

# Nordic Walking Wielka Siódemka Barlinecka

## WYNIKI ZAWODÓW / RESULTS LIST

### OPEN 10km

**Organizator:** Barlinecki Ośrodek Kultury, Burmistrz Barlinka, Polska Federacja Nordic Walking.

**Data:** 1 maja 2010

**Miejsce/Spot:** Barlinek

**Distance:** 10km

| <i>Miejsce</i><br><i>Rank</i> | <i>Nr</i><br><i>Bib</i> | <i>Nazwisko i imię</i><br><i>Name</i> | <i>R-k</i><br><i>YoB</i> | <i>W kategorii</i><br><i>in Age</i> | <i>Grupy</i><br><i>Group</i> | <i>Sex</i> | <i>Wynik</i><br><i>Time</i> | <i>Wynik</i><br><i>Netto [km/h]</i> | <i>2,5km</i><br><i>12,5km</i> | <i>Check points</i><br><i>5km</i><br><i>15km</i> | <i>7,5km</i>         | <i>10km</i>          |
|-------------------------------|-------------------------|---------------------------------------|--------------------------|-------------------------------------|------------------------------|------------|-----------------------------|-------------------------------------|-------------------------------|--------------------------------------------------|----------------------|----------------------|
| 1                             | 104                     | PUSZKIEL LESZEK                       | 57 M50/1                 |                                     |                              | (M)1       | 01:06:30                    | 01:06:24                            | 9.04                          | 00:16:22 / 1 [9.16]                              | 00:32:48 / 1 [9.15]  | 01:06:30 / 1 [9.02]  |
| 2                             | 111                     | ANTCZAK JAKUB                         | 95 JU_M/1                |                                     |                              | (M)2       | 01:07:22                    | 01:07:14                            | 8.92                          | 00:17:12 / 3 [8.72]                              | 00:34:01 / 2 [8.82]  | 01:07:22 / 2 [8.91]  |
| 3                             | 128                     | GORBAT PRZEMYSŁAW                     | 95 JU_M/2                |                                     |                              | (M)3       | 01:07:22                    | 01:07:15                            | 8.92                          | 00:17:00 / 2 [8.82]                              | 00:34:02 / 3 [8.81]  | 01:07:22 / 3 [8.91]  |
| 4                             | 102                     | FLIS MAREK                            | 61 M40/1                 |                                     |                              | (M)4       | 01:09:00                    | 01:08:53                            | 8.71                          | 00:17:22 / 4 [8.64]                              | 00:34:37 / 4 [8.67]  | 01:09:00 / 4 [8.70]  |
| 5                             | 139                     | FIGURSKI TADEUSZ                      | 57 M50/2                 |                                     |                              | (M)5       | 01:11:54                    | 01:11:47                            | 8.36                          | 00:18:02 / 7 [8.32]                              | 00:35:56 / 7 [8.35]  | 01:11:54 / 5 [8.34]  |
| 6                             | 125                     | NOWAK MAREK                           | 83 SE_M/1                |                                     |                              | (M)6       | 01:12:16                    | 01:12:09                            | 8.32                          | 00:17:50 / 5 [8.41]                              | 00:35:30 / 5 [8.45]  | 01:12:16 / 6 [8.30]  |
| 7                             | 101                     | PRZYBYŁAK STANISŁAW                   | 46 M60/1                 |                                     |                              | (M)7       | 01:12:19                    | 01:12:14                            | 8.31                          | 00:17:52 / 6 [8.40]                              | 00:35:35 / 6 [8.43]  | 01:12:19 / 7 [8.30]  |
| 8                             | 114                     | BIALOUS JAN                           | 37 M70/1                 |                                     |                              | (M)8       | 01:12:37                    | 01:12:32                            | 8.27                          | 00:18:16 / 9 [8.21]                              | 00:36:17 / 8 [8.27]  | 01:12:37 / 8 [8.26]  |
| 9                             | 123                     | GROCHOWALSKI MAREK                    | 61 M40/2                 |                                     |                              | (M)9       | 01:13:45                    | 01:13:40                            | 8.14                          | 00:18:16 / 8 [8.21]                              | 00:36:38 / 9 [8.19]  | 01:13:45 / 9 [8.14]  |
| 10                            | 136                     | WIDERKIEWICZ KRZYSZTOF                | 61 M40/3                 |                                     |                              | (M)10      | 01:13:47                    | 01:13:42                            | 8.14                          | 00:18:33 / 14 [8.09]                             | 00:37:24 / 15 [8.02] | 01:13:47 / 10 [8.13] |
| 11                            | 108                     | KRETKOWSKI WALDEMAR                   | 59 M50/3                 |                                     |                              | (M)11      | 01:14:11                    | 01:14:06                            | 8.10                          | 00:18:20 / 10 [8.18]                             | 00:36:58 / 13 [8.12] | 01:14:11 / 11 [8.09] |
| 12                            | 126                     | SUSZEK SZYMON                         | 97 CHL/1                 |                                     |                              | (M)12      | 01:14:28                    | 01:14:22                            | 8.07                          | 00:18:27 / 13 [8.13]                             | 00:36:50 / 10 [8.14] | 01:14:28 / 12 [8.06] |
| 13                            | 103                     | BOCZAR BEATA                          | 65 K40/1                 |                                     |                              | (K)1       | 01:14:29                    | 01:14:21                            | 8.07                          | 00:19:09 / 19 [7.83]                             | 00:37:47 / 16 [7.94] | 01:14:29 / 13 [8.06] |
| 14                            | 107                     | ANTCZAK - KRETKOWSKA MARIA            | 58 K50/1                 |                                     |                              | (K)2       | 01:14:38                    | 01:14:30                            | 8.05                          | 00:18:59 / 18 [7.90]                             | 00:37:19 / 14 [8.04] | 01:14:38 / 14 [8.04] |
| 15                            | 112                     | KOZAK KATARZYNA                       | 99 DZI/1                 |                                     |                              | (K)3       | 01:16:09                    | 01:16:01                            | 7.89                          | 00:18:26 / 12 [8.14]                             | 00:36:57 / 11 [8.12] | 01:16:09 / 15 [7.88] |
| 16                            | 113                     | KOZAK ARKADIUSZ                       | 72 M30/1                 |                                     |                              | (M)13      | 01:16:10                    | 01:16:04                            | 7.89                          | 00:18:26 / 11 [8.14]                             | 00:36:58 / 12 [8.12] | 01:16:10 / 16 [7.88] |
| 17                            | 105                     | MARCINIAK KATARZYNA                   | 72 K30/1                 |                                     |                              | (K)4       | 01:17:05                    | 01:16:56                            | 7.80                          | 00:19:35 / 20 [7.66]                             | 00:38:56 / 20 [7.71] | 01:17:05 / 17 [7.78] |

| <i>Miejsce</i><br><i>Rank</i> | <i>Nr</i><br><i>Bib</i> | <i>Nazwisko i imię</i><br><i>Name</i> | <i>R-k</i><br><i>YoB</i> | <i>W kategorii</i><br><i>in Age</i> | <i>Grupy</i><br><i>Group</i> | <i>Sex</i> | <i>Wynik</i><br><i>Time</i> | <i>Wynik</i><br><i>Netto [km/h]</i> | <i>2,5km</i><br><i>12,5km</i> | <i>Check points</i><br><i>5km</i><br><i>15km</i> | <i>7,5km</i>         | <i>10km</i>          |                      |
|-------------------------------|-------------------------|---------------------------------------|--------------------------|-------------------------------------|------------------------------|------------|-----------------------------|-------------------------------------|-------------------------------|--------------------------------------------------|----------------------|----------------------|----------------------|
| 18                            | 110                     | ANTCZAK SŁAWOMIR                      | 70                       | M40/4                               |                              | (M)14      | 01:17:14                    | 01:17:08                            | 7.78                          | 00:18:55 / 16 [7.93]                             | 00:37:48 / 17 [7.94] | 00:57:47 / 17 [7.79] | 01:17:14 / 18 [7.77] |
| 19                            | 137                     | SZUKAŁO MAREK                         | 68                       | M40/5                               |                              | (M)15      | 01:17:30                    | 01:17:23                            | 7.75                          | 00:18:57 / 17 [7.92]                             | 00:38:29 / 19 [7.80] | 00:58:26 / 18 [7.70] | 01:17:30 / 19 [7.74] |
| 20                            | 127                     | KAWKA PIOTR                           | 97                       | CHL/2                               |                              | (M)16      | 01:19:56                    | 01:19:50                            | 7.52                          | 00:18:47 / 15 [7.99]                             | 00:38:16 / 18 [7.84] | 00:59:02 / 20 [7.62] | 01:19:56 / 20 [7.51] |
| 21                            | 124                     | SINICKA MAGDALENA                     | 83                       | SE_K/1                              |                              | (K)5       | 01:20:10                    | 01:20:01                            | 7.50                          | 00:20:24 / 22 [7.35]                             | 00:40:10 / 21 [7.47] | 01:00:32 / 21 [7.43] | 01:20:10 / 21 [7.48] |
| 22                            | 133                     | MICHALONEK KAMILA                     | 69                       | K40/2                               |                              | (K)6       | 01:20:15                    | 01:20:07                            | 7.49                          | 00:20:51 / 26 [7.19]                             | 00:41:01 / 26 [7.31] | 01:00:54 / 22 [7.39] | 01:20:15 / 22 [7.48] |
| 23                            | 121                     | MARGAS TERESA                         | 64                       | K40/3                               |                              | (K)7       | 01:20:32                    | 01:20:23                            | 7.46                          | 00:20:33 / 24 [7.30]                             | 00:40:47 / 25 [7.36] | 01:01:04 / 24 [7.37] | 01:20:32 / 23 [7.45] |
| 24                            | 120                     | JACKOWSKA IZABELA                     | 78                       | K30/2                               |                              | (K)8       | 01:20:36                    | 01:20:28                            | 7.46                          | 00:20:47 / 25 [7.22]                             | 00:40:45 / 24 [7.36] | 01:01:06 / 25 [7.36] | 01:20:36 / 24 [7.44] |
| 25                            | 109                     | ANTCZAK JOANNA                        | 70                       | K40/4                               |                              | (K)9       | 01:21:44                    | 01:21:35                            | 7.35                          | 00:20:24 / 21 [7.35]                             | 00:40:20 / 22 [7.44] | 01:01:00 / 23 [7.38] | 01:21:44 / 25 [7.34] |
| 26                            | 138                     | SZUKAŁO IWONA                         | 69                       | K40/5                               |                              | (K)10      | 01:22:22                    | 01:22:13                            | 7.30                          | 00:20:27 / 23 [7.33]                             | 00:40:42 / 23 [7.37] | 01:01:44 / 26 [7.29] | 01:22:22 / 26 [7.28] |
| 27                            | 130                     | BAK IWONA                             | 59                       | K50/2                               |                              | (K)11      | 01:22:38                    | 01:22:28                            | 7.28                          | 00:21:02 / 27 [7.13]                             | 00:41:06 / 27 [7.30] | 01:02:09 / 28 [7.24] | 01:22:38 / 27 [7.26] |
| 28                            | 129                     | KOPCZYŃSKA GRAŻYNA                    | 54                       | K50/3                               |                              | (K)12      | 01:22:39                    | 01:22:29                            | 7.27                          | 00:21:02 / 28 [7.13]                             | 00:41:06 / 28 [7.30] | 01:02:08 / 27 [7.24] | 01:22:39 / 28 [7.26] |
| 29                            | 131                     | LIPNICKA DANUTA                       | 52                       | K50/4                               |                              | (K)13      | 01:24:19                    | 01:24:08                            | 7.13                          | 00:21:19 / 30 [7.04]                             | 00:41:27 / 29 [7.24] | 01:03:43 / 29 [7.06] | 01:24:19 / 29 [7.12] |
| 30                            | 122                     | GROCHOWALSKA JADWIGA                  | 65                       | K40/6                               |                              | (K)14      | 01:25:11                    | 01:25:03                            | 7.05                          | 00:21:19 / 29 [7.04]                             | 00:42:05 / 30 [7.13] | 01:04:09 / 30 [7.01] | 01:25:11 / 30 [7.04] |
| 31                            | 119                     | HERRMANN SIEGMAR                      | 41                       | M60/2                               |                              | (M)17      | 01:26:34                    | 01:26:27                            | 6.94                          | 00:21:32 / 31 [6.97]                             | 00:42:55 / 32 [6.99] | 01:05:09 / 31 [6.91] | 01:26:34 / 31 [6.93] |
| 32                            | 132                     | MAJEWSKA MAŁGORZATA                   | 73                       | K30/3                               |                              | (K)15      | 01:26:59                    | 01:26:48                            | 6.91                          | 00:21:47 / 32 [6.89]                             | 00:42:50 / 31 [7.00] | 01:05:32 / 32 [6.87] | 01:26:59 / 32 [6.90] |
| 33                            | 134                     | MIELNICZEK LUCYNA                     | 66                       | K40/7                               |                              | (K)16      | 01:31:05                    | 01:30:56                            | 6.60                          | 00:23:40 / 33 [6.34]                             | 00:45:32 / 33 [6.59] | 01:09:25 / 33 [6.48] | 01:31:05 / 33 [6.59] |
| 34                            | 118                     | HERRMANN INGRID                       | 40                       | K70/1                               |                              | (K)17      | 01:31:57                    | 01:31:47                            | 6.54                          | 00:24:12 / 34 [6.20]                             | 00:46:59 / 34 [6.39] | 01:10:21 / 34 [6.40] | 01:31:57 / 34 [6.53] |
| 35                            | 117                     | FANDROW KARIN                         | 45                       | K60/1                               |                              | (K)18      | 01:38:39                    | 01:38:28                            | 6.09                          | 00:25:25 / 35 [5.90]                             | 00:49:31 / 35 [6.06] | 01:14:43 / 35 [6.02] | 01:38:39 / 35 [6.08] |
| 36                            | 115                     | SCHUBBE NADINE                        | 81                       | SE_K/2                              |                              | (K)19      | 01:40:21                    | 01:40:09                            | 5.99                          | 00:25:32 / 37 [5.87]                             | 00:49:45 / 36 [6.03] | 01:15:06 / 37 [5.99] | 01:40:21 / 36 [5.98] |
| 37                            | 116                     | DRESCHER SYLVIA                       | 67                       | K40/8                               |                              | (K)20      | 01:40:22                    | 01:40:10                            | 5.99                          | 00:25:31 / 36 [5.88]                             | 00:49:47 / 37 [6.03] | 01:15:06 / 36 [5.99] | 01:40:22 / 37 [5.98] |
| 38                            | 135                     | RDZANEK WIESŁAWA                      | 59                       | K50/5                               |                              | (K)21      | 01:44:30                    | 01:44:16                            | 5.75                          | 00:25:52 / 38 [5.80]                             | 00:51:17 / 38 [5.85] | 01:17:57 / 38 [5.77] | 01:44:30 / 38 [5.74] |