

# I Ogólnopolski Bieg "Białystok Biega"

## WYNIKI ZAWODÓW

10km

**Organizator:** Fundacja Białystok Biega

**Termin:** 25.09.2011

**Miejsce:** Białystok

**Dystans:** 10km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team | R-k<br>YoB | W kategorii<br>in Age | Sex | Czas<br>Time | [km/h] |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|-----|--------------|--------|
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------|------------|-----------------------|-----|--------------|--------|

### 10km Kobiety KATEGORIA:K40

|   |     |                     |             |     |                               |    |       |       |          |       |
|---|-----|---------------------|-------------|-----|-------------------------------|----|-------|-------|----------|-------|
| 1 | 590 | KARNATSEVICH HALINA | GRODNO      | BLR |                               | 69 | K40/1 | (K)2  | 00:36:48 | 16.31 |
| 2 | 66  | BIELSKA BOGUMIŁA    | OGRODNICZKI | 145 | RC JUCHNOWIEC                 | 67 | K40/2 | (K)11 | 00:56:07 | 10.70 |
| 3 | 21  | TYBURCZY EWA        | BIĄŁYSTOK   | 244 | DELECTA-PODLASKI KLUB BIEGOWY | 70 | K40/3 | (K)13 | 00:58:27 | 10.29 |
| 4 | 123 | ORŁOWSKA EWA        | BIĄŁYSTOK   | 284 |                               | 69 | K40/4 | (K)14 | 01:00:02 | 10.05 |

### 10km Kobiety KATEGORIA:K30

|   |     |                     |          |     |          |    |       |       |          |       |
|---|-----|---------------------|----------|-----|----------|----|-------|-------|----------|-------|
| 1 | 561 | KRAUTOVA VOLHA      | GRODNO   | BLR |          | 81 | K30/1 | (K)1  | 00:36:03 | 16.65 |
| 2 | 924 | CYMEK SYLWIA        | PIĄTNICA | POL |          | 78 | K30/2 | (K)4  | 00:44:19 | 13.54 |
| 3 | 429 | WASILEWSKA GABRIELA | WARSZAWA | 575 | SPEAK UP | 76 | K30/3 | (K)5  | 00:48:58 | 12.27 |
| 4 | 99  | RUTKOWSKA KATARZYNA | MOŃKI    | 152 |          | 77 | K30/4 | (K)16 | 01:04:13 | 9.39  |

### 10km Kobiety KATEGORIA:K20

|   |     |                        |           |     |                               |    |       |       |          |       |
|---|-----|------------------------|-----------|-----|-------------------------------|----|-------|-------|----------|-------|
| 1 | 42  | GOSK ANNA              | BIĄŁYSTOK | 493 | KS. PODLASIE BIĄŁYSTOK        | 90 | K20/1 | (K)3  | 00:39:51 | 15.06 |
| 2 | 604 | ZIENIEWICZ MAGDALENA   | KRAKÓW    |     |                               | 83 | K20/2 | (K)6  | 00:50:44 | 11.87 |
| 3 | 250 | STOLAREWICZ MAŁGORZATA | BIĄŁYSTOK | 180 | PODLASKI KLUB BIEGOWY         | 85 | K20/3 | (K)7  | 00:51:04 | 11.78 |
| 4 | 369 | KUCZYŃSKA MAGDALENA    | WARSZAWA  | 78  | PURE                          | 82 | K20/4 | (K)8  | 00:52:37 | 11.41 |
| 5 | 290 | NAMIOT MAŁGORZATA      | BIĄŁYSTOK | 543 | SZKOŁA MUZYCZNA W BIĄŁYMSTOKU | 96 | K20/5 | (K)9  | 00:53:15 | 11.32 |
| 6 | 31  | BARTOSZEWICZ DOROTA    | HAJNÓWKA  | 348 |                               | 86 | K20/6 | (K)10 | 00:54:21 | 11.08 |
| 7 | 10  | DABROWSKA AGNIESZKA    | BIĄŁYSTOK | 120 | BIEGAMBOLUBIE BIĄŁYSTOK       | 85 | K20/7 | (K)12 | 00:57:00 | 10.58 |
| 8 | 368 | ZARZECKA MAGDALENA     | SIEDLCE   | 148 |                               | 88 | K20/8 | (K)15 | 01:02:42 | 9.59  |

### 10km Mężczyźni KATEGORIA:M60

|   |     |                    |         |     |                   |    |       |        |          |       |
|---|-----|--------------------|---------|-----|-------------------|----|-------|--------|----------|-------|
| 1 | 510 | ZIENIEWICZ ANDRZEJ | KLEOSIN |     | JUVENIA BIĄŁYSTOK | 51 | M60/1 | (M)19  | 00:41:16 | 14.55 |
| 2 | 439 | KOPEREK ANDRZEJ    | GDYNIA  | POL |                   | 49 | M60/2 | (M)130 | 00:57:02 | 10.57 |

### 10km Mężczyźni KATEGORIA:M50

|   |     |                      |           |     |                       |    |       |        |          |       |
|---|-----|----------------------|-----------|-----|-----------------------|----|-------|--------|----------|-------|
| 1 | 185 | ZAPADKA STANISŁAW    | MRĄGOWO   |     | KLUB BIEGACZA MRĄGOWO | 55 | M50/1 | (M)27  | 00:43:42 | 13.76 |
| 2 | 74  | WOŹNICZKA ANDRZEJ    | BIĄŁYSTOK | 105 |                       | 59 | M50/2 | (M)76  | 00:49:30 | 12.17 |
| 3 | 113 | ŁUKASZEWICZ WOJCIECH | BIĄŁYSTOK | 264 |                       | 56 | M50/3 | (M)85  | 00:50:35 | 11.89 |
| 4 | 89  | GLINICKI ADAM        | BIĄŁYSTOK | 372 |                       | 56 | M50/4 | (M)101 | 00:52:12 | 11.52 |
| 5 | 479 | FIEDACZUK ANDRZEJ    | BIĄŁYSTOK | POL |                       | 58 | M50/5 | (M)116 | 00:54:14 | 11.10 |
| 6 | 373 | MAZUREK ZBIGNIEW     | BIĄŁYSTOK | 637 |                       | 59 | M50/6 | (M)119 | 00:54:24 | 11.06 |
| 7 | 286 | ĆWIKŁA ANDRZEJ       | BIĄŁYSTOK | 354 | TENT GRUPA            | 52 | M50/7 | (M)128 | 00:56:20 | 10.68 |
| 8 | 58  | WOJTAN DARIUSZ       | KLEPACZE  | 444 |                       | 61 | M50/8 | (M)144 | 01:01:24 | 9.82  |

### 10km Mężczyźni KATEGORIA:M40

|    |     |                           |             |     |                       |    |        |       |          |       |
|----|-----|---------------------------|-------------|-----|-----------------------|----|--------|-------|----------|-------|
| 1  | 146 | CHONCER ANDRZEJ           | BIĄŁYSTOK   | 263 |                       | 68 | M40/1  | (M)6  | 00:37:14 | 16.17 |
| 2  | 576 | BĄCZEK MIROSLAW           | ŁOMŻA       |     | NIEZRZESZONY          | 66 | M40/2  | (M)10 | 00:38:47 | 15.49 |
| 3  | 68  | BIELSKI JAROSŁAW          | JUCHNOWIEC  | 219 | RC JUCHNOWIEC         | 64 | M40/3  | (M)18 | 00:40:03 | 14.98 |
| 4  | 162 | GÓRNICKI KONRAD           | BIĄŁYSTOK   | 649 |                       | 71 | M40/4  | (M)29 | 00:44:08 | 13.63 |
| 5  | 438 | MOCZULSKI ROBERT          | SIEMIATYCZE |     | NIEZRZESZONY          | 69 | M40/5  | (M)42 | 00:45:15 | 13.29 |
| 6  | 562 | PUCIŁOWSKI MIROSLAW       | BIĄŁYSTOK   | POL | PTR DOJLIDY BIĄŁYSTOK | 62 | M40/6  | (M)46 | 00:46:05 | 13.05 |
| 7  | 197 | JARZĄBSKI ROMAN           | AUGUSTÓW    |     | ATP AUGUSTÓW          | 68 | M40/7  | (M)47 | 00:46:16 | 12.98 |
| 8  | 38  | KOWALEWSKI WALDEMAR PIOTR | BIĄŁYSTOK   | 484 |                       | 71 | M40/8  | (M)54 | 00:46:42 | 12.88 |
| 9  | 44  | SEWIOŁO ARTUR             | BIĄŁYSTOK   | 275 | NIEZRZESZONY          | 70 | M40/9  | (M)60 | 00:47:38 | 12.64 |
| 10 | 83  | JANIUK JAROSŁAW           | BIĄŁYSTOK   | 410 |                       | 68 | M40/10 | (M)67 | 00:48:28 | 12.46 |
| 11 | 261 | OFMAN ZBIGNIEW ANDRZEJ    | SUPRAŚL     | 633 |                       | 67 | M40/11 | (M)70 | 00:48:43 | 12.38 |
| 12 | 77  | KOT SYLWESTER MIROSLAW    | BIĄŁYSTOK   | 407 |                       | 71 | M40/12 | (M)75 | 00:49:21 | 12.21 |
| 13 | 51  | PASYŃCZUK PIOTR           | WASILKÓW    | 485 | AKCESS                | 69 | M40/13 | (M)77 | 00:49:38 | 12.11 |

| <b>Miejsce<br/>Rank</b> | <b>Nr<br/>Bib</b> | <b>Nazwisko i imię<br/>Name</b> | <b>Miejscowość<br/>City</b> | <b>Kraj<br/>Nat</b> | <b>Drużyna<br/>Team</b> | <b>R-k<br/>YoB</b> | <b>W kategorii<br/>in Age Sex</b> | <b>Czas<br/>Time</b> | <b>[km/h]</b> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-------------------------|--------------------|-----------------------------------|----------------------|---------------|
| 14                      | 97                | DĄBROWSKI DARIUSZ               | BIĄŁYSTOK                   | 482                 |                         | 67                 | M40/14 (M)79                      | 00:49:56             | 12.04         |
| 15                      | 372               | SILKIN JERZY                    | BIĄŁYSTOK                   | 652                 |                         | 67                 | M40/15 (M)82                      | 00:50:10             | 12.02         |
| 16                      | 64                | GACA DARIUSZ                    | BIĄŁYSTOK                   | 76                  |                         | 69                 | M40/16 (M)84                      | 00:50:30             | 11.89         |
| 17                      | 137               | RĘBACZ MACIEJ                   | BIĄŁYSTOK                   | 149                 |                         | 71                 | M40/17 (M)88                      | 00:50:42             | 11.90         |
| 18                      | 296               | CHARUBIN ANDRZEJ                | ŁÓMŻA                       | 550                 | KOMPANIA PIWOWARSKA SA  | 63                 | M40/18 (M)89                      | 00:50:43             | 11.89         |
| 19                      | 73                | MUSZYŃSKI MAREK                 | JUCHNOWIEC DOLNY            | 91                  | RC JUCHNOWIEC           | 64                 | M40/19 (M)99                      | 00:51:58             | 11.56         |
| 20                      | 299               | CESNOWSKI TOMASZ                | BIĄŁYSTOK                   | 540                 |                         | 70                 | M40/20 (M)108                     | 00:53:24             | 11.29         |
| 21                      | 256               | ŻUKOWSKI JACEK                  | BIĄŁYSTOK                   | 551                 |                         | 62                 | M40/21 (M)110                     | 00:53:47             | 11.17         |
| 22                      | 140               | ŻYWOLEWSKI RYSZARD              | BIĄŁYSTOK                   | 65                  | BIEGAM BO LUBIĘ         | 68                 | M40/22 (M)112                     | 00:53:50             | 11.17         |
| 23                      | 155               | KOWALSKI TOMASZ                 | BIĄŁYSTOK                   | 259                 |                         | 62                 | M40/23 (M)113                     | 00:53:51             | 11.19         |
| 24                      | 298               | MARCZUK WOJCIECH                | BIĄŁYSTOK                   | 391                 |                         | 69                 | M40/24 (M)120                     | 00:54:27             | 11.07         |
| 25                      | 84                | SIEMIĘNCZUK MIROSLAW            | BIĄŁYSTOK                   | 265                 |                         | 62                 | M40/25 (M)121                     | 00:54:38             | 11.03         |
| 26                      | 442               | KALITA CEZARY                   | BIĄŁA PODLASKA              |                     |                         | 67                 | M40/26 (M)126                     | 00:55:51             | 10.76         |
| 27                      | 713               | CZUBEK WOJCIECH                 | BIĄŁYSTOK                   | POL                 |                         | 67                 | M40/27 (M)131                     | 00:57:04             | 10.53         |
| 28                      | 715               | WASILEWICZ PRZEMYSŁAW           | BIĄŁYSTOK                   | POL                 |                         | 70                 | M40/28 (M)134                     | 00:58:00             | 10.40         |
| 29                      | 69                | SAWICKI STANISŁAW               | BIĄŁYSTOK                   | 409                 |                         | 62                 | M40/29 (M)136                     | 00:58:09             | 10.34         |
| 30                      | 36                | NAMIOT ANDRZEJ                  | BIĄŁYSTOK                   | 455                 |                         | 67                 | M40/30 (M)139                     | 00:58:49             | 10.25         |
| 31                      | 154               | WOJTAS LESZEK                   | BIĄŁYSTOK                   | 260                 |                         | 63                 | M40/31 (M)149                     | 01:02:09             | 9.70          |

## 10km Mężczyźni KATEGORIA:M30

|    |     |                     |              |     |                               |    |               |          |       |
|----|-----|---------------------|--------------|-----|-------------------------------|----|---------------|----------|-------|
| 1  | 478 | TETERUKOV IGOR      | GRODNO       | BLR |                               | 78 | M30/1 (M)1    | 00:34:58 | 17.18 |
| 2  | 477 | MASHEL PAVEL        | GRODNO       | BLR |                               | 79 | M30/2 (M)2    | 00:35:05 | 17.11 |
| 3  | 163 | MALEC BARTOSZ       | AUGUSTÓW     |     | ATP AUGUSTÓW                  | 80 | M30/3 (M)4    | 00:35:27 | 16.95 |
| 4  | 65  | CHUDZIŃSKI MAREK    | POZNAŃ       | 93  | SAINT-GOBAIN SQUAD            | 78 | M30/4 (M)7    | 00:37:39 | 15.94 |
| 5  | 293 | DZIEGIELEWSKI ADAM  | SZCZUCZYN    | 546 |                               | 81 | M30/5 (M)8    | 00:38:04 | 15.81 |
| 6  | 166 | SZYDLIK ADAM        | ŁÓMŻA        |     |                               | 76 | M30/6 (M)11   | 00:38:48 | 15.50 |
| 7  | 922 | KONECKO SEBASTIAN   | BIĄŁYSTOK    | POL |                               | 78 | M30/7 (M)17   | 00:39:45 | 15.11 |
| 8  | 136 | PUĆKO ADAM          | BIĄŁYSTOK    | 77  |                               | 80 | M30/8 (M)24   | 00:42:15 | 14.27 |
| 9  | 195 | ZALESKI MARCIN      | BIĄŁYSTOK    | 62  | BIEGAM BO LUBIĘ               | 81 | M30/9 (M)25   | 00:42:25 | 14.18 |
| 10 | 98  | ŁUPIŃSKI ROBERT     | BIĄŁYSTOK    | 495 |                               | 74 | M30/10 (M)28  | 00:43:57 | 13.70 |
| 11 | 526 | SADOWSKI WALDEMAR   | BIĄŁYSTOK    | POL | STRAŻ POŻARNA BIĄŁYSTOK       | 80 | M30/11 (M)31  | 00:44:19 | 13.54 |
| 12 | 128 | SAJEWSKI PRZEMYSŁAW | BIĄŁYSTOK    | 333 |                               | 75 | M30/12 (M)32  | 00:44:22 | 13.61 |
| 13 | 260 | JAKUBOWSKI MARIUSZ  | BIĄŁYSTOK    | 632 |                               | 72 | M30/13 (M)33  | 00:44:23 | 13.55 |
| 14 | 70  | PAWLUCZUK PAWEŁ     | BIĄŁYSTOK    | 408 |                               | 78 | M30/14 (M)34  | 00:44:48 | 13.40 |
| 15 | 606 | ADAMOWICZ ADAM      | BIĄŁYSTOK    |     |                               | 73 | M30/15 (M)36  | 00:44:56 | 13.45 |
| 16 | 353 | DERERKO PIOTR       | BIĄŁYSTOK    | 282 | STRAŻ GRANICZNA BIĄŁYSTOK     | 72 | M30/16 (M)39  | 00:45:03 | 13.36 |
| 17 | 179 | KOWALCZUK SZCZEPAN  | CZARTAJEW    |     | LKS SPRINTER SIEMIATYCZE      | 72 | M30/17 (M)40  | 00:45:08 | 13.32 |
| 18 | 153 | KAWECKI MAREK       | KLEOSIN      |     | 18 PUŁK ROZPOZNAWCZY          | 79 | M30/18 (M)41  | 00:45:09 | 13.31 |
| 19 | 90  | SZPAKOWSKI ZBYSZEK  | BIĄŁYSTOK    | 164 |                               | 74 | M30/19 (M)44  | 00:45:35 | 13.19 |
| 20 | 63  | PAULIŃSKI DARIUSZ   | CIASNE       | 203 |                               | 78 | M30/20 (M)53  | 00:46:36 | 12.93 |
| 21 | 248 | BARTOSIK TOMASZ     | KONIN        | 547 |                               | 77 | M30/21 (M)55  | 00:46:43 | 12.88 |
| 22 | 623 | OSTROWSKI KRZYSZTOF | CHOROSZCZ    |     |                               | 77 | M30/22 (M)57  | 00:47:05 | 12.81 |
| 23 | 144 | DZENIS PAWEŁ        | BIĄŁYSTOK    | 204 |                               | 79 | M30/23 (M)61  | 00:47:41 | 12.61 |
| 24 | 624 | TOFIŁO PIOTR        | FASTY        |     |                               | 77 | M30/24 (M)65  | 00:48:05 | 12.55 |
| 25 | 482 | BARANOWSKI ADAM     | KUŹNICA      | POL |                               | 81 | M30/25 (M)66  | 00:48:19 | 12.44 |
| 26 | 171 | SUCHCICKI MAREK     | JASZENICA    |     | 'PUKS "ROCH" JASZENICA'       | 77 | M30/26 (M)68  | 00:48:34 | 12.38 |
| 27 | 716 | LEŻANKA KRZYSZTOF   | BIĄŁYSTOK    | POL |                               | 81 | M30/27 (M)72  | 00:48:48 | 12.38 |
| 28 | 24  | TYBURCZY KRZYSZTOF  | BIĄŁYSTOK    | 243 | DELECTA-PODLASKI KLUB BIEGOWY | 72 | M30/28 (M)73  | 00:48:52 | 12.29 |
| 29 | 15  | MAKOWIECKI PAWEŁ    | BIĄŁYSTOK    |     | OPENCOFFEE BIĄŁYSTOK          | 80 | M30/29 (M)74  | 00:49:20 | 12.20 |
| 30 | 81  | DZIEMIANCZUK TOMASZ | MOKRE        | 411 |                               | 80 | M30/30 (M)80  | 00:49:59 | 12.03 |
| 31 | 165 | TARNOWSKI SEBASTIAN | SULÓW        |     |                               | 79 | M30/31 (M)81  | 00:50:04 | 12.03 |
| 32 | 194 | WAKULUK MAREK       | CIECHANOWICE | POL |                               | 72 | M30/32 (M)83  | 00:50:29 | 11.90 |
| 33 | 186 | KŁOCZKO PIOTR       | AUGUSTÓW     |     |                               | 78 | M30/33 (M)90  | 00:50:43 | 11.84 |
| 34 | 178 | CHOMA PAWEŁ         | BIĄŁYSTOK    | 441 | JW 3519                       | 78 | M30/34 (M)93  | 00:50:57 | 11.83 |
| 35 | 563 | KITLASZ LECH        | WASILKÓW     | POL | CKU BIĄŁYSTOK                 | 72 | M30/35 (M)94  | 00:51:00 | 11.79 |
| 36 | 200 | KONOPKO ARTUR       | KLEOSIN      | 628 |                               | 79 | M30/36 (M)95  | 00:51:06 | 11.80 |
| 37 | 25  | POZNYSZ JACEK       | BIĄŁYSTOK    | 215 |                               | 72 | M30/37 (M)96  | 00:51:09 | 11.75 |
| 38 | 539 | GUTKOWSKI ŁUKASZ    | MAKÓW NOWY   |     |                               | 81 | M30/38 (M)97  | 00:51:18 | 11.74 |
| 39 | 53  | RADZIEWICZ GRZEGORZ | JUCHNOWIEC   | 173 | DELEKTA PODLASKI KLUB BIEGOWY | 76 | M30/39 (M)100 | 00:52:02 | 11.59 |

| <b>Miejsce<br/>Rank</b> | <b>Nr<br/>Bib</b> | <b>Nazwisko i imię<br/>Name</b> | <b>Miejscowość<br/>City</b> | <b>Kraj<br/>Nat</b> | <b>Drużyna<br/>Team</b> | <b>R-k<br/>YoB</b> | <b>W kategorii<br/>in Age Sex</b> | <b>Czas<br/>Time</b> | <b>[km/h]</b> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-------------------------|--------------------|-----------------------------------|----------------------|---------------|
| 40                      | 266               | SZACHOWICZ PAWEŁ                | BIĄŁYSTOK                   | 522                 |                         | 74                 | M30/40 (M)102                     | 00:52:24             | 11.48         |
| 41                      | 88                | KRÓL TOMASZ                     | BIĄŁYSTOK                   | 155                 | MOTOZBYT                | 81                 | M30/41 (M)105                     | 00:53:10             | 11.30         |
| 42                      | 282               | ŁABANOWSKI PIOTR                | BIĄŁYSTOK                   | 187                 |                         | 80                 | M30/42 (M)107                     | 00:53:18             | 11.30         |
| 43                      | 714               | JANUSZKIEWICZ MARCIN            | BIĄŁYSTOK                   | POL                 |                         | 74                 | M30/43 (M)117                     | 00:54:17             | 11.07         |
| 44                      | 95                | GÓRSKI MAREK                    | BIĄŁYSTOK                   | 107                 |                         | 74                 | M30/44 (M)122                     | 00:54:38             | 11.04         |
| 45                      | 443               | IWANIUK PIOTR                   | HAJNÓWKA                    |                     | RKB HAJNÓWKA            | 80                 | M30/45 (M)129                     | 00:56:24             | 10.70         |
| 46                      | 159               | KACZYŃSKI WOJCIECH              | BIĄŁYSTOK                   | 171                 |                         | 80                 | M30/46 (M)133                     | 00:57:45             | 10.44         |
| 47                      | 20                | JADWISZCZAK GRZEGORZ            | GRABÓWKA                    | 481                 | LEROY MERLIN            | 72                 | M30/47 (M)140                     | 00:59:11             | 10.16         |
| 48                      | 111               | KRUCZKOWSKI ŁUKASZ              | GRABÓWKA                    | 84                  |                         | 76                 | M30/48 (M)145                     | 01:01:34             | 9.79          |
| 49                      | 112               | WĄDOŁKOWSKI ŁUKASZ              | BIĄŁYSTOK                   | 156                 | PCDOCTOR                | 76                 | M30/49 (M)146                     | 01:01:36             | 9.79          |
| 50                      | 375               | SOSIŃSKI KRZYSZTOF              | NOWODORCE                   | 619                 |                         | 76                 | M30/50 (M)148                     | 01:01:51             | 9.74          |

## 10km Mężczyźni KATEGORIA:M20

|    |     |                       |                    |     |                            |    |               |          |       |
|----|-----|-----------------------|--------------------|-----|----------------------------|----|---------------|----------|-------|
| 1  | 198 | GODLEWSKI ANDRZEJ     | JEDWABNE           |     |                            | 85 | M20/1 (M)3    | 00:35:24 | 16.97 |
| 2  | 527 | DLUGOSZ KAMIL         | MRAĞOWO            |     | KLUB BIEGACZA MRAĞOWO      | 86 | M20/2 (M)5    | 00:36:58 | 16.27 |
| 3  | 173 | ŁOBACZ MICHAŁ         | BIĄŁYSTOK          | 582 |                            | 89 | M20/3 (M)9    | 00:38:42 | 15.55 |
| 4  | 281 | PRZYBYŁEK FRANCISZEK  | KRUKOWO            | 549 |                            | 83 | M20/4 (M)12   | 00:39:02 | 15.43 |
| 5  | 410 | FILIPIUK ANDRZEJ      | HAJNÓWKA           |     | KB HAJNÓWKA                | 90 | M20/5 (M)13   | 00:39:36 | 15.16 |
| 6  | 213 | KASPEROWICZ RADEK     | BIĄŁYSTOK          | 508 |                            | 89 | M20/6 (M)14   | 00:39:38 | 15.15 |
| 7  | 172 | ŁOBACZ WOJCIECH       | BIĄŁYSTOK          | 584 |                            | 87 | M20/7 (M)15   | 00:39:40 | 15.17 |
| 8  | 616 | KIEZIK TOMASZ         | BIĄŁYSTOK          |     |                            | 88 | M20/8 (M)16   | 00:39:41 | 15.13 |
| 9  | 608 | WERPACHOWSKI PATRYK   | BIĄŁYSTOK          | POL |                            | 86 | M20/9 (M)20   | 00:41:30 | 14.47 |
| 10 | 34  | BAŁDAN TOMASZ         | CZARNA BIAŁOSTOCKA | 49  | NIEZRZESZONY               | 83 | M20/10 (M)21  | 00:42:00 | 14.34 |
| 11 | 96  | BARTECZKA JACEK       | BIĄŁYSTOK          | 108 | LUKS SZKARADOWO            | 84 | M20/11 (M)22  | 00:42:08 | 14.34 |
| 12 | 540 | AWRUK BARTOSZ         | BIĄŁYSTOK          |     | NADAKTYWNI BIAŁYSTOK       | 82 | M20/12 (M)23  | 00:42:09 | 14.27 |
| 13 | 619 | NOWAK PAWEŁ           | KALINOWO           |     | PUKS ROCH JASIEINICA       | 89 | M20/13 (M)26  | 00:42:56 | 14.01 |
| 14 | 156 | KOWALSKI JAN TOMASZ   | BIĄŁYSTOK          | 258 |                            | 92 | M20/14 (M)30  | 00:44:14 | 13.64 |
| 15 | 254 | BIAŁKOWSKI MAREK      | BIĄŁYSTOK          | 473 |                            | 84 | M20/15 (M)35  | 00:44:51 | 13.41 |
| 16 | 32  | WOŁKOWYCKI PAWEŁ      | BIĄŁYSTOK          | 542 |                            | 87 | M20/16 (M)37  | 00:44:56 | 13.40 |
| 17 | 295 | KLEMENSOWICZ TOMASZ   | BIĄŁYSTOK          | 541 |                            | 82 | M20/17 (M)43  | 00:45:34 | 13.22 |
| 18 | 132 | CICHY BARTOSZ         | AUGUSTÓW           | 401 |                            | 83 | M20/18 (M)45  | 00:45:38 | 13.18 |
| 19 | 121 | GRODZKI PAWEŁ         | BIĄŁYSTOK          | 160 | IV LICEUM OGÓLNOKSZTAŁCĄCE | 93 | M20/19 (M)48  | 00:46:20 | 13.00 |
| 20 | 148 | RADZISZEWSKI ŁUKASZ   | BIĄŁYSTOK          | 106 |                            | 82 | M20/20 (M)49  | 00:46:25 | 12.95 |
| 21 | 252 | CZARTORYJSKI DARIUSZ  | BIĄŁYSTOK          | 218 |                            | 86 | M20/21 (M)50  | 00:46:28 | 12.99 |
| 22 | 138 | RACIBORSKI KRZYSZTOF  | ŁAPY               | 151 |                            | 85 | M20/22 (M)51  | 00:46:29 | 12.93 |
| 23 | 164 | DAWIDEJT DARIUSZ      | AUGUSTÓW           |     | ATP AUGUSTÓW               | 86 | M20/23 (M)52  | 00:46:32 | 12.91 |
| 24 | 416 | GARTYCH ADAM          | BIĄŁYSTOK          | 467 |                            | 84 | M20/24 (M)56  | 00:46:47 | 12.87 |
| 25 | 291 | WALESIENIUK KAMIL     | KNYSZYN            | 383 | POLITECHNIKA BIAŁOSTOCKA   | 90 | M20/25 (M)58  | 00:47:08 | 12.78 |
| 26 | 618 | SOBIERAJ KRZYSZTOF    | JASIEINICA         |     | PUKS ROCH JASIEINICA       | 89 | M20/26 (M)59  | 00:47:11 | 12.74 |
| 27 | 93  | ZUBRZYCKI ŁUKASZ      | WARSZAWA           | 213 |                            | 86 | M20/27 (M)62  | 00:47:43 | 12.60 |
| 28 | 28  | MIKULSKI ŁUKASZ       | KLEPACZE           | 273 |                            | 82 | M20/28 (M)63  | 00:47:49 | 12.57 |
| 29 | 262 | PIETRYSZYK KAMIL      | BIĄŁYSTOK          | 471 |                            | 82 | M20/29 (M)64  | 00:48:05 | 12.54 |
| 30 | 161 | LEWKOWICZ WOJCIECH    | BIĄŁYSTOK          |     |                            | 85 | M20/30 (M)69  | 00:48:35 | 12.40 |
| 31 | 145 | GRUDNIEWSKI MAREK     | BIĄŁYSTOK          | 191 |                            | 85 | M20/31 (M)71  | 00:48:45 | 12.35 |
| 32 | 122 | SZUMSKI MICHAŁ        | BIĄŁYSTOK          | 210 |                            | 85 | M20/32 (M)78  | 00:49:54 | 12.03 |
| 33 | 143 | DAWIDEK MARIUSZ       | BIĄŁYSTOK          | 217 |                            | 87 | M20/33 (M)87  | 00:50:39 | 11.92 |
| 34 | 129 | PYCZ KAROL            | BIĄŁYSTOK          | 60  |                            | 86 | M20/34 (M)91  | 00:50:45 | 11.84 |
| 35 | 149 | SUROWIEC DAWID        | SZUDZIAŁOWO        | 63  | SERFEO S.C.                | 85 | M20/35 (M)92  | 00:50:56 | 11.83 |
| 36 | 29  | RYDZEWSKI PIOTR       | BIĄŁYSTOK          | 389 |                            | 83 | M20/36 (M)98  | 00:51:52 | 11.62 |
| 37 | 263 | KLEBUS ŁUKASZ         | MOSTOWLANY         | 224 |                            | 85 | M20/37 (M)103 | 00:52:31 | 11.47 |
| 38 | 415 | CHORUŻY PIOTR         | WARSZAWA           | 211 |                            | 82 | M20/38 (M)104 | 00:52:58 | 11.38 |
| 39 | 267 | NAMIOT PAWEŁ          | BIĄŁYSTOK          | 631 |                            | 98 | M20/39 (M)106 | 00:53:15 | 11.33 |
| 40 | 60  | KOROLCZUK KRZYSZTOF   | BIĄŁYSTOK          | 240 |                            | 87 | M20/40 (M)109 | 00:53:27 | 11.29 |
| 41 | 642 | TOMCZAK MARCIN        | BIĄŁYSTOK          | POL |                            | 86 | M20/41 (M)111 | 00:53:47 | 11.17 |
| 42 | 109 | GREŚ WOJCIECH         | BIĄŁYSTOK          | 140 | IV LO                      | 93 | M20/42 (M)114 | 00:54:02 | 11.14 |
| 43 | 374 | GARDZIEJCZYK GRZEGORZ | BIĄŁYSTOK          | 595 |                            | 87 | M20/43 (M)115 | 00:54:05 | 11.16 |
| 44 | 717 | ORGANEK MAREK         | BIĄŁYSTOK          | POL |                            | 88 | M20/44 (M)118 | 00:54:22 | 11.09 |
| 45 | 428 | LEWSZA MICHAŁ         | GRABÓWKA           | 136 | TODLER                     | 89 | M20/45 (M)123 | 00:55:09 | 10.90 |
| 46 | 104 | LENKIEWICZ KAMIL      | BIĄŁYSTOK          | 153 |                            | 86 | M20/46 (M)124 | 00:55:21 | 10.86 |

| <i>Miejsce<br/>Rank</i>            | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>       | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age Sex</i> | <i>Czas<br/>Time</i> | <i>[km/h]</i> |
|------------------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-------------------------------|--------------------|-----------------------------------|----------------------|---------------|
| 47                                 | 174               | GUDEL PAWEŁ                     | BIĄŁYSTOK                   | 624                 |                               | 88                 | M20/47 (M)125                     | 00:55:50             | 10.78         |
| 48                                 | 175               | DZIWIULSKI KAMIL                | BIĄŁYSTOK                   | 622                 |                               | 89                 | M20/48 (M)127                     | 00:55:57             | 10.77         |
| 49                                 | 284               | ZAWADZKI MACIEJ                 | BIĄŁYSTOK                   |                     |                               | 86                 | M20/49 (M)132                     | 00:57:11             | 10.55         |
| 50                                 | 35                | WITOS MATEUSZ                   | BIĄŁYSTOK                   | 432                 | SW                            | 86                 | M20/50 (M)135                     | 00:58:00             | 10.38         |
| 51                                 | 589               | WYSOCKI GRZEGORZ                | BIĄŁYSTOK                   | POL                 |                               | 82                 | M20/51 (M)137                     | 00:58:24             | 10.32         |
| 52                                 | 157               | WOJTAS ROBERT                   | BIĄŁYSTOK                   | 257                 |                               | 91                 | M20/52 (M)138                     | 00:58:44             | 10.26         |
| 53                                 | 170               | KLIM PIOTR                      | BIĄŁYSTOK                   | 536                 |                               | 87                 | M20/53 (M)141                     | 01:00:05             | 10.04         |
| 54                                 | 169               | WRÓBEL KRZYSZTOF                | BIĄŁYSTOK                   | 324                 |                               | 82                 | M20/54 (M)142                     | 01:00:05             | 10.04         |
| 55                                 | 199               | MISKUS SEBASTIAN                | ELK                         | 627                 |                               | 83                 | M20/55 (M)143                     | 01:00:55             | 9.86          |
| 56                                 | 929               | SKRODZKI ARTUR                  | ŁOMŻA                       | POL                 |                               | 86                 | M20/56 (M)147                     | 01:01:41             | 9.77          |
| <b>5km Mężczyźni KATEGORIA:M20</b> |                   |                                 |                             |                     |                               |                    |                                   |                      |               |
| 1                                  | 640               | SANKO ALIAKSANDR                | MIŃSK                       | BLR                 |                               | 89                 | M20/1 (M)1                        | 00:17:24             | 17.26         |
| 2                                  | 279               | GRZEGORCZYK SZYMON              | BIĄŁYSTOK                   | 73                  |                               | 89                 | M20/2 (M)3                        | 00:18:18             | 16.42         |
| 3                                  | 78                | KALINOWSKI KRYSZTIAN            | JASIONÓWKA                  | 406                 |                               | 93                 | M20/3 (M)4                        | 00:18:53             | 15.89         |
| 4                                  | 118               | MIROCHA JAN                     | SOWLANY                     | 161                 | DELECTA PODLASKI KLUB BIEGOWY | 90                 | M20/4 (M)5                        | 00:19:11             | 15.67         |
| 5                                  | 601               | KOWALSKI DAWID                  | BIĄŁYSTOK                   | POL                 |                               | 94                 | M20/5 (M)6                        | 00:19:23             | 15.50         |
| 6                                  | 577               | WAKULEWSKI KAROL                | BIĄŁYSTOK                   | POL                 |                               | 92                 | M20/6 (M)8                        | 00:19:30             | 15.40         |
| 7                                  | 709               | KAMIŃSKI WOJCIECH               | BIĄŁYSTOK                   | POL                 |                               | 95                 | M20/7 (M)9                        | 00:19:44             | 15.22         |
| 8                                  | 39                | BIELSKI RAFAŁ                   | JUCHNOWIEC                  | 380                 |                               | 89                 | M20/8 (M)11                       | 00:19:53             | 15.15         |
| 9                                  | 107               | SOKOŁOWSKI DANIEL               | CIASNE                      | 114                 |                               | 91                 | M20/9 (M)12                       | 00:19:54             | 15.10         |
| 10                                 | 578               | KILUK RAFAŁ                     | BIĄŁYSTOK                   | POL                 |                               | 95                 | M20/10 (M)13                      | 00:20:09             | 14.90         |
| 11                                 | 607               | WERPACHOWSKI DAWID              | BIĄŁYSTOK                   | POL                 |                               | 84                 | M20/11 (M)14                      | 00:20:10             | 14.91         |
| 12                                 | 603               | GRYCNER RAFAŁ                   | BIĄŁYSTOK                   | POL                 |                               | 94                 | M20/12 (M)15                      | 00:20:12             | 14.85         |
| 13                                 | 139               | ZIELIŃSKI MACIEJ                | BIĄŁYSTOK                   | 70                  | BIEGAMBOLUBIĘ BIĄŁYSTOK       | 93                 | M20/13 (M)16                      | 00:20:12             | 14.88         |
| 14                                 | 610               | KOLENDO PATRYK                  | BIĄŁYSTOK                   |                     | BIĄŁYSTOK - BIEGAM BO LUBIĘ   | 88                 | M20/14 (M)18                      | 00:20:36             | 14.59         |
| 15                                 | 72                | MARCHELA DOMINIK                | BIĄŁYSTOK                   | 323                 | II LO                         | 94                 | M20/15 (M)19                      | 00:20:47             | 14.59         |
| 16                                 | 476               | JANUSZKIEWICZ ROBERT            | SOKÓŁKA                     |                     |                               | 88                 | M20/16 (M)21                      | 00:20:54             | 14.43         |
| 17                                 | 565               | ŚLIWA ŁUKASZ                    | KLEOSIN                     | POL                 |                               | 89                 | M20/17 (M)24                      | 00:21:27             | 14.03         |
| 18                                 | 283               | DOBKOWSKI MACIEJ                | BIĄŁYSTOK                   | 249                 | ZSHE                          | 92                 | M20/18 (M)27                      | 00:21:52             | 13.76         |
| 19                                 | 627               | TURCZYŃSKI PAWEŁ                | BIĄŁYSTOK                   | POL                 | PG 3 W BIĄŁYMSTOKU            | 96                 | M20/19 (M)28                      | 00:22:02             | 13.79         |
| 20                                 | 521               | PURWIN ROBERT                   | BIĄŁYSTOK                   | POL                 |                               | 89                 | M20/20 (M)32                      | 00:22:35             | 13.37         |
| 21                                 | 265               | JANIUK PRZEMYSŁAW               | JUCHNOWIEC                  | 185                 | RC JUCHNOWIEC                 | 83                 | M20/21 (M)33                      | 00:22:50             | 13.19         |
| 22                                 | 184               | BŁĄŻEWICZ DANIEL                | BIŁAYSTOK                   |                     | UKS19BOJARY                   | 97                 | M20/22 (M)38                      | 00:23:12             | 12.98         |
| 23                                 | 151               | ZAJKOWSKI MACIEJ                | BIĄŁYSTOK                   | 262                 |                               | 82                 | M20/23 (M)39                      | 00:23:13             | 13.05         |
| 24                                 | 288               | BŁASZCZUK PIOTR                 | WASILKÓW                    | 545                 |                               | 98                 | M20/24 (M)40                      | 00:23:15             | 12.94         |
| 25                                 | 17                | PROKOPIUK ŁUKASZ                | BIĄŁYSTOK                   |                     | LEROY MERLIN                  | 90                 | M20/25 (M)43                      | 00:23:36             | 12.79         |
| 26                                 | 354               | NESKA PIOTR                     | BIĄŁYSTOK                   | 621                 |                               | 84                 | M20/26 (M)45                      | 00:23:48             | 12.64         |
| 27                                 | 33                | BRĄŃSKI MATEUSZ                 | BIĄŁYSTOK                   | 85                  | MKB GRAFIKA                   | 90                 | M20/27 (M)46                      | 00:23:50             | 12.69         |
| 28                                 | 18                | AMBROŻKO TOMASZ                 | BIĄŁYSTOK                   | 480                 | LEROY MERLIN                  | 86                 | M20/28 (M)52                      | 00:24:34             | 12.29         |
| 29                                 | 398               | KORŻĄTKOWSKI DOMINIK            | BIĄŁYSTOK                   | 651                 |                               | 97                 | M20/29 (M)54                      | 00:24:38             | 12.24         |
| 30                                 | 37                | NARUSZEWICZ JAN                 | BIĄŁYSTOK                   | 250                 | SLO                           | 95                 | M20/30 (M)59                      | 00:25:13             | 11.96         |
| 31                                 | 67                | MARCHELA MICHAŁ                 | BIĄŁYSTOK                   | 322                 | ZSK                           | 96                 | M20/31 (M)60                      | 00:25:23             | 11.93         |
| 32                                 | 255               | CHILKIEWICZ JAN                 | BIĄŁYSTOK                   | 634                 |                               | 85                 | M20/32 (M)61                      | 00:25:24             | 11.91         |
| 33                                 | 485               | PIETRASZKIEWICZ PAWEŁ           | BIĄŁYSTOK                   | POL                 |                               | 85                 | M20/33 (M)74                      | 00:26:19             | 11.45         |
| 34                                 | 605               | SOBOCIŃSKI PAWEŁ                | BIĄŁYSTOK                   |                     |                               | 89                 | M20/34 (M)75                      | 00:26:19             | 11.45         |
| 35                                 | 269               | ZAJKOWSKI ADRIAN                | BIĄŁYSTOK                   | 517                 |                               | 98                 | M20/35 (M)79                      | 00:26:27             | 11.44         |
| 36                                 | 115               | KOROL ANDRZEJ                   | BIĄŁYSTOK                   | 226                 | OVERS.PL                      | 83                 | M20/36 (M)80                      | 00:26:34             | 11.35         |
| 37                                 | 94                | PRZYGODZKI MARCIN               | BIĄŁYSTOK                   | 365                 | PG 17 BIĄŁYSTOK               | 98                 | M20/37 (M)81                      | 00:26:36             | 11.29         |
| 38                                 | 50                | STRÓJKOWSKI WOJCIECH            | BIĄŁYSTOK                   | 361                 | HELIOS                        | 82                 | M20/38 (M)84                      | 00:26:40             | 11.30         |
| 39                                 | 108               | WILKANIEC KRZYSZTOF             | HAJNÓWKA                    | 288                 |                               | 82                 | M20/39 (M)87                      | 00:26:55             | 11.23         |
| 40                                 | 287               | SZCZEPAŃSKI WOJCIECH            | BIĄŁYSTOK                   | 356                 | BIĄŁA BIĄŁYSTOK               | 85                 | M20/40 (M)89                      | 00:26:57             | 11.15         |
| 41                                 | 366               | STAROSTA KAROL                  | BIĄŁYSTOK                   | 496                 |                               | 83                 | M20/41 (M)92                      | 00:27:13             | 11.12         |
| 42                                 | 297               | KUPIEC MATEUSZ                  | BIĄŁYSTOK                   | 451                 |                               | 91                 | M20/42 (M)95                      | 00:27:43             | 10.91         |
| 43                                 | 712               | DAŃKO TOMASZ                    | JUCHNOWIEC                  | POL                 |                               | 95                 | M20/43 (M)96                      | 00:27:51             | 10.86         |
| 44                                 | 289               | BŁASZCZUK MICHAŁ                | BIĄŁYSTOK                   | 544                 |                               | 96                 | M20/44 (M)97                      | 00:27:51             | 10.80         |
| 45                                 | 82                | KOZŁOWSKI KAMIL                 | SOKÓŁKA                     | 216                 |                               | 89                 | M20/45 (M)99                      | 00:28:03             | 10.75         |
| 46                                 | 48                | KISZŁO PATRYK                   | BIĄŁYSTOK                   | 487                 |                               | 92                 | M20/46 (M)103                     | 00:28:35             | 10.57         |
| 47                                 | 926               | KOSTECKI PIOTR                  | BIĄŁYSTOK                   | POL                 |                               | 88                 | M20/47 (M)104                     | 00:28:50             | 10.43         |

| <b>Miejsce<br/>Rank</b> | <b>Nr<br/>Bib</b> | <b>Nazwisko i imię<br/>Name</b> | <b>Miejscowość<br/>City</b> | <b>Kraj<br/>Nat</b> | <b>Drużyna<br/>Team</b>                                                       | <b>R-k<br/>YoB</b> | <b>W kategorii<br/>in Age Sex</b> | <b>Czas<br/>Time</b> | <b>[km/h]</b> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-------------------------------------------------------------------------------|--------------------|-----------------------------------|----------------------|---------------|
| 48                      | 158               | NAREL MICHAŁ                    | BIĄŁYSTOK                   | 121                 | /                                                                             | 92                 | M20/48 (M)106                     | 00:29:07             | 10.40         |
| 49                      | 3                 | SKOWROŃSKI PAWEŁ                | BIĄŁYSTOK                   | 82                  | SKO SPORT                                                                     | 84                 | M20/49 (M)110                     | 00:29:41             | 10.13         |
| 50                      | 271               | KARDASZ IRENEUSZ                | BIĄŁYSTOK                   | 528                 |                                                                               | 88                 | M20/50 (M)111                     | 00:29:41             | 10.12         |
| 51                      | 117               | ULECKI MATEUSZ                  | BIĄŁYSTOK                   | 205                 | POLITECHNIKA BIAŁOSTOCKA                                                      | 87                 | M20/51 (M)112                     | 00:29:53             | 10.11         |
| 52                      | 641               | BEDNARCYK MARCIN                | BIĄŁYSTOK                   | POL                 |                                                                               | 82                 | M20/52 (M)113                     | 00:29:59             | 10.08         |
| 53                      | 264               | WILKIEL SZYMON                  | BIĄŁYSTOK                   | 462                 | II LICEUM OGÓLNOKSZTAŁCĄCE IM. KS ANNA Z SAPIEHÓW JABŁONOWSKIEJ W BIAŁYMSTOKU | 93                 | M20/53 (M)114                     | 00:30:09             | 10.01         |
| 54                      | 124               | KLUKOWSKI MARK                  | BIĄŁYSTOK                   | 225                 |                                                                               | 86                 | M20/54 (M)116                     | 00:30:49             | 9.80          |
| 55                      | 609               | ASHLEY MARTIN                   | BIĄŁYSTOK                   | POL                 |                                                                               | 83                 | M20/55 (M)117                     | 00:30:49             | 9.77          |
| 56                      | 928               | MICHALEWICZ MATEUSZ             | BIĄŁYSTOK                   | POL                 |                                                                               | 93                 | M20/56 (M)122                     | 00:33:08             | 9.09          |
| 57                      | 564               | KRUPKO ILYA                     | BIĄŁYSTOK                   | POL                 |                                                                               | 92                 | M20/57 (M)124                     | 00:34:21             | 8.74          |

### 5km Mężczyźni KATEGORIA:M30

|    |     |                        |                  |     |                                |    |               |          |       |
|----|-----|------------------------|------------------|-----|--------------------------------|----|---------------|----------|-------|
| 1  | 55  | OŻAROWSKI PAWEŁ        | BRAŃSK           | 184 |                                | 80 | M30/1 (M)2    | 00:17:29 | 17.18 |
| 2  | 418 | ZALEWSKI PIOTR         | TRZCIANNE        | 281 | WWW.RAJSKISTAW.COM             | 74 | M30/2 (M)22   | 00:20:56 | 14.38 |
| 3  | 441 | KARTASZOW ARKADIUSZ    | BIĄŁYSTOK        |     | KLUB ATLETA                    | 81 | M30/3 (M)23   | 00:20:57 | 14.38 |
| 4  | 5   | MIESZKÓW KRZYSZTOF     | BIĄŁYSTOK        | 501 |                                | 77 | M30/4 (M)37   | 00:23:07 | 13.08 |
| 5  | 579 | KORYTKO TOMASZ         | BIĄŁYSTOK        | POL |                                | 74 | M30/5 (M)41   | 00:23:25 | 12.88 |
| 6  | 106 | KIEDA WOJCIECH         | BIĄŁYSTOK        | 325 |                                | 76 | M30/6 (M)44   | 00:23:38 | 12.73 |
| 7  | 251 | JUCHNICKI TOMASZ       | BIĄŁYSTOK        | 158 |                                | 73 | M30/7 (M)47   | 00:24:03 | 12.53 |
| 8  | 620 | TARASEWICZ PIOTR       | BIĄŁYSTOK        | POL | MOSIR BIAŁYSTOK                | 80 | M30/8 (M)48   | 00:24:15 | 12.52 |
| 9  | 47  | BABUL PAWEŁ            | BIĄŁYSTOK        | 190 |                                | 74 | M30/9 (M)49   | 00:24:21 | 12.37 |
| 10 | 927 | RZEWUSKI KAROL         | WARSZAWA         | POL |                                | 78 | M30/10 (M)50  | 00:24:24 | 12.39 |
| 11 | 6   | STYPULKOWSKI MICHAŁ    | BIĄŁYSTOK        | 465 |                                | 80 | M30/11 (M)51  | 00:24:29 | 12.26 |
| 12 | 134 | KRAWCZUK JERZY         | BIĄŁYSTOK        | 174 |                                | 77 | M30/12 (M)56  | 00:24:38 | 12.27 |
| 13 | 45  | DUBIŃSKI DANIEL        | BIĄŁYSTOK        | 488 |                                | 76 | M30/13 (M)57  | 00:24:55 | 12.12 |
| 14 | 86  | KORPACZ MARIUSZ        | BIĄŁYSTOK        | 335 |                                | 72 | M30/14 (M)58  | 00:24:56 | 12.07 |
| 15 | 285 | KOMARNICKI PIOTR       | BIĄŁYSTOK        | 353 | URZĄD MIEJSKI W BIAŁYMSTOKU    | 81 | M30/15 (M)62  | 00:25:26 | 11.83 |
| 16 | 588 | ŚWIERZBIŃSKI STANISŁAW | BIĄŁYSTOK        | POL |                                | 75 | M30/16 (M)64  | 00:25:33 | 11.81 |
| 17 | 102 | RZONCA MARCIN          | BIĄŁYSTOK        | 553 |                                | 79 | M30/17 (M)65  | 00:25:36 | 11.83 |
| 18 | 483 | JASZCZUK KRZYSZTOF     | DOBRZYŃIEWO DUŻE | POL |                                | 73 | M30/18 (M)66  | 00:25:38 | 11.80 |
| 19 | 367 | TUMIEL PAWEŁ           | BIĄŁYSTOK        |     |                                | 80 | M30/19 (M)67  | 00:25:42 | 11.78 |
| 20 | 365 | HOŁDAKOWSKI PAWEŁ      | BIĄŁYSTOK        | 602 | AKADEMIA NURKOWANIA DIVING4IN1 | 76 | M30/20 (M)68  | 00:25:44 | 11.69 |
| 21 | 52  | KRAWCZUK WOJCIECH      | BIĄŁYSTOK        | 176 |                                | 80 | M30/21 (M)70  | 00:26:05 | 11.58 |
| 22 | 277 | KLESZCZEWSKI DARIUSZ   | BIĄŁYSTOK        | 138 |                                | 79 | M30/22 (M)72  | 00:26:14 | 11.54 |
| 23 | 116 | HOŁOWIENKO PIOTR       | BIĄŁYSTOK        | 196 |                                | 79 | M30/23 (M)76  | 00:26:23 | 11.44 |
| 24 | 484 | JAKIM MARCIN           | BIĄŁYSTOK        |     |                                | 77 | M30/24 (M)78  | 00:26:27 | 11.44 |
| 25 | 193 | OKUROWSKI PIOTR        | BIĄŁYSTOK        |     |                                | 72 | M30/25 (M)83  | 00:26:37 | 11.37 |
| 26 | 59  | SADŁOWSKI MIROSLAW     | BIĄŁYSTOK        | 445 |                                | 76 | M30/26 (M)88  | 00:26:55 | 11.25 |
| 27 | 191 | HRYNIEWICKI MARCIN     | KLEOSIN          | 382 |                                | 79 | M30/27 (M)98  | 00:28:02 | 10.71 |
| 28 | 253 | JAWORSKI RAFAŁ         | BIĄŁYSTOK        | 478 |                                | 79 | M30/28 (M)100 | 00:28:10 | 10.76 |
| 29 | 133 | ZABROCKI DAMIAN        | BIĄŁYSTOK        | 402 |                                | 79 | M30/29 (M)109 | 00:29:32 | 10.28 |
| 30 | 427 | SIEJEWICZ HUBERT       | BIĄŁYSTOK        | 609 |                                | 74 | M30/30 (M)123 | 00:33:32 | 9.02  |
| 31 | 119 | SNARSKI BOGDAN         | WASILKÓW         | 403 |                                | 79 | M30/31 (M)125 | 00:34:48 | 8.66  |

### 5km Mężczyźni KATEGORIA:M40

|    |     |                          |                       |       |                     |    |              |          |       |
|----|-----|--------------------------|-----------------------|-------|---------------------|----|--------------|----------|-------|
| 1  | 523 | SUCKOCKI WOJCIECH        | BIĄŁYSTOK             | POL   | AUGUSTOWIANKA       | 68 | M40/1 (M)7   | 00:19:25 | 15.49 |
| 2  | 4   | SNARSKI DARIUSZ          | BIĄŁYSTOK             | 537   | BOXING PRODUCTION   | 68 | M40/2 (M)20  | 00:20:53 | 14.38 |
| 3  | 87  | LUPA JERZY               | BIĄŁYSTOK             | 350   | BARILLA             | 70 | M40/3 (M)25  | 00:21:31 | 13.94 |
| 4  | 92  | DUBICKI PIOTR            | BIĄŁYSTOK             | 398   | GIMNAZJUM TRZCIANNE | 70 | M40/4 (M)30  | 00:22:28 | 13.42 |
| 5  | 71  | MARCHELA MIROSLAW        | BIĄŁYSTOK             | 293   | KZK SP Z O.O.       | 67 | M40/5 (M)31  | 00:22:30 | 13.52 |
| 6  | 419 | AMBROŻEJ ANDRZEJ         | NIEWODNICA KOŚCIELENA | WSFIZ |                     | 65 | M40/6 (M)34  | 00:22:52 | 13.16 |
| 7  | 257 | CZYŻEWSKI MAREK          | BIĄŁYSTOK             | 635   |                     | 64 | M40/7 (M)35  | 00:22:53 | 13.19 |
| 8  | 247 | TARASIUK TOMASZ          | BIĄŁYSTOK             | 470   |                     | 68 | M40/8 (M)36  | 00:22:55 | 13.10 |
| 9  | 586 | JANUSZKO TOMASZ          | BIĄŁYSTOK             | POL   |                     | 69 | M40/9 (M)42  | 00:23:27 | 12.81 |
| 10 | 272 | GILEWICZ KRZYSZTOF PIOTR | BIĄŁYSTOK             | 629   |                     | 65 | M40/10 (M)53 | 00:24:34 | 12.25 |
| 11 | 259 | GAŚSIOR DARIUSZ PIOTR    | BIĄŁYSTOK             | 636   |                     | 69 | M40/11 (M)63 | 00:25:29 | 11.79 |
| 12 | 167 | KRÓLIKOWSKI ADAM         | BIĄŁYSTOK             | 585   |                     | 68 | M40/12 (M)69 | 00:25:47 | 11.65 |
| 13 | 622 | SULEWSKI ARTUR           | BIĄŁYSTOK             | POL   |                     | 67 | M40/13 (M)71 | 00:26:05 | 11.54 |

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>   | <i>R-k W kategorii<br/>YoB in Age Sex</i> | <i>Czas<br/>Time</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|---------------------------|-------------------------------------------|----------------------|---------------|
| 14                      | 23                | CICHOCKI ANDRZEJ                | BIĄŁYSTOK                   | 251                 |                           | 71 M40/14 (M)73                           | 00:26:16             | 11.46         |
| 15                      | 105               | MOSIEJ GERARD                   | BIĄŁYSTOK                   | 167                 |                           | 69 M40/15 (M)77                           | 00:26:26             | 11.42         |
| 16                      | 525               | JANICKI DARIUSZ                 | ŁÓDŹ                        |                     |                           | 63 M40/16 (M)86                           | 00:26:51             | 11.26         |
| 17                      | 131               | DAWIDOWICZ PAWEŁ                | BIĄŁYSTOK                   |                     |                           | 71 M40/17 (M)94                           | 00:27:19             | 11.04         |
| 18                      | 480               | ŁOSZEWSKI MARIUSZ               | BIĄŁYSTOK                   | POL                 |                           | 64 M40/18 (M)107                          | 00:29:22             | 10.23         |
| 19                      | 182               | ANDROSIUK JAROSŁAW              | BIĄŁYSTOK                   | 646                 |                           | 70 M40/19 (M)108                          | 00:29:30             | 10.23         |
| 20                      | 101               | KUPIEC ROBERT                   | BIĄŁYSTOK                   | 502                 |                           | 71 M40/20 (M)115                          | 00:30:42             | 9.84          |
| 21                      | 445               | RATKIEWICZ MIROSLAW             | BIĄŁYSTOK                   |                     | UNIwersytet w Białymstoku | 66 M40/21 (M)118                          | 00:31:05             | 9.71          |
| 22                      | 181               | BORODZIUK ANDRZEJ               | BIĄŁYSTOK                   | 647                 |                           | 63 M40/22 (M)119                          | 00:31:07             | 9.68          |
| 23                      | 710               | DAŃKO ANTONI                    | JUCHNOWIEC                  | POL                 |                           | 63 M40/23 (M)121                          | 00:31:37             | 9.50          |
| 24                      | 643               | SAWCZUK MARCIN                  | BIĄŁYSTOK                   | POL                 |                           | 70 M40/24 (M)126                          | 00:40:39             | 7.43          |

### 5km Mężczyźni KATEGORIA:M50

|    |     |                       |                 |     |                             |                  |          |       |
|----|-----|-----------------------|-----------------|-----|-----------------------------|------------------|----------|-------|
| 1  | 440 | OSTROWIERCH TARASIJ   | HAJNÓ           |     | SP ZOZ HAJNOWKA             | 55 M50/1 (M)17   | 00:20:34 | 14.60 |
| 2  | 674 | FALKOWSKI CEZARY      | BIELSK PODLASKI | POL | KLUB BIEGACZA HAJNÓWKA      | 58 M50/2 (M)26   | 00:21:37 | 13.90 |
| 3  | 621 | TURCZYŃSKI ALEKSANDER | BIĄŁYSTOK       | POL |                             | 59 M50/3 (M)29   | 00:22:15 | 13.65 |
| 4  | 100 | WYSOCKI JAN           | BIĄŁYSTOK       | 660 |                             | 56 M50/4 (M)55   | 00:24:38 | 12.20 |
| 5  | 196 | SKOWERA EDWARD        | BIĄŁYSTOK       | 555 |                             | 56 M50/5 (M)82   | 00:26:37 | 11.37 |
| 6  | 150 | NARUSZEWICZ KAROL     | BIĄŁYSTOK       | 68  |                             | 60 M50/6 (M)85   | 00:26:42 | 11.31 |
| 7  | 404 | DZIERŻANOWSKI TADEUSZ | BIĄŁYSTOK       | 515 |                             | 55 M50/7 (M)90   | 00:27:01 | 11.16 |
| 8  | 49  | LACHOWSKI KRZYSZTOF   | BIĄŁYSTOK       | 255 | URZĄD MIEJSKI W BIAŁYMSTOKU | 57 M50/8 (M)91   | 00:27:03 | 11.13 |
| 9  | 40  | GRODZKI KRZYSZTOF     | BIĄŁYSTOK       | 489 |                             | 59 M50/9 (M)93   | 00:27:15 | 11.06 |
| 10 | 75  | TOBOLCZYK ANDRZEJ     | BIĄŁYSTOK       | 98  |                             | 61 M50/10 (M)101 | 00:28:14 | 10.68 |

### 5km Mężczyźni KATEGORIA:M60

|   |     |                    |           |     |     |                 |          |       |
|---|-----|--------------------|-----------|-----|-----|-----------------|----------|-------|
| 1 | 524 | KULIKOWSKI ZENON   | BIĄŁYSTOK | POL |     | 46 M60/1 (M)102 | 00:28:23 | 10.58 |
| 2 | 718 | PUCZYŃSKI MIROSLAW | BIĄŁYSTOK | POL |     | 47 M60/2 (M)105 | 00:29:07 | 10.33 |
| 3 | 522 | HORBACZ STANISŁAW  | BIĄŁYSTOK | POL | WIR | 48 M60/3 (M)120 | 00:31:20 | 9.59  |

### 5km Kobiety KATEGORIA:K20

|    |     |                            |                  |     |                               |                 |          |       |
|----|-----|----------------------------|------------------|-----|-------------------------------|-----------------|----------|-------|
| 1  | 41  | WOJTULEWICZ ANNA           | BIĄŁYSTOK        | 492 |                               | 87 K20/1 (K)1   | 00:19:28 | 15.42 |
| 2  | 636 | OSTASZEWSKA ELIZA          | AUGUSTÓW         | POL |                               | 94 K20/2 (K)2   | 00:20:11 | 14.89 |
| 3  | 637 | RUTKOWSKA KATARZYNA        | TYKOCIN          | POL |                               | 94 K20/3 (K)3   | 00:20:11 | 14.88 |
| 4  | 249 | RACZKOWSKA MAGDALENA       | BIĄŁYSTOK        | 518 |                               | 83 K20/4 (K)4   | 00:22:29 | 13.37 |
| 5  | 921 | ZALESKA JUSTYNA            | BIĄŁYSTOK        | POL | BIEGAM...BO LUBIĘ             | 84 K20/5 (K)5   | 00:23:15 | 12.99 |
| 6  | 417 | CHLISTOWSKA ZUZANNA        | WASILKÓW         | 464 | AZS UWb                       | 89 K20/6 (K)6   | 00:23:15 | 12.91 |
| 7  | 91  | SADOWSKA EWA               | BIĄŁYSTOK        | 186 |                               | 85 K20/7 (K)7   | 00:23:33 | 12.80 |
| 8  | 280 | PISZCZATOWSKA SYLWIA       | KLEOSIN          | 202 | SPORT-MED                     | 82 K20/8 (K)8   | 00:24:08 | 12.46 |
| 9  | 352 | GOTÓWKO ELŻBIETA           | BIĄŁYSTOK        | 620 |                               | 83 K20/9 (K)10  | 00:25:13 | 12.04 |
| 10 | 587 | KOPCZEWSKA JOANNA          | DOBRZYŃIEWO DUŻE | POL |                               | 86 K20/10 (K)12 | 00:25:25 | 11.94 |
| 11 | 930 | BRODACKA ANNA              | WROCLAW          | POL |                               | 82 K20/11 (K)15 | 00:26:02 | 11.55 |
| 12 | 22  | TYBURCZY DIANA             | BIĄŁYSTOK        | 245 | DELECTA-PODLASKI KLUB BIEGOWY | 97 K20/12 (K)18 | 00:26:49 | 11.26 |
| 13 | 54  | MAKARSKA PAULINA           | JATWIEŻ DUŻA     | 295 |                               | 84 K20/13 (K)19 | 00:27:07 | 11.10 |
| 14 | 76  | LISOWSKA AGATA             | BIĄŁYSTOK        | 94  |                               | 90 K20/14 (K)20 | 00:27:07 | 11.10 |
| 15 | 176 | NIESTERUK PAULINA          | WARSZAWA         | 593 |                               | 87 K20/15 (K)27 | 00:28:23 | 10.61 |
| 16 | 192 | SZESZO MAŁGORZATA          | BIĄŁYSTOK        | 512 |                               | 83 K20/16 (K)28 | 00:28:41 | 10.51 |
| 17 | 120 | DĄBROWSKA AGNIESZKA        | BRĄŃSK           | 286 | DEHAG EXTRA TECHNIKUM         | 93 K20/17 (K)32 | 00:29:30 | 10.18 |
| 18 | 538 | LASKOWSKA JOANNA           | BIĄŁYSTOK        |     |                               | 96 K20/18 (K)33 | 00:29:42 | 10.20 |
| 19 | 638 | BEDNARCZYK MARTA ZOFIA     | BIĄŁYSTOK        | POL |                               | 82 K20/19 (K)35 | 00:29:59 | 10.08 |
| 20 | 110 | CISOŃ-KOMARNICKA KATARZYNA | BIĄŁYSTOK        | 74  |                               | 84 K20/20 (K)41 | 00:30:52 | 9.75  |
| 21 | 214 | BORODZIUK AGNIESZKA        | BIĄŁYSTOK        | 648 |                               | 93 K20/21 (K)42 | 00:30:54 | 9.75  |
| 22 | 292 | ZAWADZKA KATARZYNA         | BIĄŁYSTOK        | 539 |                               | 87 K20/22 (K)46 | 00:32:16 | 9.38  |
| 23 | 46  | KALINOWSKA AGNIESZKA       | BIĄŁYSTOK        | 342 |                               | 92 K20/23 (K)48 | 00:33:40 | 9.02  |
| 24 | 177 | JAKUĆ PATRYCJA             | TUROŚŃ KOŚCIELNA | 591 |                               | 87 K20/24 (K)50 | 00:34:07 | 8.82  |
| 25 | 141 | CZARNOWSKA ALICJA          | BIĄŁYSTOK        | 133 | UNIwersytet w Białymstoku     | 87 K20/25 (K)51 | 00:34:45 | 8.70  |
| 26 | 278 | DOROSZKO KATARZYNA         | BIĄŁYSTOK        | 438 |                               | 83 K20/26 (K)55 | 00:35:04 | 8.64  |

### 5km Kobiety KATEGORIA:K30

|   |    |                  |           |     |  |                |          |       |
|---|----|------------------|-----------|-----|--|----------------|----------|-------|
| 1 | 80 | GASZTOLD URSZULA | BIĄŁYSTOK | 272 |  | 78 K30/1 (K)13 | 00:25:43 | 11.73 |
| 2 | 61 | DUBIJ JOANNA     | BIĄŁYSTOK | 179 |  | 79 K30/2 (K)14 | 00:25:49 | 11.72 |

| <i>Miejsce<br/>Rank</i> | <i>Nr<br/>Bib</i> | <i>Nazwisko i imię<br/>Name</i> | <i>Miejscowość<br/>City</i> | <i>Kraj<br/>Nat</i> | <i>Drużyna<br/>Team</i>       | <i>R-k<br/>YoB</i> | <i>W kategorii<br/>in Age</i> | <i>Sex</i> | <i>Czas<br/>Time</i> | <i>[km/h]</i> |
|-------------------------|-------------------|---------------------------------|-----------------------------|---------------------|-------------------------------|--------------------|-------------------------------|------------|----------------------|---------------|
| 3                       | 135               | ROJ-ROJEWSKA URSZULA            | BIĄŁYSTOK                   | 104                 | DELECTA PODLASKI KLUB BIEGOWY | 72                 | K30/3                         | (K)17      | 00:26:18             | 11.47         |
| 4                       | 626               | PAWŁOWSKA JOLANTA               | BIĄŁYSTOK                   | POL                 | MOSIR                         | 79                 | K30/4                         | (K)22      | 00:27:21             | 11.08         |
| 5                       | 258               | BOUBLEJ URSZULA                 | BIĄŁYSTOK                   | 212                 | TVP BIĄŁYSTOK                 | 81                 | K30/5                         | (K)23      | 00:27:50             | 10.80         |
| 6                       | 79                | TOMAKA AGNIESZKA                | BIĄŁYSTOK                   | 405                 |                               | 74                 | K30/6                         | (K)24      | 00:27:55             | 10.82         |
| 7                       | 126               | ELIASZUK AGNIESZKA              | BIĄŁYSTOK                   | 170                 |                               | 80                 | K30/7                         | (K)26      | 00:28:09             | 10.73         |
| 8                       | 26                | FIEDOSIK IZABELA                | BIĄŁYSTOK                   | 433                 |                               | 73                 | K30/8                         | (K)29      | 00:28:43             | 10.48         |
| 9                       | 300               | CHMURKOWSKA MAJA                | BIĄŁYSTOK                   | 390                 |                               | 81                 | K30/9                         | (K)30      | 00:29:15             | 10.27         |
| 10                      | 30                | KOZŁOWSKA MAŁGORZATA            | BIĄŁYSTOK                   | 394                 | OSOBA PRYWATNA                | 73                 | K30/10                        | (K)31      | 00:29:26             | 10.27         |
| 11                      | 19                | SUSZENOW OLGA                   | BIĄŁYSTOK                   | 483                 |                               | 72                 | K30/11                        | (K)34      | 00:29:55             | 10.14         |
| 12                      | 57                | ŚLIWOWSKA BOŻENA                | AUGUSTÓW                    | 443                 |                               | 72                 | K30/12                        | (K)36      | 00:30:20             | 9.99          |
| 13                      | 168               | JASIŃSKA ANNA                   | BIĄŁYSTOK                   | 351                 |                               | 81                 | K30/13                        | (K)37      | 00:30:20             | 9.90          |
| 14                      | 180               | JAKONIUK DOMINIKA               | WASILKÓW                    | 625                 |                               | 79                 | K30/14                        | (K)38      | 00:30:25             | 9.92          |
| 15                      | 27                | SIENKIEWICZ MAGDA               | SUPRAŚL                     | 256                 |                               | 81                 | K30/15                        | (K)39      | 00:30:26             | 9.88          |
| 16                      | 56                | KOPLIŃSKA MONIKA                | BIĄŁYSTOK                   | 442                 |                               | 80                 | K30/16                        | (K)40      | 00:30:27             | 9.91          |
| 17                      | 923               | KUC BARBARA                     | BIĄŁYSTOK                   | POL                 | BIEGAM...BO LUBIĘ             | 75                 | K30/17                        | (K)43      | 00:30:57             | 9.75          |
| 18                      | 130               | SZUGZDA MAGDALENA               | BIĄŁYSTOK                   | 177                 |                               | 79                 | K30/18                        | (K)45      | 00:31:53             | 9.47          |
| 19                      | 294               | PŁOŃSKA JUSTYNA                 | BIĄŁYSTOK                   | 233                 |                               | 79                 | K30/19                        | (K)47      | 00:32:53             | 9.21          |
| 20                      | 142               | SNARSKA KATARZYNA               | WASILKÓW                    | 404                 |                               | 81                 | K30/20                        | (K)52      | 00:34:48             | 8.67          |
| 21                      | 270               | GRYCUK KRZYSZTOFA               | BIĄŁYSTOK                   | 630                 |                               | 76                 | K30/21                        | (K)53      | 00:35:03             | 8.60          |
| 22                      | 85                | KORPACZ MARTA                   | BIĄŁYSTOK                   | 331                 |                               | 78                 | K30/22                        | (K)57      | 00:35:54             | 8.40          |

### 5km Kobiety KATEGORIA:K40

|   |     |                        |            |     |  |    |       |       |          |       |
|---|-----|------------------------|------------|-----|--|----|-------|-------|----------|-------|
| 1 | 62  | TRUSIEWICZ JOANNA      | BIĄŁYSTOK  | 352 |  | 70 | K40/1 | (K)11 | 00:25:18 | 11.95 |
| 2 | 127 | KARPACZ KATARZYNA      | BIĄŁYSTOK  | 399 |  | 66 | K40/2 | (K)16 | 00:26:08 | 11.55 |
| 3 | 183 | GINDOROWICZ ANNA MARIA | WASILKÓW   |     |  | 67 | K40/3 | (K)25 | 00:27:55 | 10.76 |
| 4 | 925 | KULIKOWSKA EWA         | BIĄŁYSTOK  | POL |  | 66 | K40/4 | (K)44 | 00:31:49 | 9.50  |
| 5 | 225 | GAWRYLIK JOANNA        | BIĄŁYSTOK  | 612 |  | 69 | K40/5 | (K)54 | 00:35:04 | 8.61  |
| 6 | 711 | DAŃKO AGATA            | JUCHNOWIEC | POL |  | 66 | K40/6 | (K)56 | 00:35:54 | 8.41  |

### 5km Kobiety KATEGORIA:K50

|   |     |                            |           |     |  |    |       |       |          |       |
|---|-----|----------------------------|-----------|-----|--|----|-------|-------|----------|-------|
| 1 | 43  | SAS ALDONA                 | PIASTÓW   | 491 |  | 61 | K50/1 | (K)21 | 00:27:16 | 11.05 |
| 2 | 103 | MALEWICKA-WRÓBLEWSKA LILIA | BIĄŁYSTOK | 122 |  | 54 | K50/2 | (K)49 | 00:34:02 | 8.86  |