

III Bieg Dookoła ZOO

WYNIKI ZAWODÓW / RESULTS LIST

OPEN 10 km

Organizator: Sport Evolution
Data: 16 kwietnia 2011 r.
Miejsce/Spot: Warszawa
Distance: 10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	5 km	Check points
1	34	FUDALEJ MARCIN	WARSZAWA		REEBOK CITY GYM	76	M30/1 (M)1	00:31:40	00:31:39	18.96	00:11:21 / 2	00:23:06 / 1
2	19	BADUREK MACIEJ				88	M20/1 (M)2	00:32:10	00:32:10	18.65	00:11:21 / 1	00:23:10 / 2
3	643	GRYGO PAWEŁ	ŁOMŻA		ŁŁKS PREFBET	76	M30/2 (M)3	00:32:59	00:32:59	18.19	00:12:00 / 5	00:24:13 / 3
4	476	PSZCZÓŁKOWSKI PAWEŁ	OLSZTYN		AZS UWM OLSZTYN	88	M20/2 (M)4	00:33:28	00:33:28	17.93	00:12:00 / 4	00:24:26 / 5
5	789	JĘDRUSIŃSKI DAMIAN	MIŃSK		ENTRE.PL TEAM	91	M20/3 (M)5	00:33:33	00:33:32	17.89	00:12:00 / 3	00:24:26 / 4
6	1026	LIPIEC TOMASZ				71	M40/1 (M)6	00:35:06	00:35:06	17.09	00:12:30 / 7	00:25:23 / 6
7	11	JAKUBCZAK-PAWELEC ANNA	PIASECZNO		AGROS ZAMOŚĆ	73	K30/1 (K)1	00:35:27	00:35:27	16.93	00:12:21 / 6	00:25:30 / 7
8	778	GODLEWSKI ANDRZEJ	JEDWABNE		DAJESZ BYKU TEAM	85	M20/4 (M)7	00:35:56	00:35:55	16.71	00:12:46 / 11	00:25:59 / 8
9	627	PIWKO RYSZARD	WARSZAWA		%TEAM	65	M40/2 (M)8	00:36:14	00:35:51	16.74	00:12:46 / 8	00:26:09 / 9
10	908	RAJZER KRZYSZTOF	WARSZAWA		ENTRE.PL TEAM	73	M30/3 (M)9	00:36:29	00:36:28	16.45	00:12:46 / 10	00:26:09 / 10
11	318	GLINKA KRZYSZTOF	WARSZAWA		MKS POLONIA WARSZAWA	64	M40/3 (M)10	00:36:44	00:36:43	16.34	00:12:46 / 9	00:26:25 / 11
12	65	MATYSIAK MARCIN	WARSZAWA		ACCELERATE - KLUB BIEGACZA	81	M30/4 (M)11	00:36:47	00:36:43	16.34	00:13:11 / 15	00:26:51 / 14
13	327	RUSINIAK RAFAŁ	CIECHANOWIEC		ŁŁKS PREFBET ŚNIADOWO	93	M16/1 (M)12	00:36:49	00:36:43	16.34	00:13:46 / 30	00:28:52 / 36
14	105	IGNATOWICZ ANDRZEJ	WARSZAWA		TRUCHT TARCHOMIN TEAM	74	M30/5 (M)13	00:36:50	00:36:48	16.30	00:13:11 / 13	00:26:49 / 13
15	593	BELOWSKI ŁUKASZ	PULAWY		ADBLUE	82	M20/5 (M)14	00:36:54	00:36:54	16.26	00:13:11 / 16	00:26:51 / 15
16	430	BRYŁA KRZYSZTOF	WARSZAWA		BYLEDOBIEC ANIN	79	M30/6 (M)15	00:37:10	00:37:09	16.15	00:12:47 / 12	00:26:39 / 12
17	218	KAROLKIEWICZ DANIEL	DROHICZYN		DROHICZYN TEAM	86	M20/6 (M)16	00:37:13	00:37:13	16.12	00:13:19 / 17	00:27:10 / 16
18	303	ŁOBACZ MICHAŁ	WARSZAWA			89	M20/7 (M)17	00:37:15	00:37:12	16.13	00:13:19 / 18	00:27:10 / 17
19	968	OŻAROWSKI PAWEŁ	BRAŃSK			80	M30/7 (M)18	00:37:23	00:37:22	16.06	00:13:26 / 23	00:27:22 / 20
20	650	KAMIŃSKI ADAM	RASZYN		TUAN	83	M20/8 (M)19	00:37:26	00:37:22	16.06	00:13:23 / 20	00:27:14 / 19
21	594	BELOWSKI MATEUSZ	PULAWY		ADBLUE	91	M20/9 (M)20	00:37:37	00:37:34	15.97	00:13:11 / 14	00:27:14 / 18
22	133	JANKOWSKI ANDRZEJ	WARSZAWA		ABC KONDYCJA	78	M30/8 (M)21	00:38:17	00:38:16	15.68	00:13:26 / 24	00:27:42 / 21
23	418	LENGIEWICZ JAKUB	WARSZAWA		OTK RZEŹNIK	77	M30/9 (M)22	00:38:19	00:38:16	15.68	00:13:22 / 19	00:27:43 / 22
24	727	GOCZYŃSKI WALDEMAR	SIERPC		TKKF KUBUŚ SIERPC	77	M30/10 (M)23	00:38:25	00:38:24	15.63	00:13:40 / 27	00:27:50 / 25
25	321	SZPAK SEBASTIAN	TYCHY		ALETEMPO	85	M20/10 (M)24	00:38:33	00:38:32	15.57	00:13:34 / 25	00:27:50 / 24
26	37	BRZEZIŃSKI MARCIN				78	M30/11 (M)25	00:38:34	00:38:33	15.56	00:13:26 / 22	00:27:46 / 23
27	809	PLACHCIŃSKI PATRYK	WARSZAWA		ERA RUNNING TEAM	74	M30/12 (M)26	00:38:56	00:38:54	15.42	00:13:36 / 26	00:28:02 / 26
28	343	DAJCZER RAFAŁ	WARSZAWA			77	M30/13 (M)27	00:39:17	00:39:15	15.29	00:13:23 / 21	00:28:08 / 27
29	151	OKULUS PIOTR	WARSZAWA		LEGION WARSZAWA	86	M20/11 (M)28	00:39:27	00:39:21	15.25	00:13:50 / 34	00:28:18 / 29

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points
30	785	LATUSZEK MICHAŁ	GARWOLIN		TRUCHTACZ.PL	94	M16/2		(M)29	00:39:29	00:39:28	15.20	00:13:53 / 35 00:28:37 / 33
31	379	SUCHOCKI MICHAŁ	WARSZAWA		12TRI.PL	76	M30/14		(M)30	00:39:30	00:39:27	15.21	00:13:45 / 29 00:28:28 / 30
32	209	KULIK KRZYSZTOF	WARSZAWA			80	M30/15		(M)31	00:39:41	00:39:35	15.16	00:13:49 / 33 00:28:35 / 31
33	720	KOCISZEWSKI KRZYSZTOF	WARSZAWA		WARSZAWIACY	59	M50/1		(M)32	00:39:42	00:39:37	15.15	00:13:42 / 28 00:28:18 / 28
34	336	LEWANDOWSKI MARCIN	WARSZAWA			79	M30/16		(M)33	00:39:48	00:39:46	15.09	00:13:57 / 38 00:28:36 / 32
35	590	CZECHOWSKI ROBERT	WARSZAWA		ALETEMPO	64	M40/4		(M)34	00:39:57	00:39:55	15.03	00:13:55 / 37 00:28:40 / 35
36	678	MAGIELSKI JAROSŁAW	NADARZYN			74	M30/17		(M)35	00:40:12	00:40:06	14.96	00:14:08 / 44 00:29:02 / 37
37	69	ZASINA SEBASTIAN	PRUSZKÓW			82	M20/12		(M)36	00:40:14	00:40:13	14.92	00:13:55 / 36 00:28:40 / 34
38	1025	MAMIŃSKI BOGUSŁAW				64	M40/5		(M)37	00:40:31	00:40:29	14.82	00:14:08 / 45 00:29:02 / 38
39	1027	KRUPANEK ROMUALD				64	M40/6		(M)38	00:40:31	00:40:29	14.82	00:14:06 / 41 00:29:04 / 40
40	489	WASILEWSKI ROBERT	WARSZAWA		WSB CYTADELA	72	M30/18		(M)39	00:40:44	00:40:42	14.74	00:14:09 / 46 00:29:04 / 39
41	111	PECIO MARIUSZ	WARSZAWA		TRUCHT TARCHOMIN TEAM	77	M30/19		(M)40	00:40:48	00:40:40	14.75	00:14:34 / 62 00:29:47 / 53
42	589	ZARZEKA MARCIN	BIŁA PODLASKA		VEGE RUNNERS	74	M30/20		(M)41	00:40:50	00:40:42	14.74	00:14:31 / 61 00:29:33 / 50
43	223	WIATR MICHAŁ	WARSZAWA		SOFTTUTOR	79	M30/21		(M)42	00:40:55	00:40:54	14.67	00:14:15 / 47 00:29:32 / 49
44	900	WRÓBEL MAREK	WARSZAWA			72	M30/22		(M)43	00:40:56	00:40:52	14.68	00:14:16 / 49 00:29:30 / 47
45	38	BIELIŃSKI PIOTR				67	M40/7		(M)44	00:41:00	00:40:59	14.64	00:13:59 / 40 00:29:19 / 43
46	40	GRUNWALD WOJCIECH			BYLEDOBIEC ANIN	73	M30/23		(M)45	00:41:00	00:40:59	14.64	00:13:59 / 39 00:29:20 / 44
47	377	BELKA GRZEGORZ	JÓZEFÓW			78	M30/24		(M)46	00:41:01	00:40:55	14.66	00:13:49 / 32 00:29:05 / 42
48	80	RYŚ DARIUSZ	WARSZAWA			80	M30/25		(M)47	00:41:05	00:40:50	14.69	00:14:16 / 48 00:29:25 / 45
49	450	SZAJBE DARIUSZ	WARSZAWA			70	M40/8		(M)48	00:41:10	00:41:04	14.61	00:14:28 / 57 00:29:40 / 52
50	859	JAROSIEWICZ PAWEŁ	WARSZAWA		ACCELERATE	90	M20/13		(M)49	00:41:10	00:41:04	14.61	00:14:28 / 58 00:29:29 / 46
51	73	MISZTAŁ ŁUKASZ	JÓZEFOSŁAW		ABC KONDYCJA	81	M30/26		(M)50	00:41:11	00:41:10	14.57	00:14:21 / 54 00:29:32 / 48
52	657	LEWANDOWSKI PIOTR	WARSZAWA		TRUCHT TARCHOMIN TEAM	74	M30/27		(M)51	00:41:14	00:41:08	14.59	00:13:47 / 31 00:29:05 / 41
53	701	TROCHIMCZUK RAFAŁ	WARSZAWA		ACCELERATE - KLUB BIEGACZA	80	M30/28		(M)52	00:41:19	00:41:05	14.60	00:14:46 / 70 00:29:58 / 56
54	891	NOWIK MARCIN	WARSZAWA		CYFROWY POLSAT	81	M30/29		(M)53	00:41:27	00:40:56	14.66	00:14:43 / 64 00:30:04 / 59
55	385	NIEMIRA MICHAŁ	WARSZAWA			84	M20/14		(M)54	00:41:27	00:41:23	14.50	00:14:16 / 50 00:29:39 / 51
56	261	NOJSZEWSKI KAZIMIERZ	NOWA IWICZNA		BYLEDOBIEC ANIN	68	M40/9		(M)55	00:41:36	00:41:30	14.46	00:14:49 / 73 00:30:07 / 63
57	200	KLIGLICH PAWEŁ	WOŁOMIN		TOWARZYSTWO AKTYWNY	77	M30/30		(M)56	00:41:38	00:41:36	14.42	00:14:27 / 56 00:30:03 / 57
58	642	DLUŻNIEWSKI JACEK	ŁÓDŹA		DAJESZ BYKU TEAM	75	M30/31		(M)57	00:41:40	00:41:33	14.44	00:14:53 / 76 00:30:20 / 65
59	1021	LIPNICKI BARTOSZ				81	M30/32		(M)58	00:41:54	00:41:43	14.38	00:14:53 / 77 00:30:20 / 66
60	802	PAPARO RICCARDO	WARSZAWA			72	M30/33		(M)59	00:41:56	00:41:50	14.34	00:15:01 / 85 00:30:05 / 61
61	355	MĄDRZAK GRZEGORZ	WARSZAWA			74	M30/34		(M)60	00:41:58	00:41:55	14.31	00:14:07 / 42 00:30:05 / 60
62	823	BAR WIESŁAW	WARSZAWA			70	M40/10		(M)61	00:42:00	00:41:49	14.35	00:15:02 / 87 00:32:35 / 139
63	921	JANOWSKI BOGDAN	WARSZAWA			66	M40/11		(M)62	00:42:01	00:41:44	14.38	00:15:20 / 104 00:30:34 / 74
64	161	BŁAŻEJCZYK JACEK	WARSZAWA		POLISQUAD	76	M30/35		(M)63	00:42:01	00:41:56	14.31	00:14:22 / 55 00:29:50 / 55
65	762	SIDOR KRZYSZTOF	DZIEKANÓW		123-A-TERAZ-MY	62	M40/12		(M)64	00:42:06	00:42:02	14.27	00:14:08 / 43 00:29:48 / 54
66	782	WOŁOS EWELINA	WARSZAWA			87	K16/1		(K)2	00:42:09	00:42:04	14.26	00:14:44 / 66 00:30:08 / 64
67	761	MATYJASIK MIROSLAW	WARSZAWA		123-A TERAZ MY!	73	M30/36		(M)65	00:42:13	00:42:09	14.23	00:14:20 / 52 00:30:03 / 58
68	845	CENDROWSKI MARCIN	WARSZAWA			68	M40/13		(M)66	00:42:14	00:41:19	14.52	00:15:13 / 95 00:30:31 / 70
69	937	DĄBROWSKI KRZYSZTOF	WARSZAWA		ACCELERATE - KLUB BIEGACZA	50	M60/1		(M)67	00:42:18	00:42:14	14.21	00:14:52 / 74 00:30:26 / 68

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points	
70	235	GRZĘDA TOMASZ	SZYDLÓWIEC		LENIWCE TEAM	78	M30/37 (M)68	00:42:18	00:42:14	14.21	00:15:18 / 98	00:30:52 / 78
71	847	GUZY PIOTR	CZECHOWICE-DZI			82	M20/15 (M)69	00:42:19	00:42:05	14.26	00:15:00 / 84	00:30:52 / 79
72	227	BORKOWSKI PAWEŁ	WARSZAWA			74	M30/38 (M)70	00:42:20	00:42:12	14.22	00:14:38 / 63	00:30:39 / 76
73	459	WENTYKIER PIOTR	PŁOŃSK		KB IM.PIOTRA SĘKOWSKIEGO	79	M30/39 (M)71	00:42:21	00:42:17	14.19	00:14:46 / 69	00:30:31 / 69
74	226	RUSTECKI MARIUSZ	WARSZAWA			73	M30/40 (M)72	00:42:23	00:42:15	14.20	00:14:58 / 81	00:30:39 / 75
75	574	DĄBROWSKI ROBERT	WARSZAWA			71	M40/14 (M)73	00:42:25	00:42:17	14.19	00:14:58 / 82	00:30:44 / 77
76	747	KONARSKI JAKUB	WARSZAWA		WARSZAWIACY	77	M30/41 (M)74	00:42:28	00:42:23	14.16	00:14:46 / 71	00:30:32 / 72
77	559	ZUBKIEWICZ PAWEŁ	WARSZAWA			82	M20/16 (M)75	00:42:29	00:42:21	14.17	00:14:29 / 59	00:30:23 / 67
78	576	KOJRO ŁUKASZ	WARSZAWA		ZWIĄZKOWIEC	78	M30/42 (M)76	00:42:32	00:42:10	14.23	00:15:23 / 107	00:30:52 / 81
79	324	ŁASOCKI PIOTR	WARSZAWA			81	M30/43 (M)77	00:42:37	00:42:34	14.10	00:14:30 / 60	00:30:52 / 80
80	791	GRZEGORCZYK MARTA	WARSZAWA		WARSZAWIACY	92	K16/2 (K)3	00:42:45	00:42:41	14.06	00:14:20 / 51	00:30:05 / 62
81	948	KONICZ SEBASTIAN	WARSZAWA			87	M20/17 (M)78	00:42:45	00:42:22	14.16	00:14:55 / 79	00:30:34 / 73
82	21	KURASZKIEWICZ MACIEJ	WARSZAWA		FUNDACJA WOŚP	71	M40/15 (M)79	00:42:45	00:42:29	14.12	00:15:04 / 89	00:30:55 / 82
83	182	WÓJTOWICZ MACIEJ	WARSZAWA			77	M30/44 (M)80	00:42:46	00:42:21	14.17	00:15:28 / 109	00:31:11 / 90
84	496	BOGUSZEWSKI PIOTR	MOSTÓWKA			81	M30/45 (M)81	00:42:46	00:42:28	14.13	00:15:28 / 110	00:31:24 / 98
85	42	CUBER PIOTR	WARSZAWA		SSK KSP	88	M20/18 (M)82	00:42:55	00:42:41	14.06	00:15:25 / 108	00:31:11 / 89
86	472	NOWICKI ANDRZEJ	WARSZAWA			63	M40/16 (M)83	00:42:57	00:42:36	14.08	00:15:36 / 117	00:31:15 / 91
87	145	FAZAN RAFAŁ	JÓZEFOSŁAW		UNLEASHED	71	M40/17 (M)84	00:43:03	00:42:56	13.98	00:15:17 / 97	00:33:17 / 171
88	539	ZAWADZKI KAMIL	WARSZAWA			79	M30/46 (M)85	00:43:08	00:42:43	14.05	00:15:30 / 111	00:31:15 / 92
89	874	SZTEKMILLER DOMINIK	ZGIERZ		JASTRZĄB 32. BLT ŁASK	75	M30/47 (M)86	00:43:17	00:43:10	13.90	00:14:21 / 53	00:30:32 / 71
90	562	FURTAK WOJCIECH	GDYNIA			78	M30/48 (M)87	00:43:24	00:43:22	13.84	00:15:07 / 92	00:31:09 / 87
91	658	BEBELSKI RAFAŁ	WARSZAWA		AKADEMIA TRAITHLONU-	77	M30/49 (M)88	00:43:32	00:43:26	13.81	00:15:36 / 116	00:31:33 / 105
92	224	BODZIAK MARCIN	WARSZAWA			70	M40/18 (M)89	00:43:36	00:43:11	13.89	00:15:35 / 113	00:31:24 / 97
93	139	PĘKAŁA JAROSŁAW	ZGIERZ		JASTRZĄB 32. BLT ŁASK	70	M40/19 (M)90	00:43:37	00:43:30	13.79	00:14:43 / 65	00:31:09 / 86
94	173	PIOTROWSKI ADAM	WARSZAWA		WWW.FORT-BEMA.PL	72	M30/50 (M)91	00:43:37	00:43:35	13.77	00:15:01 / 86	00:31:18 / 94
95	979	CHRISTENSEN FLEMMING P.	SABRO (DANIA)			69	M40/20 (M)92	00:43:40	00:43:33	13.78	00:16:02 / 164	00:31:58 / 117
96	776	WNUK MARCIN	WARSZAWA			76	M30/51 (M)93	00:43:42	00:43:34	13.77	00:15:20 / 103	00:31:30 / 102
97	824	STEFANIAK GRZEGORZ	RAWA		TRIATHLON RAWA	78	M30/52 (M)94	00:43:43	00:43:33	13.78	00:14:45 / 68	00:30:58 / 84
98	290	SZCZYGIEL PRZEMYSŁAW	WARSZAWA			79	M30/53 (M)95	00:43:44	00:43:25	13.82	00:15:38 / 123	00:31:31 / 103
99	551	ADAMKIEWICZ MIROSLAW	SOCHACZEW		KM AKTYWNI SOCHACZEW	67	M40/21 (M)96	00:43:45	00:43:40	13.74	00:14:57 / 80	00:31:02 / 85
100	409	PAKUŁA BŁAŻEJ	WARSZAWA			88	M20/19 (M)97	00:43:48	00:43:40	13.74	00:14:47 / 72	00:30:55 / 83
101	179	FANTINI ROMAN	WARSZAWA			71	M40/22 (M)98	00:43:52	00:43:09	13.90	00:16:19 / 197	00:32:00 / 121
102	390	ZALEWSKI MARCIN	WARSZAWA		CANOR ANTICUS	52	M50/2 (M)99	00:43:52	00:43:49	13.69	00:14:58 / 83	00:31:38 / 108
103	188	KOŁODZIEJEK MAREK	WARSZAWA			71	M40/23 (M)100	00:43:52	00:43:34	13.77	00:15:37 / 119	00:31:27 / 100
104	864	WRÓBEL MARCIN	PIONKI			93	M16/3 (M)101	00:43:55	00:43:41	13.74	00:15:56 / 156	00:31:27 / 101
105	150	STANISZ PIOTR	WARSZAWA		LEGION WARSZAWA	86	M20/20 (M)102	00:43:57	00:43:42	13.73	00:15:19 / 101	00:31:34 / 106
106	45	JAŁOCHA WALDEMAR	WARSZAWA		SSK KSP	66	M40/24 (M)103	00:43:57	00:43:41	13.74	00:15:05 / 90	00:31:21 / 95
107	67	ŻABIK RADOŚLAW	WARSZAWA			79	M30/54 (M)104	00:44:00	00:43:55	13.66	00:14:44 / 67	00:31:09 / 88
108	408	PILIPIUK BARTOSZ	BIAŁYSTOK			86	M20/21 (M)105	00:44:01	00:43:46	13.71	00:15:53 / 153	00:32:00 / 120
109	542	TURLEJ DARIUSZ	WARSZAWA		DARTS WARSZAWA	57	M50/3 (M)106	00:44:04	00:43:43	13.72	00:15:39 / 125	00:31:42 / 109

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h]</i>	<i>Check points</i>	
110	743	FIDURA TOMASZ	WARSZAWA		VIATORES	77	M30/55 (M)107	00:44:04	00:43:47	13.70	00:15:39 / 126	00:31:42 / 110
111	836	SZYMAŃSKI PIOTR	SIERPC			79	M30/56 (M)108	00:44:08	00:44:02	13.63	00:15:44 / 137	00:31:36 / 107
112	850	BLACHEWICZ MARCIN	BYDGOSZCZ			75	M30/57 (M)109	00:44:10	00:43:45	13.71	00:15:50 / 148	00:32:02 / 123
113	78	PAWŁOWSKI HUBERT	WARSZAWA			92	M16/4 (M)110	00:44:10	00:43:55	13.66	00:15:18 / 99	00:31:32 / 104
114	478	KOZŁOWSKI MAREK	WARSZAWA			71	M40/25 (M)111	00:44:10	00:44:02	13.63	00:15:40 / 131	00:33:47 / 190
115	471	WOŹNIAK RYSZARD	BORZYCHY		MARATONYPOLSKIE.PL TEAM	71	M40/26 (M)112	00:44:15	00:44:10	13.58	00:15:47 / 142	00:33:47 / 189
116	422	MIKULSKI DAWID	GARWOLIN			83	M20/22 (M)113	00:44:16	00:43:49	13.69	00:15:51 / 150	00:31:53 / 115
117	311	TULIK PIOTR	WARSZAWA		NOCNY ROWER	75	M30/58 (M)114	00:44:17	00:44:00	13.64	00:15:36 / 118	00:31:48 / 112
118	568	STAŃSKI SŁAWOMIR	WARSZAWA			61	M50/4 (M)115	00:44:24	00:44:18	13.54	00:15:21 / 105	00:31:50 / 113
119	378	KWAŚNY RYSZARD	WARSZAWA		WSB CYTADELA	72	M30/59 (M)116	00:44:28	00:44:13	13.57	00:15:03 / 88	00:31:15 / 93
120	443	BRONIAREK JACEK	WARSZAWA			73	M30/60 (M)117	00:44:30	00:44:23	13.52	00:14:54 / 78	00:31:23 / 96
121	352	ŻURANIEWSKA AGNIESZKA	WARSZAWA			77	K30/2 (K)4	00:44:31	00:44:07	13.60	00:15:41 / 132	00:31:59 / 119
122	816	KNYSZEWSKI ROBERT	SOCHACZEW			83	M20/23 (M)118	00:44:32	00:44:06	13.61	00:17:29 / 316	00:31:50 / 114
123	20	KRZYSZTOŃ GRZEGORZ	WARSZAWA		FUNDACJA WOŚP	86	M20/24 (M)119	00:44:41	00:44:16	13.55	00:15:35 / 114	00:31:54 / 116
124	873	LEŚ TOMASZ	WARSZAWA		TRUCHT TARCHOMIN	88	M20/25 (M)120	00:44:43	00:44:19	13.54	00:16:06 / 178	00:32:31 / 136
125	64	ŁYJAK OLGA	WARSZAWA		ACCELERATE - KLUB BIEGACZA	80	K30/3 (K)5	00:44:44	00:44:40	13.43	00:15:19 / 102	00:31:59 / 118
126	711	KURCEWICZ DARIUSZ	WARSZAWA		MADAROS	69	M40/27 (M)121	00:44:46	00:44:19	13.54	00:15:51 / 151	00:32:29 / 134
127	237	BERNACKI BARTOSZ	ŁĄKA PRUDNICKA			83	M20/26 (M)122	00:44:56	00:44:41	13.43	00:15:40 / 128	00:32:10 / 125
128	625	BRZOZOWSKI ANDRZEJ	ZAMOŚĆ		WARSZAWA MOKOTÓW	54	M50/5 (M)123	00:45:00	00:44:54	13.36	00:15:44 / 139	00:32:10 / 126
129	577	GRĄDZKI MAREK	WARSZAWA		KW WARSZAWA	84	M20/27 (M)124	00:45:03	00:44:21	13.53	00:15:44 / 138	00:32:44 / 145
130	431	BIELEŃ ROBERT	WARSZAWA			71	M40/28 (M)125	00:45:05	00:45:01	13.33	00:15:11 / 94	00:32:05 / 124
131	449	JUCHNIEWICZ LIDIA	WARSZAWA		12TRI.PL	81	K30/4 (K)6	00:45:05	00:44:42	13.42	00:16:27 / 206	00:32:41 / 142
132	811	LENARCYK JAKUB	WARSZAWA			78	M30/61 (M)126	00:45:07	00:44:50	13.38	00:15:48 / 144	00:32:29 / 133
133	425	NIEMYT BARTŁOMIEJ	WOŁOMIN			91	M20/28 (M)127	00:45:08	00:44:54	13.36	00:15:56 / 157	00:32:01 / 122
134	359	SENGER ROBERT	LIPUSZ		LTT LIPUSZ	82	M20/29 (M)128	00:45:10	00:44:51	13.38	00:15:51 / 152	00:32:20 / 129
135	361	PLATEK ADAM	WARSZAWA			71	M40/29 (M)129	00:45:13	00:45:08	13.29	00:14:52 / 75	00:31:43 / 111
136	342	BIAŁOGRODZKI RYSZARD	PIASECZNO		PIASECZNOTEAM	59	M50/6 (M)130	00:45:15	00:45:08	13.29	00:16:10 / 182	00:32:35 / 140
137	212	KRASUSKI PIOTR	SOCHACZEW			88	M20/30 (M)131	00:45:16	00:45:00	13.33	00:15:38 / 124	00:32:15 / 127
138	491	WEJTOK TOMASZ	WARSZAWA			66	M40/30 (M)132	00:45:17	00:44:52	13.37	00:15:42 / 133	00:32:17 / 128
139	712	ŁOWCZYŃSKI MARCIN	WARSZAWA		KROPELKI	77	M30/62 (M)133	00:45:20	00:44:30	13.48	00:16:58 / 257	00:33:26 / 176
140	181	WÓDZ MACIEK	LESZNOWOLA			65	M40/31 (M)134	00:45:21	00:44:58	13.34	00:16:21 / 200	00:32:58 / 159
141	905	BARABASZ ARTUR	OTWOCK			83	M20/31 (M)135	00:45:21	00:45:01	13.33	00:16:26 / 204	00:32:52 / 152
142	184	POLKO ROMAN	WARSZAWA		WKB META LUBLINIEC	62	M40/32 (M)136	00:45:21	00:45:16	13.25	00:15:46 / 141	00:32:52 / 151
143	571	BELKIEWICZ RAFAŁ	WARSZAWA			80	M30/63 (M)137	00:45:22	00:45:16	13.25	00:15:43 / 136	00:32:37 / 141
144	244	KOWALCZYK MICHAŁ	WARSZAWA		NMTW TEAM	78	M30/64 (M)138	00:45:23	00:44:57	13.35	00:16:04 / 172	00:32:48 / 147
145	7	JUCHNIEWICZ ANDRZEJ	LIDZBARK			82	M20/32 (M)139	00:45:25	00:45:00	13.33	00:16:30 / 216	00:32:57 / 157
146	9	HRYSZKIEWICZ PIOTR				88	M20/33 (M)140	00:45:29	00:45:03	13.32	00:16:13 / 187	00:32:58 / 158
147	211	WOŁOWIK ARKADIUSZ	WARSZAWA		KB TP	78	M30/65 (M)141	00:45:31	00:45:12	13.27	00:16:04 / 171	00:32:50 / 149
148	36	ŁASIŃSKI PAWEŁ	WARSZAWA		12TRI.PL	88	M20/34 (M)142	00:45:32	00:45:30	13.19	00:15:53 / 155	00:32:49 / 148
149	885	KACZAN NORBERT	OLSZTYN		GAZETA WYBORCZA/POLSKA	75	M30/66 (M)143	00:45:34	00:45:16	13.25	00:15:37 / 122	00:32:48 / 146

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h]</i>	<i>Check points</i>
150	1032	STREFLIK MATEUSZ	GRÓJEC			95	M16/5 (M)144	00:45:34	00:45:23	13.22	00:15:06 / 91 00:32:20 / 130
151	833	DAJNOWICZ ŁUKASZ	WARSZAWA			77	M30/67 (M)145	00:45:35	00:45:20	13.24	00:16:09 / 180 00:35:05 / 267
152	894	GODLEWSKI JAROSŁAW	WARSZAWA			72	M30/68 (M)146	00:45:38	00:45:33	13.17	00:15:47 / 143 00:32:31 / 135
153	58	TAIPALE PEKKA	WARSZAWA		ACCELERATE - KLUB BIEGACZA	78	M30/69 (M)147	00:45:41	00:45:16	13.25	00:16:04 / 169 00:33:00 / 160
154	482	KOWALCZYK ARKADIUSZ	WARSZAWA		SZKODAGADAĆ	70	M40/33 (M)148	00:45:42	00:45:00	13.33	00:16:04 / 170 00:33:06 / 164
155	501	RADOMSKI KAZIMIERZ	MAJDAN /		SWIAT ROWERÓW TEAM	63	M40/34 (M)149	00:45:44	00:45:34	13.17	00:15:50 / 147 00:32:44 / 144
156	606	SIBIGA DARIUSZ	WARSZAWA		SZELEST SADYBA	64	M40/35 (M)150	00:45:47	00:45:37	13.15	00:15:58 / 158 00:32:53 / 153
157	516	PIASECKI PAWEŁ	STARE BABICE			82	M20/35 (M)151	00:45:50	00:45:44	13.12	00:15:35 / 115 00:32:34 / 137
158	130	SENATOR RYSZARD	WARSZAWA			57	M50/7 (M)152	00:45:52	00:45:40	13.14	00:18:04 / 381 00:32:35 / 138
159	295	WALCZAK SŁAWEK	MARKI			78	M30/70 (M)153	00:45:53	00:45:40	13.14	00:16:11 / 183 00:33:02 / 163
160	935	KOWALEWSKI ROBERT	WARSZAWA		GAZETA WYBORCZA	70	M40/36 (M)154	00:45:53	00:45:32	13.18	00:16:28 / 208 00:33:16 / 170
161	442	PRZYBYSZ ANDRZEJ	WARSZAWA			82	M20/36 (M)155	00:45:55	00:45:42	13.13	00:18:24 / 417 00:33:02 / 162
162	439	ALBIŃSKI TOMASZ	WARSZAWA			78	M30/71 (M)156	00:45:57	00:44:40	13.43	00:17:17 / 284 00:33:41 / 188
163	667	SZKOP PIOTR	SIEDLCE		YULO RUN TEAM SIEDLCE	73	M30/72 (M)157	00:45:59	00:45:49	13.10	00:16:25 / 203 00:33:20 / 173
164	787	LIS SYLWESTER	WARSZAWA			71	M40/37 (M)158	00:46:04	00:45:59	13.05	00:16:04 / 168 00:35:02 / 259
165	745	ROSZKIEWICZ ROBERT	ZALESIE GÓRNE		RHFITNESS	78	M30/73 (M)159	00:46:08	00:46:03	13.03	00:15:22 / 106 00:32:26 / 132
166	515	MAZAN PRZEMYSŁAW	WARSZAWA		VEGE-RUNNERS	75	M30/74 (M)160	00:46:12	00:45:52	13.08	00:16:27 / 205 00:33:19 / 172
167	71	CZAJKOWSKI BŁAŻEJ	WARSZAWA			84	M20/37 (M)161	00:46:13	00:45:55	13.07	00:15:37 / 120 00:32:43 / 143
168	967	LUBERADZKI PAWEŁ	WARSZAWA		AKADEMIA	82	M20/38 (M)162	00:46:15	00:45:58	13.05	00:15:37 / 121 00:33:50 / 198
169	268	KULIK JACEK	GRODZISK			63	M40/38 (M)163	00:46:16	00:45:54	13.07	00:16:23 / 202 00:33:23 / 175
170	504	WÓJCİK ADRIAN	WARSZAWA		TRUCHT TARCHOMIN	80	M30/75 (M)164	00:46:21	00:45:53	13.08	00:16:05 / 174 00:32:55 / 155
171	166	KRETKIEWICZ JACEK	WARSZAWA		DRUŻYNA SZPIKU	82	M20/39 (M)165	00:46:23	00:45:33	13.17	00:17:17 / 285 00:32:55 / 154
172	719	FIJAŁKOWSKI PIOTR	SIERPC		STRAŻ POŻARNA SIERPC	69	M40/39 (M)166	00:46:24	00:46:20	12.95	00:15:13 / 96 00:32:26 / 131
173	503	KIENHUIS BAS	WARSZAWA			77	M30/76 (M)167	00:46:25	00:45:56	13.06	00:16:16 / 192 00:33:31 / 180
174	951	BAGIŃSKI PAWEŁ	WARSZAWA			76	M30/77 (M)168	00:46:25	00:45:50	13.09	00:16:29 / 209 00:33:40 / 186
175	1000	BUKOWSKI JANUSZ	WARSZAWA		GAZOWNIA WARSZAWSKA	63	M40/40 (M)169	00:46:27	00:46:12	12.99	00:15:40 / 129 00:32:51 / 150
176	808	OTRZĄSEK KRZYSZTOF	KATOWICE			82	M20/40 (M)170	00:46:29	00:46:06	13.02	00:16:52 / 246 00:33:56 / 204
177	784	ZYCH TOMASZ	JASZENICA		12TRI.PL	91	M20/41 (M)171	00:46:33	00:46:08	13.01	00:15:35 / 112 00:33:10 / 166
178	665	ŻESZCZYŃSKI CEZARY	WARSZAWA		NULL	79	M30/78 (M)172	00:46:34	00:46:06	13.02	00:16:06 / 177 00:33:12 / 169
179	499	WIECZOREK DARIUSZ	WARSZAWA			67	M40/41 (M)173	00:46:35	00:46:20	12.95	00:15:53 / 154 00:33:11 / 168
180	878	MALISZEWSKI ARTUR	WARSZAWA			67	M40/42 (M)174	00:46:37	00:46:15	12.97	00:16:45 / 235 00:35:50 / 316
181	274	PLASOTA JAN	WARSZAWA			75	M30/79 (M)175	00:46:37	00:46:32	12.89	00:15:45 / 140 00:32:56 / 156
182	583	MICHAŁSKI ROBERT	WOŁOMIN			82	M20/42 (M)176	00:46:38	00:46:23	12.94	00:16:07 / 179 00:33:37 / 183
183	532	PODLEŚ ROBERT	WARSZAWA		12TREE	62	M40/43 (M)177	00:46:38	00:46:36	12.88	00:15:59 / 159 00:33:27 / 177
184	536	DYMEL KRZYSZTOF	RASZYN			84	M20/43 (M)178	00:46:41	00:45:54	13.07	00:17:14 / 275 00:34:00 / 208
185	358	BRYŁA TOMASZ	WARSZAWA		WARSZAWA-URSYNÓW	81	M30/80 (M)179	00:46:42	00:46:13	12.98	00:16:32 / 219 00:33:49 / 195
186	12	KOTLAREK MARCIN				88	M20/44 (M)180	00:46:45	00:46:27	12.92	00:17:02 / 264 00:34:06 / 218
187	456	SZYMAŃSKI WIESŁAW	PŁOŃSK			62	M40/44 (M)181	00:46:52	00:46:47	12.83	00:16:42 / 229 00:34:00 / 210
188	280	FRANECKI PIOTR	RZESZÓW			89	M20/45 (M)182	00:46:55	00:46:48	12.82	00:16:01 / 162 00:33:28 / 179
189	730	BEDNARSKI RADOSŁAW	SIERPC		STRAŻ POŻARNA SIERPC	80	M30/81 (M)183	00:46:55	00:46:50	12.81	00:16:17 / 195 00:33:49 / 196

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h]</i>	<i>Check points</i>	
190	411	SASIN ROMUALD	WARSZAWA		GWŁ BIAŁOBRZEGI	73	M30/82 (M)184	00:46:56	00:46:14	12.98	00:16:17 / 194	00:33:40 / 187
191	217	WARMIŃSKI MARCIN	DROHICZYN			84	M20/46 (M)185	00:46:56	00:46:41	12.85	00:15:18 / 100	00:33:08 / 165
192	490	CIEMIŃSKI KRZYSZTOF	WARSZAWA			69	M40/45 (M)186	00:46:57	00:46:39	12.86	00:16:15 / 190	00:33:48 / 192
193	893	KOBUS BŁAŻEJ	ŻYRARDÓW			92	M16/6 (M)187	00:46:57	00:46:39	12.86	00:16:15 / 191	00:33:48 / 193
194	890	KOWALSKI ADAM	WARSZAWA			86	M20/47 (M)188	00:47:00	00:46:31	12.90	00:18:50 / 461	00:33:55 / 203
195	134	MALISZEWSKI JACEK	WARSZAWA		ENERGOTEL.PL	74	M30/83 (M)189	00:47:00	00:46:50	12.81	00:15:39 / 127	00:33:11 / 167
196	451	PAMUŁA MARCIN	WARSZAWA			79	M30/84 (M)190	00:47:02	00:46:39	12.86	00:16:46 / 236	00:34:14 / 224
197	257	BARAŃCZUK KAROL	NOWA IWICZNA			76	M30/85 (M)191	00:47:02	00:46:41	12.85	00:16:50 / 243	00:34:02 / 214
198	315	NOWAKOWSKI MARIUSZ	WARSZAWA		POLSKA BIEGA	60	M50/8 (M)192	00:47:05	00:46:52	12.80	00:16:12 / 184	00:33:38 / 185
199	840	KOZERA MARCIN	WARSZAWA		POLSKA BIEGA	80	M30/86 (M)193	00:47:07	00:45:42	13.13	00:17:06 / 268	00:36:23 / 351
200	39	BIELIŃSKA ANNA				66	K40/1 (K)7	00:47:10	00:47:08	12.73	00:15:49 / 145	00:33:27 / 178
201	262	SZYLIŃSKI JAKUB	WARSZAWA			63	M40/46 (M)194	00:47:11	00:46:55	12.79	00:16:43 / 231	00:34:01 / 212
202	160	ŚWIR CZ MICHAŁ	KROŚNIEWICE			85	M20/48 (M)195	00:47:12	00:46:44	12.84	00:16:48 / 240	00:33:54 / 200
203	340	SÓJKA MARCIN	WARSZAWA		GT DIVERS	70	M40/47 (M)196	00:47:12	00:47:05	12.74	00:16:49 / 241	00:33:54 / 201
204	932	ZAWIŚLAK EMIL	WARSZAWA			91	M20/49 (M)197	00:47:12	00:47:10	12.72	00:15:59 / 160	00:33:58 / 206
205	917	SŁAWIŃSKI MICHAŁ	WARSZAWA			90	M20/50 (M)198	00:47:14	00:46:57	12.78	00:16:30 / 214	00:33:48 / 191
206	1020	SMOKOWSKI TOMASZ	WARSZAWA			73	M30/87 (M)199	00:47:15	00:46:57	12.78	00:16:30 / 215	00:34:15 / 225
207	511	RÓŻYCKI KONRAD	WARSZAWA		LECHICI ZIELONKA	62	M40/48 (M)200	00:47:16	00:46:43	12.84	00:17:00 / 261	00:34:19 / 230
208	178	PTAK PAWEŁ	WARSZAWA			79	M30/88 (M)201	00:47:16	00:46:47	12.83	00:16:16 / 193	00:34:19 / 229
209	786	ŻELAZKO ŁUKASZ	BELSK DUŻY			88	M20/51 (M)202	00:47:17	00:46:40	12.86	00:16:41 / 228	00:33:50 / 197
210	99	SZYMAŃSKI ADRIAN	WARSZAWA			83	M20/52 (M)203	00:47:17	00:46:55	12.79	00:16:05 / 173	00:34:16 / 227
211	397	WOJTYŁA PAWEŁ	WARSZAWA			84	M20/53 (M)204	00:47:18	00:46:41	12.85	00:17:39 / 333	00:35:02 / 262
212	28	NASKRĘT ARKADIUSZ				72	M30/89 (M)205	00:47:18	00:46:50	12.81	00:16:47 / 238	00:34:12 / 221
213	798	SZYSZKOWSKI WŁODZIMIERZ	WARSZAWA			68	M40/49 (M)206	00:47:19	00:47:10	12.72	00:16:21 / 201	00:34:00 / 209
214	138	DULNIK MARCIN	WARSZAWA			80	M30/90 (M)207	00:47:19	00:47:09	12.73	00:15:10 / 93	00:33:21 / 174
215	812	LENARCZYK KATARZYNA	WARSZAWA			76	K30/5 (K)8	00:47:20	00:47:04	12.75	00:16:43 / 230	00:34:01 / 211
216	96	DOMAGAŁA JAROSŁAW	WARSZAWA			66	M40/50 (M)208	00:47:20	00:45:55	13.07	00:17:04 / 267	00:34:30 / 235
217	360	MAŚKO PIOTR	WARSZAWA			83	M20/54 (M)209	00:47:23	00:47:02	12.76	00:19:16 / 512	00:34:30 / 236
218	524	ELERYK PAWEŁ	WARSZAWA			66	M40/51 (M)210	00:47:24	00:46:55	12.79	00:16:31 / 218	00:33:52 / 199
219	136	ŻURAWSKI PAWEŁ	LUBOCHNIA		LENIWCE TEAM	78	M30/91 (M)211	00:47:24	00:47:19	12.68	00:16:36 / 222	00:34:03 / 215
220	369	KUCZEROWSKI MICHAŁ	WARSZAWA			95	M16/7 (M)212	00:47:25	00:47:04	12.75	00:16:33 / 220	00:34:04 / 217
221	531	BEDNARCZYK MARIUSZ	WARSZAWA			70	M40/52 (M)213	00:47:26	00:47:23	12.66	00:16:12 / 185	00:33:57 / 205
222	434	ZIELIŃSKI MICHAŁ	WARSZAWA			81	M30/92 (M)214	00:47:27	00:47:22	12.67	00:16:12 / 186	00:34:03 / 216
223	233	STRZELEC WIESŁAW	RADOM		42 BAZA LOTNICTWA	73	M30/93 (M)215	00:47:36	00:47:08	12.73	00:16:05 / 175	00:33:37 / 182
224	584	ORLIK SEBASTIAN	RADOM		42 BAZA LOTNICTWA	75	M30/94 (M)216	00:47:36	00:47:08	12.73	00:16:06 / 176	00:33:38 / 184
225	587	TYMIRSKI PAWEŁ	WARSZAWA			74	M30/95 (M)217	00:47:39	00:47:24	12.66	00:16:09 / 181	00:33:49 / 194
226	216	IGNACIUK GRZEGORZ	ŁOMIANKI		123 - A TERAZ MY.PL	76	M30/96 (M)218	00:47:40	00:47:30	12.63	00:16:37 / 223	00:34:17 / 228
227	698	RUSZNIK PAWEŁ	KRASNYSTAW			87	M20/55 (M)219	00:47:44	00:47:37	12.60	00:16:30 / 213	00:34:13 / 223
228	177	MATWIEJCZYK GABRIEL	WARSZAWA		FEWREASONS.COM	81	M30/97 (M)220	00:47:46	00:47:19	12.68	00:16:46 / 237	00:34:45 / 248
229	240	FIRS ŁUKASZ	WARSZAWA		KS ZAGRANICZNY ANIOŁ	82	M20/56 (M)221	00:47:46	00:47:28	12.64	00:17:01 / 263	00:34:31 / 239

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points	
230	484	PISINSKI LUKASZ	ZAMBROW		WAT	88	M20/57 (M)222	00:47:46	00:47:24	12.66	00:17:19 / 291	00:34:43 / 246
231	838	DZIEKOŃSKI JACEK	KONSTANCIN-JEZI		MARATONYPOLSKIE.PL TEAM	57	M50/9 (M)223	00:47:46	00:47:31	12.63	00:16:29 / 212	00:33:59 / 207
232	638	POPIOLEK PAWEŁ	WARSZAWA		UNICOM	80	M30/98 (M)224	00:47:47	00:47:39	12.59	00:15:40 / 130	00:33:54 / 202
233	101	WAGNER JACEK	OTWOCK		LABRIGA.NET TEAM	72	M30/99 (M)225	00:47:48	00:47:10	12.72	00:16:54 / 248	00:34:39 / 241
234	123	SLUPIK ANNA	WARSZAWA		12TRI.PL	84	K16/3 (K)9	00:47:49	00:47:26	12.65	00:16:51 / 244	00:34:20 / 232
235	806	KROGULEC MATEUSZ	WARSZAWA			80	M30/100 (M)226	00:47:49	00:47:26	12.65	00:16:51 / 245	00:34:20 / 231
236	803	SZYMERSKI MICHAŁ	WARSZAWA			85	M20/58 (M)227	00:47:51	00:47:41	12.58	00:16:38 / 225	00:34:22 / 233
237	525	PERCHEL KAMIL	GDYNIA			83	M20/59 (M)228	00:47:52	00:47:32	12.62	00:16:38 / 224	00:35:31 / 294
238	167	KAZIMIERCZAK RAFAŁ	ŁOWICZ		ŁOWICZ	74	M30/101 (M)229	00:47:52	00:47:42	12.58	00:15:50 / 146	00:33:36 / 181
239	344	PAJDOSZ RAFAŁ	BIAŁA PODLASKA			77	M30/102 (M)230	00:47:53	00:47:21	12.67	00:16:54 / 249	00:34:12 / 222
240	611	SZYMKOWIAK ADAM	JANÓW LUBELSKI		SZYMKOWIAK TEAM	82	M20/60 (M)231	00:47:55	00:47:35	12.61	00:16:54 / 250	00:34:39 / 242
241	113	STYPIŃSKI MAREK	PRUSZKÓW		GIBNO AMATOR	67	M40/53 (M)232	00:47:56	00:47:36	12.61	00:16:39 / 226	00:34:11 / 220
242	552	SZMUK ALEKSANDRA	NOWA IWICZNA			79	K30/6 (K)10	00:48:01	00:47:41	12.58	00:16:29 / 211	00:34:02 / 213
243	492	POPIELARCZYK MACIEJ	WARSZAWA			93	M16/8 (M)233	00:48:03	00:47:41	12.58	00:17:13 / 274	00:34:52 / 251
244	474	KACZMAREK GRZEGORZ	WARSZAWA			80	M30/103 (M)234	00:48:05	00:47:16	12.69	00:16:57 / 254	00:34:37 / 240
245	1029	DZIUBANY TOMASZ	WARSZAWA		YOKOGAWA RUNNERS	71	M40/54 (M)235	00:48:05	00:47:45	12.57	00:16:57 / 255	00:34:31 / 237
246	591	CZECHOWSKI AGATA	WARSZAWA		ALETEMPO	89	K16/4 (K)11	00:48:08	00:47:35	12.61	00:17:33 / 323	00:35:03 / 263
247	860	OŚKO WITOLD	WARSZAWA			74	M30/104 (M)236	00:48:09	00:47:33	12.62	00:17:36 / 327	00:35:08 / 272
248	251	PIWKO GRAŻYNA	WARSZAWA			63	K40/2 (K)12	00:48:09	00:47:57	12.51	00:16:52 / 247	00:34:31 / 238
249	780	KLAMCZYŃSKI MAREK	SULEJÓWEK			59	M50/10 (M)237	00:48:11	00:47:43	12.57	00:17:25 / 305	00:34:45 / 249
250	548	KOJRO GRZEGORZ	WARSZAWA		ZWIĄZKOWIEC	84	M20/61 (M)238	00:48:12	00:47:50	12.54	00:17:11 / 272	00:34:42 / 245
251	522	ORLONEK PRZEMYSŁAW	WARSZAWA			74	M30/105 (M)239	00:48:13	00:47:53	12.53	00:16:29 / 210	00:34:10 / 219
252	180	SZATYŃSKI KRZYSZTOF	WARSZAWA			81	M30/106 (M)240	00:48:19	00:47:57	12.51	00:17:19 / 292	00:35:00 / 256
253	709	KUCHARSKI MAREK	KLWÓW			75	M30/107 (M)241	00:48:20	00:47:59	12.50	00:17:25 / 308	00:35:33 / 298
254	575	CHACZYKOWSKI JACEK	PRUSZKÓW		TEAM NUTRILITE	72	M30/108 (M)242	00:48:22	00:48:00	12.50	00:17:11 / 273	00:34:58 / 254
255	326	LATUSZEK KRZYSZTOF	MIĘTNE		TRUCHTACZ.PL	69	M40/55 (M)243	00:48:26	00:48:19	12.42	00:16:14 / 188	00:34:16 / 226
256	259	MALINOWSKI JERZY	SZELIGI		UKS AMBRA	61	M50/11 (M)244	00:48:30	00:47:53	12.53	00:16:39 / 227	00:34:28 / 234
257	275	HANULAK MARIUSZ	PIASECZNO			72	M30/109 (M)245	00:48:32	00:47:46	12.56	00:17:57 / 370	00:35:19 / 282
258	373	ŚWIĆ RAFAŁ	WARSZAWA		TRUCHT TARCHOMIN TEAM	74	M30/110 (M)246	00:48:33	00:48:20	12.41	00:16:35 / 221	00:34:41 / 244
259	465	KLUKOWSKI DARIUSZ	WARSZAWA			65	M40/56 (M)247	00:48:35	00:48:03	12.49	00:17:16 / 281	00:35:02 / 261
260	83	ANISIEWICZ ALBERT	WARSZAWA		BLUBBIEGACZA.PL	73	M30/111 (M)248	00:48:39	00:48:18	12.42	00:17:25 / 307	00:35:00 / 257
261	435	KUCIAK BARTOSZ	WARSZAWA			75	M30/112 (M)249	00:48:41	00:47:32	12.62	00:18:04 / 382	00:35:46 / 312
262	737	ZWIERZCHOWSKI WOJCIECH	WARSZAWA			70	M40/57 (M)250	00:48:45	00:48:05	12.48	00:18:05 / 384	00:35:20 / 283
263	561	ORGAN JAKUB	WARSZAWA		SKPB WARSZAWA	81	M30/113 (M)251	00:48:46	00:48:07	12.47	00:18:26 / 419	00:36:06 / 332
264	109	MODRZEWSKI MIKOŁAJ	WARSZAWA			75	M30/114 (M)252	00:48:48	00:48:16	12.43	00:17:18 / 288	00:35:07 / 271
265	337	SMOLEŃSKI PIOTR	WARSZAWA		TRUCHT TARCHOMIN TEAM	69	M40/58 (M)253	00:48:48	00:48:17	12.43	00:17:20 / 295	00:35:22 / 286
266	597	KOSATKO TOMASZ	WARSZAWA			84	M20/62 (M)254	00:48:49	00:48:26	12.39	00:17:28 / 313	00:35:23 / 288
267	98	MICHAŁSKI MICHAŁ	SOBIENIE-JEZIOR		KB TP	76	M30/115 (M)255	00:48:50	00:48:18	12.42	00:17:06 / 269	00:37:26 / 404
268	457	SZYMAŃSKA JUSTYNA	PŁOŃSK			87	K16/5 (K)13	00:48:56	00:48:52	12.28	00:17:11 / 271	00:35:07 / 270
269	592	PŁOSZCZYŃSKI MARCIN	WARSZAWA			72	M30/116 (M)256	00:48:57	00:48:30	12.37	00:17:20 / 294	00:35:18 / 281

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points
270	648	LUTY LESZEK	WARSZAWA			82	M20/63 (M)257	00:48:57	00:48:41	12.32	00:17:03 / 266 00:35:09 / 273
271	695	TERKA TOMASZ	WARSZAWA			77	M30/117 (M)258	00:48:57	00:48:31	12.37	00:17:21 / 298 00:35:18 / 280
272	852	KAMONT RAFAŁ	WARSZAWA			81	M30/118 (M)259	00:48:59	00:48:15	12.44	00:17:41 / 340 00:35:22 / 285
273	1047	ZAŁEWSKI PIOTR	WARSZAWA		ALETEMPO	69	M40/59 (M)260	00:49:00	00:48:29	12.38	00:17:21 / 296 00:35:07 / 269
274	314	KORZONKOWSKI TOMASZ	WARSZAWA			76	M30/119 (M)261	00:49:00	00:48:51	12.28	00:17:45 / 347 00:35:45 / 310
275	588	LUDWINEK IWONA	WARSZAWA		VEGE RUNNERS	83	K16/6 (K)14	00:49:03	00:48:35	12.35	00:17:32 / 322 00:35:20 / 284
276	205	SAKOWSKI MARCIN	WARSZAWA		123-A-TERAZ-MY	80	M30/120 (M)262	00:49:06	00:48:05	12.48	00:17:47 / 352 00:35:28 / 291
277	976	KRZAK MACIEJ	WARSZAWA			54	M50/12 (M)263	00:49:07	00:48:33	12.36	00:17:16 / 282 00:35:03 / 264
278	241	BOGUCKA ELIZA	WARSZAWA			86	K16/7 (K)15	00:49:07	00:48:37	12.34	00:17:47 / 354 00:35:32 / 296
279	886	GAŚOWSKI PIOTR	WARSZAWA			64	M40/60 (M)264	00:49:11	00:48:09	12.46	00:18:40 / 444 00:35:53 / 320
280	875	BOJKO FILIP	WARSZAWA			79	M30/121 (M)265	00:49:13	00:48:54	12.27	00:17:16 / 279 00:35:11 / 275
281	103	CZWARNO TOMASZ	WARSZAWA			78	M30/122 (M)266	00:49:13	00:48:53	12.27	00:16:02 / 165 00:34:54 / 252
282	297	ODZIEMCZYK ROBERT	GARWOLIN			75	M30/123 (M)267	00:49:15	00:49:04	12.23	00:16:19 / 196 00:34:40 / 243
283	637	ADAMCZAK JOANNA	MINSK			83	K16/8 (K)16	00:49:15	00:48:42	12.32	00:17:34 / 324 00:35:30 / 293
284	487	PIETRAŚ AGATA	WARSZAWA			84	K16/9 (K)17	00:49:16	00:49:07	12.22	00:16:58 / 256 00:35:04 / 266
285	928	GORZELAK ARTUR	WARSZAWA			85	M20/64 (M)268	00:49:17	00:48:54	12.27	00:16:54 / 252 00:35:31 / 295
286	219	KLEPACKI MAREK	DROHICZYN		DROHICZYN TEAM	87	M20/65 (M)269	00:49:18	00:49:11	12.20	00:16:01 / 163 00:34:58 / 255
287	626	URBANSKI PIOTR	WARSZAWA			71	M40/61 (M)270	00:49:18	00:48:48	12.30	00:17:24 / 303 00:35:24 / 289
288	930	ŚWIERCZEWSKI MARCIN	WARSZAWA			79	M30/124 (M)271	00:49:20	00:48:42	12.32	00:17:59 / 374 00:36:11 / 335
289	158	NIEMIADOMSKI ZDZISŁAW	WARSZAWA			49	M60/2 (M)272	00:49:22	00:49:19	12.17	00:16:28 / 207 00:35:01 / 258
290	229	GRYCNER PAWEŁ	WARSZAWA		BEZIMIENNI	84	M20/66 (M)273	00:49:23	00:48:52	12.28	00:17:21 / 297 00:35:33 / 297
291	628	PIWKO HALINA	WARSZAWA		%TEAM	66	K40/3 (K)18	00:49:23	00:49:21	12.16	00:17:31 / 319 00:35:41 / 307
292	867	VAN ANTWERP MICHAEL	WARSZAWA			79	M30/125 (M)274	00:49:23	00:49:16	12.18	00:16:02 / 166 00:35:04 / 265
293	438	IGNACIUK ŁUKASZ	LUBLIN		123-A-TERAZ-MY.PL	89	M20/67 (M)275	00:49:23	00:49:14	12.19	00:16:20 / 199 00:34:56 / 253
294	43	KŁYS PIOTR	WARSZAWA		SSK KSP	68	M40/62 (M)276	00:49:24	00:48:11	12.45	00:18:12 / 401 00:35:51 / 319
295	481	SIERADZKI SŁAWOMIR	WARSZAWA			77	M30/126 (M)277	00:49:25	00:48:57	12.26	00:17:49 / 357 00:35:40 / 304
296	740	ZIELIŃSKI PAWEŁ	WARSZAWA			76	M30/127 (M)278	00:49:32	00:48:57	12.26	00:18:11 / 396 00:36:03 / 326
297	374	ZAWISTOWSKI KONRAD	PIASECZNO			86	M20/68 (M)279	00:49:33	00:48:22	12.41	00:18:40 / 445 00:36:25 / 352
298	157	MERCHEL DARIUSZ	SULEJÓWEK			69	M40/63 (M)280	00:49:33	00:48:40	12.33	00:19:08 / 494 00:36:09 / 334
299	429	SADOWSKI PIOTR	NOWY TOMYŚL		NKB CHYŻY NOWY TOMYŚL	78	M30/128 (M)281	00:49:33	00:48:42	12.32	00:18:11 / 399 00:36:09 / 333
300	603	ŚWIECICKI WOJCIECH	WARSZAWA			63	M40/64 (M)282	00:49:35	00:49:12	12.20	00:16:57 / 253 00:35:06 / 268
301	555	PRUGAR PAULINA	WARSZAWA			83	K16/10 (K)19	00:49:36	00:49:09	12.21	00:17:51 / 359 00:35:40 / 305
302	607	BENSON GEORGE	WARSZAWA			60	M50/13 (M)283	00:49:37	00:49:09	12.21	00:17:23 / 302 00:35:17 / 278
303	978	PERELMAN DAVID	KOPENHAGA			74	M30/129 (M)284	00:49:37	00:48:49	12.29	00:17:23 / 301 00:35:17 / 279
304	304	BOCHENKO EDWARD	ŁOMŻA			55	M50/14 (M)285	00:49:38	00:48:57	12.26	00:17:59 / 372 00:35:50 / 315
305	975	MARKUS SŁAWOMIR	WARSZAWA			73	M30/130 (M)286	00:49:39	00:48:40	12.33	00:20:29 / 632 00:35:59 / 324
306	600	KROUPA LUIZA	WARSZAWA		IM 2010 WARSZAWA	67	K40/4 (K)20	00:49:40	00:48:40	12.33	00:18:30 / 427 00:36:15 / 343
307	48	LEPLE GRZEGORZ	OPACZ KOLONIA			69	M40/65 (M)287	00:49:41	00:49:19	12.17	00:17:25 / 306 00:35:02 / 260
308	540	CHICHŁOWSKI IGOR	KONSTANCIN-JEŻI			73	M30/131 (M)288	00:49:42	00:49:16	12.18	00:17:28 / 314 00:35:48 / 314
309	829	ZASKURSKI ŁUKASZ	MICHAŁOWICE			81	M30/132 (M)289	00:49:42	00:49:10	12.20	00:17:30 / 318 00:35:51 / 318

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points	
310	498	KINASIEWICZ MAREK	SKIERDY		CSIKGW	52	M50/15 (M)290	00:49:43	00:48:30	12.37	00:18:34 / 436	00:36:16 / 344
311	841	KROENKE MACIEJ	WARSZAWA		KB HOLMES PLACE	81	M30/133 (M)291	00:49:44	00:49:09	12.21	00:18:10 / 394	00:36:23 / 349
312	56	MAROSZEK BARTOSZ	WARSZAWA		ACCELERATE - KLUB BIEGACZA	81	M30/134 (M)292	00:49:49	00:49:35	12.10	00:17:17 / 283	00:35:43 / 309
313	914	KRAWCOW PIOTR	BRWINÓW			85	M20/69 (M)293	00:49:49	00:49:42	12.07	00:17:02 / 265	00:35:42 / 308
314	510	JARONCZYK PAWEŁ	BIĄŁYSTOK			87	M20/70 (M)294	00:49:51	00:49:07	12.22	00:17:27 / 311	00:36:03 / 325
315	168	JASIŃSKI MIKOŁAJ	WARSZAWA			83	M20/71 (M)295	00:49:56	00:49:05	12.22	00:18:05 / 385	00:36:06 / 330
316	383	MCLEAN MAGDA	WARSZAWA			78	K30/7 (K)21	00:49:57	00:49:23	12.15	00:18:46 / 456	00:36:27 / 355
317	307	CZUBAKOWSKI SŁAWOMIR	WARSZAWA			64	M40/66 (M)296	00:49:58	00:49:53	12.03	00:15:50 / 149	00:34:45 / 247
318	89	KUCZYŃSKI LESZEK	WARSZAWA		PRĘŻNE WACKI	78	M30/135 (M)297	00:50:01	00:49:29	12.13	00:16:54 / 251	00:35:46 / 311
319	234	SKURZAK MICHAŁ	WARSZAWA			75	M30/136 (M)298	00:50:01	00:49:35	12.10	00:17:28 / 315	00:35:48 / 313
320	389	SIDWIŃSKI MARCIN	WARSZAWA			82	M20/72 (M)299	00:50:01	00:49:48	12.05	00:17:00 / 260	00:35:12 / 277
321	868	JUNG JAKUB	WARSZAWA		12TRI.PL	85	M20/73 (M)300	00:50:05	00:49:43	12.07	00:17:34 / 326	00:36:16 / 345
322	644	MATYSIAK ARKADIUSZ	ZĄBKI			89	M20/74 (M)301	00:50:05	00:48:44	12.31	00:18:54 / 465	00:37:06 / 392
323	569	NIEDIÓŁKA MAŁGORZATA	WARSZAWA			68	K40/5 (K)22	00:50:06	00:49:47	12.05	00:17:16 / 280	00:35:40 / 306
324	699	KOWAL ANDRZEJ	WARSZAWA			65	M40/67 (M)302	00:50:08	00:49:56	12.02	00:17:46 / 351	00:36:14 / 340
325	410	WALENDZIEWSKA MAŁGORZATA	WARSZAWA		POLSKA BIEGA	84	K16/11 (K)23	00:50:12	00:49:34	12.10	00:17:40 / 336	00:35:58 / 323
326	117	SZULKOWSKI MAREK	JÓZEFÓW K.			70	M40/68 (M)303	00:50:13	00:49:09	12.21	00:18:09 / 392	00:36:21 / 348
327	231	ZAWADZKI KAMIL	WARSZAWA			93	M16/9 (M)304	00:50:14	00:49:42	12.07	00:17:31 / 320	00:35:35 / 301
328	464	LIPCZYŃSKI PRZEMYSŁAW	DEBICA		WAT	88	M20/75 (M)305	00:50:15	00:49:52	12.03	00:18:01 / 377	00:36:30 / 359
329	412	GÓRECKI SEBASTIAN MAREK	WARSZAWA		ATS ALETEMPO	85	M20/76 (M)306	00:50:16	00:49:59	12.00	00:17:07 / 270	00:36:03 / 327
330	164	CZERWIŃSKI RAFAŁ	WARSZAWA			74	M30/137 (M)307	00:50:16	00:49:26	12.14	00:17:47 / 353	00:36:06 / 331
331	738	KOZAKOW BORYS	WARSZAWA			44	M60/3 (M)308	00:50:17	00:50:12	11.95	00:17:25 / 304	00:35:56 / 322
332	500	KOWALSKI TOMASZ	REBKÓW		TRUCHTACZ.PL	74	M30/138 (M)309	00:50:18	00:50:07	11.97	00:16:15 / 189	00:35:09 / 274
333	710	SIRKO JAROSŁAW	WARSZAWA			76	M30/139 (M)310	00:50:18	00:50:02	11.99	00:17:15 / 278	00:35:51 / 317
334	595	BEŁOWSKI LESZEK	PULAWY		ADBLUE	53	M50/16 (M)311	00:50:18	00:49:46	12.06	00:17:19 / 293	00:35:54 / 321
335	225	MAŚLANKA PIOTR	KONSTANCIN-JEZI		OPEL RUNNING TEAM	72	M30/140 (M)312	00:50:23	00:49:32	12.11	00:18:05 / 386	00:36:50 / 381
336	686	POPIELARZ DANIEL	PRUSZKÓW		UNICOM	78	M30/141 (M)313	00:50:25	00:50:17	11.93	00:17:51 / 358	00:36:43 / 371
337	1023	FENDLER ROBERT	WARSZAWA.			86	M20/77 (M)314	00:50:26	00:50:09	11.96	00:17:18 / 289	00:35:29 / 292
338	428	PAWELEC ANDRZEJ	GDYNIA			83	M20/78 (M)315	00:50:28	00:49:16	12.18	00:18:12 / 400	00:36:26 / 353
339	848	CYBULA MICHAŁ	ZAMOŚĆ			80	M30/142 (M)316	00:50:29	00:49:46	12.06	00:18:33 / 432	00:36:20 / 347
340	558	BANKOWICZ PIOTR	WARSZAWA			70	M40/69 (M)317	00:50:30	00:50:25	11.90	00:16:04 / 167	00:34:50 / 250
341	530	GURDZIŃSKI MICHAŁ	WARSZAWA			81	M30/143 (M)318	00:50:31	00:50:10	11.96	00:18:03 / 380	00:36:32 / 360
342	387	BIELECKI JAKUB	KRYNICA-ZDRÓJ		ENTRE.PL TEAM/IM2010	83	M20/79 (M)319	00:50:32	00:49:10	12.20	00:19:29 / 533	00:37:05 / 391
343	779	BEDNARZ MARTA	WARSZAWA			81	K30/8 (K)24	00:50:34	00:50:25	11.90	00:16:45 / 234	00:35:37 / 303
344	267	ŁACHETA JERZY	WARSZAWA			61	M50/17 (M)320	00:50:38	00:50:29	11.89	00:16:45 / 233	00:35:37 / 302
345	87	SUCHCICKI MAREK	JASZENICA		ROCH JASZENICA	77	M30/144 (M)321	00:50:38	00:50:30	11.88	00:17:51 / 360	00:36:43 / 370
346	647	GRELA MAŁGORZATA	RADOM			89	K16/12 (K)25	00:50:40	00:50:10	11.96	00:18:03 / 379	00:36:26 / 354
347	163	JĘDRYCH GRZEGORZ	WARSZAWA			74	M30/145 (M)322	00:50:42	00:49:52	12.03	00:17:56 / 368	00:36:14 / 339
348	884	ŻYTKIEWICZ PIOTR	KATOWICE			87	M20/80 (M)323	00:50:43	00:49:47	12.05	00:18:50 / 462	00:37:25 / 403

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h]</i>	<i>Check points</i>	
349	904	FILIPIAK GRZEGORZ	WARSZAWA			74	M30/146 (M)324	00:50:44	00:50:11	11.96	00:18:13 / 402	00:36:39 / 367
350	721	MISZTAK PIOTR	WARSZAWA	ITA		83	M20/81 (M)325	00:50:45	00:49:41	12.08	00:17:21 / 299	00:35:23 / 287
351	661	MOSKAL IZABELLA	WARSZAWA		BRYLANT KÓRNIK	73	K30/9 (K)26	00:50:45	00:50:13	11.95	00:17:38 / 332	00:36:15 / 341
352	44	KWIATEK JAROSŁAW	WARSZAWA		SSK KSP	71	M40/70 (M)326	00:50:46	00:49:33	12.11	00:18:30 / 425	00:36:51 / 382
353	416	DRZEWIŃSKI MARIUSZ	WARSZAWA		BIAŁE ŁĄKI	80	M30/147 (M)327	00:50:47	00:50:32	11.87	00:16:20 / 198	00:35:12 / 276
354	819	POCIEJEWSKA JUSTYNA	PABIANICE		INGŹYCIE.PL	81	K30/10 (K)27	00:50:52	00:50:33	11.87	00:17:53 / 362	00:36:43 / 369
355	386	GAWROŃSKI MARIUSZ	WARSZAWA			64	M40/71 (M)328	00:50:53	00:50:52	11.80	00:16:30 / 217	00:35:35 / 300
356	63	SZMAJDZIŃSKI ROBERT	WARSZAWA		ACCELERATE - KLUB BIEGACZA	80	M30/148 (M)329	00:50:55	00:50:34	11.87	00:17:56 / 369	00:35:35 / 299
357	249	WISNIEWSKI MACIEJ	WARSZAWA			94	M16/10 (M)330	00:50:55	00:50:02	11.99	00:18:18 / 407	00:37:17 / 397
358	248	WISNIEWSKI TOMASZ	WARSZAWA			70	M40/72 (M)331	00:50:56	00:50:42	11.83	00:18:19 / 411	00:37:17 / 396
359	1009	HOŁOWACZ TOMASZ	WARSZAWA			40	M70/1 (M)332	00:50:56	00:50:36	11.86	00:18:19 / 412	00:36:52 / 384
360	126	KURDEJ GRZEGORZ	JÓZEFÓW		ERA RUNNING TEAM	74	M30/149 (M)333	00:50:57	00:50:18	11.93	00:17:45 / 348	00:36:11 / 336
361	403	WIŚNIEWSKI PIOTR	RADZIKÓW		RUMAKI	73	M30/150 (M)334	00:50:58	00:49:49	12.04	00:20:20 / 620	00:38:02 / 439
362	320	TURZYŃSKI TOMASZ	WARSZAWA		KB NA WŁASNĄ NOGĘ	76	M30/151 (M)335	00:50:59	00:50:22	11.91	00:18:10 / 395	00:39:23 / 512
363	427	WOŹNIAK MATEUSZ	WARSZAWA			86	M20/82 (M)336	00:51:01	00:50:14	11.94	00:17:14 / 276	00:36:05 / 328
364	907	MIRECKI WOJCIECH	WARSZAWA		WARM RT	61	M50/18 (M)337	00:51:02	00:50:16	11.94	00:17:58 / 371	00:36:05 / 329
365	741	ZWIERZCHOWSKI MACIEJ	WARSZAWA			78	M30/152 (M)338	00:51:03	00:50:23	11.91	00:18:06 / 389	00:36:38 / 365
366	851	MORAWSKI MIROSLAW	RADOM			68	M40/73 (M)339	00:51:05	00:50:46	11.82	00:17:53 / 363	00:36:28 / 357
367	266	GROCHOWSKI GRZEGORZ	WARSZAWA		BIEGAMY Z OCHOTĄ	61	M50/19 (M)340	00:51:06	00:50:28	11.89	00:17:41 / 337	00:36:23 / 350
368	640	ŁASZKIEWICZ TOMASZ	WROCLAW			88	M20/83 (M)341	00:51:07	00:50:20	11.92	00:19:31 / 538	00:38:19 / 454
369	423	NOWAKOWSKI MACIEK	WARSZAWA			80	M30/153 (M)342	00:51:09	00:50:55	11.78	00:18:19 / 410	00:37:27 / 409
370	825	ISASI GORKA	MARKI			71	M40/74 (M)343	00:51:12	00:50:28	11.89	00:17:26 / 310	00:36:15 / 342
371	382	BUCZEK DARIUSZ	BUDY			75	M30/154 (M)344	00:51:16	00:50:32	11.87	00:17:27 / 312	00:36:18 / 346
372	437	STEFAŃSKA KATARZYNA	NADARZYN		STARA WIEŚ	72	K30/11 (K)28	00:51:16	00:50:56	11.78	00:17:44 / 345	00:36:28 / 358
373	339	SÓJKA MAŁGOSIA	WARSZAWA		GT DIVES	75	K30/12 (K)29	00:51:19	00:50:59	11.77	00:17:45 / 346	00:36:49 / 380
374	79	PAWŁOWSKI MATEUSZ	WARSZAWA			95	M16/11 (M)345	00:51:24	00:51:09	11.73	00:15:43 / 134	00:36:48 / 376
375	405	ZIÓLEK RADOSŁAW	WARSZAWA		RUMAKI	78	M30/155 (M)346	00:51:26	00:50:43	11.83	00:15:43 / 135	00:38:02 / 440
376	460	CZECHOWSKI KRZYSZTOF	WARSZAWA			79	M30/156 (M)347	00:51:31	00:50:58	11.77	00:18:14 / 403	00:36:32 / 362
377	469	KASPRZAK BOGUSŁAW	KARCZEW		DRUŻYNA SZPIKU	58	M50/20 (M)348	00:51:31	00:50:52	11.80	00:17:40 / 334	00:36:32 / 361
378	835	BIERNACKI ADAM	ŁÓDŹ		ŁÓDŹ	50	M60/4 (M)349	00:51:32	00:51:02	11.76	00:17:52 / 361	00:36:38 / 366
379	641	PAWŁOWSKA MARTYNA	WARSZAWA		DAMY RADĘ	93	K16/13 (K)30	00:51:33	00:50:50	11.80	00:17:38 / 330	00:36:11 / 337
380	165	MISIAK RAFAŁ	MIKOŁÓW			80	M30/157 (M)350	00:51:35	00:51:14	11.71	00:17:26 / 309	00:36:35 / 364
381	888	KRĘGIEL JAROSŁAW	WARSZAWA			72	M30/158 (M)351	00:51:37	00:51:00	11.76	00:18:31 / 430	00:37:32 / 416
382	622	KORSAK MARCIN	WARSZAWA			78	M30/159 (M)352	00:51:38	00:50:46	11.82	00:18:51 / 463	00:37:37 / 423
383	346	KORDELASINSKI MACIEJ	WARSZAWA			68	M40/75 (M)353	00:51:40	00:50:30	11.88	00:20:50 / 673	00:37:01 / 386
384	349	NAZOREK ANNA	OTWOCK			74	K30/13 (K)31	00:51:40	00:51:17	11.70	00:20:50 / 674	00:37:01 / 387
385	305	JEŻ ADAM	WARSZAWA			79	M30/160 (M)354	00:51:40	00:51:20	11.69	00:20:50 / 672	00:36:14 / 338
386	292	CZAJA PIOTR	WARSZAWA			76	M30/161 (M)355	00:51:42	00:51:05	11.75	00:18:31 / 429	00:37:20 / 399
387	889	ZIÓLEK SYLWESTER	WARSZAWA			76	M30/162 (M)356	00:51:43	00:51:30	11.65	00:17:01 / 262	00:36:42 / 368
388	210	RZESZOTARSKI DARIUSZ	WIĄZOWNA		MICHAŁÓWKAKY	70	M40/76 (M)357	00:51:45	00:51:17	11.70	00:16:48 / 239	00:36:34 / 363

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h]</i>	<i>Check points</i>	
389	807	DĄBROWSKI ROBERT	WARSZAWA		123-A-TERAZ-MY	76	M30/163 (M)358	00:51:46	00:51:09	11.73	00:18:02 / 378	00:37:00 / 385
390	436	WIECZOREK BARTOSZ	WARSZAWA			85	M20/84 (M)359	00:51:49	00:51:00	11.76	00:18:07 / 391	00:36:49 / 379
391	213	SZTOMBER PIOTR	WARSZAWA			85	M20/85 (M)360	00:51:51	00:51:25	11.67	00:18:21 / 416	00:39:39 / 530
392	654	NOWICKI MIROSŁAW	GARWOLIN		TRUCHTACZ.PL	78	M30/164 (M)361	00:51:52	00:51:23	11.68	00:18:43 / 452	00:37:35 / 419
393	381	BUCZEK DOROTA	BUDY			78	K30/14 (K)32	00:51:52	00:51:14	11.71	00:17:41 / 339	00:36:45 / 374
394	102	PONIKOWSKI PAWEŁ	WARSZAWA			83	M20/86 (M)362	00:51:53	00:51:33	11.64	00:17:41 / 338	00:36:45 / 373
395	750	WIELGOSZ MICHAŁ	GARWOLIN		TRUCHTACZ.PL	81	M30/165 (M)363	00:51:53	00:51:24	11.67	00:18:43 / 454	00:37:35 / 422
396	604	ŚWIĘCICKI FILIP	WARSZAWA			86	M20/87 (M)364	00:51:54	00:51:19	11.69	00:18:43 / 453	00:37:18 / 398
397	633	ZAWISTOWSKI PIOTR	WARSZAWA			85	M20/88 (M)365	00:51:56	00:51:17	11.70	00:17:46 / 350	00:38:17 / 448
398	634	PAWŁOWSKA JOLANTA	WARSZAWA		ALETEMPO	59	K50/1 (K)33	00:51:57	00:51:24	11.67	00:18:34 / 434	00:37:27 / 406
399	956	PIETRUK ARTUR	WARSZAWA			85	M20/89 (M)366	00:51:57	00:51:01	11.76	00:18:18 / 408	00:37:02 / 388
400	728	GOCZYŃSKA ANETA	SIERPC		TKKF KUBUŚ SIERPC	80	K30/15 (K)34	00:52:00	00:51:56	11.55	00:17:18 / 287	00:36:46 / 375
401	723	JAKUBIK FILIP	WARSZAWA			95	M16/12 (M)367	00:52:03	00:51:55	11.56	00:17:44 / 344	00:37:04 / 389
402	239	ŁUKASZEWSKI MICHAŁ	OLSZEWNICA			72	M30/166 (M)368	00:52:04	00:51:12	11.72	00:18:30 / 428	00:37:35 / 420
403	950	WILCZEK PAWEŁ	WARSZAWA		WOLFFY'S HOUSE	68	M40/77 (M)369	00:52:04	00:51:19	11.69	00:18:32 / 431	00:37:35 / 421
404	521	ZIENTECKI JACEK	WARSZAWA			48	M60/5 (M)370	00:52:05	00:51:51	11.57	00:18:20 / 413	00:37:27 / 408
405	302	PODKOWIŃSKA IWONA	PIASECZNO			75	K30/16 (K)35	00:52:06	00:51:46	11.59	00:18:00 / 375	00:37:21 / 400
406	446	PAWŁOWSKA KATARZYNA	WARSZAWA			75	K30/17 (K)36	00:52:07	00:51:56	11.55	00:17:59 / 373	00:37:13 / 393
407	110	DZIADKOWIEC LESŁAW	WARSZAWA		ŻÓŁWIE	68	M40/78 (M)371	00:52:11	00:52:02	11.53	00:16:44 / 232	00:35:26 / 290
408	520	BIAŁEK MACIEJ	WARSZAWA			80	M30/167 (M)372	00:52:12	00:52:08	11.51	00:16:58 / 258	00:36:28 / 356
409	691	DĘBOWSKI ANDRZEJ	WARSZAWA			72	M30/168 (M)373	00:52:13	00:51:33	11.64	00:18:36 / 439	00:37:31 / 414
410	887	GAJEWSKA-KRĘGIEL BARBARA	WARSZAWA			73	K30/18 (K)37	00:52:14	00:51:28	11.66	00:18:29 / 424	00:37:33 / 417
411	350	NAZOREK PIOTR	OTWOCK			74	M30/169 (M)374	00:52:15	00:51:52	11.57	00:17:30 / 317	00:37:04 / 390
412	458	RYBAK GRZEGORZ	WARSZAWA		LAS KABACKI	81	M30/170 (M)375	00:52:16	00:51:32	11.64	00:19:03 / 482	00:38:05 / 441
413	788	SZEWczyk ANDRZEJ	WARSZAWA			82	M20/90 (M)376	00:52:16	00:51:36	11.63	00:19:06 / 490	00:38:20 / 455
414	62	STEFANIAK MACIEJ	WARSZAWA		ACCELERATE - KLUB BIEGACZA	83	M20/91 (M)377	00:52:17	00:52:11	11.50	00:17:55 / 367	00:37:28 / 412
415	60	MOSIEJ ANNA	WARSZAWA		ACCELERATE - KLUB BIEGACZA	88	K16/14 (K)38	00:52:17	00:52:11	11.50	00:17:55 / 365	00:37:28 / 410
416	610	BAK ROBERT	WARSZAWA			67	M40/79 (M)378	00:52:17	00:52:00	11.54	00:17:55 / 366	00:37:28 / 411
417	629	HUTNY EWA	WARSZAWA		ŻOLIBORZ BIEGA	64	K40/6 (K)39	00:52:23	00:51:22	11.68	00:19:03 / 483	00:37:57 / 431
418	777	WNUK MICHAŁ	WARSZAWA			80	M30/171 (M)379	00:52:23	00:52:15	11.48	00:17:23 / 300	00:36:48 / 378
419	185	WOŹNIAK JAROSŁAW	WARSZAWA			67	M40/80 (M)380	00:52:26	00:51:33	11.64	00:18:15 / 405	00:36:48 / 377
420	925	SZYMANIAK ZBIGNIEW	RADOM			70	M40/81 (M)381	00:52:29	00:51:27	11.66	00:18:38 / 441	00:37:34 / 418
421	795	SIKORA JAKUB	WARSZAWA			84	M20/92 (M)382	00:52:30	00:52:06	11.52	00:17:43 / 343	00:37:15 / 394
422	291	SALACH MARCIN	WARSZAWA			78	M30/172 (M)383	00:52:32	00:51:59	11.54	00:18:07 / 390	00:37:24 / 402
423	724	KACPURA PIOTR	RADOM		42 BAZA LOTNICTWA	76	M30/173 (M)384	00:52:32	00:51:53	11.56	00:18:59 / 477	00:38:18 / 453
424	59	NOWAK MACIEJ	WARSZAWA		ACCELERATE - KLUB BIEGACZA	87	M20/93 (M)385	00:52:32	00:51:49	11.58	00:17:38 / 331	00:37:30 / 413
425	814	ORŁOWSKI PRZEMYSŁAW	ZIELONKA			84	M20/94 (M)386	00:52:33	00:51:15	11.71	00:19:33 / 544	00:38:45 / 471
426	27	MANDECKI JAKUB				78	M30/174 (M)387	00:52:37	00:52:02	11.53	00:18:27 / 421	00:38:00 / 435
427	26	JASAK PIOTR				79	M30/175 (M)388	00:52:37	00:52:02	11.53	00:18:27 / 422	00:38:01 / 437

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points	
428	396	TYWANEK KONRAD	RADOM		42 BAZA LOTNICTWA	80	M30/176 (M)389	00:52:37	00:51:59	11.54	00:18:59 / 478	00:38:18 / 452
429	527	WASILEWSKI WOJCIECH	WARSZAWA		YAWARA	84	M20/95 (M)390	00:52:43	00:52:16	11.48	00:18:41 / 447	00:38:17 / 451
430	329	KOWALCZYK MARCIN	OTWOCK			69	M40/82 (M)391	00:52:45	00:52:06	11.52	00:18:25 / 418	00:38:00 / 436
431	550	LESKI JANUSZ	WARSZAWA			60	M50/21 (M)392	00:52:45	00:51:50	11.58	00:18:53 / 464	00:38:02 / 438
432	146	FAZAN BARBARA	JÓZEFOSŁAW			73	K30/19 (K)40	00:52:45	00:52:34	11.41	00:17:43 / 342	00:37:24 / 401
433	672	WAGNER DARIUSZ	ZIELONKA			89	M20/96 (M)393	00:52:51	00:51:31	11.65	00:20:26 / 627	00:39:25 / 515
434	197	SROCZYŃSKA MAGDALENA	WARSZAWA			83	K16/15 (K)41	00:52:52	00:52:36	11.41	00:17:15 / 277	00:36:44 / 372
435	415	DYMARSKI MAREK	JÓZEFOSŁAW		123 A TERAZ MY	71	M40/83 (M)394	00:52:53	00:51:53	11.56	00:19:28 / 530	00:38:36 / 465
436	922	WOJTASZKO MACIEJ	WARSZAWA			76	M30/177 (M)395	00:52:57	00:52:20	11.46	00:19:09 / 498	00:38:35 / 464
437	822	ROSIŃSKI DARIUSZ	WARSZAWA			68	M40/84 (M)396	00:52:57	00:52:30	11.43	00:17:54 / 364	00:37:44 / 427
438	705	GRABOWSKI GRZEGORZ	WARSZAWA			65	M40/85 (M)397	00:53:01	00:52:36	11.41	00:18:10 / 393	00:37:42 / 426
		WASYL										
439	596	ŁĄŻEWSKI ANDRZEJ	WARSZAWA			66	M40/86 (M)398	00:53:06	00:52:16	11.48	00:18:42 / 448	00:37:58 / 434
440	341	KOTYNIA MAŁGOSIA	NOWA WOLA			80	K30/20 (K)42	00:53:07	00:52:14	11.49	00:18:16 / 406	00:37:40 / 425
441	277	KALBARCZYK MACIEJ	WARSZAWA			83	M20/97 (M)399	00:53:08	00:52:06	11.52	00:19:45 / 554	00:39:03 / 490
442	843	MAŁACHOWSKI SŁAWOMIR	WARSZAWA		SSRL	65	M40/87 (M)400	00:53:08	00:52:44	11.38	00:18:33 / 433	00:38:16 / 447
443	832	DĘBOWCZYK MARIUSZ	WARSZAWA			87	M20/98 (M)401	00:53:08	00:51:51	11.57	00:20:07 / 595	00:39:18 / 505
444	264	TERLECKI DARIUSZ	NOWA IWICZNA			67	M40/88 (M)402	00:53:09	00:52:49	11.36	00:16:50 / 242	00:36:51 / 383
445	619	HINZMANN SZYMON	WARSZAWA			78	M30/178 (M)403	00:53:10	00:52:24	11.45	00:19:20 / 525	00:38:35 / 463
446	18	NOWAKOWSKI RAFAŁ				88	M20/99 (M)404	00:53:11	00:52:52	11.35	00:19:43 / 552	00:39:00 / 489
447	713	KRUCZKOWSKA CELINA	WARSZAWA		ŁEBSKI KLUB ŻEGLARSKI	82	K16/16 (K)43	00:53:11	00:52:45	11.37	00:18:28 / 423	00:38:08 / 444
448	17	PIETRASIEWICZ WOJCIECH				79	M30/179 (M)405	00:53:13	00:52:40	11.39	00:17:34 / 325	00:37:16 / 395
449	959	BOŃSKI GRZEGORZ	WARSZAWA			87	M20/100 (M)406	00:53:13	00:52:46	11.37	00:19:05 / 487	00:38:53 / 483
450	426	CYREK NINA	PRUSZKOW			84	K16/17 (K)44	00:53:14	00:52:50	11.36	00:19:04 / 484	00:38:53 / 482
451	853	KASZUBA JAKUB	NOWY TARG			82	M20/101 (M)407	00:53:15	00:52:51	11.35	00:19:04 / 486	00:38:52 / 480
452	351	TYROWICZ AGATA	WARSZAWA		12TRI.PL	84	K16/18 (K)45	00:53:16	00:52:39	11.40	00:18:48 / 458	00:38:06 / 443
453	493	TUROS MAREK	WARSZAWA			69	M40/89 (M)408	00:53:17	00:53:08	11.29	00:17:40 / 335	00:37:27 / 407
454	330	LABRIGA DARIUSZ	KARCZEW		LABRIGA.NET TEAM	70	M40/90 (M)409	00:53:23	00:52:46	11.37	00:17:17 / 286	00:37:32 / 415
455	507	RZYSZKIEWICZ FILIP	WARSZAWA			83	M20/102 (M)410	00:53:25	00:52:45	11.37	00:19:22 / 528	00:38:46 / 475
456	817	ROGAŁA ADAM	WARSZAWA			67	M40/91 (M)411	00:53:27	00:52:59	11.32	00:19:52 / 569	00:39:20 / 510
457	143	OWCZAREK MICHAŁ	MICHAŁOWICE			87	M20/103 (M)412	00:53:27	00:52:10	11.50	00:19:47 / 557	00:38:49 / 478
458	514	WIĘCKOWSKI MICHAŁ	WARSZAWA		MGPROFIT RUNNERS	76	M30/180 (M)413	00:53:28	00:51:59	11.54	00:19:10 / 500	00:38:43 / 468
459	763	WÓJCIK KAMIL	RADOM			88	M20/104 (M)414	00:53:29	00:53:13	11.27	00:18:58 / 474	00:38:37 / 466
460	934	HERMAN KAMIL	OSSÓW		FORMA WOŁOMIN	79	M30/181 (M)415	00:53:32	00:52:39	11.40	00:18:14 / 404	00:38:27 / 457
461	332	WIELGO PRZYBYŚLAW	WARSZAWA			73	M30/182 (M)416	00:53:33	00:53:14	11.27	00:18:59 / 475	00:39:46 / 532
462	1040	CZERWONKA BARTOSZ	WARSZAWA.			75	M30/183 (M)417	00:53:33	00:53:05	11.30	00:17:47 / 355	00:37:26 / 405
463	897	LACHIZE HERVE	ZĄBK			63	M40/92 (M)418	00:53:35	00:53:03	11.31	00:18:00 / 376	00:37:57 / 433
464	609	SZCZEPKOWSKI MATEUSZ	WARSZAWA			80	M30/184 (M)419	00:53:37	00:52:44	11.38	00:19:08 / 495	00:39:03 / 492
465	51	CZEKAJ JUSTYNA	WARSZAWA		ACCELERATE - KLUB BIEGACZA	81	K30/21 (K)46	00:53:39	00:53:20	11.25	00:18:35 / 437	00:38:17 / 449
466	564	CHMIELEWSKI KAMIL	WYSZKÓW			82	M20/105 (M)420	00:53:39	00:52:56	11.34	00:18:35 / 438	00:37:45 / 428

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points	
467	957	GAŚIEWSKI PAWEŁ	WARSZAWA		ERA RUNNING TEAM	77	M30/185 (M)421	00:53:41	00:52:39	11.40	00:19:19 / 523	00:38:45 / 473
468	250	MAKOWIECKI JACEK	WARSZAWA			76	M30/186 (M)422	00:53:42	00:53:18	11.26	00:19:04 / 485	00:38:45 / 472
469	172	SZYMAŃSKI PRZEMYSŁAW	WARSZAWA			78	M30/187 (M)423	00:53:44	00:52:57	11.33	00:19:57 / 573	00:39:27 / 518
470	684	MIĄSEK ALEKSANDRA	WARSZAWA			84	K16/19 (K)47	00:53:46	00:52:25	11.45	00:19:48 / 561	00:39:08 / 499
471	242	PUCHALSKI ŁUKASZ	ZIELONKA			86	M20/106 (M)424	00:53:47	00:52:26	11.44	00:19:35 / 545	00:38:58 / 484
472	946	RUTKOWSKA MAŁGORZATA	STALOWA WOLA			84	K16/20 (K)48	00:53:48	00:53:29	11.22	00:17:38 / 329	00:38:06 / 442
473	773	ĆWIEK JAROSŁAW	WARSZAWA			67	M40/93 (M)425	00:53:54	00:53:14	11.27	00:17:38 / 328	00:41:17 / 607
474	214	ORZESZEK KRZYSZTOF	WARSZAWA		UKS GEPARD	70	M40/94 (M)426	00:53:54	00:53:36	11.19	00:18:34 / 435	00:38:17 / 450
475	949	LIPIŃSKI PIOTR	LEGIONOWO			77	M30/188 (M)427	00:53:57	00:52:49	11.36	00:20:06 / 592	00:39:19 / 509
476	1043	GROŃSKI JERZY	GOLCZEWO		HOMESPLACE	63	M40/95 (M)428	00:54:00	00:53:48	11.15	00:19:11 / 505	00:39:25 / 516
477	483	KOWALSKI DARIUSZ	ZĄBKI			74	M30/189 (M)429	00:54:01	00:52:43	11.38	00:19:33 / 543	00:39:06 / 497
478	75	ZBROSZCZYK ARIEL	WROCŁAW			88	M20/107 (M)430	00:54:02	00:53:15	11.27	00:19:33 / 542	00:38:28 / 458
479	799	BAYKOV ARTEM	WARSZAWA			81	M30/190 (M)431	00:54:05	00:53:26	11.23	00:17:46 / 349	00:38:28 / 459
480	911	KORKOSZ ANDRZEJ	WARSZAWA		GROTY TEAM	77	M30/191 (M)432	00:54:07	00:52:35	11.41	00:20:25 / 625	00:39:54 / 536
481	407	WIŚNIEWSKI PAWEŁ	RADZIKÓW		RUMAKI	73	M30/192 (M)433	00:54:08	00:52:59	11.32	00:20:48 / 669	00:40:07 / 549
482	681	AFTAŃSKI PRZEMYSŁAW	LIPNO			74	M30/193 (M)434	00:54:08	00:53:38	11.19	00:19:41 / 549	00:39:30 / 521
483	402	BŁACH JACEK	RAWA		RUMAKI	74	M30/194 (M)435	00:54:12	00:53:03	11.31	00:20:48 / 668	00:40:07 / 552
484	77	STOLARSKI PAWEŁ	JABŁONNA			64	M40/96 (M)436	00:54:13	00:53:17	11.26	00:19:18 / 518	00:38:59 / 487
485	733	RACINOWSKI DARIUSZ	PŁOŃSK			63	M40/97 (M)437	00:54:13	00:53:47	11.16	00:18:55 / 466	00:38:43 / 469
486	800	ŻUREK KATARZYNA	NOWY DWÓR			73	K30/22 (K)49	00:54:13	00:53:36	11.19	00:19:16 / 510	00:38:58 / 485
487	1049	PAŁASZ STANISŁAW	ŁÓDŹ		STRAŻ MIEJSKA ŁÓDŹ	63	M40/98 (M)438	00:54:14	00:53:32	11.21	00:19:17 / 517	00:38:58 / 486
488	421	KWIATKOWSKI MICHAŁ	WARSZAWA			78	M30/195 (M)439	00:54:14	00:53:21	11.25	00:19:22 / 527	00:39:05 / 496
489	293	JAGIELSKI WITOLD	WARSZAWA			65	M40/99 (M)440	00:54:15	00:53:53	11.14	00:18:11 / 397	00:38:16 / 446
490	632	FROM PRZEMYSŁAW	WYSZKÓW		BIEGANIE.PL	85	M20/108 (M)441	00:54:15	00:53:49	11.15	00:18:06 / 387	00:38:14 / 445
491	395	MACIĄG GOŚKA	RADECZNICA			82	K16/21 (K)50	00:54:16	00:53:46	11.16	00:18:57 / 469	00:38:39 / 467
492	404	SZYMAŃSKI SŁAWOMIR	PIASECZNO		RUMAKI	80	M30/196 (M)442	00:54:16	00:53:06	11.30	00:20:49 / 671	00:40:07 / 550
493	1045	WOLIŃSKI RAFAŁ	PRUSZKÓW			73	M30/197 (M)443	00:54:18	00:53:38	11.19	00:18:41 / 446	00:38:30 / 460
494	692	MALSKI-BRODZICKI MACIEJ	MARKI			80	M30/198 (M)444	00:54:18	00:53:17	11.26	00:20:32 / 638	00:39:43 / 531
495	910	NIEŚCIORUK MIROSLAW	ŁOMIANKI		WARM RT	61	M50/22 (M)445	00:54:23	00:54:10	11.08	00:18:21 / 415	00:38:21 / 456
496	682	SIWEK PIOTR	WARSZAWA-WES			70	M40/100 (M)446	00:54:24	00:53:48	11.15	00:18:06 / 388	00:37:47 / 429
497	707	SIWCZUK ALEKSANDRA	WARSZAWA			81	K30/23 (K)51	00:54:25	00:53:49	11.15	00:19:18 / 520	00:39:18 / 506
498	90	MĘŻYŃSKI ARKADIUSZ	WARSZAWA			78	M30/199 (M)447	00:54:27	00:53:59	11.11	00:17:49 / 356	00:37:38 / 424
499	617	KOPCEWICZ MICHAŁ	MYSIADŁO			74	M30/200 (M)448	00:54:27	00:53:55	11.13	00:18:39 / 443	00:38:33 / 461
500	834	BIELIŃSKI MATEUSZ	WARSZAWA			87	M20/109 (M)449	00:54:27	00:53:09	11.29	00:20:33 / 642	00:40:18 / 559
501	977	WOLSZCZAK EWELINA	WARSZAWA		POLSKA BIEGA	83	K16/22 (K)52	00:54:28	00:53:54	11.13	00:18:47 / 457	00:41:28 / 619
502	174	RUNOWSKI JACEK	WARSZAWA			77	M30/201 (M)450	00:54:29	00:54:00	11.11	00:19:16 / 515	00:39:19 / 508
503	534	HOFFMANN MATEUSZ	WARSZAWA			74	M30/202 (M)451	00:54:30	00:53:12	11.28	00:20:11 / 607	00:39:31 / 523
504	57	KOŁODZIEJCZAK KINGA	WARSZAWA		ACCELERATE - KLUB BIEGACZA	86	K16/23 (K)53	00:54:32	00:53:54	11.13	00:19:16 / 516	00:38:53 / 481
505	566	STAŃSKA MONIKA	WARSZAWA			87	K16/24 (K)54	00:54:33	00:54:14	11.06	00:18:56 / 468	00:39:28 / 519
506	208	SOBIESZEK ADAM	WARSZAWA			73	M30/203 (M)452	00:54:34	00:53:47	11.16	00:18:56 / 467	00:38:49 / 477

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points		
507	616	OKONIEWSKA AGNIESZKA	MYSIADŁO		ABC KONDYCJA	72	K30/24	(K)55	00:54:36	00:54:04	11.10	00:21:23 / 720	00:39:08 / 498
508	676	WIŚNIAK ARTUR	WARSZAWA			96		(M)453	00:54:38	00:53:56	11.12	00:17:19 / 290	00:37:57 / 432
509	896	TKACZEWSKI ŁUKASZ	LEGIONOWO			85	M20/110	(M)454	00:54:38	00:54:09	11.08	00:18:48 / 459	00:39:04 / 493
510	132	JANKOWSKA AGNIESZKA	WARSZAWA		ABC KONDYCJA	80	K30/25	(K)56	00:54:40	00:54:06	11.09	00:18:38 / 442	00:38:51 / 479
511	729	CHOINACKA KRYSZYNA	SIERPC		TKKF KUBUŚ SIERPC	52	K50/2	(K)57	00:54:43	00:54:39	10.98	00:18:38 / 440	00:38:48 / 476
512	1050	MOĆKO BEATA	WOŁOMIN		ŚWIAT SPORTU – RACING TEAM	72	K30/26	(K)58	00:54:48	00:53:52	11.14	00:19:19 / 524	00:39:47 / 533
513	299	NAPIÓRKOWSKI MIECZYSLAW	RADZIEJOWICE			49	M60/6	(M)455	00:54:49	00:54:33	11.00	00:20:05 / 585	00:39:30 / 520
514	774	MILCZAREK BARTŁOMIEJ	WARSZAWA			82	M20/111	(M)456	00:54:50	00:54:02	11.10	00:21:53 / 756	00:39:13 / 503
515	680	MICHALSKA ANNA	WARSZAWA		BIEGAMY Z OCHOTĄ	64	K40/7	(K)59	00:54:50	00:53:44	11.17	00:19:29 / 534	00:39:00 / 488
516	419	SKIBICKA DOROTA	WARSZAWA			73	K30/27	(K)60	00:54:53	00:54:38	10.98	00:18:04 / 383	00:38:45 / 474
517	659	MALEWICZ ADAM	WARSZAWA		LEGIA GOĆŁAW	74	M30/204	(M)457	00:54:57	00:53:38	11.19	00:20:43 / 662	00:40:19 / 560
518	857	GRYGOLEC MIROSLAW	PIASTÓW		HP RUN	68	M40/101	(M)458	00:54:58	00:54:19	11.05	00:19:02 / 480	00:39:05 / 495
519	260	NOJSZEWSKA ANNA	NOWA IWICZNA		ABC KONDYCJA	70	K40/8	(K)61	00:54:58	00:54:35	10.99	00:19:47 / 559	00:40:03 / 545
520	162	MĘKAŁ RADOŚLAW	WARSZAWA		ERA RUNNING TEAM	79	M30/205	(M)459	00:55:01	00:54:22	11.04	00:18:27 / 420	00:38:45 / 470
521	477	KRUKOWSKA GRAŻYNA	WARSZAWA		RUNLUSIARUN	73	K30/28	(K)62	00:55:03	00:54:04	11.10	00:19:44 / 553	00:39:31 / 522
522	801	SAKOWSKA ANETA	DROZDOWO		SAMODZIELNA JEDNOSTKA	75	K30/29	(K)63	00:55:04	00:54:54	10.93	00:18:57 / 471	00:39:09 / 500
523	380	FURMANIAK JAROSŁAW	WARSZAWA			81	M30/206	(M)460	00:55:05	00:54:31	11.01	00:19:10 / 499	00:39:24 / 514
524	420	FURMANIAK PAWEŁ	WARSZAWA			83	M20/112	(M)461	00:55:06	00:54:33	11.00	00:19:10 / 501	00:39:24 / 513
525	124	ZASUWA MACIEJ	OŻARÓW		FANKLUB KACZORKA	75	M30/207	(M)462	00:55:09	00:53:51	11.14	00:19:21 / 526	00:39:25 / 517
526	519	TERESZCZUK MARCIN	WARSZAWA			78	M30/208	(M)463	00:55:13	00:54:16	11.06	00:20:11 / 605	00:40:40 / 576
527	793	JASKÓŁA PRZEMYSŁAW	WARSZAWA			74	M30/209	(M)464	00:55:14	00:54:30	11.01	00:18:30 / 426	00:39:15 / 504
528	756	ROZWADOWSKI PAWEŁ	BRWINÓW			68	M40/102	(M)465	00:55:15	00:53:59	11.11	00:20:08 / 599	00:40:01 / 540
529	10	KILIAN DANIEL				88	M20/113	(M)466	00:55:21	00:54:06	11.09	00:21:36 / 747	00:41:13 / 599
530	909	SZELACHOWSKI WOJCIECH	WARSZAWA			79	M30/210	(M)467	00:55:22	00:54:57	10.92	00:19:08 / 496	00:39:11 / 501
531	666	TYBURC PAWEŁ	WARSZAWA		NULL	73	M30/211	(M)468	00:55:26	00:55:25	10.83	00:16:58 / 259	00:37:52 / 430
532	338	DYMNICKI MACIEJ	WARSZAWA			84	M20/114	(M)469	00:55:27	00:54:16	11.06	00:20:33 / 641	00:40:39 / 573
533	252	SUŁKOWSKI MICHAŁ	WARSZAWA			90	M20/115	(M)470	00:55:28	00:54:48	10.95	00:20:33 / 640	00:39:12 / 502
534	480	SKORUPSKI GRZEGORZ	WARSZAWA			71	M40/103	(M)471	00:55:29	00:55:04	10.90	00:18:44 / 455	00:39:20 / 511
535	760	PRZYBYLSKI PIOTR	WARSZAWA		Ś.U.K.S POLNA SWIMMING	81	M30/212	(M)472	00:55:34	00:54:31	11.01	00:21:03 / 691	00:40:55 / 581
536	757	ZAŁEWSKI MICHAŁ	WARSZAWA		ŚCIEŻKA BIEGOWA PARK	63	M40/104	(M)473	00:55:35	00:55:07	10.89	00:19:53 / 570	00:40:24 / 567
537	202	COCKER DAN	WARSZAWA			74	M30/213	(M)474	00:55:36	00:54:23	11.03	00:18:57 / 470	00:40:38 / 572
538	818	PUZYNOWSKI JAROSŁAW	WARSZAWA			79	M30/214	(M)475	00:55:40	00:55:10	10.88	00:20:06 / 590	00:40:33 / 571
539	238	COLAUTTI ENRICO	WARSZAWA			66	M40/105	(M)476	00:55:44	00:54:55	10.93	00:20:05 / 586	00:40:12 / 554
540	406	CHMIELEWSKI MARIUSZ	WARSZAWA		RUMAKI	76	M30/215	(M)477	00:55:45	00:55:05	10.89	00:20:05 / 587	00:40:14 / 555
541	906	LENARCZYK WOJTEK	BŁONIE			72	M30/216	(M)478	00:55:46	00:54:40	10.98	00:20:56 / 682	00:41:36 / 623
542	331	KOROTKO-WIELGO ANNA	WARSZAWA			73	K30/30	(K)64	00:55:47	00:55:28	10.82	00:18:59 / 476	00:39:48 / 534
543	388	PIESTRZENIEWICZ MARCIN	WARSZAWA			76	M30/217	(M)479	00:55:47	00:54:33	11.00	00:20:08 / 598	00:40:16 / 558
544	869	OCHAŁ ARTUR	JÓZEFOŚLAW			72	M30/218	(M)480	00:55:50	00:55:10	10.88	00:18:57 / 472	00:41:36 / 625
545	883	GROBELNY MAREK	WARSZAWA			73	M30/219	(M)481	00:55:52	00:55:31	10.81	00:19:16 / 511	00:39:38 / 527
546	821	ZAMELEK PAULINA	WARSZAWA			77	K30/31	(K)65	00:55:53	00:55:32	10.80	00:19:16 / 514	00:39:38 / 529

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h]</i>	<i>Check points</i>
547	636	DROZDOWSKI WITOLD	LEGIONOWO			70	M40/106 (M)482	00:55:59	00:55:15	10.86	00:19:16 / 513 00:39:05 / 494
548	901	LIS MIKOŁAJ	WARSZAWA			83	M20/116 (M)483	00:55:59	00:55:16	10.86	00:19:40 / 548 00:40:07 / 551
549	74	DOBRZAŃSKI MICHAŁ	WARSZAWA			78	M30/220 (M)484	00:55:59	00:55:03	10.90	00:21:02 / 690 00:41:44 / 632
550	384	DOBRZAŃSKI MACIEJ	WARSZAWA		BIEGAMY Z OCHOTĄ	54	M50/23 (M)485	00:56:00	00:55:04	10.90	00:21:01 / 687 00:41:44 / 633
551	675	PIELACHOWSKI PIOTR	WARSZAWA			59	M50/24 (M)486	00:56:04	00:55:04	10.90	00:18:20 / 414 00:43:11 / 698
552	742	SKOWRON HUBERT	SKARŻYSKO-KAMI			88	M20/117 (M)487	00:56:04	00:55:43	10.77	00:19:47 / 558 00:40:01 / 541
553	844	SCHEFFS WALDEMAR	ZĄBKI		AON	62	M40/107 (M)488	00:56:08	00:55:18	10.85	00:18:42 / 449 00:39:19 / 507
554	398	LOVE EWELINA	WARSZAWA			74	K30/32 (K)66	00:56:10	00:55:58	10.72	00:19:39 / 547 00:40:02 / 542
555	961	SZOSTAK MARIUSZ	WARSZAWA-WES			75	M30/221 (M)489	00:56:11	00:55:06	10.89	00:19:50 / 567 00:41:12 / 597
556	820	WÓJCIK AGNIESZKA	WARSZAWA		TRUCHT TARCHOMIN TEAM	82	K16/25 (K)67	00:56:12	00:55:48	10.75	00:19:30 / 535 00:40:14 / 556
557	601	NOWAKOWSKI PAWEŁ	WARSZAWA			78	M30/222 (M)490	00:56:13	00:55:59	10.72	00:20:07 / 593 00:40:43 / 578
558	764	GAŁADYK MARCIN	WARSZAWA		SAINT-GOBAIN SQUAD	78	M30/223 (M)491	00:56:16	00:55:17	10.85	00:20:06 / 591 00:40:21 / 564
559	639	CZECHOWSKI JERZY	WARSZAWA		MZA WARSZAWA	49	M60/7 (M)492	00:56:16	00:55:17	10.85	00:20:51 / 677 00:43:25 / 707
560	447	KĄCKI MICHAŁ	KOBYŁKA			77	M30/224 (M)493	00:56:20	00:56:06	10.70	00:17:42 / 341 00:39:03 / 491
561	258	SIERANSKI PIOTR	ZIELONKA			83	M20/118 (M)494	00:56:25	00:55:12	10.87	00:21:14 / 708 00:41:23 / 617
562	664	DOMAŃSKA MAŁGORZATA	SIENNICA			85	K16/26 (K)68	00:56:25	00:55:35	10.79	00:19:13 / 507 00:39:38 / 528
563	47	WASIL MIROSLAW	WARSZAWA		SSK KSP	76	M30/225 (M)495	00:56:26	00:55:13	10.87	00:20:41 / 656 00:41:11 / 595
564	518	OSIPOWICZ TOMASZ	GDAŃSK			83	M20/119 (M)496	00:56:27	00:55:50	10.75	00:19:15 / 509 00:39:57 / 537
565	783	ROGAŁA MONIKA	BOROWIE		TRUCHTACZ.PL	71	K40/9 (K)69	00:56:28	00:56:20	10.65	00:18:18 / 409 00:39:35 / 525
566	947	LATOS MARCIN	ŁĄZY			75	M30/226 (M)497	00:56:29	00:55:31	10.81	00:20:21 / 621 00:41:09 / 592
567	488	JELIŃSKI MICHAŁ	WARSZAWA			87	M20/120 (M)498	00:56:32	00:55:15	10.86	00:19:49 / 565 00:40:11 / 553
568	872	STRACHOCKA ANNA	WARSZAWA			56	K50/3 (K)70	00:56:36	00:55:34	10.80	00:21:09 / 697 00:40:59 / 585
569	108	SELERSKI KRZYSZTOF	WARSZAWA			61	M50/25 (M)499	00:56:38	00:55:17	10.85	00:19:11 / 504 00:40:02 / 543
570	399	LOVE PETER	WARSZAWA			70	M40/108 (M)500	00:56:40	00:56:30	10.62	00:19:53 / 571 00:40:03 / 544
571	94	GRABOWSKA RENATA	WARSZAWA		ALETEMPO	72	K30/33 (K)71	00:56:40	00:55:58	10.72	00:21:23 / 723 00:41:18 / 608
572	529	KOWALSKI MAREK	WARSZAWA			83	M20/121 (M)501	00:56:42	00:56:21	10.65	00:19:06 / 491 00:40:24 / 568
573	918	BABIK GRZEGORZ	WARSZAWA			72	M30/227 (M)502	00:56:43	00:56:04	10.70	00:20:11 / 606 00:41:09 / 593
574	253	CHOJNACKI NORBERT	WARSZAWA			76	M30/228 (M)503	00:56:47	00:56:02	10.71	00:19:32 / 541 00:40:30 / 569
575	82	ANISIEWICZ DANUTA	WARSZAWA		KLUBBIEGACZA.PL	77	K30/34 (K)72	00:56:48	00:56:26	10.63	00:19:09 / 497 00:40:15 / 557
576	842	KUCHARSKI STANISŁAW	WARSZAWA			77	M30/229 (M)504	00:56:50	00:55:40	10.78	00:20:16 / 613 00:40:58 / 584
577	364	RODAK KAMIL	WARSZAWA			96	(M)505	00:56:54	00:56:11	10.68	00:20:41 / 659 00:41:36 / 626
578	598	MARKOWSKI DOMINIK	WARSZAWA		KLUB BIEGOWY CHIANTI	76	M30/230 (M)506	00:56:55	00:56:20	10.65	00:20:08 / 596 00:41:10 / 594
579	424	SZCZEPANIK ROBERT	WARSZAWA			72	M30/231 (M)507	00:56:58	00:56:14	10.67	00:18:57 / 473 00:40:00 / 539
580	755	MAZUR ANDRZEJ	WARSZAWA			72	M30/232 (M)508	00:57:01	00:56:32	10.61	00:18:42 / 451 00:40:21 / 562
581	649	ŚLUSARCZYK TOMASZ	WARSZAWA			75	M30/233 (M)509	00:57:02	00:56:41	10.59	00:19:07 / 492 00:39:36 / 526
582	263	RYŚ TOMASZ	ZDZIARZEC			83	M20/122 (M)510	00:57:02	00:56:05	10.70	00:20:10 / 604 00:40:39 / 574
583	1028	JARMAKOWSKA AGNIESZKA				75	K30/35 (K)73	00:57:04	00:57:01	10.52	00:19:18 / 521 00:40:33 / 570
584	781	MASŁOWSKI MICHAŁ	WARSZAWA			74	M30/234 (M)511	00:57:05	00:55:48	10.75	00:20:30 / 635 00:41:07 / 588
585	837	BEDNARSKA MARIKA	WARSZAWA			86	K16/27 (K)74	00:57:06	00:55:49	10.75	00:20:30 / 634 00:41:08 / 590
586	191	RADZIACH ILONA	MŁOCHÓW			71	K40/10 (K)75	00:57:08	00:56:24	10.64	00:19:48 / 562 00:40:42 / 577

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h]</i>	<i>Check points</i>	
587	317	PIERŚCENIAK JERZY	WARSZAWA		MOKOTÓW	56	M50/26 (M)512	00:57:14	00:56:40	10.59	00:19:05 / 488	00:39:49 / 535
588	325	KOWALIK ZBIGNIEW	WARSZAWA			66	M40/109 (M)513	00:57:15	00:56:54	10.54	00:19:07 / 493	00:40:20 / 561
589	528	BRAMBOR ŁUKASZ	WARSZAWA		POWERADE	81	M30/235 (M)514	00:57:16	00:56:24	10.64	00:20:04 / 584	00:40:21 / 563
590	413	KOBZA ALDONA	WARSZAWA		POWERADE	82	K16/28 (K)76	00:57:16	00:56:24	10.64	00:20:03 / 579	00:40:21 / 565
591	541	MORAWSKA ANNA	WARSZAWA		ABC KONDYCJA	53	K50/4 (K)77	00:57:19	00:56:46	10.57	00:19:46 / 556	00:40:45 / 579
592	903	SZCZĘSNY JAKUB	WARSZAWA			76	M30/236 (M)515	00:57:19	00:56:13	10.67	00:19:49 / 563	00:41:05 / 586
593	122	BAĆMAGA MAREK	WARSZAWA			85	M20/123 (M)516	00:57:20	00:56:20	10.65	00:20:42 / 660	00:41:19 / 614
594	201	WALCZYNA ŁUKASZ	WARSZAWA			83	M20/124 (M)517	00:57:20	00:56:09	10.69	00:20:33 / 643	00:40:56 / 582
595	50	WOJTASIŃSKI RAFAŁ	WARSZAWA		ACCELERATE - KLUB BIEGACZA	77	M30/237 (M)518	00:57:22	00:57:13	10.49	00:18:11 / 398	00:39:32 / 524
596	759	MOSKWA GRZEGORZ	WARSZAWA			77	M30/238 (M)519	00:57:22	00:56:08	10.69	00:20:15 / 611	00:41:08 / 589
597	556	GRABOWSKI ŁUKASZ	WARSZAWA			83	M20/125 (M)520	00:57:23	00:56:55	10.54	00:17:31 / 321	00:38:34 / 462
598	175	KIERNOZEK SYLWIA	WARSZAWA			83	K16/29 (K)78	00:57:23	00:56:53	10.55	00:19:18 / 519	00:40:06 / 548
599	312	MAMRO ZDZISŁAW	KRAKÓW			46	M60/8 (M)521	00:57:23	00:56:45	10.57	00:20:17 / 614	00:41:21 / 615
600	506	KUCIAK MARCIN	WARSZAWA			70	M40/110 (M)522	00:57:25	00:56:16	10.66	00:20:14 / 610	00:41:19 / 613
601	194	GURZYŃSKA MAŁGORZATA	WARSZAWA		ASZ WAT WARSZAWA	77	K30/36 (K)79	00:57:25	00:56:44	10.58	00:20:31 / 636	00:41:35 / 621
602	193	GURZYŃSKI CEZARY	WARSZAWA		ASZ WAT WARSZAWA	75	M30/239 (M)523	00:57:30	00:56:50	10.56	00:20:32 / 637	00:41:35 / 622
603	826	ISASI AGATA	MARKI			77	K30/37 (K)80	00:57:30	00:56:46	10.57	00:20:37 / 648	00:41:39 / 629
604	718	GWARDA HENRYK	LUBLIN			70	M40/111 (M)524	00:57:34	00:56:46	10.57	00:19:12 / 506	00:40:22 / 566
605	106	KLEJ TOMASZ	WARSZAWA			84	M20/126 (M)525	00:57:34	00:56:58	10.53	00:19:51 / 568	00:41:14 / 601
606	448	BARTUŚ TOMASZ	WARSZAWA			69	M40/112 (M)526	00:57:35	00:56:26	10.63	00:20:20 / 618	00:41:14 / 602
607	766	BUDYTA KATARZYNA	SOBIENIE			85	K16/30 (K)81	00:57:39	00:56:51	10.55	00:21:05 / 692	00:41:16 / 606
608	663	BONDARCZYK MARCIN	WARSZAWA		HENKEL RUNNING TEAM	82	M20/127 (M)527	00:57:42	00:56:53	10.55	00:19:30 / 537	00:40:56 / 583
609	55	KRUSZEWSKA JOANNA	WARSZAWA		HOLMES PLACE	55	K50/5 (K)82	00:57:46	00:57:13	10.49	00:20:12 / 608	00:41:16 / 605
610	1019	ZIELIŃSKI LILA				68	K40/11 (K)83	00:57:47	00:57:28	10.44	00:19:42 / 551	00:41:08 / 591
611	313	BORYS PIOTR	WARSZAWA			70	M40/113 (M)528	00:57:49	00:56:32	10.61	00:23:34 / 831	00:41:56 / 641
612	365	RODAK ZBIGNIEW	WARSZAWA			64	M40/114 (M)529	00:57:49	00:57:05	10.51	00:20:41 / 658	00:41:36 / 624
613	254	MALISZEWSKA MARTA	WARSZAWA			78	K30/38 (K)84	00:57:49	00:57:02	10.52	00:20:51 / 678	00:42:04 / 649
614	93	KOLAKOWSKI MICHAŁ	WARSZAWA		KROPELKI	82	M20/128 (M)530	00:57:52	00:57:01	10.52	00:20:39 / 651	00:41:37 / 627
615	651	ZAJĄCZKOWSKA JOANNA	WARSZAWA		KB TP	65	K40/12 (K)85	00:57:52	00:57:07	10.50	00:19:32 / 540	00:41:37 / 628
616	751	SOĆKO MARIUSZ	WARSZAWA		NASZEBIEGANIE	83	M20/129 (M)531	00:57:53	00:56:48	10.56	00:21:15 / 710	00:42:23 / 672
617	300	BULINSKI PIOTR	WARSZAWA			87	M20/130 (M)532	00:57:59	00:57:09	10.50	00:18:42 / 450	00:40:04 / 546
618	512	SADOWSKI MACIEJ	WARSZAWA			93	M16/13 (M)533	00:58:03	00:56:58	10.53	00:20:41 / 655	00:42:02 / 645
619	831	CISZEWSKA MAŁGORZATA	WARSZAWA			78	K30/39 (K)86	00:58:04	00:57:43	10.40	00:20:20 / 617	00:41:42 / 631
620	144	BUDZYŃSKI KRZYSZTOF	WARSZAWA			85	M20/131 (M)534	00:58:07	00:57:38	10.41	00:18:49 / 460	00:40:05 / 547
621	623	OSTROWSKI PAWEŁ	WARSZAWA			81	M30/240 (M)535	00:58:11	00:57:44	10.39	00:20:09 / 601	00:41:19 / 611
622	316	GRABOWSKI KRZYSZTOF	WARSZAWA			84	M20/132 (M)536	00:58:13	00:57:19	10.47	00:20:50 / 675	00:42:03 / 647
623	768	GAJ ARTUR	WARSZAWA			78	M30/241 (M)537	00:58:16	00:58:02	10.34	00:20:08 / 597	00:41:05 / 587
624	945	MAŃCZAK ROBERT	GDAŃSK			80	M30/242 (M)538	00:58:19	00:57:13	10.49	00:21:15 / 709	00:42:22 / 668
625	926	DESZCZKA MONIKA	WARSZAWA			84	K16/31 (K)87	00:58:21	00:57:28	10.44	00:20:49 / 670	00:42:11 / 658
626	927	ANDRZEJEWSKI MACIEJ	WARSZAWA			84	M20/133 (M)539	00:58:22	00:57:27	10.44	00:20:51 / 676	00:42:12 / 659

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii Grupy in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>Tempo [km/h]</i>	<i>Check points</i>
627	283	MATAREWICZ MARYNA	OŻARÓW			83	K16/32 (K)88	00:58:30	00:57:08	10.50	00:21:29 / 733 00:42:24 / 673
628	393	MISZCZUK LUIZA	WARSZAWA			74	K30/40 (K)89	00:58:33	00:57:58	10.35	00:19:58 / 574 00:41:16 / 603
629	954	KOWALEWSKI LECH	WARSZAWA			83	M20/134 (M)540	00:58:35	00:57:33	10.43	00:21:09 / 695 00:41:16 / 604
630	635	ZASADA AGNIESZKA	ZIELONKA			63	K40/13 (K)90	00:58:35	00:57:12	10.49	00:20:10 / 602 00:42:01 / 644
631	953	KĄŻMIERSKA KALINA	WARSZAWA			83	K16/33 (K)91	00:58:35	00:57:43	10.40	00:21:10 / 699 00:42:22 / 670
632	282	WIAK KONRAD	WARSZAWA			83	M20/135 (M)541	00:58:40	00:57:18	10.47	00:21:29 / 732 00:42:24 / 674
633	513	SALONI-SADOWSKA MARIA	WARSZAWA		BIEGAMY Z OCHOTĄ	71	K40/14 (K)92	00:58:40	00:57:34	10.42	00:20:42 / 661 00:42:08 / 654
634	858	BURDYŃSKI KRYSPIŃ	WARSZAWA		UKS GEPARD	79	M30/243 (M)542	00:58:41	00:58:22	10.28	00:20:06 / 589 00:41:53 / 637
635	333	OWSIĄK ROBERT	ŁOMIANKI			74	M30/244 (M)543	00:58:43	00:57:42	10.40	00:19:19 / 522 00:40:00 / 538
636	142	MALINOWSKI ŁUKASZ	PULĄWY		POLISH DEATHCORE CREW	83	M20/136 (M)544	00:58:44	00:58:14	10.30	00:20:43 / 665 00:42:28 / 681
637	537	ŻUCZKOWSKI ŁUKASZ	WARSZAWA			77	M30/245 (M)545	00:58:45	00:58:05	10.33	00:19:26 / 529 00:41:13 / 600
638	565	KUCIŃSKI KRZYSZTOF	WARSZAWA			74	M30/246 (M)546	00:58:45	00:58:14	10.30	00:19:02 / 481 00:40:40 / 575
639	345	PIEŃKOS ARTUR	WARSZAWA			94	M16/14 (M)547	00:58:48	00:57:58	10.35	00:19:14 / 508 00:41:11 / 596
640	578	DAM MAREK	PRUSZKÓW		ZF UNIA	68	M40/115 (M)548	00:58:50	00:57:44	10.39	00:20:46 / 666 00:42:25 / 675
641	792	MINTA IWONA	WARSZAWA		KRÓLEWSKI KLUB BIEGACZA	77	K30/41 (K)93	00:58:51	00:57:52	10.37	00:21:13 / 706 00:42:22 / 669
642	973	NIEŚCIORUK ANNA	ŁOMIANKI		WARM RT	61	K50/6 (K)94	00:58:53	00:57:44	10.39	00:20:20 / 619 00:41:45 / 634
643	366	ŁUCZAK DARIUSZ	WARSZAWA			72	M30/247 (M)549	00:58:54	00:58:17	10.29	00:20:35 / 645 00:42:11 / 657
644	645	CZARNECKA ILONA	ŁOMIANKI			74	K30/42 (K)95	00:58:56	00:58:12	10.31	00:20:36 / 646 00:42:03 / 648
645	323	DZIKI MARZENNA	WARSZAWA		ALETEMPO	53	K50/7 (K)96	00:58:58	00:57:59	10.35	00:20:41 / 657 00:41:59 / 642
646	689	KAJAK MIROSLAW	GARWOLIN		TRUCHTACZ.PL	58	M50/27 (M)550	00:59:00	00:57:58	10.35	00:21:08 / 694 00:45:10 / 764
647	88	KRAJEWSKA AGNIESZKA	JÓZEFÓW			88	K16/34 (K)97	00:59:04	00:58:17	10.29	00:19:55 / 572 00:41:54 / 639
648	121	ZGRZYWA AGATA	WARSZAWA		MICHU TEAM	82	K16/35 (K)98	00:59:06	00:58:19	10.29	00:21:12 / 705 00:42:43 / 686
649	127	KOSSAKOWSKA KATARZYNA	WARSZAWA		DELOITTE ADVENTURE TEAM	74	K30/43 (K)99	00:59:07	00:58:10	10.32	00:21:19 / 718 00:43:11 / 699
650	585	MARCZAK SŁAWOMIR	KARCZEW			69	M40/116 (M)551	00:59:07	00:58:16	10.30	00:19:41 / 550 00:41:19 / 612
651	129	RÓŻYCKI MACIEJ	WARSZAWA			85	M20/137 (M)552	00:59:09	00:58:35	10.24	00:19:28 / 531 00:41:18 / 609
652	444	PANKOWSKI ANDRZEJ PAWEŁ	PŁOCK-WARSZAW		ŻÓŁTE ŻWAWIE ŻÓŁWIE	69	M40/117 (M)553	00:59:10	00:57:46	10.39	00:19:28 / 532 00:41:18 / 610
653	203	WAWRZYCKA MARTA	KIELCE		MICHU TEAM	84	K16/36 (K)100	00:59:10	00:58:23	10.28	00:21:11 / 700 00:42:43 / 687
654	722	JAKUBIK ANNA	WARSZAWA			74	K30/44 (K)101	00:59:12	00:59:04	10.16	00:20:16 / 612 00:42:18 / 663
655	856	SZYMBORSKI TOMASZ	CZOSNÓW			80	M30/248 (M)554	00:59:13	00:58:46	10.21	00:20:09 / 600 00:41:23 / 616
656	866	ROTKO IRENEUSZ	WARSZAWA			78	M30/249 (M)555	00:59:13	00:58:40	10.23	00:19:10 / 502 00:41:41 / 630
657	706	SZYMAŃSKI ARTUR	WARSZAWA			70	M40/118 (M)556	00:59:14	00:58:17	10.29	00:20:04 / 583 00:42:00 / 643
658	753	IZYDORSKA MAGDALENA	WARSZAWA			83	K16/37 (K)102	00:59:20	00:58:05	10.33	00:20:28 / 629 00:42:10 / 656
659	704	RYBARCZYK DARIUSZ	WARSZAWA			82	M20/138 (M)557	00:59:20	00:58:05	10.33	00:20:28 / 630 00:42:10 / 655
660	363	POSYŃIAK DANIEL	WARSZAWA			71	M40/119 (M)558	00:59:22	00:58:06	10.33	00:22:15 / 775 00:43:16 / 702
661	308	LESZCZYŃSKI RAFAŁ	LEGIONOWO			71	M40/120 (M)559	00:59:28	00:58:32	10.25	00:21:01 / 688 00:42:17 / 661
662	112	WYSOCKI GRZEGORZ	WARSZAWA			76	M30/250 (M)560	00:59:29	00:58:05	10.33	00:20:55 / 681 00:42:19 / 664
663	736	ŁUBIAN IWONA	OTWOCK			82	K16/38 (K)103	00:59:30	00:58:31	10.25	00:20:29 / 633 00:42:26 / 676
664	735	ŁUBIAN MAGDALENA	OTWOCK			82	K16/39 (K)104	00:59:30	00:58:31	10.25	00:20:28 / 631 00:42:26 / 678
665	273	MAJCHERCZYK ANNA	WARSZAWA			79	K30/45 (K)105	00:59:31	00:58:39	10.23	00:23:26 / 828 00:42:26 / 677
666	272	MAJCHERCZYK KRZYSZTOF	WARSZAWA			79	M30/251 (M)561	00:59:31	00:58:40	10.23	00:20:40 / 654 00:42:40 / 683

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points	
667	53	SUWALD AGNIESZKA	WARSZAWA		ACCELERATE - KLUB BIEGACZA	87	K16/40 (K)106	00:59:34	00:59:03	10.16	00:20:03 / 582	00:42:07 / 652
668	61	SUWALD ANDRZEJ	WARSZAWA		ACCELERATE - KLUB BIEGACZA	61	M50/28 (M)562	00:59:35	00:59:04	10.16	00:20:03 / 580	00:42:07 / 653
669	876	ZAŁĘSKI MARCIN	CZECZOTKI		123- A TERAZ MY	77	M30/252 (M)563	00:59:36	00:58:46	10.21	00:20:03 / 581	00:42:20 / 665
670	931	ZAWIŚLAK ROBERT	WARSZAWA			59	M50/29 (M)564	00:59:39	00:59:29	10.09	00:19:30 / 536	00:42:03 / 646
671	920	BLASZKO KONRAD	WROCLAW			86	M20/139 (M)565	00:59:40	00:58:39	10.23	00:21:50 / 751	00:43:18 / 703
672	919	CHMIELEWSKA DOROTA	WARSZAWA			86	K16/41 (K)107	00:59:40	00:58:40	10.23	00:21:50 / 750	00:43:18 / 704
673	1024	ŁADNOWSKI ŁUKASZ	KOMORÓW			87	M20/140 (M)566	00:59:42	00:58:46	10.21	00:19:47 / 560	00:41:13 / 598
674	899	BRODOWSKI MICHAŁ	WARSZAWA			91	M20/141 (M)567	00:59:45	00:59:03	10.16	00:20:59 / 686	00:43:43 / 720
675	898	LESZCZUK ADAM	WARSZAWA		LECĘ	74	M30/253 (M)568	00:59:45	00:58:37	10.24	00:21:28 / 731	00:43:15 / 701
676	453	WICHROWSKI MICHAŁ	PŁOCK			78	M30/254 (M)569	00:59:45	00:59:02	10.16	00:20:59 / 685	00:43:44 / 722
677	328	BRYŚKIEWICZ JACEK	WINNICA		LIDER WINNICA	83	M20/142 (M)570	00:59:46	00:59:04	10.16	00:20:58 / 683	00:43:44 / 721
678	731	NIKOLAJÓW ADAM JIMMY	WARSZAWA		62 DR OP	77	M30/255 (M)571	00:59:47	00:58:24	10.27	00:21:51 / 752	00:43:04 / 695
679	255	ABRATKIEWICZ SŁAWOMIR	WARSZAWA			72	M30/256 (M)572	00:59:47	00:59:04	10.16	00:19:38 / 546	00:41:28 / 620
680	865	KORCZOWSKA DARIA	WARSZAWA			84	K16/42 (K)108	00:59:48	00:59:12	10.14	00:20:22 / 622	00:42:23 / 671
681	772	PŁOCHOCKI JACEK	WARSZAWA			89	M20/143 (M)573	00:59:50	00:59:08	10.15	00:20:59 / 684	00:43:44 / 723
682	882	BRODOWSKI ERYK	LUBLIN			85	M20/144 (M)574	00:59:50	00:59:04	10.16	00:23:49 / 842	00:44:11 / 738
683	461	SEKLECKA KATARZYNA	WARSZAWA			72	K30/46 (K)109	00:59:56	00:59:10	10.14	00:23:49 / 841	00:44:11 / 737
684	462	SEKLECKI BOGUMIŁ	WARSZAWA			72	M30/257 (M)575	00:59:56	00:59:00	10.17	00:24:05 / 855	00:42:42 / 685
685	357	KUBASZEWSKI KRZYSZTOF	WARSZAWA			90	M20/145 (M)576	01:00:00	00:59:00	10.17	00:21:02 / 689	00:42:04 / 651
686	440	MARUSZAK MARTA	WARSZAWA			87	K16/43 (K)110	01:00:00	00:59:00	10.17	00:20:22 / 623	00:42:04 / 650
687	495	MAKAREWICZ ANDRZEJ	WARSZAWA			81	M30/258 (M)577	01:00:03	00:59:49	10.03	00:19:50 / 566	00:42:39 / 682
688	25	BERLIŃSKI MAREK	WARSZAWA			70	M40/121 (M)578	01:00:03	00:59:09	10.14	00:20:14 / 609	00:41:55 / 640
689	195	KOPERSKA AGNIESZKA	WARSZAWA			75	K30/47 (K)111	01:00:04	00:59:03	10.16	00:21:58 / 764	00:43:54 / 727
690	196	KOPERSKI WOJCIECH	WARSZAWA			73	M30/259 (M)579	01:00:04	00:59:02	10.16	00:21:57 / 762	00:43:54 / 726
691	881	SZYMAJDA ADAM	KROSNO			79	M30/260 (M)580	01:00:06	00:58:55	10.18	00:23:54 / 846	00:45:26 / 771
692	505	BANAŚ PIOTR	WARSZAWA			73	M30/261 (M)581	01:00:08	00:59:43	10.05	00:20:10 / 603	00:42:21 / 666
693	653	ZIELIŃSKA MARYSIA	WARSZAWA		ŻOLIBORZ BIEGA	85	K16/44 (K)112	01:00:10	00:59:09	10.14	00:21:09 / 696	00:42:57 / 692
694	204	KULESZKO MAGDALENA	SANDOMIERZ			91	K16/45 (K)113	01:00:11	00:59:27	10.09	00:20:43 / 664	00:41:53 / 636
695	206	BOROWSKI JAKUB	SANDOMIERZ			91	M20/146 (M)582	01:00:11	00:59:25	10.10	00:20:43 / 663	00:41:54 / 638
696	198	PIETRANIK PAWEŁ	PRUSZKÓW			86	M20/147 (M)583	01:00:12	00:59:23	10.10	00:19:11 / 503	00:43:10 / 697
697	169	ROŚLAN JACEK	WARSZAWA		HP RUN	63	M40/122 (M)584	01:00:21	01:00:05	9.99	00:19:45 / 555	00:42:21 / 667
698	790	JANUSZEWSKA ANNA	WARSZAWA			81	K30/48 (K)114	01:00:22	00:59:21	10.11	00:21:13 / 707	00:42:44 / 688
699	309	ROŚLONIEC BEATA	WOŁOMIN			81	K30/49 (K)115	01:00:22	00:59:35	10.07	00:21:59 / 766	00:43:30 / 709
700	952	DAM MICHAŁ	PRUSZKÓW			96	(M)585	01:00:23	00:59:18	10.12	00:20:05 / 588	00:43:33 / 714
701	120	BRZEZIŃSKI TOMASZ	WARSZAWA			77	M30/262 (M)586	01:00:26	00:59:25	10.10	00:22:00 / 768	00:44:13 / 739
702	370	GRANAT BOGUSŁAW	WARSZAWA			32	M70/2 (M)587	01:00:27	00:59:28	10.09	00:20:52 / 679	00:42:41 / 684
703	270	MATYJASIAK JERZY	WARSZAWA			79	M30/263 (M)588	01:00:28	00:59:29	10.09	00:21:35 / 742	00:44:01 / 731
704	269	BUJAKOWSKA-MATYJASIAK KATARZYNA	WARSZAWA			75	K30/50 (K)116	01:00:28	00:59:30	10.08	00:21:35 / 743	00:44:01 / 732
705	754	GRZESZKOWSKI MICHAŁ	OŻARÓW			86	M20/148 (M)589	01:00:30	00:59:40	10.06	00:21:18 / 716	00:44:03 / 734

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points
706	68	POLITOWICZ KRZYSZTOF	CZECZOTKI			69	M40/123 (M)590	01:00:30	00:59:50	10.03	00:19:31 / 539 00:42:18 / 662
707	190	KILJAŃSKA MARTA	WARSZAWA			83	K16/46 (K)117	01:00:32	00:59:54	10.02	00:20:27 / 628 00:42:48 / 690
708	1036	COŚ MONIKA	WARSZAWA.		BIEGNIJ WARSZAWO	76	K30/51 (K)118	01:00:32	00:59:09	10.14	00:22:22 / 787 00:42:51 / 691
709	533	CIECHOMSKI CEZARY	KOMORÓW			77	M30/264 (M)591	01:00:33	00:59:39	10.06	00:21:25 / 726 00:43:37 / 715
710	621	FIODORÓW PAWEŁ	WARSZAWA		AZS WAT WARSZAWA	74	M30/265 (M)592	01:00:42	00:59:41	10.05	00:20:32 / 639 00:42:15 / 660
711	652	ZIELIŃSKA ANNA	WARSZAWA		ŻOLIBORZ BIEGA	57	K50/8 (K)119	01:00:49	00:59:47	10.04	00:21:08 / 693 00:43:06 / 696
712	245	DZIURBIEJKO JULIA	WARSZAWA		NMTW TEAM	79	K30/52 (K)120	01:01:08	01:00:42	9.88	00:20:01 / 578 00:43:00 / 694
713	815	TWARDOWSKI ROBERT	RADOM		42 BAZA LOTNICTWA	59	M50/30 (M)593	01:01:28	01:00:49	9.87	00:19:01 / 479 00:41:27 / 618
714	466	KOSECKI KONRAD	ZĄBKI			81	M30/266 (M)594	01:01:29	01:00:41	9.89	00:21:54 / 757 00:44:19 / 740
715	870	JAWOREK MARIUSZ	PŁOCK			72	M30/267 (M)595	01:01:29	01:00:15	9.96	00:21:56 / 758 00:44:19 / 741
716	963	KUNTZ MARCIN	WARSZAWA			86	M20/149 (M)596	01:01:33	01:00:25	9.93	00:21:29 / 735 00:43:25 / 708
717	708	RYBARCZYK ROBERT	WARSZAWA			68	M40/124 (M)597	01:01:34	01:00:18	9.95	00:22:04 / 770 00:45:00 / 758
718	960	WILCZEWSKI ADAM	NOWA IWICZNA			71	M40/125 (M)598	01:01:35	01:00:20	9.94	00:21:36 / 746 00:42:46 / 689
719	367	KUCZEROWSKA ANNA	WARSZAWA			66	K40/15 (K)121	01:01:40	01:00:40	9.89	00:20:55 / 680 00:43:00 / 693
720	376	SARACEŃ ALEKSANDRA	WARSZAWA			77	K30/53 (K)122	01:01:43	01:01:01	9.83	00:21:16 / 712 00:43:45 / 724
721	375	SZYSZKA ADAM	WARSZAWA			79	M30/268 (M)599	01:01:43	01:00:28	9.92	00:21:16 / 711 00:43:46 / 725
722	714	HINDERA PRZEMYSŁAW	BIAŁA			80	M30/269 (M)600	01:01:52	01:00:49	9.87	00:23:02 / 816 00:46:53 / 807
723	1041	ŚLĘZAK MARIUSZ	WARSZAWA.			73	M30/270 (M)601	01:01:52	01:01:40	9.73	00:21:12 / 703 00:43:40 / 717
724	128	DRZEWIECKI ROBERT	WARSZAWA		ENSOWORD	67	M40/126 (M)602	01:01:52	01:01:41	9.73	00:21:12 / 704 00:43:41 / 718
725	301	DABROWSKA LENA	WARSZAWA			81	K30/54 (K)123	01:01:55	01:01:30	9.76	00:20:00 / 577 00:43:41 / 719
726	662	BANY MICHAŁ	WARSZAWA			82	M20/150 (M)603	01:01:55	01:01:24	9.77	00:20:47 / 667 00:44:34 / 748
727	278	MECH PAULINA	KOBYŁKA			90	K16/47 (K)124	01:01:56	01:01:21	9.78	00:20:36 / 647 00:43:32 / 713
728	279	GÓRECKI BARTOSZ	DUCZKI			90	M20/151 (M)604	01:01:56	01:01:19	9.79	00:20:35 / 644 00:43:32 / 712
729	470	SEMENIUK TOMASZ	WARSZAWA		GRAJEK PRASKI	73	M30/271 (M)605	01:01:56	01:00:24	9.93	00:20:25 / 626 00:43:31 / 710
730	545	FIBAKIEWICZ ŁUKASZ	PRUSZKÓW			76	M30/272 (M)606	01:01:58	01:00:55	9.85	00:21:24 / 724 00:44:00 / 729
731	155	MAZGA KATARZYNA	WARSZAWA			87	K16/48 (K)125	01:01:59	01:01:14	9.80	00:21:28 / 730 00:43:59 / 728
732	401	GALATY GRETCHEN	WARSZAWA			71	K40/16 (K)126	01:02:00	01:01:07	9.82	00:21:48 / 749 00:44:53 / 753
733	955	LIS JERZY	JÓZEFÓW			74	M30/273 (M)607	01:02:04	01:01:32	9.75	00:21:23 / 722 00:44:02 / 733
734	863	CZUPTA HIERONIM	WARSZAWA		WARSZAWSKA MASA	74	M30/274 (M)608	01:02:11	01:01:21	9.78	00:21:23 / 721 00:44:00 / 730
735	116	SKARUZ ANNA	WARSZAWA			82	K16/49 (K)127	01:02:11	01:01:24	9.77	00:21:17 / 714 00:43:31 / 711
736	716	PILARSKA MALWINA	WARSZAWA			84	K16/50 (K)128	01:02:15	01:01:12	9.80	00:21:58 / 763 00:44:26 / 745
737	599	MALIŃSKI PAWEŁ	WARSZAWA			64	M40/127 (M)609	01:02:16	01:01:25	9.77	00:20:40 / 652 00:43:38 / 716
738	630	ZIELIŃSKA TOMASZ	WARSZAWA		ŻOLIBORZ BIEGA	57	M50/31 (M)610	01:02:20	01:01:17	9.79	00:20:40 / 653 00:31:27 / 99
739	924	URBANIAK BOGUSIA	WARSZAWA		123 A-TERAZ-MY	73	K30/55 (K)129	01:02:31	01:01:37	9.74	00:21:09 / 698 00:44:06 / 736
740	86	WARGACKA JOANNA	WARSZAWA			83	K16/51 (K)130	01:02:31	01:01:26	9.77	00:22:07 / 771 00:44:52 / 752
741	152	OLUBIEC PIOTR	WARSZAWA		TRUCHT TARCHOMIN TEAM	68	M40/128 (M)611	01:02:35	01:02:05	9.66	00:20:38 / 649 00:42:27 / 679
742	153	OLUBIEC JR. PIOTR	WARSZAWA		TRUCHT TARCHOMIN TEAM	94	M16/15 (M)612	01:02:36	01:02:07	9.66	00:20:38 / 650 00:42:27 / 680
743	958	JAŚKIEWICZ MAREK	WARSZAWA		UKS GEPART	78	M30/275 (M)613	01:02:37	01:02:02	9.67	00:19:59 / 576 00:43:25 / 706
744	137	BORUCH TOMASZ	WARSZAWA			76	M30/276 (M)614	01:02:43	01:02:08	9.66	00:19:59 / 575 00:43:25 / 705
745	929	SADOWSKA KASIA	WARSZAWA			83	K16/52 (K)131	01:02:49	01:01:34	9.75	00:22:02 / 769 00:44:54 / 755

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points	
746	310	ZIENTEK ŁUKASZ	WARSZAWA		MARATONKA GRAJEWO /	84	M20/152 (M)615	01:02:50	01:01:42	9.72	00:22:55 / 808	00:46:07 / 788
747	526	CHOŁODY KRYSZTIAN	WARSZAWA		MARATONKA GRAJEWO /	85	M20/153 (M)616	01:02:50	01:01:41	9.73	00:22:55 / 809	00:46:07 / 787
748	674	LEWANDOWSKA MAŁGORZATA	WARSZAWA			73	K30/56 (K)132	01:02:53	01:01:55	9.69	00:21:19 / 717	00:43:12 / 700
749	933	MARCZYK ANETA	WARSZAWA			83	K16/53 (K)133	01:02:56	01:01:57	9.69	00:23:14 / 824	00:46:21 / 793
750	631	KORCZAK TOMASZ	WARSZAWA			84	M20/154 (M)617	01:02:57	01:01:40	9.73	00:22:45 / 803	00:45:34 / 775
751	966	LERCH AGNIESZKA	WARSZAWA			79	K30/57 (K)134	01:03:01	01:02:20	9.63	00:23:09 / 820	00:46:01 / 786
752	677	RADZIEJEWSKI KAROL	OŻARÓW			85	M20/155 (M)618	01:03:01	01:02:12	9.65	00:21:17 / 713	00:44:04 / 735
753	683	SIOŁŁAK SŁAWOMIR	GRODZISK			73	M30/277 (M)619	01:03:01	01:02:06	9.66	00:23:09 / 819	00:46:00 / 783
754	356	SIDELNIK PRZEMYSŁAW	WOŁOMIN			84	M20/156 (M)620	01:03:05	01:02:03	9.67	00:21:56 / 759	00:45:28 / 772
755	16	AMAROWICZ JULIA				80	K30/58 (K)135	01:03:09	01:02:24	9.62	00:22:15 / 776	00:45:10 / 765
756	697	FILIPPOWICZ AGNIESZKA	WARSZAWA			73	K30/59 (K)136	01:03:17	01:02:30	9.60	00:21:31 / 738	00:44:24 / 743
757	696	FILIPPOWICZ MAREK	WARSZAWA			73	M30/278 (M)621	01:03:17	01:02:29	9.60	00:21:31 / 737	00:44:24 / 744
758	289	JAROSZ TOMEK	LEGIONOWO			77	M30/279 (M)622	01:03:22	01:02:39	9.58	00:21:18 / 715	00:44:22 / 742
759	276	GAJERSKI JERZY	WARSZAWA			52	M50/32 (M)623	01:03:25	01:02:18	9.63	00:21:21 / 719	00:44:52 / 751
760	3	LEON PAWEŁ				11	(M)624	01:03:32	01:02:58	9.53	00:19:06 / 489	00:41:46 / 635
761	5	PISKOR DOROTA				11	(K)137	01:03:34	01:03:06	9.51	00:21:56 / 760	00:45:21 / 769
762	170	ROŚLAN MAŁGORZATA	WARSZAWA			64	K40/17 (K)138	01:03:38	01:03:22	9.47	00:21:29 / 734	00:44:57 / 756
763	6	HURKACZ MICHAŁ				11	(M)625	01:03:38	01:03:10	9.50	00:21:56 / 761	00:45:21 / 770
764	441	MARUSZAK PIOTR	WARSZAWA		CONAN BARBARZYNCA	84	M20/157 (M)626	01:03:40	01:02:40	9.57	00:20:22 / 624	00:44:53 / 754
765	769	SAS ALDONA	PIASTÓW			61	K50/9 (K)139	01:03:40	01:02:41	9.57	00:22:16 / 777	00:46:00 / 785
766	114	POTOREŃKA DOROTA	WARSZAWA		HENKEL RUNNING TEAM	57	K50/10 (K)140	01:03:40	01:02:50	9.55	00:22:12 / 772	00:45:07 / 763
767	810	ZAJKOWSKA BEATA	WĘGRÓW			77	K30/60 (K)141	01:03:41	01:02:31	9.60	00:22:18 / 778	00:45:16 / 767
768	938	NIWIŃSKI PIOTR	WARSZAWA			87	M20/158 (M)627	01:03:41	01:02:30	9.60	00:23:13 / 823	00:46:28 / 796
769	939	LANGOWICZ IZABELA	WARSZAWA			87	K16/54 (K)142	01:03:41	01:02:29	9.60	00:23:12 / 822	00:46:28 / 797
770	602	WOLNY DAMIAN	WARSZAWA			89	M20/159 (M)628	01:03:42	01:03:03	9.52	00:19:49 / 564	00:40:46 / 580
771	538	CETENS-ZAWADZKA INGA	WARSZAWA			78	K30/61 (K)143	01:03:48	01:02:50	9.55	00:21:35 / 744	00:44:48 / 750
772	970	ŻYTKIEWICZ TOMASZ	WARSZAWA			77	M30/280 (M)629	01:03:51	01:02:54	9.54	00:22:13 / 773	00:45:00 / 757
773	969	CIEMNIEWSKA HANNA	JANKOWICE			72	K30/62 (K)144	01:03:51	01:02:55	9.54	00:22:13 / 774	00:45:00 / 759
774	486	ŁOCHOCKA AGNIESZKA	WARSZAWA			80	K30/63 (K)145	01:03:53	01:02:32	9.59	00:22:19 / 780	00:45:50 / 782
775	485	RYCHLIK KONRAD	MICHAŁOWICE			79	M30/281 (M)630	01:03:53	01:02:32	9.59	00:22:19 / 781	00:45:50 / 781
776	688	KAJAK DANIEL	GARWOLIN		TRUCHTACZ.PL	90	M20/160 (M)631	01:04:09	01:03:43	9.42	00:21:11 / 702	00:45:14 / 766
777	115	BULICZ-KASPRZAK KATARZYNA	SULEJÓWEK			76	K30/64 (K)146	01:04:13	01:03:13	9.49	00:21:11 / 701	00:46:00 / 784
778	76	STOLARSKA BEATA	JABLONNA			66	K40/18 (K)147	01:04:21	01:03:14	9.49	00:22:52 / 805	00:46:18 / 792
779	965	EYWIK - MOLKA ROMA	WARSZAWA			76	K30/65 (K)148	01:04:22	01:03:12	9.49	00:22:21 / 786	00:45:43 / 780
780	54	GYRIA OLGA	WARSZAWA		ACCELERATE - KLUB BIEGACZA	81	K30/66 (K)149	01:04:25	01:04:10	9.35	00:21:33 / 739	00:45:05 / 760
781	445	KAWCZYŃSKI PIOTR	KALISZKI			73	M30/282 (M)632	01:04:28	00:42:51	14.00	00:35:22 / 884	00:51:57 / 869
782	228	FAFARA PIOTR	WARSZAWA			72	M30/283 (M)633	01:04:30	01:03:16	9.48	00:21:27 / 729	00:44:44 / 749
783	734	STYKOWSKA BARBARA	ŁOMIANKI			75	K30/67 (K)150	01:04:43	01:03:28	9.45	00:21:38 / 748	00:46:13 / 791
784	547	MATULANIEC ELŻBIETA	WARSZAWA		DAMY RADĘ	56	K50/11 (K)151	01:04:51	01:04:08	9.36	00:21:30 / 736	00:45:35 / 776

<i>Miejsce</i> <i>Rank</i>	<i>Nr</i> <i>Bib</i>	<i>Nazwisko i imię</i> <i>Name</i>	<i>Miejscowość</i> <i>City</i>	<i>Kraj</i> <i>Nat</i>	<i>Drużyna</i> <i>Team</i>	<i>R-k</i> <i>YoB</i>	<i>W kategorii Grupy</i> <i>in Age Group Sex</i>	<i>Wynik</i> <i>Time</i>	<i>Wynik</i> <i>Netto</i>	<i>Tempo</i> <i>[km/h]</i>	<i>Check points</i>	
785	581	JELINSKI MARCIN	WARSZAWA			82	M20/161 (M)634	01:04:58	01:03:41	9.42	00:22:44 / 802	00:46:22 / 794
786	582	JELIŃSKA MAŁGORZATA	WARSZAWA			83	K16/55 (K)152	01:04:59	01:03:42	9.42	00:22:44 / 801	00:46:22 / 795
787	494	KUKIER MONIKA	WARSZAWA		ALETEMPO	75	K30/68 (K)153	01:05:00	01:04:17	9.33	00:21:24 / 725	00:45:36 / 777
788	509	PIETRZAK AGATA	BUDY			83	K16/56 (K)154	01:05:02	01:04:34	9.29	00:20:19 / 615	00:44:31 / 746
789	554	FUKOWSKI DAMIAN	WARSZAWA			82	M20/162 (M)635	01:05:02	01:04:34	9.29	00:20:19 / 616	00:44:31 / 747
790	372	MACKIEWICZ ANDRZEJ	WARSZAWA		ZWIĄZKOWIEC	49	M60/9 (M)636	01:05:05	01:04:04	9.37	00:21:58 / 765	00:45:31 / 774
791	91	KALKOWSKA MAGDALENA	WARSZAWA			78	K30/69 (K)155	01:05:13	01:04:53	9.25	00:21:26 / 728	00:45:31 / 773
792	230	ZAWADZKI TOMASZ	WARSZAWA			64	M40/129 (M)637	01:05:23	01:04:30	9.30	00:21:33 / 740	00:45:19 / 768
793	353	DROSIO KATARZYNA	WARSZAWA			81	K30/70 (K)156	01:05:26	01:04:22	9.32	00:23:02 / 815	00:47:02 / 810
794	646	URBANIAK JOANNA	WARSZAWA			80	K30/71 (K)157	01:05:29	01:04:35	9.29	00:22:34 / 796	00:46:48 / 805
795	830	KOŁODZIEJ MONIKA	WARSZAWA			81	K30/72 (K)158	01:05:42	01:05:22	9.18	00:21:26 / 727	00:45:41 / 778
796	871	PAWŁOWSKI ALBIN	GRODZISK			69	M40/130 (M)638	01:05:58	01:04:49	9.26	00:23:48 / 839	00:45:41 / 779
797	95	WOJTUSZEK IZABELA	WARSZAWA			78	K30/73 (K)159	01:05:59	01:04:43	9.27	00:23:45 / 835	00:47:36 / 818
798	660	WIELANIER MATYLDA	SKIERNIEWICE			76	K30/74 (K)160	01:05:59	01:05:22	9.18	00:23:01 / 814	00:47:36 / 817
799	41	MIRSKA KATARZYNA				76	K30/75 (K)161	01:05:59	01:04:48	9.26	00:22:58 / 811	00:46:56 / 808
800	131	ZDANOWICZ AGNIESZKA	WARSZAWA			87	K16/57 (K)162	01:06:08	01:05:22	9.18	00:23:49 / 840	00:47:31 / 813
801	679	ZDANOWICZ PAWEŁ	WARSZAWA			81	M30/284 (M)639	01:06:13	01:05:28	9.16	00:23:48 / 836	00:47:31 / 814
802	1038	PINDERAK SZYMON	WARSZAWA			86	M20/163 (M)640	01:06:13	01:05:16	9.19	00:23:48 / 838	00:47:31 / 816
803	936	KAWKA ANDRZEJ	WARSZAWA			56	M50/33 (M)641	01:06:14	01:05:23	9.18	00:23:48 / 837	00:47:31 / 815
804	24	CZERWONKA HALINA	WARSZAWA			58	K50/12 (K)163	01:06:17	01:05:23	9.18	00:22:32 / 794	00:46:34 / 803
805	879	PUCHAJDA IZABELLA	WARSZAWA			74	K30/76 (K)164	01:06:20	01:05:14	9.20	00:23:00 / 812	00:47:59 / 825
806	135	WAJDWICZ ANNA	WARSZAWA		ZF UNIA	78	K30/77 (K)165	01:06:21	01:05:14	9.20	00:22:51 / 804	00:46:39 / 804
807	207	STYBEL JOANNA	WARSZAWA			84	K16/58 (K)166	01:06:22	01:06:13	9.06	00:25:44 / 874	00:47:27 / 812
808	693	GACIOCH-GRUSZECKA JANINA	WARSZAWA			85	K16/59 (K)167	01:06:32	01:05:11	9.20	00:22:19 / 782	00:46:31 / 800
809	694	SZYMAŃSKA AGATA	WARSZAWA			77	K30/78 (K)168	01:06:32	01:05:12	9.20	00:22:20 / 784	00:46:31 / 799
810	140	HANDZLIK MARTA	WARSZAWA			81	K30/79 (K)169	01:06:39	01:05:47	9.12	00:22:20 / 783	00:48:24 / 833
811	46	STĄSIEK DARIUSZ	WARSZAWA		SSK KSP	72	M30/285 (M)642	01:06:45	01:05:32	9.16	00:23:37 / 833	00:47:52 / 822
812	454	CYDZIK MIROSŁAW	OLSZTYN			76	M30/286 (M)643	01:06:59	01:05:41	9.13	00:24:37 / 863	00:51:29 / 864
813	281	ZDUNIAK GRZEGORZ	SZCZECIN			84	M20/164 (M)644	01:06:59	01:05:45	9.13	00:21:59 / 767	00:45:06 / 761
814	861	URBAN ARKADIUSZ	WARSZAWA			72	M30/287 (M)645	01:07:08	01:06:16	9.05	00:22:36 / 798	00:46:34 / 801
815	892	URBAN MONIKA	WARSZAWA			72	K30/80 (K)170	01:07:08	01:06:17	9.05	00:22:36 / 799	00:46:34 / 802
816	220	FLIS ARTUR	MICHAŁOWICE			86	M20/165 (M)646	01:07:13	01:06:33	9.02	00:24:53 / 869	00:51:31 / 865
817	752	SMOCZYŃSKA WERONIKA	WARSZAWA			91	K16/60 (K)171	01:07:20	01:06:21	9.04	00:21:36 / 745	00:46:29 / 798
818	624	GARCARZ LESZEK	WARSZAWA		CZAPECZKI CV LO	54	M50/34 (M)647	01:07:21	01:06:06	9.08	00:22:37 / 800	00:46:51 / 806
819	671	OLEJNICZAK BARTOSZ	WARSZAWA			85	M20/166 (M)648	01:07:22	01:06:10	9.07	00:25:03 / 870	00:48:14 / 829
820	368	KUCZEROWSKA ALICJA	WARSZAWA			91	K16/61 (K)172	01:07:31	01:06:31	9.02	00:23:43 / 834	00:47:19 / 811
821	288	BLASZCZYK KAMIL	WARSZAWA			83	M20/167 (M)649	01:07:40	01:06:48	8.98	00:21:53 / 755	00:46:09 / 790
822	287	BLASZCZYK BARTŁOMIEJ	JÓZEFÓW			85	K16/62 (K)173	01:07:40	01:06:48	8.98	00:21:53 / 754	00:46:09 / 789
823	298	KRAWCZYŃSKI JACEK	RADZIEJOWICE			47	M60/10 (M)650	01:07:40	01:07:24	8.90	00:20:07 / 594	00:45:06 / 762
824	971	KALINOWSKI JANUSZ	WARSZAWA		KRÓLEWSKI KLUB BIEGACZA	50	M60/11 (M)651	01:08:10	01:08:08	8.81	00:21:34 / 741	00:47:00 / 809

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points
825	828	MAZUREK AGNIESZKA	WARSZAWA			72	K30/81 (K)174	01:08:10	01:08:00	8.82	00:21:51 / 753 00:47:43 / 820
826	1034	FRYDRYCH BOŻENA	WARSZAWA			57	K50/13 (K)175	01:08:14	01:08:12	8.80	00:22:31 / 792 00:48:00 / 827
827	1048	BLASZCZYK DANIEL	PIASECZNO			72	M30/288 (M)652	01:08:17	01:07:15	8.92	00:22:33 / 795 00:47:58 / 824
828	796	WAWRZYŃCZYK-MALINOWSKA ANIA	WARSZAWA			67	K40/19 (K)176	01:08:24	01:07:16	8.92	00:24:04 / 853 00:49:18 / 842
829	797	MALINOWSKI PIOTR	WARSZAWA			66	M40/131 (M)653	01:08:24	01:07:16	8.92	00:24:02 / 849 00:49:18 / 843
830	880	PUCHAJDA KUBA	WARSZAWA		12TRI.PL	77	M30/289 (M)654	01:08:29	01:07:22	8.91	00:23:01 / 813 00:47:59 / 826
831	81	ŚLUBOWSKA KONSTANTY	WARSZAWA			46	M60/12 (M)655	01:08:33	01:07:38	8.87	00:23:06 / 818 00:48:07 / 828
832	147	ZYCH BARTEK	WARSZAWA		UNLEASHED	73	M30/290 (M)656	01:08:40	01:08:33	8.75	00:16:00 / 161 00:33:01 / 161
833	612	LASKUS WIKTORIA	WARSZAWA		NIE_BIEGAJ_BO_SIE_SPOCISZ_	83	K16/63 (K)177	01:08:49	01:08:03	8.82	00:22:24 / 788 00:47:45 / 821
834	463	NOWAK MAREK	WARSZAWA			91	M20/168 (M)657	01:09:02	01:07:48	8.85	00:23:19 / 825 00:47:41 / 819
835	586	PILECKI ADAM	RADOMYŚL NAD		WAT	88	M20/169 (M)658	01:09:04	01:07:46	8.85	00:23:19 / 826 00:49:32 / 845
836	148	SOBCZAK-ZYCH MARTA	WARSSZAWA			77	K30/82 (K)178	01:09:20	01:09:09	8.68	00:22:56 / 810 00:48:54 / 836
837	923	WRZESIEN WOJCIECH	WARSZAWA			72	M30/291 (M)659	01:09:22	01:08:11	8.80	00:23:54 / 847 00:49:05 / 838
838	549	IZDEBSKA MONIKA	WARSZAWA			71	K40/20 (K)179	01:09:24	01:08:08	8.81	00:26:45 / 881 00:49:02 / 837
839	941	NAGRODZKA MARIA	KOBYŁKA			75	K30/83 (K)180	01:09:27	01:09:13	8.67	00:22:19 / 779 00:48:19 / 830
840	1044	BOGUŚ MAREK	WARSZAWA		HOMESPLACE	66	M40/132 (M)660	01:09:28	01:09:14	8.67	00:22:20 / 785 00:51:37 / 868
841	700	SZABELAK WITOLD	WARSZAWA			81	M30/292 (M)661	01:09:30	01:08:43	8.73	00:23:54 / 845 00:48:52 / 835
842	572	WOŹNIAK NATALIA	ŻAGAŃ			91	K16/64 (K)181	01:09:36	01:08:32	8.75	00:23:03 / 817 00:47:54 / 823
843	912	KORKOSZ BEATA	WARSZAWA		GROTY TEAM	76	K30/84 (K)182	01:09:39	01:08:15	8.79	00:24:51 / 866 00:50:07 / 852
844	125	JANICKA MARTA	WARSZAWA			81	K30/85 (K)183	01:09:39	01:08:20	8.78	00:22:55 / 807 00:49:55 / 850
845	915	ZARZYCKI RADOSŁAW	WARSZAWA			77	M30/293 (M)662	01:09:40	01:08:16	8.79	00:24:51 / 867 00:50:07 / 853
846	97	LIPIŃSKA SYLWIA	WARSZAWA			84	K16/65 (K)184	01:09:45	01:09:33	8.63	00:22:28 / 789 00:48:22 / 831
847	877	ZATORSKA JOANNA	WARSZAWA			79	K30/86 (K)185	01:09:49	01:09:15	8.66	00:23:33 / 830 00:49:06 / 839
848	1035	MAREK HENRYK	WARSZAWA			47	M60/13 (M)663	01:09:51	01:09:49	8.59	00:22:31 / 793 00:48:42 / 834
849	154	MROCZKOWSKA MARTA	WARSZAWA			85	K16/66 (K)186	01:09:54	01:09:42	8.61	00:22:28 / 790 00:48:22 / 832
850	265	NIEDŹWIEDZKA JOANNA	WARSZAWA			58	K50/14 (K)187	01:10:11	01:09:48	8.60	00:23:24 / 827 00:49:16 / 841
851	107	SELESKI MARCIN	WARSZAWA			85	M20/170 (M)664	01:10:17	01:08:57	8.70	00:23:34 / 832 00:49:35 / 846
852	758	BAJOREK JACEK	WYSZKÓW		12TRI.PL	75	M30/294 (M)665	01:10:30	01:09:23	8.65	00:22:29 / 791 00:49:06 / 840
853	192	SIWIK JAKUB	NADARZYN			79	M30/295 (M)666	01:10:33	01:09:19	8.66	00:24:11 / 860 00:50:04 / 851
854	452	ZIENTEK ŁUKASZ	WARSZAWA			76	M30/296 (M)667	01:11:22	01:10:02	8.57	00:24:02 / 848 00:49:50 / 849
855	543	TUROWSKI JACEK	WARSZAWA			66	M40/133 (M)668	01:11:25	01:10:35	8.50	00:23:10 / 821 00:49:28 / 844
856	725	WOJEWODA RENATA	WARSZAWA			76	K30/87 (K)188	01:11:27	01:10:30	8.51	00:24:04 / 852 00:50:10 / 855
857	726	WOJEWODA MICHAŁ	WARSZAWA			74	M30/297 (M)669	01:11:28	01:10:32	8.51	00:24:04 / 854 00:50:10 / 854
858	732	JERUZAL EWELINKA	WARSZAWA		62 DR OP	86	K16/67 (K)189	01:11:40	01:10:18	8.53	00:24:05 / 856 00:50:14 / 856
859	964	SUK ALEKSANDRA	WARSZAWA			92	K16/68 (K)190	01:11:58	01:10:51	8.47	00:24:11 / 859 00:50:41 / 859
860	497	KOROŚ MAGDALENA	CHYLICZKI			64	K40/21 (K)191	01:12:02	01:11:08	8.43	00:22:36 / 797 00:49:36 / 847
861	685	DEMIANOWICZ ANETA	WARSZAWA			79	K30/88 (K)192	01:12:16	01:11:09	8.43	00:24:10 / 857 00:49:36 / 848
862	962	SASIN MICHAŁ	WARSZAWA			82	M20/171 (M)670	01:12:16	01:11:09	8.43	00:24:10 / 858 00:50:41 / 858
863	827	SZYBOWSKA DOROTA	WARSZAWA			79	K30/89 (K)193	01:12:55	01:12:06	8.32	00:22:52 / 806 00:50:28 / 857

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	Tempo [km/h]	Check points
864	765	KRAWCZYK KLAUDIA	PIASTÓW			93	K16/69 (K)194	01:13:06	01:12:36	8.26	00:23:31 / 829 00:50:54 / 860
865	455	MIKOŁAJCZYK AGATA	WARSZAWA			76	K30/90 (K)195	01:13:11	01:11:52	8.35	00:24:38 / 864 00:51:29 / 862
866	414	OSKROBA KAROLINA	MARKI			83	K16/70 (K)196	01:13:12	01:11:53	8.35	00:24:39 / 865 00:51:33 / 867
867	285	MERCHELSKI PIOTR	WARSZAWA		ITI ADVENTURE TEAM	84	M20/172 (M)671	01:13:16	01:12:21	8.29	00:24:03 / 851 00:51:29 / 863
868	284	MERCHELSKA MARZENA	WARSZAWA			84	K16/71 (K)197	01:13:16	01:12:22	8.29	00:24:03 / 850 00:51:29 / 861
869	221	FLIS GRAŻYNA	MICHAŁOWICE			57	K50/15 (K)198	01:13:25	01:12:45	8.25	00:24:53 / 868 00:51:32 / 866
870	362	PIETRZAK JASIA	WARSZAWA			74	K30/91 (K)199	01:14:14	01:13:01	8.22	00:25:33 / 872 00:52:36 / 870
871	974	REMBERK DANUTA	WARSZAWA			41	K70/1 (K)200	01:16:28	01:15:32	7.94	00:26:01 / 877 00:54:04 / 875
872	855	REMBERK BARBARA	WARSZAWA		WARSZAWSKI ŻÓŁWIK	74	K30/92 (K)201	01:16:29	01:15:30	7.95	00:26:01 / 876 00:54:05 / 876
873	854	REMBERK MICHAŁ	WARSZAWA		WARSZAWSKI ŻÓŁWIK	71	M40/134 (M)672	01:16:31	01:15:35	7.94	00:26:03 / 878 00:54:17 / 877
874	1030	KWIECIEŃ MARTA	WARSZAWA			84	K16/72 (K)202	01:16:46	01:15:42	7.93	00:26:55 / 882 00:55:02 / 880
875	246	KWIECIEŃ MAREK	MARKI			84	M20/173 (M)673	01:16:49	01:15:45	7.92	00:26:56 / 883 00:55:02 / 879
876	943	KIESIO PRZEMYSŁAW	WARSZAWA			85	M20/174 (M)674	01:16:50	01:16:04	7.89	00:23:50 / 843 00:53:00 / 872
877	944	JASEK SYLWIA	WARSZAWA			85	K16/73 (K)203	01:16:50	01:15:56	7.90	00:23:50 / 844 00:53:00 / 873
878	473	BORZYM LECH	WARSZAWA			45	M60/14 (M)675	01:17:34	01:16:17	7.87	00:25:35 / 873 00:53:45 / 874
879	746	TURLEJ ZBIGNIEW	WARSZAWA			48	M60/15 (M)676	01:17:59	01:16:39	7.83	00:25:31 / 871 00:52:37 / 871
880	335	MOŃKA AGNIESZKA	WARSZAWA			84	K16/74 (K)204	01:18:04	01:16:59	7.79	00:26:08 / 880 00:55:14 / 883
881	199	RZYMKOWSKA DOROTA	WARSZAWA			84	K16/75 (K)205	01:18:11	01:17:06	7.78	00:26:08 / 879 00:55:14 / 884
882	670	NOWICKA SYLWIA	WARSZAWA			85	K16/76 (K)206	01:18:50	01:17:38	7.73	00:25:44 / 875 00:54:18 / 878
883	573	DĄBROWSKA MARTA	WARSZAWA			94	K16/77 (K)207	01:19:00	01:17:57	7.70	00:24:14 / 861 00:55:11 / 882
884	991	MARKOWSKA JOANNA	WARSZAWA			94	K16/78 (K)208	01:19:01	01:17:58	7.70	00:24:14 / 862 00:55:11 / 881