:02 / 194 [12.77]
													00:14:02 / 201	00:36:02 / 180	00:59:24 / 189
197	209	KOSZULIŃSKI PIOTR	WROCLAW	POLSKA	NIEZRZESZONY	89	M2/42		(M)179	01:10:30	01:10:13	12.82	00:23:02 / 246 [12.57]	00:46:17 / 234 [12.51]	01:08:23 / 199 [12.70]
													00:14:46 / 259	00:37:55 / 240	01:00:24 / 208
198	38	MIZIOLEK ZYGMUNT	JAROSZÓW	POLSKA	NIEZRZESZONY	69	M4/41	MUND/15	(M)180	01:10:35	01:10:22	12.79	00:23:11 / 263 [12.49]	00:45:50 / 219 [12.63]	01:08:19 / 197 [12.71]
													00:14:54 / 274	00:37:31 / 226	01:00:08 / 199
199	220	KARWATKA JOLANTA	GŁOGÓW	POLSKA	JW 3284 GŁOGÓW	57	K5/1	MUND/16	(K)19	01:10:37	01:10:32	12.76	00:22:07 / 199 [13.09]	00:44:56 / 192 [12.89]	01:08:11 / 196 [12.74]
													00:13:58 / 197	00:36:35 / 192	00:59:52 / 195
200	451	HAJDUK JAKUB	ŚWIDNICA	POLSKA	HERMES ŚWIDNICA	84	M2/43		(M)181	01:10:41	01:10:31	12.76	00:26:53 / 391 [10.77]	00:47:52 / 275 [12.10]	01:08:48 / 208 [12.62]
													00:16:47 / 377	00:40:28 / 314	01:01:24 / 225
201	307	KOMÓR WIESŁAW	WROCLAW	POLSKA	NIEZRZESZONY	62	M4/42		(M)182	01:10:41	01:10:34	12.75	00:22:12 / 208 [13.04]	00:45:19 / 205 [12.78]	01:08:27 / 200 [12.69]
													00:14:06 / 204	00:37:01 / 211	01:00:25 / 209
202	372	MACHATA JACEK	WROCLAW	POLSKA	NIEZRZESZONY	78	M3/59		(M)183	01:10:46	01:10:42	12.73	00:22:03 / 195 [13.13]	00:45:18 / 204 [12.78]	01:08:29 / 202 [12.68]
													00:13:47 / 178	00:36:59 / 210	01:00:15 / 204
203	90	CHWASTYK KAROL	KĄTY WROCLAWSKIE	POLSKA	KB KĄTY WROCLAWSKIE	38	M7+/2		(M)184	01:10:50	01:10:45	12.72	00:22:26 / 222 [12.90]	00:45:26 / 209 [12.74]	01:08:32 / 203 [12.67]
													00:14:21 / 224	00:36:59 / 209	01:00:17 / 205
204	349	PUSZCZEWICZ ZENON	PISARZOWICE	POLSKA	KB LUPUS OLESNICA-BRZEG	41	M6/7		(M)185	01:10:52	01:10:50	12.71	00:22:10 / 202 [13.06]	00:45:12 / 200 [12.81]	01:08:29 / 201 [12.68]
													00:13:52 / 189	00:36:45 / 201	01:00:09 / 200
205	443	NIEZGÓDKA PRZEMYSŁAW	WROCLAW	POLSKA	WKB PIAST WROCLAW	84	M2/44		(M)186	01:11:02	01:10:52	12.70	00:21:20 / 156 [13.57]	00:44:16 / 180 [13.08]	01:08:46 / 205 [12.63]
													00:13:28 / 149	00:35:49 / 169	00:59:41 / 194
206	245	KASPERSKI JULIAN	CHOCIANÓW	POLSKA	NIEZRZESZONY	47	M6/8		(M)187	01:11:03	01:11:03	12.67	00:22:12 / 209 [13.04]	00:45:19 / 206 [12.78]	01:08:34 / 204 [12.67]
													00:14:00 / 198	00:36:58 / 207	01:00:10 / 201
207	249	HALOT MIROSLAW	WROCLAW	POLSKA	NIEZRZESZONY	72	M3/60	MUND/17	(M)188	01:11:05	01:10:56	12.69	00:23:11 / 262 [12.49]	00:46:34 / 242 [12.43]	01:09:04 / 215 [12.57]
													00:14:53 / 270	00:38:13 / 251	01:01:32 / 231
208	350	STASZEWSKI TOMASZ	ZIELONA GÓRA	POLSKA		69	M4/43		(M)189	01:11:06	01:10:55	12.69	00:21:56 / 186 [13.20]	00:44:48 / 189 [12.92]	01:08:46 / 206 [12.63]
													00:14:01 / 200	00:36:28 / 189	01:00:10 / 202
209	42	URBAŃSKI GRZEGORZ	NIEDŹWIEDICA	POLSKA	ŻWIRU TEAM	72	M3/61		(M)190	01:11:10	01:10:53	12.70	00:22:19 / 213 [12.97]	00:45:18 / 203 [12.78]	01:08:47 / 207 [12.63]
													00:14:11 / 212	00:36:59 / 208	01:00:20 / 206
210	122	TASAREK RYSZARD	NYSA	POLSKA	NYSA BIEGA	52	M5/32		(M)191	01:11:17	01:11:11	12.64	00:22:26 / 223 [12.90]	00:45:17 / 202 [12.79]	01:08:49 / 209 [12.62]
													00:14:14 / 217	00:36:57 / 206	01:00:21 / 207
211	294	BRZEZIŃSKI WOJCIECH	ŚCINAWA	POLSKA	NIEZRZESZONY	62	M4/44		(M)192	01:11:20	01:11:11	12.64	00:22:03 / 194 [13.13]	00:45:48 / 216 [12.64]	01:08:56 / 210 [12.60]
													00:13:48 / 181	00:37:03 / 213	01:00:43 / 212
212	419	MACHULA ARKADIUSZ	ZIĘBICE	POLSKA	NIEZRZESZONY	72	M3/62		(M)193	01:11:20	01:11:09	12.65	00:23:09 / 257 [12.51]	00:46:16 / 232 [12.51]	01:09:09 / 217 [12.56]
													00:14:45 / 258	00:37:56 / 243	01:00:59 / 220
213	118	KOPREK EDMUND	DOBRODZIEŃ	POLSKA	WKB META LUBLINIEC	60	M4/45		(M)194	01:11:21	01:11:11	12.64	00:23:08 / 253 [12.51]	00:46:09 / 229 [12.55]	01:09:02 / 212 [12.58]
													00:14:51 / 265	00:37:51 / 233	01:00:56 / 217

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
214	230	BALBUS MICHAŁ	BYTOM	POLSKA	MIECHOWICE	52	M5/33		(M)195	01:11:21	01:11:00	12.68	00:22:52 / 234 [12.66]	00:45:08 / 199 [12.83]	01:09:01 / 211 [12.58]
													00:14:46 / 261	00:37:03 / 214	01:00:47 / 213
215	215	YABUTA TAKATOSHI	SZCZAWNÓ-ZDRÓJ	JAPAN	ECHO TWARDOGÓRA	79	M3/63		(M)196	01:11:21	01:11:03	12.67	00:24:14 / 308 [11.95]	00:47:14 / 263 [12.26]	01:09:19 / 221 [12.53]
													00:15:44 / 328	00:38:51 / 272	01:01:44 / 235
216	165	RAJZER NATALIA	ŚWIDNICA	POLSKA	GRODZISKI KLUB BIEGACZA	76	K3/5		(K)20	01:11:21	01:11:12	12.64	00:23:09 / 256 [12.51]	00:46:17 / 233 [12.51]	01:09:15 / 219 [12.54]
													00:14:46 / 260	00:37:55 / 239	01:00:59 / 219
217	251	STAROŚCIAK ANTONI	WROCŁAW	POLSKA	WSOWŁĄD	44	M6/9	MUND/18	(M)197	01:11:25	01:11:16	12.63	00:23:09 / 254 [12.51]	00:46:09 / 230 [12.55]	01:09:02 / 213 [12.58]
													00:14:54 / 275	00:37:54 / 237	01:00:56 / 218
218	316	PRZECZ WŁADYSŁAW	JELCZ ŁASKOWIC	POLSKA	WKB PIAST WROCŁAW	56	M5/34		(M)198	01:11:27	01:11:20	12.62	00:22:27 / 224 [12.90]	00:45:31 / 210 [12.72]	01:09:03 / 214 [12.58]
													00:14:14 / 218	00:37:09 / 217	01:00:37 / 211
219	296	WOYCZYŃSKI DARIUSZ	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	68	M4/46		(M)199	01:11:28	01:11:20	12.62	00:22:04 / 196 [13.12]	00:45:26 / 208 [12.74]	01:09:07 / 216 [12.57]
													00:13:51 / 186	00:36:42 / 199	01:00:28 / 210
220	189	CIERESZKO ADAM	WROCŁAW	POLSKA	NIEZRZESZONY	83	M2/45		(M)200	01:11:34	01:11:27	12.60	00:22:43 / 229 [12.74]	00:45:49 / 217 [12.64]	01:09:17 / 220 [12.54]
													00:14:25 / 225	00:37:26 / 225	01:00:51 / 215
221	133	MAŁEK MICHAŁ	WROCŁAW	POLSKA	NIEZRZESZONY	83	M2/46		(M)201	01:11:44	01:11:33	12.58	00:21:59 / 191 [13.17]	00:45:00 / 193 [12.87]	01:09:13 / 218 [12.55]
													00:13:56 / 192	00:36:36 / 193	01:00:03 / 197
222	260	JAGODZIŃSKI JÓZEF	WALBRZYCH	POLSKA	WKB WALBRZYCH ZAMEK KSIAZ	44	M6/10		(M)202	01:11:46	01:11:33	12.58	00:23:09 / 255 [12.51]	00:46:29 / 237 [12.46]	01:09:24 / 224 [12.51]
													00:14:52 / 269	00:38:02 / 249	01:01:22 / 224
223	336	PUTRA ANDRZEJ	WROCŁAW	POLSKA	POLSKA BIEGA	58	M5/35		(M)203	01:11:54	01:11:41	12.56	00:23:16 / 266 [12.44]	00:45:58 / 225 [12.60]	01:09:23 / 223 [12.52]
													00:15:04 / 290	00:37:46 / 231	01:00:51 / 214
224	345	BIAŁAS STANISŁAW	LEWIN BRZESKI	POLSKA	PKS BRZEG	56	M5/36		(M)204	01:11:57	01:11:57	12.51	00:22:09 / 200 [13.07]	00:46:08 / 228 [12.55]	01:09:44 / 227 [12.45]
													00:14:13 / 216	00:37:46 / 229	01:01:33 / 232
225	218	DYBIEC ARKADIUSZ	KAMIENNA GÓRA	POLSKA		73	M3/64	MUND/19	(M)205	01:11:57	01:11:53	12.52	00:23:03 / 248 [12.56]	00:46:31 / 239 [12.45]	01:09:49 / 229 [12.44]
													00:14:31 / 239	00:37:56 / 241	01:01:31 / 230
226	52	RZECZKOWSKI MAREK	ŚWIDNICA	POLSKA	HERMES ŚWIDNICA	88	M2/47		(M)206	01:11:58	01:11:56	12.51	00:19:07 / 69 [15.14]	00:42:46 / 139 [13.54]	01:09:22 / 222 [12.52]
													00:11:49 / 54	00:33:48 / 116	00:59:39 / 193
227	13	DUTKIEWICZ WOJCIECH	ŻARÓW	POLSKA	HERMES ŚWIDNICA	81	M2/48		(M)207	01:11:58	01:11:56	12.51	00:21:51 / 181 [13.25]	00:45:22 / 207 [12.76]	01:09:34 / 225 [12.48]
													00:13:43 / 174	00:36:37 / 195	01:01:08 / 221
228	18	SZCZEPANIAK MATEUSZ	KARŁOWICE	POLSKA	OSP KARŁOWICE	91	M2/49		(M)208	01:11:59	01:11:45	12.54	00:21:47 / 178 [13.29]	00:45:31 / 211 [12.72]	01:09:53 / 232 [12.43]
													00:14:07 / 206	00:36:41 / 198	01:01:26 / 228
229	271	STYCZEŃ MIECZYŚŁAW	KĄTY WROCŁAWSKIE	POLSKA	KB KĄTY WROCŁAWSKIE	40	M6/11		(M)209	01:12:00	01:11:56	12.51	00:22:22 / 219 [12.94]	00:45:55 / 223 [12.61]	01:09:39 / 226 [12.47]
													00:14:08 / 208	00:37:24 / 223	01:01:19 / 223
230	88	URBACKA NATALIA	WALBRZYCH	POLSKA	DĘBY WALBRZYCH	71	K3/6		(K)21	01:12:02	01:11:59	12.50	00:23:09 / 259 [12.51]	00:47:24 / 269 [12.22]	01:09:50 / 230 [12.44]
													00:14:26 / 229	00:38:36 / 263	01:01:48 / 237
231	330	SMOLIŃSKI SŁAWOMIR	OPOLE	POLSKA	WKB META LUBLINIEC	73	M3/65		(M)210	01:12:05	01:11:51	12.53	00:22:10 / 203 [13.06]	00:46:21 / 236 [12.49]	01:09:47 / 228 [12.45]
													00:14:06 / 205	00:38:23 / 257	01:02:04 / 241
232	379	DUBAREK PIOTR	BOGUSZÓW GORCE	POLSKA	NIEZRZESZONY	70	M3/66		(M)211	01:12:06	01:11:57	12.51	00:23:01 / 244 [12.58]	00:46:33 / 240 [12.44]	01:09:54 / 233 [12.42]
													00:14:38 / 248	00:38:01 / 246	01:01:43 / 234
233	438	ŁYJAK BŁAŻEJ	WROCŁAW	POLSKA	BIKESTATS.PL	79	M3/67		(M)212	01:12:06	01:11:48	12.53	00:22:53 / 235 [12.65]	00:46:29 / 238 [12.46]	01:09:56 / 235 [12.42]
													00:14:33 / 240	00:37:46 / 230	01:01:42 / 233

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
234	429	TRZEBSKI GRZEGORZ	DOMANICE	POLSKA	NIEZRZESZONY	80	M2/50		(M)213	01:12:13	01:12:01	12.50	00:23:32 / 279 [12.30] 00:15:03 / 288	00:47:02 / 255 [12.31] 00:38:39 / 266	01:09:56 / 236 [12.42] 01:01:46 / 236
235	22	WINIARSKI RYSZARD	ŚWIDNICA	POLSKA	NIEZRZESZONY	59	M5/37		(M)214	01:12:16	01:12:09	12.47	00:22:24 / 221 [12.92] 00:14:12 / 215	00:45:33 / 212 [12.71] 00:37:01 / 212	01:09:55 / 234 [12.42] 01:01:10 / 222
236	102	GAWRYŚ CZESŁAW	DUSZNIKI ZDRÓJ	POLSKA	NIEZRZESZONY	47	M6/12		(M)215	01:12:25	01:12:13	12.46	00:23:09 / 258 [12.51] 00:14:50 / 264	00:46:14 / 231 [12.52] 00:37:51 / 234	01:09:52 / 231 [12.43] 01:01:24 / 227
237	376	SZPIECH LESZEK	WROCŁAW	POLSKA	MCS WROCŁAW	67	M4/47		(M)216	01:12:26	01:12:22	12.44	00:22:14 / 210 [13.02] 00:13:50 / 184	00:46:01 / 226 [12.58] 00:37:15 / 218	01:10:08 / 237 [12.38] 01:01:24 / 226
238	87	PAWLACZEK MICHAŁ	TRZEBNICA	POLSKA	NIEZRZESZONY	69	M4/48		(M)217	01:12:31	01:12:18	12.45	00:23:16 / 265 [12.44] 00:14:55 / 278	00:47:05 / 260 [12.30] 00:38:21 / 255	01:10:12 / 239 [12.37] 01:02:12 / 246
239	82	FEDYCZKOWSKI EDWARD	STRZEGOM	POLSKA	DOWÓDZTWO ŚLĄSKIEGO OW	73	M3/68	MUND/20	(M)218	01:12:33	01:12:21	12.44	00:22:15 / 212 [13.01] 00:14:11 / 214	00:45:53 / 221 [12.62] 00:37:18 / 220	01:10:11 / 238 [12.37] 01:01:30 / 229
240	127	SŁOBODZIAN JERZY	DZIERŻONIÓW	POLSKA		66	M4/49		(M)219	01:12:36	01:12:27	12.42	00:23:34 / 284 [12.28] 00:15:11 / 296	00:47:14 / 264 [12.26] 00:38:39 / 267	01:10:28 / 243 [12.32] 01:02:17 / 250
241	328	KOPIJ HENRYK	BRZEG	POLSKA	PKS BRZEG	55	M5/38		(M)220	01:12:41	01:12:24	12.43	00:23:33 / 282 [12.29] 00:15:08 / 293	00:46:57 / 253 [12.33] 00:38:36 / 262	01:10:25 / 240 [12.33] 01:02:03 / 240
242	246	SPEIL JERZY	WAŁBRZYCH	POLSKA	WKB PODZAMCZE-ZAMEK KSIAŻ	49	M6/13		(M)221	01:12:42	01:12:29	12.42	00:23:34 / 285 [12.28] 00:15:11 / 298	00:47:14 / 262 [12.26] 00:38:39 / 265	01:10:28 / 244 [12.32] 01:02:17 / 249
243	15	PRZYBYLSKI BARTŁOMIEJ	GRODZISK	POLSKA	GRODZISKI KLUB BIEGACZA	79	M3/69		(M)222	01:12:45	01:12:36	12.40	00:23:17 / 269 [12.43] 00:14:52 / 268	00:47:03 / 256 [12.31] 00:38:23 / 258	01:10:27 / 242 [12.33] 01:01:58 / 238
244	197	BRZEZIŃSKI ZBIGNIEW	BRZEG	POLSKA	MARATOŃCZYK	44	M6/14		(M)223	01:12:54	01:12:48	12.36	00:23:04 / 250 [12.55] 00:14:56 / 280	00:46:50 / 250 [12.36] 00:38:19 / 254	01:10:27 / 241 [12.33] 01:02:06 / 242
245	348	GĘBKA STANISŁAW	KRAPKOWICE	POLSKA	NIEZRZESZONY	83	M2/51		(M)224	01:12:54	01:12:43	12.38	00:23:06 / 252 [12.53] 00:14:35 / 242	00:47:04 / 258 [12.30] 00:38:10 / 250	01:10:39 / 245 [12.29] 01:02:20 / 252
246	227	URBANIAK WIESŁAW	KROTOSZYN	POLSKA	NIEZRZESZONY	64	M4/50		(M)225	01:13:02	01:12:56	12.34	00:22:52 / 233 [12.66] 00:14:29 / 235	00:46:38 / 247 [12.42] 00:37:59 / 244	01:10:49 / 248 [12.26] 01:02:13 / 247
247	415	POLEWSKI GRZEGORZ	SWIEBODZICE	POLSKA	NIEZRZESZONY	70	M3/70		(M)226	01:13:02	01:12:54	12.35	00:24:57 / 328 [11.60] 00:15:39 / 324	00:49:03 / 301 [11.80] 00:40:16 / 308	01:10:58 / 250 [12.24] 01:03:17 / 266
248	79	NOSAL KAZIMIERZ	ŚWIDNICA	POLSKA	KB HERMES ŚWIDNICA	50	M5/39		(M)227	01:13:13	01:13:07	12.31	00:23:00 / 243 [12.59] 00:14:27 / 232	00:47:03 / 257 [12.31] 00:38:18 / 253	01:10:59 / 251 [12.24] 01:02:29 / 254
249	324	BRZEZIŃSKI BOLESŁAW	CZERWIENSK	POLSKA	NIEZRZESZONY	44	M6/15		(M)228	01:13:13	01:13:07	12.31	00:22:10 / 204 [13.06] 00:14:05 / 203	00:45:46 / 215 [12.65] 00:37:22 / 222	01:10:42 / 246 [12.28] 01:02:00 / 239
250	55	ŚWIDERSKI DARIUSZ	WARSZAWA	POLSKA	CF CEFARM SA	69	M4/51		(M)229	01:13:14	01:13:06	12.31	00:22:50 / 231 [12.68] 00:14:25 / 226	00:46:35 / 244 [12.43] 00:37:52 / 235	01:10:53 / 249 [12.25] 01:02:09 / 244
251	404	STANKIEWICZ IWONA	SOBÓTKA	POLSKA	NIEZRZESZONY	59	K5/2		(K)22	01:13:17	01:13:13	12.29	00:22:59 / 240 [12.60] 00:14:31 / 238	00:46:34 / 243 [12.43] 00:38:01 / 247	01:10:48 / 247 [12.27] 01:02:12 / 245
252	436	JODKOWSKI RADOŚLAW	WROCŁAW	POLSKA	NIEZRZESZONY	77	M3/71		(M)230	01:13:20	01:13:14	12.29	00:22:50 / 232 [12.68] 00:14:27 / 231	00:46:50 / 249 [12.36] 00:38:00 / 245	01:11:01 / 252 [12.23] 01:02:18 / 251
253	253	JACKOWIAK JACEK	WROCŁAW	POLSKA	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	77	M3/72		(M)231	01:13:21	01:13:06	12.31	00:24:02 / 299 [12.05] 00:15:11 / 297	00:47:39 / 272 [12.15] 00:39:03 / 278	01:11:15 / 258 [12.19] 01:02:33 / 256

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
254	385	DREKSLER SZYMON	BRZEG	POLSKA	BKB\""MARATOŃCZYK""BRZEG	53	M5/40		(M)232	01:13:29	01:13:13	12.29	00:23:05 / 251 [12.54]	00:46:33 / 241 [12.44]	01:11:05 / 253 [12.22]
													00:15:03 / 286	00:38:01 / 248	01:02:30 / 255
255	269	SOBCZAK ANDRZEJ	KĄTY WROCŁAWSKIE	POLSKA	KB KĄTY WROCŁAWSKIE	65	M4/52		(M)233	01:13:35	01:13:23	12.26	00:23:32 / 280 [12.30]	00:47:22 / 268 [12.22]	01:11:07 / 255 [12.21]
													00:15:03 / 287	00:38:39 / 268	01:02:36 / 257
256	284	BASZCZIJ MAREK	MIŁOSZYCE	POLSKA	ŚLUZA RATOWICE	59	M5/41		(M)234	01:13:39	01:13:38	12.22	00:21:26 / 165 [13.51]	00:45:52 / 220 [12.62]	01:11:12 / 256 [12.20]
													00:13:13 / 133	00:36:55 / 205	01:02:16 / 248
257	397	RACZYŃSKI ARKADIUSZ	STRZEGOM	POLSKA	NIEZRZESZONY	83	M2/52		(M)235	01:13:46	01:13:38	12.22	00:23:20 / 271 [12.41]	00:47:17 / 266 [12.25]	01:11:13 / 257 [12.20]
													00:14:41 / 251	00:38:28 / 259	01:02:26 / 253
258	49	GOLĘBIEWSKI JACEK	ŚWIDNICA	POLSKA	NIEZRZESZONY	74	M3/73		(M)236	01:13:47	01:13:38	12.22	00:22:21 / 216 [12.95]	00:46:18 / 235 [12.51]	01:11:06 / 254 [12.22]
													00:14:10 / 210	00:37:24 / 224	01:02:08 / 243
259	153	ŚLEBODA ROBERT	WOŁÓW	POLSKA	NIEZRZESZONY	67	M4/53	MUND/21	(M)237	01:13:54	01:13:54	12.18	00:23:12 / 264 [12.48]	00:47:05 / 259 [12.30]	01:11:38 / 260 [12.12]
													00:14:37 / 245	00:38:21 / 256	01:02:38 / 258
260	366	TELEGA ADAM	JELENIA GÓRA	POLSKA	NIEZRZESZONY	80	M2/53		(M)238	01:13:56	01:13:42	12.21	00:24:24 / 314 [11.86]	00:48:22 / 284 [11.97]	01:11:51 / 262 [12.09]
													00:15:34 / 318	00:39:38 / 291	01:03:32 / 271
261	77	KOZYRSKA AGNIESZKA	SOBÓTKA	POLSKA	WKB PIAST WROCŁAW	72	K3/7		(K)23	01:14:02	01:13:55	12.18	00:23:20 / 270 [12.41]	00:47:17 / 265 [12.25]	01:11:29 / 259 [12.15]
													00:14:52 / 267	00:38:31 / 261	01:02:40 / 259
262	295	ŻAK ARTUR	ŚWIDNICA	POLSKA	HERMES ŚWIDNICA	79	M3/74		(M)239	01:14:05	01:13:55	12.18	00:24:42 / 321 [11.72]	00:48:34 / 293 [11.92]	01:11:52 / 263 [12.08]
													00:15:54 / 335	00:40:05 / 301	01:03:39 / 272
263	192	SZCZEŚNIAK ANDRZEJ	WROCŁAW	POLSKA	WOMP WROCŁAW	49	M6/16		(M)240	01:14:09	01:14:08	12.14	00:22:21 / 215 [12.95]	00:46:56 / 252 [12.34]	01:11:47 / 261 [12.10]
													00:13:57 / 194	00:39:00 / 275	01:03:27 / 268
264	134	DACEWICZ LESZEK	JELENIA GÓRA	POLSKA	NIEZRZESZONY	41	M6/17	MUND/22	(M)241	01:14:14	01:14:06	12.15	00:23:00 / 242 [12.59]	00:47:13 / 261 [12.26]	01:11:52 / 264 [12.08]
													00:14:38 / 247	00:38:16 / 252	01:03:06 / 264
265	318	LEŚNIAK JÓZEF	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	45	M6/18		(M)242	01:14:16	01:14:05	12.15	00:23:47 / 290 [12.17]	00:47:50 / 274 [12.10]	01:11:52 / 265 [12.08]
													00:15:15 / 303	00:39:13 / 282	01:03:42 / 274
266	204	DRABIK MARCIN	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	71	M3/75		(M)243	01:14:17	01:14:03	12.15	00:24:24 / 312 [11.86]	00:48:22 / 283 [11.97]	01:11:55 / 267 [12.08]
													00:15:35 / 319	00:39:38 / 292	01:03:32 / 270
267	335	PLUĆIŃSKI SŁAWOMIR	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	62	M4/54		(M)244	01:14:27	01:14:19	12.11	00:22:01 / 193 [13.15]	00:46:05 / 227 [12.56]	01:11:55 / 266 [12.08]
													00:14:07 / 207	00:37:20 / 221	01:03:05 / 262
268	410	SOWIŃSKI GRZEGORZ	WROCŁAW	POLSKA		73	M3/76		(M)245	01:14:35	01:14:24	12.10	00:24:13 / 307 [11.95]	00:48:27 / 289 [11.95]	01:12:10 / 270 [12.03]
													00:15:24 / 313	00:39:45 / 295	01:03:44 / 276
269	409	DEC SŁAWOMIR	WROCŁAW	POLSKA		78	M3/77		(M)246	01:14:36	01:14:25	12.09	00:24:13 / 306 [11.95]	00:48:27 / 288 [11.95]	01:12:10 / 271 [12.03]
													00:15:24 / 311	00:39:45 / 296	01:03:43 / 275
270	343	FEDYCZKOWSKI DOMINIK	WSCHOWA	POLSKA	JW 5700 MIĘDZYRZECZ	85	M2/54	MUND/23	(M)247	01:14:39	01:14:27	12.09	00:22:42 / 227 [12.75]	00:46:46 / 248 [12.38]	01:12:03 / 269 [12.05]
													00:14:29 / 234	00:37:56 / 242	01:02:54 / 261
271	56	TARŁOWSKI CZESŁAW	JELENIA GÓRA	POLSKA	MKS JELENIA GÓRA	40	M6/19	MUND/24	(M)248	01:14:42	01:14:41	12.05	00:23:11 / 261 [12.49]	00:47:26 / 270 [12.21]	01:12:14 / 272 [12.02]
													00:14:38 / 249	00:38:40 / 270	01:03:28 / 269
272	242	WEINZETTEL ZYGMUNT	SZCZEDRZYK	POLSKA	NIEZRZESZONY	72	M3/78		(M)249	01:14:42	01:14:38	12.06	00:21:21 / 159 [13.56]	00:45:06 / 197 [12.84]	01:12:01 / 268 [12.06]
													00:13:26 / 145	00:36:20 / 185	01:02:42 / 260
273	226	KUCHARSKI HENRYK	GŁOGÓW	POLSKA	TKKF HUTNIK GŁOGÓW	52	M5/42		(M)250	01:14:49	01:14:47	12.03	00:23:56 / 295 [12.10]	00:48:30 / 290 [11.94]	01:12:22 / 273 [12.00]
													00:15:12 / 299	00:39:44 / 293	01:03:48 / 277

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
274	445	BROSIŃSKI PIOTR	WROCLAW	POLSKA		89	M2/55	(M)251	01:15:00	01:14:45	12.04	00:24:27 / 315 [11.84]	00:49:09 / 304 [11.78]	01:12:41 / 276 [11.95]	
											00:15:34 / 316	00:40:15 / 307	01:04:26 / 288		
275	341	PISZCZAŁKA KRZYSZTOF	SOBÓTKA	POLSKA	HURT.BUD.,BOŻENA\	61	M4/55	(M)252	01:15:02	01:14:53	12.02	00:23:48 / 291 [12.16]	00:48:04 / 278 [12.05]	01:12:37 / 275 [11.96]	
											00:15:10 / 294	00:39:09 / 281	01:03:48 / 278		
276	64	SULIMA GRZEGORZ	STRZEGOM	POLSKA	NIEZRZESZONY	67	M4/56	(M)253	01:15:05	01:14:45	12.04	00:24:44 / 323 [11.70]	00:49:01 / 299 [11.81]	01:12:45 / 277 [11.94]	
											00:15:45 / 329	00:40:13 / 304	01:04:04 / 283		
277	313	CZAPIGA ROBERT	NOWA RUDA	POLSKA	NIEZRZESZONY	71	M3/79	(M)254	01:15:08	01:14:56	12.01	00:25:15 / 335 [11.47]	00:49:47 / 317 [11.63]	01:12:58 / 280 [11.90]	
											00:16:19 / 357	00:40:53 / 322	01:04:57 / 297		
278	65	SKOTNICKI ADRIAN	WROCLAW	POLSKA	OLA TEAM	71	M3/80	(M)255	01:15:15	01:15:11	11.97	00:22:11 / 205 [13.05]	00:46:37 / 246 [12.42]	01:12:35 / 274 [11.97]	
											00:13:51 / 187	00:37:41 / 228	01:03:05 / 263		
279	171	GAMROWSKI GRZEGORZ	GRODZISK WLKP	POLSKA	GRODZISKI KLUB BIEGACZA	57	M5/43	(M)256	01:15:18	01:15:08	11.98	00:23:02 / 247 [12.57]	00:47:31 / 271 [12.19]	01:12:52 / 279 [11.92]	
											00:14:37 / 246	00:38:40 / 269	01:03:58 / 281		
280	233	PRASOL ALICJA	JELENIA GÓRA	POLSKA	NIEZRZESZONY	78	K3/8	(K)24	01:15:20	01:15:14	11.96	00:22:22 / 218 [12.94]	00:46:54 / 251 [12.35]	01:12:49 / 278 [11.93]	
											00:14:00 / 199	00:37:54 / 238	01:03:41 / 273		
281	378	FOLC GRZEGORZ	MIEROSZÓW	POLSKA	STRAŻ GRANICZNA	73	M3/81	MUND/25	(M)257	01:15:32	01:15:22	11.94	00:22:58 / 238 [12.61]	00:47:58 / 276 [12.07]	01:13:01 / 281 [11.89]
											00:14:29 / 233	00:38:30 / 260	01:04:01 / 282		
282	200	WOŹNIAK PIOTR	WROCLAW	POLSKA	WKB PIAST WROCLAW	64	M4/57	(M)258	01:15:44	01:15:26	11.93	00:25:35 / 354 [11.32]	00:49:46 / 315 [11.63]	01:13:18 / 284 [11.85]	
											00:17:05 / 390	00:41:00 / 323	01:05:01 / 299		
283	362	TUMKO JUSTYNA	LESZNO	POLSKA		78	K3/9	(K)25	01:15:50	01:15:39	11.90	00:23:57 / 296 [12.09]	00:48:20 / 282 [11.98]	01:13:15 / 282 [11.86]	
											00:15:13 / 301	00:39:28 / 284	01:04:16 / 285		
284	375	BORUCKI ARTUR	WROCLAW	POLSKA	WKB PIAST WROCLAW	64	M4/58	(M)259	01:15:52	01:15:41	11.89	00:23:33 / 281 [12.29]	00:47:48 / 273 [12.11]	01:13:17 / 283 [11.85]	
											00:15:04 / 289	00:38:52 / 273	01:04:17 / 286		
285	111	MACIEJEWSKI TADEUSZ	WROCLAW	POLSKA	NIEZRZESZONY	55	M5/44	(M)260	01:15:55	01:15:47	11.88	00:24:43 / 322 [11.71]	00:49:19 / 306 [11.74]	01:13:32 / 289 [11.81]	
											00:15:53 / 334	00:40:24 / 311	01:05:00 / 298		
286	177	WANAT WACŁAW	WROCLAW	POLSKA	NIEZRZESZONY	46	M6/20	(M)261	01:15:58	01:15:54	11.86	00:23:45 / 288 [12.19]	00:48:31 / 291 [11.93]	01:13:38 / 293 [11.79]	
											00:15:02 / 285	00:39:30 / 285	01:04:54 / 295		
287	280	WIŚNIEWSKI SŁAWOMIR	WROCLAW	POLSKA	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	73	M3/82	(M)262	01:16:01	01:15:48	11.87	00:24:09 / 303 [11.99]	00:49:03 / 300 [11.80]	01:13:30 / 286 [11.82]	
											00:15:14 / 302	00:40:00 / 299	01:04:41 / 291		
288	117	SKRĘTKOWICZ MIROSLAW	SIECHNICE	POLSKA	NIEZRZESZONY	64	M4/59	(M)263	01:16:02	01:15:44	11.88	00:24:35 / 317 [11.78]	00:49:19 / 305 [11.74]	01:13:32 / 290 [11.81]	
											00:15:41 / 326	00:40:17 / 309	01:04:54 / 296		
289	109	PASTUCHA ANNA	KRAPKOWICE	POLSKA	CROSS KRAPKOWICE	58	K5/3	(K)26	01:16:05	01:16:00	11.84	00:23:29 / 275 [12.33]	00:48:23 / 285 [11.97]	01:13:31 / 287 [11.81]	
											00:14:53 / 273	00:39:33 / 290	01:04:32 / 289		
290	60	SALATA ROMAN	ŚWIEBODZICE	POLSKA	NIEZRZESZONY	78	M3/83	(M)264	01:16:10	01:16:02	11.84	00:23:32 / 278 [12.30]	00:48:18 / 280 [11.99]	01:13:31 / 288 [11.81]	
											00:14:48 / 263	00:39:09 / 280	01:04:18 / 287		
291	51	MARIAN STYPUŁA		POLSKA	NIEZRZESZONY	61	M4/60	(M)265	01:16:13	01:16:04	11.83	00:22:59 / 239 [12.60]	00:48:05 / 279 [12.04]	01:13:25 / 285 [11.83]	
											00:14:16 / 221	00:39:03 / 277	01:03:57 / 280		
292	440	NAWROTEK PIOTR	WROCLAW	POLSKA	NIEZRZESZONY	86	M2/56	(M)266	01:16:14	01:15:56	11.85	00:23:36 / 287 [12.27]	00:48:41 / 294 [11.89]	01:13:37 / 292 [11.80]	
											00:14:54 / 276	00:39:32 / 287	01:04:38 / 290		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]				
293	85	FURMANEK KAMIL		POLSKA	NIEZRZESZONY	94	M2/57		(M)267	01:16:19	01:16:19	11.79	00:22:06 / 197 [13.10]	00:47:21 / 267 [12.23]	01:13:50 / 294 [11.76]	
													00:13:30 / 150	00:37:49 / 232	01:04:07 / 284	
294	73	ŚWIDURSKI JAROSŁAW	KOŹMIN WIELKOPOLSKI	POLSKA	NIEZRZESZONY	77	M3/84		(M)268	01:16:24	01:16:10	11.82	00:27:32 / 408 [10.51]	00:50:45 / 331 [11.41]	01:14:03 / 295 [11.73]	
													00:17:25 / 406	00:42:24 / 353	01:05:36 / 306	
295	302	SZCZĘSNA-RADZIKOWSKA HALINA	ŚWIDNICA	POLSKA	NIEZRZESZONY	81	K2/8		(K)27	01:16:25	01:16:25	11.78	00:21:12 / 147 [13.66]	00:45:50 / 218 [12.63]	01:13:34 / 291 [11.81]	
													00:13:09 / 130	00:36:37 / 194	01:03:25 / 267	
296	25	ZŁOTOGÓRSKI MACIEJ	TYNIEC MAŁY	POLSKA	NIEZRZESZONY	73	M3/85		(M)269	01:16:33	01:16:16	11.80	00:25:23 / 344 [11.41]	00:49:43 / 314 [11.65]	01:14:06 / 297 [11.72]	
													00:16:12 / 355	00:40:39 / 320	01:05:10 / 301	
297	29	PRZYBYLSKI CZESŁAW	ŚWIDNICA	POLSKA	HERMES ŚWIDNICA	46	M6/21		(M)270	01:16:38	01:16:35	11.75	00:23:49 / 292 [12.16]	00:48:43 / 295 [11.89]	01:14:05 / 296 [11.72]	
													00:14:57 / 282	00:39:33 / 289	01:04:44 / 293	
298	59	CIEŚŁAK ZDZISŁAW	ŚWIDNICA	POLSKA	NIEZRZESZONY	70	M3/86		(M)271	01:16:46	01:16:38	11.74	00:23:31 / 277 [12.31]	00:48:18 / 281 [11.99]	01:14:07 / 298 [11.72]	
													00:14:48 / 262	00:39:08 / 279	01:04:43 / 292	
299	315	BOBOWSKI WALDEMAR	JELENIA GÓRA	POLSKA	NIEZRZESZONY	53	M5/45		(M)272	01:16:53	01:16:43	11.73	00:24:12 / 305 [11.96]	00:49:03 / 302 [11.80]	01:14:08 / 299 [11.72]	
													00:15:20 / 306	00:40:09 / 303	01:05:08 / 300	
300	371	SZMEL EWA	PIECHOWICE	POLSKA	K.S.LECHIA PIECHOWICE	58	K5/4		(K)28	01:16:53	01:16:44	11.73	00:23:17 / 268 [12.43]	00:48:27 / 287 [11.95]	01:14:17 / 300 [11.69]	
													00:14:53 / 271	00:39:24 / 283	01:05:17 / 303	
301	405	HENRYK MARZEC	SOBÓTKA	POLSKA	SWORA	56	M5/46		(M)273	01:17:01	01:16:48	11.72	00:25:27 / 348 [11.38]	00:50:06 / 324 [11.56]	01:14:37 / 302 [11.64]	
													00:16:28 / 359	00:41:15 / 328	01:05:59 / 309	
302	41	MILEWSKI ADAM	NIEDŹWIEDZICA	POLSKA	NIEZRZESZONY	80	M2/58		(M)274	01:17:05	01:16:49	11.72	00:23:09 / 260 [12.51]	00:47:59 / 277 [12.07]	01:14:28 / 301 [11.66]	
													00:14:44 / 254	00:38:41 / 271	01:04:44 / 294	
303	48	MUSIAŁ TOMASZ	BYSTRZYCA	POLSKA		89	M2/59		(M)275	01:17:07	01:16:53	11.71	00:27:03 / 396 [10.70]	00:50:52 / 332 [11.38]	01:14:48 / 306 [11.61]	
													00:17:12 / 396	00:42:28 / 356	01:06:11 / 311	
304	273	MAZUR EWA	MALOMICE	POLSKA	NIEZRZESZONY	74	K3/10		(K)29	01:17:09	01:17:02	11.68	00:23:52 / 294 [12.13]	00:49:04 / 303 [11.80]	01:14:38 / 303 [11.64]	
													00:14:55 / 279	00:39:47 / 297	01:05:24 / 304	
305	391	ROSIŃSKI WITOLD	DŁUGOŁĘKA	POLSKA	NIEZRZESZONY	65	M4/61		(M)276	01:17:10	01:16:53	11.71	00:24:36 / 318 [11.77]	00:49:23 / 308 [11.72]	01:14:39 / 304 [11.63]	
													00:15:52 / 332	00:40:25 / 312	01:05:31 / 305	
306	181	BAUGARTNER MARCIN	JELCZ-LASKOWICE	POLSKA	NIEZRZESZONY	75	M3/87		(M)277	01:17:15	01:17:03	11.68	00:25:28 / 350 [11.37]	00:50:07 / 325 [11.55]	01:14:56 / 309 [11.59]	
													00:16:13 / 356	00:41:17 / 329	01:05:52 / 308	
307	194	PINDOR KRYSZTIAN	WROCŁAW	POLSKA	SZKOŁAPODOFICERSKA WOJSK LĄDOWYCH	80	M2/60	MUND/26	(M)278	01:17:39	01:17:23	11.63	00:26:19 / 375 [11.00]	00:51:37 / 352 [11.22]	01:15:26 / 312 [11.51]	
													00:16:50 / 378	00:42:27 / 355	01:07:03 / 326	
308	332	RAK ANDRZEJ	KLUCZBORK	POLSKA	REGGAE ROCKERS	74	M3/88		(M)279	01:17:46	01:17:35	11.60	00:23:21 / 272 [12.40]	00:48:33 / 292 [11.93]	01:14:56 / 308 [11.59]	
													00:14:36 / 244	00:39:02 / 276	01:05:15 / 302	
309	152	MUDRY HENRYK	WOLSZTYN	POLSKA	GRODZISKI KLUB BIEGACZA	39	M7+/3		(M)280	01:17:54	01:17:47	11.57	00:24:22 / 311 [11.88]	00:49:28 / 309 [11.70]	01:15:14 / 310 [11.54]	
													00:15:39 / 323	00:40:29 / 315	01:06:12 / 312	
310	107	SZCZEPANIAK RAFAŁ	KARŁOWICE	POLSKA	JRG BRZEG	83	M2/61	MUND/27	(M)281	01:17:59	01:17:57	11.55	00:22:21 / 217 [12.95]	00:46:36 / 245 [12.42]	01:14:39 / 305 [11.63]	
													00:14:09 / 209	00:37:53 / 236	01:03:16 / 265	
311	377	POLAŃSKI PIOTR	MIEROSZÓW	POLSKA	NIEZRZESZONY	67	M4/62		(M)282	01:18:05	01:17:55	11.55	00:22:48 / 230 [12.70]	00:48:53 / 296 [11.84]	01:15:32 / 313 [11.50]	
													00:14:30 / 236	00:39:30 / 286	01:05:51 / 307	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
312	166	KĘDRA DOMINIK	WROCLAW	POLSKA	NIEZRZESZONY	81	M2/62		(M)283	01:18:10	01:18:10	11.51	00:24:07 / 301 [12.00]	00:49:41 / 313 [11.65]	01:15:40 / 314 [11.48]
													00:15:23 / 307	00:40:14 / 305	01:06:35 / 314
313	195	ZIMOLĄG PIOTR	WROCLAW	POLSKA	NIEZRZESZONY	72	M3/89	MUND/28	(M)284	01:18:12	01:17:56	11.55	00:26:18 / 374 [11.01]	00:51:37 / 350 [11.22]	01:15:51 / 315 [11.45]
													00:16:44 / 374	00:42:27 / 354	01:07:03 / 325
314	393	BOGUCA AGATA	GŁOGÓW	POLSKA	NIEZRZESZONY	85	K2/9		(K)30	01:18:14	01:18:07	11.52	00:23:26 / 274 [12.35]	00:48:58 / 298 [11.82]	01:15:20 / 311 [11.53]
													00:14:39 / 250	00:39:44 / 294	01:06:10 / 310
315	71	ŻMUDA MARIUSZ	ŚWIDNICA	POLSKA		84	M2/63		(M)285	01:18:16	01:18:10	11.51	00:21:32 / 170 [13.44]	00:45:56 / 224 [12.61]	01:14:51 / 307 [11.60]
													00:13:31 / 152	00:36:35 / 191	01:03:56 / 279
316	110	LECHOWICZ JERZY	KRAPKOWICE	POLSKA	CROSS KRAPKOWICE	50	M5/47		(M)286	01:18:31	01:18:18	11.49	00:25:20 / 343 [11.43]	00:50:39 / 330 [11.43]	01:15:54 / 316 [11.44]
													00:16:10 / 354	00:41:28 / 335	01:07:00 / 323
317	254	PIOTROWSKI MIROSŁAW	KIETRZ	POLSKA	KS GRYF KIETRZ	66	M4/63		(M)287	01:18:36	01:18:23	11.48	00:24:28 / 316 [11.83]	00:49:48 / 319 [11.63]	01:15:56 / 317 [11.44]
													00:15:35 / 321	00:40:37 / 319	01:06:38 / 316
318	223	PAŹDZIOR KATARZYNA	WROCLAW	POLSKA	NIEZRZESZONY	83	K2/10	MUND/29	(K)31	01:18:38	01:18:31	11.46	00:24:03 / 300 [12.04]	00:49:48 / 318 [11.63]	01:15:59 / 318 [11.43]
													00:15:08 / 292	00:40:15 / 306	01:06:41 / 317
319	257	DELKOWSKA AGATA	OLAŁA	POLSKA	KB FIODOR OLAŁA	79	K3/11		(K)32	01:18:44	01:18:36	11.45	00:25:17 / 339 [11.45]	00:50:34 / 328 [11.45]	01:16:12 / 320 [11.40]
													00:15:51 / 331	00:41:19 / 332	01:06:53 / 320
320	250	MARKOWSKI MATEUSZ	OLAŁA	POLSKA	KB FIODOR OLAŁA	91	M2/64		(M)288	01:18:44	01:18:36	11.45	00:25:18 / 340 [11.44]	00:50:34 / 329 [11.45]	01:16:12 / 319 [11.40]
													00:15:51 / 330	00:41:19 / 330	01:06:52 / 319
321	146	SZPAK MICHAŁ	NAMYSŁÓW	POLSKA	NIEZRZESZONY	78	M3/90		(M)289	01:18:51	01:18:36	11.45	00:25:18 / 342 [11.44]	00:51:19 / 340 [11.28]	01:16:50 / 330 [11.30]
													00:16:00 / 342	00:41:48 / 339	01:07:49 / 336
322	113	ZIELONKA DARIUSZ	OBORNIKI WLKP.	POLSKA		73	M3/91		(M)290	01:18:58	01:18:45	11.43	00:25:07 / 331 [11.53]	00:50:33 / 327 [11.45]	01:16:22 / 322 [11.37]
													00:15:56 / 340	00:41:19 / 331	01:07:13 / 331
323	389	KRET ANNA	POLKOWICE	POLSKA	NIEZRZESZONY	83	K2/11		(K)33	01:19:06	01:18:51	11.41	00:26:29 / 380 [10.93]	00:52:00 / 357 [11.13]	01:16:48 / 329 [11.31]
													00:17:01 / 388	00:42:31 / 358	01:07:54 / 337
324	306	FURTAŁ KRZYSZTOF	LUBIN	POLSKA		62	M4/64		(M)291	01:19:10	01:19:04	11.38	00:24:02 / 298 [12.05]	00:49:38 / 311 [11.67]	01:16:33 / 323 [11.35]
													00:14:59 / 283	00:40:32 / 318	01:07:08 / 328
325	228	MALINOWSKA IWONA	BYTOM	POLSKA	NIEZRZESZONY	75	K3/12		(K)34	01:19:13	01:19:04	11.38	00:23:24 / 273 [12.37]	00:49:36 / 310 [11.67]	01:16:20 / 321 [11.38]
													00:14:43 / 253	00:40:04 / 300	01:06:49 / 318
326	37	PIETRAS ADAM	WIERZBNA	POLSKA	NIEZRZESZONY	53	M5/48		(M)292	01:19:14	01:19:05	11.38	00:23:51 / 293 [12.14]	00:50:02 / 322 [11.57]	01:16:37 / 325 [11.34]
													00:14:51 / 266	00:40:22 / 310	01:07:10 / 329
327	237	WOŚKO JAN	KRAPKOWICE	POLSKA	NIEZRZESZONY	53	M5/49		(M)293	01:19:15	01:19:08	11.37	00:24:08 / 302 [12.00]	00:50:04 / 323 [11.56]	01:16:43 / 326 [11.32]
													00:15:12 / 300	00:40:31 / 317	01:07:20 / 332
328	297	SZWARC ZBIGNIEW	OLAŁA	POLSKA	KB FIODOR OLAŁA	77	M3/92		(M)294	01:19:16	01:19:05	11.38	00:26:02 / 363 [11.12]	00:51:47 / 354 [11.18]	01:17:01 / 334 [11.28]
													00:16:34 / 364	00:42:23 / 352	01:08:05 / 339
329	68	DROSZCZAK KRZYSZTOF	OLAŁA	POLSKA	NIEZRZESZONY	80	M2/65		(M)295	01:19:16	01:19:06	11.38	00:24:41 / 320 [11.73]	00:50:31 / 326 [11.46]	01:16:44 / 327 [11.32]
													00:15:35 / 320	00:41:04 / 325	01:07:12 / 330
330	46	DZIĘCIELSKI JAN	ŚWIDNICA	POLSKA	NIEZRZESZONY	73	M3/93	MUND/30	(M)296	01:19:16	01:19:00	11.39	00:23:02 / 245 [12.57]	00:48:25 / 286 [11.96]	01:16:46 / 328 [11.31]
													00:14:44 / 256	00:38:55 / 274	01:06:14 / 313
331	423	WRZESIŃSKI KRZYSZTOF	WROCLAW	POLSKA	DOWÓDZTWO SOW	68	M4/65	MUND/31	(M)297	01:19:17	01:19:05	11.38	00:25:32 / 352 [11.34]	00:51:12 / 337 [11.31]	01:17:06 / 337 [11.26]
													00:15:59 / 341	00:41:32 / 337	01:07:44 / 335

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
332	275	SKARBOWSKA ADRIANNA	SOSNOWIEC	POLSKA	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	88	K2/12		(K)35	01:19:19	01:19:03	11.39	00:25:27 / 347 [11.38]	00:51:26 / 346 [11.26]	01:17:06 / 336 [11.26]
													00:16:00 / 345	00:41:54 / 344	01:08:01 / 338
333	138	BYKOWSKI BOGDAN	STARY KISIELIN	POLSKA	NIEZRZESZONY	49	M6/22		(M)298	01:19:22	01:19:11	11.37	00:24:19 / 310 [11.91]	00:49:47 / 316 [11.63]	01:16:35 / 324 [11.34]
													00:15:24 / 312	00:40:30 / 316	01:06:56 / 321
334	320	SOLTYŃSKI ANDRZEJ	NADOLICE WIELKIE	POLSKA	WKB PIAST NADOLICE WIELKIE	60	M4/66		(M)299	01:19:31	01:19:30	11.32	00:23:59 / 297 [12.07]	00:50:01 / 321 [11.58]	01:16:59 / 333 [11.28]
													00:15:00 / 284	00:40:50 / 321	01:07:30 / 334
335	106	SIENKIEWICZ ZBIGNIEW	OPOLE	POLSKA	PSPNR.10 OPOLE	64	M4/67		(M)300	01:19:38	01:19:26	11.33	00:24:10 / 304 [11.98]	00:49:56 / 320 [11.60]	01:16:50 / 331 [11.30]
													00:15:23 / 309	00:40:26 / 313	01:07:02 / 324
336	417	DZWOŃCZYK PAWEŁ	WROCŁAW	POLSKA	WKB PIAST	83	M2/66		(M)301	01:19:52	01:19:44	11.29	00:23:17 / 267 [12.43]	00:48:58 / 297 [11.82]	01:17:13 / 338 [11.25]
													00:14:34 / 241	00:39:33 / 288	01:06:56 / 322
337	268	TYLECKI ANDRZEJ	KĄTY WROCŁAWSKIE	POLSKA	KB KĄTY WROCŁAWSKIE	65	M4/68		(M)302	01:19:54	01:19:42	11.29	00:25:16 / 337 [11.46]	00:51:26 / 348 [11.26]	01:17:25 / 339 [11.22]
													00:15:54 / 336	00:41:51 / 343	01:08:14 / 342
338	400	BACZEWSKA RENATA	WAŁBRZYCH	POLSKA		70	K3/13		(K)36	01:19:58	01:19:48	11.28	00:23:33 / 283 [12.29]	00:49:22 / 307 [11.73]	01:17:01 / 335 [11.28]
													00:14:53 / 272	00:40:06 / 302	01:07:22 / 333
339	23	ANTONIAK ADAM	ŚWIDNICA	POLSKA	NIEZRZESZONY	80	M2/67		(M)303	01:20:04	01:19:59	11.25	00:23:29 / 276 [12.33]	00:49:39 / 312 [11.66]	01:16:53 / 332 [11.30]
													00:14:26 / 230	00:39:47 / 298	01:06:36 / 315
340	360	KIERAT LESZEK	GLUSZYCA	POLSKA	NIEZRZESZONY	85	M2/68		(M)304	01:20:06	01:19:58	11.25	00:25:09 / 332 [11.51]	00:51:25 / 345 [11.26]	01:17:40 / 340 [11.18]
													00:15:55 / 337	00:42:04 / 348	01:08:21 / 344
341	300	NIEDOŚPIAŁ JERZY	WROCŁAW	POLSKA	NIEZRZESZONY	69	M4/69		(M)305	01:20:07	01:19:55	11.26	00:25:43 / 361 [11.26]	00:51:48 / 355 [11.18]	01:17:44 / 343 [11.17]
													00:16:07 / 352	00:42:16 / 350	01:08:05 / 340
342	285	LALKO DANUTA	WROCŁAW	POLSKA	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	83	K2/13		(K)37	01:20:16	01:20:02	11.25	00:25:27 / 349 [11.38]	00:51:26 / 347 [11.26]	01:17:40 / 341 [11.18]
													00:16:01 / 346	00:41:54 / 345	01:08:11 / 341
343	442	ŻURAWSKI ZENON	WROCŁAW	POLSKA		56	M5/50		(M)306	01:20:24	01:20:10	11.23	00:26:02 / 365 [11.12]	00:51:45 / 353 [11.19]	01:17:40 / 342 [11.18]
													00:16:32 / 362	00:42:40 / 362	01:08:24 / 345
344	224	KUŚMIEREK WIKTOR	OPOLE	POLSKA	WKB META LUBLINIEC	45	M6/23	MUND/32	(M)307	01:20:35	01:20:22	11.20	00:24:48 / 324 [11.67]	00:50:54 / 333 [11.38]	01:17:48 / 344 [11.16]
													00:15:41 / 327	00:41:27 / 334	01:08:15 / 343
345	420	WIELGUS JAN	ROSCISLAWICE	POLSKA	KS ARTEMIS WROCŁAW	61	M4/70		(M)308	01:20:46	01:20:24	11.19	00:25:03 / 330 [11.56]	00:51:16 / 339 [11.29]	01:18:07 / 345 [11.12]
													00:16:01 / 348	00:41:32 / 336	01:08:26 / 347
346	210	KOWALSKA KRYSZYNA	WROAŁAW	POLSKA	WKB PIAST WROCŁAW	56	K5/5		(K)38	01:20:53	01:20:41	11.15	00:26:12 / 368 [11.05]	00:52:08 / 358 [11.11]	01:18:12 / 346 [11.11]
													00:16:43 / 373	00:42:40 / 363	01:08:52 / 349
347	416	CYCUŁA PAWEŁ	GOCZAŁKÓW	POLSKA	TWARDZI FACECI W MIĘKKICH BUTACH	83	M2/69		(M)309	01:20:56	01:20:38	11.16	00:25:26 / 346 [11.38]	00:51:49 / 356 [11.17]	01:18:22 / 348 [11.08]
													00:16:08 / 353	00:42:22 / 351	01:08:52 / 350
348	201	WOŹNIAK DOROTA	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	68	K4/8		(K)39	01:20:56	01:20:39	11.16	00:25:15 / 334 [11.47]	00:51:22 / 341 [11.27]	01:18:20 / 347 [11.09]
													00:16:02 / 349	00:41:49 / 340	01:08:41 / 348
349	368	ŁĘŻNIAK ALEKSANDER	SOBÓTKA	POLSKA	HURT.BUD.,BOŻENA\	89	M2/70		(M)310	01:20:57	01:20:49	11.14	00:24:48 / 325 [11.67]	00:51:06 / 335 [11.33]	01:18:23 / 349 [11.08]
													00:15:34 / 317	00:41:11 / 327	01:08:25 / 346

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
350	414	GRUDZIEN MAŁGORZATA	ZĄBKOWICE ŚL.	POLSKA	NIEZRZESZONY	83	K2/14		(K)40	01:21:07	01:20:54	11.12	00:25:11 / 333 [11.50] 00:15:52 / 333	00:51:22 / 342 [11.27] 00:41:58 / 346	01:18:32 / 350 [11.06] 01:08:58 / 351
351	270	MOSZKOWSKI BOGDAN	KOBIERZYCE	POLSKA		63	M4/71		(M)311	01:21:08	01:20:53	11.13	00:26:42 / 382 [10.84] 00:16:51 / 380	00:52:44 / 364 [10.98] 00:43:15 / 371	01:18:33 / 351 [11.06] 01:09:21 / 356
352	40	DYC ROBERT	ŚWIEBODZICE	POLSKA	NIEZRZESZONY	80	M2/71	MUND/33	(M)312	01:21:18	01:21:02	11.11	00:25:40 / 359 [11.28] 00:16:47 / 376	00:51:37 / 351 [11.22] 00:41:50 / 342	01:18:40 / 352 [11.04] 01:09:05 / 352
353	396	KARASOWSKI MAREK	BRZEG	POLSKA	BKB MARATOŃCZYK	60	M4/72		(M)313	01:21:28	01:21:11	11.09	00:26:49 / 387 [10.80] 00:17:18 / 400	00:52:36 / 363 [11.01] 00:43:14 / 370	01:18:56 / 353 [11.00] 01:09:30 / 359
354	91	RASAŁA MAREK	STRZEGOM	POLSKA	NIEZRZESZONY	71	M3/94		(M)314	01:21:41	01:21:23	11.06	00:25:23 / 345 [11.41] 00:15:55 / 338	00:51:30 / 349 [11.24] 00:42:00 / 347	01:18:58 / 354 [11.00] 01:09:20 / 355
355	66	DOMAŃSKI STANISŁAW	WROCŁAW	POLSKA	NANTES	59	M5/51		(M)315	01:21:53	01:21:41	11.02	00:25:38 / 355 [11.29] 00:16:36 / 366	00:52:15 / 360 [11.08] 00:42:32 / 359	01:19:20 / 356 [10.95] 01:10:08 / 361
356	319	KRZEMINSKI MAREK	WROCŁAW	POLSKA	NIEZRZESZONY	54	M5/52		(M)316	01:22:05	01:21:51	11.00	00:24:57 / 329 [11.60] 00:16:01 / 347	00:51:24 / 343 [11.26] 00:41:50 / 341	01:19:16 / 355 [10.96] 01:09:37 / 360
357	54	KOWALCZYK KAMIL	WARSZAWA	POLSKA	CF CEFARM SA	84	M2/72		(M)317	01:22:14	01:22:06	10.96	00:23:36 / 286 [12.27] 00:14:43 / 252	00:51:12 / 338 [11.31] 00:41:10 / 326	01:19:33 / 357 [10.92] 01:09:25 / 357
358	339	KOWALCZYK PIOTR	SOBÓTKA	POLSKA	SKSM W SOBÓTCE	59	M5/53		(M)318	01:22:20	01:22:13	10.95	00:25:38 / 356 [11.29] 00:15:56 / 339	00:53:23 / 379 [10.85] 00:43:26 / 380	01:19:45 / 361 [10.89] 01:10:28 / 366
359	196	MOKRZYCKA KRYSZYNA	WROCŁAW	POLSKA	NIEZRZESZONY	52	K5/6		(K)41	01:22:27	01:22:13	10.95	00:26:26 / 379 [10.95] 00:16:54 / 384	00:52:55 / 367 [10.94] 00:43:25 / 379	01:19:43 / 360 [10.89] 01:10:16 / 363
360	50	GORLOWSKI EMIL	ŚWIDNICA	POLSKA	NIEZRZESZONY	79	M3/95		(M)319	01:22:27	01:22:18	10.94	00:24:18 / 309 [11.91] 00:15:10 / 295	00:51:09 / 336 [11.32] 00:41:01 / 324	01:19:48 / 362 [10.88] 01:09:17 / 354
361	333	GŁOWACKA NATALIA	WROCŁAW	POLSKA	NIEZRZESZONY	78	K3/14		(K)42	01:22:28	01:22:17	10.94	00:26:26 / 378 [10.95] 00:16:54 / 383	00:52:55 / 368 [10.94] 00:43:25 / 378	01:19:38 / 359 [10.91] 01:10:14 / 362
362	367	CHRZANOWSKI BARTOSZ	JELENIA GÓRA	POLSKA	LBF RUNNING	79	M3/96		(M)320	01:22:42	01:22:28	10.91	00:24:51 / 326 [11.65] 00:15:35 / 322	00:52:11 / 359 [11.10] 00:42:38 / 361	01:19:34 / 358 [10.92] 01:09:13 / 353
363	100	BEDNARCZYK WIESŁAW	BRZEG	POLSKA	RWL WROCŁAW	56	M5/54	MUND/34	(M)321	01:22:58	01:22:58	10.85	00:25:49 / 362 [11.21] 00:16:00 / 344	00:53:01 / 369 [10.92] 00:43:09 / 368	01:20:11 / 363 [10.83] 01:10:26 / 365
364	183	KORALEWSKI JANUSZ	WROCŁAW	POLSKA	NIEZRZESZONY	56	M5/55		(M)322	01:23:03	01:22:49	10.87	00:24:37 / 319 [11.76] 00:15:31 / 315	00:51:03 / 334 [11.34] 00:41:25 / 333	01:20:12 / 364 [10.83] 01:09:28 / 358
365	19	ELMANOWSKI PIOTR	ŚWIDNICA	POLSKA		89	M2/73		(M)323	01:23:18	01:23:04	10.83	00:26:38 / 381 [10.87] 00:16:52 / 381	00:53:04 / 372 [10.91] 00:43:20 / 375	01:20:22 / 365 [10.81] 01:10:21 / 364
366	34	MARCINISZYN MARIUSZ	ŚWIDNICA	POLSKA	NIEZRZESZONY	69	M4/73		(M)324	01:23:19	01:23:06	10.83	00:25:40 / 358 [11.28] 00:16:05 / 351	00:53:01 / 370 [10.92] 00:42:46 / 364	01:20:57 / 368 [10.73] 01:11:06 / 371
367	81	FEDYCZKOWSKA JUSTYNA	STRZEGOM	POLSKA	NIEZRZESZONA	72	K3/15		(K)43	01:23:33	01:23:15	10.81	00:26:10 / 367 [11.06] 00:16:43 / 372	00:53:15 / 376 [10.87] 00:43:22 / 376	01:20:49 / 367 [10.75] 01:10:56 / 369
368	147	STADNICZUK MICHAŁ	MIROWICE	POLSKA	LUKS ŻÓRAWINA	30	M7+/4		(M)325	01:23:34	01:23:34	10.77	00:26:05 / 366 [11.10] 00:16:34 / 365	00:53:02 / 371 [10.92] 00:43:20 / 374	01:20:42 / 366 [10.76] 01:10:51 / 368
369	338	KOWALCZYK KAROLINA	SOBÓTKA	POLSKA	HURT.BUD.,BOŻENA\	90	K2/15		(K)44	01:23:34	01:23:27	10.78	00:25:17 / 338 [11.45] 00:15:24 / 310	00:53:18 / 378 [10.86] 00:43:09 / 367	01:21:01 / 371 [10.72] 01:11:13 / 372

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
370	340	KOWALCZYK AGNIESZKA	SOBÓTKA	POLSKA	HURT.BUD.,BOŻENA\	90	K2/16		(K)45	01:23:38	01:23:31	10.78	00:25:38 / 357 [11.29]	00:53:23 / 380 [10.85]	01:21:02 / 372 [10.72]
													00:15:28 / 314	00:43:26 / 381	01:11:13 / 373
371	216	YABUTA NOTOMI	SZCZAWNO-ZDRÓJ	JAPAN	ECHO TWARDOGÓRA	84	K2/17		(K)46	01:23:44	01:23:30	10.78	00:26:46 / 385 [10.82]	00:53:52 / 382 [10.75]	01:21:08 / 374 [10.70]
													00:17:10 / 392	00:43:55 / 385	01:11:25 / 375
372	326	GRZELAK DANIEL	LESZNO	POLSKA	CSWŁĄD POZNAŃ	73	M3/97	MUND/35	(M)326	01:23:51	01:23:40	10.76	00:26:18 / 373 [11.01]	00:53:08 / 373 [10.90]	01:21:01 / 369 [10.72]
													00:16:36 / 367	00:43:18 / 372	01:11:34 / 376
373	325	DRZEWI JUSTYNA	LESZNO	POLSKA	NIEZRZESZONY	74	K3/16		(K)47	01:23:51	01:23:41	10.75	00:26:18 / 372 [11.01]	00:53:08 / 374 [10.90]	01:21:01 / 370 [10.72]
													00:16:37 / 368	00:43:18 / 373	01:11:34 / 377
374	357	RUDNO-RUDZINS KRZYSZTOF	WROCŁAW	POLSKA	NIEZRZESZONY	49	M6/24		(M)327	01:24:00	01:23:54	10.73	00:25:34 / 353 [11.32]	00:52:49 / 366 [10.96]	01:21:07 / 373 [10.71]
													00:16:00 / 343	00:42:55 / 366	01:11:05 / 370
375	131	TUROWSKA KRYSZYNA	JELENIA GÓRA	POLSKA		46	K6/1		(K)48	01:24:05	01:23:52	10.73	00:27:08 / 399 [10.67]	00:54:15 / 383 [10.67]	01:21:16 / 375 [10.69]
													00:17:11 / 394	00:44:33 / 390	01:11:47 / 381
376	386	BLASZCZYK BARTŁOMIEJ	POLKOWICE	POLSKA	NIEZRZESZONY	82	M2/74		(M)328	01:24:16	01:24:01	10.71	00:27:32 / 409 [10.51]	00:54:58 / 389 [10.53]	01:21:30 / 376 [10.66]
													00:17:21 / 405	00:44:56 / 396	01:11:50 / 383
377	365	JANIK MONIKA	PSARY	POLSKA		78	K3/17		(K)49	01:24:25	01:24:09	10.70	00:27:03 / 394 [10.70]	00:54:16 / 386 [10.67]	01:21:39 / 377 [10.64]
													00:17:00 / 386	00:44:29 / 387	01:11:48 / 382
378	191	DYBUS KRYSZTIAN	WALBRZYCH	POLSKA		78	M3/98		(M)329	01:24:32	01:24:23	10.67	00:25:18 / 341 [11.44]	00:52:25 / 362 [11.05]	01:21:48 / 378 [10.62]
													00:15:39 / 325	00:42:34 / 360	01:11:44 / 380
379	399	WRÓBLEWSKI PAWEŁ	WROCŁAW	POLSKA	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	64	M4/74		(M)330	01:24:52	01:24:37	10.64	00:26:44 / 383 [10.83]	00:54:47 / 388 [10.57]	01:22:09 / 382 [10.57]
													00:16:52 / 382	00:44:50 / 394	01:12:27 / 385
380	323	PIETRZAK TOMASZ	ŁÓDŹ	POLSKA	NIEZRZESZONY	70	M3/99		(M)331	01:25:04	01:25:04	10.58	00:26:15 / 370 [11.03]	00:53:38 / 381 [10.80]	01:22:08 / 380 [10.57]
													00:16:37 / 370	00:43:37 / 382	01:11:35 / 378
381	92	SOSIŃSKA JOLANTA	WROCŁAW	POLSKA	I TY MOŻESZ ZOSTAĆ MARAT	69	K4/9		(K)50	01:25:07	01:24:52	10.60	00:26:02 / 364 [11.12]	00:53:18 / 377 [10.86]	01:22:08 / 381 [10.57]
													00:16:32 / 361	00:43:11 / 369	01:11:37 / 379
382	32	SLATAN WOJCIECH	ŚWIDNICA	POLSKA	NIEZRZESZONY	72	M3/100		(M)332	01:25:09	01:24:50	10.61	00:27:12 / 402 [10.64]	00:55:00 / 392 [10.53]	01:22:21 / 383 [10.55]
													00:17:19 / 401	00:44:54 / 395	01:12:46 / 388
383	170	BARTKOWIAK PIOTR	GRODZISK WLKP.	POLSKA	GRODZISKI KLUB BIEGACZA	76	M3/101		(M)333	01:25:25	01:25:15	10.56	00:26:21 / 376 [10.99]	00:54:15 / 384 [10.67]	01:22:54 / 387 [10.48]
													00:16:38 / 371	00:43:40 / 384	01:12:36 / 386
384	160	BOSACKA RENATA	GRODZISK WLKP.	POLSKA	GRODZISKI KLUB BIEGACZA	67	K4/10		(K)51	01:25:29	01:25:19	10.55	00:26:15 / 369 [11.03]	00:54:15 / 385 [10.67]	01:22:58 / 389 [10.47]
													00:16:19 / 358	00:43:40 / 383	01:12:36 / 387
385	12	KROCZAK WOJCIECH	PIESZYCE	POLSKA	POLSKA BIEGA	69	M4/75		(M)334	01:25:31	01:25:15	10.56	00:27:47 / 410 [10.42]	00:55:41 / 401 [10.40]	01:22:51 / 386 [10.48]
													00:17:34 / 412	00:45:37 / 406	01:13:09 / 391
386	439	MACIUSZEK KRZYSZTOF	WIERZBIANKA	POLSKA	WIERZBIANKA	84	M2/75		(M)335	01:25:36	01:25:34	10.52	00:24:53 / 327 [11.63]	00:51:25 / 344 [11.26]	01:22:27 / 384 [10.53]
													00:15:19 / 305	00:41:35 / 338	01:10:51 / 367
387	44	PIOTROWSKI GRZEGORZ	ŚWIDNICA	POLSKA	HERMES ŚWIDNICA	80	M2/76	MUND/36	(M)336	01:25:36	01:25:32	10.52	00:20:56 / 135 [13.83]	00:45:41 / 213 [12.67]	01:22:06 / 379 [10.58]
													00:12:58 / 123	00:36:17 / 184	01:07:07 / 327
388	212	ZAŁEWSKI PIOTR	JELCZ-LASKOWI	POLSKA	HARCOWNIK JELCZ-LASKOWICE	87	M2/77		(M)337	01:25:44	01:25:24	10.54	00:25:31 / 351 [11.35]	00:52:16 / 361 [11.08]	01:22:41 / 385 [10.50]
													00:16:37 / 369	00:42:30 / 357	01:11:14 / 374

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	[km/h]				
389	26	SZŁĘZAK PAWEŁ	ŚWIDNICA	POLSKA	NIEZRZESZONY	83	M2/78	(M)338	01:25:59	01:25:54	10.48	00:27:17 / 404 [10.61]	00:55:06 / 394 [10.51]	01:23:26 / 391 [10.41]
											00:17:31 / 408	00:44:32 / 389	01:13:48 / 394	
390	33	ZIELEŚKIEWICZ MARCIN	POZNAŃ	POLSKA	NIEZRZESZONY	84	M2/79	(M)339	01:26:00	01:25:42	10.50	00:25:43 / 360 [11.26]	00:53:09 / 375 [10.89]	01:22:55 / 388 [10.47]
											00:16:05 / 350	00:42:46 / 365	01:11:52 / 384	
391	72	SIERADZKA RENATA	ŚWIDNICA	POLSKA	NIEZRZESZONY	72	K3/18	(K)52	01:26:16	01:26:04	10.46	00:27:11 / 401 [10.65]	00:54:59 / 390 [10.53]	01:23:23 / 390 [10.42]
											00:17:16 / 399	00:44:57 / 398	01:13:08 / 390	
392	239	SOKOŁOWSKI DANIEL	ŚWIEBODZICE	POLSKA	WKN WAŁBRZYCH	51	M5/56	(M)340	01:26:30	01:26:23	10.42	00:26:50 / 388 [10.79]	00:55:13 / 395 [10.49]	01:23:46 / 392 [10.37]
											00:17:05 / 389	00:44:58 / 400	01:13:48 / 393	
393	450	LASKOWSKI MARIUSZ	WROCŁAW	POLSKA		84	M2/80	(M)341	01:26:40	01:26:30	10.40	00:26:52 / 389 [10.78]	00:55:22 / 398 [10.46]	01:24:00 / 394 [10.34]
											00:16:51 / 379	00:44:56 / 397	01:14:02 / 395	
394	279	MAZURCZAK JANUSZ	WROCŁAW	POLSKA	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	49	M6/25	(M)342	01:26:48	01:26:34	10.40	00:27:56 / 415 [10.36]	00:56:14 / 409 [10.30]	01:23:59 / 393 [10.34]
											00:17:48 / 418	00:45:51 / 412	01:14:19 / 400	
395	432	WALIDUDA JAROSŁAW	PISARZOWICE	POLSKA	KB LUPUS OLEŚNICA	72	M3/102	(M)343	01:26:54	01:26:37	10.39	00:27:23 / 407 [10.57]	00:56:00 / 406 [10.34]	01:24:06 / 396 [10.33]
											00:17:26 / 407	00:45:28 / 404	01:14:15 / 396	
396	62	SZCZEPANIAK RENATA	OLEŚNICA	POLSKA	KB LUPUS	73	K3/19	(K)53	01:26:54	01:26:37	10.39	00:27:47 / 411 [10.42]	00:56:00 / 405 [10.34]	01:24:06 / 397 [10.33]
											00:17:34 / 410	00:45:39 / 408	01:14:16 / 397	
397	180	GÓRCKA MALWINA	WROCŁAW	POLSKA	NIEZRZESZONY	73	K3/20	(K)54	01:27:01	01:26:49	10.37	00:27:11 / 400 [10.65]	00:54:59 / 391 [10.53]	01:24:01 / 395 [10.34]
											00:17:16 / 398	00:44:58 / 399	01:13:28 / 392	
398	141	WOREK JAROSŁAW	GŁUCHOŁAZY	POLSKA	NIEZRZESZONY	65	M4/76	(M)344	01:27:11	01:26:54	10.36	00:27:47 / 412 [10.42]	00:56:01 / 407 [10.34]	01:24:22 / 398 [10.29]
											00:17:34 / 411	00:45:39 / 407	01:14:16 / 398	
399	70	POWAGA AGNIESZKA	WROCŁAW	POLSKA		84	K2/18	(K)55	01:27:14	01:27:09	10.33	00:27:57 / 417 [10.36]	00:56:22 / 414 [10.27]	01:24:30 / 399 [10.28]
											00:17:35 / 413	00:45:53 / 415	01:14:25 / 401	
400	281	KOMZA NATALIA	WROCŁAW	POLSKA	I TY MOŻESZ ZOSTAĆ MARAT	78	K3/21	(K)56	01:27:57	01:27:42	10.26	00:27:57 / 416 [10.36]	00:56:14 / 410 [10.30]	01:25:07 / 401 [10.20]
											00:17:48 / 419	00:45:52 / 413	01:14:47 / 404	
401	211	WŁUDARCZYK KAMIL	PULAWY	POLSKA	NIEZRZESZONY	76	M3/103	(M)345	01:27:58	01:27:47	10.25	00:24:24 / 313 [11.86]	00:52:47 / 365 [10.97]	01:24:31 / 400 [10.28]
											00:15:05 / 291	00:42:14 / 349	01:12:57 / 389	
402	383	POBŁOCKA BOŻENA	LĘBORK	POLSKA	UKS EKONOMIK-MARATOŃCZYK	68	K4/11	(K)57	01:28:06	01:28:03	10.22	00:28:00 / 420 [10.34]	00:57:19 / 420 [10.10]	01:25:20 / 402 [10.18]
											00:17:37 / 414	00:46:39 / 420	01:15:44 / 414	
403	299	NOWAK KRZYSZTOF	LUBIN	POLSKA	ULKS TRIATHLON LUBIN	47	M6/26	(M)346	01:28:09	01:28:04	10.22	00:27:07 / 398 [10.68]	00:56:20 / 411 [10.28]	01:25:24 / 403 [10.17]
											00:17:34 / 409	00:45:43 / 411	01:15:29 / 410	
404	124	PIETKIEWICZ WALDEMAR	DZIERŻONIÓW	POLSKA	NIEZRZESZONY	43	M6/27	(M)347	01:28:26	01:28:23	10.18	00:26:46 / 386 [10.82]	00:56:02 / 408 [10.33]	01:25:28 / 404 [10.16]
											00:17:12 / 397	00:45:32 / 405	01:14:38 / 402	
405	158	MENDEL MACIEJ	GRODZISK WLKP.	POLSKA	GKB GRODZISK WIELKOPOLSK	64	M4/77	(M)348	01:28:50	01:28:33	10.16	00:27:47 / 413 [10.42]	00:56:41 / 416 [10.21]	01:25:41 / 406 [10.14]
											00:18:04 / 426	00:46:16 / 416	01:15:26 / 408	
406	314	ŻUK JÓZEF	WAŁBRZYCH	POLSKA	DĘBY WAŁBRZYCH	40	M6/28	(M)349	01:28:50	01:28:48	10.14	00:28:01 / 421 [10.33]	00:56:48 / 417 [10.19]	01:25:40 / 405 [10.14]
											00:17:43 / 417	00:46:36 / 419	01:15:33 / 411	
407	35	TRUDZIK MONIKA	ŚWIDNICA	POLSKA	NIEZRZESZONY	77	K3/22	(K)58	01:29:12	01:29:08	10.10	00:26:25 / 377 [10.96]	00:55:18 / 396 [10.47]	01:26:09 / 408 [10.08]
											00:16:29 / 360	00:44:43 / 393	01:14:53 / 405	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
408	154	ŚLEBODA RYSZARD	WOŁÓW	POLSKA	NIEZRZESZONY	44	M6/29		(M)350	01:29:22	01:29:10	10.09	00:26:15 / 371 [11.03]	00:54:41 / 387 [10.59]	01:26:00 / 407 [10.10]
													00:16:32 / 363	00:44:21 / 386	01:14:42 / 403
409	406	ZAGÓRSKI ZBIGNIEW	JORDANÓW ŚLĄSKI	POLSKA		83	M2/81		(M)351	01:29:32	01:29:16	10.08	00:31:40 / 440 [9.14]	00:59:33 / 426 [9.72]	01:26:54 / 413 [9.99]
													00:20:11 / 441	00:49:17 / 429	01:17:22 / 419
410	421	ĆWIAKAŁA PAULINA	JELENIA GÓRA	POLSKA	NIEZRZESZONY	88	K2/19		(K)59	01:29:34	01:29:25	10.07	00:27:14 / 403 [10.63]	00:56:20 / 412 [10.28]	01:26:29 / 410 [10.04]
													00:17:08 / 391	00:45:42 / 410	01:15:27 / 409
411	221	SZYSZKA EWA	OPOLE	POLSKA	NIEZRZESZONY	65	K4/12		(K)60	01:29:34	01:29:26	10.06	00:27:20 / 405 [10.59]	00:56:20 / 413 [10.28]	01:26:29 / 411 [10.04]
													00:17:10 / 393	00:45:42 / 409	01:15:24 / 407
412	312	PRZYBYSZEWSKI ADAM	WROCŁAW	POLSKA	ZDIUM WROCŁAW	61	M4/78		(M)352	01:29:40	01:29:22	10.07	00:26:53 / 390 [10.77]	00:55:02 / 393 [10.52]	01:26:16 / 409 [10.07]
													00:17:19 / 402	00:44:30 / 388	01:14:55 / 406
413	448	MATYGA ANNA	ŚWIDNICA	POLSKA	NIEZRZESZONY	64	K4/13		(K)61	01:30:21	01:30:11	9.98	00:26:45 / 384 [10.82]	00:55:59 / 402 [10.34]	01:27:07 / 414 [9.97]
													00:16:46 / 375	00:45:06 / 403	01:15:49 / 415
414	116	ŚLIWIŃSKI ADRIAN	WROCŁAW	POLSKA	WKB PIAST WROCŁAW	86	M2/82		(M)353	01:30:32	01:30:16	9.97	00:26:59 / 392 [10.73]	00:55:18 / 397 [10.47]	01:26:35 / 412 [10.03]
													00:17:00 / 385	00:44:34 / 391	01:14:17 / 399
415	39	KLEPCZYŃSKI MAREK	SWIDNICA	POLSKA	NIEZRZESZONY	79	M3/104		(M)354	01:30:42	01:30:26	9.95	00:27:57 / 418 [10.36]	00:56:38 / 415 [10.22]	01:27:30 / 416 [9.93]
													00:17:37 / 415	00:45:52 / 414	01:16:02 / 416
416	178	RADOMSKI JAKUB	ŚWIDNICA	POLSKA	HERMES ŚWIDNICA	81	M2/83		(M)355	01:30:44	01:30:44	9.92	00:27:04 / 397 [10.70]	00:55:35 / 400 [10.42]	01:27:29 / 415 [9.93]
													00:17:21 / 404	00:45:00 / 402	01:15:34 / 413
417	310	WIERCIGROCH ADAM	RADWANICE	POLSKA	NIEZRZESZONY	66	M4/79		(M)356	01:30:59	01:30:42	9.92	00:28:06 / 422 [10.30]	00:57:15 / 419 [10.11]	01:27:48 / 417 [9.89]
													00:17:55 / 421	00:46:29 / 417	01:16:43 / 418
418	311	SAWICKA ANNA	RADWANICE	POLSKA	NIEZRZESZONY	74	K3/23		(K)62	01:31:00	01:31:00	9.89	00:28:06 / 423 [10.30]	00:57:15 / 418 [10.11]	01:27:49 / 418 [9.89]
													00:17:55 / 422	00:46:29 / 418	01:16:43 / 417
419	231	JANICZEK TADEUSZ	BYTOM	POLSKA	MOSIR CZELADŹ	40	M6/30		(M)357	01:31:00	01:30:41	9.92	00:29:32 / 429 [9.80]	00:58:50 / 424 [9.84]	01:28:07 / 420 [9.86]
													00:18:53 / 431	00:48:14 / 425	01:17:34 / 420
420	14	KROCZAK KATARZYNA	PIESZYCE	POLSKA	POLSKA BIEGA	91	K2/20		(K)63	01:31:03	01:30:47	9.91	00:28:44 / 425 [10.08]	00:59:12 / 425 [9.78]	01:28:24 / 421 [9.82]
													00:18:15 / 427	00:48:03 / 424	01:18:17 / 421
421	74	ŚWIATOWA ZUZANNA	ŚWIDNICA	POLSKA		90	K2/21		(K)64	01:31:41	01:31:26	9.84	00:27:03 / 395 [10.70]	00:55:35 / 399 [10.42]	01:28:00 / 419 [9.87]
													00:17:11 / 395	00:45:00 / 401	01:15:34 / 412
422	288	WITCZAK MIKOŁAJ	WAŁBRZYCH	POLSKA	DĘBY WAŁBRZYCH	35	M7+/5		(M)358	01:32:26	01:32:11	9.76	00:27:56 / 414 [10.36]	00:57:49 / 421 [10.01]	01:29:12 / 422 [9.74]
													00:17:49 / 420	00:47:21 / 423	01:18:35 / 422
423	261	TUREK RUDOF	WAŁBRZYCH	POLSKA	WKB WAŁBRZYCH ZAMEK KSIAZ	41	M6/31		(M)359	01:33:33	01:33:26	9.63	00:27:58 / 419 [10.35]	00:58:00 / 422 [9.98]	01:30:22 / 423 [9.61]
													00:17:39 / 416	00:47:07 / 422	01:19:29 / 423
424	203	MAŁECKA ANNA	KAMIENIEC	POLSKA	GRODZISKI KLUB BIEGACZA	55	K5/7		(K)65	01:34:02	01:33:44	9.60	00:30:46 / 435 [9.41]	01:00:32 / 429 [9.56]	01:31:07 / 424 [9.53]
													00:19:41 / 438	00:50:27 / 432	01:20:39 / 425
425	272	MARCIAK CZESLAW	BIELAWA	POLSKA	SRS DEBY WAŁBRZYCH	29	M7+/6		(M)360	01:35:21	01:35:01	9.47	00:29:42 / 430 [9.75]	01:00:11 / 427 [9.62]	01:32:07 / 425 [9.43]
													00:19:14 / 435	00:49:10 / 427	01:21:03 / 426
426	425	SYPNIEWICZ MONIKA	WROCŁAW	POLSKA	NIEZRZESZONY	73	K3/24		(K)66	01:36:56	01:36:44	9.30	00:27:23 / 406 [10.57]	00:58:04 / 423 [9.97]	01:33:25 / 426 [9.30]
													00:17:19 / 403	00:46:40 / 421	01:20:01 / 424
427	402	BIALOŃ ADAM	SOBÓTKA	POLSKA		85	M2/84		(M)361	01:37:03	01:36:45	9.30	00:28:24 / 424 [10.19]	01:00:43 / 430 [9.54]	01:33:49 / 427 [9.26]
													00:17:59 / 423	00:49:14 / 428	01:21:37 / 427

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]			
428	11	SZCZEPANIAK ANDRZEJ	KARŁOWICE	POLSKA	KARŁOWICE	85	M2/85		(M)362	01:37:25	01:37:09	9.26	00:28:44 / 426 [10.08] 00:18:04 / 425	01:00:12 / 428 [9.62] 00:48:36 / 426	01:34:02 / 428 [9.24] 01:21:49 / 428
429	135	NOWAKOWSKA GENOWEFA	JELENIA GÓRA	POLSKA		52	K5/8		(K)67	01:37:54	01:37:40	9.22	00:30:01 / 431 [9.64] 00:19:07 / 434	01:01:40 / 432 [9.39] 00:50:16 / 431	01:34:49 / 429 [9.16] 01:22:53 / 432
430	430	TABAKA MARZENA	WROCLAW	POLSKA	NIEZRZESZONY	77	K3/25		(K)68	01:38:19	01:38:05	9.18	00:29:25 / 428 [9.84] 00:18:20 / 428	01:01:37 / 431 [9.40] 00:49:28 / 430	01:35:06 / 430 [9.13] 01:22:44 / 429
431	43	CZUBAJ DIONIZY	ŚWIDNICA	POLSKA	HERMES ŚWIDNICA	38	M7+/7		(M)363	01:38:52	01:38:52	9.10	00:30:13 / 432 [9.58] 00:18:30 / 429	01:02:10 / 433 [9.31] 00:50:32 / 433	01:35:22 / 431 [9.11] 01:23:37 / 433
432	159	POLOCZEK MAREK	WROCLAW	POLSKA	WKB PIAST WROCLAW	55	M5/57		(M)364	01:39:26	01:39:06	9.08	00:31:40 / 441 [9.14] 00:20:11 / 440	01:03:19 / 434 [9.14] 00:52:09 / 438	01:36:18 / 432 [9.02] 01:25:07 / 434
433	236	KASIERSKA EWA KATARZYN	POZNAŃ	POLSKA	DRUŻYNA SZPIKU	48	K6/2		(K)69	01:41:12	01:41:01	8.91	00:31:33 / 439 [9.18] 00:19:59 / 439	01:04:20 / 439 [9.00] 00:52:57 / 440	01:37:47 / 433 [8.88] 01:26:01 / 435
434	317	HORAŁA PIOTR	WROCLAW	POLSKA	GB WROCLAWSKIE KRASNALE	84	M2/86		(M)365	01:42:41	01:42:25	8.79	00:27:03 / 393 [10.70] 00:17:00 / 387	00:56:00 / 403 [10.34] 00:44:35 / 392	01:38:54 / 434 [8.78] 01:22:51 / 431
435	132	KRAUZE ROMAN	WAŁBRZYCH	POLSKA	NIEZRZESZONY	69	M4/80		(M)366	01:42:54	01:42:36	8.77	00:30:19 / 433 [9.55] 00:18:50 / 430	01:03:32 / 435 [9.11] 00:51:14 / 434	01:39:24 / 436 [8.74] 01:26:42 / 436
436	207	KOSZULIŃSKA MAŁGORZATA	WROCLAW	POLSKA		64	K4/14		(K)70	01:43:02	01:42:46	8.76	00:31:07 / 438 [9.30] 00:19:40 / 437	01:04:09 / 437 [9.03] 00:52:07 / 437	01:39:32 / 437 [8.73] 01:27:06 / 438
437	208	KOSZULIŃSKI SŁAWOMIR	WROCLAW	POLSKA		63	M4/81		(M)367	01:43:12	01:42:57	8.74	00:30:39 / 434 [9.45] 00:19:25 / 436	01:03:50 / 436 [9.07] 00:51:30 / 436	01:39:38 / 438 [8.72] 01:26:58 / 437
438	185	CHUDZIK ANNA	BRZEG DOLNY	POLSKA	NIEZRZESZONY	83	K2/22		(K)71	01:45:41	01:45:34	8.53	00:25:16 / 336 [11.46] 00:15:23 / 308	00:56:00 / 404 [10.34] 00:43:23 / 377	01:38:54 / 435 [8.78] 01:22:51 / 430
439	123	RUSIN EUGENIA	ŚWIDNICA	POLSKA		50	K5/9		(K)72	01:45:58	01:45:46	8.51	00:30:55 / 436 [9.36] 00:18:59 / 432	01:07:38 / 441 [8.56] 00:54:05 / 441	01:42:11 / 439 [8.50] 01:28:56 / 440
440	30	SZKUTNIK TOMASZ	POZNAŃ	POLSKA		72	M3/105		(M)368	01:46:06	01:45:47	8.51	00:30:59 / 437 [9.34] 00:19:05 / 433	01:06:08 / 440 [8.76] 00:52:25 / 439	01:42:42 / 440 [8.46] 01:29:19 / 441
441	58	FURTAŁ STANISŁAW	STRZEGOM	POLSKA	NIEZRZESZONY	46	M6/32		(M)369	01:46:57	01:46:38	8.44	00:29:13 / 427 [9.91] 00:18:01 / 424	01:04:13 / 438 [9.02] 00:51:21 / 435	01:42:43 / 441 [8.46] 01:28:55 / 439

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU