

# Puchar Polski Nordic Walking 2012 - Edycja VI

## WYNIKI ZAWODÓW / RESULTS LIST

### Nordic Walking 20 km

**Organizator:** Polska Federacja Nordic Walking

**Data:** 15 września 2012 r.

**Miejsce:** Hajnówka

**Dystans:** 20km

| Msc Rank | Nr Bib | Nazwisko i imię Name        | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club         | R-k YoB  | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | 5km          | 10km         | Check points 15km    |
|----------|--------|-----------------------------|------------------|-----------|---------------------------------|----------|--------------------|-------------|------------|----------|--------------|--------------|----------------------|
| 1        | 87     | LUBIATOWSKI Ireneusz        | GUBIN            | POL       | NORDIC LUBIN                    | 66 M40/1 | M / 1              | 02:15:46    | 06.47      | +0:00:00 | 0:32:57 / 1  | 1:06:02 / 1  | 1:40:30 / 1 2:15:46  |
| 2        | 273    | KUBIAK Tomasz               | INOWROCLAW       | POL       | T.G. SOKÓŁ INOWROCLAW           | 75 M30/1 | M / 2              | 02:22:23    | 07.07      | +0:06:37 | 0:34:34 / 4  | 1:08:58 / 2  | 1:45:51 / 2 2:22:23  |
| 3        | 42     | GAJEWSKI Eugeniusz          | GORZÓW WLKP.     | POL       | GORZÓW PRZYSTAŃ                 | 57 M50/1 | M / 3              | 02:22:40    | 07.08      | +0:06:55 | 0:33:49 / 2  | 1:09:03 / 3  | 1:45:52 / 3 2:22:40  |
| 4        | 81     | KUBICKI Bernard             | LUBIN            | POL       | NORDIC LUBIN                    | 51 M60/1 | M / 4              | 02:25:35    | 07.16      | +0:09:49 | 0:35:12 / 5  | 1:11:00 / 5  | 1:48:10 / 5 2:25:35  |
| 5        | 287    | TORCHAŁA Andrzej            | GASZYN           | POL       | AKTYWNI NW GASZYN               | 61 M50/2 | M / 5              | 02:27:17    | 07.21      | +0:11:31 | 0:34:14 / 3  | 1:09:34 / 4  | 1:47:32 / 4 2:27:17  |
| 6        | 350    | GIL Tomasz                  | GDYNIA           | POL       |                                 | 54 M50/3 | M / 6              | 02:31:05    | 07.33      | +0:15:19 | 0:36:42 / 7  | 1:14:49 / 9  | 1:53:07 / 8 2:31:05  |
| 7        | 228    | SKIBIŃSKA-SOBCZUK Marzena   | ŚWIDNIK          | POL       | ZNORDIC ŚWIDNIK                 | 66 K40/1 | K / 1              | 02:31:31    | 07.34      | +0:15:46 | 0:37:13 / 10 | 1:14:26 / 6  | 1:52:32 / 6 2:31:31  |
| 8        | 103    | NIZIOŁ Katarzyna            | GDAŃSK           | POL       | CHODZEZKIJAMI.PL                | 74 K30/1 | K / 2              | 02:32:23    | 07.37      | +0:16:37 | 0:37:05 / 9  | 1:14:37 / 8  | 1:53:01 / 7 2:32:23  |
| 9        | 119    | POGORZELSKA Małgorzata      | PSZCZÓŁKI        | POL       |                                 | 62 K50/1 | K / 3              | 02:33:17    | 07.39      | +0:17:31 | 0:37:16 / 11 | 1:15:17 / 11 | 1:54:20 / 11 2:33:17 |
| 10       | 113    | PIANKA Krzysztof maksymilia | KLEOSIN          | POL       | GMINA JUCHNOWIEC BIEGA          | 59 M50/4 | M / 7              | 02:33:28    | 07.40      | +0:17:42 | 0:36:54 / 8  | 1:14:35 / 7  | 1:53:22 / 9 2:33:28  |
| 11       | 157    | ZALEWSKI Mariusz            | BIELSK           | POL       | -NIEZRZESZONY                   | 85 M18/1 | M / 8              | 02:33:47    | 07.41      | +0:18:01 | 0:38:09 / 13 | 1:16:10 / 13 | 1:54:19 / 10 2:33:47 |
| 12       | 355    | KARASIEWICZ Irena           | BRANIEWO         | POL       |                                 | 63 K40/2 | K / 4              | 02:37:40    | 07.53      | +0:21:54 | 0:37:20 / 12 | 1:15:54 / 12 | 1:55:55 / 12 2:37:40 |
| 13       | 338    | CHODOROWSKI Marcin          | ŁOMIANKI         | POL       | FUNDACJA PROMOCJI REKREACJI KIM | 66 M40/2 | M / 9              | 02:42:21    | 08.07      | +0:26:35 | 0:36:38 / 6  | 1:15:01 / 10 | 1:56:34 / 13 2:42:21 |



| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club   | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points |              |              |         |
|----------|--------|----------------------|------------------|-----------|---------------------------|---------|--------------------|-------------|------------|----------|--------------|--------------|--------------|---------|
| 14       | 300    | SZNAJDER Zenon       | RYBNIK           |           | POL FORMA WODZISAW ŚLĄSKI | 52      | M60/2              | 02:43:40    | 08.11      | +0:27:55 | 0:39:18 / 15 | 1:19:08 / 15 | 1:58:56 / 14 | 2:43:40 |
| 15       | 298    | ŚCIBISZ Bogdann      | SOSNOWIEC        |           | POL TKKF SATURN CZELADZ   | 43      | M60/3              | 02:46:32    | 08.19      | +0:30:47 | 0:39:16 / 14 | 1:18:45 / 14 | 1:59:57 / 15 | 2:46:32 |
| 16       | 55     | HELAK Jan            | POZNAŃ           |           | POL MARSZ PO ZDROWIE      | 59      | M50/5              | 02:46:42    | 08.20      | +0:30:57 | 0:40:55 / 16 | 1:22:18 / 16 | 2:04:31 / 16 | 2:46:42 |
| 17       | 318    | WIĄCEK Agnieszka     | BIAŁOWIEŻA       |           | POL -NIEZRZESZONA         | 86      | K18/1              | 02:51:01    | 08.33      | +0:35:16 | 0:41:35 / 18 | 1:23:09 / 18 | 2:05:42 / 17 | 2:51:01 |
| 18       | 223    | SOBCZUK Mirosław     | ŚWIDNIK          |           | POL ZNORDIC ŚWIDNIK       | 61      | M50/6              | 02:51:03    | 08.33      | +0:35:17 | 0:41:15 / 17 | 1:22:41 / 17 | 2:05:47 / 18 | 2:51:03 |
| 19       | 289    | ZAWADZKA Maria       | LUBIN            |           | POL                       | 51      | K60/1              | 02:52:05    | 08.36      | +0:36:19 | 0:42:41 / 20 | 1:25:21 / 19 | 2:08:23 / 19 | 2:52:05 |
| 20       | 336    | FAFARA Zygmunt       | WARSZAWA         |           | POL KIM                   | 47      | M60/4              | 02:52:39    | 08.37      | +0:36:53 | 0:42:31 / 19 | 1:25:53 / 20 | 2:08:55 / 20 | 2:52:39 |
| 21       | 249    | OLECHNO Robert       | HAJNÓWKA         |           | POL                       | 72      | M40/3              | 03:00:42    | 09.02      | +0:44:56 | 0:43:19 / 21 | 1:28:35 / 21 | 2:14:14 / 21 | 3:00:42 |
| 22       | 16     | BONDARUK Urszula     | HAJNÓWKA         |           | POL                       | 80      | K30/2              | 03:16:06    | 09.48      | +1:00:21 | 0:46:58 / 22 | 1:36:28 / 22 | 2:24:51 / 23 | 3:16:06 |
| 23       | 125    | SADOWSKA-CZMAK Ewa   | HAJNÓWKA         |           | POL                       | 71      | K40/3              | 03:16:09    | 09.48      | +1:00:23 | 0:47:01 / 23 | 1:36:32 / 23 | 2:24:54 / 22 | 3:16:09 |
| 24       | 146    | TOKAJUK Małgorzata   | HAJNÓWKA         |           | POL                       | 76      | K30/3              | 03:23:43    | 10.11      | +1:07:57 | 0:49:34 / 24 | 1:39:34 / 24 | 2:30:51 / 24 | 3:23:43 |

