

SILESIA ECO RUN 2010

WYNIKI ZAWODÓW / RESULTS LIST

OPEN 15km

Organizator: FUNDACJA SILESIA PRO ACTIVE

Data: 21 marca 2010 r.

Miejsce/Spot: Katowice - Chorzów

Distance: 15km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.1km	5km	8.1km
1	668	TIMASZOW WLADIMIR	DONECK	UKR	ZAREWO	81	M18/1		(M)1	00:50:28	00:50:28	17.83 00:10:16 / 4 00:33:41 / 3	00:16:30 / 5 00:44:17 / 1	00:27:12 / 3
2	688	ŚWIERC Marcin	LISOWICE	POL	SPELEO SALOMON TEAM	85	M18/2		(M)2	00:50:47	00:50:47	17.72 00:10:16 / 2 00:33:41 / 2	00:16:30 / 4 00:44:31 / 2	00:27:13 / 4
3	314	MAGIERA Piotr	MYSZKOW	POL	LKS MYSZKOW	82	M18/3		(M)3	00:50:56	00:50:56	17.67 00:10:16 / 3 00:33:41 / 4	00:16:29 / 2 00:44:35 / 3	00:27:11 / 1
4	125	GAJNY Wojciech	BIELSKO-BIAŁA	POL		87	M18/4		(M)4	00:51:17	00:51:17	17.55 00:10:16 / 1 00:33:41 / 5	00:16:30 / 3 00:44:40 / 4	00:27:12 / 2
5	711	KOŃ PIOTR	RĘCZNO	POL	GLKS FAŁKÓW	78	M30/1		(M)5	00:52:33	00:52:32	17.13 00:10:40 / 5 00:34:43 / 6	00:17:02 / 6 00:45:54 / 5	00:28:09 / 5
6	90	CZAJA roman	OŚWIĘCIM	POL	OKB ZADYSZKA OŚWIĘCIM	71	M30/2		(M)6	00:52:56	00:52:55	17.01 00:10:51 / 7 00:35:13 / 7	00:17:27 / 8 00:46:24 / 6	00:28:38 / 7
7	702	KLER Sebastian	DOBRODZIEŃ	POL	WKB META-KLER LUBLINIEC	76	M30/3		(M)7	00:53:13	00:53:13	16.91 00:11:01 / 9 00:35:15 / 8	00:17:34 / 9 00:46:35 / 7	00:28:37 / 6
8	499	SLADEK Dominik	RUDA ŚLĄKA	POL	UKS 14 ZABRZE	88	M18/5		(M)8	00:54:21	00:54:21	16.56 00:11:09 / 11 00:36:04 / 10	00:17:52 / 11 00:47:40 / 8	00:29:18 / 10
9	574	WALOSKI Dawid	JAWORZNO	POL		92	M18/6		(M)9	00:54:43	00:54:41	16.46 00:10:41 / 6 00:36:03 / 9	00:17:02 / 7 00:48:00 / 9	00:28:43 / 8
10	150	GORTEL AGNIESZKA	CHORZÓW	POL	TS AKS CHORZÓW	77	K30/1		(K)1	00:54:58	00:54:58	16.37 00:11:20 / 13 00:36:30 / 14	00:18:04 / 14 00:48:13 / 11	00:29:36 / 13
11	609	WOŹNICKI piotr	OŚWIĘCIM	POL		75	M30/4		(M)10	00:55:02	00:55:01	16.36 00:11:07 / 10 00:36:29 / 12	00:17:58 / 12 00:48:14 / 12	00:29:35 / 12
12	228	KOBAJŁO Ryszard	KATOWICE	POL	TKKF-CZARNI KATOWICE	62	M40/1		(M)11	00:55:08	00:55:08	16.32 00:10:55 / 8 00:36:08 / 11	00:17:34 / 10 00:48:08 / 10	00:29:11 / 9
13	285	KUREK JACEK	TYCHY	POL	40-LATEK TYCHY	72	M30/5		(M)12	00:55:51	00:55:51	16.11 00:11:21 / 14 00:36:29 / 13	00:18:04 / 13 00:48:43 / 13	00:29:35 / 11
14	695	SIEGMUND TADEUSZ	JASTRZĘBIE ZDRÓJ	POL	KB MOSIR JASTRZĘBIE	70	M40/2		(M)13	00:56:34	00:56:34	15.91 00:11:32 / 17 00:37:44 / 17	00:18:37 / 18 00:49:43 / 15	00:30:37 / 16
15	694	BADERA Krzysztof				60	M50/1		(M)14	00:56:36	00:56:36	15.90 00:11:46 / 22 00:37:48 / 18	00:18:47 / 21 00:49:43 / 14	00:30:44 / 18
16	181	JAGIEŁA Adam	SIEMIANOWICE ŚLĄSKIE	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	73	M30/6		(M)15	00:56:52	00:56:52	15.83 00:11:19 / 12 00:37:36 / 15	00:18:23 / 15 00:49:52 / 16	00:30:30 / 14
17	1127	BRYCH PAJAK EWA	CZESTCHOWA		BUDOWLANI CZESTOCHOWA	75	K30/2		(K)2	00:57:00	00:57:00	15.79 00:11:23 / 15 00:37:36 / 16	00:18:24 / 16 00:49:53 / 17	00:30:31 / 15

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
18	310	MACIOL ANDRZEJ	KRAKOW	POL	AZS-AWF MASTERS KRAKOW	54	M50/2		(M)16	00:57:07	00:57:06	15.76	00:11:41 / 19 00:38:01 / 19	00:18:48 / 23 00:50:04 / 18	00:30:52 / 19
19	394	PANCHYRZ Tomasz	CHORZÓW	POL		84	M18/7		(M)17	00:57:28	00:57:24	15.68	00:11:44 / 21 00:38:09 / 20	00:18:46 / 20 00:50:26 / 19	00:30:55 / 20
20	80	CIEPLAK MACIEJ	RYBNIK	POL	CHEMIA-HURT RYBNIK	62	M40/3		(M)18	00:57:38	00:57:37	15.62	00:11:47 / 24 00:38:11 / 21	00:18:48 / 22 00:50:31 / 20	00:30:57 / 21
21	180	JADCZYK Tomasz	DĄBROWA GÓRNICZA	POL	AGH KRAKÓW	84	M18/8		(M)19	00:57:52	00:57:52	15.55	00:11:47 / 23 00:38:41 / 23	00:19:01 / 25 00:50:53 / 21	00:31:23 / 23
22	715	KUCHARSKA EWA	PSZCZYNA	POL	MKS ISKRA PSZCZYNA	81	K18/1		(K)3	00:57:58	00:57:58	15.53	00:12:02 / 30 00:38:44 / 25	00:19:16 / 29 00:50:57 / 22	00:31:32 / 26
23	1	LUBELSKI ŁUKASZ	KATOWICE	POL		75	M30/7		(M)20	00:58:09	00:58:03	15.50	00:12:08 / 33 00:38:55 / 28	00:19:19 / 32 00:51:10 / 23	00:31:35 / 28
24	330	MAŚLANKA Tomasz	BYTOM	POL		72	M30/8		(M)21	00:58:15	00:58:11	15.47	00:12:08 / 34 00:38:56 / 29	00:19:23 / 33 00:51:14 / 25	00:31:47 / 30
25	674	DANIŁ Adam	RYBNIK	POL	AKB KNURÓW	64	M40/4		(M)22	00:58:29	00:58:28	15.39	00:11:52 / 26 00:38:41 / 24	00:19:01 / 26 00:51:10 / 24	00:31:29 / 24
26	589	WILK Dariusz	BĘDZIN	POL		77	M30/9		(M)23	00:58:36	00:58:32	15.38	00:12:01 / 29 00:38:53 / 27	00:19:11 / 27 00:51:29 / 26	00:31:31 / 25
27	516	STEFĄSKI Marian	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	65	M40/5		(M)24	00:58:39	00:58:26	15.40	00:12:35 / 58 00:39:38 / 36	00:19:55 / 48 00:51:40 / 28	00:32:20 / 37
28	486	SIKORA Adam	KATOWICE	POL	PRO-CYCLING.ORG	86	M18/9		(M)25	00:58:50	00:58:48	15.31	00:11:23 / 16 00:38:53 / 26	00:18:28 / 17 00:51:35 / 27	00:30:57 / 22
29	2	HERCOG PIOTR	CZESTOCHOWA			76	M30/10		(M)26	00:58:57	00:58:37	15.35	00:12:18 / 38 00:39:12 / 31	00:19:25 / 36 00:51:40 / 29	00:31:46 / 29
30	783	KUREK ARTUR	ŻYRARDÓW	POL	SPELEO SALOMON TEAM	70	M40/6		(M)27	00:59:17	00:58:57	15.27	00:12:18 / 39 00:39:29 / 33	00:19:29 / 37 00:51:55 / 30	00:32:00 / 33
31	482	SAMBAK Tadeusz	BRZESZCZE	POL	ZADYSZKA OŚWIĘCIM	69	M40/7		(M)28	00:59:24	00:59:19	15.17	00:12:25 / 44 00:39:30 / 34	00:19:35 / 38 00:52:02 / 31	00:32:01 / 34
32	581	WĘGLER Jarosław	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	70	M40/8		(M)29	00:59:32	00:59:31	15.12	00:11:42 / 20 00:39:07 / 30	00:18:53 / 24 00:52:10 / 33	00:31:34 / 27
33	444	PUDEŁKO Michał	IMIELIN	POL		76	M30/11		(M)30	00:59:35	00:59:30	15.13	00:12:37 / 63 00:39:54 / 39	00:19:58 / 52 00:52:28 / 36	00:32:30 / 41
34	73	CELIŃSKI Robert	WARSZAWA-ANIN	POL	BYLDOBIEC ANIN	79	M30/12		(M)31	00:59:39	00:59:39	15.09	00:11:49 / 25 00:39:23 / 32	00:19:16 / 30 00:52:08 / 32	00:31:55 / 32
35	501	SOBCZAK Henryk	NOWY TARG	POL	NIEZRZESZONY	83	M18/10		(M)32	00:59:42	00:59:37	15.10	00:12:21 / 41 00:39:51 / 38	00:19:45 / 42 00:52:27 / 35	00:32:22 / 38
36	69	BUKOWCZAN Marian	OŚWIĘCIM	POL	UG BRZESZCZE	53	M50/3		(M)33	00:59:53	00:59:48	15.05	00:12:48 / 67 00:40:06 / 43	00:20:11 / 60 00:52:31 / 37	00:32:44 / 46
37	621	ZAJĄC Filip	KATOWICE	POL		78	M30/13		(M)34	01:00:03	00:59:53	15.03	00:12:07 / 32 00:39:59 / 40	00:19:24 / 34 00:53:01 / 44	00:32:16 / 36
38	521	STOPYRA Michał	CHORZÓW	POL		87	M18/11		(M)35	01:00:04	00:59:58	15.01	00:12:37 / 62 00:40:08 / 45	00:20:05 / 54 00:52:45 / 38	00:32:45 / 47
39	141	GŁOWACZ Mateusz	JAWORZNO	POL	KB MCKIS JAWORZNO	88	M18/12		(M)36	01:00:11	01:00:11	14.95	00:12:27 / 47 00:40:03 / 42	00:19:48 / 43 00:52:50 / 41	00:32:29 / 39
40	232	KOCYBA Henryk	LUBLINIEC	POL	WKB META LUBLINIEC	55	M50/4		(M)37	01:00:14	01:00:09	14.96	00:12:30 / 52 00:40:00 / 41	00:19:51 / 45 00:52:50 / 42	00:32:31 / 42
41	708	ZAPART BARTOSZ	ŚWIĘTOCHŁOWICE	POL		90	M18/13		(M)38	01:00:18	01:00:15	14.94	00:12:19 / 40 00:40:07 / 44	00:19:44 / 41 00:53:00 / 43	00:32:32 / 43

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.1km	5km	8.1km
42	33	BEDNARSKI STANISŁAW	BYTOM	POL	NIEZRZESZONY	70	M40/9		(M)39	01:00:19	01:00:18	14.93 00:12:03 / 31 00:39:45 / 37	00:19:24 / 35 00:52:49 / 40	00:32:06 / 35
43	474	RÓŻAŃSKI Marek	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	66	M40/10		(M)40	01:00:20	01:00:17	14.93 00:12:29 / 48 00:40:22 / 49	00:19:55 / 47 00:53:12 / 45	00:32:46 / 48
44	114	FIJAŁKOWSKI Zbigniew	ŚWIĘTOCHŁOWICE	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	62	M40/11		(M)41	01:00:33	01:00:32	14.87 00:11:54 / 28 00:39:31 / 35	00:19:15 / 28 00:52:45 / 39	00:31:54 / 31
45	511	STACHURA Mściwoj	TYCHY	POL	40LATEK TYCHY	91	M18/14		(M)42	01:00:39	01:00:38	14.84 00:12:36 / 59 00:40:28 / 51	00:20:10 / 58 00:53:19 / 48	00:33:00 / 53
46	487	SKARŻYŃSKI Janusz	KATOWICE	POL	DOLINIARZE.COM	62	M40/12		(M)43	01:00:42	01:00:41	14.83 00:12:24 / 43 00:40:33 / 52	00:20:03 / 53 00:53:12 / 46	00:33:01 / 55
47	43	BIELIŃSKI Piotr	KNURÓW	POL	KB SOKÓŁ KNURÓW	88	M18/15		(M)44	01:00:46	01:00:46	14.81 00:11:39 / 18 00:38:25 / 22	00:18:38 / 19 00:52:21 / 34	00:30:42 / 17
48	522	STROJNY Andrzej	CHELM ŚLĄSKI	POL		65	M40/13		(M)45	01:00:46	01:00:40	14.84 00:12:43 / 65 00:40:40 / 56	00:20:11 / 61 00:53:26 / 49	00:33:05 / 60
49	739	BIALORCZYK-JARZĘBOWSK Magdalena	WILKOWICE	POL	TORK :-)	72	K30/3		(K)4	01:00:53	01:00:53	14.78 00:12:10 / 36 00:40:10 / 47	00:19:37 / 40 00:53:15 / 47	00:32:34 / 44
50	433	POLEĆ ARKADIUSZ	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	90	M18/16		(M)46	01:01:02	01:01:02	14.75 00:13:04 / 83 00:40:58 / 62	00:20:38 / 73 00:53:49 / 56	00:33:22 / 62
51	755	KUBISTA MAREK	KATOWICE	POL	KB JÓZEFGA	81	M18/17		(M)47	01:01:03	01:00:59	14.76 00:12:36 / 60 00:40:50 / 61	00:20:15 / 66 00:53:45 / 54	00:33:08 / 61
52	103	DYK Mirosław	SOSNOWIEC	POL	MARATONYPOLSKIE.PL TEAM	74	M30/14		(M)48	01:01:07	01:01:04	14.74 00:12:34 / 54 00:40:36 / 55	00:20:09 / 56 00:53:32 / 50	00:33:03 / 58
53	291	KWIECIAK Jarosław	DĄBROWA GÓRNICZA	POL	POGORIA BIEGA	54	M50/5		(M)49	01:01:15	01:01:12	14.71 00:12:29 / 49 00:40:28 / 50	00:19:57 / 50 00:53:37 / 51	00:32:48 / 49
54	557	ŚWIERCZEK Anna	BIELSKO-BIAŁA	POL	BYLEDOBIEC ANIN	79	K30/4		(K)5	01:01:19	01:01:17	14.69 00:12:35 / 57 00:40:33 / 53	00:20:11 / 59 00:53:41 / 53	00:33:03 / 57
55	757	SALBERT MAREK	KATOWICE	POL	KB JOZEFINKA KATOWICE	58	M50/6		(M)50	01:01:24	01:01:20	14.67 00:12:36 / 61 00:40:41 / 57	00:20:14 / 65 00:53:47 / 55	00:33:03 / 59
56	34	BEDNARZ Jakub	SOSNOWIEC	POL	POLITECHNIKA ŚLĄSKA	85	M18/18		(M)51	01:01:30	01:01:30	14.63 00:12:30 / 50 00:40:09 / 46	00:19:49 / 44 00:53:37 / 52	00:32:29 / 40
57	29	BASTA Grzegorz	CHEŁMEK	POL	ZADYSZKA OŚWIĘCIM	70	M40/14		(M)52	01:01:39	01:01:39	14.60	00:04:28 / 1 -1:-5:-4 / 0	
58	64	BRANDT Andrzej	BELCHATÓW	POL	NONSTOP ADVENTURE ZHP	87	M18/19		(M)53	01:01:46	01:01:27	14.65 00:12:32 / 53 00:40:35 / 54	00:19:56 / 49 00:53:57 / 57	00:32:57 / 51
59	266	KROWIAK Jacek	PAWŁOWICE	POL	" JACEK & AGATA"	77	M30/15		(M)54	01:01:46	01:01:45	14.57 00:12:10 / 35 00:40:21 / 48	00:19:36 / 39 00:54:15 / 60	00:32:35 / 45
60	286	KURKIEWICZ Sławomir	KATOWICE	POL	DOLINIARZE.COM	67	M40/15		(M)55	01:01:46	01:01:45	14.57 00:12:23 / 42 00:40:45 / 59	00:19:58 / 51 00:54:13 / 59	00:33:00 / 52
61	671	WYSZKOŃ FRANCISZEK	ŁAŃCE	POL	FORMA WODZISŁAW ŚL.	81	M18/20		(M)56	01:01:55	01:01:46	14.57 00:12:49 / 68 00:40:45 / 58	00:20:12 / 62 00:53:59 / 58	00:33:01 / 56
62	47	BŁASZCZYK Cezary	KATOWICE	POL	KB HOLMES PLACE	71	M30/16		(M)57	01:02:10	01:02:09	14.48 00:12:50 / 69 00:41:18 / 64	00:20:24 / 68 00:54:34 / 62	00:33:36 / 66
63	591	WIŚNIEWSKA Dominika	JANÓW LUBELSKI	POL	SKB KRAŚNIK	86	K18/2		(K)6	01:02:13	01:02:12	14.47 00:12:16 / 37 00:40:46 / 60	00:19:55 / 46 00:54:20 / 61	00:33:01 / 54
64	75	CHOMIK Rafał	GLIWICE	POL		77	M30/17		(M)58	01:02:21	01:02:13	14.47 00:12:52 / 73 00:41:28 / 66	00:20:33 / 69 00:54:46 / 63	00:33:42 / 69
65	554	ŚCISŁO Mariusz	KRAKÓW	POL	KKB DYSTANS	78	M30/18		(M)59	01:02:48	01:02:42	14.35 00:12:53 / 74 00:42:09 / 73	00:20:38 / 72 00:55:28 / 70	00:34:11 / 73

