

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### BIEG MARSZAŁKA

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

### KOBIETY (WOMEN)

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name    | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                   | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|----------------------------|---------------------|-------------|-----------------------------------|------------|-----------------------|----------------|-----|---------------|----------------|--------|
| 1               | 531       | KARMANENKO KATERYNA        | KOVEL               | POL         | KOVEL                             | 86         | K20/1                 | (K)1           |     | 00:36:56      | 00:36:56       | 16.25  |
| 2               | 7         | LEWANDOWSKA EDYTA          | ŁÓDŹ                | POL         |                                   | 80         | K30/1                 | (K)2           |     | 00:38:29      | 00:38:29       | 15.59  |
| 3               | 490       | POLAK ILONA                | WARSZAWA            | POL         | KB GALERIA WARSZAWA               | 80         | K30/2                 | (K)3           |     | 00:42:51      | 00:42:48       | 14.02  |
| 4               | 165       | OPOWICZ MARZENA            | WARSZAWA            | POL         | KB GYMNASION WARSZAWA             | 63         | K40/1                 | (K)4           |     | 00:46:13      | 00:46:08       | 13.01  |
| 5               | 549       | BEREZNOWSKA PATRYCJA       | OSSÓW               | POL         | AKTYWNY RELAKS WOŁOMIN            | 75         | K30/3                 | (K)5           |     | 00:46:35      | 00:46:31       | 12.90  |
| 6               | 320       | BAK MAGDALENA              | JÓZEFÓW             | POL         |                                   | 83         | K20/2                 | (K)6           |     | 00:46:49      | 00:46:35       | 12.88  |
| 7               | 484       | KARAŚ MARIA                | SULEJÓWEK           | POL         |                                   | 86         | K20/3                 | (K)7           |     | 00:47:23      | 00:47:19       | 12.68  |
| 8               | 264       | PAWŁOWSKA-POJAWA ANNA      | WARSZAWA-WESOLA     | POL         | BYLEDOBIEC ANIN                   | 76         | K30/4                 | (K)8           |     | 00:48:13      | 00:48:01       | 12.50  |
| 9               | 94        | WAGNER JOLANTA             | WARSZAWA            | POL         |                                   | 66         | K40/2                 | (K)9           |     | 00:48:36      | 00:48:25       | 12.39  |
| 10              | 326       | KOSSAKOWSKA KATARZYNA      | WARSZAWA            | POL         | LAS KABACKI                       | 74         | K30/5                 | (K)10          |     | 00:50:03      | 00:49:44       | 12.06  |
| 11              | 495       | GLINIEWICZ ALEKSANDRA      | WARSZAWA            | POL         | KB GYMNASION WARSZAWA             | 55         | K50/1                 | (K)11          |     | 00:51:04      | 00:50:51       | 11.80  |
| 12              | 219       | ŻURANIEWSKA AGNIESZKA      | WARSZAWA            | POL         | NIEZRZESZONY                      | 77         | K30/6                 | (K)12          |     | 00:51:14      | 00:50:55       | 11.78  |
| 13              | 343       | RONKIEWICZ PATRYCJA        | WARSZAWA            | POL         |                                   | 78         | K30/7                 | (K)13          |     | 00:51:30      | 00:51:23       | 11.68  |
| 14              | 107       | MZYK ELŻBIETA              | WARSZAWA            | POL         | BYLEDOBIEC ANIN                   | 75         | K30/8                 | (K)14          |     | 00:52:23      | 00:52:16       | 11.48  |
| 15              | 333       | KULMA MAGDALENA            | WARSZAWA            | POL         |                                   | 80         | K30/9                 | (K)15          |     | 00:52:56      | 00:52:50       | 11.36  |
| 16              | 241       | BOBRYK ANIA                | ŁOSICE              | POL         | MARATONYPOLSKIE.PL TEAM           | 93         | K16/1                 | (K)16          |     | 00:53:13      | 00:53:03       | 11.31  |
| 17              | 267       | ADAMCZAK JOANNA            | MINSK MAZOWIECKI    | POL         |                                   | 83         | K20/4                 | (K)17          |     | 00:53:23      | 00:53:07       | 11.30  |
| 18              | 307       | BUTKIEWICZ MAŁGORZATA      | WARSZAWA            | POL         | KB GALERIA WARSZAWA               | 66         | K40/3                 | (K)18          |     | 00:54:33      | 00:54:33       | 11.00  |
| 19              | 498       | DOMIAN ANNA                | OSTROŁĘKA           | POL         | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 78         | K30/10                | (K)19          |     | 00:54:53      | 00:54:43       | 10.97  |
| 20              | 183       | RADZKA KATARZYNA           | WESOLA              | POL         |                                   | 83         | K20/5                 | (K)20          |     | 00:55:10      | 00:54:46       | 10.96  |
| 21              | 184       | KOSTKA AGNIESZKA           | BUDZISKA            | POL         |                                   | 84         | K20/6                 | (K)21          |     | 00:55:11      | 00:54:47       | 10.95  |
| 22              | 455       | SOSZYŃSKA MAŁGORZATA       | WARSZAWA            | POL         |                                   | 62         | K40/4                 | (K)22          |     | 00:55:47      | 00:55:20       | 10.84  |
| 23              | 296       | KRUK EDYTA                 | WARSZAWA            | POL         |                                   | 71         | K30/11                | (K)23          |     | 00:56:03      | 00:55:59       | 10.72  |
| 24              | 559       | FLOREK JOLANTA             | JAROSŁAW            | POL         |                                   | 82         | K20/7                 | (K)24          |     | 00:56:15      | 00:56:10       | 10.68  |
| 25              | 561       | MĄDRY JOANNA               | ZĄBKI               | POL         |                                   | 67         | K40/5                 | (K)25          |     | 00:56:15      | 00:56:09       | 10.69  |
| 26              | 428       | LATUSZEK AGNIESZKA         | GARWOLIN            | POL         | TRUCHTACZ.PL                      | 70         | K40/6                 | (K)26          |     | 00:56:23      | 00:56:12       | 10.68  |
| 27              | 304       | SŁOWIŃSKA IDA              | WARSZAWA            | POL         | URSUS                             | 75         | K30/12                | (K)27          |     | 00:56:39      | 00:56:22       | 10.64  |
| 28              | 521       | ŻUREK KATARZYNA            | NOWY DWÓR           | POL         | BOR                               | 75         | K30/13                | MUND/9 (K)28   |     | 00:56:49      | 00:56:41       | 10.59  |
| 29              | 294       | MIOŚZ KAROLINA             | WARSZAWA            | POL         | STRAŻ MIEJSKA WARSZAWA            | 83         | K20/8                 | MUND/10 (K)29  |     | 00:56:53      | 00:56:43       | 10.58  |
| 30              | 172       | BARTNIKOWSKA MONIKA        | WARSZAWA            | POL         |                                   | 81         | K20/9                 | (K)30          |     | 00:56:58      | 00:56:49       | 10.56  |
| 31              | 109       | LUKOWSKA URSZULA           | MIŃSK MAZOWIECKI    | POL         | KB DREPTAK MIŃSK MAZOWIECKI       | 74         | K30/14                | (K)31          |     | 00:57:02      | 00:56:54       | 10.54  |
| 32              | 288       | ODOLCZYK JOANNA            | WARSZAWA            | POL         | ABC KONDYCJA BIEGA                | 65         | K40/7                 | (K)32          |     | 00:57:44      | 00:57:28       | 10.44  |
| 33              | 58        | HIRSZLER ELŻBIETA          | WARSZAWA            | POL         | KB POŚWIĘTNE                      | 60         | K50/2                 | (K)33          |     | 00:58:23      | 00:58:08       | 10.32  |
| 34              | 13        | ŻYWEK TERESA               | WARSZAWA            | POL         | ABC KONDYCJA BIEGA                | 47         | K60/1                 | (K)34          |     | 00:58:42      | 00:58:20       | 10.29  |
| 35              | 156       | BACHÓRZ MARTA              | WARSZAWA            | POL         | STRAŻ MIEJSKA                     | 74         | K30/15                | (K)35          |     | 00:58:52      | 00:58:32       | 10.25  |
| 36              | 29        | WIŚNIEWSKA BEATA           | WARSZAWA            | POL         | NIEZRZESZONY                      | 71         | K30/16                | (K)36          |     | 00:58:58      | 00:58:40       | 10.23  |
| 37              | 136       | JÓZWIK BARBARA             | ZIELONKA            | POL         |                                   | 66         | K40/8                 | (K)37          |     | 00:59:03      | 00:58:40       | 10.23  |
| 38              | 560       | JÓZWIAK-MAJEWSKA KATARZYNA | WARSZAWA            | POL         | LKS OLYMP BŁONIE                  | 83         | K20/10                | (K)38          |     | 00:59:26      | 00:59:18       | 10.12  |
| 39              | 369       | KOWALEWSKA KATARZYNA       | WARSZAWA            | POL         |                                   | 74         | K30/17                | (K)39          |     | 00:59:28      | 00:59:12       | 10.14  |
| 40              | 91        | KROCHMAL MAŁGORZATA        | WARSZAWA            | POL         | ORIENTUZ                          | 58         | K50/3                 | (K)40          |     | 00:59:46      | 00:59:21       | 10.11  |
| 41              | 426       | ROGAŁA MONIKA              | BOROWIE             | POL         | TRUCHTACZ.PL                      | 71         | K30/18                | (K)41          |     | 00:59:51      | 00:59:40       | 10.06  |
| 42              | 299       | ROKICKA BARBARA            | MIŃSK MAZOWIECKI    | POL         | KB DREPTAK MIŃSK MAZOWIECKI       | 63         | K40/9                 | (K)42          |     | 01:00:22      | 00:59:55       | 10.01  |
| 43              | 220       | ZASADA AGNIESZKA           | ZIELONKA            | POL         |                                   | 62         | K40/10                | (K)43          |     | 01:00:24      | 01:00:01       | 10.00  |
| 44              | 138       | SACIO-SZYMAŃSKA ANNA       | RADOM               | POL         |                                   | 79         | K30/19                | (K)44          |     | 01:00:33      | 01:00:14       | 9.96   |
| 45              | 180       | WALEWSKA AGNIESZKA         | WARSZAWA            | POL         |                                   | 73         | K30/20                | (K)45          |     | 01:02:20      | 01:02:03       | 9.67   |
| 46              | 57        | SAKWA ALINA                | WARSZAWA            | POL         | KB GYMNASION WARSZAWA             | 62         | K40/11                | (K)46          |     | 01:02:35      | 01:02:20       | 9.63   |
| 47              | 128       | DZIKI MARZENNA             | WARSZAWA            | POL         | ALETEMPO                          | 53         | K50/4                 | (K)47          |     | 01:03:42      | 01:03:20       | 9.47   |

# KOBIETY (WOMEN)

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>  | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|--------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 48                      | 254               | TEICHERT MARIA                  | WARSZAWA                    | POL                 | KB GYMNASION WARSZAWA    | 64                 | K40/12                        | (K)48                  |            | <b>01:04:07</b>       | 01:03:49               | 9.40          |
| 49                      | 298               | CZARNECKA ILONA                 | ŁOMIAŃKI                    | POL                 |                          | 74                 | K30/21                        | (K)49                  |            | <b>01:04:46</b>       | 01:04:26               | 9.31          |
| 50                      | 117               | MUSZYŃSKA MARTA                 | MIĘDZYZRZEC PODLASKI        | POL                 |                          | 81                 | K20/11                        | (K)50                  |            | <b>01:05:32</b>       | 01:05:23               | 9.18          |
| 51                      | 491               | POLAK TERESA                    | WARSZAWA                    | POL                 | KB GYMNASION WARSZAWA    | 51                 | K50/5                         | (K)51                  |            | <b>01:06:08</b>       | 01:05:51               | 9.11          |
| 52                      | 331               | STAWICKA JADWIGA                | KONSTANCIN-JEZIORNA         | POL                 | PARK ZDROJOWY KONSTANCIN | 52                 | K50/6                         | (K)52                  |            | <b>01:08:51</b>       | 01:08:29               | 8.76          |
| 53                      | 170               | TORZEWSKA AGNIESZKA             | WARSZAWA                    | POL                 |                          | 74                 | K30/22                        | (K)53                  |            | <b>01:08:58</b>       | 01:08:33               | 8.75          |
| 54                      | 96                | SZACHNA DOROTA                  | WARSZAWA                    | POL                 |                          | 68                 | K40/13                        | (K)54                  |            | <b>01:09:37</b>       | 01:09:06               | 8.68          |
| 55                      | 106               | ROSLAN MAŁGORZATA               | WARSZAWA                    | POL                 |                          | 64                 | K40/14                        | (K)55                  |            | <b>01:09:57</b>       | 01:09:51               | 8.59          |
| 56                      | 242               | BOBRYK KINGA                    | ŁOSICE                      | POL                 | MARATONYPOLSKIE.PL TEAM  | 95                 | K16/2                         | (K)56                  |            | <b>01:10:07</b>       | 01:09:57               | 8.58          |
| 57                      | 213               | WAWRZYŃCZYK-MALINOWSKA ANIA     | WARSZAWA                    | POL                 |                          | 67                 | K40/15                        | (K)57                  |            | <b>01:11:02</b>       | 01:10:37               | 8.50          |
| 58                      | 256               | TROJANOWSKA IWONA               | SULEJÓWEK                   | POL                 |                          | 73                 | K30/23                        | (K)58                  |            | <b>01:11:25</b>       | 01:10:59               | 8.45          |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### BIEG MARSZAŁKA

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

### MĘŻCZYŹNI (MEN)

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                                | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex   | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|-------------------------|---------------------|-------------|------------------------------------------------|------------|-----------------------|----------------|-------|---------------|----------------|--------|
| 1               | 552       | BADUREK MACIEJ          | MIŃSK MAZOWIECKI    | POL         | KB DREPTAK MIŃSK MAZOWIECKI                    | 88         | M20/1                 |                | (M)1  | 00:32:57      | 00:32:55       | 18.23  |
| 2               | 2         | CELIŃSKI ROBERT         | TRZEBIESZÓW         | POL         | AZS - AWF WARSZAWA                             | 73         | M30/1                 |                | (M)2  | 00:33:15      | 00:33:15       | 18.05  |
| 3               | 530       | BORYS ANDRZEJ           | KOVEL               | UKR         | KOVEL                                          | 80         | M30/2                 |                | (M)3  | 00:33:25      | 00:33:25       | 17.96  |
| 4               | 8         | SIERADZKI RAFAŁ         | WARSZAWA            | POL         | K.S.PIĘTKA KATOWICE                            | 77         | M30/3                 |                | (M)4  | 00:34:13      | 00:34:13       | 17.54  |
| 5               | 176       | KUŚMIERZ SYLWESTER      | TOMASZÓW LUBELSKI   | POL         | BYLEDOBIEC ANIN                                | 78         | M30/4                 |                | (M)5  | 00:34:26      | 00:34:26       | 17.42  |
| 6               | 284       | LISIEWICZ MICHAŁ        | WARSZAWA            | POL         | AZS - AWF WARSZAWA                             | 74         | M30/5                 |                | (M)6  | 00:35:17      | 00:35:15       | 17.02  |
| 7               | 82        | JĘDRUSIŃSKI DAMIAN      | MIŃSK MAZOWIECKI    | POL         | NIEZRZESZONY                                   | 91         | M16/1                 |                | (M)7  | 00:35:18      | 00:35:15       | 17.02  |
| 8               | 485       | MŁYNARZ KAMIL           | ZBUCZYN             | POL         | REHMEDICA SIEDLCE                              | 90         | M20/2                 |                | (M)8  | 00:35:24      | 00:35:21       | 16.97  |
| 9               | 327       | LISAK KRZYSZTOF         | RADOM               | POL         | OTK RZEŹNIK / MONTRAIL CW-X                    | 83         | M20/3                 |                | (M)9  | 00:35:33      | 00:35:30       | 16.90  |
| 10              | 337       | KRZYŻANOWSKI KAROL      | RAJGRÓD             | POL         | MARATONKA GRAJEWO                              | 72         | M30/6                 |                | (M)10 | 00:35:40      | 00:35:40       | 16.82  |
| 11              | 27        | RUDNIK MACIEJ           | WARSZAWA            | POL         | WARSZAWIAKY                                    | 70         | M40/1                 |                | (M)11 | 00:36:13      | 00:36:11       | 16.58  |
| 12              | 492       | POLAK SEBASTIAN         | WARSZAWA            | POL         | KB GYMNASION WARSZAWA                          | 80         | M30/7                 |                | (M)12 | 00:36:37      | 00:36:37       | 16.39  |
| 13              | 205       | BŁASZCZAK ANDRZEJ       | KOŚCIELISKO         | POL         | PUMA Z BIEGIEM MIAST                           | 61         | M40/2                 |                | (M)13 | 00:36:47      | 00:36:44       | 16.33  |
| 14              | 564       | ZAGAWA ŁUKASZ           | ŁOWICZ              | POL         | AZS - AWF WARSZAWA                             | 89         | M20/4                 |                | (M)14 | 00:36:56      | 00:36:53       | 16.27  |
| 15              | 212       | WIŚNIEWSKI ROBERT       | MAŁA WIEŚ           | POL         | NIEZRZESZONY                                   | 76         | M30/8                 |                | (M)15 | 00:37:25      | 00:37:25       | 16.04  |
| 16              | 168       | LENCZOWSKI JAN          | SULEJÓWEK           | POL         | LENCZOWSKI.PL                                  | 76         | M30/9                 |                | (M)16 | 00:37:29      | 00:37:26       | 16.03  |
| 17              | 440       | DUDZIS KRZYSZTOF        | ELK                 | POL         | MARATONKA GRAJEWO                              | 58         | M50/1                 |                | (M)17 | 00:37:35      | 00:37:34       | 15.97  |
| 18              | 39        | KRÓL DARIUSZ            | WOŁOMIN             | POL         | AKTYWNY RELAKS WOŁOMIN                         | 64         | M40/3                 |                | (M)18 | 00:37:41      | 00:37:37       | 15.95  |
| 19              | 515       | WYSIŃSKI WIESŁAW        | ŁUKÓW               | POL         | LKB RUDNIK                                     | 56         | M50/2                 |                | (M)19 | 00:37:46      | 00:37:42       | 15.92  |
| 20              | 538       | WESOŁOWSKI IRENEUSZ     | WARSZAWA            | POL         | AZS - AWF WARSZAWA                             | 74         | M30/10                |                | (M)20 | 00:37:48      | 00:37:46       | 15.89  |
| 21              | 314       | ARTYSZUK KAMIL          | WARSZAWA            | POL         | PUMA Z BIEGIEM MIAST                           | 84         | M20/5                 |                | (M)21 | 00:37:55      | 00:37:52       | 15.85  |
| 22              | 93        | LEŚNIAK ADAM            | HALINÓW             | POL         | BYLEDOBIEC ANIN                                | 65         | M40/4                 |                | (M)22 | 00:38:12      | 00:38:09       | 15.73  |
| 23              | 554       | GRZEGORCZUK PAWEŁ       | TERESPOL            | POL         |                                                | 84         | M20/6                 |                | (M)23 | 00:38:44      | 00:38:40       | 15.52  |
| 24              | 202       | KOŁODZIEJEK PIOTR       | WARSZAWA            | POL         | PUMA Z BIEGIEM MIAST                           | 70         | M40/5                 |                | (M)24 | 00:39:21      | 00:39:18       | 15.27  |
| 25              | 53        | ROSZKOWSKI TOMASZ       | WARSZAWA            | POL         | ABC KONDYCJA LAS KABACKI                       | 86         | M20/7                 |                | (M)25 | 00:39:36      | 00:39:29       | 15.20  |
| 26              | 130       | PAJDOSZ RAFAŁ           | BIAŁA PODLASKA      | POL         |                                                | 77         | M30/11                |                | (M)26 | 00:39:45      | 00:39:40       | 15.13  |
| 27              | 285       | BRYŁA KRZYSZTOF         | WARSZAWA            | POL         |                                                | 79         | M30/12                |                | (M)27 | 00:39:52      | 00:39:49       | 15.07  |
| 28              | 336       | DREŹEK KRZYSZTOF        | GRAJEWO             | POL         | MARATONKA GRAJEWO                              | 65         | M40/6                 |                | (M)28 | 00:40:07      | 00:40:03       | 14.98  |
| 29              | 161       | MATUSZAK JACEK          | WARSZAWA            | POL         | BYLEDOBIEC ANIN                                | 66         | M40/7                 |                | (M)29 | 00:40:16      | 00:40:12       | 14.93  |
| 30              | 4         | MOŹDŻONEK ANDRZEJ       | SIENNICA            | POL         | OSŹW MIŃSK MAZOWIECKI                          | 82         | M20/8                 | MUND/1         | (M)30 | 00:40:22      | 00:40:16       | 14.90  |
| 31              | 357       | MICHALAK KRZYSZTOF      | STANISŁAWÓW         | POL         | KB DREPTAK MIŃSK MAZOWIECKI                    | 67         | M40/8                 |                | (M)31 | 00:40:53      | 00:40:50       | 14.69  |
| 32              | 218       | KOŁODZIEJSKI MIECZYSLAW | WARSZAWA            | POL         | NIEZRZESZONY                                   | 68         | M40/9                 |                | (M)32 | 00:40:57      | 00:40:53       | 14.68  |
| 33              | 100       | POŁASKI DARIUSZ         | RADZYMIN            | POL         | KB-REBUS                                       | 75         | M30/13                |                | (M)33 | 00:41:09      | 00:41:04       | 14.61  |
| 34              | 524       | NOWAK KRZYSZTOF         | SULEJÓWEK           | POL         |                                                | 91         | M16/2                 |                | (M)34 | 00:41:12      | 00:41:04       | 14.61  |
| 35              | 24        | BŁASZCZYK Cezary        | WARSZAWA            | POL         | KB HOLMES PLACE                                | 71         | M30/14                |                | (M)35 | 00:41:15      | 00:41:11       | 14.57  |
| 36              | 486       | KOSIERADZKI ŁUKASZ      | SIEDLCE             | POL         | KOŁO STRZELECTWA SPORTOWEGO EKONOMIK91 SIEDLCE | 91         | M16/3                 |                | (M)36 | 00:41:26      | 00:41:21       | 14.51  |
| 37              | 169       | IGNATOWICZ ANDRZEJ      | WARSZAWA            | POL         | NIELSEN                                        | 74         | M30/15                |                | (M)37 | 00:41:38      | 00:41:35       | 14.43  |
| 38              | 139       | SIERHEJ JANUSZ          | STANISŁAWÓW         | POL         | UPLKS STANISŁAWÓW                              | 70         | M40/10                |                | (M)38 | 00:41:40      | 00:41:35       | 14.43  |
| 39              | 429       | LATUSZEK MICHAŁ         | GARWOLIN            | POL         | TRUCHTACZ.PL                                   | 94         | M16/4                 |                | (M)39 | 00:41:53      | 00:41:53       | 14.33  |
| 40              | 312       | BEKISZ ANDRZEJ          | WARSZAWA            | POL         | GSK BREATHE RIGHT                              | 70         | M40/11                |                | (M)40 | 00:42:11      | 00:42:07       | 14.25  |
| 41              | 270       | SUCHOCKI MICHAŁ         | WARSZAWA            | POL         |                                                | 76         | M30/16                |                | (M)41 | 00:42:18      | 00:42:15       | 14.20  |
| 42              | 540       | ŚWIDERSKI SŁAWOMIR      | OKUNIEW             | POL         | BEMOWIA                                        | 72         | M30/17                |                | (M)42 | 00:42:26      | 00:42:22       | 14.16  |
| 43              | 529       | BESSER PIOTR            | WARSZAWA            | POL         | PKP KONOPKI                                    | 70         | M40/12                |                | (M)43 | 00:42:28      | 00:42:24       | 14.15  |
| 44              | 26        | JUDKA WŁADYSŁAW         | MIŃSK MAZOWIECKI    | POL         | KB DREPTAK MIŃSK MAZOWIECKI                    | 59         | M50/3                 |                | (M)44 | 00:42:42      | 00:42:35       | 14.09  |
| 45              | 173       | POPOWSKI JAROSŁAW       | WARSZAWA            | POL         | UNTS WARSZAWA                                  | 69         | M40/13                |                | (M)45 | 00:42:44      | 00:42:35       | 14.09  |
| 46              | 551       | OLBRYŚ STANISŁAW ADAM   | NASIELSK            | POL         | K.B.PIMAR LEGIONOWO                            | 67         | M40/14                |                | (M)46 | 00:42:46      | 00:42:41       | 14.06  |
| 47              | 21        | PSZCZÓŁKOWSKI ARTUR     | WARSZAWA            | POL         | MARATONYPOLSKIE.PL TEAM                        | 74         | M30/18                |                | (M)47 | 00:42:50      | 00:42:44       | 14.04  |

# MEŻCZYŻNI (MEN)

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                      | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex    | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|-------------------------|---------------------|-------------|--------------------------------------|------------|-----------------------|----------------|--------|---------------|----------------|--------|
| 48              | 338       | SKALSKI PIOTR           | GRODZISK MA         | POL         |                                      | 67         | M40/15                |                | (M)48  | 00:42:51      | 00:42:48       | 14.02  |
| 49              | 84        | DĄBROWSKI ROBERT        | WARSZAWA            | POL         |                                      | 71         | M30/19                |                | (M)49  | 00:42:53      | 00:42:49       | 14.01  |
| 50              | 261       | CZUBAK TOMASZ           | ŁOWICZ              | POL         |                                      | 69         | M40/16                |                | (M)50  | 00:42:54      | 00:42:46       | 14.03  |
| 51              | 477       | ZAWISTOWSKI ARTUR       | WARSZAWA            | POL         | WARSZAWIAKY                          | 76         | M30/20                |                | (M)51  | 00:42:55      | 00:42:50       | 14.01  |
| 52              | 527       | RAJKOWSKI KRZYSZTOF     | PRUSZKÓW            | POL         | KB PRUSZKÓW                          | 65         | M40/17                |                | (M)52  | 00:43:08      | 00:43:02       | 13.94  |
| 53              | 303       | NOJSZEWSKI KAZIMIERZ    | NOWA WIECZNA        | POL         |                                      | 68         | M40/18                |                | (M)53  | 00:43:13      | 00:43:08       | 13.91  |
| 54              | 11        | GRUNWALD WOJCIECH       | WARSZAWA            | POL         | HP RUN                               | 73         | M30/21                |                | (M)54  | 00:43:14      | 00:43:09       | 13.90  |
| 55              | 125       | KUŻMA ROBERT            | BIĄŁYSTOK           | POL         |                                      | 76         | M30/22                |                | (M)55  | 00:43:24      | 00:43:18       | 13.86  |
| 56              | 323       | KOWALIK PAWEŁ           | KOMARÓWKA PODLASKA  | POL         | KAMIKAZE SQUAD KOMARÓWKA PODLASKA    | 90         | M20/9                 |                | (M)56  | 00:43:32      | 00:43:27       | 13.81  |
| 57              | 75        | OKULUS PIOTR            | WARSZAWA            | POL         | LEGION                               | 86         | M20/10                |                | (M)57  | 00:43:38      | 00:43:32       | 13.78  |
| 58              | 209       | DAJCZER RAFAŁ           | WARSZAWA            | POL         |                                      | 77         | M30/23                |                | (M)58  | 00:43:41      | 00:43:38       | 13.75  |
| 59              | 19        | ŚWIERCZ JACEK           | WARSZAWA            | POL         | BYLEDOBIEC ANIN                      | 69         | M40/19                |                | (M)59  | 00:43:43      | 00:43:38       | 13.75  |
| 60              | 65        | MADETKO ŁUKASZ          | RASZYN              | POL         | KS RASZYN                            | 85         | M20/11                |                | (M)60  | 00:43:57      | 00:43:49       | 13.69  |
| 61              | 448       | KAMIŃSKI STANISŁAW      | NADARZYN            | POL         |                                      | 58         | M50/4                 |                | (M)61  | 00:44:05      | 00:43:57       | 13.65  |
| 62              | 503       | WOJAKOWSKI ANDRZEJ      | WARSZAWA            | POL         | WARSZAWA-WILANÓW                     | 59         | M50/5                 |                | (M)62  | 00:44:11      | 00:44:04       | 13.62  |
| 63              | 427       | LATUSZEK JAROSŁAW       | GARWOLIN            | POL         | TRUCHTACZ.PL                         | 70         | M40/20                |                | (M)63  | 00:44:14      | 00:44:10       | 13.58  |
| 64              | 487       | WYSOCKI RAFAŁ           | SIEDLCE             | POL         | KOŁO STRZELECTWA SPORTOWEGO EKONOMIK | 90         | M20/12                |                | (M)64  | 00:44:16      | 00:44:11       | 13.58  |
| 65              | 79        | BOGOBOWICZ ZBIGNIEW     | WARSZAWA            | POL         | SIEDLCE                              | 49         | M60/1                 |                | (M)65  | 00:44:19      | 00:44:10       | 13.58  |
| 66              | 34        | HORAŻY PAWEŁ            | JANÓWEK PIERWSZY    | POL         |                                      | 64         | M40/21                |                | (M)66  | 00:44:21      | 00:44:17       | 13.55  |
| 67              | 104       | DĄBROWSKI MARIUSZ       | WOŁOMIN             | POL         | KB-REBUS                             | 77         | M30/24                |                | (M)67  | 00:44:22      | 00:44:12       | 13.57  |
| 68              | 198       | ARTYSZUK MIROSLAW       | WARSZAWA            | POL         | PUMA Z BIEGIEM MIAST                 | 60         | M50/6                 |                | (M)68  | 00:44:23      | 00:44:15       | 13.56  |
| 69              | 544       | PIĄTEK BOGDAN           | ZIELONKA            | POL         | LECHICI ZIELONKA                     | 53         | M50/7                 |                | (M)69  | 00:44:28      | 00:44:11       | 13.58  |
| 70              | 334       | KORZONKOWSKI ZBIGNIEW   | WARSZAWA            | POL         | ENTRE.PL TEAM                        | 50         | M60/2                 |                | (M)70  | 00:44:32      | 00:44:27       | 13.50  |
| 71              | 178       | LIS MICHAŁ              | SULEJÓWEK           | POL         | ALETEMPO                             | 79         | M30/25                |                | (M)71  | 00:44:39      | 00:44:32       | 13.47  |
| 72              | 155       | BELKA GRZEGORZ          | JÓZEFÓW             | POL         | NIEZRZESZONY                         | 78         | M30/26                |                | (M)72  | 00:44:47      | 00:44:35       | 13.46  |
| 73              | 74        | STANISZ PIOTR           | WARSZAWA            | POL         | LEGION                               | 86         | M20/13                |                | (M)73  | 00:44:49      | 00:44:43       | 13.42  |
| 74              | 424       | CHRAPEK WOJCIECH        | MIŃSK MAZOWIECKI    | POL         | OSZŃ MIŃSK MAZOWIECKI                | 85         | M20/14                | MUND/2         | (M)74  | 00:44:51      | 00:44:44       | 13.41  |
| 75              | 459       | SZCZEPANKIEWICZ MICHAŁ  | WARSZAWA            | POL         | NIELSEN                              | 75         | M30/27                |                | (M)75  | 00:44:52      | 00:44:42       | 13.42  |
| 76              | 97        | MARIAŃSKI NORBERT       | KARCZEW             | POL         | NIEZRZESZONY                         | 75         | M30/28                |                | (M)76  | 00:44:56      | 00:44:46       | 13.40  |
| 77              | 118       | MUSZYŃSKI DARIUSZ       | MIĘDZYRZEC PODLASKI | POL         |                                      | 79         | M30/29                |                | (M)77  | 00:44:57      | 00:44:49       | 13.39  |
| 78              | 3         | ŚLIWA ARKADIUSZ         | SULEJÓWEK           | POL         |                                      | 67         | M40/22                |                | (M)78  | 00:45:01      | 00:44:53       | 13.37  |
| 79              | 420       | WYPYCH RADOSŁAW         | WARSZAWA            | POL         | ART PROFI                            | 69         | M40/23                |                | (M)79  | 00:45:10      | 00:45:07       | 13.30  |
| 80              | 239       | BIELECKI MICHAŁ         | WARSZAWA            | POL         | JARTOM TEAM                          | 75         | M30/30                |                | (M)80  | 00:45:15      | 00:44:57       | 13.35  |
| 81              | 499       | DOMIAN SŁAWOMIR         | OSTROŁĘKA           | POL         | AG BEZ LIMITU OSTROŁĘKA I OKOLICE    | 72         | M30/31                |                | (M)81  | 00:45:17      | 00:45:01       | 13.33  |
| 82              | 189       | ŚWIERSZCZ CEZARY        | WARSZAWA            | POL         |                                      | 72         | M30/32                |                | (M)82  | 00:45:20      | 00:44:53       | 13.37  |
| 83              | 127       | NOWAK MACIEJ            | SULEJÓWEK           | POL         |                                      | 65         | M40/24                |                | (M)83  | 00:45:27      | 00:45:12       | 13.27  |
| 84              | 443       | MALISZEWSKI CEZARY      | WARSZAWA            | POL         | DENAT                                | 58         | M50/8                 |                | (M)84  | 00:45:30      | 00:45:21       | 13.23  |
| 85              | 174       | PISARSKI ŁUKASZ         | WARSZAWA            | POL         | NIEZRZESZONY                         | 71         | M30/33                |                | (M)85  | 00:45:33      | 00:45:26       | 13.21  |
| 86              | 46        | MIODUSZEWSKI MARIUSZ    | WARSZAWA            | POL         | 10 WPSAM WARSZAWA                    | 75         | M30/34                | MUND/3         | (M)86  | 00:45:39      | 00:45:31       | 13.18  |
| 87              | 476       | RYBICKI JANUSZ          | POLICE              | POL         |                                      | 50         | M60/3                 |                | (M)87  | 00:45:45      | 00:45:38       | 13.15  |
| 88              | 356       | WOŹNIAK RYSZARD         | BORZYCHY            | POL         | MARATONYPOLSKIE.PL TEAM              | 71         | M30/35                |                | (M)88  | 00:45:49      | 00:45:37       | 13.15  |
| 89              | 187       | KAPAON ŁAZARZ           | LEGIONOWO           | POL         | NIEZRZESZONY                         | 92         | M16/5                 |                | (M)89  | 00:45:52      | 00:45:37       | 13.15  |
| 90              | 143       | WIŚNIESKI PIOTR         | BŁONIE              | POL         | RUMAKI                               | 73         | M30/36                |                | (M)90  | 00:45:57      | 00:45:43       | 13.12  |
| 91              | 364       | NOWICKI ANDRZEJ         | WARSZAWA            | POL         |                                      | 63         | M40/25                |                | (M)91  | 00:45:59      | 00:45:47       | 13.11  |
| 92              | 370       | MAZAN PRZEMYSŁAW        | WARSZAWA            | POL         | VEGE RUNNERS                         | 75         | M30/37                |                | (M)92  | 00:46:03      | 00:45:57       | 13.06  |
| 93              | 546       | GAŃKO ALEKSANDER        | WESOŁA              | POL         |                                      | 49         | M60/4                 |                | (M)93  | 00:46:18      | 00:46:13       | 12.98  |
| 94              | 496       | WIECZOREK JANUSZ        | MIŃSK MAZOWIECKI    | POL         | KB DREPTAK MIŃSK MAZOWIECKI          | 59         | M50/9                 |                | (M)94  | 00:46:21      | 00:46:14       | 12.98  |
| 95              | 464       | GRZĘDA TOMASZ           | SZYDŁOWIEC          | POL         |                                      | 78         | M30/38                |                | (M)95  | 00:46:22      | 00:46:18       | 12.96  |
| 96              | 511       | SZANIAWSKI WOJCIECH     | WARSZAWA            | POL         |                                      | 73         | M30/39                |                | (M)96  | 00:46:24      | 00:46:18       | 12.96  |
| 97              | 282       | ŻELAZKO ŁUKASZ          | BELSK DUŻY          | POL         |                                      | 88         | M20/15                |                | (M)97  | 00:46:33      | 00:46:33       | 12.89  |
| 98              | 217       | GRZEGORCZYK WOJCIECH    | WARSZAWA            | POL         | ABC KONDYCJA BIEGA                   | 67         | M40/26                |                | (M)98  | 00:46:42      | 00:46:31       | 12.90  |
| 99              | 289       | ODOLCZYK JERZY          | WARSZAWA            | POL         | ABC KONDYCJA BIEGA                   | 61         | M40/27                |                | (M)99  | 00:46:43      | 00:46:38       | 12.87  |
| 100             | 368       | KOWALSKI ADRIAN         | KAMPINOS            | POL         | KM AKTYWNI SOCHACZEW                 | 88         | M20/16                |                | (M)100 | 00:46:49      | 00:46:34       | 12.88  |
| 101             | 537       | KARCZ JACEK             | SULEJÓWEK MIŁOSNA   | POL         |                                      | 73         | M30/40                |                | (M)101 | 00:46:50      | 00:46:40       | 12.86  |
| 102             | 432       | KLAMCZYŃSKI MAREK       | SULEJÓWEK           | POL         | INDYWIDUALNIE                        | 59         | M50/10                |                | (M)102 | 00:46:53      | 00:46:35       | 12.88  |
| 103             | 472       | ZAKRZEWSKI PATRYK       | WARSZAWA            | POL         | DOMINIKANIE                          | 78         | M30/41                |                | (M)103 | 00:46:54      | 00:46:46       | 12.83  |
| 104             | 45        | GÓRSKI MARCIN           | WARSZAWA            | POL         |                                      | 80         | M30/42                |                | (M)104 | 00:47:04      | 00:46:54       | 12.79  |
| 105             | 110       | LUKOWSKI MARIUSZ        | MIŃSK MAZOWIECKI    | POL         | KB DREPTAK MIŃSK MAZOWIECKI          | 74         | M30/43                |                | (M)105 | 00:47:10      | 00:47:02       | 12.76  |

# MEŻCZYŻNI (MEN)

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>     | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-----------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 106                     | 340               | STAROBRAT ARKADIUSZ             | WARSZAWA                    | POL                 | KB GROCHÓW                  | 68                 | M40/28                        | (M)106                 |            | 00:47:10              | 00:47:04               | 12.75         |
| 107                     | 1                 | POLKO ROMAN                     | WARSZAWA                    | POL                 | WKB META LUBLINIEC          | 62                 | M40/29                        | (M)107                 |            | 00:47:10              | 00:47:07               | 12.73         |
| 108                     | 295               | HANS DANIEL                     | WARSZAWA                    | POL                 |                             | 86                 | M20/17                        | (M)108                 |            | 00:47:10              | 00:46:55               | 12.79         |
| 109                     | 362               | SZYMANOWSKI TOMASZ              | SULEJÓWEK                   | POL                 | NIEZRZESZONY                | 72                 | M30/44                        | (M)109                 |            | 00:47:16              | 00:46:49               | 12.82         |
| 110                     | 324               | PILECKI ADAM                    | RADOMYŚL                    | POL                 | WAT                         | 88                 | M20/18                        | (M)110                 |            | 00:47:26              | 00:47:17               | 12.69         |
| 111                     | 456               | KALBARCZYK MAREK                | DLUGA SZLACHECKA            | POL                 |                             | 69                 | M40/30                        | (M)111                 |            | 00:47:26              | 00:47:20               | 12.68         |
| 112                     | 277               | LATUSZEK ZBIGNIEW               | UNIN                        | POL                 | TRUCHTACZ.PL                | 82                 | M20/19                        | (M)112                 |            | 00:47:29              | 00:47:25               | 12.65         |
| 113                     | 497               | WIECZOREK FILIP                 | MIŃSK MAZOWIECKI            | POL                 | KB DREPTAK MIŃSK MAZOWIECKI | 91                 | M16/6                         | (M)113                 |            | 00:47:40              | 00:47:36               | 12.61         |
| 114                     | 329               | BRZOZOWSKI ANDRZEJ              | ZAMOŚĆ                      | POL                 | WARSZAWA MOKOTÓW            | 54                 | M50/11                        | (M)114                 |            | 00:47:41              | 00:47:38               | 12.60         |
| 115                     | 283               | STREFLIK MATEUSZ                | GRÓJEC                      | POL                 |                             | 95                 | M16/7                         | (M)115                 |            | 00:47:50              | 00:47:44               | 12.57         |
| 116                     | 292               | MISZCZUK ARKADIUSZ              | WARSZAWA                    | POL                 | STRAŻ MIEJSKA WARSZAWA      | 67                 | M40/31                        | MUND/4 (M)116          |            | 00:47:54              | 00:47:44               | 12.57         |
| 117                     | 435               | GWIAZDA WIESŁAW                 | CHOTOMÓW                    | POL                 |                             | 63                 | M40/32                        | (M)117                 |            | 00:47:57              | 00:47:41               | 12.58         |
| 118                     | 77                | PAWLICKI TOMASZ                 | WARSZAWA                    | POL                 | SASKA KĘPA                  | 80                 | M30/45                        | (M)118                 |            | 00:48:06              | 00:47:53               | 12.53         |
| 119                     | 450               | MAZUREK RYSZARD                 | TŁUSZCZ                     | POL                 |                             | 74                 | M30/46                        | (M)119                 |            | 00:48:10              | 00:47:49               | 12.55         |
| 120                     | 474               | KRASUSKI PIOTR                  | SOCHACZEW                   | POL                 |                             | 88                 | M20/20                        | (M)120                 |            | 00:48:11              | 00:47:58               | 12.51         |
| 121                     | 76                | BIAŁOGRODZKI RYSZARD            | PIASECZNO                   | POL                 | PIASECZNO                   | 59                 | M50/12                        | (M)121                 |            | 00:48:11              | 00:47:37               | 12.60         |
| 122                     | 352               | SZYCIK WALDEMAR                 | GRAJEWO                     | POL                 | MARATONKA GRAJEWO           | 69                 | M40/33                        | (M)122                 |            | 00:48:24              | 00:48:13               | 12.44         |
| 123                     | 167               | SZPANOWSKI MACIEJ               | WARSZAWA                    | POL                 |                             | 74                 | M30/47                        | (M)123                 |            | 00:48:27              | 00:48:10               | 12.46         |
| 124                     | 272               | MALISZEWSKI JACEK               | WARSZAWA                    | POL                 | DRUŻYNA SZPIKU              | 74                 | M30/48                        | (M)124                 |            | 00:48:34              | 00:48:19               | 12.42         |
| 125                     | 271               | PARZYSZEK RADEK                 | ZABKI                       | POL                 |                             | 81                 | M20/21                        | (M)125                 |            | 00:48:43              | 00:48:27               | 12.38         |
| 126                     | 321               | WRÓBEL MAREK                    | WARSZAWA-WESOLA             | POL                 |                             | 72                 | M30/49                        | (M)126                 |            | 00:48:57              | 00:48:48               | 12.30         |
| 127                     | 494               | ŻABIŃSKI LECH                   | GRAJEWO                     | POL                 | MARATONKA GRAJEWO           | 56                 | M50/13                        | (M)127                 |            | 00:48:57              | 00:48:46               | 12.30         |
| 128                     | 80                | NURZYŃSKI ZBIGNIEW              | ŁUKÓW                       | POL                 | KB ŁUKÓW                    | 64                 | M40/34                        | (M)128                 |            | 00:49:05              | 00:48:56               | 12.26         |
| 129                     | 22                | LEWANDOWSKI PAWEŁ               | WARSZAWA                    | POL                 | KB GYMNASION                | 80                 | M30/50                        | (M)129                 |            | 00:49:07              | 00:48:55               | 12.27         |
| 130                     | 51                | KOWALSKI TOMASZ                 | RĘBKÓW                      | POL                 | TRUCHTACZ.PL                | 74                 | M30/51                        | (M)130                 |            | 00:49:12              | 00:49:07               | 12.22         |
| 131                     | 451               | WÓJCICKI LESZEK                 | TARGÓWKA                    | POL                 | KB DREPTAK MIŃSK MAZOWIECKI | 63                 | M40/35                        | (M)131                 |            | 00:49:13              | 00:49:02               | 12.24         |
| 132                     | 319               | RAKOWSKI SEBASTIAN              | SIEDLCE                     | POL                 |                             | 81                 | M20/22                        | (M)132                 |            | 00:49:18              | 00:49:02               | 12.24         |
| 133                     | 351               | ŁUCZYK JANUSZ                   | POŚWIĘTNE                   | POL                 |                             | 79                 | M30/52                        | (M)133                 |            | 00:49:26              | 00:49:04               | 12.23         |
| 134                     | 344               | KORZEMPA KRZYSZTOF              | SULEJÓWEK                   | POL                 |                             | 76                 | M30/53                        | (M)134                 |            | 00:49:27              | 00:49:20               | 12.16         |
| 135                     | 258               | ŻURAWSKI PAWEŁ                  | NOWY GLINNIK                | POL                 |                             | 78                 | M30/54                        | (M)135                 |            | 00:49:30              | 00:49:24               | 12.15         |
| 136                     | 153               | PILAŁ MARIUSZ                   | WARSZAWA                    | POL                 | KLUB BIEGACZA PLL LOT       | 63                 | M40/36                        | (M)136                 |            | 00:49:30              | 00:49:22               | 12.15         |
| 137                     | 311               | KOŁODZIEJEK MAREK               | WARSZAWA                    | POL                 |                             | 71                 | M30/55                        | (M)137                 |            | 00:49:31              | 00:49:17               | 12.17         |
| 138                     | 335               | KORZONKOWSKI TOMASZ             | WARSZAWA                    | POL                 | ENTRE.PL TEAM               | 76                 | M30/56                        | (M)138                 |            | 00:49:31              | 00:49:25               | 12.14         |
| 139                     | 40                | MICHAŁSKI DARIUSZ               | WARSZAWA                    | POL                 |                             | 60                 | M50/14                        | (M)139                 |            | 00:49:38              | 00:49:29               | 12.13         |
| 140                     | 250               | OSTROWSKI DARIUSZ               | WARSZAWA                    | POL                 |                             | 77                 | M30/57                        | (M)140                 |            | 00:49:39              | 00:49:30               | 12.12         |
| 141                     | 411               | DLUGOŁĘCKI SŁAWOMIR             | ZARĘBY KOŚCIELNE            | POL                 |                             | 60                 | M50/15                        | (M)141                 |            | 00:49:43              | 00:49:30               | 12.12         |
| 142                     | 345               | DWORSKI MARCIN                  | SULEJÓWEK                   | POL                 |                             | 81                 | M20/23                        | (M)142                 |            | 00:49:47              | 00:49:28               | 12.13         |
| 143                     | 512               | PIĄTKOWSKI PIOTR                | WARSZAWA                    | POL                 |                             | 73                 | M30/58                        | (M)143                 |            | 00:49:53              | 00:49:46               | 12.06         |
| 144                     | 533               | DĘBOWSKI GRZEGORZ               | SULEJÓWEK                   | POL                 |                             | 70                 | M40/37                        | (M)144                 |            | 00:50:01              | 00:49:47               | 12.05         |
| 145                     | 436               | BUKOWSKI JANUSZ                 | WARSZAWA                    | POL                 | GAZOWNIA WARSZAWSKA         | 56                 | M50/16                        | (M)145                 |            | 00:50:10              | 00:50:08               | 11.97         |
| 146                     | 414               | WIDOMSKI JAKUB                  | GÓRA KALWARIA               | POL                 |                             | 95                 | M16/8                         | (M)146                 |            | 00:50:16              | 00:50:02               | 11.99         |
| 147                     | 63                | KORKOSZ ANDRZEJ                 | WARSZAWA                    | POL                 | GROTY TEAM                  | 77                 | M30/59                        | (M)147                 |            | 00:50:26              | 00:50:19               | 11.92         |
| 148                     | 454               | SKRZYPCZAK JAROSŁAW             | WARSZAWA                    | POL                 | KB GYMNASION WARSZAWA       | 67                 | M40/38                        | (M)148                 |            | 00:50:30              | 00:50:14               | 11.94         |
| 149                     | 115               | SZYMAŃSKI ROBERT                | WARSZAWA-WESOLA             | POL                 |                             | 49                 | M60/5                         | (M)149                 |            | 00:50:31              | 00:50:25               | 11.90         |
| 150                     | 542               | PYTKOWSKI MAREK                 | ZIELONKA                    | POL                 | LECHICI ZIELONKA            | 56                 | M50/17                        | (M)150                 |            | 00:50:33              | 00:50:16               | 11.94         |
| 151                     | 417               | TUDEK MARIUSZ                   | GÓRA KALWARIA               | POL                 | MAM WYROZUMIAŁĄ ŻONĘ        | 72                 | M30/60                        | (M)151                 |            | 00:50:37              | 00:50:23               | 11.91         |
| 152                     | 122               | CZAJA DANIEL                    | WARSZAWA                    | POL                 |                             | 75                 | M30/61                        | (M)152                 |            | 00:50:37              | 00:50:06               | 11.98         |
| 153                     | 54                | GONTAREK ADAM                   | GŁOWACZÓW                   | POL                 | KB POŚWIĘTNE                | 85                 | M20/24                        | (M)153                 |            | 00:50:39              | 00:50:28               | 11.89         |
| 154                     | 25                | BIELEC ARTUR                    | WARSZAWA                    | POL                 |                             | 73                 | M30/62                        | (M)154                 |            | 00:50:46              | 00:50:38               | 11.85         |
| 155                     | 249               | NIEWIADOMSKI ZDZISŁAW           | WARSZAWA                    | POL                 |                             | 49                 | M60/6                         | (M)155                 |            | 00:50:48              | 00:50:44               | 11.83         |
| 156                     | 471               | CYMERSEKI JAROSŁAW              | SULEJÓWEK                   | POL                 | BOR                         | 71                 | M30/63                        | (M)156                 |            | 00:50:51              | 00:50:41               | 11.84         |
| 157                     | 146               | BARSCZEWSKI PAWEŁ               | WARSZAWA                    | POL                 | WITAR TARNOBRZEG            | 73                 | M30/64                        | (M)157                 |            | 00:50:54              | 00:50:47               | 11.81         |
| 158                     | 330               | KALICIECKI IRENEUSZ             | WARSZAWA                    | POL                 | JELONEKRACE                 | 63                 | M40/39                        | (M)158                 |            | 00:50:57              | 00:50:44               | 11.83         |
| 159                     | 101               | PULKOWNIK MARCIN                | PIASECZNO                   | POL                 | KB-REBUS                    | 77                 | M30/65                        | (M)159                 |            | 00:51:01              | 00:50:48               | 11.81         |
| 160                     | 233               | NOWAKOWSKI MARIUSZ              | WARSZAWA                    | POL                 | POLSKA BIEGA                | 60                 | M50/18                        | (M)160                 |            | 00:51:06              | 00:50:55               | 11.78         |
| 161                     | 543               | WARDĘGA HIERONIM                | CZARNKÓW                    | POL                 | LECHICI ZIELONKA            | 52                 | M50/19                        | (M)161                 |            | 00:51:07              | 00:50:50               | 11.80         |
| 162                     | 291               | WIATR ROBERT                    | WARSZAWA                    | POL                 |                             | 67                 | M40/40                        | (M)162                 |            | 00:51:10              | 00:50:52               | 11.80         |
| 163                     | 203               | NARTOWSKI JAN                   | WARSZAWA                    | POL                 | JÓZEFOSŁAW                  | 59                 | M50/20                        | (M)163                 |            | 00:51:11              | 00:50:55               | 11.78         |
| 164                     | 318               | MASKIEWICZ ARKADIUSZ            | WARSZAWA                    | POL                 |                             | 70                 | M40/41                        | (M)164                 |            | 00:51:25              | 00:51:15               | 11.71         |

# MEŻCZYŻNI (MEN)

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>              | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|--------------------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 165                     | 162               | LUBIENIECKI ARTUR               | MIŃSK MAZOWIECKI            | POL                 |                                      | 78                 | M30/66                        | (M)165                 |            | 00:51:28              | 00:51:00               | 11.76         |
| 166                     | 197               | IZDEBSKI ZENON                  | SULEJÓWEK                   | POL                 |                                      | 57                 | M50/21                        | (M)166                 |            | 00:51:31              | 00:51:24               | 11.67         |
| 167                     | 563               | SUSKI MIROSŁAW                  | ZĄBKI                       | POL                 |                                      | 72                 | M30/67                        | (M)167                 |            | 00:51:34              | 00:51:24               | 11.67         |
| 168                     | 50                | TRUSZKOWSKI EMIL                | WARSZAWA                    | POL                 |                                      | 87                 | M20/25                        | (M)168                 |            | 00:51:34              | 00:51:25               | 11.67         |
| 169                     | 438               | ŁUKASIK KAZIMIERZ               | PRUSZKÓW                    | POL                 | NIEZRZESZONY                         | 46                 | M60/7                         | (M)169                 |            | 00:51:35              | 00:51:25               | 11.67         |
| 170                     | 251               | LINKIEWICZ TOMASZ               | HIPOLITÓW                   | POL                 |                                      | 71                 | M30/68                        | (M)170                 |            | 00:51:42              | 00:51:31               | 11.65         |
| 171                     | 15                | MAŚLANKA JÓZEF                  | WARSZAWA                    | POL                 | WARSZAWA - ŻOLIBORZ                  | 61                 | M40/42                        | (M)171                 |            | 00:51:47              | 00:51:26               | 11.67         |
| 172                     | 468               | ADAMCZYK MAREK                  | JAKTORÓW                    | POL                 |                                      | 73                 | M30/69                        | (M)172                 |            | 00:51:50              | 00:51:34               | 11.64         |
| 173                     | 350               | LASKOWSKI GRZEGORZ              | POŚWIĘTNE                   | POL                 |                                      | 68                 | M40/43                        | (M)173                 |            | 00:51:53              | 00:51:31               | 11.65         |
| 174                     | 55                | KASPRZAK BOGUSŁAW               | KARCZEW                     | POL                 | DRUŻYNA SZPIKU                       | 58                 | M50/22                        | (M)174                 |            | 00:51:55              | 00:51:39               | 11.62         |
| 175                     | 437               | ŚWIDERSKI DARIUSZ               | WARSZAWA                    | POL                 | CF CEFARM SA                         | 69                 | M40/44                        | (M)175                 |            | 00:52:01              | 00:51:48               | 11.58         |
| 176                     | 509               | FIEDORCZYK JANUSZ               | ELK                         | POL                 | MARATONKA GRAJEWO                    | 57                 | M50/23                        | (M)176                 |            | 00:52:03              | 00:51:56               | 11.55         |
| 177                     | 98                | DULNIK MARCIN                   | WARSZAWA                    | POL                 | ERICSSON TEAM                        | 80                 | M30/70                        | (M)177                 |            | 00:52:03              | 00:51:56               | 11.55         |
| 178                     | 536               | PIELACHOWSKI PIOTR              | WARSZAWA                    | POL                 | BOSO ALE W OSTROGACH                 | 59                 | M50/24                        | (M)178                 |            | 00:52:11              | 00:51:50               | 11.58         |
| 179                     | 555               | WIŚNIEWSKI ANDRZEJ              | OTWOCK                      | POL                 | OTWOCK BIEGA                         | 57                 | M50/25                        | (M)179                 |            | 00:52:14              | 00:51:38               | 11.62         |
| 180                     | 188               | LEWANDOWSKI PIOTR               | WARSZAWA                    | POL                 |                                      | 74                 | M30/71                        | (M)180                 |            | 00:52:18              | 00:52:04               | 11.52         |
| 181                     | 449               | DYMIŃSKI MARCIN                 | ZĄBKI                       | POL                 |                                      | 79                 | M30/72                        | (M)181                 |            | 00:52:19              | 00:52:00               | 11.54         |
| 182                     | 365               | KIELISZCZYK GRZEGORZ            | DUCHNÓW                     | POL                 |                                      | 63                 | M40/45                        | (M)182                 |            | 00:52:25              | 00:52:12               | 11.49         |
| 183                     | 263               | ADAMKIEWICZ MIROSŁAW            | SOCHACZEW                   | POL                 |                                      | 67                 | M40/46                        | (M)183                 |            | 00:52:30              | 00:52:24               | 11.45         |
| 184                     | 374               | PERZ MARCIN                     | WARSZAWA                    | POL                 |                                      | 82                 | M20/26                        | (M)184                 |            | 00:52:34              | 00:52:20               | 11.46         |
| 185                     | 325               | MIGDAŁ RADOSŁAW                 | WARSZAWA                    | POL                 |                                      | 76                 | M30/73                        | (M)185                 |            | 00:52:39              | 00:52:18               | 11.47         |
| 186                     | 322               | DZIEKONSKI JACEK                | KONSTANCIN-JEZIORNA         | POL                 | MARATONYPOLSKIE.PL TEAM              | 57                 | M50/26                        | (M)186                 |            | 00:52:43              | 00:52:32               | 11.42         |
| 187                     | 286               | WÓJCICKI BARTŁOMIEJ             | WÓLKA MIŃSKA                | POL                 | NIEZRZESZONY                         | 91                 | M16/9                         | (M)187                 |            | 00:52:45              | 00:52:18               | 11.47         |
| 188                     | 157               | PUDZIANOWSKI PIOTR              | RADOM                       | POL                 | W PIONIE                             | 64                 | M40/47                        | (M)188                 |            | 00:52:46              | 00:52:34               | 11.41         |
| 189                     | 32                | BURZA PIOTR                     | DĘBLIN                      | POL                 | NIEZRZESZONY                         | 75                 | M30/74                        | (M)189                 |            | 00:52:50              | 00:52:29               | 11.43         |
| 190                     | 31                | KISZYCKI TADEUSZ                | ŁÓDŹ                        | POL                 |                                      | 56                 | M50/27                        | (M)190                 |            | 00:52:52              | 00:52:30               | 11.43         |
| 191                     | 532               | ROSIK PIOTR                     | SULEJÓWEK                   | POL                 |                                      | 83                 | M20/27                        | (M)191                 |            | 00:52:57              | 00:52:34               | 11.41         |
| 192                     | 64                | NOWAKOWSKI PAWEŁ                | WARSZAWA                    | POL                 |                                      | 78                 | M30/75                        | (M)192                 |            | 00:53:00              | 00:52:48               | 11.36         |
| 193                     | 287               | WÓJCICKI BOGUSŁAW               | WÓLKA MIŃSKA                | POL                 | NIEZRZESZONY                         | 64                 | M40/48                        | (M)193                 |            | 00:53:02              | 00:52:35               | 11.41         |
| 194                     | 108               | DOBROWOLSKI ARTUR               | WARSZAWA                    | POL                 |                                      | 74                 | M30/76                        | (M)194                 |            | 00:53:03              | 00:52:44               | 11.38         |
| 195                     | 211               | TYSZKIEWICZ WIESŁAW             | OBRYTE                      | POL                 |                                      | 68                 | M40/49                        | (M)195                 |            | 00:53:05              | 00:52:51               | 11.35         |
| 196                     | 539               | PIELAT MARIUSZ                  | LESZNO                      | POL                 | STRAŻ MIEJSKA                        | 79                 | M30/77                        | MUND/5 (M)196          |            | 00:53:07              | 00:52:52               | 11.35         |
| 197                     | 332               | BORAWSKI KRZYSZTOF              | WOJEWODZIN 55/6             | POL                 | MARATONKA GRAJEWO                    | 54                 | M50/28                        | (M)197                 |            | 00:53:08              | 00:52:56               | 11.34         |
| 198                     | 243               | BOBRYK ZENON                    | ŁOSICE                      | POL                 | PCK ŁOSICE                           | 57                 | M50/29                        | (M)198                 |            | 00:53:19              | 00:53:09               | 11.29         |
| 199                     | 48                | PIETRUSZEWSKI JACEK             | WARSZAWA                    | POL                 | 10 WPSAM WARSZAWA                    | 70                 | M40/50                        | MUND/6 (M)199          |            | 00:53:29              | 00:53:20               | 11.25         |
| 200                     | 360               | CZUBAKOWSKI SŁAWOMIR            | WARSZAWA                    | POL                 |                                      | 64                 | M40/51                        | (M)200                 |            | 00:53:33              | 00:53:23               | 11.24         |
| 201                     | 207               | BAKOWSKI PIOTR                  | SULEJÓWEK                   | POL                 | NO CLUB                              | 81                 | M20/28                        | (M)201                 |            | 00:53:37              | 00:53:18               | 11.26         |
| 202                     | 482               | SZYMANIAK ZBIGNIEW              | WARSZAWA                    | POL                 |                                      | 70                 | M40/52                        | (M)202                 |            | 00:53:45              | 00:53:23               | 11.24         |
| 203                     | 86                | BOGUCCI WŁODZIMIERZ             | SEKOCIN NOWY                | POL                 |                                      | 61                 | M40/53                        | (M)203                 |            | 00:53:50              | 00:53:22               | 11.24         |
| 204                     | 240               | LUTOSTAŃSKI ROBERT              | WARSZAWA                    | POL                 | JARTOM TEAM                          | 81                 | M20/29                        | (M)204                 |            | 00:53:55              | 00:53:37               | 11.19         |
| 205                     | 238               | SYMONOWICZ JACEK                | WARSZAWA                    | POL                 | JARTOM TEAM                          | 71                 | M30/78                        | (M)205                 |            | 00:53:55              | 00:53:37               | 11.19         |
| 206                     | 310               | SIEKIERSKI BARNABA              | WARSZAWA                    | POL                 |                                      | 85                 | M20/30                        | (M)206                 |            | 00:54:00              | 00:53:39               | 11.18         |
| 207                     | 35                | ZWOLIŃSKI MARIUSZ               | WARSZAWA                    | POL                 |                                      | 79                 | M30/79                        | (M)207                 |            | 00:54:03              | 00:53:37               | 11.19         |
| 208                     | 195               | MAMLA ZBIGNIEW                  | WARSZAWA                    | POL                 | TRUCHT TARCHOMIN                     | 70                 | M40/54                        | (M)208                 |            | 00:54:06              | 00:53:58               | 11.12         |
| 209                     | 133               | BELC PIOTR                      | WARSZAWA                    | POL                 | INDYWIDUALNIE                        | 77                 | M30/80                        | (M)209                 |            | 00:54:10              | 00:53:48               | 11.15         |
| 210                     | 301               | KURIATA MARCIN                  | WARSZAWA                    | POL                 |                                      | 75                 | M30/81                        | (M)210                 |            | 00:54:19              | 00:53:58               | 11.12         |
| 211                     | 215               | SZELAĞ TOMASZ                   | MIŃSK MAZOWIECKI            | POL                 |                                      | 70                 | M40/55                        | (M)211                 |            | 00:54:27              | 00:54:01               | 11.11         |
| 212                     | 361               | BANACH KRZYSZTOF                | LUBLIN                      | POL                 |                                      | 72                 | M30/82                        | MUND/7 (M)212          |            | 00:54:34              | 00:54:28               | 11.02         |
| 213                     | 339               | KAMONT RAFAŁ                    | WARSZAWA                    | POL                 |                                      | 81                 | M20/31                        | (M)213                 |            | 00:54:40              | 00:54:19               | 11.05         |
| 214                     | 480               | KUŁAKOWSKI PIOTR                | KONSTANCIN-JEZIORNA         | POL                 |                                      | 57                 | M50/30                        | (M)214                 |            | 00:54:50              | 00:54:22               | 11.04         |
| 215                     | 20                | FINKE GRZEGORZ                  | WARSZAWA                    | POL                 |                                      | 84                 | M20/32                        | (M)215                 |            | 00:55:03              | 00:54:45               | 10.96         |
| 216                     | 154               | SZPANOWSKI PIOTR                | OŻARÓW MAZOWIECKI           | POL                 |                                      | 73                 | M30/83                        | (M)216                 |            | 00:55:07              | 00:54:51               | 10.94         |
| 217                     | 224               | KOŁAKOWSKI MICHAŁ               | WARSZAWA                    | POL                 |                                      | 82                 | M20/33                        | (M)217                 |            | 00:55:08              | 00:54:35               | 10.99         |
| 218                     | 199               | JALKIEWICZ JULIUSZ              | WARSZAWA                    | POL                 |                                      | 77                 | M30/84                        | (M)218                 |            | 00:55:14              | 00:55:01               | 10.91         |
| 219                     | 17                | KWIATKOWSKI ALEKSANDER          | BIELAWY                     | POL                 |                                      | 62                 | M40/56                        | (M)219                 |            | 00:55:16              | 00:55:03               | 10.90         |
| 220                     | 244               | RACINOWSKI DARIUSZ              | PŁOŃSK                      | POL                 | K.B. IM.PIOTRA SĘKOWSKIEGO W PŁOŃSKU | 63                 | M40/57                        | (M)220                 |            | 00:55:16              | 00:55:11               | 10.87         |
| 221                     | 473               | BANKOWICZ PIOTR                 | WARSZAWA                    | POL                 |                                      | 70                 | M40/58                        | (M)221                 |            | 00:55:19              | 00:55:02               | 10.90         |
| 222                     | 519               | ROSIŃSKI ZBIGNIEW               | LUBLINIEC                   | POL                 | WKB META LUBLINIEC                   | 60                 | M50/31                        | MUND/8 (M)222          |            | 00:55:23              | 00:55:20               | 10.84         |
| 223                     | 150               | MARCINIEWICZ MARCIN             | ZAMOŚĆ                      | POL                 | NIEZRZESZONY                         | 84                 | M20/34                        | (M)223                 |            | 00:55:36              | 00:55:22               | 10.84         |

# MEŻCZYŹNI (MEN)

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>      | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|------------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 224                     | 5                 | DUDZIŃSKI MAREK                 | WROCLAW                     | POL                 | RUNNERS WORLD                | 68                 | M40/59                        | (M)224                 |            | 00:55:36              | 00:55:16               | 10.86         |
| 225                     | 114               | ROSLAN GRZEGORZ                 | WARSZAWA                    | POL                 | AKADEMIA OBRONY NARODOWEJ    | 65                 | M40/60                        | (M)225                 |            | 00:55:56              | 00:55:37               | 10.79         |
| 226                     | 36                | RUPIEWICZ JAROSLAW              | WARSZAWA                    | POL                 | KB CASTELLANUS               | 80                 | M30/85                        | (M)226                 |            | 00:55:58              | 00:55:49               | 10.75         |
| 227                     | 297               | KRUK ROBERT                     | WARSZAWA                    | POL                 |                              | 64                 | M40/61                        | (M)227                 |            | 00:56:03              | 00:55:59               | 10.72         |
| 228                     | 191               | CHRYCIUK WOJCIECH               | WARSZAWA                    | POL                 |                              | 65                 | M40/62                        | (M)228                 |            | 00:56:08              | 00:56:00               | 10.71         |
| 229                     | 236               | KRZYŻEWSKI TOMASZ               | WARSZAWA                    | POL                 | JARTOM TEAM                  | 75                 | M30/86                        | (M)229                 |            | 00:56:13              | 00:55:55               | 10.73         |
| 230                     | 355               | LATUSZEK KRZYSZTOF              | MIĘTNE                      | POL                 | TRUCHTACZ.PL                 | 69                 | M40/63                        | (M)230                 |            | 00:56:16              | 00:56:04               | 10.70         |
| 231                     | 346               | WYSOCKI SERGIUSZ                | WIĄZOWNA                    | POL                 | AZYMUT MAZOWSZE              | 80                 | M30/87                        | (M)231                 |            | 00:56:17              | 00:56:03               | 10.70         |
| 232                     | 164               | GRALA AREK                      | WARSZAWA                    | POL                 | GROTY TEAM                   | 77                 | M30/88                        | (M)232                 |            | 00:56:17              | 00:56:11               | 10.68         |
| 233                     | 62                | ZARZYCKI RADOSŁAW               | WARSZAWA                    | POL                 | GROTY TEAM                   | 77                 | M30/89                        | (M)233                 |            | 00:56:28              | 00:56:21               | 10.65         |
| 234                     | 119               | WRÓBLEWSKI PIOTR                | WARSZAWA                    | POL                 |                              | 73                 | M30/90                        | (M)234                 |            | 00:56:38              | 00:56:27               | 10.63         |
| 235                     | 306               | POŁASKI LESZEK                  | WARSZAWA                    | POL                 | BIELANY                      | 47                 | M60/8                         | (M)235                 |            | 00:56:39              | 00:56:22               | 10.64         |
| 236                     | 70                | DUDZIŃSKI RAFAŁ                 | WARSZAWA                    | POL                 |                              | 70                 | M40/64                        | (M)236                 |            | 00:56:44              | 00:56:20               | 10.65         |
| 237                     | 513               | KONOWROCKI KAMIL                | SULEJÓWEK                   | POL                 |                              | 80                 | M30/91                        | (M)237                 |            | 00:56:51              | 00:56:42               | 10.58         |
| 238                     | 14                | SZCZEŚNIAK PRZEMYSŁAW           | MIŃSK MAZOWIECKI            | POL                 | OSŻW MIŃSK MAZOWIECKI        | 76                 | M30/92                        | MUND/11 (M)238         |            | 00:57:05              | 00:56:59               | 10.53         |
| 239                     | 90                | KORCZAK MICHAŁ                  | WARSZAWA                    | POL                 |                              | 79                 | M30/93                        | (M)239                 |            | 00:57:14              | 00:56:45               | 10.57         |
| 240                     | 182               | OLUBIEC PIOTR                   | WARSZAWA                    | POL                 | TRUCHT TARCHOMIN             | 68                 | M40/65                        | (M)240                 |            | 00:57:17              | 00:57:04               | 10.51         |
| 241                     | 237               | JOCZ JAROSLAW                   | WARSZAWA                    | POL                 | JARTOM TEAM                  | 70                 | M40/66                        | (M)241                 |            | 00:57:23              | 00:57:04               | 10.51         |
| 242                     | 134               | SZYMAŃSKI PRZEMYSŁAW            | WARSZAWA                    | POL                 | INDYWIDUALNIE                | 78                 | M30/94                        | (M)242                 |            | 00:57:24              | 00:57:04               | 10.51         |
| 243                     | 186               | SZCZEPKOWSKI PAWEŁ              | WARSZAWA WESOLA             | POL                 | NIEZRZESZONY                 | 55                 | M50/32                        | (M)243                 |            | 00:57:25              | 00:57:11               | 10.49         |
| 244                     | 442               | KŁOS ANDRZEJ                    | MARKI                       | POL                 | DGW                          | 65                 | M40/67                        | (M)244                 |            | 00:57:27              | 00:57:03               | 10.52         |
| 245                     | 231               | MICHALSKI ROBERT                | WOŁOMIN                     | POL                 |                              | 82                 | M20/35                        | (M)245                 |            | 00:57:32              | 00:56:56               | 10.54         |
| 246                     | 253               | LIPKA LESZEK                    | LIPINKI                     | POL                 | NIEZRZESZONY                 | 59                 | M50/33                        | (M)246                 |            | 00:57:36              | 00:57:25               | 10.45         |
| 247                     | 87                | FRASUNKIEWICZ ROBERT            | WOŁOMIN                     | POL                 |                              | 71                 | M30/95                        | (M)247                 |            | 00:57:41              | 00:57:13               | 10.49         |
| 248                     | 208               | SZTOMBER PIOTR                  | WARSZAWA                    | POL                 |                              | 85                 | M20/36                        | (M)248                 |            | 00:57:43              | 00:57:28               | 10.44         |
| 249                     | 504               | ŚMIGIERA ADAM                   | KANIE                       | POL                 | GRUBASY.PL                   | 73                 | M30/96                        | (M)249                 |            | 00:57:48              | 00:57:25               | 10.45         |
| 250                     | 441               | RECHNIO HUBERT                  | WARSZAWA                    | POL                 |                              | 80                 | M30/97                        | (M)250                 |            | 00:57:50              | 00:57:36               | 10.42         |
| 251                     | 92                | KROCHMAL GRZEGORZ               | WARSZAWA                    | POL                 | ORIENTUZ                     | 59                 | M50/34                        | (M)251                 |            | 00:58:10              | 00:57:46               | 10.39         |
| 252                     | 475               | WYPYCH MACIEJ                   | WARSZAWA                    | POL                 |                              | 70                 | M40/68                        | (M)252                 |            | 00:58:18              | 00:57:57               | 10.35         |
| 253                     | 265               | MACHOŃ PAWEŁ                    | WARSZAWA                    | POL                 | STRAŻ MIEJSKA WARSZAWA       | 75                 | M30/98                        | MUND/12 (M)253         |            | 00:58:21              | 00:58:11               | 10.31         |
| 254                     | 147               | KARCZEWSKI JACEK                | WARSZAWA                    | POL                 | EKIPA BIEGOWA FRANCJA-POLSKA | 59                 | M50/35                        | (M)254                 |            | 00:58:21              | 00:57:46               | 10.39         |
| 255                     | 89                | PUZYNOWSKI JAROSLAW             | WARSZAWA                    | POL                 | NIEZRZESZONY                 | 79                 | M30/99                        | (M)255                 |            | 00:58:27              | 00:57:57               | 10.35         |
| 256                     | 556               | KOZIOL MARIUSZ                  | WARSZAWA-WESOLA             | POL                 | AKADEMIA OBRONY NARODOWEJ    | 72                 | M30/100                       | (M)256                 |            | 00:58:32              | 00:58:11               | 10.31         |
| 257                     | 520               | ROSIŃSKI ARKADIUSZ              | MAŁKINIA                    | POL                 | WKB META LUBLINIEC           | 68                 | M40/69                        | MUND/13 (M)257         |            | 00:58:37              | 00:58:11               | 10.31         |
| 258                     | 508               | SETNIKOWSKI GRZEGORZ            | OTWOCK                      | POL                 |                              | 58                 | M50/36                        | (M)258                 |            | 00:58:47              | 00:58:25               | 10.27         |
| 259                     | 30                | WIŚNIEWSKI MAREK                | WARSZAWA                    | POL                 | NIEZRZESZONY                 | 71                 | M30/101                       | (M)259                 |            | 00:58:56              | 00:58:38               | 10.23         |
| 260                     | 149               | KOBUS BŁAŻEJ                    | ŻYRARDÓW                    | POL                 |                              | 92                 | M16/10                        | (M)260                 |            | 00:59:22              | 00:58:59               | 10.17         |
| 261                     | 274               | KOWALIK ZBIGNIEW                | WARSZAWA                    | POL                 |                              | 66                 | M40/70                        | (M)261                 |            | 00:59:29              | 00:59:18               | 10.12         |
| 262                     | 103               | ZGLIŃSKI PIOTR                  | SULEJÓWEK                   | POL                 | KB-REBUS                     | 74                 | M30/102                       | (M)262                 |            | 00:59:49              | 00:59:36               | 10.07         |
| 263                     | 431               | DYMEL PIOTR                     | WARSZAWA                    | POL                 |                              | 52                 | M50/37                        | (M)263                 |            | 01:00:04              | 00:59:41               | 10.05         |
| 264                     | 201               | PAC BARTOSZ                     | WARSZAWA                    | POL                 |                              | 81                 | M20/37                        | (M)264                 |            | 01:00:07              | 01:00:00               | 10.00         |
| 265                     | 545               | PROKOPOWICZ EDMUND              | WARSZAWA                    | POL                 | LECHICI ZIELONKA             | 33                 | M60/9                         | (M)265                 |            | 01:00:15              | 00:59:54               | 10.02         |
| 266                     | 300               | ROKICKI JÓZEF                   | MIŃŚ MAZOWIECKI             | POL                 | STRAŻ MIEJSKA WARSZAWA       | 63                 | M40/71                        | (M)266                 |            | 01:00:22              | 00:59:56               | 10.01         |
| 267                     | 163               | STOKOWSKI MARIUSZ               | WARSZAWA                    | POL                 |                              | 74                 | M30/103                       | (M)267                 |            | 01:00:27              | 01:00:05               | 9.99          |
| 268                     | 148               | FROM PRZEMEK                    | WYSZKÓW                     | POL                 |                              | 85                 | M20/38                        | (M)268                 |            | 01:00:30              | 01:00:22               | 9.94          |
| 269                     | 457               | BILGORAJSKI SŁAWOMIR            | KRASNIK                     | POL                 | OSŻW MIŃSK MAZOWIECKI        | 86                 | M20/39                        | MUND/14 (M)269         |            | 01:00:32              | 01:00:25               | 9.93          |
| 270                     | 221               | KONDEJ RAFAŁ                    | WARSZAWA                    | POL                 | KB TWG                       | 75                 | M30/104                       | (M)270                 |            | 01:00:35              | 01:00:13               | 9.96          |
| 271                     | 227               | BRZOZOWSKI TOMASZ               | SULEJÓWEK                   | POL                 |                              | 83                 | M20/40                        | (M)271                 |            | 01:00:51              | 01:00:18               | 9.95          |
| 272                     | 222               | BARECKI WŁODZIMIERZ             | WARSZAWA                    | POL                 |                              | 56                 | M50/38                        | (M)272                 |            | 01:00:53              | 01:00:47               | 9.87          |
| 273                     | 52                | ZBICIAK PIOTR                   | WARSZAWA                    | POL                 |                              | 79                 | M30/105                       | (M)273                 |            | 01:01:00              | 01:00:33               | 9.91          |
| 274                     | 247               | GROCHOWSKI GRZEGORZ             | WARSZAWA                    | POL                 | BIEGAMY Z OCHOTĄ             | 61                 | M40/72                        | (M)274                 |            | 01:01:05              | 01:00:31               | 9.91          |
| 275                     | 232               | SIENKIEWICZ DARIUSZ             | WARSZAWA                    | POL                 | KB-REBUS                     | 71                 | M30/106                       | (M)275                 |            | 01:01:07              | 01:00:47               | 9.87          |
| 276                     | 234               | CZUPTA HIERONIM                 | WARSZAWA                    | POL                 | WARSZAWSKA MASA KRYTYCZNA    | 74                 | M30/107                       | (M)276                 |            | 01:01:12              | 01:01:01               | 9.83          |
| 277                     | 131               | GAWROŃSKI MARIUSZ               | WARSZAWA                    | POL                 |                              | 64                 | M40/73                        | (M)277                 |            | 01:01:15              | 01:01:07               | 9.82          |
| 278                     | 47                | GARBACZ ANDRZEJ                 | WARSZAWA                    | POL                 | 10 WPSAM WARSZAWA            | 70                 | M40/74                        | MUND/15 (M)278         |            | 01:01:17              | 01:01:09               | 9.81          |
| 279                     | 317               | SCHEFFS WALDEMAR                | ZĄBKI                       | POL                 | AKADEMIA OBRONY NARODOWEJ    | 62                 | M40/75                        | (M)279                 |            | 01:01:23              | 01:01:04               | 9.83          |
| 280                     | 255               | ZAPERTY ADAM                    | WARSZAWA                    | POL                 |                              | 47                 | M60/10                        | (M)280                 |            | 01:01:40              | 01:01:19               | 9.79          |
| 281                     | 308               | KARLAK ANDRZEJ                  | WARSZAWA                    | POL                 | KB GALERIA WARSZAWA          | 66                 | M40/76                        | (M)281                 |            | 01:01:49              | 01:01:30               | 9.76          |
| 282                     | 61                | KWIATKOWSKI ANDRZEJ             | WARSZAWA                    | POL                 | 10 WPSAM WARSZAWA            | 78                 | M30/108                       | MUND/16 (M)282         |            | 01:01:54              | 01:01:40               | 9.73          |

# MEŻCZYŹNI (MEN)

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>   | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|---------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 283                     | 105               | ROSLAN JACEK                    | WARSZAWA                    | POL                 | HP RUN                    | 63                 | M40/77                        | (M)283                 |            | 01:01:58              | 01:01:51               | 9.70          |
| 284                     | 160               | SZYMCZAK RYSZARD                | WARSZAWA                    | POL                 |                           | 43                 | M60/11                        | (M)284                 |            | 01:02:06              | 01:01:45               | 9.72          |
| 285                     | 460               | PRAWDA MICHAŁ                   | KOZIENICE                   | POL                 |                           | 84                 | M20/41                        | (M)285                 |            | 01:02:08              | 01:01:54               | 9.69          |
| 286                     | 558               | SAKWA JAROSŁAW                  | WARSZAWA                    | POL                 | KB GYMNASION WARSZAWA     | 56                 | M50/39                        | (M)286                 |            | 01:02:18              | 01:02:03               | 9.67          |
| 287                     | 137               | DOMAŃSKI JACEK EXPEDYT          | WARSZAWA                    | POL                 | WKB META LUBLINIEC        | 41                 | M60/12                        | (M)287                 |            | 01:02:20              | 01:02:05               | 9.66          |
| 288                     | 83                | STRĄCZEK WOJCIECH               | WARSZAWA                    | POL                 |                           | 70                 | M40/78                        | (M)288                 |            | 01:02:28              | 01:02:18               | 9.63          |
| 289                     | 269               | SKOCZEK MAREK                   | SUŁKOWICE                   | POL                 |                           | 60                 | M50/40                        | (M)289                 |            | 01:02:42              | 01:02:37               | 9.58          |
| 290                     | 181               | WALEWSKI MARCIN                 | WARSZAWA                    | POL                 |                           | 71                 | M30/109                       | (M)290                 |            | 01:03:17              | 01:03:00               | 9.52          |
| 291                     | 479               | WIDOMSKI TOMASZ                 | GÓRA KALWARIA               | POL                 |                           | 69                 | M40/79                        | (M)291                 |            | 01:03:20              | 01:03:15               | 9.49          |
| 292                     | 419               | LIS SYLWESTER                   | WARSZAWA                    | POL                 |                           | 71                 | M30/110                       | (M)292                 |            | 01:03:22              | 01:03:05               | 9.51          |
| 293                     | 534               | PŁOCHOCKI KRZYSZTOF             | SULEJÓWEK                   | POL                 |                           | 69                 | M40/80                        | (M)293                 |            | 01:03:27              | 01:03:12               | 9.49          |
| 294                     | 142               | MAŁACHOWSKI SŁAWOMIR            | WARSZAWA                    | POL                 | SSRL                      | 65                 | M40/81                        | (M)294                 |            | 01:03:32              | 01:03:19               | 9.48          |
| 295                     | 467               | NIEDZIÓŁKA WOJCIECH             | SIEDLCE                     | POL                 | KP HALINÓW                | 83                 | M20/42                        | MUND/17 (M)295         |            | 01:03:37              | 01:03:30               | 9.45          |
| 296                     | 23                | DOLIŃSKI TADEUSZ                | WARSZAWA                    | POL                 | INDYWIDUALNIE             | 58                 | M50/41                        | (M)296                 |            | 01:03:40              | 01:03:20               | 9.47          |
| 297                     | 415               | WOLNIEWICZ MIROSŁAW             | PRUSZKÓW                    | POL                 |                           | 70                 | M40/82                        | (M)297                 |            | 01:03:46              | 01:03:14               | 9.49          |
| 298                     | 465               | SREBRZYŃSKI CEZARY              | WARSZAWA                    | POL                 | WSB CYTADELA              | 70                 | M40/83                        | (M)298                 |            | 01:03:54              | 01:03:39               | 9.43          |
| 299                     | 366               | ŻUCZKOWSKI ŁUKASZ               | WARSZAWA                    | POL                 |                           | 77                 | M30/111                       | (M)299                 |            | 01:04:06              | 01:03:42               | 9.42          |
| 300                     | 151               | WOLIŃSKI RAFAŁ                  | PRUSZKÓW                    | POL                 |                           | 73                 | M30/112                       | (M)300                 |            | 01:04:06              | 01:03:46               | 9.41          |
| 301                     | 478               | KOWALEWSKI PAWEŁ                | WARSZAWA                    | POL                 |                           | 70                 | M40/84                        | (M)301                 |            | 01:04:18              | 01:04:07               | 9.36          |
| 302                     | 216               | OLCZAK GRZEGORZ                 | WARSZAWA                    | POL                 |                           | 73                 | M30/113                       | (M)302                 |            | 01:04:23              | 01:04:12               | 9.35          |
| 303                     | 226               | JAGIELSKI WITOLD                | WARSZAWA                    | POL                 |                           | 65                 | M40/85                        | (M)303                 |            | 01:04:36              | 01:04:28               | 9.31          |
| 304                     | 425               | GÓRALSKI MAREK                  | WARSZAWA                    | POL                 | REMBERTÓW                 | 72                 | M30/114                       | (M)304                 |            | 01:05:04              | 01:04:52               | 9.25          |
| 305                     | 367               | BILIŃSKI TOMASZ                 | WARSZAWA                    | POL                 | JELONKI                   | 63                 | M40/86                        | (M)305                 |            | 01:05:04              | 01:04:51               | 9.25          |
| 306                     | 102               | KALINOWSKI ARKADIUSZ            | WARSZAWA                    | POL                 |                           | 67                 | M40/87                        | (M)306                 |            | 01:05:10              | 01:04:49               | 9.26          |
| 307                     | 196               | NAPIÓRKOWSKI MIECZYSLAW         | RADZIEJOWICE/SLABOWO        | POL                 |                           | 49                 | M60/13                        | (M)307                 |            | 01:05:44              | 01:05:27               | 9.17          |
| 308                     | 223               | BUDZYŃSKI KRZYSZTOF             | WARSZAWA                    | POL                 |                           | 85                 | M20/43                        | (M)308                 |            | 01:05:58              | 01:05:43               | 9.13          |
| 309                     | 85                | GÓRALSKI JĘDRZEJ                | WARSZAWA                    | POL                 |                           | 64                 | M40/88                        | (M)309                 |            | 01:06:04              | 01:05:29               | 9.16          |
| 310                     | 145               | ŁUKSZA WIESŁAW                  | WARSZAWA                    | POL                 | KB GYMNASION WARSZAWA     | 41                 | M60/14                        | (M)310                 |            | 01:06:21              | 01:06:09               | 9.07          |
| 311                     | 111               | MAKARUK RAFAŁ                   | SULEJÓWEK                   | POL                 |                           | 69                 | M40/89                        | (M)311                 |            | 01:06:26              | 01:06:17               | 9.05          |
| 312                     | 446               | MRÓWKA MAREK                    | WARSZAWA-WESOLA             | POL                 | 10 WPSAM WARSZAWA         | 65                 | M40/90                        | MUND/18 (M)312         |            | 01:06:58              | 01:06:49               | 8.98          |
| 313                     | 112               | MARCZAK SŁAWEK                  | KARCZEW                     | POL                 |                           | 69                 | M40/91                        | (M)313                 |            | 01:07:18              | 01:07:09               | 8.94          |
| 314                     | 309               | MICHAŁIK WOJCIECH               | WARSZAWA                    | POL                 | KB GALERIA WARSZAWA       | 56                 | M50/42                        | (M)314                 |            | 01:08:48              | 01:08:29               | 8.76          |
| 315                     | 171               | TORZEWSKI JANUSZ                | WARSZAWA                    | POL                 |                           | 73                 | M30/115                       | (M)315                 |            | 01:08:58              | 01:08:33               | 8.75          |
| 316                     | 152               | JANCZYK RAFAŁ                   | WARSZAWA                    | POL                 | CIENIAKY                  | 68                 | M40/92                        | (M)316                 |            | 01:10:41              | 01:10:31               | 8.51          |
| 317                     | 214               | MALINOWSKI PIOTR                | WARSZAWA                    | POL                 |                           | 66                 | M40/93                        | (M)317                 |            | 01:11:02              | 01:10:37               | 8.50          |
| 318                     | 421               | CZECHOWSKI JERZY                | WARSZAWA                    | POL                 | MZA WARSZAWA              | 49                 | M60/15                        | (M)318                 |            | 01:12:10              | 01:11:49               | 8.35          |
| 319                     | 72                | GADOMSKI ROBERT                 | WARSZAWA                    | POL                 |                           | 72                 | M30/116                       | (M)319                 |            | 01:12:21              | 01:11:52               | 8.35          |
| 320                     | 328               | KRÓLAK STANISŁAW                | WARSZAWA                    | POL                 |                           | 60                 | M50/43                        | (M)320                 |            | 01:12:33              | 01:12:15               | 8.30          |
| 321                     | 526               | MARCINIAK CZESŁAW               | BIELAWA                     | POL                 | DĘBY WAŁBRZYCH            | 29                 | M60/16                        | (M)321                 |            | 01:14:49              | 01:14:33               | 8.05          |
| 322                     | 206               | SITKO DARIUSZ                   | WARSZAWA                    | POL                 | AKADEMIA OBRONY NARODOWEJ | 58                 | M50/44                        | (M)322                 |            | 01:22:58              | 01:22:48               | 7.25          |

III Bieg Marszałka  
**WYNIKI ZAWODÓW**

**K16**

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i> | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 1                       | 241               | BOBRYK ANIA                     | ŁOSICE                      | POL                 | MARATONYPOLSKIE.PL TEAM | 93                 | K16/1                         | (K)16                  |            | <b>00:53:13</b>       | 00:53:03               | 11.31         |
| 2                       | 242               | BOBRYK KINGA                    | ŁOSICE                      | POL                 | MARATONYPOLSKIE.PL TEAM | 95                 | K16/2                         | (K)55                  |            | <b>01:10:07</b>       | 01:09:57               | 8.58          |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### K20

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name       | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team        | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex   | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|-------------------------------|---------------------|-------------|------------------------|------------|-----------------------|----------------|-------|---------------|----------------|--------|
| 1               | 531       | KARMANENKO KATERYNA           | KOVEL               | POL         | KOVEL                  | 86         | K20/1                 |                | (K)1  | 00:36:56      | 00:36:56       | 16.25  |
| 2               | 320       | BAK MAGDALENA                 | JÓZEFÓW             | POL         |                        | 83         | K20/2                 |                | (K)6  | 00:46:49      | 00:46:35       | 12.88  |
| 3               | 484       | KARAŚ MARIA                   | SULEJÓWEK           | POL         |                        | 86         | K20/3                 |                | (K)7  | 00:47:23      | 00:47:19       | 12.68  |
| 4               | 267       | ADAMCZAK JOANNA               | MINSK MAZOWIECKI    | POL         |                        | 83         | K20/4                 |                | (K)17 | 00:53:23      | 00:53:07       | 11.30  |
| 5               | 183       | RADZKA KATARZYNA              | WESOLA              | POL         |                        | 83         | K20/5                 |                | (K)19 | 00:55:10      | 00:54:46       | 10.96  |
| 6               | 184       | KOSTKA AGNIESZKA              | BUDZISKA            | POL         |                        | 84         | K20/6                 |                | (K)20 | 00:55:11      | 00:54:47       | 10.95  |
| 7               | 559       | FLOREK JOLANTA                | JAROSŁAW            | POL         |                        | 82         | K20/7                 |                | (K)23 | 00:56:15      | 00:56:10       | 10.68  |
| 8               | 294       | MIŁOSZ KAROLINA               | WARSZAWA            | POL         | STRAŻ MIEJSKA WARSZAWA | 83         | K20/8                 | MUND/10        | (K)28 | 00:56:53      | 00:56:43       | 10.58  |
| 9               | 172       | BARTNIKOWSKA MONIKA           | WARSZAWA            | POL         |                        | 81         | K20/9                 |                | (K)29 | 00:56:58      | 00:56:49       | 10.56  |
| 10              | 560       | JÓŹWIAK-MAJEWSKA<br>KATARZYNA | WARSZAWA            | POL         | LKS OLYMP BŁONIE       | 83         | K20/10                |                | (K)37 | 00:59:26      | 00:59:18       | 10.12  |
| 11              | 117       | MUSZYŃSKA MARTA               | MIĘDZYRZEC PODLASKI | POL         |                        | 81         | K20/11                |                | (K)49 | 01:05:32      | 01:05:23       | 9.18   |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### K30

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                   | R-k<br>YoB in Age | W kategorii Grupy<br>Group Sex | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------------------------|-------------------|--------------------------------|---------------|----------------|--------|
| 1               | 7         | LEWANDOWSKA EDYTA       | ŁÓDŹ                | POL         |                                   | 80                | K30/1 (K)2                     | 00:38:29      | 00:38:29       | 15.59  |
| 2               | 490       | POLAK ILONA             | WARSZAWA            | POL         | KB GALERIA WARSZAWA               | 80                | K30/2 (K)3                     | 00:42:51      | 00:42:48       | 14.02  |
| 3               | 549       | BEREZNOWSKA PATRYCJA    | OSSÓW               | POL         | AKTYWNY RELAKS WOŁOMIN            | 75                | K30/3 (K)5                     | 00:46:35      | 00:46:31       | 12.90  |
| 4               | 264       | PAWŁOWSKA-POJAWA ANNA   | WARSZAWA-WESOLA     | POL         | BYLEDOBIEC ANIN                   | 76                | K30/4 (K)8                     | 00:48:13      | 00:48:01       | 12.50  |
| 5               | 326       | KOSSAKOWSKA KATARZYNA   | WARSZAWA            | POL         | LAS KABACKI                       | 74                | K30/5 (K)10                    | 00:50:03      | 00:49:44       | 12.06  |
| 6               | 219       | ŻURANIEWSKA AGNIESZKA   | WARSZAWA            | POL         | NIEZRZESZONY                      | 77                | K30/6 (K)12                    | 00:51:14      | 00:50:55       | 11.78  |
| 7               | 343       | RONKIEWICZ PATRYCJA     | WARSZAWA            | POL         |                                   | 78                | K30/7 (K)13                    | 00:51:30      | 00:51:23       | 11.68  |
| 8               | 107       | MZYK ELŻBIETA           | WARSZAWA            | POL         | BYLEDOBIEC ANIN                   | 75                | K30/8 (K)14                    | 00:52:23      | 00:52:16       | 11.48  |
| 9               | 333       | KULMA MAGDALENA         | WARSZAWA            | POL         |                                   | 80                | K30/9 (K)15                    | 00:52:56      | 00:52:50       | 11.36  |
| 10              | 498       | DOMIAN ANNA             | OSTROŁĘKA           | POL         | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 78                | K30/10 (K)18                   | 00:54:53      | 00:54:43       | 10.97  |
| 11              | 296       | KRUK EDYTA              | WARSZAWA            | POL         |                                   | 71                | K30/11 (K)22                   | 00:56:03      | 00:55:59       | 10.72  |
| 12              | 304       | SŁOWIŃSKA IDA           | WARSZAWA            | POL         | URSUS                             | 75                | K30/12 (K)26                   | 00:56:39      | 00:56:22       | 10.64  |
| 13              | 521       | ŻUREK KATARZYNA         | NOWY DWÓR           | POL         | BOR                               | 75                | K30/13 MUND/9 (K)27            | 00:56:49      | 00:56:41       | 10.59  |
| 14              | 109       | LUDKOWSKA URSZULA       | MIŃSK MAZOWIECKI    | POL         | KB DREPTAK MIŃSK MAZOWIECKI       | 74                | K30/14 (K)30                   | 00:57:02      | 00:56:54       | 10.54  |
| 15              | 156       | BACHÓRZ MARTA           | WARSZAWA            | POL         | STRAŻ MIEJSKA                     | 74                | K30/15 (K)34                   | 00:58:52      | 00:58:32       | 10.25  |
| 16              | 29        | WIŚNIEWSKA BEATA        | WARSZAWA            | POL         | NIEZRZESZONY                      | 71                | K30/16 (K)35                   | 00:58:58      | 00:58:40       | 10.23  |
| 17              | 369       | KOWALEWSKA KATARZYNA    | WARSZAWA            | POL         |                                   | 74                | K30/17 (K)38                   | 00:59:28      | 00:59:12       | 10.14  |
| 18              | 426       | ROGAŁA MONIKA           | BOROWIE             | POL         | TRUCHTACZ.PL                      | 71                | K30/18 (K)40                   | 00:59:51      | 00:59:40       | 10.06  |
| 19              | 138       | SACIO-SZYMAŃSKA ANNA    | RADOM               | POL         |                                   | 79                | K30/19 (K)43                   | 01:00:33      | 01:00:14       | 9.96   |
| 20              | 180       | WALEWSKA AGNIESZKA      | WARSZAWA            | POL         |                                   | 73                | K30/20 (K)44                   | 01:02:20      | 01:02:03       | 9.67   |
| 21              | 298       | CZARNECKA ILONA         | ŁOMIANKI            | POL         |                                   | 74                | K30/21 (K)48                   | 01:04:46      | 01:04:26       | 9.31   |
| 22              | 170       | TORZEWSKA AGNIESZKA     | WARSZAWA            | POL         |                                   | 74                | K30/22 (K)52                   | 01:08:58      | 01:08:33       | 8.75   |
| 23              | 256       | TROJANOWSKA IWONA       | SULEJÓWEK           | POL         |                                   | 73                | K30/23 (K)57                   | 01:11:25      | 01:10:59       | 8.45   |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### K40

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name        | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team             | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex   | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|--------------------------------|---------------------|-------------|-----------------------------|------------|-----------------------|----------------|-------|---------------|----------------|--------|
| 1               | 165       | OPOWICZ MARZENA                | WARSZAWA            | POL         | KB GYMNASION WARSZAWA       | 63         | K40/1                 |                | (K)4  | 00:46:13      | 00:46:08       | 13.01  |
| 2               | 94        | WAGNER JOLANTA                 | WARSZAWA            | POL         |                             | 66         | K40/2                 |                | (K)9  | 00:48:36      | 00:48:25       | 12.39  |
| 3               | 307       | BUTKIEWICZ MAŁGORZATA          | WARSZAWA            | POL         | KB GALERIA WARSZAWA         | 66         | K40/3                 |                | (K)18 | 00:54:33      | 00:54:33       | 11.00  |
| 4               | 455       | SOSZYŃSKA MAŁGORZATA           | WARSZAWA            | POL         |                             | 62         | K40/4                 |                | (K)22 | 00:55:47      | 00:55:20       | 10.84  |
| 5               | 561       | MĄDRY JOANNA                   | ZĄBKI               | POL         |                             | 67         | K40/5                 |                | (K)25 | 00:56:15      | 00:56:09       | 10.69  |
| 6               | 428       | LATUSZEK AGNIESZKA             | GARWOLIN            | POL         | TRUCHTACZ.PL                | 70         | K40/6                 |                | (K)26 | 00:56:23      | 00:56:12       | 10.68  |
| 7               | 288       | ODOLCZYK JOANNA                | WARSZAWA            | POL         | ABC KONDYCJA BIEGA          | 65         | K40/7                 |                | (K)32 | 00:57:44      | 00:57:28       | 10.44  |
| 8               | 136       | JÓŹWIK BARBARA                 | ZIELONKA            | POL         |                             | 66         | K40/8                 |                | (K)37 | 00:59:03      | 00:58:40       | 10.23  |
| 9               | 299       | ROKICKA BARBARA                | MIŃSK MAZOWIECKI    | POL         | KB DREPTAK MIŃSK MAZOWIECKI | 63         | K40/9                 |                | (K)42 | 01:00:22      | 00:59:55       | 10.01  |
| 10              | 220       | ZASADA AGNIESZKA               | ZIELONKA            | POL         |                             | 62         | K40/10                |                | (K)43 | 01:00:24      | 01:00:01       | 10.00  |
| 11              | 57        | SAKWA ALINA                    | WARSZAWA            | POL         | KB GYMNASION WARSZAWA       | 62         | K40/11                |                | (K)46 | 01:02:35      | 01:02:20       | 9.63   |
| 12              | 254       | TEICHERT MARIA                 | WARSZAWA            | POL         | KB GYMNASION WARSZAWA       | 64         | K40/12                |                | (K)48 | 01:04:07      | 01:03:49       | 9.40   |
| 13              | 96        | SZACHNA DOROTA                 | WARSZAWA            | POL         |                             | 68         | K40/13                |                | (K)54 | 01:09:37      | 01:09:06       | 8.68   |
| 14              | 106       | ROSLAN MAŁGORZATA              | WARSZAWA            | POL         |                             | 64         | K40/14                |                | (K)55 | 01:09:57      | 01:09:51       | 8.59   |
| 15              | 213       | WAWRZYŃCZYK-MALINOWSKA<br>ANIA | WARSZAWA            | POL         |                             | 67         | K40/15                |                | (K)57 | 01:11:02      | 01:10:37       | 8.50   |

III Bieg Marszałka  
**WYNIKI ZAWODÓW**

**K50**

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>  | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|--------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 1                       | 495               | GLINIEWICZ ALEKSANDRA           | WARSZAWA                    | POL                 | KB GYMNASION WARSZAWA    | 55                 | K50/1                         | (K)11                  |            | 00:51:04              | 00:50:51               | 11.80         |
| 2                       | 58                | HIRSZLER ELŻBIETA               | WARSZAWA                    | POL                 | KB POŚWIĘTNE             | 60                 | K50/2                         | (K)32                  |            | 00:58:23              | 00:58:08               | 10.32         |
| 3                       | 91                | KROCHMAL MAŁGORZATA             | WARSZAWA                    | POL                 | ORIENTUZ                 | 58                 | K50/3                         | (K)39                  |            | 00:59:46              | 00:59:21               | 10.11         |
| 4                       | 128               | DZIKI MARZENNA                  | WARSZAWA                    | POL                 | ALETEMPO                 | 53                 | K50/4                         | (K)46                  |            | 01:03:42              | 01:03:20               | 9.47          |
| 5                       | 491               | POLAK TERESA                    | WARSZAWA                    | POL                 | KB GYMNASION WARSZAWA    | 51                 | K50/5                         | (K)50                  |            | 01:06:08              | 01:05:51               | 9.11          |
| 6                       | 331               | STAWICKA JADWIGA                | KONSTANCIN-JEZIORNA         | POL                 | PARK ZDROJOWY KONSTANCIN | 52                 | K50/6                         | (K)51                  |            | 01:08:51              | 01:08:29               | 8.76          |

**III Bieg Marszałka**  
**WYNIKI ZAWODÓW**

**K60**

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| <i>Miejsce</i><br><i>Rank</i> | <i>Nr</i><br><i>Bib</i> | <i>Nazwisko i imię</i><br><i>Name</i> | <i>Miejscowość</i><br><i>City</i> | <i>Kraj</i><br><i>Nat</i> | <i>Drużyna</i><br><i>Team</i> | <i>R-k</i><br><i>YoB</i> | <i>W kategorii</i><br><i>in Age</i> | <i>Grupy</i><br><i>Group</i> | <i>Sex</i> | <i>Wynik</i><br><i>Time</i> | <i>Wynik</i><br><i>Netto</i> | <i>[km/h]</i> |
|-------------------------------|-------------------------|---------------------------------------|-----------------------------------|---------------------------|-------------------------------|--------------------------|-------------------------------------|------------------------------|------------|-----------------------------|------------------------------|---------------|
| 1                             | 13                      | ŻYWEK TERESA                          | WARSZAWA                          | POL                       | ABC KONDYCJA BIEGA            | 47                       | K60/1                               |                              | (K)33      | 00:58:42                    | 00:58:20                     | 10.29         |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### M16

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| <i>Miejsce</i><br><i>Rank</i> | <i>Nr</i><br><i>Bib</i> | <i>Nazwisko i imię</i><br><i>Name</i> | <i>Miejscowość</i><br><i>City</i> | <i>Kraj</i><br><i>Nat</i> | <i>Drużyna</i><br><i>Team</i>        | <i>R-k</i><br><i>YoB</i> | <i>W kategorii</i><br><i>in Age</i> | <i>Grupy</i><br><i>Group</i> | <i>Sex</i> | <i>Wynik</i><br><i>Time</i> | <i>Wynik</i><br><i>Netto</i> | <i>[km/h]</i> |
|-------------------------------|-------------------------|---------------------------------------|-----------------------------------|---------------------------|--------------------------------------|--------------------------|-------------------------------------|------------------------------|------------|-----------------------------|------------------------------|---------------|
| 1                             | 82                      | JĘDRUSIŃSKI DAMIAN                    | MIŃSK MAZOWIECKI                  | POL                       | NIEZRZESZONY                         | 91                       | M16/1                               | (M)7                         |            | 00:35:18                    | 00:35:15                     | 17.02         |
| 2                             | 524                     | NOWAK KRZYSZTOF                       | SULEJÓWEK                         | POL                       |                                      | 91                       | M16/2                               | (M)34                        |            | 00:41:12                    | 00:41:04                     | 14.61         |
| 3                             | 486                     | KOSIERADZKI ŁUKASZ                    | SIEDLCE                           | POL                       | KOŁO STRZELECTWA SPORTOWEGO EKONOMIK | 91                       | M16/3                               | (M)36                        |            | 00:41:26                    | 00:41:21                     | 14.51         |
|                               |                         |                                       |                                   |                           | SIEDLCE                              |                          |                                     |                              |            |                             |                              |               |
| 4                             | 429                     | LATUSZEK MICHAŁ                       | GARWOLIN                          | POL                       | TRUCHTACZ.PL                         | 94                       | M16/4                               | (M)39                        |            | 00:41:53                    | 00:41:53                     | 14.33         |
| 5                             | 187                     | KAPAON ŁAZARZ                         | LEGIONOWO                         | POL                       | NIEZRZESZONY                         | 92                       | M16/5                               | (M)89                        |            | 00:45:52                    | 00:45:37                     | 13.15         |
| 6                             | 497                     | WIECZOREK FILIP                       | MIŃSK MAZOWIECKI                  | POL                       | KB DREPTAK MIŃSK MAZOWIECKI          | 91                       | M16/6                               | (M)113                       |            | 00:47:40                    | 00:47:36                     | 12.61         |
| 7                             | 283                     | STREFLIK MATEUSZ                      | GRÓJEC                            | POL                       |                                      | 95                       | M16/7                               | (M)115                       |            | 00:47:50                    | 00:47:44                     | 12.57         |
| 8                             | 414                     | WIDOMSKI JAKUB                        | GÓRA KALWARIA                     | POL                       |                                      | 95                       | M16/8                               | (M)146                       |            | 00:50:16                    | 00:50:02                     | 11.99         |
| 9                             | 286                     | WÓJCICKI BARTŁOMIEJ                   | WÓLKA MIŃSKA                      | POL                       | NIEZRZESZONY                         | 91                       | M16/9                               | (M)187                       |            | 00:52:45                    | 00:52:18                     | 11.47         |
| 10                            | 149                     | KOBUS BŁAŻEJ                          | ŻYRARDÓW                          | POL                       |                                      | 92                       | M16/10                              | (M)260                       |            | 00:59:22                    | 00:58:59                     | 10.17         |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### M20

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                                 | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex    | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|-------------------------|---------------------|-------------|-------------------------------------------------|------------|-----------------------|----------------|--------|---------------|----------------|--------|
| 1               | 552       | BADUREK MACIEJ          | MIŃSK MAZOWIECKI    | POL         | KB DREPTAK MIŃSK MAZOWIECKI                     | 88         | M20/1                 |                | (M)1   | 00:32:57      | 00:32:55       | 18.23  |
| 2               | 485       | MŁYNARZ KAMIL           | ZBUCZYN             | POL         | REHMEDICA SIEDLCE                               | 90         | M20/2                 |                | (M)8   | 00:35:24      | 00:35:21       | 16.97  |
| 3               | 327       | LISAK KRZYSZTOF         | RADOM               | POL         | OTK RZEŹNIK / MONTRAIL CW-X                     | 83         | M20/3                 |                | (M)9   | 00:35:33      | 00:35:30       | 16.90  |
| 4               | 564       | ZAGAWA ŁUKASZ           | ŁOWICZ              | POL         | AZS - AWF WARSZAWA                              | 89         | M20/4                 |                | (M)14  | 00:36:56      | 00:36:53       | 16.27  |
| 5               | 314       | ARTYSZUK KAMIL          | WARSZAWA            | POL         | PUMA Z BIEGIEM MIAST                            | 84         | M20/5                 |                | (M)21  | 00:37:55      | 00:37:52       | 15.85  |
| 6               | 554       | GRZEGORCZUK PAWEŁ       | TERESPOL            | POL         |                                                 | 84         | M20/6                 |                | (M)23  | 00:38:44      | 00:38:40       | 15.52  |
| 7               | 53        | ROSZKOWSKI TOMASZ       | WARSZAWA            | POL         | ABC KONDYCJA LAS KABACKI                        | 86         | M20/7                 |                | (M)25  | 00:39:36      | 00:39:29       | 15.20  |
| 8               | 4         | MOŻDZONEK ANDRZEJ       | SIENNICA            | POL         | OSŻW MIŃSK MAZOWIECKI                           | 82         | M20/8                 | MUND/1         | (M)30  | 00:40:22      | 00:40:16       | 14.90  |
| 9               | 323       | KOWALIK PAWEŁ           | KOMARÓWKA PODLASKA  | POL         | KAMIKAZE SQUAD KOMARÓWKA PODLASKA               | 90         | M20/9                 |                | (M)55  | 00:43:32      | 00:43:27       | 13.81  |
| 10              | 75        | OKULUS PIOTR            | WARSZAWA            | POL         | LEGION                                          | 86         | M20/10                |                | (M)56  | 00:43:38      | 00:43:32       | 13.78  |
| 11              | 65        | MADETKO ŁUKASZ          | RASZYN              | POL         | KS RASZYN                                       | 85         | M20/11                |                | (M)59  | 00:43:57      | 00:43:49       | 13.69  |
| 12              | 487       | WYSOCKI RAFAŁ           | SIEDLCE             | POL         | KOŁO STRZELECTWA SPORTOWEGO EKONOMIK<br>SIEDLCE | 90         | M20/12                |                | (M)63  | 00:44:16      | 00:44:11       | 13.58  |
| 13              | 74        | STANISZ PIOTR           | WARSZAWA            | POL         | LEGION                                          | 86         | M20/13                |                | (M)72  | 00:44:49      | 00:44:43       | 13.42  |
| 14              | 424       | CHRAPEK WOJCIECH        | MIŃSK MAZOWIECKI    | POL         | OSŻW MIŃSK MAZOWIECKI                           | 85         | M20/14                | MUND/2         | (M)73  | 00:44:51      | 00:44:44       | 13.41  |
| 15              | 282       | ŻELAZKO ŁUKASZ          | BELSK DUŻY          | POL         |                                                 | 88         | M20/15                |                | (M)96  | 00:46:33      | 00:46:33       | 12.89  |
| 16              | 368       | KOWALSKI ADRIAN         | KAMPINOS            | POL         | KM AKTYWNI SOCHACZEW                            | 88         | M20/16                |                | (M)99  | 00:46:49      | 00:46:34       | 12.88  |
| 17              | 295       | HANS DANIEL             | WARSZAWA            | POL         |                                                 | 86         | M20/17                |                | (M)107 | 00:47:10      | 00:46:55       | 12.79  |
| 18              | 324       | PILECKI ADAM            | RADOMYŚL            | POL         | WAT                                             | 88         | M20/18                |                | (M)109 | 00:47:26      | 00:47:17       | 12.69  |
| 19              | 277       | LATUSZEK ZBIGNIEW       | UNIN                | POL         | TRUCHTACZ.PL                                    | 82         | M20/19                |                | (M)111 | 00:47:29      | 00:47:25       | 12.65  |
| 20              | 474       | KRASUSKI PIOTR          | SOCHACZEW           | POL         |                                                 | 88         | M20/20                |                | (M)119 | 00:48:11      | 00:47:58       | 12.51  |
| 21              | 271       | PARZYSEK RADEK          | ZABKI               | POL         |                                                 | 81         | M20/21                |                | (M)124 | 00:48:43      | 00:48:27       | 12.38  |
| 22              | 319       | RAKOWSKI SEBASTIAN      | SIEDLCE             | POL         |                                                 | 81         | M20/22                |                | (M)131 | 00:49:18      | 00:49:02       | 12.24  |
| 23              | 345       | DWORSKI MARCIN          | SULEJÓWEK           | POL         |                                                 | 81         | M20/23                |                | (M)141 | 00:49:47      | 00:49:28       | 12.13  |
| 24              | 54        | GONTAREK ADAM           | GŁOWACZÓW           | POL         | KB POŚWIĘTNE                                    | 85         | M20/24                |                | (M)152 | 00:50:39      | 00:50:28       | 11.89  |
| 25              | 50        | TRUSZKOWSKI EMIL        | WARSZAWA            | POL         |                                                 | 87         | M20/25                |                | (M)167 | 00:51:34      | 00:51:25       | 11.67  |
| 26              | 374       | PERZ MARCIN             | WARSZAWA            | POL         |                                                 | 82         | M20/26                |                | (M)183 | 00:52:34      | 00:52:20       | 11.46  |
| 27              | 532       | ROSIK PIOTR             | SULEJÓWEK           | POL         |                                                 | 83         | M20/27                |                | (M)190 | 00:52:57      | 00:52:34       | 11.41  |
| 28              | 207       | BAKOWSKI PIOTR          | SULEJÓWEK           | POL         | NO CLUB                                         | 81         | M20/28                |                | (M)200 | 00:53:37      | 00:53:18       | 11.26  |
| 29              | 240       | LUTOSTAŃSKI ROBERT      | WARSZAWA            | POL         | JARTOM TEAM                                     | 81         | M20/29                |                | (M)203 | 00:53:55      | 00:53:37       | 11.19  |
| 30              | 310       | SIEKIERSKI BARNABA      | WARSZAWA            | POL         |                                                 | 85         | M20/30                |                | (M)205 | 00:54:00      | 00:53:39       | 11.18  |
| 31              | 339       | KAMONT RAFAŁ            | WARSZAWA            | POL         |                                                 | 81         | M20/31                |                | (M)212 | 00:54:40      | 00:54:19       | 11.05  |
| 32              | 20        | FINKE GRZEGORZ          | WARSZAWA            | POL         |                                                 | 84         | M20/32                |                | (M)214 | 00:55:03      | 00:54:45       | 10.96  |
| 33              | 224       | KOŁAKOWSKI MICHAŁ       | WARSZAWA            | POL         |                                                 | 82         | M20/33                |                | (M)216 | 00:55:08      | 00:54:35       | 10.99  |
| 34              | 150       | MARCINIEWICZ MARCIN     | ZAMOŚĆ              | POL         | NIEZRZESZONY                                    | 84         | M20/34                |                | (M)222 | 00:55:36      | 00:55:22       | 10.84  |
| 35              | 231       | MICHAŁSKI ROBERT        | WOŁOMIN             | POL         |                                                 | 82         | M20/35                |                | (M)244 | 00:57:32      | 00:56:56       | 10.54  |
| 36              | 208       | SZTOMBER PIOTR          | WARSZAWA            | POL         |                                                 | 85         | M20/36                |                | (M)247 | 00:57:43      | 00:57:28       | 10.44  |
| 37              | 201       | PAC BARTOSZ             | WARSZAWA            | POL         |                                                 | 81         | M20/37                |                | (M)263 | 01:00:07      | 01:00:00       | 10.00  |
| 38              | 148       | FROM PRZEMEK            | WYSZKÓW             | POL         |                                                 | 85         | M20/38                |                | (M)267 | 01:00:30      | 01:00:22       | 9.94   |
| 39              | 457       | BILGORAJSKI SŁAWOMIR    | KRASNIK             | POL         | OSŻW MIŃSK MAZOWIECKI                           | 86         | M20/39                | MUND/14        | (M)268 | 01:00:32      | 01:00:25       | 9.93   |
| 40              | 227       | BRZOZOWSKI TOMASZ       | SULEJÓWEK           | POL         |                                                 | 83         | M20/40                |                | (M)270 | 01:00:51      | 01:00:18       | 9.95   |
| 41              | 460       | PRAWDA MICHAŁ           | KOZIENICE           | POL         |                                                 | 84         | M20/41                |                | (M)284 | 01:02:08      | 01:01:54       | 9.69   |
| 42              | 467       | NIEDZIÓŁKA WOJCIECH     | SIEDLCE             | POL         | KP HALINÓW                                      | 83         | M20/42                | MUND/17        | (M)294 | 01:03:37      | 01:03:30       | 9.45   |
| 43              | 223       | BUDZYŃSKI KRZYSZTOF     | WARSZAWA            | POL         |                                                 | 85         | M20/43                |                | (M)307 | 01:05:58      | 01:05:43       | 9.13   |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### M30

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>           | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-----------------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 1                       | 2                 | CELIŃSKI ROBERT                 | TRZEBIESZÓW                 | POL                 | AZS - AWF WARSZAWA                | 73                 | M30/1                         | (M)2                   |            | 00:33:15              | 00:33:15               | 18.05         |
| 2                       | 530               | BORYS ANDRZEJ                   | KOVEL                       | UKR                 | KOVEL                             | 80                 | M30/2                         | (M)3                   |            | 00:33:25              | 00:33:25               | 17.96         |
| 3                       | 8                 | SIERADZKI RAFAŁ                 | WARSZAWA                    | POL                 | K.S.PIĘTKA KATOWICE               | 77                 | M30/3                         | (M)4                   |            | 00:34:13              | 00:34:13               | 17.54         |
| 4                       | 176               | KUŚMIERZ SYLWESTER              | TOMASZÓW LUBELSKI           | POL                 | BYLEDOBIEC ANIN                   | 78                 | M30/4                         | (M)5                   |            | 00:34:26              | 00:34:26               | 17.42         |
| 5                       | 284               | LISIEWICZ MICHAŁ                | WARSZAWA                    | POL                 | AZS - AWF WARSZAWA                | 74                 | M30/5                         | (M)6                   |            | 00:35:17              | 00:35:15               | 17.02         |
| 6                       | 337               | KRZYŻANOWSKI KAROL              | RAJGRÓD                     | POL                 | MARATONKA GRAJEWO                 | 72                 | M30/6                         | (M)10                  |            | 00:35:40              | 00:35:40               | 16.82         |
| 7                       | 492               | POLAK SEBASTIAN                 | WARSZAWA                    | POL                 | KB GYMNASION WARSZAWA             | 80                 | M30/7                         | (M)12                  |            | 00:36:37              | 00:36:37               | 16.39         |
| 8                       | 212               | WIŚNIEWSKI ROBERT               | MAŁA WIEŚ                   | POL                 | NIEZRZESZONY                      | 76                 | M30/8                         | (M)15                  |            | 00:37:25              | 00:37:25               | 16.04         |
| 9                       | 168               | LENCZOWSKI JAN                  | SULEJÓWEK                   | POL                 | LENCZOWSKI.PL                     | 76                 | M30/9                         | (M)16                  |            | 00:37:29              | 00:37:26               | 16.03         |
| 10                      | 538               | WESOŁOWSKI IRENEUSZ             | WARSZAWA                    | POL                 | AZS - AWF WARSZAWA                | 74                 | M30/10                        | (M)20                  |            | 00:37:48              | 00:37:46               | 15.89         |
| 11                      | 130               | PAJDOSZ RAFAŁ                   | BIAŁA PODLASKA              | POL                 |                                   | 77                 | M30/11                        | (M)26                  |            | 00:39:45              | 00:39:40               | 15.13         |
| 12                      | 285               | BRYŁA KRZYSZTOF                 | WARSZAWA                    | POL                 |                                   | 79                 | M30/12                        | (M)27                  |            | 00:39:52              | 00:39:49               | 15.07         |
| 13                      | 100               | POLASKI DARIUSZ                 | RADZYMIN                    | POL                 | KB-REBUS                          | 75                 | M30/13                        | (M)33                  |            | 00:41:09              | 00:41:04               | 14.61         |
| 14                      | 24                | BŁASZCZYK CEZARY                | WARSZAWA                    | POL                 | KB HOLMES PLACE                   | 71                 | M30/14                        | (M)35                  |            | 00:41:15              | 00:41:11               | 14.57         |
| 15                      | 169               | IGNATOWICZ ANDRZEJ              | WARSZAWA                    | POL                 | NIELSEN                           | 74                 | M30/15                        | (M)37                  |            | 00:41:38              | 00:41:35               | 14.43         |
| 16                      | 270               | SUCHOCKI MICHAŁ                 | WARSZAWA                    | POL                 |                                   | 76                 | M30/16                        | (M)40                  |            | 00:42:18              | 00:42:15               | 14.20         |
| 17                      | 540               | ŚWIDERSKI SŁAWOMIR              | OKUNIEW                     | POL                 | BEMOWIA                           | 72                 | M30/17                        | (M)41                  |            | 00:42:26              | 00:42:22               | 14.16         |
| 18                      | 21                | PSZCZÓŁKOWSKI ARTUR             | WARSZAWA                    | POL                 | MARATONYPOLSKIE.PL TEAM           | 74                 | M30/18                        | (M)46                  |            | 00:42:50              | 00:42:44               | 14.04         |
| 19                      | 84                | DĄBROWSKI ROBERT                | WARSZAWA                    | POL                 |                                   | 71                 | M30/19                        | (M)48                  |            | 00:42:53              | 00:42:49               | 14.01         |
| 20                      | 477               | ZAWISTOWSKI ARTUR               | WARSZAWA                    | POL                 | WARSZAWIAKY                       | 76                 | M30/20                        | (M)50                  |            | 00:42:55              | 00:42:50               | 14.01         |
| 21                      | 11                | GRUNWALD WOJCIECH               | WARSZAWA                    | POL                 | HP RUN                            | 73                 | M30/21                        | (M)53                  |            | 00:43:14              | 00:43:09               | 13.90         |
| 22                      | 125               | KUŻMA ROBERT                    | BIALYSTOK                   | POL                 |                                   | 76                 | M30/22                        | (M)54                  |            | 00:43:24              | 00:43:18               | 13.86         |
| 23                      | 209               | DAJCZER RAFAŁ                   | WARSZAWA                    | POL                 |                                   | 77                 | M30/23                        | (M)57                  |            | 00:43:41              | 00:43:38               | 13.75         |
| 24                      | 104               | DĄBROWSKI MARIUSZ               | WOŁOMIN                     | POL                 | KB-REBUS                          | 77                 | M30/24                        | (M)66                  |            | 00:44:22              | 00:44:12               | 13.57         |
| 25                      | 178               | LIS MICHAŁ                      | SULEJÓWEK                   | POL                 | ALETEMPO                          | 79                 | M30/25                        | (M)70                  |            | 00:44:39              | 00:44:32               | 13.47         |
| 26                      | 155               | BELKA GRZEGORZ                  | JÓZEFÓW                     | POL                 | NIEZRZESZONY                      | 78                 | M30/26                        | (M)71                  |            | 00:44:47              | 00:44:35               | 13.46         |
| 27                      | 459               | SZCZEPANKIEWICZ MICHAŁ          | WARSZAWA                    | POL                 | NIELSEN                           | 75                 | M30/27                        | (M)74                  |            | 00:44:52              | 00:44:42               | 13.42         |
| 28                      | 97                | MARIAŃSKI NORBERT               | KARCZEW                     | POL                 | NIEZRZESZONY                      | 75                 | M30/28                        | (M)75                  |            | 00:44:56              | 00:44:46               | 13.40         |
| 29                      | 118               | MUSZYŃSKI DARIUSZ               | MIĘDZYRZEC PODLASKI         | POL                 |                                   | 79                 | M30/29                        | (M)76                  |            | 00:44:57              | 00:44:49               | 13.39         |
| 30                      | 239               | BIELECKI MICHAŁ                 | WARSZAWA                    | POL                 | JARTOM TEAM                       | 75                 | M30/30                        | (M)79                  |            | 00:45:15              | 00:44:57               | 13.35         |
| 31                      | 499               | DOMIAN SŁAWOMIR                 | OSTROŁĘKA                   | POL                 | AG BEZ LIMITU OSTROŁĘKA I OKOLICE | 72                 | M30/31                        | (M)80                  |            | 00:45:17              | 00:45:01               | 13.33         |
| 32                      | 189               | ŚWIERSZCZ CEZARY                | WARSZAWA                    | POL                 |                                   | 72                 | M30/32                        | (M)81                  |            | 00:45:20              | 00:44:53               | 13.37         |
| 33                      | 174               | PISARSKI ŁUKASZ                 | WARSZAWA                    | POL                 | NIEZRZESZONY                      | 71                 | M30/33                        | (M)84                  |            | 00:45:33              | 00:45:26               | 13.21         |
| 34                      | 46                | MIODUSZEWSKI MARIUSZ            | WARSZAWA                    | POL                 | 10 WPSAM WARSZAWA                 | 75                 | M30/34                        | MUND/3 (M)85           |            | 00:45:39              | 00:45:31               | 13.18         |
| 35                      | 356               | WOŹNIAK RYSZARD                 | BORZYCHY                    | POL                 | MARATONYPOLSKIE.PL TEAM           | 71                 | M30/35                        | (M)87                  |            | 00:45:49              | 00:45:37               | 13.15         |
| 36                      | 143               | WIŚNIESKI PIOTR                 | BŁONIE                      | POL                 | RUMAKI                            | 73                 | M30/36                        | (M)89                  |            | 00:45:57              | 00:45:43               | 13.12         |
| 37                      | 370               | MAZAN PRZEMYSŁAW                | WARSZAWA                    | POL                 | VEGE RUNNERS                      | 75                 | M30/37                        | (M)91                  |            | 00:46:03              | 00:45:57               | 13.06         |
| 38                      | 464               | GRZĘDA TOMASZ                   | SZYDŁOWIEC                  | POL                 |                                   | 78                 | M30/38                        | (M)94                  |            | 00:46:22              | 00:46:18               | 12.96         |
| 39                      | 511               | SZANIAWSKI WOJCIECH             | WARSZAWA                    | POL                 |                                   | 73                 | M30/39                        | (M)95                  |            | 00:46:24              | 00:46:18               | 12.96         |
| 40                      | 537               | KARCZ JACEK                     | SULEJÓWEK MIŁOSNA           | POL                 |                                   | 73                 | M30/40                        | (M)100                 |            | 00:46:50              | 00:46:40               | 12.86         |
| 41                      | 472               | ZAKRZEWSKI PATRYK               | WARSZAWA                    | POL                 | DOMINIKANIE                       | 78                 | M30/41                        | (M)102                 |            | 00:46:54              | 00:46:46               | 12.83         |
| 42                      | 45                | GÓRSKI MARCIN                   | WARSZAWA                    | POL                 |                                   | 80                 | M30/42                        | (M)103                 |            | 00:47:04              | 00:46:54               | 12.79         |
| 43                      | 110               | LUDKOWSKI MARIUSZ               | MIŃSK MAZOWIECKI            | POL                 | KB DREPTAK MIŃSK MAZOWIECKI       | 74                 | M30/43                        | (M)104                 |            | 00:47:10              | 00:47:02               | 12.76         |
| 44                      | 362               | SZYMANOWSKI TOMASZ              | SULEJÓWEK                   | POL                 | NIEZRZESZONY                      | 72                 | M30/44                        | (M)108                 |            | 00:47:16              | 00:46:49               | 12.82         |
| 45                      | 77                | PAWLICKI TOMASZ                 | WARSZAWA                    | POL                 | SASKA KĘPA                        | 80                 | M30/45                        | (M)117                 |            | 00:48:06              | 00:47:53               | 12.53         |
| 46                      | 450               | MAZUREK RYSZARD                 | TŁUSZCZ                     | POL                 |                                   | 74                 | M30/46                        | (M)118                 |            | 00:48:10              | 00:47:49               | 12.55         |
| 47                      | 167               | SZPANOWSKI MACIEJ               | WARSZAWA                    | POL                 |                                   | 74                 | M30/47                        | (M)122                 |            | 00:48:27              | 00:48:10               | 12.46         |
| 48                      | 272               | MALISZEWSKI JACEK               | WARSZAWA                    | POL                 | DRUŻYNA SZPIKU                    | 74                 | M30/48                        | (M)123                 |            | 00:48:34              | 00:48:19               | 12.42         |

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>   | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|---------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 49                      | 321               | WRÓBEL MAREK                    | WARSZAWA-WESOLA             | POL                 |                           | 72                 | M30/49                        |                        | (M)125     | 00:48:57              | 00:48:48               | 12.30         |
| 50                      | 22                | LEWANDOWSKI PAWEŁ               | WARSZAWA                    | POL                 | KB GYMNASION              | 80                 | M30/50                        |                        | (M)128     | 00:49:07              | 00:48:55               | 12.27         |
| 51                      | 51                | KOWALSKI TOMASZ                 | RĘBKÓW                      | POL                 | TRUCHTACZ.PL              | 74                 | M30/51                        |                        | (M)129     | 00:49:12              | 00:49:07               | 12.22         |
| 52                      | 351               | ŁUCZYK JANUSZ                   | POŚWIĘTNE                   | POL                 |                           | 79                 | M30/52                        |                        | (M)132     | 00:49:26              | 00:49:04               | 12.23         |
| 53                      | 344               | KORZEMPA KRZYSZTOF              | SULEJÓWEK                   | POL                 |                           | 76                 | M30/53                        |                        | (M)133     | 00:49:27              | 00:49:20               | 12.16         |
| 54                      | 258               | ŻURAWSKI PAWEŁ                  | NOWY GLINNIK                | POL                 |                           | 78                 | M30/54                        |                        | (M)134     | 00:49:30              | 00:49:24               | 12.15         |
| 55                      | 311               | KOŁODZIEJEK MAREK               | WARSZAWA                    | POL                 |                           | 71                 | M30/55                        |                        | (M)136     | 00:49:31              | 00:49:17               | 12.17         |
| 56                      | 335               | KORZONKOWSKI TOMASZ             | WARSZAWA                    | POL                 | ENTRE.PL TEAM             | 76                 | M30/56                        |                        | (M)137     | 00:49:31              | 00:49:25               | 12.14         |
| 57                      | 250               | OSTROWSKI DARIUSZ               | WARSZAWA                    | POL                 |                           | 77                 | M30/57                        |                        | (M)139     | 00:49:39              | 00:49:30               | 12.12         |
| 58                      | 512               | PIĄTKOWSKI PIOTR                | WARSZAWA                    | POL                 |                           | 73                 | M30/58                        |                        | (M)142     | 00:49:53              | 00:49:46               | 12.06         |
| 59                      | 63                | KORKOSZ ANDRZEJ                 | WARSZAWA                    | POL                 | GROTY TEAM                | 77                 | M30/59                        |                        | (M)146     | 00:50:26              | 00:50:19               | 11.92         |
| 60                      | 417               | TUDEK MARIUSZ                   | GÓRA KALWARIA               | POL                 | MAM WYROZUMIAŁĄ ŻONĘ      | 72                 | M30/60                        |                        | (M)150     | 00:50:37              | 00:50:23               | 11.91         |
| 61                      | 122               | CZAJA DANIEL                    | WARSZAWA                    | POL                 |                           | 75                 | M30/61                        |                        | (M)151     | 00:50:37              | 00:50:06               | 11.98         |
| 62                      | 25                | BIELEC ARTUR                    | WARSZAWA                    | POL                 |                           | 73                 | M30/62                        |                        | (M)153     | 00:50:46              | 00:50:38               | 11.85         |
| 63                      | 471               | CYMERSEKI JAROSŁAW              | SULEJÓWEK                   | POL                 | BOR                       | 71                 | M30/63                        |                        | (M)155     | 00:50:51              | 00:50:41               | 11.84         |
| 64                      | 146               | BARSZCZEWSKI PAWEŁ              | WARSZAWA                    | POL                 | WITAR TARNOBRZEG          | 73                 | M30/64                        |                        | (M)156     | 00:50:54              | 00:50:47               | 11.81         |
| 65                      | 101               | PULKOWNIK MARCIN                | PIASECZNO                   | POL                 | KB-REBUS                  | 77                 | M30/65                        |                        | (M)158     | 00:51:01              | 00:50:48               | 11.81         |
| 66                      | 162               | LUBIENIECKI ARTUR               | MIŃSK MAZOWIECKI            | POL                 |                           | 78                 | M30/66                        |                        | (M)164     | 00:51:28              | 00:51:00               | 11.76         |
| 67                      | 563               | SUSKI MIROSŁAW                  | ZĄBKI                       | POL                 |                           | 72                 | M30/67                        |                        | (M)166     | 00:51:34              | 00:51:24               | 11.67         |
| 68                      | 251               | LINKIEWICZ TOMASZ               | HIPOLITÓW                   | POL                 |                           | 71                 | M30/68                        |                        | (M)169     | 00:51:42              | 00:51:31               | 11.65         |
| 69                      | 468               | ADAMCZYK MAREK                  | JAKTORÓW                    | POL                 |                           | 73                 | M30/69                        |                        | (M)171     | 00:51:50              | 00:51:34               | 11.64         |
| 70                      | 98                | DULNIK MARCIN                   | WARSZAWA                    | POL                 | ERICSSON TEAM             | 80                 | M30/70                        |                        | (M)176     | 00:52:03              | 00:51:56               | 11.55         |
| 71                      | 188               | LEWANDOWSKI PIOTR               | WARSZAWA                    | POL                 |                           | 74                 | M30/71                        |                        | (M)179     | 00:52:18              | 00:52:04               | 11.52         |
| 72                      | 449               | DYMIŃSKI MARCIN                 | ZĄBKI                       | POL                 |                           | 79                 | M30/72                        |                        | (M)180     | 00:52:19              | 00:52:00               | 11.54         |
| 73                      | 325               | MIGDAŁ RADOSŁAW                 | WARSZAWA                    | POL                 |                           | 76                 | M30/73                        |                        | (M)184     | 00:52:39              | 00:52:18               | 11.47         |
| 74                      | 32                | BURZA PIOTR                     | DĘBLIN                      | POL                 | NIEZRZESZONY              | 75                 | M30/74                        |                        | (M)188     | 00:52:50              | 00:52:29               | 11.43         |
| 75                      | 64                | NOWAKOWSKI PAWEŁ                | WARSZAWA                    | POL                 |                           | 78                 | M30/75                        |                        | (M)191     | 00:53:00              | 00:52:48               | 11.36         |
| 76                      | 108               | DOBROWOLSKI ARTUR               | WARSZAWA                    | POL                 |                           | 74                 | M30/76                        |                        | (M)193     | 00:53:03              | 00:52:44               | 11.38         |
| 77                      | 539               | PIELAT MARIUSZ                  | LESZNO                      | POL                 | STRAŻ MIEJSKA             | 79                 | M30/77                        | MUND/5                 | (M)195     | 00:53:07              | 00:52:52               | 11.35         |
| 78                      | 238               | SYMONOWICZ JACEK                | WARSZAWA                    | POL                 | JARTOM TEAM               | 71                 | M30/78                        |                        | (M)204     | 00:53:55              | 00:53:37               | 11.19         |
| 79                      | 35                | ZWOŁIŃSKI MARIUSZ               | WARSZAWA                    | POL                 |                           | 79                 | M30/79                        |                        | (M)206     | 00:54:03              | 00:53:37               | 11.19         |
| 80                      | 133               | BELC PIOTR                      | WARSZAWA                    | POL                 | INDYWIDUALNIE             | 77                 | M30/80                        |                        | (M)208     | 00:54:10              | 00:53:48               | 11.15         |
| 81                      | 301               | KURIATA MARCIN                  | WARSZAWA                    | POL                 |                           | 75                 | M30/81                        |                        | (M)209     | 00:54:19              | 00:53:58               | 11.12         |
| 82                      | 361               | BANACH KRZYSZTOF                | LUBLIN                      | POL                 |                           | 72                 | M30/82                        | MUND/7                 | (M)211     | 00:54:34              | 00:54:28               | 11.02         |
| 83                      | 154               | SZPANOWSKI PIOTR                | OŻARÓW MAZOWIECKI           | POL                 |                           | 73                 | M30/83                        |                        | (M)215     | 00:55:07              | 00:54:51               | 10.94         |
| 84                      | 199               | JALKIEWICZ JULIUSZ              | WARSZAWA                    | POL                 |                           | 77                 | M30/84                        |                        | (M)217     | 00:55:14              | 00:55:01               | 10.91         |
| 85                      | 36                | RUPIEWICZ JAROSŁAW              | WARSZAWA                    | POL                 | KB CASTELLANUS            | 80                 | M30/85                        |                        | (M)225     | 00:55:58              | 00:55:49               | 10.75         |
| 86                      | 236               | KRZYŻEWSKI TOMASZ               | WARSZAWA                    | POL                 | JARTOM TEAM               | 75                 | M30/86                        |                        | (M)228     | 00:56:13              | 00:55:55               | 10.73         |
| 87                      | 346               | WYSOCKI SERGIUSZ                | WIĄZOWNA                    | POL                 | AZYMUT MAZOWSZE           | 80                 | M30/87                        |                        | (M)230     | 00:56:17              | 00:56:03               | 10.70         |
| 88                      | 164               | GRALA AREK                      | WARSZAWA                    | POL                 | GROTY TEAM                | 77                 | M30/88                        |                        | (M)231     | 00:56:17              | 00:56:11               | 10.68         |
| 89                      | 62                | ZARZYCKI RADOSŁAW               | WARSZAWA                    | POL                 | GROTY TEAM                | 77                 | M30/89                        |                        | (M)232     | 00:56:28              | 00:56:21               | 10.65         |
| 90                      | 119               | WRÓBLEWSKI PIOTR                | WARSZAWA                    | POL                 |                           | 73                 | M30/90                        |                        | (M)233     | 00:56:38              | 00:56:27               | 10.63         |
| 91                      | 513               | KONOWROCKI KAMIL                | SULEJOWEK                   | POL                 |                           | 80                 | M30/91                        |                        | (M)236     | 00:56:51              | 00:56:42               | 10.58         |
| 92                      | 14                | SZCZEŚNIAK PRZEMYSŁAW           | MIŃSK MAZOWIECKI            | POL                 | OSZŃW MIŃSK MAZOWIECKI    | 76                 | M30/92                        | MUND/11                | (M)237     | 00:57:05              | 00:56:59               | 10.53         |
| 93                      | 90                | KORCZAK MICHAŁ                  | WARSZAWA                    | POL                 |                           | 79                 | M30/93                        |                        | (M)238     | 00:57:14              | 00:56:45               | 10.57         |
| 94                      | 134               | SZYMAŃSKI PRZEMYSŁAW            | WARSZAWA                    | POL                 | INDYWIDUALNIE             | 78                 | M30/94                        |                        | (M)241     | 00:57:24              | 00:57:04               | 10.51         |
| 95                      | 87                | FRASUNKIEWICZ ROBERT            | WOŁOMIN                     | POL                 |                           | 71                 | M30/95                        |                        | (M)246     | 00:57:41              | 00:57:13               | 10.49         |
| 96                      | 504               | ŚMIGIERA ADAM                   | KANIE                       | POL                 | GRUBASY.PL                | 73                 | M30/96                        |                        | (M)248     | 00:57:48              | 00:57:25               | 10.45         |
| 97                      | 441               | RECHNIO HUBERT                  | WARSZAWA                    | POL                 |                           | 80                 | M30/97                        |                        | (M)249     | 00:57:50              | 00:57:36               | 10.42         |
| 98                      | 265               | MACHOŃ PAWEŁ                    | WARSZAWA                    | POL                 | STRAŻ MIEJSKA WARSZAWA    | 75                 | M30/98                        | MUND/12                | (M)252     | 00:58:21              | 00:58:11               | 10.31         |
| 99                      | 89                | PUZYNOWSKI JAROSŁAW             | WARSZAWA                    | POL                 | NIEZRZESZONY              | 79                 | M30/99                        |                        | (M)254     | 00:58:27              | 00:57:57               | 10.35         |
| 100                     | 556               | KOZIOŁ MARIUSZ                  | WARSZAWA-WESOLA             | POL                 | AKADEMIA OBRONY NARODOWEJ | 72                 | M30/100                       |                        | (M)255     | 00:58:32              | 00:58:11               | 10.31         |
| 101                     | 30                | WIŚNIEWSKI MAREK                | WARSZAWA                    | POL                 | NIEZRZESZONY              | 71                 | M30/101                       |                        | (M)258     | 00:58:56              | 00:58:38               | 10.23         |
| 102                     | 103               | ZGLIŃSKI PIOTR                  | SULEJÓWEK                   | POL                 | KB-REBUS                  | 74                 | M30/102                       |                        | (M)261     | 00:59:49              | 00:59:36               | 10.07         |
| 103                     | 163               | STOKOWSKI MARIUSZ               | WARSZAWA                    | POL                 |                           | 74                 | M30/103                       |                        | (M)266     | 01:00:27              | 01:00:05               | 9.99          |
| 104                     | 221               | KONDEJ RAFAŁ                    | WARSZAWA                    | POL                 | KB TWG                    | 75                 | M30/104                       |                        | (M)269     | 01:00:35              | 01:00:13               | 9.96          |
| 105                     | 52                | ZBICIAK PIOTR                   | WARSZAWA                    | POL                 |                           | 79                 | M30/105                       |                        | (M)272     | 01:01:00              | 01:00:33               | 9.91          |
| 106                     | 232               | SIENKIEWICZ DARIUSZ             | WARSZAWA                    | POL                 | KB-REBUS                  | 71                 | M30/106                       |                        | (M)274     | 01:01:07              | 01:00:47               | 9.87          |
| 107                     | 234               | CZUPTA HIERONIM                 | WARSZAWA                    | POL                 | WARSZAWSKA MASA KRYTYCZNA | 74                 | M30/107                       |                        | (M)275     | 01:01:12              | 01:01:01               | 9.83          |

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i> | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 108                     | 61                | KWIATKOWSKI ANDRZEJ             | WARSZAWA                    | POL                 | 10 WPSAM WARSZAWA       | 78                 | M30/108                       | MUND/16                | (M)281     | 01:01:54              | 01:01:40               | 9.73          |
| 109                     | 181               | WALEWSKI MARCIN                 | WARSZAWA                    | POL                 |                         | 71                 | M30/109                       |                        | (M)289     | 01:03:17              | 01:03:00               | 9.52          |
| 110                     | 419               | LIS SYLWESTER                   | WARSZAWA                    | POL                 |                         | 71                 | M30/110                       |                        | (M)291     | 01:03:22              | 01:03:05               | 9.51          |
| 111                     | 366               | ŻUCZKOWSKI ŁUKASZ               | WARSZAWA                    | POL                 |                         | 77                 | M30/111                       |                        | (M)298     | 01:04:06              | 01:03:42               | 9.42          |
| 112                     | 151               | WOLIŃSKI RAFAŁ                  | PRUSZKÓW                    | POL                 |                         | 73                 | M30/112                       |                        | (M)299     | 01:04:06              | 01:03:46               | 9.41          |
| 113                     | 216               | OLCZAK GRZEGORZ                 | WARSZAWA                    | POL                 |                         | 73                 | M30/113                       |                        | (M)301     | 01:04:23              | 01:04:12               | 9.35          |
| 114                     | 425               | GÓRALSKI MAREK                  | WARSZAWA                    | POL                 | REMBERTÓW               | 72                 | M30/114                       |                        | (M)303     | 01:05:04              | 01:04:52               | 9.25          |
| 115                     | 171               | TORZEWSKI JANUSZ                | WARSZAWA                    | POL                 |                         | 73                 | M30/115                       |                        | (M)314     | 01:08:58              | 01:08:33               | 8.75          |
| 116                     | 72                | GADOMSKI ROBERT                 | WARSZAWA                    | POL                 |                         | 72                 | M30/116                       |                        | (M)318     | 01:12:21              | 01:11:52               | 8.35          |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### M40

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team             | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------------------|------------|-----------------------|----------------|-----|---------------|----------------|--------|
| 1               | 27        | RUDNIK MACIEJ           | WARSZAWA            | POL         | WARSZAWIAKY                 | 70         | M40/1                 | (M)11          |     | 00:36:13      | 00:36:11       | 16.58  |
| 2               | 205       | BŁASZCZAK ANDRZEJ       | KOŚCIELISKO         | POL         | PUMA Z BIEGIEM MIAST        | 61         | M40/2                 | (M)13          |     | 00:36:47      | 00:36:44       | 16.33  |
| 3               | 39        | KRÓL DARIUSZ            | WOŁOMIN             | POL         | AKTYWNY RELAKS WOŁOMIN      | 64         | M40/3                 | (M)18          |     | 00:37:41      | 00:37:37       | 15.95  |
| 4               | 93        | LEŚNIAK ADAM            | HALINÓW             | POL         | BYLEDOBIEC ANIN             | 65         | M40/4                 | (M)22          |     | 00:38:12      | 00:38:09       | 15.73  |
| 5               | 202       | KOŁODZIEJEK PIOTR       | WARSZAWA            | POL         | PUMA Z BIEGIEM MIAST        | 70         | M40/5                 | (M)24          |     | 00:39:21      | 00:39:18       | 15.27  |
| 6               | 336       | DRĘŻEK KRZYSZTOF        | GRAJEWO             | POL         | MARATONKA GRAJEWO           | 65         | M40/6                 | (M)28          |     | 00:40:07      | 00:40:03       | 14.98  |
| 7               | 161       | MATUSZAK JACEK          | WARSZAWA            | POL         | BYLEDOBIEC ANIN             | 66         | M40/7                 | (M)29          |     | 00:40:16      | 00:40:12       | 14.93  |
| 8               | 357       | MICHALAK KRZYSZTOF      | STANISŁAWÓW         | POL         | KB DREPTAK MIŃSK MAZOWIECKI | 67         | M40/8                 | (M)31          |     | 00:40:53      | 00:40:50       | 14.69  |
| 9               | 218       | KOŁODZIEJSKI MIECZYSLAW | WARSZAWA            | POL         | NIEZRZESZONY                | 68         | M40/9                 | (M)32          |     | 00:40:57      | 00:40:53       | 14.68  |
| 10              | 139       | SIERHEJ JANUSZ          | STANISŁAWÓW         | POL         | UPLKS STANISŁAWÓW           | 70         | M40/10                | (M)38          |     | 00:41:40      | 00:41:35       | 14.43  |
| 11              | 312       | BEKISZ ANDRZEJ          | WARSZAWA            | POL         | GSK BREATHE RIGHT           | 70         | M40/11                | (M)39          |     | 00:42:11      | 00:42:07       | 14.25  |
| 12              | 529       | BESSER PIOTR            | WARSZAWA            | POL         | PKP KONOPKI                 | 70         | M40/12                | (M)42          |     | 00:42:28      | 00:42:24       | 14.15  |
| 13              | 173       | POPOWSKI JAROSŁAW       | WARSZAWA            | POL         | UNTS WARSZAWA               | 69         | M40/13                | (M)44          |     | 00:42:44      | 00:42:35       | 14.09  |
| 14              | 551       | OLBRYŚ STANISŁAW ADAM   | NASIELSK            | POL         | K.B.PIMAR LEGIONOWO         | 67         | M40/14                | (M)45          |     | 00:42:46      | 00:42:41       | 14.06  |
| 15              | 338       | SKALSKI PIOTR           | GRODZISKMA ZOWIEC   | POL         |                             | 67         | M40/15                | (M)47          |     | 00:42:51      | 00:42:48       | 14.02  |
| 16              | 261       | CZUBAK TOMASZ           | ŁOWICZ              | POL         |                             | 69         | M40/16                | (M)49          |     | 00:42:54      | 00:42:46       | 14.03  |
| 17              | 527       | RAJKOWSKI KRZYSZTOF     | PRUSZKÓW            | POL         | KB PRUSZKÓW                 | 65         | M40/17                | (M)51          |     | 00:43:08      | 00:43:02       | 13.94  |
| 18              | 303       | NOJSZEWSKI KAZIMIERZ    | NOWA IWICZNA        | POL         |                             | 68         | M40/18                | (M)52          |     | 00:43:13      | 00:43:08       | 13.91  |
| 19              | 19        | ŚWIERCZ JACEK           | WARSZAWA            | POL         | BYLEDOBIEC ANIN             | 69         | M40/19                | (M)58          |     | 00:43:43      | 00:43:38       | 13.75  |
| 20              | 427       | LATUSZEK JAROSŁAW       | GARWOLIN            | POL         | TRUCHTACZ.PL                | 70         | M40/20                | (M)62          |     | 00:44:14      | 00:44:10       | 13.58  |
| 21              | 34        | HORAŻY PAWEŁ            | JANÓWEK PIERWSZY    | POL         |                             | 64         | M40/21                | (M)65          |     | 00:44:21      | 00:44:17       | 13.55  |
| 22              | 3         | ŚLIWA ARKADIUSZ         | SULEJÓWEK           | POL         |                             | 67         | M40/22                | (M)77          |     | 00:45:01      | 00:44:53       | 13.37  |
| 23              | 420       | WYPYCH RADOSŁAW         | WARSZAWA            | POL         | ART PROFI                   | 69         | M40/23                | (M)78          |     | 00:45:10      | 00:45:07       | 13.30  |
| 24              | 127       | NOWAK MACIEJ            | SULEJÓWEK           | POL         |                             | 65         | M40/24                | (M)82          |     | 00:45:27      | 00:45:12       | 13.27  |
| 25              | 364       | NOWICKI ANDRZEJ         | WARSZAWA            | POL         |                             | 63         | M40/25                | (M)90          |     | 00:45:59      | 00:45:47       | 13.11  |
| 26              | 217       | GRZEGORCZYK WOJCIECH    | WARSZAWA            | POL         | ABC KONDYCJA BIEGA          | 67         | M40/26                | (M)97          |     | 00:46:42      | 00:46:31       | 12.90  |
| 27              | 289       | ODOLCZYK JERZY          | WARSZAWA            | POL         | ABC KONDYCJA BIEGA          | 61         | M40/27                | (M)98          |     | 00:46:43      | 00:46:38       | 12.87  |
| 28              | 340       | STAROBRAT ARKADIUSZ     | WARSZAWA            | POL         | KB GROCHÓW                  | 68         | M40/28                | (M)105         |     | 00:47:10      | 00:47:04       | 12.75  |
| 29              | 1         | POLKO ROMAN             | WARSZAWA            | POL         | WKB META LUBLINIEC          | 62         | M40/29                | (M)106         |     | 00:47:10      | 00:47:07       | 12.73  |
| 30              | 456       | KALBARCZYK MAREK        | DŁUGA SZLACHECKA    | POL         |                             | 69         | M40/30                | (M)110         |     | 00:47:26      | 00:47:20       | 12.68  |
| 31              | 292       | MISZCZUK ARKADIUSZ      | WARSZAWA            | POL         | STRAŻ MIEJSKA WARSZAWA      | 67         | M40/31                | MUND/4 (M)115  |     | 00:47:54      | 00:47:44       | 12.57  |
| 32              | 435       | GWIAZDA WIESŁAW         | CHOTOMÓW            | POL         |                             | 63         | M40/32                | (M)116         |     | 00:47:57      | 00:47:41       | 12.58  |
| 33              | 352       | SZYCIK WALDEMAR         | GRAJEWO             | POL         | MARATONKA GRAJEWO           | 69         | M40/33                | (M)121         |     | 00:48:24      | 00:48:13       | 12.44  |
| 34              | 80        | NURZYŃSKI ZBIGNIEW      | ŁUKÓW               | POL         | KB ŁUKÓW                    | 64         | M40/34                | (M)127         |     | 00:49:05      | 00:48:56       | 12.26  |
| 35              | 451       | WÓJCICKI LESZEK         | TARGÓWKA            | POL         | KB DREPTAK MIŃSK MAZOWIECKI | 63         | M40/35                | (M)130         |     | 00:49:13      | 00:49:02       | 12.24  |
| 36              | 153       | PŁAT MARIUSZ            | WARSZAWA            | POL         | KLUB BIEGACZA PLL LOT       | 63         | M40/36                | (M)135         |     | 00:49:30      | 00:49:22       | 12.15  |
| 37              | 533       | DĘBOWSKI GRZEGORZ       | SULEJÓWEK           | POL         |                             | 70         | M40/37                | (M)143         |     | 00:50:01      | 00:49:47       | 12.05  |
| 38              | 454       | SKRZYPCZAK JAROSŁAW     | WARSZAWA            | POL         | KB GYMNASION WARSZAWA       | 67         | M40/38                | (M)147         |     | 00:50:30      | 00:50:14       | 11.94  |
| 39              | 330       | KALICIECKI IRENEUSZ     | WARSZAWA            | POL         | JELONEKRACE                 | 63         | M40/39                | (M)157         |     | 00:50:57      | 00:50:44       | 11.83  |
| 40              | 291       | WIATR ROBERT            | WARSZAWA            | POL         |                             | 67         | M40/40                | (M)161         |     | 00:51:10      | 00:50:52       | 11.80  |
| 41              | 318       | MASKIEWICZ ARKADIUSZ    | WARSZAWA            | POL         |                             | 70         | M40/41                | (M)163         |     | 00:51:25      | 00:51:15       | 11.71  |
| 42              | 15        | MAŚLANKA JÓZEF          | WARSZAWA            | POL         | WARSZAWA - ŻOLIBOZ          | 61         | M40/42                | (M)170         |     | 00:51:47      | 00:51:26       | 11.67  |
| 43              | 350       | LASKOWSKI GRZEGORZ      | POŚWIĘTNE           | POL         |                             | 68         | M40/43                | (M)172         |     | 00:51:53      | 00:51:31       | 11.65  |
| 44              | 437       | ŚWIDERSKI DARIUSZ       | WARSZAWA            | POL         | CF CEFARM SA                | 69         | M40/44                | (M)174         |     | 00:52:01      | 00:51:48       | 11.58  |
| 45              | 365       | KIELISZCZYK GRZEGORZ    | DUCHNÓW             | POL         |                             | 63         | M40/45                | (M)181         |     | 00:52:25      | 00:52:12       | 11.49  |
| 46              | 263       | ADAMKIEWICZ MIROSLAW    | SOCHACZEW           | POL         |                             | 67         | M40/46                | (M)182         |     | 00:52:30      | 00:52:24       | 11.45  |
| 47              | 157       | PUDZIANOWSKI PIOTR      | RADOM               | POL         | W PIONIE                    | 64         | M40/47                | (M)187         |     | 00:52:46      | 00:52:34       | 11.41  |
| 48              | 287       | WÓJCICKI BOGUSŁAW       | WÓŁKA MIŃSKA        | POL         | NIEZRZESZONY                | 64         | M40/48                | (M)192         |     | 00:53:02      | 00:52:35       | 11.41  |

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>              | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Grupy<br/>Group</i> | <i>Sex</i> | <i>Wynik<br/>Time</i> | <i>Wynik<br/>Netto</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|--------------------------------------|--------------------|-------------------------------|------------------------|------------|-----------------------|------------------------|---------------|
| 49                      | 211               | TYSZKIEWICZ WIESŁAW             | OBRYTE                      | POL                 |                                      | 68                 | M40/49                        | (M)194                 |            | 00:53:05              | 00:52:51               | 11.35         |
| 50                      | 48                | PIETRUSZEWSKI JACEK             | WARSZAWA                    | POL                 | 10 WPSAM WARSZAWA                    | 70                 | M40/50                        | MUND/6                 | (M)198     | 00:53:29              | 00:53:20               | 11.25         |
| 51                      | 360               | CZUBAKOWSKI SŁAWOMIR            | WARSZAWA                    | POL                 |                                      | 64                 | M40/51                        | (M)199                 |            | 00:53:33              | 00:53:23               | 11.24         |
| 52                      | 482               | SZYMANIAK ZBIGNIEW              | WARSZAWA                    | POL                 |                                      | 70                 | M40/52                        | (M)201                 |            | 00:53:45              | 00:53:23               | 11.24         |
| 53                      | 86                | BOGUCKI WŁODZIMIERZ             | SEKOCIN NOWY                | POL                 |                                      | 61                 | M40/53                        | (M)202                 |            | 00:53:50              | 00:53:22               | 11.24         |
| 54                      | 195               | MAMLA ZBIGNIEW                  | WARSZAWA                    | POL                 | TRUCHT TARCHOMIN                     | 70                 | M40/54                        | (M)207                 |            | 00:54:06              | 00:53:58               | 11.12         |
| 55                      | 215               | SZELĄG TOMASZ                   | MIŃSK MAZOWIECKI            | POL                 |                                      | 70                 | M40/55                        | (M)210                 |            | 00:54:27              | 00:54:01               | 11.11         |
| 56                      | 17                | KWIATKOWSKI ALEKSANDER          | BIELAWY                     | POL                 |                                      | 62                 | M40/56                        | (M)218                 |            | 00:55:16              | 00:55:03               | 10.90         |
| 57                      | 244               | RACINOWSKI DARIUSZ              | PŁOŃSK                      | POL                 | K.B. IM.PIOTRA SĘKOWSKIEGO W PŁOŃSKU | 63                 | M40/57                        | (M)219                 |            | 00:55:16              | 00:55:11               | 10.87         |
| 58                      | 473               | BANKOWICZ PIOTR                 | WARSZAWA                    | POL                 |                                      | 70                 | M40/58                        | (M)220                 |            | 00:55:19              | 00:55:02               | 10.90         |
| 59                      | 5                 | DUDZIŃSKI MAREK                 | WROCŁAW                     | POL                 | RUNNERS WORLD                        | 68                 | M40/59                        | (M)223                 |            | 00:55:36              | 00:55:16               | 10.86         |
| 60                      | 114               | ROSLAN GRZEGORZ                 | WARSZAWA                    | POL                 | AKADEMIA OBRONY NARODOWEJ            | 65                 | M40/60                        | (M)224                 |            | 00:55:56              | 00:55:37               | 10.79         |
| 61                      | 297               | KRUK ROBERT                     | WARSZAWA                    | POL                 |                                      | 64                 | M40/61                        | (M)226                 |            | 00:56:03              | 00:55:59               | 10.72         |
| 62                      | 191               | CHRYCIUK WOJCIECH               | WARSZAWA                    | POL                 |                                      | 65                 | M40/62                        | (M)227                 |            | 00:56:08              | 00:56:00               | 10.71         |
| 63                      | 355               | LATUSZEK KRZYSZTOF              | MIĘTNE                      | POL                 | TRUCHTACZ.PL                         | 69                 | M40/63                        | (M)229                 |            | 00:56:16              | 00:56:04               | 10.70         |
| 64                      | 70                | DUDZIŃSKI RAFAŁ                 | WARSZAWA                    | POL                 |                                      | 70                 | M40/64                        | (M)235                 |            | 00:56:44              | 00:56:20               | 10.65         |
| 65                      | 182               | OLUBIEC PIOTR                   | WARSZAWA                    | POL                 | TRUCHT TARCHOMIN                     | 68                 | M40/65                        | (M)239                 |            | 00:57:17              | 00:57:04               | 10.51         |
| 66                      | 237               | JOCZ JAROSŁAW                   | WARSZAWA                    | POL                 | JARTOM TEAM                          | 70                 | M40/66                        | (M)240                 |            | 00:57:23              | 00:57:04               | 10.51         |
| 67                      | 442               | KŁOS ANDRZEJ                    | MARKI                       | POL                 | DGW                                  | 65                 | M40/67                        | (M)243                 |            | 00:57:27              | 00:57:03               | 10.52         |
| 68                      | 475               | WYPYCH MACIEJ                   | WARSZAWA                    | POL                 |                                      | 70                 | M40/68                        | (M)251                 |            | 00:58:18              | 00:57:57               | 10.35         |
| 69                      | 520               | ROSIŃSKI ARKADIUSZ              | MAŁKINIA                    | POL                 | WKB META LUBLINIEC                   | 68                 | M40/69                        | MUND/13                | (M)256     | 00:58:37              | 00:58:11               | 10.31         |
| 70                      | 274               | KOWALIK ZBIGNIEW                | WARSZAWA                    | POL                 |                                      | 66                 | M40/70                        | (M)260                 |            | 00:59:29              | 00:59:18               | 10.12         |
| 71                      | 300               | ROKICKI JÓZEF                   | MIŃŚ MAZOWIECKI             | POL                 | STRAŻ MIEJSKA WARSZAWA               | 63                 | M40/71                        | (M)265                 |            | 01:00:22              | 00:59:56               | 10.01         |
| 72                      | 247               | GROCHOWSKI GRZEGORZ             | WARSZAWA                    | POL                 | BIEGAMY Z OCHOTĄ                     | 61                 | M40/72                        | (M)273                 |            | 01:01:05              | 01:00:31               | 9.91          |
| 73                      | 131               | GAWROŃSKI MARIUSZ               | WARSZAWA                    | POL                 |                                      | 64                 | M40/73                        | (M)276                 |            | 01:01:15              | 01:01:07               | 9.82          |
| 74                      | 47                | GARBACZ ANDRZEJ                 | WARSZAWA                    | POL                 | 10 WPSAM WARSZAWA                    | 70                 | M40/74                        | MUND/15                | (M)277     | 01:01:17              | 01:01:09               | 9.81          |
| 75                      | 317               | SCHEFFS WALDEMAR                | ZĄBKI                       | POL                 | AKADEMIA OBRONY NARODOWEJ            | 62                 | M40/75                        | (M)278                 |            | 01:01:23              | 01:01:04               | 9.83          |
| 76                      | 308               | KARLAK ANDRZEJ                  | WARSZAWA                    | POL                 | KB GALERIA WARSZAWA                  | 66                 | M40/76                        | (M)280                 |            | 01:01:49              | 01:01:30               | 9.76          |
| 77                      | 105               | ROSLAN JACEK                    | WARSZAWA                    | POL                 | HP RUN                               | 63                 | M40/77                        | (M)282                 |            | 01:01:58              | 01:01:51               | 9.70          |
| 78                      | 83                | STRĄCZEK WOJCIECH               | WARSZAWA                    | POL                 |                                      | 70                 | M40/78                        | (M)287                 |            | 01:02:28              | 01:02:18               | 9.63          |
| 79                      | 479               | WIDOMSKI TOMASZ                 | GÓRA KALWARIA               | POL                 |                                      | 69                 | M40/79                        | (M)290                 |            | 01:03:20              | 01:03:15               | 9.49          |
| 80                      | 534               | PŁOCHOCKI KRZYSZTOF             | SULEJÓWEK                   | POL                 |                                      | 69                 | M40/80                        | (M)292                 |            | 01:03:27              | 01:03:12               | 9.49          |
| 81                      | 142               | MAŁACHOWSKI SŁAWOMIR            | WARSZAWA                    | POL                 | SSRL                                 | 65                 | M40/81                        | (M)293                 |            | 01:03:32              | 01:03:19               | 9.48          |
| 82                      | 415               | WOLNIEWICZ MIROSLAW             | PRUSZKÓW                    | POL                 |                                      | 70                 | M40/82                        | (M)296                 |            | 01:03:46              | 01:03:14               | 9.49          |
| 83                      | 465               | SREBRZYŃSKI CEZARY              | WARSZAWA                    | POL                 | WSB CYTADELA                         | 70                 | M40/83                        | (M)297                 |            | 01:03:54              | 01:03:39               | 9.43          |
| 84                      | 478               | KOWALEWSKI PAWEŁ                | WARSZAWA                    | POL                 |                                      | 70                 | M40/84                        | (M)300                 |            | 01:04:18              | 01:04:07               | 9.36          |
| 85                      | 226               | JAGIELSKI WITOLD                | WARSZAWA                    | POL                 |                                      | 65                 | M40/85                        | (M)302                 |            | 01:04:36              | 01:04:28               | 9.31          |
| 86                      | 367               | BILIŃSKI TOMASZ                 | WARSZAWA                    | POL                 | JELONKI                              | 63                 | M40/86                        | (M)304                 |            | 01:05:04              | 01:04:51               | 9.25          |
| 87                      | 102               | KALINOWSKI ARKADIUSZ            | WARSZAWA                    | POL                 |                                      | 67                 | M40/87                        | (M)305                 |            | 01:05:10              | 01:04:49               | 9.26          |
| 88                      | 85                | GÓRALSKI JĘDRZEJ                | WARSZAWA                    | POL                 |                                      | 64                 | M40/88                        | (M)308                 |            | 01:06:04              | 01:05:29               | 9.16          |
| 89                      | 111               | MAKARUK RAFAŁ                   | SULEJÓWEK                   | POL                 |                                      | 69                 | M40/89                        | (M)310                 |            | 01:06:26              | 01:06:17               | 9.05          |
| 90                      | 446               | MRÓWKA MAREK                    | WARSZAWA-WESOLA             | POL                 | 10 WPSAM WARSZAWA                    | 65                 | M40/90                        | MUND/17                | (M)311     | 01:06:58              | 01:06:49               | 8.98          |
| 91                      | 112               | MARCZAK SŁAWEK                  | KARCZEW                     | POL                 |                                      | 69                 | M40/91                        | (M)312                 |            | 01:07:18              | 01:07:09               | 8.94          |
| 92                      | 152               | JANCZYK RAFAŁ                   | WARSZAWA                    | POL                 | CIENIAKY                             | 68                 | M40/92                        | (M)315                 |            | 01:10:41              | 01:10:31               | 8.51          |
| 93                      | 214               | MALINOWSKI PIOTR                | WARSZAWA                    | POL                 |                                      | 66                 | M40/93                        | (M)316                 |            | 01:11:02              | 01:10:37               | 8.50          |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### M50

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City   | Kraj<br>Nat | Drużyna<br>Team              | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|-------------------------|-----------------------|-------------|------------------------------|------------|-----------------------|----------------|-----|---------------|----------------|--------|
| 1               | 440       | DUDZIS KRZYSZTOF        | ELK                   | POL         | MARATONKA GRAJEWO            | 58         | M50/1                 | (M)17          |     | 00:37:35      | 00:37:34       | 15.97  |
| 2               | 515       | WYSIŃSKI WIESŁAW        | ŁUKÓW                 | POL         | LKB RUDNIK                   | 56         | M50/2                 | (M)19          |     | 00:37:46      | 00:37:42       | 15.92  |
| 3               | 26        | JUDKA WŁADYSŁAW         | MIŃSK MAZOWIECKI      | POL         | KB DREPTAK MIŃSK MAZOWIECKI  | 59         | M50/3                 | (M)43          |     | 00:42:42      | 00:42:35       | 14.09  |
| 4               | 448       | KAMIŃSKI STANISŁAW      | NADARZYN              | POL         |                              | 58         | M50/4                 | (M)60          |     | 00:44:05      | 00:43:57       | 13.65  |
| 5               | 503       | WOJAKOWSKI ANDRZEJ      | WARSZAWA              | POL         | WARSZAWA-WILANÓW             | 59         | M50/5                 | (M)61          |     | 00:44:11      | 00:44:04       | 13.62  |
| 6               | 198       | ARTYSZUK MIROSŁAW       | WARSZAWA              | POL         | PUMA Z BIEGIEM MIAST         | 60         | M50/6                 | (M)67          |     | 00:44:23      | 00:44:15       | 13.56  |
| 7               | 544       | PIĄTEK BOGDAN           | ZIELONKA              | POL         | LECHICI ZIELONKA             | 53         | M50/7                 | (M)68          |     | 00:44:28      | 00:44:11       | 13.58  |
| 8               | 443       | MALISZEWSKI CEZARY      | WARSZAWA              | POL         | DENAT                        | 58         | M50/8                 | (M)83          |     | 00:45:30      | 00:45:21       | 13.23  |
| 9               | 496       | WIECZOREK JANUSZ        | MIŃSK MAZOWIECKI      | POL         | KB DREPTAK MIŃSK MAZOWIECKI  | 59         | M50/9                 | (M)93          |     | 00:46:21      | 00:46:14       | 12.98  |
| 10              | 432       | KLAMCZYŃSKI MAREK       | SULEJÓWEK             | POL         | INDYWIDUALNIE                | 59         | M50/10                | (M)101         |     | 00:46:53      | 00:46:35       | 12.88  |
| 11              | 329       | BRZOZOWSKI ANDRZEJ      | ZAMOŚĆ                | POL         | WARSZAWA MOKOTÓW             | 54         | M50/11                | (M)113         |     | 00:47:41      | 00:47:38       | 12.60  |
| 12              | 76        | BIAŁOGRODZKI RYSZARD    | PIASECZNO             | POL         | PIASECZNO                    | 59         | M50/12                | (M)120         |     | 00:48:11      | 00:47:37       | 12.60  |
| 13              | 494       | ŻABIŃSKI LECH           | GRAJEWO               | POL         | MARATONKA GRAJEWO            | 56         | M50/13                | (M)126         |     | 00:48:57      | 00:48:46       | 12.30  |
| 14              | 40        | MICHAŁSKI DARIUSZ       | WARSZAWA              | POL         |                              | 60         | M50/14                | (M)138         |     | 00:49:38      | 00:49:29       | 12.13  |
| 15              | 411       | DLUGOŁĘCKI SŁAWOMIR     | ZARĘBY KOŚCIELNE      | POL         |                              | 60         | M50/15                | (M)140         |     | 00:49:43      | 00:49:30       | 12.12  |
| 16              | 436       | BUKOWSKI JANUSZ         | WARSZAWA              | POL         | GAZOWNIA WARSZAWSKA          | 56         | M50/16                | (M)144         |     | 00:50:10      | 00:50:08       | 11.97  |
| 17              | 542       | PYTKOWSKI MAREK         | ZIELONKA              | POL         | LECHICI ZIELONKA             | 56         | M50/17                | (M)149         |     | 00:50:33      | 00:50:16       | 11.94  |
| 18              | 233       | NOWAKOWSKI MARIUSZ      | WARSZAWA              | POL         | POLSKA BIEGA                 | 60         | M50/18                | (M)159         |     | 00:51:06      | 00:50:55       | 11.78  |
| 19              | 543       | WARDĘGA HIERONIM        | CZARNKÓW              | POL         | LECHICI ZIELONKA             | 52         | M50/19                | (M)160         |     | 00:51:07      | 00:50:50       | 11.80  |
| 20              | 203       | NARTOWSKI JAN           | WARSZAWA              | POL         | JÓZEFOSŁAW                   | 59         | M50/20                | (M)162         |     | 00:51:11      | 00:50:55       | 11.78  |
| 21              | 197       | IZDEBSKI ZENON          | SULEJÓWEK             | POL         |                              | 57         | M50/21                | (M)165         |     | 00:51:31      | 00:51:24       | 11.67  |
| 22              | 55        | KASPRZAK BOGUSŁAW       | KARCZEW               | POL         | DRUŻYNA SZPIKU               | 58         | M50/22                | (M)173         |     | 00:51:55      | 00:51:39       | 11.62  |
| 23              | 509       | FIEDORCZYK JANUSZ       | ELK                   | POL         | MARATONKA GRAJEWO            | 57         | M50/23                | (M)175         |     | 00:52:03      | 00:51:56       | 11.55  |
| 24              | 536       | PIELACHOWSKI PIOTR      | WARSZAWA              | POL         | BOSO ALE W OSTROGACH         | 59         | M50/24                | (M)177         |     | 00:52:11      | 00:51:50       | 11.58  |
| 25              | 555       | WIŚNIEWSKI ANDRZEJ      | OTWOCK                | POL         | OTWOCK BIEGA                 | 57         | M50/25                | (M)178         |     | 00:52:14      | 00:51:38       | 11.62  |
| 26              | 322       | DZIEKONSKI JACEK        | KONSTANCIN-JEZIORNA   | POL         | MARATONYPOLSKIE.PL TEAM      | 57         | M50/26                | (M)185         |     | 00:52:43      | 00:52:32       | 11.42  |
| 27              | 31        | KISZYCKI TADEUSZ        | ŁÓDŹ                  | POL         |                              | 56         | M50/27                | (M)189         |     | 00:52:52      | 00:52:30       | 11.43  |
| 28              | 332       | BORAWSKI KRZYSZTOF      | WOJEWODZIN 55/6       | POL         | MARATONKA GRAJEWO            | 54         | M50/28                | (M)196         |     | 00:53:08      | 00:52:56       | 11.34  |
| 29              | 243       | BOBRYK ZENON            | ŁOSICE                | POL         | PCK ŁOSICE                   | 57         | M50/29                | (M)197         |     | 00:53:19      | 00:53:09       | 11.29  |
| 30              | 480       | KULAKOWSKI PIOTR        | KONSTANCIN - JEZIORNA | POL         |                              | 57         | M50/30                | (M)213         |     | 00:54:50      | 00:54:22       | 11.04  |
| 31              | 519       | ROSIŃSKI ZBIGNIEW       | LUBLINIEC             | POL         | WKB META LUBLINIEC           | 60         | M50/31                | MUND/8 (M)221  |     | 00:55:23      | 00:55:20       | 10.84  |
| 32              | 186       | SZCZEPKOWSKI PAWEŁ      | WARSZAWA WESOLA       | POL         | NIEZRZESZONY                 | 55         | M50/32                | (M)242         |     | 00:57:25      | 00:57:11       | 10.49  |
| 33              | 253       | LIPKA LESZEK            | LIPINKI               | POL         | NIEZRZESZONY                 | 59         | M50/33                | (M)245         |     | 00:57:36      | 00:57:25       | 10.45  |
| 34              | 92        | KROCHMAL GRZEGORZ       | WARSZAWA              | POL         | ORIENTUZ                     | 59         | M50/34                | (M)250         |     | 00:58:10      | 00:57:46       | 10.39  |
| 35              | 147       | KARCZEWSKI JACEK        | WARSZAWA              | POL         | EKIPA BIEGOWA FRANCJA-POLSKA | 59         | M50/35                | (M)253         |     | 00:58:21      | 00:57:46       | 10.39  |
| 36              | 508       | SENIKOWSKI GRZEGORZ     | OTWOCK                | POL         |                              | 58         | M50/36                | (M)257         |     | 00:58:47      | 00:58:25       | 10.27  |
| 37              | 431       | DYMEL PIOTR             | WARSZAWA              | POL         |                              | 52         | M50/37                | (M)262         |     | 01:00:04      | 00:59:41       | 10.05  |
| 38              | 222       | BARECKI WŁODZIMIERZ     | WARSZAWA              | POL         |                              | 56         | M50/38                | (M)271         |     | 01:00:53      | 01:00:47       | 9.87   |
| 39              | 558       | SAKWA JAROSŁAW          | WARSZAWA              | POL         | KB GYMNASION WARSZAWA        | 56         | M50/39                | (M)285         |     | 01:02:18      | 01:02:03       | 9.67   |
| 40              | 269       | SKOCZEK MAREK           | SUŁKOWICE             | POL         |                              | 60         | M50/40                | (M)288         |     | 01:02:42      | 01:02:37       | 9.58   |
| 41              | 23        | DOLIŃSKI TADEUSZ        | WARSZAWA              | POL         | INDYWIDUALNIE                | 58         | M50/41                | (M)295         |     | 01:03:40      | 01:03:20       | 9.47   |
| 42              | 309       | MICHAŁIK WOJCIECH       | WARSZAWA              | POL         | KB GALERIA WARSZAWA          | 56         | M50/42                | (M)313         |     | 01:08:48      | 01:08:29       | 8.76   |
| 43              | 328       | KRÓLAK STANISŁAW        | WARSZAWA              | POL         |                              | 60         | M50/43                | (M)319         |     | 01:12:33      | 01:12:15       | 8.30   |
| 44              | 206       | SITKO DARIUSZ           | WARSZAWA              | POL         | AKADEMIA OBRONY NARODOWEJ    | 58         | M50/44                | (M)321         |     | 01:22:58      | 01:22:48       | 7.25   |

# III Bieg Marszałka

## WYNIKI ZAWODÓW

### M60

**Organizator:** Towarzystwo Przyjaciół Sulejówka, Grupa Inicjatywna Mieszkańców Sulejówka

**Termin:** 12 czerwca 2010

**Miejsce:** Sulejówek

**Dystans:** 10km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City  | Kraj<br>Nat | Drużyna<br>Team       | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex | Wynik<br>Time | Wynik<br>Netto | [km/h] |
|-----------------|-----------|-------------------------|----------------------|-------------|-----------------------|------------|-----------------------|----------------|-----|---------------|----------------|--------|
| 1               | 79        | BOGOBOWICZ ZBIGNIEW     | WARSZAWA             | POL         |                       | 49         | M60/1                 | (M)64          |     | 00:44:19      | 00:44:10       | 13.58  |
| 2               | 334       | KORZONKOWSKI ZBIGNIEW   | WARSZAWA             | POL         | ENTRE.PL TEAM         | 50         | M60/2                 | (M)69          |     | 00:44:32      | 00:44:27       | 13.50  |
| 3               | 476       | RYBICKI JANUSZ          | POLICE               | POL         |                       | 50         | M60/3                 | (M)86          |     | 00:45:45      | 00:45:38       | 13.15  |
| 4               | 546       | GAŃKO ALEKSANDER        | WESOLA               | POL         |                       | 49         | M60/4                 | (M)92          |     | 00:46:18      | 00:46:13       | 12.98  |
| 5               | 115       | SZYMAŃSKI ROBERT        | WARSZAWA-WESOLA      | POL         |                       | 49         | M60/5                 | (M)148         |     | 00:50:31      | 00:50:25       | 11.90  |
| 6               | 249       | NIEWIADOMSKI ZDZISŁAW   | WARSZAWA             | POL         |                       | 49         | M60/6                 | (M)154         |     | 00:50:48      | 00:50:44       | 11.83  |
| 7               | 438       | ŁUKASIK KAZIMIERZ       | PRUSZKÓW             | POL         | NIEZRZESZONY          | 46         | M60/7                 | (M)168         |     | 00:51:35      | 00:51:25       | 11.67  |
| 8               | 306       | POLASKI LESZEK          | WARSZAWA             | POL         | BIELANY               | 47         | M60/8                 | (M)234         |     | 00:56:39      | 00:56:22       | 10.64  |
| 9               | 545       | PROKOPOWICZ EDMUND      | WARSZAWA             | POL         | LECHICI ZIELONKA      | 33         | M60/9                 | (M)264         |     | 01:00:15      | 00:59:54       | 10.02  |
| 10              | 255       | ZAPERTY ADAM            | WARSZAWA             | POL         |                       | 47         | M60/10                | (M)279         |     | 01:01:40      | 01:01:19       | 9.79   |
| 11              | 160       | SZYMCZAK RYSZARD        | WARSZAWA             | POL         |                       | 43         | M60/11                | (M)283         |     | 01:02:06      | 01:01:45       | 9.72   |
| 12              | 137       | DOMAŃSKI JACEK EXPEDYT  | WARSZAWA             | POL         | WKB META LUBLINIEC    | 41         | M60/12                | (M)286         |     | 01:02:20      | 01:02:05       | 9.66   |
| 13              | 196       | NAPIÓRKOWSKI MIECZYSLAW | RADZIEJOWICE/SLABOWI | POL         |                       | 49         | M60/13                | (M)306         |     | 01:05:44      | 01:05:27       | 9.17   |
| 14              | 145       | ŁUKSZA WIESŁAW          | WARSZAWA             | POL         | KB GYMNASION WARSZAWA | 41         | M60/14                | (M)309         |     | 01:06:21      | 01:06:09       | 9.07   |
| 15              | 421       | CZECHOWSKI JERZY        | WARSZAWA             | POL         | MZA WARSZAWA          | 49         | M60/15                | (M)317         |     | 01:12:10      | 01:11:49       | 8.35   |
| 16              | 526       | MARCINIAK CZESŁAW       | BIELAWA              | POL         | DĘBY WAŁBRZYCH        | 29         | M60/16                | (M)320         |     | 01:14:49      | 01:14:33       | 8.05   |