

Beko Elk Triathlon

WYNIKI ZAWODÓW / RESULTS LIST

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Miejsce:	Elk	Dystans:	1,5km- 41,2km-10km	Temp. powietrza:	+20 st. C
Data:	20.07.2013	Start:		Temp. wody:	+21,8 st. C
				Głębokość akwenu:	2,5 m - 25 m
				Pływanie:	1,5 km
Dyrektor Zawodów:	Piotr Netter			Rower:	41,2 km (7 x 5,8 km)
Sędzia Główny:	Sławomir Libudziec			Bieg:	10 km (3 x 3,3 km)
Organizator: Sport Evolution, Miasto Elk, MOSiR Elk					

Olimpijski

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	2	GŁOGOWSKI ADAM		POL AZS AWF KATOWICE	93M18/1	M / 1	00:18:31 / 3	00:00:57 / 2	01:03:27 / 2	00:00:36 / 2	00:34:37 / 1	01:58:08	00:00:00
2	6	RAK MATEUSZ		POL UKS TRI-SAUCONY RUMIA	90M18/2	M / 2	00:18:28 / 2	00:00:54 / 1	01:03:11 / 1	00:00:36 / 1	00:35:39 / 2	01:58:48	00:00:40
3	4	ALOSHYN VIKTOR		UKR	88M25/1	M / 3	00:19:19 / 6	00:00:52 / 4	01:05:23 / 5	00:00:40 / 5	00:35:46 / 3	02:02:00	00:03:52
4	1	PRZYMUSIŃSKI FILIP		POL	83M30/1	M / 4	00:19:16 / 5	00:01:05 / 6	01:04:57 / 4	00:00:47 / 3	00:36:36 / 6	02:02:41	00:04:33
5	9	STĘPNIAK KACPER		POL UKS TRI-SAUCONY RUMIA	94M18/3	M / 5	00:19:07 / 4	00:00:50 / 3	01:05:38 / 6	00:00:38 / 4	00:37:07 / 8	02:03:20	00:05:12
6	5	DOROSH NAZAR		UKR	80M30/2	M / 6	00:19:21 / 7	00:00:57 / 5	01:06:48 / 9	00:01:09 / 6	00:36:24 / 5	02:04:39	00:06:31
7	3	SIEJAKOWSKI MICHAŁ		POL KTS IRONMAN KWIDZYN	79M30/3	M / 7	00:22:55 / 18	00:00:53 / 16	01:04:53 / 3	00:00:45 / 7	00:36:08 / 4	02:05:34	00:07:26
8	7	KUBIAK MACIEJ		POL UKS TRI-SAUCONY RUMIA	88M25/2	M / 8	00:22:57 / 19	00:00:59 / 18	01:06:11 / 8	00:00:48 / 8	00:38:10 / 9	02:09:05	00:10:57
9	8	SPAŁENIAK TOMASZ		POL UKS TRI-SAUCONY RUMIA	90M18/4	M / 9	00:25:15 / 29	00:01:02 / 28	01:05:54 / 7	00:00:49 / 11	00:36:40 / 7	02:09:40	00:11:32
10	10	RESZKE PAWEŁ		POL UKS TRI-SAUCONY RUMIA	85M25/3	M / 10	00:23:10 / 22	00:01:15 / 21	01:07:32 / 10	00:00:58 / 9	00:39:18 / 12	02:12:13	00:14:05
11	17	NAJMOWICZ SEBASTIAN		POL WARMIŃSKO – MAZURSKI KLUB SPORTOWY OLSZTYN	91M18/5	M / 11	00:19:33 / 8	00:01:12 / 7	01:11:39 / 21	00:00:52 / 14	00:39:05 / 11	02:12:21	00:14:13
12	18	NAJMOWICZ PAWEŁ		POL WARMIŃSKO – MAZURSKI KLUB SPORTOWY OLSZTYN	93M18/6	M / 12	00:20:53 / 11	00:01:24 / 10	01:10:09 / 15	00:00:48 / 13	00:40:13 / 14	02:13:27	00:15:19
13	11	CZEŚNIK MARIA		POL WTT WARSZAWA	77W35/1	K / 1	00:20:50 / 10	00:01:06 / 9	01:13:18 / 34	00:-2:-1 / 10	00:41:36 / 19	02:14:31	00:16:23
14	12	MIELNIK MAGDA		POL WARMIŃSKO – MAZURSKI KLUB SPORTOWY OLSZTYN	91W20/1	K / 2	00:20:48 / 9	00:01:04 / 8	01:13:22 / 36	00:00:46 / 16	00:40:57 / 17	02:16:57	00:18:49
15	42	ORTMANN MARCIN		POL ORP LECH TEAM	80M30/4	M / 13	00:21:27 / 13	00:01:36 / 12	01:10:11 / 16	00:01:11 / 15	00:42:48 / 28	02:17:13	00:19:05
16	63	DOWBOR MACIEJ		POL AT TEAM	78M35/1	M / 14	00:22:59 / 21	00:01:10 / 19	01:08:11 / 11	00:00:51 / 12	00:46:28 / 53	02:19:39	00:21:31
17	59	SOBCZAK MARCIN		POL	71M40/1	M / 15	00:27:10 / 51	00:01:13 / 41	01:11:42 / 22	00:01:00 / 30	00:38:34 / 10	02:19:39	00:21:31
18	32	BUSZAN RADEK		POL	80M30/5	M / 16	00:24:36 / 28	00:01:14 / 26	01:11:49 / 24	00:00:52 / 21	00:41:49 / 20	02:20:20	00:22:12
19	62	BŁASZCZYK WALDEMAR		POL TEAM BIEGIEMNAPOMOC.PL	73M40/2	M / 17	00:27:01 / 49	00:01:10 / 39	01:08:47 / 13	00:01:13 / 19	00:42:18 / 27	02:20:29	00:22:21

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.	
20	57	DOBRZAŃSKI BARTOSZ		POL	TOMATO TRI TEAM RADOM	73M40/3	M / 18	00:25:21 / 32	00:01:15 / 29	01:08:45 / 12	00:01:02 / 17	00:44:11 / 35	02:20:34	00:22:26
21	48	CZERWIEC ARTUR		POL	KT WATER KNIGHTS ZABIERZÓW	75M35/2	M / 19	00:21:48 / 14	00:01:29 / 14	01:15:07 / 52	00:00:45 / 24	00:42:03 / 23	02:21:12	00:23:04
22	64	GRASS ŁUKASZ		POL	AT TEAM	76M35/3	M / 20	00:25:20 / 31	00:01:16 / 30	01:12:11 / 27	00:00:52 / 25	00:42:14 / 25	02:21:53	00:23:45
23	14	RATKOWSKA ZUZANNA		POL	UKS TRI-SAUCONY RUMIA	83W30/1	K / 3	00:21:13 / 12	00:01:20 / 11	01:15:24 / 55	00:00:52 / 23	00:43:32 / 30	02:22:21	00:24:13
24	19	PODWYSOCKI MARCIN		POL	ATP AUGUSTÓW/TRI-STREFA.PL	88M25/4	M / 21	00:24:15 / 27	00:01:38 / 27	01:14:18 / 42	00:00:50 / 29	00:42:16 / 26	02:23:17	00:25:09
25	29	OSIOR BARTEK		POL	BIEGAM BO LUBIĘ WYDMINY	83M30/6	M / 22	00:27:42 / 61	00:01:22 / 50	01:13:10 / 32	00:00:57 / 35	00:40:33 / 15	02:23:44	00:25:36
26	21	TOMCZYK STEFAN		POL	TRS SUSZ	73M40/4	M / 23	00:25:59 / 36	00:01:54 / 36	01:08:54 / 14	00:01:25 / 20	00:45:36 / 47	02:23:48	00:25:40
27	15	JĘDRZEJEWSKA ALEKSANDRA		POL	UKS TRI-SAUCONY RUMIA	91W20/2	K / 4	00:22:30 / 16	00:00:39 / 13	01:18:31 / 91	00:00:48 / 34	00:42:00 / 22	02:24:28	00:26:20
28	22	GÓRSKI JAKUB		POL	WWW.NAVOX.PL	79M30/7	M / 24	00:27:27 / 57	00:01:38 / 51	01:14:14 / 41	00:01:00 / 38	00:41:00 / 18	02:25:19	00:27:11
29	28	GÓRALSKA ALEKSANDRA		POL	ODDECH GONIONEGO PSA	77W35/2	K / 5	00:26:24 / 40	00:01:29 / 34	01:11:13 / 18	00:01:12 / 27	00:45:24 / 44	02:25:42	00:27:34
30	52	DOMIRSKI DANIEL		POL	LUFT TRI TEAM	84M25/5	M / 25	00:23:38 / 24	00:01:35 / 23	01:18:54 / 97	00:00:59 / 45	00:40:55 / 16	02:26:01	00:27:53
31	31	KALINOWSKI PAWEŁ		POL		84M25/6	M / 26	00:26:02 / 37	00:02:04 / 38	01:11:36 / 20	00:01:04 / 28	00:45:25 / 46	02:26:11	00:28:03
32	23	GLASEK ŁUKASZ		POL		83M30/8	M / 27	00:22:52 / 17	00:01:17 / 20	01:13:19 / 35	00:01:08 / 22	00:48:38 / 81	02:27:14	00:29:06
33	168	ŁACH DAWID		POL	AZS AWF MASTERS OLSZTYN	88M25/7	M / 28	00:22:24 / 15	00:01:19 / 15	01:13:10 / 33	00:01:01 / 18	00:49:59 / 99	02:27:53	00:29:45
34	38	LUBARSKI MICHAŁ		POL	AT TEAM	78M35/4	M / 29	00:23:23 / 23	00:01:32 / 22	01:15:06 / 51	00:01:38 / 33	00:46:32 / 55	02:28:11	00:30:03
35	35	CZERWINSKA KATARZYNA		POL		90W20/3	K / 6	00:25:32 / 33	00:01:53 / 32	01:19:09 / 98	00:01:45 / 59	00:40:04 / 13	02:28:23	00:30:15
36	26	NAWROCKI SERGIUSZ		POL	ODDECH GONIONEGO PSA	67M45/1	M / 30	00:25:52 / 35	00:01:20 / 31	01:11:50 / 25	00:01:04 / 26	00:48:29 / 79	02:28:35	00:30:27
37	185	KRAKOWIAK PAWEŁ		POL		86M25/8	M / 31	00:26:27 / 41	00:01:26 / 35	01:17:10 / 80	00:01:23 / 47	00:42:11 / 24	02:28:37	00:30:29
38	106	SIKORSKI KRYSZTIAN		POL	UKS PRZYJAŻN-1 BARTOSZYCE	92M18/7	M / 32	00:29:01 / 79	00:02:00 / 68	01:11:28 / 19	00:01:28 / 36	00:45:41 / 48	02:29:38	00:31:30
39	121	SKIERKOWSKI ADAM		POL	AT TEAM	73M40/5	M / 33	00:28:53 / 77	00:02:10 / 70	01:12:06 / 26	00:01:09 / 37	00:45:43 / 49	02:30:01	00:31:53
40	60	UTYLAŃSKI MICHAŁ		POL		86M25/9	M / 34	00:23:38 / 25	00:01:54 / 24	01:14:06 / 40	00:01:32 / 31	00:48:53 / 84	02:30:03	00:31:55
41	220	ADAMOWICZ JAKUB		POL		67M45/2	M / 35	00:28:38 / 73	00:02:39 / 75	01:11:43 / 23	00:01:42 / 43	00:45:50 / 50	02:30:32	00:32:24
42	13	CIEŚŁAK AGNIESZKA		POL	AZS AWF KATOWICE	89W20/4	K / 7	00:22:58 / 20	00:00:52 / 17	01:16:46 / 73	00:00:59 / 32	00:48:59 / 86	02:30:34	00:32:26
43	39	GÓRZYCKI PIOTR		POL		81M30/9	M / 36	00:27:24 / 55	00:02:48 / 56	01:15:50 / 60	00:01:41 / 55	00:42:53 / 29	02:30:36	00:32:28
44	44	KOWALIK PIOTR		POL	KRZEPYCY I WŚCIEKŁA	81M30/10	M / 37	00:29:38 / 87	00:01:10 / 66	01:14:33 / 45	00:01:17 / 48	00:44:00 / 34	02:30:38	00:32:30
45	24	WIERZBICKI GRZEGORZ		POL	AT TEAM	74M35/5	M / 38	00:33:05 / 140	00:02:07 / 124	01:10:46 / 17	00:01:22 / 53	00:43:40 / 32	02:31:00	00:32:52
46	33	POKRYWIŃSKI MARCIN		POL		81M30/11	M / 39	00:25:45 / 34	00:01:45 / 33	01:16:18 / 67	00:00:48 / 41	00:46:41 / 56	02:31:17	00:33:09
47	58	KOSTECKI KRZYSZTOF		POL		84M25/10	M / 40	00:29:59 / 93	00:02:07 / 88	01:13:02 / 30	00:00:59 / 46	00:45:18 / 43	02:31:25	00:33:17
48	282	ŚWIESIULSKI MICHAŁ		POL		95M18/8	M / 41	00:26:29 / 42	00:01:30 / 37	01:15:35 / 57	00:01:07 / 42	00:46:48 / 57	02:31:29	00:33:21
49	36	BROEKERE TOMASZ		POL		88M25/11	M / 42	00:29:49 / 92	00:01:59 / 82	01:13:51 / 37	00:01:20 / 51	00:45:00 / 39	02:31:59	00:33:51
50	179	BARTKOWIAK PRZEMYSŁAW		POL		85M25/12	M / 43	00:30:25 / 99	00:01:25 / 83	01:15:38 / 58	00:01:03 / 60	00:43:33 / 31	02:32:04	00:33:56
51	27	BALCEREK TOMASZ		POL		76M35/6	M / 44	00:29:36 / 85	00:02:58 / 94	01:16:46 / 74	00:01:59 / 79	00:42:00 / 21	02:33:19	00:35:11
52	45	SIWIRSKI ROBERT		POL	WTT WARSZAWA	75M35/7	M / 45	00:30:12 / 95	00:01:55 / 89	01:14:01 / 39	00:01:01 / 52	00:46:10 / 52	02:33:19	00:35:11
53	20	WRÓBLEWSKI MACIEJ		POL	UKS TRI-SAUCONY RUMIA	77M35/8	M / 46	00:27:05 / 50	00:01:28 / 42	01:14:32 / 46	00:01:22 / 39	00:49:12 / 93	02:33:39	00:35:31

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54	142	BEDNARZ MATEUSZ		POL	KLUB BEDNARZÓWKA.PL	83M30/12	M / 47	00:26:57 / 47	00:01:15 / 40	01:15:10 / 53	00:01:09 / 40	00:49:27 / 94	02:33:58	00:35:50
55	208	BARCZYK MAREK		POL		81M30/13	M / 48	00:29:39 / 88	00:02:06 / 80	01:16:22 / 68	00:00:59 / 64	00:45:25 / 45	02:34:31	00:36:23
56	117	DROUIN PIERRE-FRANÇOIS		FRA	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	84M25/13	M / 49	00:29:07 / 80	00:02:05 / 73	01:16:59 / 77	00:01:30 / 66	00:45:05 / 41	02:34:46	00:36:38
57	47	KURYŁO ARTUR		POL	ATP AUGUSTÓW	66M45/3	M / 50	00:33:26 / 144	00:02:11 / 130	01:13:06 / 31	00:01:13 / 67	00:45:10 / 42	02:35:06	00:36:58
58	190	OLEJNICZAK WOJCIECH		POL		74M35/9	M / 51	00:29:37 / 86	00:02:54 / 93	01:16:10 / 64	00:01:57 / 74	00:44:58 / 38	02:35:36	00:37:28
59	49	FAJKS ADAM		POL		73M40/6	M / 52	00:27:01 / 48	00:01:42 / 44	01:14:39 / 47	00:01:28 / 44	00:51:03 / 108	02:35:53	00:37:45
60	271	POMORSKI RAFAŁ		POL		83M30/14	M / 53	00:29:42 / 89	00:02:41 / 91	01:18:38 / 94	00:01:01 / 83	00:44:49 / 37	02:36:51	00:38:43
61	116	SZYMAŃSKI MACIEJ				80M30/15	M / 54	00:24:03 / 26	00:01:42 / 25	01:21:20 / 124	00:01:34 / 61	00:48:18 / 75	02:36:57	00:38:49
62	51	GIELNIAK PRZEMYSŁAW		POL		73M40/7	M / 55	00:28:03 / 65	00:02:08 / 55	01:17:48 / 84	00:01:16 / 65	00:47:59 / 68	02:37:14	00:39:06
63	283	TADLA PAWEŁ		POL		82M30/16	M / 56	00:31:12 / 109	00:01:35 / 97	01:13:56 / 38	00:01:30 / 57	00:49:01 / 87	02:37:14	00:39:06
64	114	BUCZKOWSKI WOJCIECH		POL		74M35/10	M / 57	00:26:55 / 46	00:02:01 / 46	01:15:48 / 59	00:02:15 / 50	00:50:21 / 103	02:37:20	00:39:12
65	219	ZRZELSKI MICHAŁ		POL		77M35/11	M / 58	00:28:44 / 75	00:02:21 / 72	01:14:56 / 49	00:01:55 / 56	00:49:44 / 96	02:37:40	00:39:32
66	119	SNARSKI PIOTR		POL		86M25/14	M / 59	00:31:11 / 108	00:02:59 / 111	01:14:24 / 44	00:01:26 / 68	00:47:53 / 67	02:37:53	00:39:45
67	310	ZAKRZEWSKI MACIEJ		POL		77M35/12	M / 60	00:31:30 / 117					02:37:57	00:39:49
68	288	WYSOKIŃSKI MICHAŁ		POL		72M40/8	M / 61	00:28:59 / 78	02:43:43 / 228				02:38:00	00:39:52
69	54	ZAKRZEWSKI RAFAŁ		POL	AZS CENTRUM GALION	71M40/9	M / 62	00:30:17 / 98	00:02:13 / 92	01:16:38 / 72	00:01:33 / 75	00:47:24 / 59	02:38:05	00:39:57
70	41	BYKOWSKI TOMASZ		POL		80M30/17	M / 63	00:28:23 / 69	00:02:53 / 74	01:18:35 / 93	00:01:20 / 78	00:47:48 / 66	02:38:59	00:40:51
71	137	DOBECKI MICHAŁ		POL		84M25/15	M / 64	00:27:21 / 53	00:01:37 / 47	01:17:02 / 78	00:01:42 / 54	00:51:28 / 117	02:39:10	00:41:02
72	66	BROEKERE KRZYSZTOF		POL		59M50/1	M / 65	00:32:36 / 134	00:02:24 / 121	01:14:22 / 43	00:01:11 / 71	00:49:06 / 89	02:39:39	00:41:31
73	150	OSAKOWICZ MATEUSZ		POL		80M30/18	M / 66	00:33:29 / 145	00:01:51 / 125	01:14:50 / 48	00:01:44 / 82	00:48:18 / 76	02:40:12	00:42:04
74	246	KRASUŃ MICHAŁ		POL		79M30/19	M / 67						02:40:16	00:42:08
75	258	MAZUREK MICHAŁ		POL	RUN EUROSOF	77M35/13	M / 68	00:33:41 / 147	00:02:14 / 133	01:17:02 / 79	00:01:26 / 99	00:45:53 / 51	02:40:16	00:42:08
76	50	DALECKI MARCIN		POL		79M30/20	M / 69	00:29:48 / 91	00:02:34 / 90	01:16:38 / 71	00:01:42 / 76	00:49:36 / 95	02:40:18	00:42:10
77	112	DYMICKI MICHAŁ		POL		75M35/14	M / 70	00:28:48 / 76	00:02:44 / 77	01:19:55 / 109	00:01:26 / 92	00:47:44 / 63	02:40:37	00:42:29
78	165	KOCHANOWSKI DARIUSZ		POL	WTT WARSZAWA	74M35/15	M / 71	00:30:17 / 97	00:01:36 / 84	01:20:43 / 117	00:01:44 / 98	00:46:31 / 54	02:40:51	00:42:43
79	286	WIECZOREK JAKUB		POL		83M30/21	M / 72	00:29:35 / 84	00:03:13 / 98	01:18:09 / 86	00:01:49 / 91	00:48:17 / 73	02:41:03	00:42:55
80	157	ROJEK ARKADIUSZ		POL	AT TEAM	80M30/22	M / 73	00:29:28 / 82	00:01:36 / 71	01:15:17 / 54	00:02:19 / 62	00:52:38 / 134	02:41:18	00:43:10
81	213	KOWALSKI MARCIN		POL		76M35/16	M / 74	00:30:15 / 96	00:02:29 / 95	01:15:00 / 50	00:01:06 / 63	00:52:37 / 133	02:41:27	00:43:19
82	263	NADROWSKI TOMASZ		POL		82M30/23	M / 75	00:30:31 / 101	00:02:15 / 96	01:18:16 / 89	00:01:24 / 88	00:49:03 / 88	02:41:29	00:43:21
83	223	BIELARSKI KAROL		POL	CAPGEMINI	85M25/16	M / 76	00:35:05 / 171	00:03:57 / 175	01:16:38 / 70	00:01:32 / 121	00:44:38 / 36	02:41:50	00:43:42
84	226	BRZESZCZAK ŁUKASZ		POL		81M30/24	M / 77	00:27:47 / 63	00:02:26 / 57	01:16:32 / 69	00:01:30 / 58	00:53:51 / 151	02:42:06	00:43:58
85	248	KRZYWOSZYŃSKI RAFAŁ		POL		80M30/25	M / 78	00:28:10 / 66	00:02:41 / 67	01:21:43 / 132	00:01:14 / 94	00:48:23 / 77	02:42:11	00:44:03
86	133	GROCHOWICZ JAN		POL		82M30/26	M / 79	00:27:33 / 59	00:02:54 / 64	01:21:52 / 133	00:01:53 / 97	00:48:09 / 70	02:42:21	00:44:13

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87	305	ORZECOWSKI ŁUKASZ		POL		87M25/17	M / 80	00:26:54 / 45	00:01:49 / 45	01:21:33 / 126	00:01:31 / 80	00:50:52 / 107	02:42:39	00:44:31
88	320	CHRUSZCZEWSKI MIKOŁAJ		POL		83M30/27	M / 81	00:33:54 / 150	00:02:20 / 141	01:17:18 / 81	00:01:47 / 106	00:47:30 / 60	02:42:49	00:44:41
89	259	MIKA TOMASZ		POL		79M30/28	M / 82	00:32:52 / 137	00:01:49 / 117	01:19:11 / 99	00:01:24 / 105	00:47:44 / 64	02:43:00	00:44:52
90	267	PALUCH MAREK		POL		75M35/17	M / 83	00:33:39 / 146	00:02:17 / 134	01:16:15 / 66	00:01:44 / 96	00:49:07 / 90	02:43:02	00:44:54
91	37	RODRIGUEZ-MEJIA ADAY		ESP		82M30/29	M / 84	00:26:40 / 43	00:02:42 / 54	01:20:27 / 115	00:01:13 / 77	00:52:07 / 122	02:43:09	00:45:01
92	104	DEREWNICKI ŁUKASZ		POL		86M25/18	M / 85	00:27:19 / 52	00:01:48 / 52	01:24:23 / 161	00:01:50 / 107	00:48:11 / 72	02:43:31	00:45:23
93	145	DUKACZEWSKI MICHAŁ		POL		80M30/30	M / 86	00:32:04 / 125	00:02:31 / 115	01:18:10 / 87	00:01:55 / 102	00:48:53 / 85	02:43:33	00:45:25
94	30	ZAJFERT STANISŁAW		POL		48M65/1	M / 87	00:27:28 / 58	00:01:10 / 43	01:16:52 / 75	00:01:28 / 49	00:56:50 / 172	02:43:48	00:45:40
95	43	DUDKOWIAK JACEK		POL	KANCELARIA ADWOKACKA DUDKOWIAK	85M45/4	M / 88	00:29:44 / 90	00:02:10 / 85	01:20:16 / 113	00:01:14 / 93	00:50:28 / 104	02:43:52	00:45:44
96	290	ZAWADZKI ARTUR		POL	LUFT TRI TEAM	78M35/18	M / 89				00:00:40 / 69	00:53:47 / 149	02:43:53	00:45:45
97	315	KRZEWIŃSKI MACIEJ		POL		74M35/19	M / 90	00:30:56 / 103	00:02:59 / 107	01:16:10 / 63	00:02:25 / 90	00:51:27 / 116	02:43:57	00:45:49
98	193	NOWAK PIOTR		POL	TEAM BIEGIEMNAPOMOC.PL	76M35/20	M / 91	00:26:14 / 38	00:04:03 / 61	01:19:22 / 105	00:02:10 / 81	00:52:19 / 126	02:44:08	00:46:00
99	108	WNOROWSKI KRZYSZTOF		POL		82M30/31	M / 92	00:29:25 / 81	00:02:33 / 86	01:23:03 / 148	00:01:10 / 110	00:48:18 / 74	02:44:29	00:46:21
100	138	SPALIŃSKI MATEUSZ		POL		90M18/9	M / 93	00:31:28 / 116	00:03:04 / 114	01:16:05 / 62	00:01:48 / 87	00:52:20 / 128	02:44:45	00:46:37
101	156	KACPRZYK KRZYSZTOF		POL		71M40/10	M / 94	00:33:59 / 151	00:01:30 / 126	01:19:44 / 107	00:01:34 / 117	00:48:27 / 78	02:45:14	00:47:06
102	167	BARTOSIEWICZ ANDRZEJ		POL	SZAKAL JEŻYCE	74M35/21	M / 95	00:31:18 / 112	00:03:20 / 116	01:21:20 / 123	00:01:33 / 123	00:47:47 / 65	02:45:18	00:47:10
103	260	MOTEL PAWEŁ		POL	AKS POLONIA WARSZAWA	79M30/32	M / 96	00:36:36 / 186	00:02:17 / 172	01:16:10 / 65	00:01:33 / 116	00:48:42 / 82	02:45:18	00:47:10
104	242	KIESZKOWSKI RAFAŁ		POL		85M25/19	M / 97	00:30:30 / 100	00:02:33 / 99	01:17:23 / 82	00:01:41 / 85	00:53:40 / 148	02:45:47	00:47:39
105	253	LISTWOŃ BARTŁOMIEJ		POL		79M30/33	M / 98	00:31:20 / 113	00:02:19 / 102	01:19:20 / 103	00:01:55 / 104	00:51:11 / 110	02:46:05	00:47:57
106	236	GRONOWALSKI DANIEL		POL	WTT WARSZAWA	91M18/10	M / 99	00:33:03 / 139	02:50:21 / 229				02:46:17	00:48:09
107	144	CICHY BARTOSZ		POL		83M30/34	M / 100	00:34:10 / 157	00:02:49 / 148	01:16:01 / 61	00:01:23 / 100	00:52:10 / 123	02:46:33	00:48:25
108	55	PIWOWARSKI PAWEŁ		POL	BIKESERVICE.COM.PL	83M30/35	M / 101	00:37:19 / 199	00:01:28 / 168	01:12:22 / 28	00:00:55 / 84	00:54:32 / 155	02:46:36	00:48:28
109	132	URBAN KRZYSZTOF		POL	APEROL TEAM	80M30/36	M / 102	00:29:31 / 83	00:02:32 / 87	01:21:35 / 127	00:01:51 / 109	00:51:16 / 112	02:46:45	00:48:37
110	162	WITKOWSKI PAWEŁ		POL	TRI CLUB	81M30/37	M / 103	00:31:10 / 107	00:02:23 / 101	01:18:09 / 88	00:02:07 / 95	00:53:04 / 142	02:46:53	00:48:45
111	210	JANKOWSKI ŁUKASZ		POL		84M25/20	M / 104	00:32:40 / 135	00:03:48 / 143	01:20:16 / 114	00:01:32 / 130	00:48:37 / 80	02:46:53	00:48:45
112	273	SAKURA TRISTAN		POL	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	78M35/22	M / 105	00:33:14 / 142	00:02:45 / 135	01:22:42 / 143	00:01:07 / 139	00:47:40 / 62	02:47:28	00:49:20
113	105	JARSKI PAWEŁ		POL		79M30/38	M / 106	00:28:33 / 72	00:01:54 / 65	01:18:05 / 85	00:02:04 / 72	00:56:55 / 174	02:47:31	00:49:23
114	128	SIWIK MACIEJ		POL		77M35/23	M / 107	00:31:43 / 121	00:03:14 / 120	01:21:56 / 134	00:02:07 / 136	00:48:49 / 83	02:47:49	00:49:41
115	149	OLECH MARCIN		POL		74M35/24	M / 108	00:37:11 / 196	00:02:19 / 179	01:16:54 / 76	00:01:40 / 126	00:49:48 / 98	02:47:52	00:49:44
116	281	SZYMKO KRZYSZTOF		POL	YULORUN RUN TEAM SIEDLCE	80M30/39	M / 109	00:34:02 / 154	00:02:11 / 139	01:20:44 / 118	00:01:51 / 133	00:49:07 / 91	02:47:55	00:49:47
117	153	TRAMP SŁAWOMIR		POL	TRAMP TRANS	73M40/11	M / 110	00:31:03 / 106	00:03:53 / 119	01:19:18 / 101	00:02:36 / 119	00:51:26 / 115	02:48:16	00:50:08
118	238	GRZELAK JOANNA		POL		81W30/2	K / 8	00:31:50 / 122	00:02:18 / 110	01:25:39 / 177	00:01:40 / 145	00:46:50 / 58	02:48:17	00:50:09
119	235	GIZICKI MAREK		POL		77M35/25	M / 111	00:25:18 / 30	00:03:49 / 53	01:24:43 / 166	00:02:24 / 111	00:52:23 / 130	02:48:37	00:50:29

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
120	306	KRZAN GRZEGORZ		POL	62	M50/2	M / 112 00:32:10 / 129	00:03:50 / 136	01:18:33 / 92	00:01:43 / 112	00:52:24 / 131	02:48:40	00:50:32
121	277	STASIEWICZ DANIEL		POL	81	M30/40	M / 113 00:32:09 / 128	00:02:14 / 113	01:18:26 / 90	00:01:40 / 101	00:54:13 / 152	02:48:42	00:50:34
122	166	TUCZKO MARCIN		POL	83	M30/41	M / 114 00:28:25 / 70	00:02:00 / 63	01:17:33 / 83	00:02:13 / 70	00:58:49 / 188	02:49:00	00:50:52
123	330	MARKITAN ANDRZEJ			65	M45/5	M / 115 00:-8:-3 / 1	00:42:14 / 105	01:20:58 / 119	00:01:37 / 113	00:52:48 / 137	02:49:07	00:50:59
124	118	PASTUSIAK ADAM		POL AT TEAM	87	M25/21	M / 116 00:31:16 / 110	00:02:24 / 103	01:22:34 / 141	00:01:35 / 125	00:51:24 / 114	02:49:13	00:51:05
125	139	KONDRACIUK DARIUSZ		POL	75	M35/26	M / 117 00:39:56 / 219	00:03:34 / 215	01:19:21 / 104	00:02:36 / 168	00:43:46 / 33	02:49:13	00:51:05
126	217	ZAWADZKI MACIEJ		POL	74	M35/27	M / 118 00:30:56 / 104	00:04:05 / 122	01:15:30 / 56	00:01:56 / 89	00:57:01 / 175	02:49:28	00:51:20
127	172	KIEREŚ ARKADIUSZ		POL WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	78	M35/28	M / 119 00:26:14 / 39	00:04:02 / 60	01:19:53 / 108	00:02:00 / 86	00:57:21 / 181	02:49:30	00:51:22
128	120	JĘDRZEJEWSKI GRZEGORZ		POL	75	M35/29	M / 120 00:27:24 / 56	00:01:38 / 49	01:20:12 / 111	00:01:23 / 73	00:59:01 / 189	02:49:38	00:51:30
129	34	DUDKOWIAK ANDRZEJ		POL KANCELARIA ADWOKACKA DUDKOWIAK	81	M50/3	M / 121 00:27:22 / 54	00:02:52 / 58	01:25:47 / 178	00:01:13 / 122	00:52:31 / 132	02:49:45	00:51:37
130	321	JARMUŁ TOMASZ		POL HP IRON TEAM	72	M40/12	M / 122 00:34:00 / 152	00:02:13 / 140	01:18:54 / 96	00:01:23 / 115	00:53:28 / 147	02:49:58	00:51:50
131	159	MIERZWIAK BARTOSZ		POL	77	M35/30	M / 123 00:35:47 / 179	00:03:27 / 177	01:18:39 / 95	00:02:03 / 141	00:50:06 / 100	02:50:02	00:51:54
132	206	SKWIRUT MICHAŁ		POL	76	M35/31	M / 124 00:27:58 / 64	00:03:04 / 69	01:30:20 / 207	00:01:05 / 153	00:48:06 / 69	02:50:33	00:52:25
133	237	GROSZEWSKI RADOSŁAW		POL	76	M35/32	M / 125 00:35:01 / 168	00:02:08 / 152	01:19:56 / 110	00:01:44 / 134	00:52:21 / 129	02:51:10	00:53:02
134	127	RADZIMIŃSKI STEFAN		POL	74	M35/33	M / 126 00:31:01 / 105	00:03:45 / 118	01:21:36 / 128	00:01:56 / 131	00:53:15 / 146	02:51:33	00:53:25
135	151	SYGA MICHAŁ		POL	84	M25/22	M / 127 00:31:56 / 124	00:03:46 / 132	01:19:22 / 106	00:01:45 / 118	00:54:45 / 158	02:51:34	00:53:26
136	102	GUZOWSKA IWONA		POL	74	W35/3	K / 9 00:36:32 / 185	00:03:24 / 184	01:21:08 / 121	00:01:37 / 156	00:49:11 / 92	02:51:52	00:53:44
137	124	KIEDA WOJCIECH		POL TRENERFIT.PL	76	M35/34	M / 128 00:28:23 / 68	00:03:07 / 76	01:20:59 / 120	00:02:23 / 103	00:57:08 / 177	02:52:00	00:53:52
138	130	DAWIDCZYK ADAM		POL	84	M25/23	M / 129 00:36:39 / 187	00:02:12 / 170	01:21:12 / 122	00:01:23 / 144	00:50:43 / 106	02:52:09	00:54:01
139	211	JAROSZUK KAMIL		POL INTERSPORT	78	M35/35	M / 130 00:35:16 / 174	00:01:28 / 144	01:23:25 / 151	00:01:28 / 146	00:50:42 / 105	02:52:19	00:54:11
140	163	GAWRYLUK PIOTR		POL BOJARY BIAŁYSTOK	86	M25/24	M / 131 00:27:39 / 60	00:02:36 / 59	01:26:14 / 180	00:01:05 / 124	00:54:46 / 159	02:52:20	00:54:12
141	146	JUCHNIEWICZ LIDIA		POL MRS. SPORTY POLSKA	81	W30/3	K / 10 00:32:35 / 133	00:02:28 / 123	01:24:30 / 162	00:01:26 / 143	00:51:31 / 118	02:52:30	00:54:22
142	122	BRYZEK ARNOLD		POL UCIEKINIER	70	M40/13	M / 132 00:27:46 / 62	00:02:32 / 62	01:25:53 / 179	00:00:54 / 120	00:55:32 / 165	02:52:37	00:54:29
143	176	LACHOWIECKI WOJCIECH		POL	77	M35/36	M / 133 00:28:44 / 74	00:03:00 / 79	01:23:58 / 159	00:02:32 / 128	00:54:26 / 154	02:52:40	00:54:32
144	191	TURSKI MICHAŁ		POL FUNRIDERS	74	M35/37	M / 134 00:28:20 / 67	00:03:28 / 81	01:21:36 / 129	00:02:03 / 108	00:57:17 / 179	02:52:44	00:54:36
145	136	ARNDT STEVEN		POL WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	80	M30/42	M / 135 00:31:41 / 120	00:01:36 / 100	01:23:01 / 147	00:01:53 / 127	00:54:53 / 160	02:53:04	00:54:56
146	40	BARANKIEWICZ ARTUR		POL	81	M30/43	M / 136 00:40:55 / 223	00:02:36 / 216	01:23:40 / 155	00:01:37 / 188	00:45:03 / 40	02:53:51	00:55:43
147	141	ADAMCZAK JOANNA		POL	83	W30/4	K / 11 00:34:20 / 159	00:02:28 / 145	01:25:10 / 171	00:02:11 / 162	00:49:47 / 97	02:53:56	00:55:48
148	203	OMIELAN WOJCIECH		POL	94	M18/11	M / 137 00:30:46 / 102	00:04:48 / 129	01:25:31 / 176	00:01:17 / 150	00:51:50 / 119	02:54:12	00:56:04
149	311	SZCZYGIELSKI KRZYSZTOF		POL	60	M50/4	M / 138 00:33:53 / 148	00:02:18 / 138	01:21:40 / 130	00:02:06 / 142	00:54:16 / 153	02:54:13	00:56:05
150	251	LEWCZUK DANIEL		POL	75	M35/38	M / 139 00:35:33 / 177	00:02:59 / 164	01:19:19 / 102	00:01:52 / 138	00:55:11 / 162	02:54:54	00:56:46
151	243	KŁOS ADRIAN		POL	86	M25/25	M / 140 00:33:10 / 141	00:03:44 / 146	01:23:24 / 150	00:01:49 / 148	00:52:52 / 139	02:54:59	00:56:51
152	111	BARANOWSKI KAMIL		POL	85	M25/26	M / 141 00:32:11 / 130	00:01:48 / 108	01:21:25 / 125	00:01:06 / 114	00:58:41 / 186	02:55:11	00:57:03

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.	
153	218	ZMYŚŁOWSKI ŁUKASZ		POL	WWW.RADCAPRAWNY-LUBLIN.PL	82M30/44	M / 142					02:55:16	00:57:08	
154	214	LETKOWSKI DARIUSZ		POL		78M35/39	M / 143	00:33:19 / 143	00:05:03 / 161	01:22:42 / 142	00:03:26 / 164	00:51:05 / 109	02:55:35	00:57:27
155	16	JEZERSKI MATEUSZ		POL	FIFI	74M35/40	M / 144	00:32:41 / 136	00:01:30 / 112	01:26:43 / 182	00:01:32 / 151	00:53:14 / 144	02:55:40	00:57:32
156	56	BRÓDKA PAWEŁ		POL	TOMATO TRI TEAM RADOM	74M35/41	M / 145	00:35:07 / 173	00:01:58 / 151	01:23:34 / 154	00:01:47 / 152	00:53:14 / 145	02:55:40	00:57:32
157	174	TOMANEK KRZYSZTOF		POL		77M35/42	M / 146	00:31:21 / 114	00:04:41 / 137	01:24:33 / 163	00:02:25 / 158	00:52:51 / 138	02:55:51	00:57:43
158	196	LESZCZEWICZ ROBERT		POL		72M40/14	M / 147	00:35:59 / 182	00:04:32 / 192	01:22:28 / 140	00:02:48 / 170	00:50:15 / 102	02:56:02	00:57:54
159	234	FRĘCH TOMASZ		POL		86M25/27	M / 148	00:36:17 / 184	00:05:29 / 201	01:12:44 / 29	00:03:44 / 129	00:57:51 / 183	02:56:05	00:57:57
160	275	SAWICKI PAWEŁ		POL		68M45/6	M / 149	00:34:52 / 166	00:02:47 / 156	01:24:00 / 160	00:01:38 / 160	00:53:04 / 143	02:56:21	00:58:13
161	280	SZYMCAK JAKUB		POL		84M25/28	M / 150	00:34:40 / 164	00:02:17 / 147	01:23:31 / 153	00:01:24 / 147	00:54:40 / 157	02:56:32	00:58:24
162	209	JANIK MAREK		POL	KB BIAŁA BIEGA	63M50/5	M / 151	00:30:04 / 94					02:56:55	00:58:47
163	249	KULASZEWICZ MARCIN		POL		83M30/45	M / 152	00:35:04 / 170	00:04:44 / 181	01:27:39 / 190	00:02:12 / 191	00:47:33 / 61	02:57:12	00:59:04
164	161	PIOTROWICZ KRZYSZTOF		POL		68M45/7	M / 153	00:40:42 / 220	00:02:01 / 208	01:22:02 / 137	00:01:28 / 173	00:51:55 / 121	02:58:08	01:00:00
165	170	GLOBERMAN KEN		USA	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	69M40/15	M / 154	00:37:02 / 193	00:02:51 / 183	01:24:38 / 165	00:01:34 / 172	00:52:11 / 124	02:58:16	01:00:08
166	175	FACON SŁAWOMIR		POL	PĘDZĄCE WIEWIÓRY	80M30/46	M / 155	00:32:25 / 132	00:05:18 / 157	01:30:25 / 208	00:01:58 / 195	00:48:11 / 71	02:58:17	01:00:09
167	109	DUQUESNAY ANTOINE		FRA	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	78M35/43	M / 156	00:31:38 / 119	00:02:15 / 106	01:27:56 / 193	00:01:10 / 157	00:55:22 / 164	02:58:21	01:00:13
168	254	MALISZEWSKI JERZY		POL	BANASZEK DUDA JAMIS TEAM	66M45/8	M / 157	00:32:12 / 131	00:03:19 / 128	01:22:15 / 138	00:02:04 / 140	00:59:08 / 190	02:58:58	01:00:50
169	123	BURACZEWSKI GRZEGORZ		POL		72M40/16	M / 158	00:38:16 / 205	00:03:38 / 203	01:23:55 / 157	00:01:40 / 179	00:51:50 / 120	02:59:19	01:01:11
170	316	KOPERA MARIUSZ		POL	HP IRON TEAM	79M30/47	M / 159	00:32:59 / 138	00:04:22 / 154	01:20:12 / 112	00:02:02 / 137	00:59:47 / 192	02:59:22	01:01:14
171	285	URBAŃCZYK MARCIN		POL		80M30/48	M / 160	00:35:48 / 180	00:03:04 / 171	01:22:46 / 145	00:00:59 / 155	00:56:51 / 173	02:59:28	01:01:20
172	293	ZAŁĘSKI ANDRZEJ		POL		65M45/9	M / 161	00:36:07 / 183	00:04:52 / 193	01:27:00 / 186	00:01:56 / 194	00:50:11 / 101	03:00:06	01:01:58
173	287	WIORA MACIEJ		POL		67M45/10	M / 162	00:34:03 / 155	00:03:02 / 150	01:20:29 / 116	00:01:18 / 135	01:01:22 / 199	03:00:14	01:02:06
174	278	STEC PRZEMYSŁAW		POL		83M30/49	M / 163	00:36:57 / 192	00:03:03 / 186	01:27:15 / 187	00:00:57 / 182	00:52:12 / 125	03:00:24	01:02:16
175	140	MULARCZYK SEBASTIAN		POL	VICTORIA ZAWIERCIE	77M35/44	M / 164	00:34:23 / 160	00:03:28 / 158	01:24:54 / 168	00:01:37 / 163	00:56:06 / 170	03:00:28	01:02:20
176	169	GAŚCZYK MICHAŁ		POL	CAPGEMINI	87M25/29	M / 165	00:31:55 / 123	00:01:47 / 104	01:23:25 / 152	00:01:31 / 132	01:01:54 / 205	03:00:32	01:02:24
177	129	STANIS MICHAŁ		POL		80M30/50	M / 166	00:36:49 / 190	00:03:26 / 191	01:26:51 / 183	00:02:22 / 190	00:51:15 / 111	03:00:43	01:02:35
178	256	MARZĘDA JACEK		POL		76M35/45	M / 167	00:31:27 / 115	00:07:32 / 173	01:25:24 / 173	00:01:41 / 171	00:54:56 / 161	03:01:00	01:02:52
179	261	MROZOWSKI JACEK		POL		84M25/30	M / 168	00:35:05 / 172	00:02:55 / 159	01:25:00 / 169	00:01:02 / 161	00:58:26 / 184	03:02:28	01:04:20
180	284	TOLWIŃSKI WOJCIECH		POL		64M45/11	M / 169	00:38:59 / 214	00:04:21 / 214	01:21:41 / 131	00:01:52 / 176	00:55:53 / 168	03:02:46	01:04:38
181	134	KAPKOWSKI MARCIN		POL		76M35/46	M / 170	00:40:52 / 221	00:03:20 / 219	01:19:17 / 100	00:02:17 / 169	00:57:04 / 176	03:02:50	01:04:42
182	309	LEWANDOWSKI PIOTR		POL		78M35/47	M / 171	00:38:43 / 209	00:02:29 / 195	01:27:42 / 192	00:01:42 / 197	00:52:42 / 136	03:03:18	01:05:10
183	200	FORETEK ŁUKASZ		POL		83M30/51	M / 172	00:31:18 / 111	00:02:43 / 109	01:26:17 / 181	00:01:55 / 149	01:01:31 / 203	03:03:44	01:05:36
184	250	KUPTEL ROBERT		POL		75M35/48	M / 173	00:34:01 / 153	00:04:01 / 160	01:32:10 / 214	00:01:39 / 203	00:52:19 / 127	03:04:10	01:06:02
185	158	STRZEŚNIEWSKI MAREK		POL	IMPACT TEAM	57M55/1	M / 174	00:37:16 / 198	00:03:54 / 194	01:27:42 / 191	00:02:25 / 201	00:52:58 / 141	03:04:15	01:06:07

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.	
186	312	RYCIUK ALEKSANDRA		POL		83W30/5	K / 12	00:26:40 / 44	00:02:21 / 48	01:36:18 / 223	00:01:40 / 177	00:57:17 / 178	03:04:16	01:06:08
187	131	KMITA KRZYSZTOF		POL		80M30/52	M / 175	00:35:03 / 169	00:03:44 / 167	01:33:15 / 216	00:01:06 / 205	00:51:17 / 113	03:04:25	01:06:17
188	148	ŁĄTKOWSKA MIRKA		POL		78W35/4	K / 13	00:38:41 / 208	00:03:41 / 206	01:27:29 / 189	00:02:05 / 204	00:52:39 / 135	03:04:35	01:06:27
189	180	BERKOVICS IGORS		LTU	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	83M30/53	M / 176	00:35:44 / 178	00:03:24 / 176	01:25:31 / 175	00:01:36 / 174	00:59:14 / 191	03:05:29	01:07:21
190	229	CIOMEK MICHAL		POL		83M30/54	M / 177	00:34:45 / 165	00:03:50 / 165	01:27:00 / 185	00:02:39 / 184	00:57:17 / 180	03:05:31	01:07:23
191	212	WAZOWICZ GRZEGORZ		POL		75M35/49	M / 178	00:37:08 / 195	00:03:02 / 188	01:26:53 / 184	00:02:18 / 189	00:56:14 / 171	03:05:35	01:07:27
192	202	KARŁOWSKA KATARZYNA		POL		86W25/1	K / 14	00:38:44 / 210	00:02:30 / 197	01:27:59 / 194	00:01:25 / 198	00:55:13 / 163	03:05:51	01:07:43
193	292	WÓJCICKI GRZEGORZ		POL	LEKSEEK POLSKA	73M40/17	M / 179	00:37:25 / 200	00:04:23 / 202	01:25:22 / 172	00:02:42 / 193	00:56:05 / 169	03:05:57	01:07:49
194	173	MIELNICZEK PAWEŁ		POL		85M25/31	M / 180	00:32:05 / 126	00:04:55 / 149	01:28:23 / 195	00:01:57 / 178	00:58:46 / 187	03:06:06	01:07:58
195	307	STRZELECKI MAREK		POL		58M55/2	M / 181	00:34:34 / 162	00:04:03 / 166	01:22:01 / 136	00:04:42 / 166	01:00:59 / 197	03:06:19	01:08:11
196	266	PACHLA ADAM		POL	POLSAT MEDIA	79M30/55	M / 182	00:41:33 / 224	00:03:10 / 220	01:28:35 / 196	00:01:34 / 213	00:52:55 / 140	03:07:47	01:09:39
197	255	MARZĄLEK MARCIN		POL		70M40/18	M / 183	00:38:20 / 206	00:03:07 / 199	01:24:36 / 164	00:01:40 / 180	01:00:30 / 195	03:08:13	01:10:05
198	154	BARANOWSKI WALDEMAR		POL	AKB BAMBOSZ	05M70/1	M / 184	00:35:26 / 175	00:02:06 / 155	01:29:37 / 201	00:01:34 / 187	00:59:54 / 194	03:08:37	01:10:29
199	194	PŁAWIAK WOJCIECH		POL		85M25/32	M / 185	00:36:45 / 188	00:03:01 / 180	01:29:58 / 205	00:01:31 / 200	00:57:43 / 182	03:08:58	01:10:50
200	303	SMĄDLONA IZA		POL		64W45/1	K / 15	00:37:14 / 197	00:02:49 / 187	01:33:16 / 217	00:01:42 / 214	00:54:36 / 156	03:09:37	01:11:29
201	177	RYCHLICKI KAROL		POL		85M25/33	M / 186	00:39:37 / 218	00:03:02 / 207	01:29:13 / 200	00:02:07 / 211	00:55:41 / 167	03:09:40	01:11:32
202	201	HIRSZTRITT JACEK		POL		89M18/12	M / 187	00:32:07 / 127	00:04:15 / 142	01:33:55 / 219	00:01:11 / 202	00:58:26 / 185	03:09:54	01:11:46
203	215	OSTROWSKI MICHAŁ		POL	12TRI.PL	77M35/50	M / 188	00:33:53 / 149	00:01:37 / 127	01:25:07 / 170	00:02:31 / 159	01:07:02 / 219	03:10:10	01:12:02
204	189	PAWLIK KRZYSZTOF		POL	KB LEROY MERLIN	71M40/19	M / 189	00:36:55 / 191	00:03:02 / 185	01:27:15 / 188	00:01:02 / 183	01:02:26 / 207	03:10:40	01:12:32
205	228	CHOMCZYK MICHAŁ		POL		86M25/34	M / 190	00:34:07 / 156	00:04:54 / 174	01:36:45 / 225	00:01:11 / 219	00:53:51 / 150	03:10:48	01:12:40
206	216	ZDANIO PAWEŁ		POL		84M25/35	M / 191	00:35:58 / 181	00:04:13 / 189	01:22:24 / 139	00:02:51 / 167	01:05:41 / 214	03:11:07	01:12:59
207	183	MATUSIAK JAKUB		POL	CAPGEMINI	79M30/56	M / 192	00:34:57 / 167	00:03:52 / 169	01:24:46 / 167	00:01:43 / 165	01:06:16 / 217	03:11:34	01:13:26
208	182	CUDECKI DAMIAN		POL		76M35/51	M / 193	00:39:34 / 217	00:03:16 / 211	01:23:47 / 156	00:01:33 / 181	01:04:22 / 211	03:12:32	01:14:24
209	198	GRZELAK MICHAŁ		POL		63M50/6	M / 194	00:38:05 / 203	00:03:24 / 200	01:22:48 / 146	00:02:29 / 175	01:05:48 / 215	03:12:34	01:14:26
210	313	LEWANDOWSKI KRZYSZTOF		POL		69M40/20	M / 195	00:34:38 / 163	00:02:39 / 153	01:28:57 / 199	00:02:05 / 186	01:04:52 / 213	03:13:11	01:15:03
211	241	KAMIŃSKI DAWID		POL		88M25/36	M / 196	00:34:26 / 161	00:04:00 / 163	01:29:56 / 204	00:01:47 / 196	01:03:18 / 210	03:13:27	01:15:19
212	155	GALA MICHAŁ		POL		86M25/37	M / 197	00:28:31 / 71	00:03:02 / 78	01:40:33 / 226	00:01:40 / 210	00:59:48 / 193	03:13:34	01:15:26
213	160	POMASTOWSKI GRZEGORZ		POL		54M55/3	M / 198	00:45:22 / 230	00:02:41 / 224	01:22:45 / 144	00:02:28 / 206	01:01:10 / 198	03:14:26	01:16:18
214	291	ZAŁOGA ZUZANNA		POL		82W30/6	K / 16	00:35:28 / 176	00:02:56 / 162	01:30:12 / 206	00:01:09 / 192	01:04:51 / 212	03:14:36	01:16:28
215	199	PUCH TOMASZ		POL		77M35/52	M / 199	00:45:05 / 229	00:04:21 / 226	01:21:57 / 135	00:02:08 / 207	01:01:29 / 202	03:15:00	01:16:52
216	233	ELLER MARCIN		POL		83M30/57	M / 200	00:31:36 / 118	00:07:54 / 178	01:28:54 / 198	00:05:10 / 208	01:01:53 / 204	03:15:27	01:17:19
217	110	BROOKE ANTHONY		USA		73M40/21	M / 201	00:34:18 / 158	00:01:19 / 131	01:25:30 / 174	00:01:29 / 154	01:15:28 / 226	03:18:04	01:19:56
218	230	DAVIES STEVE		POL	AGR WELODROM	67M45/12	M / 202	00:42:04 / 226	00:06:06 / 225	01:32:05 / 213	00:02:20 / 225	00:55:40 / 166	03:18:15	01:20:07

Msc	Nr	Nazwisko i imię	Kraj	Drużyna	R-k	W kategorii						Wynik	Strata	
Rank	Bib	Name	Nat.	Team	YoB	in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Time	Diff.	
219	289	ZALEWSKI PIOTR		POL ALETEMPO	69M	40/22	M / 203	00:42:20 / 227	00:02:46 / 221	01:31:09 / 211	00:01:12 / 220	01:01:23 / 200	03:18:50	01:20:42
220	244	KONDRACIUK DANIEL		POL	76M	35/53	M / 204	00:37:03 / 194	00:04:10 / 196	01:23:57 / 158	00:03:09 / 185	01:10:37 / 223	03:18:56	01:20:48
221	247	KRASUSKI ROBERT		POL	67M	45/13	M / 205	00:36:49 / 189	00:05:15 / 204	01:30:38 / 209	00:00:58 / 209	01:05:55 / 216	03:19:35	01:21:27
222	207	WSZOŁA PAWEŁ		POL	69M	40/23	M / 206	00:37:26 / 201	00:04:54 / 205	01:32:49 / 215	00:01:38 / 216	01:02:51 / 208	03:19:38	01:21:30
223	239	JARUGA PIOTR		POL	85M	25/38	M / 207	00:41:57 / 225	00:04:21 / 223	01:29:50 / 203	00:02:55 / 221	01:01:56 / 206	03:20:59	01:22:51
224	304	CZARNECKI MARCIN		POL	77M	35/54	M / 208	00:39:19 / 215	00:04:49 / 218	01:33:57 / 220	00:02:40 / 223	01:02:52 / 209	03:23:37	01:25:29
225	171	JASTRZĄB EWA		POL	83W	30/7	K / 17	00:38:48 / 212	00:04:18 / 212	01:35:35 / 222	00:03:30 / 224	01:01:26 / 201	03:23:37	01:25:29
226	272	PUSZKAR JAROSŁAW		POL	79M	30/58	M / 209	00:40:55 / 222	00:03:04 / 217	01:29:41 / 202	00:03:14 / 218	01:06:56 / 218	03:23:50	01:25:42
227	240	KALINOWSKI LESZEK		POL	73M	40/24	M / 210	00:53:05 / 231	00:04:51 / 227	01:23:11 / 149	00:02:10 / 226	01:00:33 / 196	03:23:50	01:25:42
228	276	SOLDAN MACIEJ		POL	72M	40/25	M / 211	00:38:30 / 207	00:02:53 / 198	01:33:24 / 218	00:01:36 / 215	01:09:07 / 222	03:25:30	01:27:22
229	103	KAROLAK TOMASZ		POL	71M	40/26	M / 212	00:38:11 / 204	00:02:04 / 190	01:28:47 / 197	00:01:45 / 199	01:15:06 / 225	03:25:53	01:27:45
230	205	POWAJBO KRZYSZTOF		POL	80M	30/59	M / 213	00:38:46 / 211	00:03:58 / 209	01:35:04 / 221	00:01:39 / 222	01:07:51 / 221	03:27:18	01:29:10
231	245	KOPPEN HANS		GER WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	66M	45/14	M / 214	00:39:33 / 216	00:03:14 / 210	01:31:23 / 212	00:02:41 / 217	01:13:43 / 224	03:30:34	01:32:26
232	270	PIWOWARSKA MAŁGORZATA		POL WTT WARSZAWA	89W	20/5	K / 18	00:42:48 / 228	00:02:52 / 222	01:36:30 / 224	00:01:41 / 227	01:07:18 / 220	03:31:09	01:33:01
233	186	SAMPLAWSKI MICHAŁ		POL	83M	30/60	M / 215	00:37:55 / 202	00:01:55 / 182	01:30:51 / 210	00:03:32 / 212	01:17:46 / 227	03:31:59	01:33:51
234	265	NOWAK STANISŁAW		POL	56M	55/4	M / 216	00:38:48 / 213	00:04:25 / 213	01:41:38 / 227	00:02:47 / 228	01:41:05 / 228	04:08:43	02:10:35