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66	329	MASON JACEK	RUDA ŚLĄSKA	POL	NIEZRZESZONY	73	M30/19		(M)60	01:03:02	01:02:58	14.29	00:12:27 / 46 00:41:31 / 67	00:20:12 / 63 00:55:12 / 65	00:33:35 / 65
67	570	USZOK Aleksander	KATOWICE	POL	NIEZRZESZONY	77	M30/20		(M)61	01:03:03	01:02:54	14.31	00:13:10 / 86 00:42:05 / 72	00:20:51 / 82 00:55:22 / 67	00:34:13 / 75
68	549	SZWED Krzysztof	LUBLINIEC	POL	WKB META LUBLINIEC	65	M40/16		(M)62	01:03:12	01:03:12	14.24	00:12:35 / 56 00:41:33 / 68	00:20:15 / 67 00:55:11 / 64	00:33:38 / 67
69	18	ADAMCZYK Rafał	KATOWICE	POL	NIEZRZESZONY	78	M30/21		(M)63	01:03:12	01:03:08	14.26	00:12:58 / 77 00:42:00 / 71	00:20:41 / 74 00:55:27 / 69	00:34:10 / 71
70	272	KRZON Ireneusz	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	66	M40/17		(M)64	01:03:16	01:03:05	14.27	00:13:22 / 98 00:42:11 / 74	00:21:07 / 86 00:55:35 / 72	00:34:19 / 77
71	580	WESTENHOLZ Piotr	BALIN	POL	KB MCKIS JAWORZNO	64	M40/18		(M)65	01:03:24	01:03:12	14.24	00:13:21 / 95 00:42:14 / 75	00:21:11 / 89 00:55:34 / 71	00:34:27 / 78
72	546	SZTUKA Łukasz	KATOWICE	POL	AKB KNURÓW	80	M30/22		(M)66	01:03:27	01:03:26	14.19	00:12:30 / 51 00:41:26 / 65	00:20:10 / 57 00:55:20 / 66	00:33:34 / 64
73	309	MACIEJEWSKI Marek	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	61	M40/19		(M)67	01:03:35	01:03:32	14.17	00:12:25 / 45 00:41:37 / 69	00:20:07 / 55 00:55:25 / 68	00:33:32 / 63
74	800	OCHNICKI MIROSŁAW	KATOWICE			81	M18/21		(M)68	01:03:54	01:03:43	14.13	00:13:04 / 81 00:42:17 / 78	00:20:47 / 78 00:55:59 / 74	00:34:12 / 74
75	318	MAJCHRZAK TYMOTEUSZ	KATOWICE	POL	MATTERHORN	76	M30/23		(M)69	01:04:05	01:03:55	14.08	00:13:00 / 78 00:42:22 / 79	00:20:43 / 76 00:56:09 / 75	00:34:17 / 76
76	194	JARZĘBOWICZ Adam	KATOWICE	POL	DOLINIARZE.COM	75	M30/24		(M)70	01:04:08	01:04:02	14.06	00:13:07 / 85 00:42:40 / 82	00:20:49 / 80 00:56:34 / 80	00:34:39 / 84
77	617	WYLECIAŁ Dorota	KATOWICE	POL	TRUCHTACZ MYSŁOWICE	60	K50+/1		(K)7	01:04:21	01:04:18	14.00	00:12:52 / 72 00:42:16 / 77	00:20:37 / 71 00:56:16 / 77	00:34:10 / 72
78	402	PAWLIKOWSKI Bogusław	KATOWICE	POL	KHWS.A. KWK "MURCKI-STASZIC"	64	M40/20		(M)71	01:04:22	01:04:19	13.99	00:12:52 / 71 00:42:15 / 76	00:20:37 / 70 00:56:16 / 76	00:34:10 / 70
79	415	PIETRASIAK Daniel	SOSNOWIEC	POL		90	M18/22		(M)72	01:04:27	01:04:24	13.98	00:12:51 / 70 00:42:36 / 80	00:20:42 / 75 00:56:31 / 79	00:34:29 / 79
80	779	TOMA DARIUSZ	SIEMIANOWICE	POL	KB JÓZEFINKA				(M)73	01:04:43	01:04:40	13.92	00:11:54 / 27 00:41:07 / 63	00:19:17 / 31 00:55:58 / 73	00:32:49 / 50
81	434	POLEĆ Sebastian	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	90	M18/23		(M)74	01:04:47	01:04:47	13.89	00:13:04 / 82 00:42:39 / 81	00:21:00 / 85 00:56:49 / 81	00:34:33 / 81
82	242	KONTOWICZ RAFAŁ	MYSŁOWICE	POL	MYSŁOWICE	74	M30/25		(M)75	01:04:51	01:04:43	13.91	00:13:59 / 135 00:44:07 / 107	00:22:09 / 133 00:57:20 / 86	00:35:59 / 113
83	213	KAPŁON Tomasz	BYTOM	POL	NIEZRZESZONY	66	M40/21		(M)76	01:04:57	01:04:46	13.90	00:13:23 / 100 00:42:42 / 83	00:21:08 / 87 00:56:52 / 82	00:34:38 / 83
84	770	BRZEZIŃSKI DAMIAN	WYSOKA	POL		86	M18/24		(M)77	01:05:01	01:04:54	13.87	00:13:40 / 120 00:43:14 / 88	00:21:37 / 107 00:57:00 / 83	00:35:14 / 89
85	322	MANOWSKI Jan	PIEKARY ŚL.	POL		64	M40/22		(M)78	01:05:02	01:04:54	13.87	00:13:19 / 93 00:43:11 / 86	00:21:12 / 90 00:57:12 / 84	00:35:04 / 86
86	78	CIELNIASZEK Marek	BĘDZIN	POL	ASOCJACJA DZIEŃ ŚWIRA	78	M30/26		(M)79	01:05:13	01:05:07	13.82	00:12:34 / 55 00:41:49 / 70	00:20:14 / 64 00:56:22 / 78	00:33:41 / 68
87	109	ELIASZ Robert	ZABRZE	POL		65	M40/23		(M)80	01:05:18	01:05:14	13.80	00:13:24 / 103 00:43:34 / 93	00:21:17 / 92 00:57:39 / 91	00:35:18 / 90
88	105	DYRLAGA Stanisław	WĘGIERSKA GÓRKA	POL	KS HALNY WĘGIERSKA GÓRKA	58	M50/7		(M)81	01:05:27	01:05:08	13.82	00:14:12 / 153 00:43:40 / 95	00:22:02 / 127 00:57:22 / 87	00:35:40 / 102
89	764	SZPONARSKI PAWEŁ	RZECZYCE	POL		76	M30/27		(M)82	01:05:27	01:05:21	13.77	00:13:02 / 80 00:43:13 / 87	00:20:54 / 83 00:57:23 / 88	00:34:50 / 85

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
90	747	ZGONDEK MARCIN	BYTOM	POL		70	M40/24		(M)83	01:05:29	01:05:08	13.82	00:14:01 / 137 00:43:51 / 99	00:22:03 / 130 00:57:40 / 92	00:35:46 / 108
91	153	GÓRSKI Marian	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	57	M50/8		(M)84	01:05:35	01:05:26	13.75	00:13:48 / 127 00:43:44 / 98	00:21:44 / 113 00:57:39 / 90	00:35:35 / 96
92	74	CHMIELEWSKI Robert	JAWORZNO	POL	KB MCKIS JAWORZNO	70	M40/25		(M)85	01:05:37	01:05:34	13.73	00:13:22 / 96 00:43:18 / 89	00:21:18 / 93 00:57:29 / 89	00:35:09 / 88
93	612	WÓJTOWICZ Marcin	SIEMIANOWICE ŚLĄSKIE	POL	NIKE +	77	M30/28		(M)86	01:05:39	01:05:36	13.72	00:12:55 / 75 00:42:49 / 84	00:20:50 / 81 00:57:18 / 85	00:34:34 / 82
94	38	BEREZOWSKI Janusz	KATOWICE	POL		51	M50/9		(M)87	01:05:48	01:05:45	13.69	00:13:27 / 105 00:43:55 / 100	00:21:33 / 101 00:57:41 / 93	00:35:39 / 98
95	130	GAWEŁ Bogdan	OŚWIĘCIM-ZABORZE	POL	MIŁOŚNIK SPORTU I REKREACJI OŚWIĘCIM-Z	56	M50/10		(M)88	01:05:55	01:05:52	13.66	00:13:36 / 113 00:43:39 / 94	00:21:34 / 103 00:57:52 / 95	00:35:30 / 95
96	46	BLUZA Łukasz	KATOWICE	POL	DOLINIARZE.COM	74	M30/29		(M)89	01:05:55	01:05:49	13.67	00:13:23 / 99 00:43:33 / 92	00:21:23 / 96 00:57:54 / 97	00:35:19 / 91
97	95	DEJA Łukasz	PIEKARY ŚLĄSKIE	POL	TKKF PIEKARY ŚLĄSKIE	88	M18/25		(M)90	01:06:08	01:05:59	13.64	00:13:39 / 118 00:43:27 / 91	00:21:37 / 106 00:58:09 / 100	00:35:22 / 92
98	176	HULIN Sebastian	KATOWICE	POL	SATURN JACHTY TEAM	74	M30/30		(M)91	01:06:11	01:05:53	13.66	00:13:41 / 121 00:44:06 / 106	00:21:52 / 116 00:58:20 / 102	00:35:44 / 104
99	683	STASICZEK Jan	KATOWICE	POL	WKB META LUBLINIEC	75	M30/31		(M)92	01:06:13	01:06:12	13.60	00:12:56 / 76 00:42:58 / 85	00:20:46 / 77 00:57:59 / 98	00:34:31 / 80
100	428	PŁONKA Piotr	JAWORZNO	POL	KB MCKIS JAWORZNO	64	M40/26		(M)93	01:06:16	01:06:04	13.62	00:13:51 / 129 00:43:57 / 102	00:21:58 / 122 00:58:02 / 99	00:35:45 / 105
101	401	PAWLAS Łucjan	ZEBRZYDOWICE	POL		75	M30/32		(M)94	01:06:19	01:06:19	13.57	00:13:47 / 124 00:44:24 / 111	00:21:57 / 121 00:58:22 / 104	00:35:59 / 112
102	44	BIEŃKOWSKI Łukasz	KRAKÓW	POL	KKB DYSTANS KRAKÓW	68	M40/27		(M)95	01:06:20	01:06:11	13.60	00:13:36 / 114 00:43:42 / 97	00:21:41 / 111 00:57:53 / 96	00:35:25 / 93
103	686	JĘCHOREK MARCIN	TARNOWIEC	POL	KS KAWALERIA	87	M18/26		(M)96	01:06:21	01:06:14	13.59	00:14:10 / 150 00:44:42 / 118	00:22:16 / 138 00:59:02 / 110	00:36:26 / 123
104	270	KRUEGER Paweł	ZABRZE	POL		81	M18/27		(M)97	01:06:24	01:06:17	13.58	00:13:06 / 84 00:43:21 / 90	00:21:14 / 91 00:57:48 / 94	00:35:08 / 87
105	542	SZPAK Damian	TYCHY	POL	NIEZRZESZONY	61	M40/28		(M)98	01:06:25	01:06:16	13.58	00:14:36 / 189 00:44:41 / 116	00:22:49 / 170 00:58:31 / 105	00:36:34 / 129
106	177	INDYKA Maciej	KRAKÓW	POL	WKS WAWEL	80	M30/33		(M)99	01:06:34	01:06:34	13.52	00:13:27 / 106 00:43:56 / 101	00:21:36 / 104 00:58:22 / 103	00:35:40 / 100
107	254	KOWALSKI ANDRZEJ	MYSZKÓW	POL	WKU W BĘDZINIE	69	M40/29		(M)100	01:06:44	01:06:29	13.54	00:13:22 / 97 00:44:02 / 104	00:21:22 / 95 00:58:33 / 106	00:35:39 / 99
108	726	PELIKAN ANDRZEJ	KŁOBUCK	POL		66	M40/30		(M)101	01:06:54	01:06:47	13.48	00:13:29 / 108 00:44:08 / 108	00:21:39 / 110 00:58:36 / 107	00:35:45 / 106
109	732	KOZDOŃ JAROSŁAW	ŻORY	POL	KW GLIWICE	84	M18/28		(M)102	01:06:57	01:06:40	13.50	00:14:40 / 198 00:45:22 / 137	00:23:02 / 177 00:59:14 / 118	00:36:58 / 145
110	278	KULPECKI Piotr	BĘDZIN	POL	POGORIA BIEGA	70	M40/31		(M)103	01:07:02	01:07:00	13.43	00:13:18 / 91 00:44:18 / 110	00:21:30 / 98 00:58:49 / 109	00:35:46 / 107
111	212	KAMOcki Bartłomiej	TOMASZÓW	POL	DRUŻYNA SZPIKU	81	M18/29		(M)104	01:07:03	01:06:57	13.44	00:14:10 / 149 00:44:42 / 117	00:22:16 / 136 00:59:02 / 111	00:36:26 / 122
112	24	ANTOLAK EDWARD	KATOWICE	POL	KATOWICE	51	M50/11		(M)105	01:07:07	01:07:06	13.41	00:13:31 / 110 00:44:00 / 103	00:21:32 / 99 00:58:38 / 108	00:35:38 / 97
113	528	SYGUT Grzegorz	SIEMIANOWICE	POL	WORLD CLASS TEAM	80	M30/34		(M)106	01:07:09	01:06:54	13.45	00:13:23 / 102 00:44:51 / 124	00:21:44 / 114 00:59:06 / 114	00:36:17 / 117

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
114	610	WÓJCIK Daniel	KATOWICE	POL	WOLRD CLASS TEAM	78	M30/35		(M)107	01:07:12	01:06:54	13.45	00:14:21 / 169 00:45:08 / 129	00:22:39 / 156 00:59:16 / 120	00:36:45 / 138
115	353	MOROŃ ARTUR	CHORZÓW	POL		74	M30/36		(M)108	01:07:12	01:06:53	13.46	00:14:26 / 178 00:44:56 / 126	00:22:36 / 153 00:59:02 / 112	00:36:37 / 132
116	613	WRONSKA Beata	JASŁO	POL		80	K30/5		(K)8	01:07:15	01:07:10	13.40	00:14:00 / 136 00:44:46 / 120	00:22:16 / 139 00:59:04 / 113	00:36:22 / 121
117	496	SKRZYPCZYK Michał	TYCHY	POL	ALPIN SPORT	82	M18/30		(M)109	01:07:21	01:07:18	13.37	00:13:17 / 89 00:44:28 / 113	00:21:33 / 102 00:59:16 / 121	00:35:54 / 111
118	204	JURASZEK Antoni	WĘGIERSKA GÓRKA	POL	KS HALNY WĘGIERSKA GÓRKA	56	M50/12		(M)110	01:07:23	01:07:05	13.42	00:14:12 / 154 00:43:40 / 96	00:22:02 / 129 00:58:14 / 101	00:35:40 / 103
119	790	WRÓBEL RAFAŁ	KATOWICE	POL	DOLINIARZE.COM	91	M18/31		(M)111	01:07:24	01:07:08	13.41	00:13:52 / 132 00:45:05 / 128	00:22:11 / 134 00:59:25 / 125	00:36:30 / 127
120	615	WULUPEK Tomasz	SOSNOWIEC	POL		76	M30/37		(M)112	01:07:25	01:06:58	13.44	00:14:25 / 176 00:44:47 / 121	00:22:26 / 145 00:59:10 / 115	00:36:27 / 124
121	241	KONSEK Paweł	ŻORY	POL	ŻORY-KLESZCZÓWKA	90	M18/32		(M)113	01:07:26	01:06:58	13.44	00:14:49 / 217 00:45:32 / 144	00:23:11 / 184 00:59:38 / 130	00:37:09 / 151
122	654	ŚNIEGÓRSKI Maciej	GLIWICE	POL	SKLEPBIEGACZA.PL TEAM	83	M18/33		(M)114	01:07:27	01:07:20	13.37	00:14:17 / 160 00:45:49 / 152	00:23:05 / 178 01:00:14 / 139	00:37:26 / 160
123	577	WCISŁO Dariusz	CHRZANÓW	POL		75	M30/38		(M)115	01:07:33	01:07:24	13.35	00:13:48 / 126 00:44:48 / 122	00:22:03 / 131 00:59:11 / 117	00:36:18 / 119
124	160	GRUBA Sylwester	RYBNIK	POL	WEEKEND TEAM RYBNIK	75	M30/39		(M)116	01:07:37	01:07:16	13.38	00:14:23 / 172 00:45:30 / 141	00:22:43 / 162 00:59:41 / 131	00:37:01 / 146
125	718	CZERWIŃSKI ANDRZEJ	KATOWICE			75	M30/40		(M)117	01:07:43	01:07:40	13.30	00:13:23 / 101 00:44:50 / 123	00:21:38 / 108 00:59:16 / 119	00:36:19 / 120
126	11	ZUGAJ Robert	RUDA ŚLĄSKA	POL		78	M30/41		(M)118	01:07:44	01:07:40	13.30	00:13:20 / 94 00:44:43 / 119	00:21:42 / 112 00:59:18 / 122	00:36:11 / 116
127	395	PAPAŁA Leszek	ŁAZISKA GÓRNE	POL	DOLINARZE.COM	62	M40/32		(M)119	01:07:52	01:07:47	13.28	00:14:04 / 142 00:45:12 / 133	00:22:29 / 147 00:59:30 / 127	00:36:45 / 137
128	218	KĄKOL Łukasz	KRAKÓW	POL	UBS RUNNING TEAM	80	M30/42		(M)120	01:07:52	01:07:47	13.28	00:13:18 / 90 00:44:26 / 112	00:21:27 / 97 00:59:10 / 116	00:35:54 / 110
129	625	ZIELONKA Wiesław	KATOWICE	POL	HUHTAMAKI-POLSKA	60	M50/13		(M)121	01:07:59	01:07:57	13.25	00:12:43 / 64 00:44:05 / 105	00:20:48 / 79 00:59:25 / 124	00:35:26 / 94
130	525	STWORA Rafał	KATOWICE	POL	HOSPICJUM CORDIS	79	M30/43		(M)122	01:08:03	01:07:51	13.26	00:14:09 / 148 00:44:52 / 125	00:22:14 / 135 00:59:27 / 126	00:36:29 / 126
131	1124	STEFĄNCZUK Waldemar	KATOWICE	POL	KLUB HOKEJOWY SIGMA KATOWICE	77	M30/44		(M)123	01:08:05	01:08:05	13.22	00:14:21 / 170 00:45:08 / 130	00:22:39 / 157 00:59:36 / 129	00:36:45 / 139
132	63	BOŻEK Bogusław	MIKOŁÓW	POL	MOSIR ŁAZISKA GÓRNE	73	M30/45		(M)124	01:08:11	01:08:08	13.21	00:13:52 / 131 00:45:23 / 138	00:22:16 / 137 00:59:57 / 133	00:36:47 / 140
133	490	SKOWRON GRZEGORZ	KATOWICE	POL		79	M30/46		(M)125	01:08:16	01:08:08	13.21	00:13:11 / 87 00:44:10 / 109	00:21:10 / 88 00:59:30 / 128	00:35:40 / 101
134	469	ROGACZ Piotr	SOSNOWIEC	POL		81	M18/34		(M)126	01:08:20	01:08:00	13.24	00:14:34 / 186 00:45:42 / 151	00:22:49 / 172 01:00:08 / 136	00:37:09 / 152
135	381	ODYJAS Szymon	ŁAZY	POL		82	M18/35		(M)127	01:08:22	01:08:18	13.18	00:13:02 / 79 00:44:40 / 115	00:21:20 / 94 00:59:24 / 123	00:35:49 / 109
136	419	PINDEL Piotr	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	65	M40/33		(M)128	01:08:23	01:08:11	13.20	00:13:39 / 119 00:44:31 / 114	00:21:39 / 109 00:59:54 / 132	00:36:08 / 115
137	192	JANUSZ Bartłomiej	KATOWICE	POL	GAST OPROGRAMOWANIE DLA AUDYTU	75	M30/47		(M)129	01:08:24	01:08:23	13.16	00:13:28 / 107 00:45:15 / 135	00:21:56 / 120 01:00:00 / 134	00:36:32 / 128

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
138	506	SOKOŁOWSKI Marek	MYSŁOWICE-WESOŁA	POL		69	M40/34		(M)130	01:08:24	01:08:20	13.17	00:13:33 / 111 00:45:21 / 136	00:21:56 / 119 01:00:08 / 135	00:36:29 / 125
139	698	BRANIA ANDRZEJ	OŚWIĘCIM	POL	OKB ZADYSZKA OŚWIĘCIM	69	M40/35		(M)131	01:08:33	01:08:27	13.15	00:14:14 / 156 00:45:39 / 149	00:22:43 / 161 01:00:14 / 140	00:37:10 / 153
140	390	PAJĄK Andrzej	MIKOŁÓW	POL		62	M40/36		(M)132	01:08:36	01:08:34	13.13	00:13:26 / 104 00:45:11 / 132	00:21:56 / 118 01:00:10 / 138	00:36:35 / 130
141	15	KORNES Janusz	SOSNOWIEC	POL	TKKF TRIATHLON DĄBROWA GÓRNICZA	70	M40/37		(M)133	01:08:49	01:08:45	13.09	00:14:10 / 151 00:45:31 / 142	00:22:17 / 140 01:00:20 / 141	00:36:49 / 142
142	65	BROL KRZYSZTOF	LISOWICE	POL	LISOWICE	65	M40/38		(M)134	01:08:53	01:08:47	13.08	00:13:35 / 112 00:45:11 / 131	00:21:59 / 123 01:00:10 / 137	00:36:35 / 131
143	712	PLACHETKA MICHAŁ	CHORZÓW	POL		74	M30/48		(M)135	01:09:03	01:09:00	13.04	00:14:02 / 138 00:45:58 / 157	00:22:35 / 151 01:00:44 / 146	00:37:20 / 158
144	107	DZIEDZIC Marcin	JAWORZNO	POL	KB MCKIS JAWORZNO	81	M18/36		(M)136	01:09:05	01:08:43	13.10	00:14:17 / 163 00:45:56 / 156	00:22:38 / 154 01:00:39 / 144	00:37:14 / 155
145	652	GŁÓWKA RAFAŁ	TYCHY	POL	DOLINIARZE.COM	76	M30/49		(M)137	01:09:10	01:08:57	13.05	00:14:36 / 188 00:45:38 / 147	00:22:49 / 171 01:00:26 / 143	00:37:04 / 147
146	602	WOJCIECHOWSKI Damian	KATOWICE	POL	DOLINIARZE.COM	81	M18/37		(M)138	01:09:12	01:09:07	13.02	00:13:37 / 115 00:44:58 / 127	00:21:53 / 117 01:00:26 / 142	00:36:17 / 118
147	495	SKOWROŃSKI Mariusz	RYBNIK	POL		65	M40/39		(M)139	01:09:19	01:09:09	13.02	00:14:17 / 162 00:45:39 / 148	00:22:35 / 150 01:00:40 / 145	00:37:08 / 150
148	323	MAŃKA Krzysztof	CHEŁM ŚLĄSKI	POL		88	M18/38		(M)140	01:09:21	01:09:15	13.00	00:14:46 / 211 00:46:42 / 172	00:23:29 / 202 01:01:23 / 162	00:38:09 / 181
149	307	ŁUKOWSKI DARIUSZ	STRZELCE OPOLSKI	POL	OSIR STRZELCE OPOLSKIE	64	M40/40		(M)141	01:09:21	01:09:14	13.00	00:14:03 / 139 00:45:55 / 155	00:22:26 / 146 01:00:57 / 149	00:37:12 / 154
150	498	SKUDLIK Tomasz	RUDA ŚLĄSKA	POL		74	M30/50		(M)142	01:09:22	01:09:01	13.04	00:14:46 / 209 00:46:45 / 174	00:23:34 / 203 01:01:13 / 159	00:38:13 / 183
151	578	WCISŁO STANISŁAW	KRAKÓW	POL	KKB DYSTANS KRAKÓW	58	M50/14		(M)143	01:09:27	01:09:18	12.99	00:14:46 / 210 00:46:00 / 158	00:23:05 / 181 01:00:52 / 148	00:37:36 / 163
152	341	MIERZWA Jarosław	SIEMIANOWICE ŚLĄSKIE	POL		70	M40/41		(M)144	01:09:27	01:08:59	13.05	00:14:19 / 166 00:45:54 / 154	00:22:23 / 143 01:01:03 / 152	00:37:06 / 149
153	565	TURNIAK Dariusz	ŚWIERKLANIEC	POL		65	M40/42		(M)145	01:09:28	01:09:13	13.00	00:14:44 / 207 00:46:42 / 171	00:23:09 / 183 01:01:06 / 157	00:37:57 / 174
154	244	KOPEĆ Artur	JAWORZNO	POL	KB MCKIS JAWORZNO	70	M40/43		(M)146	01:09:30	01:09:18	12.99	00:13:53 / 133 00:45:29 / 140	00:22:07 / 132 01:01:04 / 153	00:36:40 / 135
155	550	SZYMAŃSKI Paweł	KATOWICE	POL		88	M18/39		(M)147	01:09:32	01:09:01	13.04	00:15:22 / 262 00:46:55 / 176	00:23:46 / 210 01:01:25 / 164	00:38:22 / 186
156	161	GRUBKA Maciej	OŚWIĘCIM	POL		77	M30/51		(M)148	01:09:38	01:09:31	12.95	00:14:20 / 168 00:46:05 / 159	00:22:45 / 163 01:01:10 / 158	00:37:19 / 157
157	666	STOLECKI Grzegorz	CHEŁM ŚLĄSKI	POL	GMINA CHEŁM ŚLĄSKI	83	M18/40		(M)149	01:09:41	01:09:24	12.97	00:13:55 / 134 00:45:40 / 150	00:22:18 / 141 01:01:03 / 151	00:37:05 / 148
158	376	NOWAK Grzegorz	CZELADZ	POL	TKKF MOSIR CZELADZ	75	M30/52		(M)150	01:09:42	01:09:40	12.92	00:13:16 / 88 00:45:35 / 145	00:21:36 / 105 01:01:04 / 154	00:36:42 / 136
159	775	KSIĘŻYK JACEK	MYSŁOWICE	POL	TRUCHTCZ MYSŁOWICE	68	M40/44		(M)151	01:09:42	01:09:29	12.95	00:14:24 / 175 00:46:11 / 160	00:22:47 / 165 01:01:05 / 156	00:37:33 / 161
160	416	PIĘTA Krzysztof	SOSNOWIEC	POL	BIEG BIELAWA	56	M50/15		(M)152	01:09:47	01:09:47	12.90	00:13:39 / 117 00:45:37 / 146	00:22:00 / 125 01:01:05 / 155	00:36:52 / 144
161	404	PAK Grzegorz	SOSNOWIEC	POL	SUPER-KICK SOSNOWIEC	79	M30/53		(M)153	01:09:48	01:09:39	12.92	00:14:40 / 200 00:46:37 / 167	00:23:16 / 186 01:01:24 / 163	00:38:02 / 176

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
162	261	KOZŁOWICZ BOLESIAW	KATOWICE	POL		77	M30/54		(M)154	01:09:51	01:09:48	12.89	00:13:38 / 116 00:45:26 / 139	00:22:00 / 126 01:00:48 / 147	00:36:39 / 133
163	72	BURZYŃSKI Marek	KRAKÓW	POL	MULTI FITNESS EC KRAKÓW	73	M30/55		(M)155	01:10:03	01:09:38	12.92	00:14:32 / 184 00:46:12 / 161	00:22:48 / 168 01:01:30 / 165	00:37:21 / 159
164	391	PAJĄK Daniel	SIEMIANOWICE ŚLĄSKIE	POL		64	M40/45		(M)156	01:10:07	01:09:58	12.86	00:14:24 / 174 00:46:22 / 164	00:22:49 / 169 01:01:19 / 160	00:37:41 / 164
165	750	SZYDŁOWSKI IRENEUSZ	KTOWICE	POL		79	M30/56		(M)157	01:10:13	01:09:50	12.89	00:14:40 / 199 00:46:56 / 177	00:23:18 / 187 01:01:55 / 168	00:38:06 / 179
166	599	WITKOWSKI WITOLD	BYTOM	POL		73	M30/57		(M)158	01:10:17	01:09:48	12.89	00:15:20 / 255 00:47:14 / 187	00:23:51 / 221 01:01:58 / 169	00:38:31 / 187
167	585	WIECZOREK Krystian	PIEKARY ŚLĄSKIE	POL	NFZZ POLICJANTÓW PIEKARY ŚLĄSKIE	84	M18/41		(M)159	01:10:19	01:10:01	12.85	00:14:09 / 147 00:45:31 / 143	00:22:24 / 144 01:01:01 / 150	00:36:49 / 141
168	12	LITWA Szymon	MYSŁOWICE	POL	TRUCHTACZ MYSLOWICE	73	M30/58		(M)160	01:10:23	01:10:06	12.84	00:15:12 / 245 00:47:18 / 189	00:23:53 / 224 01:01:53 / 167	00:38:37 / 190
169	459	RAWICKI Jakub	KATOWICE	POL	VIII LO KATOWICE	93	M18/42		(M)161	01:10:34	01:10:34	12.75	00:12:45 / 66 00:45:12 / 134	00:20:55 / 84 01:01:22 / 161	00:36:00 / 114
170	207	KALICIAK Tomasz	RYBNIK	POL	NIEZRZESZONY	60	M50/16		(M)162	01:10:39	01:10:28	12.77	00:15:24 / 267 00:47:24 / 190	00:24:07 / 247 01:02:05 / 172	00:38:52 / 199
171	157	GROŃSKI Janusz	KATOWICE	POL		57	M50/17		(M)163	01:10:45	01:10:42	12.73	00:13:51 / 128 00:46:34 / 165	00:22:42 / 158 01:01:48 / 166	00:37:43 / 166
172	21	ADAMUS-KOWALSKA Justyna	KATOWICE	POL	DOLINIARZE.COM	79	K30/6		(K)9	01:10:51	01:10:45	12.72	00:14:04 / 143 00:46:36 / 166	00:22:33 / 148 01:02:03 / 170	00:37:43 / 165
173	724	SZCZERZEK ZBIGNIEW	ZABRZE	POL		55	M50/18		(M)164	01:10:52	01:10:41	12.73	00:14:17 / 164 00:46:38 / 168	00:22:47 / 166 01:02:04 / 171	00:37:46 / 168
174	430	PODGÓRSKI Bartosz	KATOWICE	POL		79	M30/59		(M)165	01:10:53	01:10:53	12.70	00:15:10 / 243 00:47:59 / 203	00:24:02 / 235 01:02:46 / 183	00:39:06 / 211
175	163	GUTOWSKI Dariusz	KŁOBUCK	POL	NGB KŁOBUCK	68	M40/46		(M)166	01:10:54	01:10:44	12.72	00:14:39 / 197 00:47:07 / 181	00:23:20 / 190 01:02:23 / 177	00:38:19 / 184
176	505	SOJKA robert	JAWORZNO	POL	KB MCKIS JWORZNO	67	M40/47		(M)167	01:10:55	01:10:42	12.73	00:14:51 / 220 00:47:10 / 183	00:23:27 / 198 01:02:13 / 174	00:38:21 / 185
177	140	GŁOWACZ Marta	JAWORZNO	POL	KS ENERGETYK JAWORZNO	87	K18/3		(K)10	01:11:00	01:10:59	12.68	00:13:51 / 130 00:47:08 / 182	00:22:36 / 152 01:02:22 / 176	00:37:56 / 172
178	396	PAPUGA Dariusz	JAWISZOWICE	POL	OKB ZADYSZKA OŚWIĘCIM	65	M40/48		(M)168	01:11:06	01:10:59	12.68	00:14:04 / 141 00:46:42 / 173	00:22:35 / 149 01:02:17 / 175	00:37:44 / 167
179	733	DZIWOKI Marek	RYBNIK	POL		72	M30/60		(M)169	01:11:08	01:10:48	12.71	00:15:08 / 238 00:47:45 / 196	00:24:00 / 230 01:02:53 / 187	00:38:53 / 202
180	560	TALANDA Mateusz	MUSZYNA	POL	-	90	M18/43		(M)170	01:11:12	01:10:55	12.69	00:15:11 / 244 00:48:12 / 208	00:23:51 / 219 01:03:06 / 194	00:39:10 / 215
181	182	JAŁOWIECKA Daria	KATOWICE	POL	UKS WODNIK SIEMIANOWICE	86	K18/4		(K)11	01:11:14	01:10:56	12.69	00:15:46 / 303 00:48:08 / 205	00:24:29 / 266 01:02:51 / 186	00:39:23 / 226
182	51	BLASZCZYŃSKI MAREK	KATOWICE	POL	HENIA-KATOWICE	63	M40/49		(M)171	01:11:16	01:11:07	12.66	00:14:45 / 208 00:47:38 / 193	00:23:34 / 204 01:02:49 / 184	00:38:48 / 196
183	703	GRABOWSKI Krzysztof	GLIWICE	POL	KCZ PĘDZIWIATR GLIWICE	72	M30/61		(M)172	01:11:20	01:11:01	12.67	00:15:13 / 249 00:47:32 / 191	00:23:49 / 216 01:02:50 / 185	00:38:42 / 195
184	427	PŁONKA Paweł	JAWORZNO	POL	KB MCKIS JAWORZNO	87	M18/44		(M)173	01:11:22	01:11:09	12.65	00:14:15 / 157 00:47:43 / 194	00:23:19 / 189 01:02:56 / 191	00:38:51 / 198
185	88	CIURA Mariola	BELCHATÓW	POL	DOLINIARZE.COM	86	K18/5		(K)12	01:11:22	01:11:03	12.67	00:15:32 / 277 00:47:47 / 198	00:24:06 / 244 01:02:56 / 190	00:38:53 / 200

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
186	553	SZYNKOWSKI MAREK	MYSZKÓW	POL		68	M40/50		(M)174	01:11:23	01:11:04	12.66	00:15:43 / 297 00:48:24 / 221	00:24:31 / 270 01:03:16 / 196	00:39:29 / 231
187	1122	SZABLICKI ALEKSY	LUBLINIEC	POL	WKB META LUBLINIEC	60	M50/19		(M)175	01:11:27	01:11:18	12.62	00:14:05 / 144 00:47:04 / 179	00:22:43 / 160 01:02:41 / 180	00:38:08 / 180
188	197	JELEŃ JANUSZ	MAKÓW PODHALAŃSKI	POL		60	M50/20		(M)176	01:11:31	01:11:21	12.61	00:15:06 / 235 00:47:18 / 188	00:23:48 / 214 01:02:43 / 181	00:38:38 / 191
189	696	DORYWALSKI MAREK	OŚWIĘCIM	POL		57	M50/21		(M)177	01:11:32	01:11:27	12.60	00:14:20 / 167 00:47:01 / 178	00:22:45 / 164 01:02:39 / 179	00:37:57 / 173
190	721	RZEPKA SABINA	GOSTYŃ	POL	SPORT FOR YOU	86	K18/6		(K)13	01:11:32	01:11:31	12.58	00:13:46 / 123 00:46:41 / 169	00:22:19 / 142 01:02:30 / 178	00:37:35 / 162
191	352	MOCZULSKI Marcin	KATOWICE	POL		75	M30/62		(M)178	01:11:44	01:11:30	12.59	00:14:39 / 196 00:47:37 / 192	00:23:27 / 199 01:03:00 / 193	00:38:33 / 188
192	158	GROS Krzysztof	CHORZÓW	POL	DOLINIARZE COM/W.HAJDUKI	62	M40/51		(M)179	01:11:48	01:11:38	12.56	00:15:38 / 287 00:49:01 / 240	00:24:35 / 273 01:03:36 / 205	00:40:02 / 253
193	649	WOWER BARTŁOMIEJ	CHORZÓW	POL	SHERPA.COM.PL	82	M18/45		(M)180	01:11:52	01:11:50	12.53	00:14:41 / 201 00:48:41 / 231	00:23:47 / 213 01:03:43 / 207	00:39:23 / 225
194	360	MUSIAŁ Bartłomiej	SIEMIANOWICE ŚLĄSKIE	POL		81	M18/46		(M)181	01:11:54	01:11:47	12.54	00:14:22 / 171 00:46:53 / 175	00:22:53 / 174 01:02:45 / 182	00:38:10 / 182
195	414	PIERÓG Marek	KNURÓW	POL		76	M30/63		(M)182	01:11:57	01:11:44	12.55	00:15:24 / 265 00:48:42 / 232	00:24:27 / 261 01:03:41 / 206	00:39:47 / 241
196	769	HEFCZYC TOMASZ	KATOWCE	POL		73	M30/64		(M)183	01:12:00	01:11:35	12.57	00:15:21 / 259 00:48:12 / 209	00:24:01 / 232 01:03:26 / 201	00:39:08 / 214
197	337	MICHNOL kamil	SIEMIANOWICE	POL		78	M30/65		(M)184	01:12:04	01:11:57	12.51	00:14:42 / 202 00:47:53 / 201	00:23:21 / 192 01:03:19 / 198	00:38:50 / 197
198	133	GĘBSKI Grzegorz	JAWORZNO	POL	KB MCKIS JAWORZNO	66	M40/52		(M)185	01:12:05	01:11:53	12.52	00:14:17 / 161 00:46:16 / 162	00:22:38 / 155 01:02:10 / 173	00:37:19 / 156
199	746	BULKA ARTUR	KRAKÓW	POL		52	M50/22		(M)186	01:12:08	01:11:58	12.51	00:15:01 / 230 00:48:13 / 213	00:23:57 / 228 01:03:27 / 202	00:39:07 / 212
200	250	KOSTRZAK Czesław	KNURÓW	POL	KB ENDURANCE SOLIDARNI KNURÓW	60	M50/23		(M)187	01:12:09	01:12:07	12.48	00:14:03 / 140 00:47:06 / 180	00:22:43 / 159 01:02:55 / 189	00:38:04 / 178
201	689	WILK KRZYSZTOF	KRAKÓW	POL	-	68	M40/53		(M)188	01:12:12	01:11:57	12.51	00:15:32 / 276 00:48:28 / 224	00:24:23 / 256 01:03:50 / 210	00:39:33 / 232
202	259	KOZIARSKI Maciej	KATOWICE	POL		79	M30/66		(M)189	01:12:19	01:12:11	12.47	00:14:24 / 173 00:47:44 / 195	00:23:18 / 188 01:03:18 / 197	00:38:40 / 192
203	117	FISZER Andrzej	KATOWICE	POL		86	M18/47		(M)190	01:12:25	01:11:47	12.54	00:15:40 / 292 00:48:11 / 206	00:24:28 / 264 01:03:24 / 200	00:39:20 / 223
204	383	OPALLA Norbert	ŚWIĘTOCHŁOWICE	POL	OSIR SKAŁKA ŚWIĘTOCHŁOWICE	40	M70+/1		(M)191	01:12:30	01:12:30	12.41	00:14:16 / 159 00:47:49 / 200	00:23:00 / 176 01:03:32 / 204	00:38:36 / 189
205	705	KOŹMIN ARKADIUSZ	BIELSKO-BIAŁĄ	POL		75	M30/67		(M)192	01:12:31	01:12:13	12.46	00:14:08 / 146 00:47:11 / 184	00:22:48 / 167 01:03:07 / 195	00:38:03 / 177
206	79	CIELUCH Izabela	KRAKÓW	POL	MULTI FITNESS EC KRAKÓW	80	K30/7		(K)14	01:12:33	01:12:25	12.43	00:14:34 / 187 00:47:45 / 197	00:23:21 / 191 01:03:31 / 203	00:38:41 / 194
207	397	PARADECKI Zbigniew	KATOWICE	POL		80	M30/68		(M)193	01:12:36	01:12:29	12.42	00:14:29 / 181 00:48:13 / 211	00:23:22 / 194 01:03:55 / 214	00:38:57 / 205
208	246	KORNAGA Andrzej	KATOWICE	POL		59	M50/24		(M)194	01:12:36	01:12:11	12.47	00:15:51 / 310 00:48:47 / 235	00:24:50 / 288 01:04:04 / 219	00:40:01 / 251
209	10	DUŚ ARTUR	CHORZÓW	POL		72	M30/69		(M)195	01:12:38	01:12:15	12.46	00:15:09 / 241 00:48:15 / 214	00:24:04 / 239 01:03:44 / 208	00:39:16 / 219

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
210	123	GADECKI Artur	KIELCE	POL	FITNESS CLUB TAO	76	M30/70		(M)196	01:12:44	01:12:16	12.45	00:15:39 / 289 00:48:49 / 236	00:24:37 / 275 01:04:10 / 221	00:39:51 / 245
211	208	KALUSEK Jacek	GASZOWICE	POL		76	M30/71		(M)197	01:12:44	01:12:23	12.43	00:15:54 / 313 00:49:03 / 241	00:24:51 / 291 01:04:11 / 222	00:40:08 / 261
212	592	WIŚNIEWSKI Marian	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	56	M50/25		(M)198	01:12:44	01:12:40	12.39	00:14:50 / 218 00:48:25 / 222	00:23:44 / 206 01:04:01 / 217	00:39:13 / 217
213	443	PUCHAŁA Witold	KATOWICE	POL		65	M40/54		(M)199	01:12:57	01:12:34	12.40	00:15:25 / 269 00:48:11 / 207	00:24:06 / 245 01:04:13 / 223	00:39:08 / 213
214	488	SKLORZ Krzysztof	WOLA	POL		72	M30/72		(M)200	01:12:57	01:12:47	12.37	00:14:48 / 216 00:48:32 / 225	00:23:50 / 217 01:04:14 / 224	00:39:19 / 222
215	351	MOCEK Stanisław	ZABRZE	POL		81	M18/48		(M)201	01:12:59	01:12:40	12.39	00:15:44 / 301 00:48:45 / 234	00:24:45 / 281 01:04:26 / 228	00:40:00 / 250
216	758	UDOLF JAN	KATOWICE	POL	KB JÓZEFGA	49	M60/1		(M)202	01:13:03	01:12:48	12.36	00:15:19 / 253 00:48:22 / 219	00:24:03 / 237 01:04:03 / 218	00:39:21 / 224
217	325	MARKOWSKI Zbyszek	LUBLINIEC	POL	WKB META LUBLINIEC	70	M40/55		(M)203	01:13:09	01:13:03	12.32	00:14:34 / 185 00:48:16 / 215	00:23:22 / 195 01:04:07 / 220	00:38:58 / 207
218	704	KULIJ JAN	BLACHOWNIA	POL		50	M60/2		(M)204	01:13:10	01:13:09	12.30	00:14:11 / 152 00:48:13 / 212	00:23:05 / 180 01:04:00 / 216	00:38:55 / 203
219	575	WALTER Marcin	WIESZOWA	POL	STOWARZYSZENIE NASZA SALA GIMNASTYCZNA	75	M30/73		(M)205	01:13:11	01:13:04	12.32	00:15:02 / 233 00:48:02 / 204	00:23:47 / 212 01:03:46 / 209	00:39:01 / 210
220	301	LISOWSKI marcin	KATOWICE	POL		81	M18/49		(M)206	01:13:14	01:13:07	12.31	00:14:29 / 180 00:48:12 / 210	00:23:22 / 193 01:03:54 / 213	00:38:57 / 204
221	466	REINEK Roman	CHORZÓW	POL	NIEZRZESZONY	64	M40/56		(M)207	01:13:16	01:13:11	12.30	00:14:57 / 226 00:48:38 / 229	00:23:55 / 226 01:04:18 / 226	00:39:19 / 221
222	317	MAGRYŚ Witold	GLIWICE	POL	HUMAN LABEL TEAM	78	M30/74		(M)208	01:13:18	01:13:16	12.28	00:14:57 / 225 00:48:22 / 220	00:24:05 / 240 01:03:58 / 215	00:39:27 / 228
223	374	NORMAN Maciej	BLACHOWNIA	POL	-	91	M18/50		(M)209	01:13:19	01:13:15	12.29	00:14:07 / 145 00:47:13 / 186	00:22:50 / 173 01:03:52 / 212	00:37:58 / 175
224	382	OLSZEWSKI ARKADIUSZ	KŁOBUCK	POL	NGB KŁOBUCK	70	M40/57		(M)210	01:13:20	01:13:08	12.31	00:15:00 / 229 00:48:16 / 217	00:23:51 / 222 01:03:52 / 211	00:39:01 / 209
225	657	CHŁAP ELŻBIETA	KATOWICE	POL	DOLINIARZE.COM	71	K30/8		(K)15	01:13:20	01:13:04	12.32	00:15:02 / 234 00:48:26 / 223	00:23:51 / 220 01:04:16 / 225	00:39:15 / 218
226	129	GARDIAS Marek	SOSNOWIEC	POL		62	M40/58		(M)211	01:13:23	01:13:13	12.29	00:13:43 / 122 00:45:53 / 153	00:21:51 / 115 01:02:59 / 192	00:36:40 / 134
227	22	ANDRZEJEWSKI DARIUSZ	WODZISŁAW ŚLĄSKI	POL	FORMA WODZISŁAW ŚLĄSKI	74	M30/75		(M)212	01:13:29	01:13:17	12.28	00:15:23 / 264 00:49:08 / 244	00:24:16 / 254 01:04:43 / 231	00:40:03 / 254
228	30	BEDNARCZYK Aleksander	KATOWICE	POL		82	M18/51		(M)213	01:13:30	01:13:09	12.30	00:13:48 / 125 00:46:21 / 163	00:22:02 / 128 01:02:54 / 188	00:36:51 / 143
229	333	MAZUREK Dawid	KATOWICE	POL		85	M18/52		(M)214	01:13:32	01:13:06	12.31	00:14:32 / 183 00:46:41 / 170	00:23:00 / 175 01:03:20 / 199	00:37:55 / 171
230	454	RAJCZYK Włodzimierz	ŻARKI LETNISKO	POL	LEŚNE LUDKI ŻARKI LETNISKO	59	M50/26		(M)215	01:13:32	01:13:19	12.28	00:16:18 / 365 00:49:34 / 263	00:25:30 / 331 01:04:51 / 234	00:40:39 / 274
231	607	WOLNY Krzysztof	KATOWICE	POL	CHOMISIE	81	M18/53		(M)216	01:13:43	01:13:23	12.26	00:16:12 / 352 00:49:38 / 264	00:25:14 / 309 01:04:58 / 238	00:40:29 / 269
232	319	MAKOWSKI Marcin	CHORZÓW	POL	NKS DYNAMIT CHORZÓW	93	M18/54		(M)217	01:13:43	01:13:41	12.21	00:13:19 / 92 00:48:21 / 218	00:21:33 / 100 01:05:22 / 246	00:37:48 / 169
233	28	BASIAGA krzysztof	PIEKARY ŚLASKIE	POL	POLSKA BIEGA	65	M40/59		(M)218	01:13:44	01:13:38	12.22	00:14:44 / 206 00:48:59 / 238	00:23:46 / 211 01:04:43 / 230	00:39:36 / 233

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
234	347	MIKOS Michał	GLIWICE	POL	L4 RACING	81	M18/55		(M)219	01:13:47	01:13:36	12.23	00:15:12 / 246 00:49:12 / 248	00:24:25 / 257 01:04:56 / 235	00:39:57 / 248
235	473	ROSIN RYSZARD	GLIWICE	POL	-----	58	M50/27		(M)220	01:13:48	01:13:41	12.21	00:15:02 / 232 00:48:40 / 230	00:24:01 / 233 01:04:46 / 233	00:39:38 / 234
236	66	BROL Marcin	KATOWICE	POL	DOLINIARZE.COM	84	M18/56		(M)221	01:13:58	01:13:58	12.17	00:15:25 / 271 00:49:28 / 258	00:24:30 / 268 01:05:01 / 239	00:40:18 / 265
237	297	LEWICKA Elżbieta	KNURÓW	POL	AKB KNURÓW	75	K30/9		(K)16	01:13:58	01:13:56	12.17	00:14:54 / 223 00:48:43 / 233	00:23:57 / 229 01:04:44 / 232	00:39:29 / 230
238	408	PĘDZIWIATR Robert	BLACHOWNIA	POL	STRUŚ PĘDZIWIATR CLUB	71	M30/76		(M)222	01:13:58	01:13:54	12.18	00:14:54 / 222 00:48:37 / 227	00:23:57 / 227 01:04:40 / 229	00:39:24 / 227
239	196	JASZCZYK WŁODZIMIERZ	KŁOBUCK	POL	NGB KŁOBUCK	70	M40/60		(M)223	01:14:00	01:13:49	12.19	00:14:42 / 204 00:48:16 / 216	00:23:28 / 200 01:04:25 / 227	00:39:00 / 208
240	184	JAMRÓZ Radosław	BIELSKO-BIAŁA	POL		68	M40/61		(M)224	01:14:11	01:13:57	12.17	00:15:45 / 302 00:49:13 / 250	00:24:47 / 284 01:04:56 / 236	00:40:05 / 258
241	655	CHUDOBA Paulina	GLIWICE	POL	SKLEPBIEGACZA.PL TEAM	88	K18/7		(K)17	01:14:14	01:14:07	12.14	00:14:16 / 158 00:49:00 / 239	00:23:05 / 179 01:05:11 / 241	00:39:44 / 237
242	258	KOWALSKI-NEUKIRCH Henryk	KATOWICE	POL	NIEZRZESZONY	49	M60/3		(M)225	01:14:19	01:14:17	12.12	00:14:48 / 213 00:49:10 / 246	00:23:50 / 218 01:05:22 / 245	00:39:52 / 246
243	793	DUDEK MICHAŁ		POL		79	M30/77		(M)226	01:14:19	01:13:38	12.22	00:15:31 / 275 00:49:05 / 242	00:24:11 / 251 01:05:13 / 242	00:39:49 / 243
244	253	KOWALCZYK Wojtek	BIERUŃ	POL	KOVAL SQUAD	90	M18/57		(M)227	01:14:19	01:14:00	12.16	00:16:05 / 331 00:50:19 / 284	00:25:28 / 330 01:05:48 / 255	00:41:08 / 298
245	624	ZEMELA Tomasz	BYTOM	POL		90	M18/58		(M)228	01:14:24	01:14:11	12.13	00:15:42 / 295 00:50:25 / 291	00:25:00 / 296 01:06:06 / 272	00:40:57 / 288
246	331	MATEJA jacek	NAKŁO ŚLĄSKIE	POL		58	M50/28		(M)229	01:14:24	01:14:08	12.14	00:15:22 / 261 00:49:08 / 245	00:24:09 / 249 01:05:22 / 247	00:39:47 / 242
247	741	MALINOWSKA Iwona	BYTOM	POL	BYTOM	75	K30/10		(K)18	01:14:25	01:14:20	12.11	00:14:13 / 155 00:48:37 / 226	00:23:07 / 182 01:04:57 / 237	00:39:18 / 220
248	520	STONARSKI Paweł	KRAKÓW	POL		69	M40/62		(M)230	01:14:27	01:14:27	12.09	00:15:43 / 299 00:49:58 / 272	00:25:02 / 299 01:05:32 / 251	00:40:42 / 276
249	630	ZYGUŁA Piotr	MIKOŁÓW	POL	JCOMMERCE TEAM	78	M30/78		(M)231	01:14:32	01:14:08	12.14	00:16:00 / 321 00:49:41 / 267	00:24:54 / 293 01:05:37 / 252	00:40:35 / 270
250	667	STEC JERZY	RUDA ŚLĄSKA	POL		64	M40/63		(M)232	01:14:37	01:14:21	12.10	00:16:31 / 381 00:51:05 / 312	00:26:01 / 365 01:06:20 / 276	00:42:00 / 327
251	662	KONDIELNIK Bogumiła	KSIĄŻENICE	POL	KB SOKÓŁ-KNURÓW	86	K18/8		(K)19	01:14:40	01:14:32	12.08	00:14:48 / 214 00:49:14 / 251	00:23:52 / 223 01:05:30 / 250	00:39:54 / 247
252	693	LESIK Krzysztof	WODZISŁAW ŚLĄSKI	POL	FORMA WODZISŁAW ŚLĄSKI	74	M30/79		(M)233	01:14:42	01:14:30	12.08	00:15:40 / 291 00:49:20 / 254	00:24:36 / 274 01:05:08 / 240	00:40:06 / 259
253	279	KULPOK Tomasz	RUDA ŚLĄSKA	POL		80	M30/80		(M)234	01:14:44	01:14:30	12.08	00:15:36 / 284 00:50:05 / 276	00:24:46 / 282 01:05:51 / 258	00:40:37 / 272
254	781	WOJNARSKI LESZEK	KIETRZ	POL		83	M18/59		(M)235	01:14:44	01:14:27	12.09	00:16:05 / 332 00:50:13 / 281	00:25:15 / 313 01:05:49 / 257	00:40:51 / 282
255	97	DERECKI Wojciech	KATOWICE	POL		69	M40/64		(M)236	01:14:47	01:14:36	12.06	00:15:35 / 283 00:49:40 / 265	00:24:47 / 283 01:05:38 / 253	00:40:28 / 268
256	99	DRAŻKOWSKI Krzysztof	KATOWICE	POL	ŚCIEŻKI BIEGOWE NIKE CHORZÓW	79	M30/81		(M)237	01:14:48	01:14:35	12.07	00:16:09 / 342 00:50:09 / 277	00:25:14 / 310 01:05:54 / 261	00:41:01 / 291
257	555	ŚLĘZAK Andrzej	MIKOŁÓW	POL	DOLINIARZE.COM	68	M40/65		(M)238	01:14:49	01:14:34	12.07	00:15:21 / 257 00:49:13 / 249	00:24:27 / 262 01:05:14 / 243	00:40:01 / 252

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
258	653	MARZEC Wiesław	KATOWICE	POL	DOLINIARZE-KATOWICE	60	M50/29		(M)239	01:14:49	01:14:37	12.06	00:15:26 / 272 00:49:06 / 243	00:24:26 / 260 01:05:26 / 249	00:39:51 / 244
259	235	KOLONKO MIROSŁAW	CHORZÓW	POL	MARATHON CLUB CHORZÓW TEAM KOLONKO	70	M40/66		(M)240	01:14:49	01:14:38	12.06	00:16:08 / 341 00:50:09 / 278	00:25:15 / 311 01:05:55 / 262	00:41:01 / 292
260	656	WRONA MIECZYSLAW	CHORZÓW	POL		37	M70+/2		(M)241	01:14:53	01:14:46	12.04	00:15:44 / 300 00:50:03 / 273	00:25:01 / 298 01:05:47 / 254	00:40:42 / 277
261	497	SKUBIS Grzegorz	TYCHY	POL		80	M30/82		(M)242	01:14:53	01:14:46	12.04	00:15:17 / 252 00:49:46 / 269	00:24:27 / 263 01:05:53 / 259	00:40:25 / 266
262	552	SZYMSKI Marian	IMIELIN	POL	TRUCHTACZ - MYSŁOWICE	51	M50/30		(M)243	01:14:55	01:14:48	12.03	00:16:05 / 330 00:50:22 / 287	00:25:30 / 332 01:05:57 / 264	00:41:08 / 297
263	222	KITA Sławomir	ZABRZE	POL		82	M18/60		(M)244	01:14:57	01:14:43	12.05	00:14:26 / 177 00:48:50 / 237	00:23:14 / 185 01:05:25 / 248	00:39:11 / 216
264	243	KOPALA marek	RUDA SLASKA	POL	KRS TKKF JASTRZAB RUDA SLASKA	69	M40/67		(M)245	01:14:59	01:14:57	12.01	00:15:14 / 251 00:50:17 / 282	00:24:30 / 267 01:06:02 / 270	00:40:46 / 280
265	485	SERAFIN Dariusz	ZAKOPANE	POL	TOWARZYSTWO GIMNASTYCZNE SOKÓŁ ZAKOPAN	66	M40/68		(M)246	01:15:00	01:14:36	12.06	00:16:47 / 410 00:50:53 / 305	00:26:10 / 381 01:06:25 / 279	00:42:03 / 332
266	751	WOLNICA mateusz	ZABRZE	POL		88	M18/61		(M)247	01:15:00	01:14:49	12.03	00:15:08 / 239 00:49:19 / 253	00:24:05 / 241 01:05:49 / 256	00:40:03 / 256
267	387	PADLEWSKA ANNA	KATOWICE	POL	WORLD CLASS TEAM KATOWICE	80	K30/11		(K)20	01:15:02	01:14:46	12.04	00:16:05 / 328 00:50:11 / 279	00:25:17 / 316 01:05:58 / 266	00:40:55 / 285
268	366	MYŚLIŃSKI MICHAŁ	KATOWICE	POL	WORLD CLASS TEAM KATOWICE	80	M30/83		(M)248	01:15:02	01:14:44	12.04	00:16:05 / 329 00:50:11 / 280	00:25:17 / 315 01:05:58 / 265	00:40:55 / 286
269	530	SZATON Marian	PIEKARY ŚLĄSKIE	POL	NSZZ POLICJANTÓW PIEKARY ŚLĄSKIE	60	M50/31		(M)249	01:15:05	01:14:46	12.04	00:16:51 / 421 00:51:27 / 319	00:26:18 / 398 01:06:52 / 292	00:42:18 / 347
270	175	HORZELA Piotr	GÓRA SIEWIERSKA	POL		70	M40/69		(M)250	01:15:10	01:15:02	11.99	00:15:57 / 318 00:50:51 / 303	00:25:22 / 324 01:06:41 / 288	00:41:20 / 306
271	725	DOMAGALSKI RYSZARD	ZABRZE-ROKITNICA	POL		58	M50/32		(M)251	01:15:13	01:15:10	11.97	00:15:22 / 263 00:50:04 / 274	00:24:42 / 279 01:05:59 / 269	00:40:38 / 273
272	327	MARYNIOK Piotr	KATOWICE	POL	AMATOR	76	M30/84		(M)252	01:15:16	01:15:00	12.00	00:15:55 / 315 00:50:19 / 285	00:25:21 / 322 01:06:22 / 277	00:41:03 / 294
273	650	SZWED WOJCIECH	KATOWICE	POL					(M)253	01:15:18	01:14:58	12.01	00:16:45 / 408 00:50:55 / 306	00:26:17 / 395 01:06:29 / 281	00:41:59 / 326
274	720	PIETREK HENRYK	KATOWICE	POL		44	M60/4		(M)254	01:15:19	01:15:18	11.95	00:15:08 / 237 00:49:33 / 260	00:24:13 / 253 01:05:59 / 268	00:40:10 / 262
275	449	PYTLARZ Marek	CHORZÓW	POL		63	M40/70		(M)255	01:15:19	01:14:56	12.01	00:16:24 / 374 00:50:48 / 301	00:25:40 / 345 01:06:40 / 286	00:41:33 / 310
276	582	WĘGLER Kornelia	RUDA ŚL	POL	KRSTKKF JASTRZĄB RUDA ŚL	70	K40/1		(K)21	01:15:22	01:15:13	11.97	00:15:33 / 280 00:50:05 / 275	00:24:42 / 280 01:06:11 / 275	00:40:36 / 271
277	429	POCHCIAŁ Maciej	BYTOM	POL		90	M18/62		(M)256	01:15:22	01:15:08	11.98	00:15:42 / 296 00:50:25 / 292	00:25:00 / 297 01:06:28 / 280	00:40:57 / 287
278	37	BERESZKO Waldemar	SOSNOWIEC	POL		52	M50/33		(M)257	01:15:27	01:15:01	12.00	00:15:51 / 311 00:50:22 / 288	00:24:53 / 292 01:06:49 / 289	00:40:54 / 284
279	236	KOŁODZIEJ Marian	CHORZÓW	POL	DOLINIARZE.COM. CHORZÓW	53	M50/34		(M)258	01:15:31	01:15:24	11.94	00:14:30 / 182 00:49:15 / 252	00:23:42 / 205 01:05:58 / 267	00:39:39 / 235
280	303	LOCH Tomasz	TYCHY	POL	WORLD CLASS TEAM	71	M30/85		(M)259	01:15:35	01:15:18	11.95	00:16:06 / 334 00:49:57 / 271	00:25:02 / 300 01:06:05 / 271	00:40:39 / 275
281	60	BORG Thomas	46282 DORSTEN	NIE	LAUFENDE GEO-METER	73	M30/86		(M)260	01:15:42	01:15:30	11.92	00:14:46 / 212 00:49:10 / 247	00:23:44 / 207 01:05:53 / 260	00:40:04 / 257

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
282	604	WOJCIECHOWSKI Waldemar	CZĘSTOCHOWA	POL	ZABIEGANI CZĘSTOCHOWA	63	M40/71		(M)261	01:15:47	01:15:43	11.89	00:14:54 / 221 00:49:41 / 266	00:24:02 / 234 01:06:09 / 273	00:40:03 / 255
283	198	JĘDRYSIK Michał	OŚWIĘCIM	POL	OŚWIĘCIM	68	M40/72		(M)262	01:15:52	01:15:34	11.91	00:15:14 / 250 00:50:37 / 296	00:24:30 / 269 01:06:55 / 293	00:41:00 / 290
284	108	DZIELIŃSKI Stanisław	BYTOM	POL		54	M50/35		(M)263	01:15:55	01:15:45	11.88	00:15:48 / 307 00:50:45 / 299	00:25:25 / 326 01:05:16 / 244	00:40:16 / 263
285	128	GARBOŚ Cezary	ŻORY	POL	ŻORY	60	M50/36		(M)264	01:16:03	01:15:53	11.86	00:15:48 / 306 00:50:40 / 297	00:25:12 / 306 01:06:40 / 287	00:41:10 / 300
286	551	SZYMCZYNA Zdzisław	KRAKÓW	POL	KKB DYSTANS KRAKÓW	58	M50/37		(M)265	01:16:08	01:15:46	11.88	00:16:01 / 322 00:50:47 / 300	00:25:15 / 312 01:07:02 / 295	00:41:21 / 308
287	71	BURY Andrzej	BLACHOWNIA	POL	KKTA - BLACHOWNIA	56	M50/38		(M)266	01:16:09	01:16:05	11.83	00:14:38 / 194 00:49:46 / 268	00:23:54 / 225 01:06:30 / 282	00:40:07 / 260
288	350	MIZDRAK Artur	KIELCE	POL	NIEZRZESZONY	67	M40/73		(M)267	01:16:16	01:16:09	11.82	00:14:55 / 224 00:49:28 / 257	00:24:00 / 231 01:06:31 / 283	00:39:46 / 240
289	139	GLATKI Michał	KATOWICE	POL		73	M30/87		(M)268	01:16:17	01:15:53	11.86	00:16:42 / 404 00:50:58 / 308	00:26:28 / 409 01:07:08 / 298	00:41:55 / 323
290	138	GLADCZAK Jan	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	62	M40/74		(M)269	01:16:19	01:15:56	11.85	00:16:50 / 418 00:51:28 / 320	00:26:13 / 386 01:07:26 / 303	00:42:06 / 336
291	183	JAMRÓZ Marian	JAWORZNO	POL	KB MCKIS JAWORZNO	59	M50/39		(M)270	01:16:19	01:16:07	11.82	00:15:19 / 254 00:50:27 / 293	00:24:29 / 265 01:07:01 / 294	00:40:53 / 283
292	463	RECLIJ Jarosław	SKRZYSZÓW	POL	FORMA WODZISŁAW	66	M40/75		(M)271	01:16:20	01:16:07	11.82	00:16:03 / 324 00:51:09 / 314	00:25:27 / 328 01:07:21 / 300	00:41:39 / 311
293	31	BEDNARCZYK Rafał	KATOWICE	POL		77	M30/88		(M)272	01:16:25	01:16:05	11.83	00:14:39 / 195 00:48:38 / 228	00:23:25 / 197 01:05:57 / 263	00:38:58 / 206
294	451	RACZYŃSKI Jacek	KATOWICE	POL		67	M40/76		(M)273	01:16:25	01:15:48	11.87	00:16:54 / 426 00:51:29 / 321	00:26:20 / 401 01:07:24 / 302	00:42:09 / 340
295	106	DYSZKIEWICZ Miłosz	WOLBROM	POL	RUNNERSWORLD BUSSUM	84	M18/63		(M)274	01:16:36	01:16:33	11.76	00:14:18 / 165 00:49:27 / 256	00:23:28 / 201 01:06:49 / 290	00:39:42 / 236
296	422	PLANETA Karolina	PIEKARY ŚLĄSKIE	POL		82	K18/9		(K)22	01:16:37	01:16:31	11.76	00:15:39 / 288 00:50:51 / 302	00:24:55 / 294 01:07:04 / 296	00:41:20 / 305
297	205	KACZMARCZYK Łukasz	CHORZÓW	POL	TOROS DE ESPANA	78	M30/89		(M)275	01:16:37	01:16:15	11.80	00:17:08 / 452 00:51:51 / 341	00:26:39 / 420 01:07:47 / 310	00:42:37 / 362
298	446	PYREK Dawid	LARYSZÓW	POL	VAMOS BIEN!	87	M18/64		(M)276	01:16:37	01:16:37	11.75	00:17:08 / 451 00:51:51 / 340	00:26:39 / 421 01:07:47 / 309	00:42:37 / 363
299	626	ZIĘBICKI Jacek	MIKOŁÓW	POL		80	M30/90		(M)277	01:16:38	01:16:33	11.76	00:15:30 / 274 00:50:44 / 298	00:24:51 / 289 01:07:17 / 299	00:41:08 / 296
300	767	KULIK PIOTR	KATOWICE	POL		67	M40/77		(M)278	01:16:39	01:16:31	11.76	00:15:52 / 312 00:50:52 / 304	00:25:21 / 320 01:07:29 / 304	00:41:21 / 307
301	622	ZARADNY JAROMIR	KATOWICE	POL	GIMNAZJUM NR 3 KATOWICE	66	M40/78		(M)279	01:16:39	01:16:29	11.77	00:14:50 / 219 00:49:47 / 270	00:24:07 / 246 01:06:40 / 285	00:40:17 / 264
302	406	PELIKAN Witold	KŁOBUCK	POL	NGB KŁOBUCK	69	M40/79		(M)280	01:16:40	01:16:24	11.78	00:15:33 / 279 00:51:02 / 311	00:24:42 / 278 01:07:39 / 307	00:41:25 / 309
303	538	SZEWCZYK Michał	GLIWICE	POL		87	M18/65		(M)281	01:16:42	01:16:20	11.79		00:26:40 / 422 01:07:48 / 311	00:42:38 / 364
304	545	SZREIER Marek	PSZÓW	POL	PSZÓW	67	M40/80		(M)282	01:16:52	01:16:41	11.74	00:16:31 / 382 00:51:46 / 337	00:25:59 / 362 01:07:58 / 317	00:42:16 / 343
305	661	PIĄTEK MAŁGORZATA	ŻYWIEC	POL		58	K50+/2		(K)23	01:16:54	01:16:49	11.72	00:15:21 / 258 00:50:25 / 290	00:24:39 / 277 01:07:07 / 297	00:40:49 / 281

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
306	477	RZEMINSKI Dariusz	DOMECKO	POL		67	M40/81		(M)283	01:16:55	01:16:48	11.72	00:14:37 / 190 00:49:34 / 261	00:23:45 / 209 01:06:33 / 284	00:39:45 / 239
307	240	KONIECZNY Jacek	PYSKOWICE	POL	FC DOLINKA PYSKOWICE	82	M18/66		(M)284	01:16:56	01:16:38	11.74	00:14:59 / 227 00:50:19 / 286	00:24:08 / 248 01:07:24 / 301	00:40:45 / 279
308	492	SKOWRONEK Wojciech	OPOLE	POL	BIEG OPOLSKI	57	M50/40		(M)285	01:17:00	01:16:39	11.74	00:16:34 / 389 00:51:56 / 345	00:26:06 / 375 01:07:36 / 306	00:42:25 / 352
309	701	SMOKA MIECZYSLAW	GLIWICE	POL		49	M60/5		(M)286	01:17:02	01:17:00	11.69	00:15:28 / 273 00:51:31 / 322	00:25:11 / 305 01:07:47 / 308	00:41:54 / 321
310	760	NOSZCZYK Jarosław	SIEMIANOWICE ŚLĄSKIE	POL	K.B. JÓZEFINKA KATOWICE	72	M30/91		(M)287	01:17:06	01:16:41	11.74	00:17:01 / 436 00:51:53 / 344	00:26:22 / 403 01:07:58 / 319	00:42:27 / 353
311	759	NOSZCZYK Piotr	SIEMIANOWICE ŚLĄSKIE	POL	K.B. JÓZEFINKA KATOWICE	50	M60/6		(M)288	01:17:06	01:16:41	11.74	00:17:01 / 438 00:51:53 / 343	00:26:22 / 404 01:07:58 / 318	00:42:27 / 354
312	377	NOWAK Mariusz	DĄBROWA GÓRNICZA	POL		80	M30/92		(M)289	01:17:07	01:16:35	11.75	00:17:05 / 447 00:52:10 / 356	00:26:38 / 419 01:08:21 / 328	00:42:39 / 367
313	742	SALAMON ŁUKASZ	RADLIN	POL		87	M18/67		(M)290	01:17:10	01:17:01	11.69	00:16:08 / 340 00:51:36 / 327	00:25:47 / 353 01:07:52 / 313	00:42:03 / 331
314	787	GUNIA Mariusz	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	65	M40/82		(M)291	01:17:11	01:16:43	11.73	00:16:47 / 412 00:51:44 / 333	00:26:17 / 393 01:07:50 / 312	00:42:23 / 351
315	237	KOŁODZIEJCZYK Dariusz	KNURÓW	POL	KB ENDURANCE SOLIDARNI KNURÓW	90	M18/68		(M)292	01:17:14	01:17:10	11.66	00:16:09 / 344 00:51:47 / 338	00:25:27 / 329 01:08:07 / 323	00:42:08 / 339
316	776	PENDOLSKI FRANCISZEK	KATOWICE	POL	KB JÓZEFINKA	42	M60/7		(M)293	01:17:15	01:16:41	11.74	00:16:54 / 427 00:51:57 / 346	00:26:16 / 391 01:08:03 / 321	00:42:32 / 356
317	685	GŁOWIENKA PAWEŁ	TOMASZÓW MAZ.	POL	KS KAWALERIA				(M)294	01:17:15	01:17:07	11.67	00:16:15 / 358 00:51:34 / 326	00:25:39 / 342 01:08:08 / 324	00:42:03 / 330
318	298	LEWIŃSKI Krystian	DĄBROWA GÓRNICZA	POL	MARATON DĄBROWA GÓRNICZA	78	M30/93		(M)295	01:17:16	01:17:08	11.67	00:13:31 / 109 00:47:56 / 202	00:21:59 / 124 01:06:51 / 291	00:37:49 / 170
319	684	KOWALIK PIOTR	SOSNOWIEC	POL		80	M30/94		(M)296	01:17:18	01:17:18	11.64	00:16:02 / 323 00:51:40 / 332	00:25:23 / 325 01:08:04 / 322	00:41:52 / 317
320	731	KUREK PIOTR	CHORZÓW	POL		82	M18/69		(M)297	01:17:22	01:16:34	11.75	00:15:35 / 282 00:47:13 / 185	00:24:05 / 242 01:06:24 / 278	00:38:41 / 193
321	92	CZERW Adam	DĄBROWA GÓRNICZA	POL	NIEZRZESZONY	80	M30/95		(M)298	01:17:26	01:16:54	11.70	00:17:05 / 446 00:52:11 / 357	00:26:38 / 418 01:08:27 / 331	00:42:39 / 368
322	354	MOSUREK Grzegorz	KRAKÓW	POL		72	M30/96		(M)299	01:17:27	01:16:54	11.70	00:17:04 / 445 00:52:29 / 373	00:26:42 / 426 01:08:34 / 335	00:42:52 / 378
323	658	WIECZOREK Lucjan	CHORZÓW	POL		79	M30/97		(M)300	01:17:27	01:17:01	11.69	00:16:28 / 377 00:52:58 / 381	00:26:08 / 380 01:08:36 / 336	00:43:02 / 387
324	1123	ŻYTKIEWICZ Joanna	WROCLAW	POL		78	K30/12		(K)24	01:17:33	01:17:18	11.64	00:15:12 / 247 00:50:57 / 307	00:24:26 / 259 01:07:56 / 315	00:41:04 / 295
325	740	KWAŚNIEWSKI IRENEUSZ	GLIWICE	POL		66	M40/83		(M)301	01:17:36	01:16:57	11.70	00:16:33 / 385 00:52:14 / 360	00:25:59 / 361 01:08:19 / 327	00:42:35 / 357
326	567	TURSKI Bogdan	KRAKÓW	POL	KKB DYSTANS	53	M50/41		(M)302	01:17:38	01:17:18	11.64	00:16:53 / 425 00:51:44 / 334	00:26:19 / 400 01:07:56 / 316	00:42:23 / 350
327	226	KŁACZEK Grzegorz	WIESZOWA	POL	STOWARZYSZENIE "NASZA SALA GIMNASTYCZN	62	M40/84		(M)303	01:17:51	01:17:18	11.64	00:16:35 / 391 00:52:07 / 354	00:25:55 / 358 01:08:18 / 326	00:42:14 / 341
328	159	GROSZ Jolanta	KATOWICE	POL		66	K40/2		(K)25	01:17:53	01:17:21	11.64	00:16:43 / 406 00:52:18 / 366	00:26:12 / 384 01:08:38 / 339	00:42:38 / 366
329	512	STANKIEWICZ Krzysztof	KATOWICE	POL		64	M40/85		(M)304	01:17:54	01:17:45	11.58	00:16:11 / 349 00:52:15 / 364	00:25:50 / 355 01:08:41 / 341	00:42:36 / 360

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
330	606	WOJTYŁA Szymon	BIERNA	POL	POLITECHNIKA ŚLĄSKA	87	M18/70		(M)305	01:17:57	01:17:39	11.59	00:17:39 / 474 00:52:15 / 362	00:26:58 / 442 01:08:37 / 337	00:42:41 / 370
331	85	CISZYŃSKI Marek	KATOWICE	POL	START KATOWICE	64	M40/86		(M)306	01:17:58	01:17:33	11.61	00:17:02 / 440 00:52:15 / 361	00:26:29 / 412 01:08:37 / 338	00:42:41 / 371
332	537	SZESZKO Marek	BYTOM	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	64	M40/87		(M)307	01:18:03	01:17:52	11.56	00:15:47 / 304 00:51:39 / 330	00:25:13 / 307 01:08:25 / 329	00:41:53 / 319
333	536	SZESZKO Dorota	BYTOM	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	62	K40/3		(K)26	01:18:03	01:17:52	11.56	00:15:48 / 305 00:51:40 / 331	00:25:13 / 308 01:08:26 / 330	00:41:53 / 320
334	87	CIUPEK Robert	JAWORZNO	POL	KB MCKIS JAWORZNO	69	M40/88		(M)308	01:18:03	01:17:50	11.56	00:15:32 / 278 00:47:48 / 199	00:24:06 / 243 01:06:09 / 274	00:38:53 / 201
335	647	MATERLA MAREK	SŁUPSKO	POL		84	M18/71		(M)309	01:18:06	01:17:41	11.59	00:16:16 / 361 00:51:36 / 328	00:25:38 / 339 01:08:31 / 332	00:41:55 / 322
336	369	NICKEL Andrzej	CHELMEK	POL	OKB ZADYSZKA OŚWIĘCIM	75	M30/98		(M)310	01:18:10	01:18:07	11.52	00:15:12 / 248 00:50:18 / 283	00:24:31 / 271 01:07:53 / 314	00:40:42 / 278
337	502	SOBIERAJ Aleksander	OPOLE	POL	KWP OPOLE	79	M30/99		(M)311	01:18:11	01:18:04	11.53	00:14:38 / 191 00:49:34 / 262	00:23:44 / 208 01:07:33 / 305	00:39:45 / 238
338	70	BUKOWSKI Michał	JASTRZĘBIE	POL		88	M18/72		(M)312	01:18:13	01:17:58	11.54	00:15:00 / 228 00:50:23 / 289	00:24:09 / 250 01:08:02 / 320	00:40:27 / 267
339	326	MARYNIOK Józef	KATOWICE	POL		68	M40/89		(M)313	01:18:15	01:17:59	11.54	00:15:56 / 317 00:51:25 / 317	00:25:21 / 321 01:08:33 / 333	00:41:45 / 313
340	42	BIALUCHA Sergiusz	BYTOM	POL		73	M30/100		(M)314	01:18:24	01:17:52	11.56	00:16:09 / 343 00:51:31 / 323	00:25:21 / 323 01:08:46 / 343	00:41:53 / 318
341	699	SZOTEK BARTOSZ	SOSNOWIEC	POL	POGORIA BIEGA	77	M30/101		(M)315	01:18:25	01:18:07	11.52	00:16:42 / 402 00:52:03 / 350	00:26:12 / 383 01:09:06 / 353	00:42:15 / 342
342	343	MIERZWIŃSKI tomasz	KĘDZIERZYN-KOŹLE	POL	STOWARZYSZENIE ZAKWAS	78	M30/102		(M)316	01:18:26	01:18:26	11.47	00:16:58 / 429 00:52:27 / 372	00:26:36 / 416 01:09:02 / 352	00:42:51 / 377
343	132	GAŚIOREK Wojciech	BIELSKO-BIAŁA	POL	BIELSKO-BIAŁA	77	M30/103		(M)317	01:18:28	01:18:08	11.52	00:16:14 / 356 00:51:46 / 336	00:25:40 / 343 01:08:42 / 342	00:42:08 / 338
344	744	SZCZERBOWSKI MAREK	KATOWICE	POL	KS STADION ŚLĄSKI	71	M30/104		(M)318	01:18:32	01:18:29	11.47	00:17:01 / 437 00:52:15 / 363	00:26:41 / 425 01:09:01 / 351	00:42:45 / 374
345	558	ŚWITAŁA Piotr	KATOWICE	POL		91	M18/73		(M)319	01:18:33	01:18:22	11.48	00:15:20 / 256 00:51:45 / 335	00:24:49 / 287 01:09:20 / 360	00:42:00 / 328
346	590	WILL PIOTR	KATOWICE	POL	KWK "STASZIC "	52	M50/42		(M)320	01:18:33	01:18:31	11.46	00:15:07 / 236 00:52:01 / 349	00:25:08 / 301 01:09:10 / 354	00:42:16 / 344
347	214	KAPUŚCIK Jakub	KATOWICE	POL		93	M18/74		(M)321	01:18:35	01:18:31	11.46	00:14:38 / 192 00:51:06 / 313	00:24:12 / 252 01:08:33 / 334	00:41:10 / 299
348	660	PIĄTEK JÓZEF	ŻYWIEC	POL		53	M50/43		(M)322	01:18:36	01:18:28	11.47	00:15:41 / 294 00:51:34 / 325	00:25:10 / 303 01:08:39 / 340	00:41:46 / 314
349	345	MIKOŁAJCZYK Piotr	BĘDZIN	POL	TKKF CZELADZ	40	M70+/3		(M)323	01:18:42	01:18:32	11.46	00:16:14 / 357 00:52:04 / 353	00:25:42 / 347 01:08:47 / 344	00:42:17 / 345
350	556	ŚWIAĆ Michał	GLIWICE	POL		78	M30/105		(M)324	01:18:44	01:18:22	11.48	00:16:21 / 371 00:51:49 / 339	00:25:46 / 349 01:09:10 / 355	00:41:58 / 325
351	1121	MILER MARCIN	KATOWICE	POL		78	M30/106		(M)325	01:18:46	01:18:38	11.45	00:15:24 / 266 00:51:59 / 348	00:24:58 / 295 01:08:59 / 349	00:42:05 / 335
352	749	SENIUK stanisław	CZELADŹ	POL	CROSS KAROLINKA CHORZÓW	61	M40/90		(M)326	01:18:50	01:18:48	11.42	00:16:12 / 351 00:52:49 / 376	00:26:07 / 377 01:09:28 / 363	00:43:06 / 388
353	680	WOLNY KRZYSZTOF	MIASTECZKO ŚLĄSKIE	POL		81	M18/75		(M)327	01:18:57	01:18:31	11.46	00:17:28 / 469 00:53:20 / 394	00:27:12 / 453 01:09:30 / 364	00:43:51 / 416

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
354	425	PLATEK Dawid	KATOWICE	POL		89	M18/76		(M)328	01:19:00	01:18:38	11.45	00:16:12 / 350 00:52:53 / 378	00:25:46 / 351 01:09:44 / 372	00:42:56 / 381
355	104	DYLAŁ Marek	JAWORZNO	POL	KB MCKIS JAWORZNO	61	M40/91		(M)329	01:19:01	01:18:49	11.42	00:15:08 / 240 00:51:21 / 316	00:24:33 / 272 01:08:57 / 348	00:41:15 / 303
356	735	WOJNIAK MACIEJ	DĄBROWA GÓRNICZA	POL		83	M18/77		(M)330	01:19:04	01:18:33	11.46	00:16:16 / 363 00:51:34 / 324	00:25:39 / 340 01:09:12 / 357	00:41:47 / 316
357	267	KRÓL Iwona	KATOWICE	POL	DOLINIARZE.COM	79	K30/13		(K)27	01:19:05	01:18:53	11.41	00:16:13 / 354 00:52:08 / 355	00:25:39 / 341 01:09:15 / 358	00:42:17 / 346
358	544	SZPAK Sebastian	TYCHY	POL	DOLINIARZE.COM	85	M18/78		(M)331	01:19:05	01:18:59	11.39	00:15:10 / 242 00:50:32 / 294	00:24:37 / 276 01:08:54 / 347	00:41:17 / 304
359	89	CUDEJKO Arkadiusz	SOSNOWIEC	POL	NIEZRZESZONY	87	M18/79		(M)332	01:19:07	01:19:02	11.39	00:14:42 / 203 00:49:29 / 259	00:23:49 / 215 01:08:49 / 345	00:40:00 / 249
360	195	JASZ Martyna	SIEMIANOWICE ŚLĄSKIE	POL		85	K18/10		(K)28	01:19:09	01:18:38	11.45	00:16:35 / 394 00:52:25 / 370	00:26:03 / 370 01:09:37 / 367	00:42:41 / 369
361	370	NIEPIEKŁO Krzysztof	ŻARKI LETNISKO	POL	LEŚNE LUDKI ŻARKI LETNISKO	59	M50/44		(M)333	01:19:12	01:18:59	11.39	00:16:19 / 366 00:52:18 / 367	00:25:50 / 356 01:09:15 / 359	00:42:27 / 355
362	628	ZOWADA Tomasz	CHORZÓW	POL		72	M30/107		(M)334	01:19:17	01:18:46	11.43	00:16:51 / 420 00:52:21 / 369	00:26:18 / 396 01:09:12 / 356	00:42:36 / 359
363	586	WIECZOREK Krzysztof	KATOWICE	POL	TRUCHTACZ MYSŁOWICE	68	M40/92		(M)335	01:19:19	01:18:55	11.40	00:16:40 / 399 00:53:06 / 385	00:26:29 / 411 01:09:41 / 370	00:43:13 / 393
364	300	LIS Mariusz	SOSNOWIEC	POL	KALINOWA CITY SOSNOWIEC	74	M30/108		(M)336	01:19:21	01:19:06	11.38	00:16:06 / 333 00:52:16 / 365	00:25:37 / 336 01:09:35 / 365	00:42:21 / 348
365	748	GRABINSKI marcin	LUBLINIEC	POL	CROSS KAROLINKA CHORZÓW	79	M30/109		(M)337	01:19:23	01:19:21	11.34	00:15:49 / 308 00:52:41 / 374	00:25:37 / 337 01:09:27 / 362	00:42:36 / 358
366	597	WITKE marta	KARPACZ	POL		84	K18/11		(K)29	01:19:30	01:19:25	11.33	00:15:58 / 319 00:52:53 / 379	00:25:47 / 352 01:09:35 / 366	00:42:57 / 382
367	605	WOJEWÓDZKA Sylwia	PŁOCK	POL	PŁOCK	75	K30/14		(K)30	01:19:39	01:19:35	11.31	00:15:21 / 260 00:52:11 / 358	00:24:51 / 290 01:09:56 / 373	00:41:58 / 324
368	7	TOMSZEWSKI DARIUSZ	SOSNOWIEC	POL		78	M30/110		(M)338	01:19:43	01:19:04	11.38	00:18:16 / 511 00:54:34 / 425	00:28:11 / 485 01:11:01 / 394	00:44:32 / 440
369	571	WAGNER Grzegorz	MYSZKÓW	POL		86	M18/80		(M)339	01:19:46	01:19:27	11.33	00:15:43 / 298 00:51:01 / 309	00:24:48 / 286 01:08:53 / 346	00:41:11 / 301
370	295	LEWANDOWSKI Józef	KATOWICE-MURCKI	POL		66	M40/93		(M)340	01:19:47	01:19:32	11.32	00:17:02 / 442 00:53:11 / 390	00:26:55 / 439 01:10:00 / 374	00:43:23 / 400
371	532	SZCZEŚNIAK Artur	GLIWICE	POL	FACCIAMO JOGGING	68	M40/94		(M)341	01:19:47	01:19:47	11.28	00:16:04 / 327 00:53:02 / 382	00:25:46 / 350 01:10:18 / 378	00:42:59 / 384
372	579	WENGLORZ Krzysztof	CIESZYN	POL		78	M30/111		(M)342	01:19:48	01:19:46	11.28	00:14:27 / 179 00:49:27 / 255	00:23:24 / 196 01:08:10 / 325	00:39:28 / 229
373	1120	BRZOZOWSKI JAN	MIKOŁÓW	POL		52	M50/45		(M)343	01:19:49	01:19:30	11.32	00:16:06 / 335 00:52:04 / 351	00:25:26 / 327 01:09:40 / 369	00:42:04 / 334
374	346	MIKOŁAJCZYK Romuald	KATOWICE	POL	AMATOR	62	M40/95		(M)344	01:19:49	01:19:44	11.29	00:14:48 / 215 00:51:01 / 310	00:24:04 / 238 01:09:22 / 361	00:41:02 / 293
375	608	WOWRA Jacek	STANOWICE	POL	BRAK	64	M40/96		(M)345	01:20:01	01:19:47	11.28	00:17:27 / 468 00:53:36 / 400	00:27:17 / 458 01:10:34 / 381	00:43:58 / 422
376	316	MAGRYŚ Anna	GLIWICE	POL	OTK RZEŹNIK	79	K30/15		(K)31	01:20:02	01:19:39	11.30	00:16:20 / 369 00:51:26 / 318	00:25:55 / 357 01:09:00 / 350	00:41:46 / 315
377	155	GROCHOWSKI Grzegorz	PIEKARY ŚLĄSKIE	POL	MOSIR PIEKARY ŚLĄSKIE	71	M30/112		(M)346	01:20:02	01:19:56	11.26	00:16:36 / 395 00:53:13 / 392	00:26:24 / 407 01:10:23 / 379	00:43:21 / 397

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
378	472	ROSA Andrzej	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	63	M40/97		(M)347	01:20:09	01:19:44	11.29	00:17:07 / 449 00:53:49 / 406	00:26:41 / 423 01:10:38 / 382	00:43:53 / 417
379	561	TATARA Dariusz	CHORZÓW	POL		66	M40/98		(M)348	01:20:14	01:19:50	11.27	00:16:24 / 373 00:52:58 / 380	00:26:03 / 369 01:10:25 / 380	00:42:57 / 383
380	152	GÓRECKI Mieczysław	TYCHY	POL	40 LATEK TYCHY	57	M50/46		(M)349	01:20:15	01:20:05	11.24	00:15:49 / 309 00:52:04 / 352	00:25:18 / 318 01:10:42 / 384	00:42:04 / 333
381	61	BOROWIECKI Dominik	PIOTRKOW	POL		80	M30/113		(M)350	01:20:20	01:20:02	11.25	00:16:38 / 398 00:53:08 / 387	00:26:12 / 382 01:10:16 / 377	00:43:23 / 401
382	206	KACZYŃSKI Jacek	GLIWICE	POL		72	M30/114		(M)351	01:20:20	01:20:03	11.24	00:16:37 / 396 00:53:16 / 393	00:26:25 / 408 01:10:43 / 385	00:43:22 / 399
383	375	NOSIADEK TOMASZ	RYBNIK	POL	SBD ENERGETYK RYBNIK	72	M30/115		(M)352	01:20:20	01:19:57	11.26	00:17:11 / 458 00:53:50 / 407	00:26:56 / 440 01:10:47 / 387	00:43:50 / 414
384	1117	DOMAŃSKA ANNA	KATOWICE	POL		87	K18/12		(K)32	01:20:34	01:20:09	11.23	00:16:16 / 362 00:52:25 / 371	00:25:41 / 346 01:10:14 / 376	00:42:22 / 349
385	700	STYPUŁA GRZEGORZ	ŚWIĘTOCHŁOWICE	POL	ŚCIEŻKI BIEGOWE - PARK CHORZÓW	73	M30/116		(M)353	01:20:34	01:20:07	11.23	00:16:53 / 424 00:52:19 / 368	00:26:05 / 372 01:10:10 / 375	00:42:37 / 361
386	178	IWAN Radosław	KRAKÓW	POL		77	M30/117		(M)354	01:20:34	01:20:34	11.17	00:17:40 / 476 00:54:48 / 433	00:27:39 / 473 01:11:29 / 402	00:44:50 / 450
387	722	FOX Mateusz	POTĘPA	POL		82	M18/81		(M)355	01:20:37	01:20:11	11.22	00:18:11 / 505 00:54:54 / 436	00:28:12 / 486 01:11:15 / 396	00:45:10 / 459
388	84	CISAK MAREK	JASTRZĘBIE ZDRÓJ	POL		69	M40/99		(M)356	01:20:37	01:20:13	11.22	00:16:48 / 415 00:53:51 / 408	00:26:31 / 414 01:11:05 / 395	00:43:44 / 408
389	166	GUZY Piotr	CZECHOWICE-DZIEDZICE	POL	BIEGANIE.PL	82	M18/82		(M)357	01:20:42	01:20:33	11.17	00:18:12 / 507 00:56:00 / 468	00:28:36 / 514 01:12:00 / 412	00:45:51 / 477
390	162	GRZYWACZ Dariusz	KATOWICE	POL	NIEZRZESZONY	64	M40/100		(M)358	01:20:42	01:20:28	11.18	00:16:33 / 387 00:53:35 / 397	00:26:24 / 406 01:10:46 / 386	00:43:21 / 396
391	221	KIERUZAL Adam	SIEMIANOWICE ŚLĄSKIE	POL		84	M18/83		(M)359	01:20:46	01:20:25	11.19	00:17:53 / 483 00:54:58 / 441	00:28:28 / 498 01:11:30 / 403	00:45:30 / 466
392	357	MRÓZ Andrzej	KĘTY	POL	ZADYSZKA OŚWIĘCIM	38	M70+/4		(M)360	01:20:56	01:20:29	11.18	00:16:51 / 419 00:53:09 / 389	00:26:19 / 399 01:10:51 / 389	00:43:18 / 394
393	388	PAJĄK Adam	SIEMIANOWICE ŚLĄSKIE	POL		87	M18/84		(M)361	01:20:57	01:20:38	11.16	00:16:11 / 348 00:51:36 / 329	00:25:33 / 334 01:09:38 / 368	00:42:02 / 329
394	271	KRYŚ Krzysztof	SIEMIANOWICE ŚLĄSKIE	POL		92	M18/85		(M)362	01:21:02	01:20:42	11.15	00:16:10 / 347 00:51:58 / 347	00:25:35 / 335 01:09:43 / 371	00:42:07 / 337
395	678	SOBCZAK Barbara	KATOWICE	POL	KATOWICE	58	K50+/3		(K)33	01:21:02	01:20:35	11.17	00:17:07 / 450 00:53:49 / 405	00:26:48 / 434 01:11:00 / 393	00:43:54 / 419
396	616	WYDMUCH Wojciech	KATOWICE	POL		82	M18/86		(M)363	01:21:06	01:21:01	11.11	00:14:38 / 193 00:50:37 / 295	00:24:02 / 236 01:10:55 / 390	00:40:57 / 289
397	620	ZAGÓRSKI Rafał	KATOWICE	POL		81	M18/87		(M)364	01:21:06	01:20:31	11.18	00:17:19 / 464 00:54:09 / 413	00:27:05 / 450 01:11:34 / 404	00:44:09 / 426
398	209	KALUŻA Aleksander	KATOWICE	POL		71	M30/118		(M)365	01:21:07	01:20:52	11.13	00:16:32 / 384 00:53:08 / 388	00:26:16 / 392 01:10:58 / 391	00:43:09 / 390
399	587	WIERNEK Tomek	KATOWICE	POL		76	M30/119		(M)366	01:21:13	01:20:36	11.17	00:18:37 / 532 00:56:12 / 474	00:29:18 / 524 01:12:21 / 421	00:46:28 / 501
400	124	GAJ Paulina	JAWORZNO	POL	KS ENERGETYK JAWORZNO	93	K18/13		(K)34	01:21:14	01:21:13	11.08	00:14:44 / 205 00:52:13 / 359	00:24:18 / 255 01:10:49 / 388	00:41:41 / 312
401	86	CIUPEK Daria	JAWORZNO	POL	KB MCKIS JAWORZNO	73	K30/16		(K)35	01:21:26	01:21:14	11.08	00:17:15 / 459 00:54:24 / 422	00:27:18 / 459 01:11:49 / 407	00:44:21 / 431

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
402	475	RUP Radosław	KATOWICE	POL	MARATONYPOLSKIE.PL TEAM	77	M30/120		(M)367	01:21:26	01:21:08	11.09	00:16:57 / 428 00:54:55 / 438	00:27:10 / 452 01:12:02 / 413	00:44:28 / 436
403	677	MICUDA Jan	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	50	M60/8		(M)368	01:21:31	01:21:21	11.06	00:16:42 / 403 00:54:19 / 419	00:26:28 / 410 01:11:57 / 410	00:44:01 / 424
404	462	RECLIK Jarosław	KATOWICE	POL		70	M40/101		(M)369	01:21:31	01:21:18	11.07	00:16:13 / 353 00:53:42 / 402	00:25:56 / 359 01:11:25 / 400	00:43:25 / 403
405	405	PELC Tomasz	KATOWICE	POL		76	M30/121		(M)370	01:21:32	01:21:21	11.06	00:15:55 / 316 00:52:50 / 377	00:25:21 / 319 01:10:59 / 392	00:42:44 / 373
406	121	FOREITER BARBARA	ŻORY - RÓJ	POL		83	K18/14		(K)36	01:21:36	01:21:12	11.08	00:17:00 / 433 00:53:54 / 409	00:26:42 / 427 01:11:28 / 401	00:43:50 / 415
407	127	GANSINIEC Ireneusz	MYSŁOWICE	POL	NIEZRZESZONY	70	M40/102		(M)371	01:21:43	01:21:38	11.02	00:15:25 / 270 00:53:02 / 383	00:25:10 / 302 01:11:21 / 398	00:42:38 / 365
408	293	LELEK Marcin	KRAKÓW	POL	BIEGANIE.PL	81	M18/88		(M)372	01:21:45	01:21:12	11.08	00:18:07 / 497 00:56:00 / 469	00:28:31 / 505 01:12:15 / 418	00:45:55 / 480
409	529	SZADKOWSKA Aneta	CHORZÓW	POL		89	K18/15		(K)37	01:21:52	01:21:21	11.06	00:17:31 / 470 00:54:35 / 426	00:27:20 / 461 01:12:20 / 419	00:44:27 / 435
410	697	ROŚ MICHAŁ	MYSŁOWICE	POL		80	M30/122		(M)373	01:21:52	01:21:27	11.05	00:17:40 / 475 00:54:47 / 432	00:27:16 / 457 01:12:14 / 417	00:44:50 / 451
411	185	JANERKA MOROŃ MARZENA	CHORZÓW	POL		78	K30/17		(K)38	01:21:54	01:21:54	10.99	00:16:07 / 337 00:54:20 / 420	00:26:07 / 379 01:11:58 / 411	00:43:59 / 423
412	691	SZCZEPAŃSKI Stanisław	BYTOM	POL		75	K30/18		(K)39	01:21:58	01:21:42	11.02	00:16:20 / 367 00:53:22 / 396	00:26:06 / 374 01:11:23 / 399	00:43:10 / 391
413	453	RAGUS Marcell	BYTOM	POL		70	M40/103		(M)374	01:22:05	01:21:35	11.03	00:17:45 / 478 00:55:12 / 451	00:27:44 / 478 01:12:41 / 429	00:45:09 / 458
414	535	SZCZYPCZYK-ŚCISŁO Ewa	KRAKÓW	POL	KKB DYSTANS	81	K18/16		(K)40	01:22:07	01:21:45	11.01	00:18:10 / 502 00:55:59 / 466	00:28:28 / 499 01:12:51 / 431	00:45:49 / 474
415	193	JAREMA Grzegorz	RUDAWA	POL	MARATONYPOLSKIE.PL TEAM	75	M30/123		(M)375	01:22:16	01:22:03	10.97	00:16:47 / 411 00:55:31 / 457	00:26:59 / 443 01:12:43 / 430	00:45:23 / 463
416	230	KOCHANOWSKI Grzegorz	RUDA ŚLĄSKA	POL		80	M30/124		(M)376	01:22:20	01:22:12	10.95	00:15:59 / 320 00:53:40 / 401	00:25:40 / 344 01:11:54 / 409	00:43:12 / 392
417	418	PILSZEK Damian	TYCHY	POL		74	M30/125		(M)377	01:22:20	01:22:00	10.98	00:16:34 / 390 00:54:36 / 428	00:26:42 / 429 01:12:27 / 424	00:44:22 / 432
418	252	KOWALCZYK Marcin	BIERUŃ	POL	KOVAL SQUAD	92	M18/89		(M)378	01:22:21	01:22:01	10.97	00:16:14 / 355 00:54:27 / 423	00:25:44 / 348 01:12:12 / 416	00:43:42 / 407
419	441	PRUDŁO ANNA	SIEMIANOWICE ŚLĄSKIE	POL		82	K18/17		(K)41	01:22:22	01:22:06	10.96	00:15:35 / 281 00:53:07 / 386	00:25:10 / 304 01:11:45 / 405	00:42:49 / 375
420	1125	KRÓLIKOWSKI Paweł	SOSNOWIEC	POL		86	M18/90		(M)379	01:22:24	01:22:10	10.95	00:16:04 / 326 00:54:11 / 415	00:25:38 / 338 01:12:12 / 415	00:43:25 / 402
421	135	GLIŃSKI Tomasz	SOSNOWIEC	POL		81	M18/91		(M)380	01:22:33	01:22:00	10.98	00:17:06 / 448 00:52:47 / 375	00:26:38 / 417 01:11:18 / 397	00:42:42 / 372
422	111	FABIAN Michał	CHORZÓW	POL		79	M30/126		(M)381	01:22:39	01:22:31	10.91	00:16:35 / 393 00:53:47 / 404	00:26:30 / 413 01:11:49 / 408	00:43:36 / 405
423	188	JANKOWSKI Tomasz	TORUŃ	POL		75	M30/127		(M)382	01:22:40	01:22:02	10.97	00:18:24 / 517 00:56:37 / 486	00:29:01 / 519 01:13:25 / 447	00:46:33 / 504
424	115	FILIPCZAK Sylwia	KATOWICE	POL	DOLINIARZE.COM	78	K30/19		(K)42	01:22:41	01:22:26	10.92	00:16:35 / 392 00:54:07 / 411	00:26:20 / 402 01:12:27 / 423	00:43:48 / 412
425	57	BOCZKOWSKI Jerzy	KRAKÓW	POL	KKB DYSTANS KRAKÓW	56	M50/47		(M)383	01:22:45	01:22:28	10.91	00:16:16 / 364 00:53:21 / 395	00:25:49 / 354 01:11:47 / 406	00:42:59 / 385

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
426	334	MAĆZKA Bronisław	GLIWICE	POL	OTK RZEŹNIK	53	M50/48		(M)384	01:22:47	01:22:23	10.92	00:16:20 / 370 00:53:44 / 403	00:26:06 / 376 01:12:11 / 414	00:43:20 / 395
427	305	LYSKO Marek	KATOWICE	POL		76	M30/128		(M)385	01:22:48	01:22:16	10.94	00:16:41 / 401 00:54:07 / 412	00:26:17 / 394 01:12:20 / 420	00:43:48 / 411
428	39	BĘBENEK GRZEGORZ	GLIWICE	POL		81	M18/92		(M)386	01:22:51	01:22:35	10.90	00:16:38 / 397 00:54:29 / 424	00:26:34 / 415 01:12:31 / 425	00:44:04 / 425
429	509	SPANDEL JANUSZ	WODZISŁAW ŚL.	POL	FORMA WODZISŁAW ŚL.	65	M40/104		(M)387	01:22:58	01:22:46	10.87	00:16:10 / 345 00:54:11 / 414	00:26:15 / 388 01:12:25 / 422	00:43:44 / 409
430	651	WITAS MIRAS	MYSŁOWICE	POL	DOLINIARZE.COM	66	M40/105		(M)388	01:23:17	01:22:48	10.87	00:18:10 / 499 00:55:58 / 464	00:28:28 / 496 01:13:19 / 444	00:45:49 / 471
431	215	KARDAS Liliana	KATOWICE	POL	DOLINIARZE.COM	82	K18/18		(K)43	01:23:17	01:23:11	10.82	00:17:00 / 435 00:54:58 / 442	00:27:01 / 446 01:13:17 / 441	00:44:44 / 447
432	379	OBSTARCZYK Andrzej	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	57	M50/49		(M)389	01:23:18	01:22:50	10.87	00:18:10 / 501 00:55:59 / 467	00:28:28 / 500 01:13:19 / 442	00:45:49 / 472
433	262	KRAJEWSKI Sławomir	KATOWICE	POL	DOLINIARZE.COM	56	M50/50		(M)390	01:23:19	01:22:50	10.87	00:18:10 / 500 00:55:58 / 465	00:28:28 / 497 01:13:19 / 443	00:45:49 / 473
434	734	RYCERSKI Adam	RUDA ŚLĄSKA	POL		59	M50/51		(M)391	01:23:23	01:22:57	10.85	00:17:18 / 463 00:55:05 / 446	00:27:16 / 456 01:13:03 / 433	00:44:42 / 446
435	627	ZIĘTEK Marcin	JAWORZNO	POL		77	M30/129		(M)392	01:23:25	01:22:54	10.86	00:18:01 / 491 00:56:04 / 471	00:28:21 / 492 -1:5:4 / 0	00:45:50 / 476
436	572	WAHL Daniel	CHORZÓW	POL		77	M30/130		(M)393	01:23:25	01:23:16	10.81	00:15:24 / 268 00:53:56 / 410	00:25:17 / 317 01:12:34 / 427	00:43:06 / 389
437	611	WÓJCIK Stanisław	DĄBROWA GÓRNICZA	POL	GRUPA BIEGOWA DĄBROWA GÓRNICZA	43	M60/9		(M)394	01:23:31	01:23:23	10.79	00:16:46 / 409 00:54:36 / 427	00:26:50 / 435 01:13:17 / 440	00:44:17 / 428
438	281	KURAS Kamil	ZGIERZ	POL		92	M18/93		(M)395	01:23:31	01:23:03	10.84	00:17:16 / 461 00:55:01 / 443	00:27:26 / 464 01:13:06 / 435	00:44:45 / 448
439	470	ROKICKI Rafał	GLIWICE	POL	K.CZ. PĘDZIWIATR GLIWICE	72	M30/131		(M)396	01:23:33	01:23:10	10.82	00:17:56 / 488 00:56:26 / 482	00:28:19 / 491 01:13:40 / 452	00:46:03 / 485
440	62	BOROWSKI Andrzej	RUDA ŚLĄSKA	POL		77	M30/132		(M)397	01:23:34	01:23:24	10.79	00:15:01 / 231 00:51:13 / 315	00:24:25 / 258 01:10:38 / 383	00:41:13 / 302
441	675	BARANOWSKA BOŻENA	JEMIELNICZ	POL		66	K40/4		(K)44	01:23:34	01:23:23	10.79	00:16:59 / 432 00:55:03 / 445	00:26:59 / 445 01:13:14 / 437	00:44:31 / 439
442	524	STRZELCZYK Arkadiusz	GŁUCHOŁAZY	POL	KŁ."CHROBRY" GŁUCHOŁAZY	58	M50/52		(M)398	01:23:34	01:23:24	10.79	00:16:59 / 431 00:55:03 / 444	00:26:59 / 444 01:13:14 / 438	00:44:31 / 438
443	777	KSIĘŻYK PIOTR	KATOWICE	POL	KB JÓZEFINKA	56	M50/53		(M)399	01:23:36	01:23:17	10.81	00:16:26 / 375 00:53:35 / 398	00:26:13 / 385 01:12:33 / 426	00:43:21 / 398
444	717	CIEPIELA DARIUSZ	CZELADŹ	POL		72	M30/133		(M)400	01:23:37	01:23:10	10.82	00:17:32 / 472 00:55:22 / 454	00:27:44 / 477 01:13:05 / 434	00:45:00 / 454
445	789	JAMRÓZ MARIOLA	KIELCE	POL		69	K40/5		(K)45	01:23:43	01:23:15	10.81	00:16:23 / 372 00:54:46 / 431	00:27:02 / 447 01:13:31 / 450	00:44:18 / 429
446	679	NIEDZIAŁKOWSKI WOJCIECH	NĘDZA	POL	SPEEDJOGG	62	M40/106		(M)401	01:23:44	01:23:02	10.84	00:18:00 / 490 00:56:01 / 470	00:28:03 / 482 01:13:41 / 453	00:45:43 / 469
447	424	PLEWICKI Grzegorz	KLESZCZÓW/GLIWICE	POL		64	M40/107		(M)402	01:23:52	01:23:43	10.75	00:16:15 / 359 00:54:37 / 429	00:26:01 / 364 01:13:22 / 446	00:43:50 / 413
448	411	PIECZARA Krzysztof	JAWORZNO	POL	KB MCKIS JAWORZNO	81	M18/94		(M)403	01:23:52	01:23:28	10.78	00:16:03 / 325 00:54:23 / 421	00:26:03 / 368 01:13:07 / 436	00:43:54 / 418
449	619	WYPARŁO Jacek	DABROWA GÓRNICZA	POL		58	M50/54		(M)404	01:23:54	01:23:40	10.76	00:17:03 / 444 00:55:35 / 459	00:27:23 / 463 01:13:36 / 451	00:45:01 / 455

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
450	201	JÓŻWIAK Marek	KATOWICE	POL		67	M40/108		(M)405	01:23:54	01:23:39	10.76	00:17:02 / 441 00:55:06 / 447	00:26:54 / 437 01:13:21 / 445	00:44:31 / 437
451	211	KAMIŃSKA Karolina	KRAKÓW	POL		82	K18/19		(K)46	01:23:56	01:23:47	10.74	00:17:00 / 434 00:55:08 / 449	00:27:03 / 448 01:13:28 / 448	00:44:34 / 441
452	217	KAWCZYK Tomasz	DĄBROWA GÓRNICZA	POL		86	M18/95		(M)406	01:23:56	01:23:31	10.78	00:18:26 / 521 00:56:47 / 489	00:28:43 / 515 01:13:56 / 458	00:46:31 / 503
453	282	KURAS Roman	MYSZKÓW	POL	NIEZRZESZONY	70	M40/109		(M)407	01:23:57	01:21:45	11.01	00:18:41 / 537 00:56:51 / 493	00:28:59 / 518 01:14:13 / 464	00:46:35 / 505
454	633	ŻWIROWICZ Adam	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	66	M40/110		(M)408	01:24:00	01:23:44	10.75	00:16:31 / 380 00:53:11 / 391	00:26:00 / 363 01:12:35 / 428	00:43:00 / 386
455	102	DYJA Robert	KATOWICE	POL		73	M30/134		(M)409	01:24:04	01:23:29	10.78	00:19:24 / 576 00:57:50 / 513	00:29:50 / 552 01:14:42 / 481	00:47:45 / 525
456	563	TOMCZYK Łukasz	DĄBROWA GÓRNICZA	POL		80	K30/20		(K)47	01:24:04	01:23:41	10.75	00:18:11 / 506 00:56:46 / 488	00:28:30 / 504 01:14:06 / 460	00:46:22 / 494
457	743	MIŚKÓW MAREK	TARNOWSKIE GÓRY	POL		79	M30/135		(M)410	01:24:07	01:23:27	10.78	00:16:33 / 386 00:54:15 / 417	00:26:01 / 366 01:12:57 / 432	00:43:31 / 404
458	247	KORNASZEWSKI Zbigniew	SOSNOWIEC	POL		54	M50/55		(M)411	01:24:09	01:23:37	10.76	00:18:23 / 516 00:56:14 / 475	00:28:34 / 509 01:14:01 / 459	00:46:02 / 483
459	714	KAZIENKO WOJCIECH	BYTOM	POL		83	M18/96		(M)412	01:24:11	01:23:41	10.75	00:16:10 / 346 00:54:13 / 416	00:26:05 / 373 01:13:16 / 439	00:43:40 / 406
460	25	BABIEC Agnieszka	MIELEC	POL		84	K18/20		(K)48	01:24:15	01:24:08	10.70	00:16:58 / 430 00:56:04 / 472	00:27:14 / 454 01:14:16 / 465	00:45:41 / 468
461	67	BRZOZOWSKI Piotr	JAWORZNO	POL	KB MCKIS JAWORZNO	69	M40/111		(M)413	01:24:19	01:23:53	10.73	00:16:49 / 417 00:54:58 / 440	00:26:43 / 430 01:13:54 / 457	00:44:19 / 430
462	791	BLASZCZYŃSKI ZYGMUNT	PIEKARY ŚL.	POL		62	M40/112		(M)414	01:24:26	01:24:17	10.68	00:16:41 / 400 00:55:21 / 453	00:27:34 / 469 01:13:50 / 456	00:45:03 / 457
463	233	KOLANKIEWICZ Rafał	KATOWICE-DĄB	POL		76	M30/136		(M)415	01:24:26	01:23:51	10.73	00:17:19 / 465 00:54:18 / 418	00:27:05 / 449 01:13:29 / 449	00:44:10 / 427
464	224	KLOCEK Dariusz	DĄBROWA GÓRNICZA	POL		73	M30/137		(M)416	01:24:27	01:24:19	10.67	00:16:08 / 339 00:55:32 / 458	00:26:16 / 390 01:14:17 / 467	00:44:34 / 442
465	361	MUSZEL Anna	ZABRZE	POL		90	K18/21		(K)49	01:24:30	01:24:21	10.67	00:15:54 / 314 00:54:54 / 435	00:25:58 / 360 01:13:48 / 455	00:44:26 / 434
466	736	MALDIS MAREK	WARSZAWA	POL		49	M60/10		(M)417	01:24:41	01:24:39	10.63	00:16:20 / 368 00:54:41 / 430	00:26:07 / 378 01:14:08 / 461	00:43:47 / 410
467	435	POPEK Przemysław	ŁOMIANKI	POL	BIEGAJACYPRZEMEK.PL	91	M18/97		(M)418	01:24:45	01:24:42	10.63	00:16:15 / 360 00:54:49 / 434	00:27:08 / 451 01:14:34 / 476	00:44:37 / 443
468	292	LATA Kamil	CHORZÓW	POL		89	M18/98		(M)419	01:24:46	01:24:26	10.66	00:17:01 / 439 00:55:38 / 460	00:26:53 / 436 01:14:22 / 469	00:45:02 / 456
469	756	ŁOGIEWA ANDRZEJ	KATOWICE	POL	KB.JOZEFINKA	50	M60/11		(M)420	01:24:49	01:24:23	10.67	00:18:06 / 494 00:56:19 / 478	00:28:09 / 484 01:14:31 / 474	00:45:51 / 479
470	410	PIECH Marcin	JAWORZNO	POL	CHIRUNNERS JAWORZNO	83	M18/99		(M)421	01:24:51	01:24:21	10.67	00:18:27 / 523 00:55:52 / 462	00:28:29 / 502 01:14:22 / 470	00:45:58 / 482
471	223	KLIMEK Jagoda	KRAKÓW	POL		81	K18/22		(K)50	01:24:52	01:24:43	10.62	00:17:08 / 453 00:55:58 / 463	00:27:15 / 455 01:14:29 / 473	00:45:18 / 460
472	191	JANUS Marzena	JAWORZNO	POL	CHIRUNNERS JAWORZNO	87	K18/23		(K)51	01:24:52	01:24:21	10.67	00:18:28 / 525 00:56:21 / 479	00:28:31 / 506 -1:-5:-4 / 0	00:46:02 / 484
473	36	BERESZKO Bartosz	SOSNOWIEC	POL		76	M30/138		(M)422	01:24:54	01:24:28	10.66	00:18:06 / 496 00:56:18 / 477	00:28:09 / 483 01:14:31 / 475	00:45:51 / 478

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
474	713	GRUSZKA MAŁGORZATA	BLACHOWNIA	POL		69	K40/6		(K)52	01:24:56	01:24:54	10.60	00:16:52 / 422 00:56:16 / 476	00:27:22 / 462 01:14:17 / 466	00:45:30 / 465
475	386	OSUCH Tomasz	KŁOBUCK	POL	NGB KŁOBUCK	61	M40/113		(M)423	01:25:01	01:24:44	10.62	00:16:43 / 405 00:55:18 / 452	00:26:46 / 431 01:14:13 / 463	00:44:38 / 444
476	773	ŚLABIK ANNA	KATOWICE	POL		80	K30/21		(K)53	01:25:02	01:24:43	10.62	00:17:49 / 479 00:56:23 / 481	00:28:00 / 481 01:14:27 / 472	00:45:50 / 475
477	519	STOLARCZYK Stanisław	TLUSZCZ	POL	BÓBR TLUSZCZ	43	M60/12		(M)424	01:25:03	01:24:18	10.68	00:18:07 / 498 00:56:44 / 487	00:28:28 / 501 01:14:37 / 479	00:46:14 / 490
478	52	BOBER Jakub	KATOWICE	POL	KATOWICE	36	M70+/5		(M)425	01:25:12	01:24:36	10.64	00:17:37 / 473 00:55:50 / 461	00:27:34 / 470 01:14:18 / 468	00:45:26 / 464
479	392	PALKA Adam	SIEMIANOWICE ŚLĄSKIE	POL	ŚLIMAK BYTKÓW	70	M40/114		(M)426	01:25:14	01:24:48	10.61	00:18:29 / 527 00:56:49 / 491	00:28:35 / 513 01:14:34 / 478	00:46:22 / 495
480	320	MALATYŃSKI Jacek	DĄBROWA GÓRNICZA	POL	PĘDZĄCE DŹDŻOWNICE	88	M18/100		(M)427	01:25:14	01:24:48	10.61	00:18:29 / 526 00:56:49 / 490	00:28:35 / 512 01:14:34 / 477	00:46:22 / 496
481	442	PUCHAŁA Piotr	WILCZA	POL		78	M30/139		(M)428	01:25:30	01:25:05	10.58	00:18:03 / 492 00:57:23 / 503	00:28:27 / 495 01:16:04 / 493	00:46:38 / 506
482	1116	ZIELIŃSKI MAREK	RYBNIK	POL		62	M40/115		(M)429	01:25:32	01:24:47	10.62	00:19:03 / 560 00:57:49 / 512	00:29:46 / 548 01:15:43 / 487	00:47:31 / 514
483	600	WIZNER Czesław	MYSŁOWICE	POL	----	54	M50/56		(M)430	01:25:35	01:25:14	10.56	00:18:45 / 545 00:58:07 / 517	00:29:25 / 533 01:15:49 / 488	00:47:37 / 518
484	371	NIESLER Marian	BYTOM	POL		62	M40/116		(M)431	01:25:39	01:25:32	10.52	00:17:09 / 454 00:56:32 / 485	00:27:35 / 472 01:15:00 / 482	00:45:46 / 470
485	280	KUPIEC Artur	SIEMIANOWICE ŚLĄSKIE	POL	NIEZRZESZONY	86	M18/101		(M)432	01:25:40	01:25:19	10.55	00:17:53 / 482 00:56:30 / 484	00:28:32 / 507 01:15:23 / 484	00:45:56 / 481
486	692	JEZIORSKI Jan	KATOWICE	POL		52	M50/57		(M)433	01:25:48	01:25:44	10.50	00:16:06 / 336 00:54:55 / 437	00:26:18 / 397 01:14:11 / 462	00:44:23 / 433
487	287	KURZEJA artur	KATOWICE	POL	NIEZRZESZONY	73	M30/140		(M)434	01:25:51	01:25:13	10.56	00:19:07 / 566 00:58:01 / 515	00:29:34 / 544 01:15:54 / 491	00:47:34 / 515
488	583	WĘGLER Zbigniew	SOSNOWIEC	POL		46	M60/13		(M)435	01:25:53	01:25:24	10.54	00:17:55 / 487 00:57:06 / 497	00:28:18 / 490 01:15:26 / 485	00:46:22 / 497
489	792	KLONOWSKI HENRYK	ŚWIĘTOCHŁOWICE	POL		71	M30/141		(M)436	01:25:55	01:25:45	10.50	00:16:48 / 414 00:55:28 / 456	00:26:47 / 432 01:14:40 / 480	00:44:48 / 449
490	413	PIEKAREC CZESŁAW	TARNOWSKIE GÓRY	POL		39	M70+/6		(M)437	01:25:58	01:25:57	10.47		00:26:04 / 371 01:13:48 / 454	00:42:50 / 376
491	437	PROKOP Iwona	RUDA ŚLĄSKA	POL	KRS TKKF "JASTRZĄB" RUDA ŚLĄSKA	74	K30/22		(K)54	01:26:12	01:25:50	10.49	00:17:20 / 466 00:57:02 / 495	00:27:42 / 476 01:15:53 / 490	00:46:15 / 491
492	355	MROZEK Maja	KATOWICE	POL	TRUCHTACZ MYSŁOWICE	81	K18/24		(K)55	01:26:36	01:26:14	10.44	00:17:54 / 484 00:57:34 / 508	00:28:15 / 489 01:16:03 / 492	00:46:55 / 511
493	476	RYSZCZYK Adam	RYBNIK	POL		80	M30/142		(M)438	01:26:38	01:26:30	10.40	00:16:34 / 388 00:55:07 / 448	00:26:42 / 428 01:15:16 / 483	00:44:39 / 445
494	687	JOHANIEWICZ KRZYSZTOF	CZELADŹ	POL	ASOCJACJA DZIEŃ ŚWIRA	73	M30/143		(M)439	01:26:48	01:26:20	10.42	00:17:51 / 481 00:56:59 / 494	00:28:00 / 480 01:16:06 / 494	00:46:13 / 489
495	8	SIWY JACEK	NAKŁO	POL	UKS OLIMPIJCZYK	81	M18/102		(M)440	01:26:49	01:26:17	10.43	00:19:16 / 573 00:59:49 / 541	00:30:18 / 564 01:16:58 / 506	00:49:11 / 546
496	785	PODLOCH MACIEJ	TARNOWSKIE GÓRY	POL	UKS OLIMPIJCZYK	77	M30/144		(M)441	01:26:57	01:26:24	10.42	00:19:16 / 572 00:59:49 / 540	00:30:17 / 563 01:16:58 / 505	00:49:11 / 545
497	559	TADEUSIAK Bartosz	GLIWICE	POL		94	M18/103		(M)442	01:26:58	01:26:53	10.36	00:15:37 / 285 00:53:36 / 399	00:25:16 / 314 01:14:25 / 471	00:42:53 / 379

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
498	738	ŚCIBISZ Bogdan	SOSNOWIEC	POL	TKKF-SATURN-CZELADZ	43	M60/14		(M)443	01:26:59	01:26:49	10.37	00:17:21 / 467 00:56:50 / 492	00:27:40 / 474 01:15:52 / 489	00:46:06 / 486
499	518	STĘPNIAK Ania	KATOWICE	POL	AMATOR KATOWICE	74	K30/23		(K)56	01:27:03	01:26:35	10.39	00:18:43 / 541 00:58:29 / 523	00:29:16 / 522 01:16:43 / 499	00:47:38 / 519
500	216	KATAN Wiesława	SOSNOWIEC	POL	TRUCHTACZ MYSŁOWICE	57	K50+/4		(K)57	01:27:03	01:26:38	10.39	00:17:54 / 486 00:57:33 / 507	00:28:15 / 488 01:16:19 / 496	00:46:54 / 509
501	342	MIERZWA Michał	ŚWIĘTOCHŁOWICE	POL		93	M18/104		(M)444	01:27:07	01:26:36	10.39	00:19:02 / 559 00:59:47 / 536	00:30:29 / 574 01:18:01 / 522	00:49:15 / 549
502	407	PETRUS Ryszard	KATOWICE	POL		67	M40/117		(M)445	01:27:09	01:26:41	10.38	00:18:43 / 542 00:58:29 / 522	00:29:16 / 521 01:16:43 / 500	00:47:38 / 520
503	187	JANKOWSKI Rafał	PIEKARY ŚLĄSKIE	POL	NSZZP PIEKARY ŚLĄSKIE	66	M40/118		(M)446	01:27:22	01:27:00	10.34	00:18:46 / 548 00:58:09 / 518	00:29:24 / 531 01:17:08 / 511	00:47:40 / 522
504	465	REID WARREN	CHORZÓW	POL		74	M30/145		(M)447	01:27:26	01:27:06	10.33	00:17:18 / 462 00:57:22 / 502	00:27:50 / 479 01:16:30 / 497	00:46:28 / 502
505	151	GÓRA Marek	TARNOWSKIE GÓRY	POL		67	M40/119		(M)448	01:27:28	01:27:01	10.34	00:18:44 / 543 00:58:29 / 524	00:29:17 / 523 01:17:10 / 512	00:47:41 / 523
506	784	KARŁOWSKA KATARZYNA	GLIWICE	POL		86	K18/25		(K)58	01:27:29	01:27:15	10.32	00:19:17 / 575 01:00:23 / 546	00:30:28 / 573 01:17:53 / 520	00:49:30 / 554
507	340	MIERZWA Eugeniusz	ŚWIĘTOCHŁOWICE	POL		66	M40/120		(M)449	01:27:31	01:27:01	10.34	00:19:36 / 582 00:59:48 / 539	00:30:29 / 575 01:18:02 / 523	00:49:16 / 550
508	144	GODULA Jacek	PIEKARY ŚLĄSKIE	POL	NIEZRZESZONY	65	M40/121		(M)450	01:27:32	01:27:09	10.33	00:18:45 / 547 00:58:07 / 516	00:29:24 / 529 01:17:08 / 510	00:47:39 / 521
509	480	SALWA Aleksander	KATOWICE	POL		78	M30/146		(M)451	01:27:37	01:27:12	10.32	00:15:37 / 286 00:55:22 / 455	00:25:30 / 333 01:16:07 / 495	00:43:55 / 420
510	231	KOCIELSKA Anna	GLIWICE	POL		87	K18/26		(K)59	01:27:37	01:27:25	10.30	00:18:27 / 522 00:58:30 / 525	00:29:19 / 526 01:17:05 / 508	00:47:36 / 517
511	373	NOJEK WIESŁAW	CHORZÓW	POL	NIEZRZESZONY	64	M40/122		(M)452	01:27:40	01:27:36	10.27	00:16:32 / 383 00:57:14 / 499	00:26:58 / 441 01:16:49 / 501	00:46:21 / 492
512	239	KOŁODZIEJCZYK Zbigniew	KNURÓW	POL	KB ENDURANCE SOLIDARNI KNURÓW	54	M50/58		(M)453	01:27:51	01:27:51	10.24	00:17:10 / 455 00:57:18 / 500	00:27:35 / 471 01:16:49 / 502	00:46:21 / 493
513	40	ROSA LESZEK	TŁUSZCZ	POL		59	M50/59		(M)454	01:27:52	01:27:07	10.33	00:18:38 / 534 00:58:35 / 526	00:29:29 / 535 01:17:06 / 509	00:47:59 / 529
514	513	STAROSTKA Andrzej	KĘDZIERZYN-KOŹŁE	POL	KEDZIERZYN	48	M60/15		(M)455	01:27:55	01:27:46	10.25	00:16:49 / 416 00:57:09 / 498	00:27:18 / 460 01:16:39 / 498	00:46:11 / 488
515	143	GODEK Beata	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	61	K40/7		(K)60	01:27:57	01:27:31	10.28	00:18:19 / 512 00:58:13 / 519	00:29:02 / 520 01:17:12 / 513	00:47:35 / 516
516	296	LEWANDOWSKI Michał	KATOWICE-MURCKI	POL		93	M18/105		(M)456	01:28:01	01:27:46	10.25	00:17:16 / 460 00:56:06 / 473	00:27:26 / 465 01:17:14 / 515	00:45:00 / 453
517	245	KOPEĆ Bożena	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	67	K40/8		(K)61	01:28:06	01:27:39	10.27	00:18:48 / 553 00:58:24 / 520	00:29:30 / 536 01:17:21 / 516	00:47:57 / 528
518	514	STASIAK MAREK	TYCHY	POL	40-LATEK TYCHY	79	M30/147		(M)457	01:28:16	01:27:44	10.26	00:19:16 / 574 00:59:53 / 542	00:30:18 / 565 01:17:56 / 521	00:49:12 / 547
519	564	TOMECKI Jerzy	MYSŁOWICE	POL		41	M60/16		(M)458	01:28:17	01:27:38	10.27	00:18:04 / 493 00:57:49 / 511	00:28:24 / 493 01:17:13 / 514	00:46:57 / 512
520	716	SKÓRCZYŃSKI KONRAD	KATOWICE	POL	SPORTOWA REWOLUCJA UPC	76	M30/148		(M)459	01:28:42	01:28:36	10.16	00:17:11 / 456 00:57:25 / 504	00:27:31 / 467 01:16:54 / 503	00:46:25 / 498
521	131	GAWEL Jan	KATOWICE	POL		75	M30/149		(M)460	01:28:43	01:28:37	10.16	00:17:11 / 457 00:57:25 / 505	00:27:31 / 466 01:16:54 / 504	00:46:25 / 499

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
522	260	KOZICKI Jacek	BYTOM	POL	ORBIT GAZ BYTOM	79	M30/150		(M)461	01:28:52	01:28:21	10.19	00:16:30 / 379 00:55:09 / 450	00:26:14 / 387 01:15:39 / 486	00:43:56 / 421
523	336	MICHNOL Arnold	SIEMIANOWICE	POL		40	M70+/7		(M)462	01:29:03	01:28:33	10.16	00:18:55 / 556 00:59:08 / 529	00:29:36 / 545 01:18:10 / 525	00:48:12 / 533
524	603	WOJCIECHOWSKI Janusz	KRAKÓW	POL	DYSTANS	51	M50/60		(M)463	01:29:04	01:28:31	10.17	00:18:53 / 555 00:58:47 / 527	00:29:33 / 540 01:18:10 / 524	00:47:54 / 527
525	35	LENIK ADAM	CHORZÓW	POL					(M)464	01:29:34	01:29:10	10.09	00:16:26 / 376 00:56:22 / 480	00:26:23 / 405 01:16:58 / 507	00:44:59 / 452
526	145	GOGOŁOK Patryk	RYBNIK	POL	NIE DOTYCZY	79	M30/151		(M)465	01:29:37	01:29:07	10.10	00:18:25 / 518 00:57:53 / 514	00:28:34 / 510 01:17:44 / 519	00:46:58 / 513
527	98	DRABIK Grzegorz	KRZESZOWICE	POL	BRAK	66	M40/123		(M)466	01:29:53	01:29:24	10.07	00:18:11 / 504 00:57:26 / 506	00:28:29 / 503 01:17:40 / 518	00:46:27 / 500
528	16	KORZUSZNIK Wojciech	CZERWIONKA	POL	BIEGAJZNAMI.PL	86	M18/106		(M)467	01:29:55	01:29:41	10.04	00:18:41 / 535 00:59:47 / 537	00:29:47 / 549 01:19:08 / 529	00:48:47 / 540
529	249	KORZUSZNIK Piotr	CZERWIONKA	POL	COTTON CLUB CZERWIONKA	56	M50/61		(M)468	01:29:55	01:29:40	10.04	00:18:41 / 536 00:59:47 / 538	00:29:47 / 550 01:19:08 / 530	00:48:47 / 539
530	76	CHRZĄSZCZ Sebastian	KATOWICE	POL	ZJEDNOCZONE SIŁY RÓŻNYCH GENERACJI	74	M30/152		(M)469	01:29:58	01:29:22	10.07	00:18:37 / 533 00:59:35 / 535	00:29:18 / 525 01:19:47 / 537	00:48:05 / 530
531	265	KROTECKI Rafał	KATOWICE	POL		77	M30/153		(M)470	01:30:20	01:29:59	10.00	00:16:29 / 378 00:57:05 / 496	00:26:41 / 424 01:18:41 / 527	00:45:32 / 467
532	186	JANICZEK TADEUSZ	BYTOM	POL	MOSIR CZELADŹ	40	M70+/8		(M)471	01:30:26	01:29:51	10.02	00:17:40 / 477 00:57:48 / 510	00:28:12 / 487 01:17:32 / 517	00:46:55 / 510
533	447	PYREK Marek	LARYSZOW	POL	VAMOS BIEN!	84	M18/107		(M)472	01:30:30	01:30:08	9.99	00:19:53 / 591 01:01:01 / 556	00:30:47 / 583 01:20:10 / 541	00:50:01 / 564
534	234	KOLONKO JUSTYNA	CHORZÓW	POL	MARATHON CLUB CHORZÓW TEAM KOLONKO	75	K30/24		(K)62	01:30:30	01:30:19	9.96	00:16:48 / 413 00:57:36 / 509	00:26:48 / 433 01:18:35 / 526	00:46:08 / 487
535	171	HOHENAUER Wojciech	MYSŁOWICE	POL		78	M30/154		(M)473	01:30:32	01:29:51	10.02	00:20:16 / 594 01:02:08 / 567	00:31:28 / 591 01:20:43 / 545	00:51:08 / 578
536	782	POCHOPIEŃ TYMON	DĄBROWA GÓRNICZA	POL	LUG LIGHT FACTORY SP.Z O.O.	76	M30/155		(M)474	01:30:43	01:30:33	9.94	00:16:53 / 423 00:58:28 / 521	00:27:33 / 468 01:18:47 / 528	00:46:53 / 508
537	365	MYŚLIŃSKI Marcin	JAWORZNO	POL	JAWORZNO SZCZAKOWA	78	M30/156		(M)475	01:30:51	01:30:35	9.94	00:19:10 / 569 01:00:25 / 548	00:30:08 / 558 01:20:18 / 542	00:49:07 / 544
538	306	ŁOPATKA kazimierz	CHORZÓW	POL	NIESTOWARZYSZONY	35	M70+/9		(M)476	01:30:58	01:30:26	9.95	00:18:43 / 540 00:59:34 / 534	00:29:33 / 541 01:19:18 / 533	00:48:14 / 534
539	119	FLOREK Michał	KRAKÓW	POL	JW 2771	84	M18/108		(M)477	01:31:13	01:30:55	9.90	00:19:15 / 571 01:00:37 / 551	00:30:34 / 578 01:20:25 / 543	00:49:19 / 551
540	527	SULKA Paweł	KATOWICE	POL		74	M30/157		(M)478	01:31:15	01:30:40	9.93	00:18:49 / 554 00:59:19 / 532	00:29:24 / 532 01:19:45 / 536	00:48:07 / 531
541	534	SZCZYGIEŁ Michał	MYSŁOWICE	POL		82	M18/109		(M)479	01:31:16	01:30:53	9.90	00:15:41 / 293 00:54:56 / 439	00:24:48 / 285 01:19:13 / 531	00:42:54 / 380
542	288	KUŚ BOGDAN	LUBLINIEC	POL	WKB META LUBLINIEC	76	M30/158		(M)480	01:31:27	01:30:50	9.91	00:18:43 / 539 00:59:29 / 533	00:29:31 / 538 01:19:42 / 535	00:48:11 / 532
543	593	WITCZAK Elżbieta	ZABRZE	POL		66	K40/9		(K)63	01:31:43	01:31:42	9.81	00:19:09 / 568 01:00:27 / 549	00:30:35 / 580 01:20:03 / 540	00:49:32 / 557
544	269	KRÓTKA Elżbieta	ZABRZE	POL		54	K50+/5		(K)64	01:31:43	01:31:41	9.82	00:19:09 / 567 01:00:27 / 550	00:30:35 / 579 01:20:03 / 539	00:49:32 / 556
545	170	HANKUS Grzegorz	KATOWICE	POL		81	M18/110		(M)481	01:31:52	01:31:35	9.83	00:18:06 / 495 01:01:00 / 555	00:29:34 / 542 01:20:48 / 547	00:49:21 / 553

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
546	690	ŻERDZIŃSKI JERZY	BĘDZIN	POL		61	M40/124		(M)482	01:32:15	01:32:14	9.76	00:15:40 / 290 00:57:21 / 501	00:26:02 / 367 01:19:17 / 532	00:45:20 / 461
547	136	GLUZA Janusz	CISOWNICA	POL		67	M40/125		(M)483	01:32:16	01:31:52	9.80	00:17:54 / 485 00:59:09 / 530	00:28:34 / 511 01:19:51 / 538	00:47:41 / 524
548	778	PRADOWSKI KRZYSZTOF	KATOWICE	POL	KB JÓZEFINKA	65	M40/126		(M)484	01:32:16	01:31:54	9.79	00:18:46 / 549 01:02:04 / 565	00:30:10 / 559 01:21:29 / 551	00:49:54 / 562
549	284	KUREK edward	KATOWICE	POL	SATURN-KATOWICE	39	M70+/10		(M)485	01:32:19	01:32:14	9.76	00:18:25 / 519 01:03:28 / 582	00:30:12 / 560 01:21:59 / 554	00:51:37 / 583
550	283	KUREK anna	KATOWICE	POL	SATURN-KATOWICE	71	K30/25		(K)65	01:32:19	01:32:13	9.76	00:18:26 / 520 01:03:28 / 583	00:30:13 / 561 01:21:59 / 555	00:51:37 / 584
551	761	STĘCŁIK Tomasz	KATOWICE	POL	TKKF CZARNI KATOWICE	76	M30/159		(M)486	01:32:24	01:32:00	9.78	00:18:57 / 558 01:01:24 / 562	00:30:00 / 555 01:21:17 / 550	00:50:05 / 566
552	614	WRÓŃSKI jerzy	KNURÓW	POL	ENDURANCE SOLIDARNI	46	M60/17		(M)487	01:32:27	01:32:25	9.74	00:18:23 / 515 01:00:24 / 547	00:29:22 / 528 01:20:54 / 548	00:48:57 / 541
553	256	KOWALSKI Sławomir	ZABRZE	POL		78	M30/160		(M)488	01:32:27	01:32:04	9.78	00:19:29 / 580 01:01:17 / 560	00:30:43 / 581 01:20:47 / 546	00:50:01 / 563
554	277	KULIŃSKI STEFAN	CZELADŹ	POL		59	M50/62		(M)489	01:32:28	01:32:05	9.77	00:17:03 / 443 00:56:27 / 483	00:26:54 / 438 01:19:20 / 534	00:45:22 / 462
555	417	PILAWA Agnieszka	RADZIONKÓW	POL	VEGE RUNNERS	86	K18/27		(K)66	01:32:28	01:32:14	9.76	00:17:50 / 480 00:59:11 / 531	00:28:33 / 508 01:20:29 / 544	00:47:49 / 526
556	517	STELMACH Magdalena	ZABRZE	POL		86	K18/28		(K)67	01:32:54	01:32:39	9.71	00:18:28 / 524 01:00:49 / 552	00:29:32 / 539 01:21:01 / 549	00:49:04 / 543
557	255	KOWALSKI Mieczysław	CZELADŹ	POL		49	M60/18		(M)490	01:33:21	01:33:07	9.67	00:18:13 / 508 01:01:27 / 563	00:29:21 / 527 01:21:43 / 552	00:49:38 / 559
558	766	ULFIK Grzegorz	BYTOM	POL	BRAK	74	M30/161		(M)491	01:33:35	01:33:06	9.67	00:19:46 / 586 01:03:06 / 575	00:31:19 / 589 01:22:25 / 560	00:51:19 / 580
559	763	POŹNIAK KRZYSZTOF	TARNOWSKIE GÓRY	POL		81	M18/111		(M)492	01:33:37	01:33:08	9.66	00:19:45 / 585 01:03:06 / 576	00:31:19 / 588 01:22:22 / 558	00:51:16 / 579
560	526	SULKA Katarzyna	KATOWICE	POL		75	K30/26		(K)68	01:33:52	01:33:17	9.65	00:19:26 / 579 01:02:12 / 568	00:30:44 / 582 01:22:24 / 559	00:50:44 / 572
561	723	FILARSKI MICHŁ	MIKOŁÓW	POL	STOLARSKA TEAM	75	M30/162		(M)493	01:34:08	01:33:31	9.62	00:18:46 / 550 01:00:57 / 554	00:29:42 / 546 01:21:44 / 553	00:49:19 / 552
562	1126	KURAS LESZEK	KATOWICE						(M)494	01:34:15	01:32:55	9.69	00:18:42 / 538 00:59:59 / 543	00:29:24 / 530 01:22:29 / 561	00:48:20 / 537
563	409	PIEC Ludwik	PIEKARY ŚLĄSKIE	POL		53	M50/63		(M)495	01:34:28	01:34:27	9.53	00:17:57 / 489 01:01:46 / 564	00:29:46 / 547 01:22:49 / 562	00:49:46 / 561
564	56	BOCZKOWSKA Karolina	ZAKOPANE	POL		88	K18/29		(K)69	01:34:39	01:34:09	9.56	00:20:22 / 595 01:03:28 / 581	00:31:55 / 598 01:23:28 / 568	00:51:52 / 585
565	55	BOCZKOWSKA Justyna	ZAKOPANE	POL		66	K40/10		(K)70	01:34:39	01:34:09	9.56	00:20:22 / 596 01:03:28 / 580	00:31:55 / 599 01:23:28 / 569	00:51:52 / 586
566	478	SADLOCHA Timo	46284 DORSTEN	NIE	LAUFENDE GEO-METER	89	M18/112		(M)496	01:34:45	01:34:09	9.56	00:19:51 / 588 01:02:46 / 573	00:31:07 / 585 01:23:42 / 571	00:51:07 / 576
567	112	FICK Marzena	ŚWIĘTOCHŁOWICE	POL	FACCIAO JOGGING	84	K18/30		(K)71	01:34:53	01:34:49	9.49	00:18:10 / 503 01:02:35 / 571	00:29:31 / 537 01:23:25 / 566	00:50:35 / 568
568	308	MACHOROWSKI Adam	TYCHY	POL		75	M30/163		(M)497	01:34:56	01:34:29	9.53	00:18:31 / 528 01:00:51 / 553	00:29:28 / 534 01:22:03 / 556	00:49:01 / 542
569	378	NOWOK Jerzy	RUDA ŚLĄSKA	POL		50	M60/19		(M)498	01:35:06	01:34:36	9.51	00:19:10 / 570 01:02:05 / 566	00:30:25 / 569 01:23:01 / 563	00:50:20 / 567

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
570	467	RINKOWSKI Bernd	45307 ESSEN	NIE	LAUFENDE GEO-METER	60	M50/64		(M)499	01:35:08	01:34:34	9.52	00:19:51 / 589 01:02:46 / 574	00:31:06 / 584 01:23:42 / 572	00:51:07 / 577
571	464	REID BOŻENA	CHORZÓW	POL		76	K30/27		(K)72	01:35:32	01:35:12	9.45	00:18:57 / 557 01:02:37 / 572	00:30:28 / 572 01:23:30 / 570	00:50:39 / 569
572	137	GLUZA Marek	GOLESZÓW	POL		91	M18/113		(M)500	01:35:42	01:35:18	9.44	00:19:06 / 563 01:01:23 / 561	00:30:13 / 562 01:22:14 / 557	00:49:44 / 560
573	82	CIESIOLKA marian	BYTOM	POL		49	M60/20		(M)501	01:35:53	01:35:30	9.42	00:18:45 / 546 01:01:11 / 557	00:30:00 / 557 01:23:26 / 567	00:49:33 / 558
574	730	TWARDOCH MAREK	ZABRZE	POL		77	M30/164		(M)502	01:35:53	01:35:47	9.40	00:19:05 / 561 01:02:33 / 569	00:30:30 / 576 01:23:51 / 573	00:50:42 / 570
575	729	TWARDOCH Aleksandra	ZABRZE	POL		79	K30/28		(K)73	01:35:53	01:35:47	9.40	00:19:06 / 562 01:02:33 / 570	00:30:31 / 577 01:23:52 / 574	00:50:42 / 571
576	648	ŁEMPIŃSKI TOMASZ	KATOWICE	POL		72	M30/165		(M)503	01:36:45	01:36:04	9.37	00:20:03 / 593 01:05:07 / 592	00:31:54 / 597 01:25:13 / 579	00:52:58 / 592
577	210	KALUŻA Marcin	ŻORY	POL		82	M18/114		(M)504	01:36:56	01:36:33	9.32	00:18:36 / 529 01:01:11 / 558	00:29:34 / 543 01:24:37 / 576	00:49:32 / 555
578	58	BOGACKI Piotr	KRAKÓW	POL	NIEZRZESZONY	58	M50/65		(M)505	01:36:57	01:36:52	9.29	00:19:53 / 590 01:04:05 / 589	00:31:49 / 595 01:25:00 / 578	00:52:24 / 591
579	48	BŁASZCZYK Marcin	SIEMIANOWICE ŚLĄSKIE	POL		87	M18/115		(M)506	01:37:01	01:36:31	9.32	00:18:14 / 510 01:00:18 / 544	00:28:45 / 517 01:23:24 / 564	00:48:17 / 536
580	358	MULTAN Tadeusz	SIEMIANOWICE	POL	ŚLIMAK BYTKÓW	61	M40/127		(M)507	01:37:01	01:36:31	9.32	00:18:14 / 509 01:00:18 / 545	00:28:45 / 516 01:23:24 / 565	00:48:17 / 535
581	548	SZUSTER Barbara	MIKOŁÓW	POL	POLITECHNIKA ŚLĄSKA	89	K18/31		(K)74	01:37:15	01:36:43	9.31	00:18:45 / 544 01:04:02 / 586	00:29:57 / 554 01:25:00 / 577	00:51:58 / 588
582	368	NICKEL Agnieszka	CHEŁMEK	POL	OKB ZADYSZKA OŚWIĘCIM	79	K30/29		(K)75	01:37:22	01:37:01	9.28	00:19:48 / 587 01:03:56 / 585	00:31:22 / 590 01:25:18 / 581	00:51:54 / 587
583	120	FOK CZYŃSKA EWA	LUBLINIEC	POL	WKB META LUBLINIEC	74	K30/30		(K)76	01:37:28	01:36:55	9.29	00:21:05 / 600 01:06:19 / 600	00:33:34 / 603 01:26:31 / 586	00:54:19 / 599
584	515	STEFAŃCZYK Monika	KRAKÓW	POL		80	K30/31		(K)77	01:37:51	01:37:43	9.21	00:18:20 / 513 01:03:25 / 579	00:30:00 / 556 01:25:23 / 582	00:50:56 / 573
585	251	KOTOWSKA Ula	DĄBROWA GÓRNICZA	POL	POGORIA BIEGA	67	K40/11		(K)78	01:37:56	01:37:45	9.21	00:19:25 / 577 01:04:02 / 587	00:31:09 / 587 01:25:38 / 583	00:52:14 / 589
586	349	MIROWSKI Zbigniew	DĄBROWA GÓRNICZA	POL		63	M40/128		(M)508	01:38:15	01:37:44	9.21	00:17:32 / 471 01:01:13 / 559	00:28:27 / 494 01:24:07 / 575	00:48:33 / 538
587	313	MAGALSKI Daniel	CHORZÓW	POL	WWW.BIEGAM.DANIEL.PL	80	M30/166		(M)509	01:38:37	01:38:10	9.17	00:16:07 / 338 00:59:01 / 528	00:26:15 / 389 01:25:16 / 580	00:46:41 / 507
588	471	ROMANIUK Anita	MIERZĘCICE	POL		90	K18/32		(K)79	01:38:59	01:38:39	9.12	00:19:07 / 564 01:03:12 / 577	00:30:22 / 567 01:25:43 / 584	00:50:57 / 574
589	508	SORN Kamil	NOWA WIEŚ	POL		89	M18/116		(M)510	01:38:59	01:38:40	9.12	00:19:07 / 565 01:03:12 / 578	00:30:22 / 568 01:25:44 / 585	00:50:57 / 575
590	54	BOCZKOWSKA Ewa	KRAKÓW	POL	KKB DYSTANS	58	K50+/6		(K)80	01:40:28	01:40:13	8.98	00:19:41 / 584 01:05:43 / 594	00:31:47 / 593 01:28:34 / 591	00:53:25 / 597
591	634	ŻYŁA Paweł	WŁOSAŃ	POL	KKB DYSTANS KRAKÓW	63	M40/129		(M)511	01:40:28	01:40:13	8.98	00:19:40 / 583 01:05:47 / 595	00:31:47 / 594 01:28:32 / 590	00:53:21 / 596
592	573	WAJDA JUSTYNA	PYSKOWICE	POL		83	K18/33		(K)81	01:40:53	01:40:36	8.95	00:19:32 / 581 01:05:34 / 593	00:31:46 / 592 01:28:23 / 589	00:53:06 / 595
593	312	MAGALSKA Anna	CHORZÓW	POL	WWW.BIEGAM.DANIEL.PL	81	K18/34		(K)82	01:40:54	01:40:26	8.96	00:18:47 / 551 01:04:04 / 588	00:30:20 / 566 01:27:45 / 587	00:51:23 / 581

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	3.1km	5km	8.1km
594	788	MAKULA KAMIL	CHORZÓW	POL		78	M30/167		(M)512	01:41:05	01:40:38	8.94	00:18:48 / 552 01:04:31 / 590	00:29:48 / 551 01:27:46 / 588	00:50:03 / 565
595	380	OBSTARCZYK Małgorzata	OSWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	61	K40/12		(K)83	01:42:02	01:41:33	8.86	00:21:23 / 601 01:08:17 / 605	00:33:50 / 605 01:30:43 / 597	00:55:53 / 603
596	439	PROKOPOWICZ Dorota	ZABRZE	POL		80	K30/32		(K)84	01:42:53	01:42:36	8.77	00:18:37 / 531 01:06:06 / 599	00:30:27 / 571 01:29:37 / 594	00:53:02 / 593
597	438	PROKOPOWICZ Damian	ZABRZE	POL		80	M30/168		(M)513	01:42:53	01:42:35	8.77	00:18:37 / 530 01:06:05 / 598	00:30:27 / 570 01:29:37 / 595	00:53:02 / 594
598	96	DEJA Magdalena	KATOWICE	POL		77	K30/33		(K)85	01:42:59	01:42:32	8.78	00:19:58 / 592 01:06:04 / 597	00:31:53 / 596 01:28:57 / 592	00:53:41 / 598
599	481	SAMBAK Monika	BRZESZCZE	POL	ZADYSZKA OŚWIĘCIM	74	K30/34		(K)86	01:43:35	01:43:06	8.73	00:21:23 / 602 01:08:17 / 604	00:33:50 / 604 01:31:01 / 599	00:55:53 / 604
600	311	MADEJ Józef	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	51	M50/66		(M)514	01:43:40	01:43:12	8.72	00:20:54 / 599 01:07:52 / 602	00:33:05 / 601 01:31:07 / 600	00:54:46 / 601
601	754	FALIŃSKA KATARZYNA	ZABRZE	POL		90	K18/35		(K)87	01:43:46	01:43:37	8.69	00:16:44 / 407 01:03:36 / 584	00:27:41 / 475 01:30:35 / 596	00:49:13 / 548
602	737	KOSZUTSKI TOMASZ	RUDA ŚLĄSKA	POL		59	M50/67		(M)515	01:43:48	01:43:21	8.71	00:18:23 / 514 01:04:34 / 591	00:29:55 / 553 01:29:25 / 593	00:51:24 / 582
603	774	SZCZEPANIK IZABELA	KATOWICE	POL	TOROS DE ESPANA	84	K18/36		(K)88	01:44:41	01:44:19	8.63	00:20:41 / 598 01:07:46 / 601	00:33:11 / 602 01:30:57 / 598	00:54:37 / 600
604	780	SZYLEWSKA EWA	CHORZÓW	POL	KB JÓZEFINKA	71	K30/35		(K)89	01:44:54	01:44:23	8.62	00:20:36 / 597 01:08:07 / 603	00:32:54 / 600 01:31:25 / 601	00:55:04 / 602
605	541	SZOPA Leszek	PODOLSZE	POL		53	M50/68		(M)516	01:46:59	01:46:23	8.46	00:21:56 / 604 01:10:06 / 606	00:34:29 / 606 01:34:28 / 603	00:56:44 / 605
606	328	MARZEC Michał	SIEMIANOWICE SL	POL		80	M30/169		(M)517	01:47:30	01:47:18	8.39	00:19:25 / 578 01:06:03 / 596	00:31:09 / 586 01:31:29 / 602	00:52:19 / 590
607	728	RYKOWSKI MIKOŁAJ	KATOWICE	POL		72	M30/170		(M)518	01:52:49	01:52:36	7.99	00:22:02 / 605 01:13:32 / 608	00:35:45 / 609 01:39:07 / 605	00:59:22 / 608
608	504	SOJKA Agnieszka	JAWORZNO	POL		91	K18/37		(K)90	01:53:23	01:52:54	7.97	00:22:55 / 607 01:14:07 / 609	00:36:07 / 610 01:39:37 / 606	01:00:34 / 609
609	17	MAREK HENRYK	WARSZAWA	POL		47	M60/21		(M)519	01:53:55	01:53:41	7.92	00:21:49 / 603 01:12:07 / 607	00:34:36 / 607 01:38:51 / 604	00:58:16 / 606
610	719	ANDRES KORDIAN	KATOWICE	POL		52	M50/69		(M)520	02:00:56	02:00:32	7.47	00:22:06 / 606 01:14:32 / 610	00:35:24 / 608 01:43:52 / 607	00:59:11 / 607
611	601	WOJCIECHOWSKA Małgorzata	KRAKÓW	POL		52	K50+/7		(K)91	02:04:28	02:03:52	7.27	00:24:43 / 608 01:21:13 / 612	00:39:25 / 611 01:48:00 / 609	01:05:40 / 611
612	385	ORLOWSKA Grażyna	KRAKÓW	POL	NIE ZRZESZONA	53	K50+/8		(K)92	02:04:28	02:03:51	7.27	00:24:43 / 609 01:21:13 / 611	00:39:26 / 612 01:48:00 / 608	01:05:40 / 610

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU