

XX Jubileuszowy Strzelecki Bieg Uliczny im. Euzebiusza Ferta

WYNIKI ZAWODÓW

Open 15km

Organizator: Urząd Miejski - Referat Sportu i Rekreacji w Strzelcach Opolskich

Termin: 19 grudnia 2009 r.

Miejsce: Strzelce Opolskie

Dystans: 15km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
1	269	DRACZYŃSKI ADAM	POZNAŃ	POL	WKS GRUNWALD POZNAŃ	76	M30/1		(M)1	00:42:51	00:42:51	21.00
[00:08:26-3.0 km] [00:16:57-6.0 km] [00:25:32-9.0 km] [00:34:10-12.0 km]												
2	292	KŁECZEK RADOSŁAW	GOGOLIN	POL	UMIG GOGOLIN	85	M16/1		(M)2	00:44:58	00:44:58	20.01
[00:08:34-3.0 km] [00:17:25-6.0 km] [00:26:26-9.0 km] [00:35:37-12.0 km]												
3	5	SAHAJDA TIBOR	BARDEJOV	SVK	DEMOLX BARDEJOV	90	M16/2		(M)3	00:47:01	00:47:01	19.14
[00:08:59-3.0 km] [00:18:17-6.0 km] [00:27:46-9.0 km] [00:37:19-12.0 km]												
4	370	MISZTAŁ ADAM	STRZELCE OPOLSKIE	POL	OSIR STRZELCE OPI/AZS KATOWICE	97	M16/3		(M)4	00:47:07	00:47:07	19.10
[00:09:12-3.0 km] [00:18:44-6.0 km] [00:28:14-9.0 km] [00:37:45-12.0 km]												
5	273	UCIECHOWSKI MARCIN	OPOLE	POL	AZS POLITECHNIKA OPOLSKA	88	M16/4		(M)5	00:47:09	00:47:08	19.09
[00:09:34-3.0 km] [00:19:13-6.0 km] [00:28:47-9.0 km] [00:38:04-12.0 km]												
6	589	CHAWAWKO TOMASZ	DĘBNO	POL	MPRA.PL	74	M30/2		(M)6	00:47:47	00:47:47	18.84
[00:09:11-3.0 km] [00:18:38-6.0 km] [00:28:15-9.0 km] [00:38:03-12.0 km]												
7	519	RYSZEWSKI JACEK	NYSA	POL	NYSA BIEGA	70	M30/3		(M)7	00:48:08	00:48:08	18.70
[00:09:25-3.0 km] [00:19:01-6.0 km] [00:28:42-9.0 km] [00:38:28-12.0 km]												
8	645	CZAJA ROMAN	OŚWIĘCIM	POL		71	M30/4		(M)8	00:48:29	00:48:26	18.58
[00:09:46-3.0 km] [00:19:29-6.0 km] [00:29:09-9.0 km] [00:38:47-12.0 km]												
9	406	JAROSZ BOGDAN	WROCŁAW	POL	WOJSKOWY ZESPÓŁ SPORTOWY WROCŁAW	67	M40/1		(M)9	00:48:33	00:48:32	18.54
[00:09:34-3.0 km] [00:19:14-6.0 km] [00:29:02-9.0 km] [00:38:54-12.0 km]												
10	178	KOBAJŁO RYSZARD	GRÓDEK N/DUNAJCOW	POL	TKKF-CZARNI KATOWICE	62	M40/2		(M)10	00:49:00	00:48:59	18.37
[00:10:03-3.0 km] [00:19:50-6.0 km] [00:29:41-9.0 km] [00:39:29-12.0 km]												
11	658	KASPRZAK KRZYSZTOF	KOBIERNO	POL	KS KROTOSZ KROTOSZYN	68	M40/3		(M)11	00:49:08	00:49:02	18.35
[00:10:05-3.0 km] [00:19:52-6.0 km] [00:29:43-9.0 km] [00:39:31-12.0 km]												
12	679	PTAK MICHAŁ	ZDZIESZOWICE	POL	MGOKSIR ZDZIESZOWICE	92	M16/5		(M)12	00:49:38	00:49:33	18.16
[00:10:12-3.0 km] [00:20:08-6.0 km] [00:29:59-9.0 km] [00:39:56-12.0 km]												
13	656	BOROWSKI KRZYSZTOF	BLACHOWNIA	POL		54	M50/1		(M)13	00:49:46	00:49:44	18.10
[00:09:57-3.0 km] [00:19:53-6.0 km] [00:29:50-9.0 km] [00:39:50-12.0 km]												
14	325	MACIOŁ ANDRZEJ	KRAKÓW	POL	KKB DYSTANS	54	M50/2		(M)14	00:49:51	00:49:50	18.06
[00:10:04-3.0 km] [00:19:58-6.0 km] [00:29:57-9.0 km] [00:39:57-12.0 km]												
15	441	BRYCH-PAJĄK EWA	CZĘSTOCHOWA	POL		75	K30/1		(K)1	00:50:24	00:50:22	17.87
[00:10:07-3.0 km] [00:20:12-6.0 km] [00:30:24-9.0 km] [00:40:20-12.0 km]												
16	342	KOSZEWSKI MICHAŁ	BOGUSZÓW-GORCE	POL	PWSZ WAŁBRZYCH	86	M16/6		(M)15	00:50:24	00:50:21	17.87
[00:10:10-3.0 km] [00:20:10-6.0 km] [00:30:38-9.0 km] [00:40:48-12.0 km]												
17	271	UCIECHOWSKI PIOTR	OPOLE	POL	OZPR PKP OPOLE	63	M40/4		(M)16	00:50:38	00:50:37	17.78
[00:10:07-3.0 km] [00:20:13-6.0 km] [00:30:25-9.0 km] [00:40:33-12.0 km]												
18	688	MACHLOWSKI ŁUKASZ	KRAKÓW	POL	WKS WAWEL KRAKÓW	86	M16/7		(M)17	00:50:41	00:50:39	17.77
[00:10:05-3.0 km] [00:20:03-6.0 km] [00:30:13-9.0 km] [00:40:27-12.0 km]												
19	533	KACZUGA MIROSLAW	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	63	M40/5		(M)18	00:50:46	00:50:45	17.73
[00:09:58-3.0 km] [00:20:00-6.0 km] [00:30:13-9.0 km] [00:40:32-12.0 km]												
20	666	USTIANOWSKA DOROTA		POL	HOTEL BRZOZA	70	K30/2		(K)2	00:50:51	00:50:50	17.70
[00:10:07-3.0 km] [00:20:12-6.0 km] [00:30:24-9.0 km] [00:40:34-12.0 km]												
21	464	CIEPLAK MARCIN	RYBNIK	POL	CHEMIA -HURT RYBNIK	91	M16/8		(M)19	00:50:52	00:50:50	17.70
[00:10:08-3.0 km] [00:20:14-6.0 km] [00:30:25-9.0 km] [00:40:37-12.0 km]												

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
22	463	CIEPLAK MACIEJ	RYBNIK	POL	CHEMIA -HURT RYBNIK	62	M40/6		(M)20	00:50:52	00:50:50	17.70
[00:10:09-3.0 km] [00:20:15-6.0 km] [00:30:25-9.0 km] [00:40:37-12.0 km]												
23	601	HENCZKA MAREK	WAŁBRZYCH	POL	WKB WAŁBRZYCH-ZAMEK KSIAZ	57	M50/3		(M)21	00:51:13	00:51:12	17.58
[00:10:03-3.0 km] [00:20:05-6.0 km] [00:30:17-9.0 km] [00:40:38-12.0 km]												
24	634	ULFIK RAFAŁ	ZABRZE	POL	UKS 14 ZABRZE	87	M16/9		(M)22	00:51:21	00:51:17	17.55
[00:10:19-3.0 km] [00:20:32-6.0 km] [00:30:46-9.0 km] [00:41:12-12.0 km]												
25	83	KADŁUCZKA JAN	GŁOGÓWEK	POL	CROSS KRAPKOWICE	83	M16/10		(M)23	00:51:24	00:51:22	17.52
[00:10:05-3.0 km] [00:20:12-6.0 km] [00:30:26-9.0 km] [00:40:52-12.0 km]												
26	367	JAGIELA ADAM	SIEMIANOWICE ŚLĄSKIE	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	73	M30/5		(M)24	00:51:46	00:51:45	17.39
[00:10:15-3.0 km] [00:20:41-6.0 km] [00:31:07-9.0 km] [00:41:39-12.0 km]												
27	33	LINDER RAFAŁ	RYBNIK	POL	SBD ENERGETYK RYBNIK	83	M16/11		(M)25	00:51:47	00:51:45	17.39
[00:10:04-3.0 km] [00:20:42-6.0 km] [00:31:07-9.0 km] [00:41:39-12.0 km]												
28	696	KAPROŃ SEBASTIAN	SUCHYLAS	POL		74	M30/6		(M)26	00:51:55	00:51:52	17.35
[00:10:23-3.0 km] [00:20:37-6.0 km] [00:30:58-9.0 km] [00:41:27-12.0 km]												
29	29	JACHYMczyk NORBERT	JAWORZNO	POL	KB MCKIS JAWORZNO	78	M30/7		(M)27	00:51:56	00:51:49	17.37
[00:10:29-3.0 km] [00:20:47-6.0 km] [00:31:07-9.0 km] [00:41:39-12.0 km]												
30	128	FILUŚ STANISŁAW	MYSŁOWICE	POL	TKKF TRIATHLON DG	65	M40/7		(M)28	00:52:02	00:51:55	17.34
[00:10:29-3.0 km] [00:20:47-6.0 km] [00:31:08-9.0 km] [00:41:39-12.0 km]												
31	75	WĘGLER JAROSŁAW	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	70	M30/8		(M)29	00:52:08	00:52:04	17.29
[00:10:24-3.0 km] [00:20:51-6.0 km] [00:31:28-9.0 km] [00:41:51-12.0 km]												
32	213	JAROSZ ELŻBIETA	WROCŁAW	POL	PAO QEST JELCZ - LASKOWICE	71	K30/3		(K)3	00:52:13	00:52:11	17.25
[00:10:20-3.0 km] [00:20:31-6.0 km] [00:30:49-9.0 km] [00:41:21-12.0 km]												
33	394	DEŃCA JAN	RUDNIK	POL	LKS RUDNIK	53	M50/4		(M)30	00:52:25	00:52:23	17.18
[00:10:31-3.0 km] [00:20:55-6.0 km] [00:31:24-9.0 km] [00:41:54-12.0 km]												
34	546	MAGIERA JANUSZ	RADLIN II	POL	FORMA WODZISŁAW ŚLĄSKI	63	M40/8		(M)31	00:52:28	00:52:25	17.17
[00:10:29-3.0 km] [00:20:56-6.0 km] [00:31:24-9.0 km] [00:41:54-12.0 km]												
35	587	LEŚNICKI MAREK	STANOWICE	POL	HERMES ŚWIDNICA	67	M40/9		(M)32	00:52:42	00:52:40	17.09
[00:10:06-3.0 km] [00:20:42-6.0 km] [00:31:16-9.0 km] [00:41:59-12.0 km]												
36	606	GRYCMAN KAZIMIERZ	CIECHOWICE	POL		72	M30/9		(M)33	00:52:51	00:52:49	17.04
[00:10:39-3.0 km] [00:21:12-6.0 km] [00:31:49-9.0 km] [00:42:26-12.0 km]												
37	635	BEDNARSKI STANISŁAW	BYTOM	POL	BYTOM	70	M30/10		(M)34	00:52:57	00:52:53	17.02
[00:10:30-3.0 km] [00:20:48-6.0 km] [00:31:18-9.0 km] [00:42:07-12.0 km]												
38	341	MARTYNEK VLADISLAV	MOSTY U JABLUNKOWYCH	CZE	SKI MOSTY	59	M50/5		(M)35	00:53:01	00:52:59	16.99
[00:10:19-3.0 km] [00:20:41-6.0 km] [00:31:20-9.0 km] [00:42:05-12.0 km]												
39	402	KUŻMA WIESŁAW	WROCŁAW	POL	WKB PIAST WROCŁAW	62	M40/10		(M)36	00:53:05	00:53:02	16.97
[00:10:32-3.0 km] [00:21:02-6.0 km] [00:31:43-9.0 km] [00:42:26-12.0 km]												
40	638	CZYŻ KATARZYNA	RUDA ŚLĄSKA	POL	TL POGOŃ RUDA ŚLĄSKA	77	K30/4		(K)4	00:53:10	00:53:08	16.94
[00:10:25-3.0 km] [00:20:52-6.0 km] [00:31:29-9.0 km] [00:42:15-12.0 km]												
41	523	OLSZEWSKI JAROSŁAW	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	81	M16/12		(M)37	00:53:20	00:53:15	16.90
[00:10:42-3.0 km] [00:21:11-6.0 km] [00:31:48-9.0 km] [00:42:30-12.0 km]												
42	622	GAJDA MARCIN	TYCHY	POL	40 LATEK - TYCHY	78	M30/11		(M)38	00:53:20	00:53:19	16.88
[00:10:07-3.0 km] [00:20:13-6.0 km] [00:30:47-9.0 km] [00:41:49-12.0 km]												
43	144	PACUŁA ANDRZEJ	GLIWICE	POL	PREMIER-GLIWICE	64	M40/11		(M)39	00:53:26	00:53:23	16.86
[00:10:39-3.0 km] [00:21:12-6.0 km] [00:31:47-9.0 km] [00:42:28-12.0 km]												
44	608	GRZESIK ANDRZEJ	SIEDLISKA	POL		63	M40/12		(M)40	00:53:27	00:53:24	16.85
[00:10:51-3.0 km] [00:21:26-6.0 km] [00:32:07-9.0 km] [00:43:00-12.0 km]												
45	280	SZOŁTYSIK JÓZEF	SOŚNICOWICE	POL		59	M50/6		(M)41	00:53:30	00:53:28	16.83
[00:10:43-3.0 km] [00:21:14-6.0 km] [00:31:57-9.0 km] [00:42:50-12.0 km]												
46	644	MAJER MIECZYŚLAW	KEDZIERZYN-KOŹLE	POL	LUKS KĘDZIERZYN	53	M50/7		(M)42	00:53:43	00:53:41	16.76
[00:10:36-3.0 km] [00:21:18-6.0 km] [00:32:07-9.0 km] [00:43:01-12.0 km]												
47	446	KUDRYŃSKI EUGENIUSZ	TUŁOWICE	POL		60	M40/13		(M)43	00:53:45	00:53:44	16.75
[00:10:28-3.0 km] [00:21:13-6.0 km] [00:31:58-9.0 km] [00:42:50-12.0 km]												

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupy Group</i>	<i>Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
48	59	SIWCZYK ANDRZEJ	RYBNIK	POL	CHEMIA -HURT RYBNIK	57	M50/8		(M)44	00:54:04	00:54:02	16.66
[00:10:37-3.0 km] [00:21:11-6.0 km] [00:31:50-9.0 km] [00:43:02-12.0 km]												
49	477	URBANOWSKI GRZEGORZ	WROCŁAW	POL	2 BATALION ZABEZPIECZENIA OW-WROCŁAW	59	M50/9		(M)45	00:54:07	00:54:04	16.65
[00:10:38-3.0 km] [00:21:20-6.0 km] [00:32:10-9.0 km] [00:43:09-12.0 km]												
50	407	DOMICZ ANTONI	OPOLE	POL		54	M50/10		(M)46	00:54:08	00:54:04	16.65
[00:10:54-3.0 km] [00:21:36-6.0 km] [00:32:28-9.0 km] [00:43:18-12.0 km]												
51	549	WYSZKOŃ FRANCISZEK	ŁAŃCE	POL	FORMA WODZISŁAW ŚLĄSKI	81	M16/13		(M)47	00:54:11	00:54:08	16.63
[00:10:39-3.0 km] [00:21:21-6.0 km] [00:32:13-9.0 km] [00:43:20-12.0 km]												
52	410	KOŁOSKA ADAM	PSZÓW	POL	FORMA WODZISŁAW ŚLĄSKI	67	M40/14		(M)48	00:54:11	00:54:10	16.62
[00:10:35-3.0 km] [00:21:18-6.0 km] [00:32:13-9.0 km] [00:43:20-12.0 km]												
53	382	GADZIŃSKI MAREK	WROCŁAW	POL	WKB PIAST WROCŁAW	62	M40/15		(M)49	00:54:12	00:54:09	16.62
[00:10:46-3.0 km] [00:21:29-6.0 km] [00:32:20-9.0 km] [00:43:19-12.0 km]												
54	191	CIBIS ADAM	KĘDZIERZYN - KOŹŁE	POL	TSA ZAKWAS KĘDZIERZYN-KOŹŁE	89	M16/14		(M)50	00:54:19	00:54:16	16.58
[00:10:36-3.0 km] [00:21:25-6.0 km] [00:32:22-9.0 km] [00:43:24-12.0 km]												
55	104	HOLA ARTUR	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	91	M16/15		(M)51	00:54:48	00:54:41	16.46
[00:11:04-3.0 km] [00:22:23-6.0 km] [00:33:32-9.0 km] [00:44:49-12.0 km]												
56	659	SKOLIK ŁUKASZ	KROTOSZYN	POL	KS KROTOSZ KROTOSZYN	76	M30/12		(M)52	00:54:50	00:54:46	16.43
[00:11:01-3.0 km] [00:21:49-6.0 km] [00:32:46-9.0 km] [00:43:51-12.0 km]												
57	26	SZWED KRZYSZTOF	LUBLINIEC	POL	WKB META LUBLINIEC	65	M40/16		(M)53	00:55:09	00:55:06	16.33
[00:11:12-3.0 km] [00:22:14-6.0 km] [00:33:19-9.0 km] [00:44:15-12.0 km]												
58	120	KOŁODZIEJ TOMASZ	NYSA	POL	NYSA BIEGA	77	M30/13		(M)54	00:55:14	00:55:14	16.29
[00:10:58-3.0 km] [00:21:54-6.0 km] [00:32:55-9.0 km] [00:44:04-12.0 km]												
59	246	MALSKA JANINA	KRZE	POL		70	K30/5		(K)5	00:55:20	00:55:17	16.28
[00:11:00-3.0 km] [00:21:48-6.0 km] [00:32:47-9.0 km] [00:44:00-12.0 km]												
60	603	URBAŃSKI MIROSŁAW	OLAWA	POL	KB FIODOR OLAWA	91	M16/16		(M)55	00:55:21	00:55:19	16.27
[00:10:33-3.0 km] [00:21:32-6.0 km] [00:32:45-9.0 km] [00:43:58-12.0 km]												
61	550	BARSZOWSKI MICHAŁ	RYBNIK	POL	FORMA WODZISŁAW ŚLĄSKI	71	M30/14		(M)56	00:55:29	00:55:28	16.23
[00:10:42-3.0 km] [00:21:48-6.0 km] [00:33:03-9.0 km] [00:44:20-12.0 km]												
62	179	PAWLIKOWSKI BOGUSŁAW	KATOWICE	POL	WILD BEAN CAFE	64	M40/17		(M)57	00:55:32	00:55:27	16.23
[00:11:32-3.0 km] [00:22:38-6.0 km] [00:33:37-9.0 km] [00:44:36-12.0 km]												
63	68	MUSIAŁ ARTUR	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	76	M30/15		(M)58	00:55:33	00:55:26	16.24
[00:11:03-3.0 km] [00:22:23-6.0 km] [00:33:32-9.0 km] [00:44:49-12.0 km]												
64	467	SMUDA NORBERT	WROCŁAW	POL		69	M40/18		(M)59	00:55:39	00:55:35	16.19
[00:10:23-3.0 km] [00:21:14-6.0 km] [00:32:31-9.0 km] [00:44:09-12.0 km]												
65	450	OCHNICKI MIROSŁAW	KATOWICE	POL	DOLINIARZE.COM	81	M16/17		(M)60	00:55:45	00:55:38	16.18
[00:11:14-3.0 km] [00:22:13-6.0 km] [00:33:19-9.0 km] [00:44:38-12.0 km]												
66	683	BUCZYŃSKI ARKADIUSZ ***	MIEDZYGORZE			74	M30/16		*** (M)61	00:55:50	00:55:43	16.15
[00:11:34-3.0 km] [00:22:39-6.0 km] [00:33:48-9.0 km] [00:44:51-12.0 km]												
67	500	TURZA BOGUSŁAW	SOSNOWIEC	POL		72	M30/17		(M)62	00:56:04	00:55:55	16.10
[00:11:19-3.0 km] [00:22:20-6.0 km] [00:33:33-9.0 km] [00:44:47-12.0 km]												
68	623	WOJTYŁA SZYMON	BIERNA	POL	POLITECHNIKA ŚLĄSKA	87	M16/18		(M)63	00:56:08	00:56:05	16.05
[00:11:23-3.0 km] [00:22:39-6.0 km] [00:33:55-9.0 km] [00:45:04-12.0 km]												
69	574	SITNIK KRZYSZTOF	LEŚNICA	POL	NIEZRZESZONY	81	M16/19		(M)64	00:56:09	00:56:05	16.05
[00:11:17-3.0 km] [00:22:28-6.0 km] [00:33:44-9.0 km] [00:45:06-12.0 km]												
70	79	GROSZ TOMASZ	ZIELINA	POL	NIEZRZESZONY	84	M16/20		(M)65	00:56:09	00:56:04	16.05
[00:11:29-3.0 km] [00:22:42-6.0 km] [00:33:58-9.0 km] [00:45:10-12.0 km]												
71	333	HOLIK SEBASTIAN	BIADACZ WOJ.OPOLE	POL		74	M30/18		(M)66	00:56:19	00:56:19	15.98
[00:10:45-3.0 km] [00:22:00-6.0 km] [00:33:27-9.0 km] [00:44:55-12.0 km]												
72	678	SEMTYSZ ROBERT	MYŚLENICE	POL		78	M30/19		(M)67	00:56:21	00:56:13	16.01
[00:10:53-3.0 km] [00:21:58-6.0 km] [00:33:24-9.0 km] [00:44:57-12.0 km]												
73	20	KOTELUK TOMASZ	KALINOWICE	POL	OSIR STRZELCE OP.	73	M30/20		(M)68	00:56:23	00:56:20	15.98
[00:10:43-3.0 km] [00:22:01-6.0 km] [00:33:29-9.0 km] [00:44:58-12.0 km]												

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
74	669	WIŚNIEWSKA DOMINIKA	JANÓW LUBELSKI	POL	SKB KRAŚNIK	86	K18/1		(K)6	00:56:24	00:56:20	15.98
[00:11:14-3.0 km] [00:22:20-6.0 km] [00:33:40-9.0 km] [00:45:04-12.0 km]												
75	12	SZAFARCZYK JANUSZ	DOBRODZIEŃ	POL	WKB META LUBLINIEC	69	M40/19		(M)69	00:56:34	00:56:29	15.93
[00:11:34-3.0 km] [00:22:41-6.0 km] [00:33:46-9.0 km] [00:45:05-12.0 km]												
76	443	MAZANIK ROBERT	WODZISŁAW ŚL	POL	FORMA WODZISŁAW ŚLASKI	75	M30/21		(M)70	00:56:53	00:56:50	15.84
[00:11:10-3.0 km] [00:22:38-6.0 km] [00:34:15-9.0 km] [00:45:41-12.0 km]												
77	365	ROCZKOWSKI ARTUR	RYBNIK	POL	NIE-ZRZESZONY	65	M40/20		(M)71	00:56:58	00:56:54	15.82
[00:11:10-3.0 km] [00:22:30-6.0 km] [00:33:59-9.0 km] [00:45:34-12.0 km]												
78	616	STANKIEWICZ ANTONI	SOBÓTKA	POL	WKB PIAST WROCŁAW	58	M50/11		(M)72	00:56:58	00:56:55	15.81
[00:11:19-3.0 km] [00:22:40-6.0 km] [00:34:12-9.0 km] [00:45:46-12.0 km]												
79	66	POGORZELSKI GRZEGORZ	WAŁBRZYCH	POL	DRUŻYNA SZPIKU	62	M40/21		(M)73	00:57:04	00:56:57	15.80
[00:11:46-3.0 km] [00:23:09-6.0 km] [00:34:33-9.0 km] [00:45:54-12.0 km]												
80	218	WYMYSŁO ANDRZEJ	PIEKARY ŚLĄSKIE	POL		57	M50/12		(M)74	00:57:08	00:57:03	15.78
[00:11:18-3.0 km] [00:22:36-6.0 km] [00:34:02-9.0 km] [00:45:35-12.0 km]												
81	617	BASTA GRZEGORZ	CHELMEK	POL	ZADYSZKA OŚWIĘCIM	70	M30/22		(M)75	00:57:24	00:57:12	15.73
[00:11:59-3.0 km] [00:23:06-6.0 km] [00:34:26-9.0 km] [00:45:55-12.0 km]												
82	543	MARSZAŁKOWSKI ZBIGNIEW	WODZISŁAW ŚL.	POL	FORMA WODZISŁAW ŚLASKI	57	M50/13		(M)76	00:57:25	00:57:23	15.68
[00:11:24-3.0 km] [00:22:49-6.0 km] [00:34:24-9.0 km] [00:46:00-12.0 km]												
83	86	JANIK JERZY	STRZELCE OPOLSKIE	POL		54	M50/14		(M)77	00:57:36	00:57:33	15.64
[00:11:15-3.0 km] [00:22:35-6.0 km] [00:34:05-9.0 km] [00:45:50-12.0 km]												
84	281	SZOŁTYSIK GRZEGORZ	SOŚNICOWICE	POL		91	M16/21		(M)78	00:57:45	00:57:39	15.61
[00:11:55-3.0 km] [00:23:17-6.0 km] [00:34:39-9.0 km] [00:46:08-12.0 km]												
85	118	BALBUS ANNA	BYTOM	POL	MARATONYPOLSKIE.PL TEAM	80	K18/2		(K)7	00:58:30	00:58:27	15.40
[00:11:49-3.0 km] [00:23:27-6.0 km] [00:35:03-9.0 km] [00:46:45-12.0 km]												
86	112	WYLECIAŁ DOROTA	KATOWICE	POL	TRUCHTACZ MYSŁOWICE	60	K40/1		(K)8	00:58:31	00:58:23	15.42
[00:11:46-3.0 km] [00:23:15-6.0 km] [00:34:57-9.0 km] [00:46:47-12.0 km]												
87	1	ŚCIGOCKI JAN	STRZELCE OPOLSKIE	POL	OSIR STRZELCE OP.	51	M50/15		(M)79	00:58:48	00:58:46	15.31
[00:11:28-3.0 km] [00:23:11-6.0 km] [00:34:55-9.0 km] [00:46:50-12.0 km]												
88	363	WOJACZEK JACEK	PSZÓW	POL	FORMA WODZISŁAW ŚLASKI	64	M40/22		(M)80	00:58:54	00:58:50	15.30
[00:11:50-3.0 km] [00:23:28-6.0 km] [00:35:03-9.0 km] [00:46:52-12.0 km]												
89	505	MAKOWIAK JAN	DZIERGOWICE	POL		73	M30/23		(M)81	00:58:55	00:58:40	15.34
[00:11:56-3.0 km] [00:23:35-6.0 km] [00:35:27-9.0 km] [00:47:25-12.0 km]												
90	97	OBSTOJ MAREK	BYTOM	POL		90	M16/22		(M)82	00:59:00	00:58:49	15.30
[00:12:15-3.0 km] [00:23:44-6.0 km] [00:35:30-9.0 km] [00:47:30-12.0 km]												
91	337	SALBERT MAREK	KATOWICE	POL	KB JÓZEFINKA	58	M50/16		(M)83	00:59:03	00:58:50	15.30
[00:12:35-3.0 km] [00:24:25-6.0 km] [00:36:11-9.0 km] [00:47:38-12.0 km]												
92	508	GRZEMPOWSKI PIOTR	KROTOSZYN	POL	KS KROTOSZ KROTOSZYN	88	M16/23		(M)84	00:59:07	00:59:02	15.25
[00:11:27-3.0 km] [00:22:59-6.0 km] [00:35:01-9.0 km] [00:47:09-12.0 km]												
93	433	DRAMSKI EDWARD	ROŻNIĄTÓW	POL		77	M30/24		(M)85	00:59:11	00:59:08	15.22
[00:11:13-3.0 km] [00:22:50-6.0 km] [00:34:49-9.0 km] [00:47:02-12.0 km]												
94	689	MACHŁOWSKI RYSZARD	KRAKÓW	POL	KKB DYSTANS KRAKÓW	63	M40/23		(M)86	00:59:13	00:59:10	15.21
[00:11:29-3.0 km] [00:23:20-6.0 km] [00:35:19-9.0 km] [00:47:25-12.0 km]												
95	677	PRZYGODA DAMIAN	OPATÓW	POL	NGB KŁOBUCK	90	M16/24		(M)87	00:59:15	00:59:11	15.21
[00:10:25-3.0 km] [00:21:46-6.0 km] [00:34:07-9.0 km] [00:46:39-12.0 km]												
96	167	GAWEL BOGDAN	OŚWIĘCIM-ZABORZE	POL	MŁOŚNIK SPORTU I REKREACJI OŚWIĘCIM-ZABORZE	56	M50/17		(M)88	00:59:17	00:59:16	15.19
[00:11:32-3.0 km] [00:23:16-6.0 km] [00:35:11-9.0 km] [00:47:03-12.0 km]												
97	22	MIELNIK ANDRZEJ	DĄBROWA GÓRNICZA	POL	TRUCHTACZ MYSŁOWICE	59	M50/18		(M)89	00:59:20	00:59:11	15.21
[00:12:13-3.0 km] [00:23:52-6.0 km] [00:35:37-9.0 km] [00:47:29-12.0 km]												
98	511	KLEPACZ MIROSŁAW	KĘDZIERZYN-KOŹŁE	POL	ISS	67	M40/24		(M)90	00:59:27	00:59:24	15.15
[00:11:56-3.0 km] [00:23:36-6.0 km] [00:35:28-9.0 km] [00:47:31-12.0 km]												
99	82	PIĘTA KRZYSZTOF	SOSNOWIEC	POL	BIEG-BIELAWA	56	M50/19		(M)91	00:59:29	00:59:28	15.13
[00:11:33-3.0 km] [00:23:17-6.0 km] [00:35:13-9.0 km] [00:47:17-12.0 km]												

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
100	409	PODSIADŁO MICHAŁ	SOSNOWIEC	POL		92	M16/25		(M)92	00:59:32	00:59:25	15.15
		[00:11:57-3.0 km] [00:23:37-6.0 km] [00:35:47-9.0 km] [00:47:59-12.0 km]										
101	492	UHORCZAK EDWARD	SOSNOWIEC	POL		55	M50/20		(M)93	00:59:33	00:59:26	15.14
		[00:11:58-3.0 km] [00:23:34-6.0 km] [00:35:26-9.0 km] [00:47:32-12.0 km]										
102	206	GROMEK GRZEGORZ	OPOLE	POL	OKR OPOLSKI KLUB ROWEROWY	80	M16/26		(M)94	00:59:34	00:59:34	15.11
		[00:11:33-3.0 km] [00:23:15-6.0 km] [00:35:21-9.0 km] [00:47:31-12.0 km]										
103	681	SAB AMARU	LIVITACA	POL		60	M40/25		(M)95	00:59:41	00:59:35	15.10
		[00:12:17-3.0 km] [00:24:09-6.0 km] [00:35:56-9.0 km] [00:47:48-12.0 km]										
104	320	WÓJTOWICZ MARCIN	SIEMIANOWICE ŚLĄSKIE	POL	ŚCIEŻKI BIEGOWE NIKE - PARK CHORZOWSKI	77	M30/25		(M)96	00:59:45	00:59:35	15.10
		[00:12:35-3.0 km] [00:24:24-6.0 km] [00:36:12-9.0 km] [00:48:04-12.0 km]										
105	201	PAKOSZ IRENA	KĘDZIERZYN-KOŹŁE	POL	MLUKS TECHNIK KOMORNO	66	K40/2		(K)9	00:59:47	00:59:43	15.07
		[00:11:53-3.0 km] [00:23:35-6.0 km] [00:35:28-9.0 km] [00:47:33-12.0 km]										
106	408	PIETRASIAK DANIEL	SOSNOWIEC	POL		90	M16/27		(M)97	00:59:47	00:59:40	15.08
		[00:11:55-3.0 km] [00:23:36-6.0 km] [00:35:48-9.0 km] [00:48:00-12.0 km]										
107	693	WĘGRZYN IRENEUSZ	ŁŁUBCZYCE	POL	KLUB BIEGACZA ŁŁUBCZYCE	60	M40/26		(M)98	00:59:55	00:59:50	15.04
		[00:12:28-3.0 km] [00:24:51-6.0 km] [00:36:47-9.0 km] [00:48:26-12.0 km]										
108	437	WOJTYŁA TADEUSZ	NIEZDROWICE	POL		58	M50/21		(M)99	01:00:03	00:59:58	15.01
		[00:12:05-3.0 km] [00:24:02-6.0 km] [00:35:59-9.0 km] [00:48:18-12.0 km]										
109	186	MOŚCICKI MICHAŁ	ZDZIESZOWICE	POL	REGGAE ROCKERS	85	M16/28		(M)100	01:00:07	00:59:57	15.01
		[00:12:19-3.0 km] [00:24:17-6.0 km] [00:36:13-9.0 km] [00:48:16-12.0 km]										
110	113	KARBOWIAK HUBERT	WROCŁAW	POL	WKB PIAST WROCŁAW	69	M40/27		(M)101	01:00:08	00:59:57	15.01
		[00:12:26-3.0 km] [00:24:16-6.0 km] [00:36:14-9.0 km] [00:48:16-12.0 km]										
111	588	PIGŁA ANDRZEJ	WROCŁAW	POL	WKB PIAST WROCŁAW	71	M30/26		(M)102	01:00:08	00:59:57	15.01
		[00:12:26-3.0 km] [00:24:16-6.0 km] [00:36:14-9.0 km] [00:48:16-12.0 km]										
112	435	ZIOŁA TADEUSZ	BOGATYNIA	POL		63	M40/28		(M)103	01:00:11	01:00:03	14.99
		[00:12:18-3.0 km] [00:24:16-6.0 km] [00:36:15-9.0 km] [00:48:17-12.0 km]										
113	145	KORDZIŃSKI KAZIMIERZ	LUBLINIEC	POL	WKB META LUBLINIEC	58	M50/22		(M)104	01:00:11	00:59:59	15.00
		[00:12:49-3.0 km] [00:24:38-6.0 km] [00:36:26-9.0 km] [00:48:33-12.0 km]										
114	436	LANKAUF WALDEMAR	ŁŁUBCZYCE	POL	CROSS KRAPKOWICE	61	M40/29		(M)105	01:00:15	00:59:08	15.22
		[00:13:08-3.0 km] [00:24:56-6.0 km] [00:36:47-9.0 km] [00:48:35-12.0 km]										
115	100	CIEŚLA JAROSŁAW	WALBRZYCH	POL	S.E.IR.POL. KOŁO NR 17 MIEROSZÓW	65	M40/30		(M)106	01:00:18	01:00:10	14.96
		[00:12:01-3.0 km] [00:23:56-6.0 km] [00:36:08-9.0 km] [00:48:23-12.0 km]										
116	318	BACHEN CZESŁAW	STRZELCE OPOLSKIE	POL	OSIR STRZELCE OP.	79	M30/27		(M)107	01:00:19	01:00:13	14.95
		[00:11:57-3.0 km] [00:23:43-6.0 km] [00:35:56-9.0 km] [00:48:14-12.0 km]										
117	512	ORLICKI STANISŁAW	RUDZE	POL	40 LATEK - TYCHY	59	M50/23		(M)108	01:00:21	01:00:20	14.92
		[00:11:32-3.0 km] [00:23:30-6.0 km] [00:35:40-9.0 km] [00:48:04-12.0 km]										
118	485	FLAGA IWONA	KRAKÓW	POL	KKB DYSTANS	77	K30/6		(K)10	01:00:23	01:00:18	14.93
		[00:12:15-3.0 km] [00:24:21-6.0 km] [00:36:23-9.0 km] [00:48:31-12.0 km]										
119	403	BAR STANISŁAW	STRZELCE OPOLSKIE	POL		76	M30/28		(M)109	01:00:33	01:00:16	14.93
		[00:13:25-3.0 km] [00:25:24-6.0 km] [00:37:22-9.0 km] [00:49:10-12.0 km]										
120	474	DOBRZAŃSKI EDWARD	KĘDZIERZYN-KOŹŁE	POL	NIE ZRZESZONY	59	M50/24		(M)110	01:00:37	01:00:32	14.87
		[00:12:04-3.0 km] [00:24:05-6.0 km] [00:36:10-9.0 km] [00:48:20-12.0 km]										
121	700	GLUSZEK MICHAŁ	GOGOLIN	POL		92	M16/29		(M)111	01:00:40	01:00:36	14.85
		[00:11:13-3.0 km] [00:23:18-6.0 km] [00:35:43-9.0 km] [00:48:15-12.0 km]										
122	30	CHUDY JACEK	BLACHOWNIA	POL		75	M30/29		(M)112	01:00:41	01:00:41	14.83
123	354	BROL KRZYSZTOF	LISOWICE	POL	LISOWICE	65	M40/31		(M)113	01:00:42	01:00:32	14.87
		[00:12:27-3.0 km] [00:24:27-6.0 km] [00:36:28-9.0 km] [00:48:36-12.0 km]										
124	93	MIELCAREK LESZEK	BYTOM	POL	WWW.TRENINGBIEGOWY.PL	55	M50/25		(M)114	01:00:44	01:00:44	14.82
		[00:13:01-3.0 km] [00:25:04-6.0 km] [00:37:16-9.0 km] [00:49:07-12.0 km]										
125	417	WCISŁO STANISŁAW	KRAKÓW	POL	KKB-DYSTANS	58	M50/26		(M)115	01:00:50	01:00:38	14.84
		[00:12:32-3.0 km] [00:24:27-6.0 km] [00:36:28-9.0 km] [00:48:37-12.0 km]										

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupy Group</i>	<i>Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
126	76	MANDAT JAN	OLEŚNICA	POL	KB LUPUS OLEŚNICA	59	M50/27		(M)116	01:00:51	01:00:49	14.80
[00:11:52-3.0 km] [00:23:55-6.0 km] [00:36:14-9.0 km] [00:48:35-12.0 km]												
127	468	PELC CZESŁAW	RYBNIK	POL		57	M50/28		(M)117	01:00:57	01:00:52	14.79
[00:13:14-3.0 km] [00:25:34-6.0 km] [00:37:24-9.0 km] [00:49:07-12.0 km]												
128	697	KONTOWICZ RAFAŁ	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	74	M30/30		(M)118	01:01:01	01:00:51	14.79
[00:13:05-3.0 km] [00:25:31-6.0 km] [00:37:41-9.0 km] [00:49:27-12.0 km]												
129	518	KAWECKI MARIAN	BRANICE	POL	K.B. BRANICE	49	M60+/1		(M)119	01:01:05	01:01:02	14.75
[00:11:48-3.0 km] [00:23:42-6.0 km] [00:35:55-9.0 km] [00:48:37-12.0 km]												
130	692	HORAK JIRI	KRNOV	CZE	OLYMPIA BRUNTAL	48	M60+/2		(M)120	01:01:08	01:01:04	14.74
[00:12:28-3.0 km] [00:24:45-6.0 km] [00:36:53-9.0 km] [00:49:01-12.0 km]												
131	195	DYRLAGA STANISŁAW	WĘGIERSKA GÓRKA	POL	KS HALNY WĘGIERSKA GÓRKA	58	M50/29		(M)121	01:01:16	01:01:05	14.73
[00:12:53-3.0 km] [00:24:45-6.0 km] [00:36:53-9.0 km] [00:49:01-12.0 km]												
132	684	MIELNIK DAMIAN	ŁŁUBCZYCE	POL		72	M30/31		(M)122	01:01:23	01:01:11	14.71
[00:12:51-3.0 km] [00:25:02-6.0 km] [00:37:28-9.0 km] [00:49:40-12.0 km]												
133	172	KARKOSZKA MARCIN	MASANÓW	POL		90	M16/30		(M)123	01:01:24	01:01:15	14.69
[00:12:34-3.0 km] [00:24:43-6.0 km] [00:37:00-9.0 km] [00:49:17-12.0 km]												
134	261	PAPAŁA LESZEK	ŁĄŻISKA GÓRNE	POL	DOLINIARZE.COM	62	M40/32		(M)124	01:01:28	01:01:16	14.69
[00:12:46-3.0 km] [00:24:59-6.0 km] [00:37:07-9.0 km] [00:49:27-12.0 km]												
135	299	SPRINGWALD PAWEŁ	LUBLINIEC	POL	WKB META LUBLINIEC	59	M50/30		(M)125	01:01:28	01:01:16	14.69
[00:13:32-3.0 km] [00:25:44-6.0 km] [00:37:48-9.0 km] [00:49:47-12.0 km]												
136	513	KUSIDŁO MARIUSZ	RYBNIK	POL	AGK RYBNIK	87	M16/31		(M)126	01:01:29	01:01:22	14.67
[00:12:24-3.0 km] [00:24:24-6.0 km] [00:36:32-9.0 km] [00:49:14-12.0 km]												
137	116	GUTOWSKI DARIUSZ	KŁOBUCK	POL	NGB KŁOBUCK	68	M40/33		(M)127	01:01:39	01:01:27	14.65
[00:12:45-3.0 km] [00:24:59-6.0 km] [00:37:16-9.0 km] [00:49:34-12.0 km]												
138	625	JACHIMCZYK ALEKSANDRA	CHRZANÓW	POL		83	K18/3		(K)11	01:01:45	01:01:41	14.59
[00:11:55-3.0 km] [00:24:23-6.0 km] [00:37:08-9.0 km] [00:49:33-12.0 km]												
139	331	GRABKOWSKI ROBERT	ŻMIGRÓD	POL	WKB PIAST WROCŁAW	69	M40/34		(M)128	01:01:54	01:01:49	14.56
[00:11:54-3.0 km] [00:23:58-6.0 km] [00:36:21-9.0 km] [00:49:07-12.0 km]												
140	295	NOWAK GRZEGORZ	CZELADZ	POL	TKKF-SATURN_CZELADZ	75	M30/32		(M)129	01:02:01	01:02:00	14.52
[00:11:27-3.0 km] [00:23:42-6.0 km] [00:36:10-9.0 km] [00:48:58-12.0 km]												
141	111	MICHALSKI ADAM	SOBÓTKA	POL	WKB PIAST WROCŁAW	70	M30/33		(M)130	01:02:04	01:01:58	14.52
[00:12:12-3.0 km] [00:24:23-6.0 km] [00:37:08-9.0 km] [00:49:32-12.0 km]												
142	458	PASIEKA WŁODZIMIERZ	GLIWICE	POL	CZŁAPAKA-PĘDZIWIATR	64	M40/35		(M)131	01:02:04	01:01:48	14.56
[00:13:33-3.0 km] [00:25:59-6.0 km] [00:38:16-9.0 km] [00:50:22-12.0 km]												
143	136	WROŃSKA BEATA	JASŁO	POL		80	K18/4		(K)12	01:02:12	01:02:07	14.49
[00:12:40-3.0 km] [00:24:53-6.0 km] [00:37:14-9.0 km] [00:49:36-12.0 km]												
144	221	NOWAK JAN	RACIBÓRZ	POL		58	M50/31		(M)132	01:02:12	01:01:58	14.52
[00:13:22-3.0 km] [00:25:41-6.0 km] [00:38:02-9.0 km] [00:50:12-12.0 km]												
145	262	FRENCKI MARCIN	KEDZIERZYN-KOZLE	POL	NIE ZRZESZONY	83	M16/32		(M)133	01:02:21	01:02:13	14.47
[00:11:41-3.0 km] [00:23:56-6.0 km] [00:36:25-9.0 km] [00:49:31-12.0 km]												
146	590	JANUS ANDRZEJ	KLUCZBORK	POL		78	M30/34		(M)134	01:02:21	01:02:03	14.50
[00:17:03-3.0 km] [00:31:59-6.0 km] [00:47:33-9.0 km]												
147	19	SABOL FRANTISEK	RASLAVICE	SVK	JM DEMOLEX BARDEJOV	64	M40/36		(M)135	01:02:21	01:02:20	14.44
[00:12:18-3.0 km] [00:24:44-6.0 km] [00:37:16-9.0 km] [00:49:44-12.0 km]												
148	72	KISIELEWSKI ADAM	OPOLE	POL	AZS POLITECHNIKA OPOLSKA	87	M16/33		(M)136	01:02:24	01:02:19	14.44
149	210	JANIAK WITOLD	WROCŁAW	POL		70	M30/35		(M)137	01:02:31	01:02:22	14.43
[00:13:24-3.0 km] [00:25:50-6.0 km] [00:38:03-9.0 km] [00:50:21-12.0 km]												
150	662	ZASTAWNY RYSZARD	ORZESZE	POL	DOLINIARZE.COM	49	M60+/3		(M)138	01:02:33	01:02:25	14.42
[00:12:25-3.0 km] [00:24:43-6.0 km] [00:37:22-9.0 km] [00:50:01-12.0 km]												
151	340	WAŚIK MAREK	WROCŁAW	POL		60	M40/37		(M)139	01:02:38	01:02:32	14.39
[00:24:50-3.0 km] [00:37:26-6.0 km] [00:50:14-9.0 km]												

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupy Group</i>	<i>Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
152	538	SINICA DAREK	WROCLAW	POL	SCIEZKINIKE	68	M40/38		(M)140	01:02:40	01:02:34	14.38
[00:12:24-3.0 km] [00:24:47-6.0 km] [00:37:24-9.0 km] [00:50:07-12.0 km]												
153	650	PYKA RAFAL	STRZELCE OPOLSKIE	POL		87	M16/34		(M)141	01:02:40	01:02:30	14.40
[00:13:03-3.0 km] [00:25:24-6.0 km] [00:37:53-9.0 km] [00:50:25-12.0 km]												
154	639	BASZCZUJ MAREK	MILOSZYCE	POL	SLUZA RATOWICE	59	M50/32		(M)142	01:02:43	01:02:39	14.37
[00:12:04-3.0 km] [00:24:29-6.0 km] [00:37:16-9.0 km] [00:50:08-12.0 km]												
155	324	CYMANEK ANDRZEJ	WROCLAW	POL	EK TWARDZIEL WROCLAW	62	M40/39		(M)143	01:02:44	01:02:37	14.37
[00:12:52-3.0 km] [00:25:19-6.0 km] [00:37:50-9.0 km] [00:50:22-12.0 km]												
156	58	KOZIMOR WIESLAW	LEWIN BRZESKI	POL	MARATONYPOLSKIE.PL TEAM	61	M40/40		(M)144	01:02:47	01:02:43	14.35
[00:12:24-3.0 km] [00:24:58-6.0 km] [00:37:34-9.0 km] [00:50:13-12.0 km]												
157	380	CHLAP ELZBIETA	KATOWICE	POL	DOLINIARZE.COM	71	K30/7		(K)13	01:02:49	01:02:39	14.37
[00:12:52-3.0 km] [00:25:17-6.0 km] [00:37:48-9.0 km] [00:50:23-12.0 km]												
158	434	MARKO JOZEF	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	59	M50/33		(M)145	01:02:54	01:02:43	14.35
[00:12:31-3.0 km] [00:24:42-6.0 km] [00:37:22-9.0 km] [00:50:22-12.0 km]												
159	609	WOJDAK TADEUSZ	PACZYNA	POL		77	M30/36		(M)146	01:02:55	01:02:37	14.37
[00:12:53-3.0 km] [00:25:10-6.0 km] [00:37:38-9.0 km] [00:50:17-12.0 km]												
160	593	ZAWADA DAWID	KĘDZIERZYN KOŹLE	POL		85	M16/35		(M)147	01:02:59	01:02:38	14.37
[00:14:00-3.0 km] [00:26:30-6.0 km] [00:38:38-9.0 km] [00:50:49-12.0 km]												
161	95	OLIWA TOMASZ	DOBRODZIEŃ	POL		85	M16/36		(M)148	01:03:02	01:02:57	14.30
[00:12:16-3.0 km] [00:24:29-6.0 km] [00:37:06-9.0 km] [00:50:06-12.0 km]												
162	624	WENCEL ROBERT	KĘDZIERZYN - KOŹLE	POL		71	M30/37		(M)149	01:03:04	01:02:56	14.30
[00:12:25-3.0 km] [00:24:45-6.0 km] [00:37:24-9.0 km] [00:50:20-12.0 km]												
163	154	POŚPIECH KAROL	SYRYNIA	POL	FORMA WODZISLAW SLASKI	54	M50/34		(M)150	01:03:08	01:03:02	14.28
[00:12:33-3.0 km] [00:24:53-6.0 km] [00:37:25-9.0 km] [00:50:01-12.0 km]												
164	49	MUSZCZAK GRZEGORZ	BYTOM	POL	KOLEGIUM SĘDZIÓW BYTOM	80	M16/37		(M)151	01:03:13	01:02:59	14.29
[00:13:35-3.0 km] [00:26:24-6.0 km] [00:39:00-9.0 km] [00:51:29-12.0 km]												
165	160	TIMOSZUK JAROSLAW	STRZELCE OPOLSKIE	POL	OSIR STRZELCE OP.	74	M30/38		(M)152	01:03:17	01:03:07	14.26
[00:12:52-3.0 km] [00:25:15-6.0 km] [00:37:48-9.0 km] [00:50:30-12.0 km]												
166	315	BEDNARSKI DAWID	NYSA	POL		85	M16/38		(M)153	01:03:21	01:03:15	14.23
[00:12:49-3.0 km] [00:25:37-6.0 km] [00:38:22-9.0 km] [00:51:06-12.0 km]												
167	431	ROSIKOŃ STANISLAW	OPOLE	POL	GROSZOWICE	59	M50/35		(M)154	01:03:22	01:03:15	14.23
[00:12:14-3.0 km] [00:24:27-6.0 km] [00:37:10-9.0 km] [00:50:05-12.0 km]												
168	194	PETRYK ADAM	LUBECKO	POL		74	M30/39		(M)155	01:03:26	01:03:19	14.21
[00:12:57-3.0 km] [00:25:09-6.0 km] [00:37:52-9.0 km] [00:50:54-12.0 km]												
169	694	KIEL TOMASZ	KEDZIERZYN-KOŹLE	POL	CHEMIK KĘDZIERZYN KOŹLE	78	M30/40		(M)156	01:03:27	01:03:19	14.21
[00:12:58-3.0 km] [00:25:29-6.0 km] [00:38:07-9.0 km] [00:51:11-12.0 km]												
170	187	WEINZETTEL ZYGMUNT	SZCZEDRZYK	POL		72	M30/41		(M)157	01:03:33	01:03:33	14.16
[00:13:01-3.0 km] [00:25:21-6.0 km] [00:38:06-9.0 km] [00:50:50-12.0 km]												
171	334	BUDZIK RYSZARD	BRZEG	POL	BKB MARATONICZYK BRZEG	62	M40/41		(M)158	01:03:36	01:03:18	14.22
[00:13:28-3.0 km] [00:25:50-6.0 km] [00:38:18-9.0 km] [00:50:57-12.0 km]												
172	223	REMIORZ PIOTR	DORTMUND	GER	BIEG SIKORNIK,RADMAR	69	M40/42		(M)159	01:03:37	01:03:21	14.21
[00:12:56-3.0 km] [00:25:11-6.0 km] [00:37:48-9.0 km] [00:50:43-12.0 km]												
173	143	MALEK STANISLAW	PRASZKA	POL	TEDRIVE	54	M50/36		(M)160	01:03:39	01:03:31	14.17
[00:13:05-3.0 km] [00:25:41-6.0 km] [00:38:22-9.0 km] [00:51:04-12.0 km]												
174	251	JASZCZYK WLODZIMIERZ	KŁOBUCK	POL	NGB KŁOBUCK	70	M30/42		(M)161	01:03:40	01:03:30	14.17
[00:12:58-3.0 km] [00:25:30-6.0 km] [00:38:01-9.0 km] [00:50:48-12.0 km]												
175	137	TASAREK RYSZARD	NYSA	POL	NYSA BIEGA	52	M50/37		(M)162	01:03:42	01:03:39	14.14
[00:12:10-3.0 km] [00:24:44-6.0 km] [00:37:42-9.0 km] [00:50:45-12.0 km]												
176	388	BRYCHCY WIOLETTA	GLIWICE	POL	PREMIER-GLIWICE	71	K30/8		(K)14	01:03:44	01:03:30	14.17
[00:13:29-3.0 km] [00:26:00-6.0 km] [00:38:32-9.0 km] [00:51:06-12.0 km]												
177	257	ŻÓŁNOWSKI MARCIN	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	73	M30/43		(M)163	01:03:45	01:03:34	14.16
[00:12:31-3.0 km] [00:24:43-6.0 km] [00:37:22-9.0 km] [00:50:29-12.0 km]												

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupy Group</i>	<i>Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
178	553	TYCZYŃSKI PIOTR	KOBIERNO	POL	KS KROTOSZ KROTOSZYN	65	M40/43		(M)164	01:03:46	01:03:36	14.15
[00:13:13-3.0 km] [00:25:45-6.0 km] [00:38:17-9.0 km] [00:51:05-12.0 km]												
179	21	KULIJ JAN	BLACHOWNIA	POL	KKTA BLACHOWNIA	50	M50/38		(M)165	01:03:52	01:03:51	14.10
[00:12:08-3.0 km] [00:24:43-6.0 km] [00:37:37-9.0 km] [00:50:44-12.0 km]												
180	335	KOWALCZYK RAFAŁ	WROCŁAW	POL	WKB PIAST WROCŁAW	78	M30/44		(M)166	01:03:53	01:03:53	14.09
181	482	SANIAWA PAWEŁ	KĘDZIERZYN-KOŹŁE	POL	INTERSILESIA MCBRIDE	74	M30/45		(M)167	01:03:56	01:03:43	14.13
[00:12:47-3.0 km] [00:25:14-6.0 km] [00:37:52-9.0 km] [00:50:51-12.0 km]												
182	233	BIAŁAS STANISŁAW	LEWIN BRZESKI	POL	PKS-BRZEG	56	M50/39		(M)168	01:04:03	01:03:56	14.08
[00:12:58-3.0 km] [00:25:23-6.0 km] [00:38:13-9.0 km] [00:51:25-12.0 km]												
183	245	PACUŁA PIOTR	GLIWICE	POL	MARATONYPOLSKIE.PL TEAM	59	M50/40		(M)169	01:04:05	01:03:58	14.07
[00:13:22-3.0 km] [00:25:55-6.0 km] [00:38:33-9.0 km] [00:51:19-12.0 km]												
184	558	LISEK JÓZEF	STRZELCE OPOLSKIE	POL	OSIR STRZELCE OP.	51	M50/41		(M)170	01:04:07	01:03:59	14.07
[00:12:47-3.0 km] [00:25:20-6.0 km] [00:38:09-9.0 km] [00:51:09-12.0 km]												
185	493	ŻELICHOWSKI MAREK	SOSNOWIEC	POL		58	M50/42		(M)171	01:04:11	01:03:58	14.07
[00:13:37-3.0 km] [00:26:08-6.0 km] [00:38:34-9.0 km] [00:51:15-12.0 km]												
186	155	BALBUS MICHAŁ	BYTOM	POL	MIECHOWICE	52	M50/43		(M)172	01:04:12	01:04:02	14.06
[00:12:38-3.0 km] [00:25:17-6.0 km] [00:38:05-9.0 km] [00:51:06-12.0 km]												
187	610	KRAŚNIEWSKI KRZYSZTOF	ŻMIGRÓD	POL		65	M40/44		(M)173	01:04:17	01:04:12	14.02
[00:12:24-3.0 km] [00:25:11-6.0 km] [00:38:08-9.0 km] [00:51:17-12.0 km]												
188	545	SZKATUŁA HENRYK	WODZISŁAW ŚL.	POL	FORMA WODZISŁAW ŚLASKI	60	M40/45		(M)174	01:04:17	01:04:03	14.05
[00:13:29-3.0 km] [00:25:52-6.0 km] [00:38:28-9.0 km] [00:51:14-12.0 km]												
189	46	FIJAK JERZY	BIELSKO BIAŁA	POL		56	M50/44		(M)175	01:04:30	01:04:22	13.98
[00:12:49-3.0 km] [00:25:07-6.0 km] [00:37:48-9.0 km] [00:51:01-12.0 km]												
190	43	MIŁO ZBIGNIEW	BYTOM	POL		74	M30/46		(M)176	01:04:32	01:04:17	14.00
[00:13:41-3.0 km] [00:26:25-6.0 km] [00:39:04-9.0 km] [00:51:42-12.0 km]												
191	106	HORAŁA PIOTR	WROCŁAW	POL	GB WROCŁAWSKIE KRASNALE	84	M16/39		(M)177	01:04:35	01:04:15	14.01
[00:13:32-3.0 km] [00:26:19-6.0 km] [00:39:10-9.0 km] [00:51:59-12.0 km]												
192	626	HERDE BARBARA	OPOLE	POL	AZS POLITECHNIKA OPOLSKA	84	K18/5		(K)15	01:04:36	01:04:31	13.95
[00:12:48-3.0 km] [00:25:46-6.0 km] [00:38:38-9.0 km] [00:51:41-12.0 km]												
193	224	TYKA EDWARD	ŚWIĘTOCHŁOWICE	POL	SKAŁKA-ŚWIĘTOCHŁOWICE	43	M60+/4		(M)178	01:04:39	01:04:34	13.94
[00:13:01-3.0 km] [00:25:44-6.0 km] [00:38:39-9.0 km] [00:51:39-12.0 km]												
194	682	ORLIK JERZY	GLIWICE	POL		59	M50/45		(M)179	01:04:44	01:04:37	13.93
[00:13:23-3.0 km] [00:26:03-6.0 km] [00:38:56-9.0 km] [00:52:00-12.0 km]												
195	390	MAKOSZ KRZYSZTOF	SOŚNICOWICE	POL		85	M16/40		(M)180	01:04:46	01:04:41	13.91
[00:12:27-3.0 km] [00:25:13-6.0 km] [00:38:25-9.0 km] [00:51:51-12.0 km]												
196	343	HANO JAN	GLIWICE	POL	CZŁAPAKA-PĘDZIWIATR	47	M60+/5		(M)181	01:04:48	01:04:39	13.92
[00:13:06-3.0 km] [00:26:02-6.0 km] [00:38:55-9.0 km] [00:51:59-12.0 km]												
197	50	RAJCZYK WŁODZIMIERZ	ŻARKI LETNISKO	POL	LEŚNE LUDKI ŻARKI LETNISKO	59	M50/46		(M)182	01:04:58	01:04:49	13.89
[00:13:26-3.0 km] [00:26:22-6.0 km] [00:39:06-9.0 km] [00:52:16-12.0 km]												
198	501	DUDEK BARTŁOMIEJ	KRAKÓW	POL		77	M30/47		(M)183	01:05:03	01:04:51	13.88
[00:14:27-3.0 km] [00:27:06-6.0 km] [00:39:53-9.0 km] [00:52:44-12.0 km]												
199	664	GOJ JERZY	PIEKARY ŚLĄSKIE	POL		58	M50/47		(M)184	01:05:06	01:05:05	13.83
[00:13:12-3.0 km] [00:26:10-6.0 km] [00:38:59-9.0 km] [00:52:15-12.0 km]												
200	376	SOBCZAK ANDRZEJ	KĄTY WROCŁAWSKIE	POL	KB KĄTY WROCŁAWSKIE	61	M40/46		(M)185	01:05:08	01:05:00	13.85
201	25	MODRZEJEWSKI ROMAN	GRABÓW NAD PROSNĄ	POL	STOWARZYSZENIE KATOLICKO-SPORTOWE SZCZĘŚCIE	67	M40/47		(M)186	01:05:10	01:05:10	13.81
202	414	MAŃKA KRZYSZTOF	CHELM ŚLĄSKI	POL		88	M16/41		(M)187	01:05:20	01:05:11	13.81
[00:13:34-3.0 km] [00:26:45-6.0 km] [00:39:57-9.0 km] [00:52:51-12.0 km]												
203	165	KOPIJ WIESŁAW	BRZEG	POL	PKS BRZEG	62	M40/48		(M)188	01:05:29	01:05:21	13.77
[00:12:47-3.0 km] [00:25:23-6.0 km] [00:38:17-9.0 km] [00:51:36-12.0 km]												

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
204	88	SZCZEPANIAK MATEUSZ	KARŁOWICE	POL	MARATOŃCZYK BRZEG	91	M16/42		(M)189	01:05:34	01:05:23	13.76
[00:12:47-3.0 km] [00:25:15-6.0 km] [00:38:47-9.0 km] [00:52:26-12.0 km]												
205	442	PAJĄK KRZYSZTOF	CZĘSTOCHOWA	POL		63	M40/49		(M)190	01:05:37	01:05:35	13.72
[00:12:46-3.0 km] [00:25:45-6.0 km] [00:38:40-9.0 km] [00:52:12-12.0 km]												
206	619	KURYŁO ZENON	RYBNIK	POL	SBD ENERGETYK RYBNIK	66	M40/50		(M)191	01:05:40	01:05:27	13.75
[00:13:45-3.0 km] [00:26:46-6.0 km] [00:39:44-9.0 km] [00:52:53-12.0 km]												
207	214	KSIEŻYK JACEK	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	68	M40/51		(M)192	01:05:41	01:05:23	13.76
[00:14:05-3.0 km] [00:27:10-6.0 km] [00:40:11-9.0 km] [00:53:05-12.0 km]												
208	522	KAMIENIAK MIŁOSZ	ZABRZE	POL	MARATONYPOLSKIE.PL TEAM	86	M16/43		(M)193	01:05:45	01:05:35	13.72
[00:13:17-3.0 km] [00:26:08-6.0 km] [00:39:10-9.0 km] [00:52:19-12.0 km]												
209	123	KĘDZIERSKI ZENON	STRZELCE OP.	POL	OSIR STRZELCE OP.	51	M50/48		(M)194	01:05:47	01:05:34	13.73
[00:13:03-3.0 km] [00:25:44-6.0 km] [00:38:46-9.0 km] [00:52:11-12.0 km]												
210	618	CISZYŃSKI MAREK	KATOWICE	POL	START KATOWICE	64	M40/52		(M)195	01:05:48	01:05:36	13.72
[00:13:31-3.0 km] [00:26:36-6.0 km] [00:39:47-9.0 km] [00:52:55-12.0 km]												
211	313	OLSZEWSKI ARKADIUSZ	KŁOBUCK	POL	NGB KŁOBUCK	70	M30/48		(M)196	01:05:49	01:05:39	13.71
[00:13:04-3.0 km] [00:25:46-6.0 km] [00:38:46-9.0 km] [00:52:18-12.0 km]												
212	319	HACZYK JAROSŁAW	OPOLE	POL	NIEZRZESZONY	68	M40/53		(M)197	01:05:50	01:05:36	13.72
[00:13:16-3.0 km] [00:25:50-6.0 km] [00:38:52-9.0 km] [00:52:22-12.0 km]												
213	701	LESKIEWICZ ZOFIA	BIELSKO BIAŁA	POL		52	K50/1		(K)16	01:05:52	01:05:54	13.66
[00:13:09-3.0 km] [00:26:03-6.0 km] [00:39:02-9.0 km] [00:52:24-12.0 km]												
214	476	BLUSZCZ STEFAN	ŚWIERKLANY	POL	NIEZRZESZONY	52	M50/49		(M)198	01:06:00	01:05:54	13.66
[00:13:50-3.0 km] [00:26:53-6.0 km] [00:39:50-9.0 km] [00:52:56-12.0 km]												
215	489	PODŻORNY ERWIN	ČESKÝ TĚŠÍN	CZE	FINCLUB ČESKÝ TĚŠÍN	41	M60+/6		(M)199	01:06:02	01:05:54	13.66
[00:13:48-3.0 km] [00:26:55-6.0 km] [00:40:01-9.0 km] [00:53:02-12.0 km]												
216	649	JACYSZYN LECHOSŁAW	BYTOM	POL	UKS ORLIK	63	M40/54		(M)200	01:06:05	01:06:03	13.63
[00:12:42-3.0 km] [00:25:34-6.0 km] [00:38:44-9.0 km] [00:52:17-12.0 km]												
217	209	MIZERA AGNIESZKA	WROCŁAW	POL		69	K40/3		(K)17	01:06:07	01:06:02	13.63
[00:26:38-3.0 km] [00:39:51-6.0 km] [00:53:00-9.0 km]												
218	193	MROZEK MAREK	KOTULIN	POL		70	M30/49		(M)201	01:06:11	01:05:57	13.65
[00:14:14-3.0 km] [00:27:14-6.0 km] [00:40:16-9.0 km] [00:53:29-12.0 km]												
219	24	PUSZCZEWICZ ZENON	PISARZOWICE	POL	KBLUPUSOLESNICA-BRZEG	41	M60+/7		(M)202	01:06:13	01:06:12	13.60
[00:12:45-3.0 km] [00:25:49-6.0 km] [00:39:10-9.0 km] [00:52:42-12.0 km]												
220	671	SIWY JACEK	NAKŁO	POL	UKS OLIMPIJCZYK	81	M16/44		(M)203	01:06:15	01:06:09	13.61
[00:13:45-3.0 km] [00:27:13-6.0 km] [00:40:33-9.0 km] [00:53:41-12.0 km]												
221	444	SZYMCZYNA ZDZISŁAW	KRAKÓW	POL	KKB DYSTANS KRAKÓW	58	M50/50		(M)204	01:06:17	01:06:09	13.61
[00:13:15-3.0 km] [00:26:26-6.0 km] [00:39:33-9.0 km] [00:52:52-12.0 km]												
222	389	JASIŃSKI TOMASZ	PRUDNIK	POL	ŚWIAT ROWERU TEAM	82	M16/45		(M)205	01:06:21	01:06:17	13.58
[00:13:04-3.0 km] [00:26:03-6.0 km] [00:39:19-9.0 km] [00:53:04-12.0 km]												
223	504	KULPOK TOMEK	RUDA ŚLĄSKA	POL	TAJFUN	80	M16/46		(M)206	01:06:28	01:06:21	13.56
[00:13:37-3.0 km] [00:26:50-6.0 km] [00:40:09-9.0 km] [00:53:26-12.0 km]												
224	306	FIC MARIUSZ	HUMNISKA 930B	POL	KKB MOSIR KROSNO	68	M40/55		(M)207	01:06:29	01:06:13	13.59
[00:14:31-3.0 km] [00:27:49-6.0 km] [00:41:07-9.0 km] [00:54:14-12.0 km]												
225	31	NORMAN MACIEJ	BLACHOWNIA	POL		91	M16/47		(M)208	01:06:35	01:06:18	13.57
[00:14:11-3.0 km] [00:26:42-6.0 km] [00:40:04-9.0 km] [00:53:28-12.0 km]												
226	65	WITKOWSKI TADEUSZ	TARNÓW OPOLSKI	POL	NIEZRZESZONY	56	M50/51		(M)209	01:06:35	01:06:26	13.55
[00:13:04-3.0 km] [00:26:01-6.0 km] [00:39:22-9.0 km] [00:52:57-12.0 km]												
227	85	ROTTE BOGUSŁAW	OPOLE	POL		59	M50/52		(M)210	01:06:36	01:06:32	13.53
[00:13:22-3.0 km] [00:26:49-6.0 km] [00:40:18-9.0 km] [00:53:49-12.0 km]												
228	252	PARKITNY KRZYSZTOF	BLACHOWNIA	POL	KKTA BLACHOWNIA	54	M50/53		(M)211	01:06:39	01:06:28	13.54
[00:13:33-3.0 km] [00:26:40-6.0 km] [00:40:04-9.0 km] [00:53:29-12.0 km]												
229	84	SZPAK MICHAŁ	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	78	M30/50		(M)212	01:06:44	01:06:33	13.52
[00:12:54-3.0 km] [00:26:01-6.0 km] [00:39:37-9.0 km] [00:53:16-12.0 km]												

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
230	87	PLUSKOTA HENRYK	PRASZKA	POL	PRASZKA	58	M50/54		(M)213	01:06:46	01:06:46	13.48
231	556	FURGOWSKI ROMAN	GLIWICE	POL		64	M40/56		(M)214	01:06:46	01:06:42	13.49
[00:13:18-3.0 km] [00:26:15-6.0 km] [00:39:35-9.0 km] [00:53:06-12.0 km]												
232	230	URBAŃSKI JÓZEF	38-400 KROSNO	POL	KKB MOSIR KROSNO	58	M50/55		(M)215	01:06:53	01:06:37	13.51
[00:14:30-3.0 km] [00:27:50-6.0 km] [00:41:08-9.0 km] [00:54:20-12.0 km]												
233	648	KUSIDŁO KATARZYNA	RYBNIK	POL	RYBNIK	91	K18/6		(K)18	01:06:55	01:06:42	13.49
[00:13:34-3.0 km] [00:26:44-6.0 km] [00:40:08-9.0 km] [00:53:45-12.0 km]												
234	267	KOPREK EDMUND	DOBRODZIEN	POL	WKB META LUBLINIEC	60	M40/57		(M)216	01:06:56	01:06:42	13.49
[00:14:25-3.0 km] [00:27:43-6.0 km] [00:40:51-9.0 km] [00:54:07-12.0 km]												
235	555	MALESKA JANUSZ	DOBRODZIEN	POL	NIEZRZESZONY	81	M16/48		(M)217	01:06:56	01:06:41	13.50
[00:14:25-3.0 km] [00:27:43-6.0 km] [00:40:51-9.0 km] [00:54:07-12.0 km]												
236	517	RECLIK JAROSŁAW	SKRZYSZÓW	POL	FORMA WODZISŁAW ŚLASKI	66	M40/58		(M)218	01:06:56	01:06:49	13.47
[00:13:30-3.0 km] [00:26:39-6.0 km] [00:40:10-9.0 km] [00:53:49-12.0 km]												
237	636	IMIELSKI MAREK	LUBLINIEC	POL	WKB META LUBLINIEC	59	M50/56		(M)219	01:06:59	01:06:47	13.48
[00:13:51-3.0 km] [00:27:03-6.0 km] [00:40:17-9.0 km] [00:53:48-12.0 km]												
238	211	KALINOWSKI GRZEGORZ	BIELANY WROCŁAWSKIE	POL		75	M30/51		(M)220	01:07:02	01:06:48	13.47
[00:13:28-3.0 km] [00:26:37-6.0 km] [00:40:07-9.0 km] [00:53:41-12.0 km]												
239	254	MIERZEJEWSKI MAREK	KĘDZIERZYN - KOŹŁE	POL	NIE ZRZESZONY	60	M40/59		(M)221	01:07:09	01:07:00	13.43
[00:12:46-3.0 km] [00:25:55-6.0 km] [00:39:22-9.0 km] [00:53:11-12.0 km]												
240	347	GODEK MAKSYMILIAN	ORZESZE	POL	NOEL TEAM KATOWICE	84	M16/49		(M)222	01:07:12	01:06:59	13.44
[00:13:42-3.0 km] [00:26:58-6.0 km] [00:40:50-9.0 km] [00:54:29-12.0 km]												
241	583	BERESZKO WALDEMAR	SOSNOWIEC	POL	TKKF-SATURN_CZELADZ	52	M50/57		(M)223	01:07:12	01:07:00	13.43
[00:13:40-3.0 km] [00:26:52-6.0 km] [00:40:15-9.0 km] [00:53:37-12.0 km]												
242	680	ŚLAWEK LINDA	ZDZIESZOWICE	POL	MGOKSIR ZDZIESZOWICE	92	K18/7		(K)19	01:07:23	01:07:21	13.36
[00:12:20-3.0 km] [00:26:04-6.0 km] [00:40:41-9.0 km] [00:54:27-12.0 km]												
243	231	RYŁ ANDRZEJ	STRZELCE OPOLSKIE	POL	OSIR STRZELCE OP.	74	M30/52		(M)224	01:07:29	01:07:22	13.36
[00:12:46-3.0 km] [00:25:53-6.0 km] [00:39:49-9.0 km] [00:53:45-12.0 km]												
244	17	MARAS LADISLAV	PRESOV	SVK	FORMA WODZISŁAW ŚLASKI	63	M40/60		(M)225	01:07:44	01:07:28	13.34
[00:15:29-3.0 km] [00:29:06-6.0 km] [00:42:09-9.0 km] [00:55:03-12.0 km]												
245	646	PIECHACZEK HENRYK	KĘDZIERZYN-KOŹŁE	POL	LUKS KEDZIERZYN	44	M60+/8		(M)226	01:07:49	01:07:37	13.31
[00:13:41-3.0 km] [00:26:54-6.0 km] [00:40:19-9.0 km] [00:54:01-12.0 km]												
246	695	STARONIEWICZ JANUSZ	RABKA	POL	KJB RABKA ŚLONE				(M)227	01:07:56	01:07:42	13.29
[00:14:08-3.0 km] [00:27:14-6.0 km] [00:40:35-9.0 km] [00:54:15-12.0 km]												
247	749	KAMPA JÓZEF	STRZELCE OPOLSKIE	POL		53	M50/58		(M)228	01:08:02	01:07:59	13.24
[00:15:46-3.0 km] [00:32:49-6.0 km] [00:50:09-9.0 km] [01:08:02-12.0 km]												
248	303	TURSKI BOGDAN	KRAKÓW	POL	KKB DYSTANS	53	M50/59		(M)229	01:08:03	01:07:44	13.29
[00:15:02-3.0 km] [00:28:26-6.0 km] [00:41:37-9.0 km] [00:54:49-12.0 km]												
249	274	KOSTRZEWA MATEUSZ	NAMYSŁÓW	POL	NKB ZRYW NAMYSŁÓW	86	M16/50		(M)230	01:08:05	01:07:53	13.26
[00:12:54-3.0 km] [00:26:06-6.0 km] [00:39:58-9.0 km] [00:53:58-12.0 km]												
250	413	KASPRZAK DANIEL	NIEZDROWICE	POL		82	M16/51		(M)231	01:08:08	01:07:55	13.25
[00:14:06-3.0 km] [00:27:41-6.0 km] [00:41:21-9.0 km] [00:54:53-12.0 km]												
251	44	WOYCZYŃSKI DARIUSZ	WROCŁAW	POL	WKB PIAST WROCŁAW	68	M40/61		(M)232	01:08:15	01:07:59	13.24
[00:14:27-3.0 km] [00:27:42-6.0 km] [00:41:08-9.0 km] [00:54:42-12.0 km]												
252	524	JAROSZ JAREK	OPOLE	POL		73	M30/53		(M)233	01:08:17	01:08:06	13.22
[00:13:55-3.0 km] [00:27:23-6.0 km] [00:41:02-9.0 km] [00:54:49-12.0 km]												
253	465	DOBROWOLSKI ZBIGNIEW	OŚWIĘCIM	POL		62	M40/62		(M)234	01:08:21	01:08:18	13.18
[00:14:38-3.0 km] [00:28:19-6.0 km] [00:41:42-9.0 km] [00:55:03-12.0 km]												
254	594	PRIMUS WALDEMAR	STRZELCE OPOLSKIE	POL	OSIR STRZELCE OP.	59	M50/60		(M)235	01:08:23	01:08:07	13.21
[00:13:44-3.0 km] [00:26:47-6.0 km] [00:40:08-9.0 km] [00:53:55-12.0 km]												
255	74	WĘGLER KORNELIA	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA	70	K30/9		(K)20	01:08:26	01:08:12	13.20
[00:14:10-3.0 km] [00:27:41-6.0 km] [00:41:13-9.0 km] [00:54:55-12.0 km]												

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
256	657	KNAPIK JAN [00:13:56-3.0 km] [00:27:27-6.0 km] [00:41:01-9.0 km] [00:54:41-12.0 km]	KROTOSZYN	POL	KS KROTOSZ KROTOSZYN	59	M50/61		(M)236	01:08:30	01:08:18	13.18
257	107	PIĄTEK MAŁGORZATA [00:13:12-3.0 km] [00:26:29-6.0 km] [00:40:11-9.0 km] [00:54:13-12.0 km]	ŻYWIEC	POL	NIE ZRZESZONY	58	K50/2		(K)21	01:08:33	01:08:30	13.14
258	157	DYŁĄG MAREK [00:13:40-3.0 km] [00:27:05-6.0 km] [00:40:52-9.0 km] [00:54:51-12.0 km]	JAWORZNO	POL	KB MCKIS JAWORZNO	61	M40/63		(M)237	01:08:34	01:08:21	13.17
259	655	BERNAT JAROSŁAW [00:14:26-3.0 km] [00:27:47-6.0 km] [00:41:20-9.0 km] [00:55:04-12.0 km]	BLACHOWNIA	POL	KKTA BLACHOWNIA	67	M40/64		(M)238	01:08:34	01:08:16	13.18
260	126	RZEMINSKI DARIUSZ [00:14:29-3.0 km] [00:27:54-6.0 km] [00:41:23-9.0 km] [00:54:56-12.0 km]	DOMECKO	POL	NIEZRZESZONY	67	M40/65		(M)239	01:08:41	01:08:27	13.15
261	495	KALITA DARIUSZ [00:13:20-3.0 km] [00:26:56-6.0 km] [00:40:48-9.0 km] [00:54:52-12.0 km]	WAŁBRZYCH	POL	AMATOR	65	M40/66		(M)240	01:08:43	01:08:34	13.13
262	202	KUKUCZKA ARTUR [00:13:07-3.0 km] [00:25:38-6.0 km] [00:39:06-9.0 km] [00:53:45-12.0 km]	STRZELCE OPOLSKIE	POL	PIAST STRZELCE OPOLSKIE	76	M30/54		(M)241	01:08:47	01:08:30	13.14
263	225	CHRZAN TADEUSZ [00:14:12-3.0 km] [00:27:39-6.0 km] [00:41:19-9.0 km] [00:55:08-12.0 km]	RYDUŁTOWY	POL	WOLNY STRZELEC	60	M40/67		(M)242	01:09:00	01:08:46	13.09
264	23	JAKUBCZYK PIOTR [00:14:05-3.0 km] [00:27:41-6.0 km] [00:41:21-9.0 km] [00:54:58-12.0 km]	KĘDZIERZYN-KOŹLE	POL	BIEGANIE.PL	75	M30/55		(M)243	01:09:02	01:08:50	13.08
265	219	WYMYSŁO CZESŁAW [00:13:39-3.0 km] [00:27:07-6.0 km] [00:40:52-9.0 km] [00:54:53-12.0 km]	PIEKARY ŚLĄSKIE	POL		56	M50/62		(M)244	01:09:03	01:08:56	13.06
266	81	DZIELIŃSKI STANISŁAW [00:13:40-3.0 km] [00:41:17-6.0 km] [00:55:23-9.0 km]	BYTOM	POL	NIEZRZESZONY	54	M50/63		(M)245	01:09:11	01:09:11	13.01
267	375	WROŃSKA MAGDALENA [00:13:46-3.0 km] [00:27:18-6.0 km] [00:41:09-9.0 km] [00:55:14-12.0 km]	JASŁO	POL		74	K30/10		(K)22	01:09:13	01:09:07	13.02
268	540	DZIEDZIC EDWARD [00:14:07-3.0 km] [00:27:47-6.0 km] [00:41:38-9.0 km] [00:55:36-12.0 km]	ZAWADZKIE	POL	NIE ZRZESZONY	49	M60+/9		(M)246	01:09:16	01:08:56	13.06
269	541	NOWORZYN JAN [00:15:09-3.0 km] [00:28:56-6.0 km] [00:42:43-9.0 km] [00:56:24-12.0 km]	SWIETOCHLOWICE	POL	SKALKA	53	M50/64		(M)247	01:09:17	01:09:02	13.04
270	599	ŚWIDEREK ARTUR [00:14:35-3.0 km] [00:28:21-6.0 km] [00:42:15-9.0 km] [00:55:53-12.0 km]	ZABRZE	POL	FACCIAMO JOGGING	80	M16/52		(M)248	01:09:20	01:09:05	13.03
271	366	GOLIK JERZY [00:13:51-3.0 km] [00:27:25-6.0 km] [00:41:12-9.0 km] [00:55:13-12.0 km]	BRZEG	POL	PKS-BRZEG	56	M50/65		(M)249	01:09:22	01:09:13	13.00
272	141	KACIŁOWICZ JACEK [00:14:22-3.0 km] [00:27:51-6.0 km] [00:41:39-9.0 km] [00:55:34-12.0 km]	OPOLE	POL		53	M50/66		(M)250	01:09:25	01:09:13	13.00
273	673	PODLOCH MACIEJ [00:13:45-3.0 km] [00:27:13-6.0 km] [00:40:41-9.0 km] [00:54:34-12.0 km]	TARNOWSKIE GÓRY	POL	UKS OLIMPIJCZYK	77	M30/56		(M)251	01:09:28	01:09:22	12.97
274	453	ŁOGIEWA ANDRZEJ [00:14:20-3.0 km] [00:27:54-6.0 km] [00:41:35-9.0 km] [00:55:31-12.0 km]	KATOWICE	POL	KB JÓZEFINKA	50	M50/67		(M)252	01:09:31	01:09:15	13.00
275	300	PUTA ZDZIŚLAW [00:14:07-3.0 km] [00:27:51-6.0 km] [00:41:42-9.0 km] [00:55:38-12.0 km]	SOSNOWIEC	POL	TKKF-SATURN_CZELADZ	46	M60+/10		(M)253	01:09:33	01:09:26	12.96
276	690	KUBISTA MAREK [00:14:13-3.0 km] [00:27:46-6.0 km] [00:41:22-9.0 km] [00:54:54-12.0 km]	KATOWICE	POL	KB JÓZEFINKA	81	M16/53		(M)254	01:09:37	01:09:23	12.97
277	358	ZACKIEWICZ TOMASZ [00:13:37-3.0 km] [00:27:23-6.0 km] [00:41:27-9.0 km] [00:55:46-12.0 km]	JELCZ-LASKOWICE	POL	HARCOWNIK	70	M30/57		(M)255	01:09:37	01:09:33	12.94
278	665	DANIŁ ADAM [00:13:07-3.0 km] [00:26:12-6.0 km] [00:40:59-9.0 km] [00:54:53-12.0 km]	RYBNIK	POL	AKB KNURÓW	64	M40/68		(M)256	01:09:41	01:09:35	12.93
279	672	BIEGUN HENRYK [00:14:12-3.0 km] [00:28:02-6.0 km] [00:41:41-9.0 km] [00:55:34-12.0 km]	WĘGIERSKA GÓRKA	POL	KS HALNY WĘGIERSKA GÓRKA	64	M40/69		(M)257	01:09:48	01:09:45	12.90
280	668	PASTUCHA ANNA [00:13:44-3.0 km] [00:27:37-6.0 km] [00:41:38-9.0 km] [00:55:48-12.0 km]	KRAPKOWICE	POL	CROSS KRAPKOWICE	58	K50/3		(K)23	01:09:50	01:09:43	12.91
281	596	KOTELUK WOJCIECH [00:13:20-3.0 km] [00:26:45-6.0 km] [00:41:05-9.0 km] [00:55:02-12.0 km]	ROŻNIĄTÓW	POL		86	M16/54		(M)258	01:09:53	01:09:37	12.93

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupy Group</i>	<i>Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
282	544	SPANDEL JANUSZ	WODZISŁAW ŚL.	POL	FORMA WODZISŁAW ŚLASKI	65	M40/70		(M)259	01:09:53	01:09:50	12.89
[00:13:30-3.0 km] [00:27:07-6.0 km] [00:41:08-9.0 km] [00:55:30-12.0 km]												
283	573	HYSKI MATEUSZ	KRAPKOWICE	POL		80	M16/55		(M)260	01:09:59	01:09:53	12.88
[00:13:42-3.0 km] [00:27:21-6.0 km] [00:41:10-9.0 km] [00:55:26-12.0 km]												
284	105	WOŚKO JAN	KRAPKOWICE	POL	GALOP TAXI KRAPKOWICE	53	M50/68		(M)261	01:10:16	01:10:05	12.84
[00:14:15-3.0 km] [00:28:03-6.0 km] [00:42:02-9.0 km] [00:56:09-12.0 km]												
285	660	MAĆKOWIAK VALERY	KROTOSZYN	POL	KS KROTOSZ KROTOSZYN	54	M50/69		(M)262	01:10:34	01:10:22	12.79
[00:14:50-3.0 km] [00:28:49-6.0 km] [00:42:38-9.0 km] [00:56:35-12.0 km]												
286	565	LIPKA BOGUSŁAW	GLIWICE	POL		54	M50/70		(M)263	01:10:40	01:10:30	12.77
[00:13:58-3.0 km] [00:27:57-6.0 km] [00:42:02-9.0 km] [00:56:24-12.0 km]												
287	579	MICHAŁAK MIROSŁAW	TYCHY	POL		72	M30/58		(M)264	01:10:40	01:10:40	12.74
[00:15:05-3.0 km] [00:29:09-6.0 km] [00:43:15-9.0 km] [00:57:12-12.0 km]												
288	61	KOZŁOWSKI MARIAN	GRODZIEC	POL	NIE ZRZESZONY	55	M50/71		(M)265	01:10:51	01:10:33	12.76
[00:14:43-3.0 km] [00:28:24-6.0 km] [00:42:23-9.0 km] [00:56:41-12.0 km]												
289	386	SMOŁA MIECZYŚLAW	GLIWICE	POL	CZŁAPAKA-PĘDZIWIATR	49	M60+/11		(M)266	01:10:52	01:10:44	12.72
[00:14:40-3.0 km] [00:29:03-6.0 km] [00:43:27-9.0 km] [00:57:41-12.0 km]												
290	605	PETERA JAROSŁAW	KRAKÓW	POL	JW 2771 KRAKÓW	80	M16/56		(M)267	01:10:56	01:10:41	12.73
[00:14:16-3.0 km] [00:27:56-6.0 km] [00:41:54-9.0 km] [00:56:42-12.0 km]												
291	691	PENDOLSKI FRANCISZEK	KATOWICE	POL	KB JÓZEFINKA	42	M60+/12		(M)268	01:10:58	01:10:36	12.75
[00:15:31-3.0 km] [00:29:48-6.0 km] [00:43:49-9.0 km] [00:57:36-12.0 km]												
292	196	JURASZEK ANTONI	WĘGIERSKA GÓRKA	POL	KS HALNY WĘGIERSKA GÓRKA	56	M50/72		(M)269	01:11:10	01:11:00	12.68
[00:14:11-3.0 km] [00:28:02-6.0 km] [00:42:09-9.0 km] [00:56:37-12.0 km]												
293	51	NIEPIEKŁO KRZYSZTOF	ŻARKI LETNISKO	POL	LEŚNE LUDKI ŻARKI LETNISKO	59	M50/73		(M)270	01:11:12	01:11:00	12.68
[00:14:20-3.0 km] [00:28:25-6.0 km] [00:42:31-9.0 km] [00:56:46-12.0 km]												
294	621	KĘDZIORA MAREK	KRAPKOWICE	POL	CROSS KRAPKOWICE	59	M50/74		(M)271	01:11:13	01:11:02	12.67
[00:15:00-3.0 km] [00:28:56-6.0 km] [00:42:55-9.0 km] [00:57:01-12.0 km]												
295	373	WRZYCIEL KARINA	KOSZWICE	POL		67	K40/4		(K)24	01:11:14	01:11:04	12.66
[00:15:25-3.0 km] [00:29:49-6.0 km] [00:43:51-9.0 km] [00:57:40-12.0 km]												
296	132	DRABIK MARCIN	WROCŁAW	POL	WKB PIAST WROCŁAW	71	M30/59		(M)272	01:11:22	01:11:11	12.64
[00:14:07-3.0 km] [00:28:35-6.0 km] [00:42:54-9.0 km] [00:57:11-12.0 km]												
297	454	KAZIENKO WOJCIECH	BYTOM	POL		83	M16/57		(M)273	01:11:24	01:11:15	12.63
[00:13:16-3.0 km] [00:26:59-6.0 km] [00:41:15-9.0 km] [00:56:01-12.0 km]												
298	277	SOBIERAJ ALEKSANDER	OPOLE	POL	SPPP OPOLE	79	M30/60		(M)274	01:11:29	01:11:15	12.63
[00:14:28-3.0 km] [00:27:54-6.0 km] [00:41:42-9.0 km] [00:56:56-12.0 km]												
299	534	BOHDAN RYSZARD	ZDZIESZOWICE	POL		50	M50/75		(M)275	01:11:32	01:11:23	12.61
[00:14:33-3.0 km] [00:28:41-6.0 km] [00:42:39-9.0 km] [00:57:02-12.0 km]												
300	459	KLECZA JAROSŁAW	NYSA	POL	NYSA BIEGA	68	M40/71		(M)276	01:11:38	01:11:19	12.62
[00:15:01-3.0 km] [00:29:07-6.0 km] [00:43:19-9.0 km] [00:57:34-12.0 km]												
301	460	ZAJĄC MARIUSZ	NYSA	POL	NYSA BIEGA	72	M30/61		(M)277	01:11:38	01:11:19	12.62
[00:15:03-3.0 km] [00:29:11-6.0 km] [00:43:23-9.0 km] [00:57:35-12.0 km]												
302	529	DROŹDZIK PAWEŁ	NYSA	POL	NYSA BIEGA	77	M30/62		(M)278	01:11:38	01:11:19	12.62
[00:15:01-3.0 km] [00:29:07-6.0 km] [00:43:19-9.0 km] [00:57:35-12.0 km]												
303	685	DOBROWOLSKI Damian ***	GLUBCZYCE			72	M30/63		*** (M)279	01:11:40	01:11:26	12.60
[00:14:13-3.0 km] [00:27:57-6.0 km] [00:42:08-9.0 km] [00:56:46-12.0 km]												
304	268	NOWAKOWSKI CZESŁAW	WARSZAWA	POL		47	M60+/13		(M)280	01:11:41	01:11:28	12.59
[00:14:20-3.0 km] [00:28:31-6.0 km] [00:42:46-9.0 km] [00:57:12-12.0 km]												
305	336	NOWAK MAREK	WIELICZKA	POL		57	M50/76		(M)281	01:11:44	01:11:30	12.59
[00:14:30-3.0 km] [00:28:25-6.0 km] [00:42:47-9.0 km] [00:57:12-12.0 km]												
306	37	SOLTYŃSKI ANDRZEJ	NADOLICE WIELKIE	POL	WKB PIAST WROCŁAW	60	M40/72		(M)282	01:11:48	01:11:42	12.55
[00:13:59-3.0 km] [00:27:50-6.0 km] [00:42:13-9.0 km] [00:56:47-12.0 km]												
307	566	KANIA MARIUSZ	KLUCZBORK	POL	NIEZRZESZONY	82	M16/58		(M)283	01:11:50	01:11:33	12.58
[00:14:26-3.0 km] [00:27:59-6.0 km] [00:42:17-9.0 km] [00:57:01-12.0 km]												

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupy Group</i>	<i>Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
308	572	PILARZ-MALKIEWICZ DANUTA	WROCLAW	POL	WKB PIAST WROCLAW	64	K40/5		(K)25	01:12:00	01:11:45	12.54
[00:15:06-3.0 km] [00:29:18-6.0 km] [00:43:36-9.0 km] [00:57:52-12.0 km]												
309	147	KRZESIŃSKI STANISŁAW	SOSNOWIEC	POL	TKKF GRUPA BIEGOWA D.G.	52	M50/77		(M)284	01:12:02	01:11:50	12.53
[00:14:33-3.0 km] [00:28:44-6.0 km] [00:43:05-9.0 km] [00:57:37-12.0 km]												
310	171	SIKORSKI ZYGMUNT	TYCHY	POL		60	M40/73		(M)285	01:12:08	01:12:08	12.48
[00:14:32-3.0 km] [00:28:44-6.0 km] [00:43:08-9.0 km] [00:57:48-12.0 km]												
311	204	BIŚ ROBERT	BLACHOWNIA	POL		61	M40/74		(M)286	01:12:33	01:12:15	12.46
[00:14:29-3.0 km] [00:28:25-6.0 km] [00:42:36-9.0 km] [00:57:20-12.0 km]												
312	278	PATRZYKOWSKI PIOTR	SIERAKÓW ŚLĄSKI	POL		75	M30/64		(M)287	01:12:54	01:12:36	12.40
[00:15:14-3.0 km] [00:44:06-6.0 km] [00:58:48-9.0 km]												
313	266	DROSZCZAK KRZYSZTOF	GODZIKOWICE	POL	GODZIKOWICE TEAM	80	M16/59		(M)288	01:13:02	01:12:45	12.37
[00:14:48-3.0 km] [00:29:05-6.0 km] [00:43:37-9.0 km] [00:58:26-12.0 km]												
314	531	MICUDA JAN	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	50	M50/78		(M)289	01:13:06	01:12:49	12.36
[00:15:22-3.0 km] [00:29:34-6.0 km] [00:44:11-9.0 km] [00:58:42-12.0 km]												
315	470	OZAIST PIOTR	WROCLAW	POL	MARATONYPOLSKIE.PL TEAM	80	M16/60		(M)290	01:13:10	01:12:53	12.35
[00:14:38-3.0 km] [00:28:49-6.0 km] [00:43:39-9.0 km] [00:58:37-12.0 km]												
316	674	SZABLIICKI ALEKSY	KATOWICE	POL	WKB META LUBLINIEC	60	M40/75		(M)291	01:13:17	01:12:56	12.34
[00:15:25-3.0 km] [00:29:47-6.0 km] [00:44:08-9.0 km] [00:58:38-12.0 km]												
317	183	STAROSTKA ANDRZEJ	KĘDZIERZYN-KOŹŁE	POL	KĘDZIERZYN	48	M60+/14		(M)292	01:13:20	01:13:07	12.31
[00:14:47-3.0 km] [00:29:13-6.0 km] [00:43:53-9.0 km] [00:58:49-12.0 km]												
318	60	UDOLF JAN	KATOWICE	POL	KB JÓZEFINKA	49	M60+/15		(M)293	01:13:34	01:11:24	12.61
[00:15:51-3.0 km] [00:29:34-6.0 km] [00:43:40-9.0 km] [00:58:08-12.0 km]												
319	203	HALON ANDRZEJ	OPOLE	POL		54	M50/79		(M)294	01:13:38	01:13:26	12.26
[00:14:24-3.0 km] [00:28:34-6.0 km] [00:43:12-9.0 km] [00:58:13-12.0 km]												
320	285	MATUSZCZYK ADRIAN	SZCZEPANEK	POL	PIAST STRZELCE OPOLSKIE	73	M30/65		(M)295	01:13:51	01:13:34	12.23
[00:14:41-3.0 km] [00:29:04-6.0 km] [00:43:27-9.0 km] [00:57:43-12.0 km]												
321	652	MLASKAWA EDWARD	ZABRZE	POL		49	M60+/16		(M)296	01:13:55	01:13:34	12.23
[00:15:09-3.0 km] [00:29:21-6.0 km] [00:43:48-9.0 km] [00:58:28-12.0 km]												
322	350	MALICKI GRZEGORZ	KOŃSKIE	POL		70	M30/66		(M)297	01:13:56	01:13:49	12.19
[00:14:15-3.0 km] [00:29:13-6.0 km] [00:43:59-9.0 km] [00:58:50-12.0 km]												
323	173	LECHOWICZ JERZY	KRAPKOWICE	POL	CEM-BUD GÓRAŹDŹE	50	M50/80		(M)298	01:14:01	01:13:47	12.20
[00:15:21-3.0 km] [00:30:19-6.0 km] [00:45:09-9.0 km] [00:59:42-12.0 km]												
324	582	KOCHAŃCZYK MAREK	KATOWICE	POL		72	M30/67		(M)299	01:14:14	01:14:08	12.14
[00:14:14-3.0 km] [00:29:12-6.0 km] [00:44:20-9.0 km] [00:59:24-12.0 km]												
325	146	WÓJCİK STANISŁAW	DĄBROWA GÓRNICZA	POL	GRUPA BIEGOWA DĄBROWA GÓRNICZA	43	M60+/17		(M)300	01:14:26	01:14:13	12.13
[00:15:18-3.0 km] [00:29:54-6.0 km] [00:44:33-9.0 km] [00:59:27-12.0 km]												
326	94	MENTEL ZBIGNIEW	KRAKÓW	POL	RAJSKO - KRAKÓW	57	M50/81		(M)301	01:14:34	01:14:17	12.12
[00:15:10-3.0 km] [00:29:43-6.0 km] [00:44:32-9.0 km] [00:59:43-12.0 km]												
327	536	JANIK MONIKA	PSARY	POL	KS PSARY	78	K30/11		(K)26	01:14:41	01:14:29	12.08
[00:15:01-3.0 km] [00:29:31-6.0 km] [00:44:19-9.0 km] [00:59:35-12.0 km]												
328	577	PŁOTEK HALINA	ŁŁUBCZYCE	POL	KLUB BIEGACZA ŁŁUBCZYCE	58	K50/4		(K)27	01:14:42	01:14:32	12.08
[00:14:39-3.0 km] [00:29:18-6.0 km] [00:44:07-9.0 km] [00:59:22-12.0 km]												
329	73	ŚCIBISZ BOGDAN	SOSNOWIEC	POL	TKKF-SATURN_CZELADZ	43	M60+/18		(M)302	01:14:49	01:14:36	12.06
[00:14:48-3.0 km] [00:29:41-6.0 km] [00:44:28-9.0 km] [01:00:13-12.0 km]												
330	651	WĘGLER ZBIGNIEW	SOSNOWIEC	POL		46	M60+/19		(M)303	01:14:53	01:14:43	12.05
[00:15:07-3.0 km] [00:30:01-6.0 km] [00:45:02-9.0 km] [01:00:17-12.0 km]												
331	481	KUŚMIEREK WIKTOR	OPOLE	POL	WKB META LUBLINIEC	45	M60+/20		(M)304	01:14:56	01:14:53	12.02
[00:14:28-3.0 km] [00:29:32-6.0 km] [00:44:38-9.0 km] [00:59:46-12.0 km]												
332	514	OBSTARCZYK ANDRZEJ	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	57	M50/82		(M)305	01:15:25	01:15:09	11.98
[00:15:30-3.0 km] [00:30:12-6.0 km] [00:45:16-9.0 km] [01:00:22-12.0 km]												
333	637	MOKRZYCKA KRYSZYNA	WROCLAW	POL		52	K50/5		(K)28	01:15:32	01:15:21	11.94
[00:15:16-3.0 km] [00:30:17-6.0 km] [00:45:16-9.0 km] [01:00:24-12.0 km]												

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]
334	581	KWAPIEŃ JACEK	KATOWICE	POL		71	M30/68		(M)306	01:15:35	01:15:29	11.92
[00:14:14-3.0 km] [00:29:12-6.0 km] [00:44:26-9.0 km] [00:59:50-12.0 km]												
335	440	GNYP MARIUSZ	SZAŁSZA	POL		75	M30/69		(M)307	01:15:36	01:15:16	11.96
[00:15:45-3.0 km] [00:30:38-6.0 km] [00:45:36-9.0 km] [01:00:42-12.0 km]												
336	164	MAZUR KRZYSZTOF	SZCZAWNÓ-ZDRÓJ	POL	MARATONYPOLSKIE.PL TEAM	64	M40/76		(M)308	01:15:59	01:15:59	11.84
[00:14:35-3.0 km] [00:29:03-6.0 km] [00:44:01-9.0 km] [00:59:32-12.0 km]												
337	542	LUSZCZYMAK TADEUSZ	RADLIN	POL	FORMA WODZISŁAW ŚLĄSKI	51	M50/83		(M)309	01:15:59	01:15:42	11.89
[00:15:08-3.0 km] [00:29:46-6.0 km] [00:44:55-9.0 km] [01:00:28-12.0 km]												
338	42	CHMJELEWSKI JANUSZ	BRZEG	POL	PKS BRZEG	57	M50/84		(M)310	01:16:00	01:16:00	11.84
[00:30:49-3.0 km] [00:45:41-6.0 km]												
339	604	MOSZYŃSKI ADAM	GLIWICE	POL	APA TEAM	72	M30/70		(M)311	01:16:06	01:15:51	11.87
[00:15:43-3.0 km] [00:31:07-6.0 km] [00:47:05-9.0 km] [01:02:06-12.0 km]												
340	302	KONIECZNY JACEK	PYSKOWICE	POL	FC DOLINKA PYSKOWICE	82	M16/61		(M)312	01:16:08	01:15:51	11.87
[00:14:26-3.0 km] [00:29:14-6.0 km] [00:44:56-9.0 km] [01:00:43-12.0 km]												
341	562	SKÓRA MARCIN	STRZELCE OPOLSKIE	POL	NIE ZRZESZONY	89	M16/62		(M)313	01:16:19	01:16:02	11.84
[00:15:30-3.0 km] [00:30:39-6.0 km] [00:45:29-9.0 km] [01:00:24-12.0 km]												
342	557	OLSZAŃSKI DARIUSZ	KĘDZIERZYN-KOŹLE	POL		59	M50/85		(M)314	01:16:46	01:16:43	11.73
[00:15:07-3.0 km] [00:30:40-6.0 km] [00:46:14-9.0 km] [01:01:45-12.0 km]												
343	383	GADZIŃSKA KRYSZYNA	WROCŁAW	POL	WKB PIAST WROCŁAW	64	K40/6		(K)29	01:16:46	01:16:41	11.74
[00:15:10-3.0 km] [00:30:16-6.0 km] [00:45:36-9.0 km] [01:01:18-12.0 km]												
344	181	BORA ANDRZEJ	WROCŁAW	POL	WKB PIAST WROCŁAW	48	M60+/21		(M)315	01:16:56	01:16:50	11.71
[00:15:10-3.0 km] [00:30:16-6.0 km] [00:45:36-9.0 km] [01:01:18-12.0 km]												
345	289	KUREK EDWARD	KLATOWICE	POL		39	M60+/22		(M)316	01:17:07	01:17:05	11.68
[00:15:16-3.0 km] [00:30:56-6.0 km] [00:46:37-9.0 km] [01:02:01-12.0 km]												
346	290	KUREK ANNA	KATOWICE	POL		71	K30/12		(K)30	01:17:07	01:17:04	11.68
[00:15:17-3.0 km] [00:30:57-6.0 km] [00:46:37-9.0 km] [01:02:02-12.0 km]												
347	675	KILAN PIOTR	IWANOWICE DUŻE	POL		72	M30/71		(M)317	01:17:18	01:17:09	11.67
[00:14:09-3.0 km] [00:28:43-6.0 km] [00:43:31-9.0 km] [00:59:38-12.0 km]												
348	142	ŚLEDZIŃSKI RYSZARD	KRAPKOWICE	POL	CROSS KRAPKOWICE	61	M40/77		(M)318	01:17:28	01:17:17	11.65
[00:15:16-3.0 km] [00:30:34-6.0 km] [00:46:10-9.0 km] [01:01:58-12.0 km]												
349	628	MARKOWSKI ZBYSZEK	LUBLINIEC	POL	WKB META LUBLINIEC	70	M30/72		(M)319	01:17:29	01:17:19	11.64
[00:14:52-3.0 km] [00:29:16-6.0 km] [00:44:30-9.0 km] [01:00:23-12.0 km]												
350	629	MARKOWSKA IWONA	LUBLINIEC	POL	WKB META LUBLINIEC	71	K30/13		(K)31	01:17:29	01:17:20	11.64
[00:14:52-3.0 km] [00:29:16-6.0 km] [00:44:30-9.0 km] [01:00:23-12.0 km]												
351	613	STASIAK MAREK	TYCHY	POL	40 LATEK - TYCHY	79	M30/73		(M)320	01:17:35	01:17:29	11.62
[00:15:30-3.0 km] [00:30:56-6.0 km] [00:46:31-9.0 km] [01:02:08-12.0 km]												
352	39	GROCHOWSKI GRZEGORZ	PIEKARY ŚLĄSKIE	POL	MOSIR PIEKARY ŚLĄSKIE	71	M30/74		(M)321	01:18:11	01:18:01	11.54
[00:16:03-3.0 km] [00:31:36-6.0 km] [00:47:13-9.0 km] [01:02:53-12.0 km]												
353	661	BASIŃSKI MARIUSZ	KROTOSZYN	POL	KS KROTOSZ KROTOSZYN	61	M40/78		(M)322	01:18:16	01:18:07	11.52
[00:14:28-3.0 km] [00:28:49-6.0 km] [00:44:39-9.0 km] [01:01:02-12.0 km]												
354	663	ZASTAWNY BARBARA	GARDAWICE	POL	DOLINIARZE.COM	84	M16/63		(M)323	01:18:29	01:18:12	11.51
[00:15:10-3.0 km] [00:29:58-6.0 km] [00:44:50-9.0 km] [01:00:52-12.0 km]												
355	448	KRAKOWIAK BARBARA	TRZEBNICA	POL	LZS TRZEBNICA	46	K60+/1		(K)32	01:18:47	01:18:39	11.44
[00:15:35-3.0 km] [00:31:09-6.0 km] [00:46:52-9.0 km] [01:02:41-12.0 km]												
356	387	KEMPSKI ZENON	GLIWICE	POL	CZŁAPAKA-PĘDZIWIATR	34	M60+/23		(M)324	01:18:49	01:18:41	11.44
[00:15:35-3.0 km] [00:31:09-6.0 km] [00:46:46-9.0 km] [01:02:42-12.0 km]												
357	135	SOKOŁOWSKI MAREK	MYSŁOWICE-WESOLA	POL		69	M40/79		(M)325	01:19:20	01:19:18	11.35
[00:11:17-3.0 km] [00:24:32-6.0 km] [00:40:33-9.0 km] [00:58:57-12.0 km]												
358	317	SZRAJBER MICHAŁ	STRZELCE OPOLSKIE	POL	OSIR STRZELCE OP.	78	M30/75		(M)326	01:19:28	01:19:21	11.34
[00:13:08-3.0 km] [00:27:32-6.0 km] [00:43:19-9.0 km] [01:00:54-12.0 km]												
359	584	CIESIOLKA MARIAN	BYTOM	POL		49	M60+/24		(M)327	01:19:36	01:19:21	11.34
[00:17:02-3.0 km] [00:32:48-6.0 km] [00:48:32-9.0 km] [01:04:21-12.0 km]												

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupy Group</i>	<i>Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
360	598	GRZECHNIK CZESŁAWA	STRZELCE OPOLSKIE	POL		75	K30/14		(K)33	01:19:37	01:19:21	11.34
[00:17:02-3.0 km] [00:32:48-6.0 km] [00:48:31-9.0 km] [01:04:21-12.0 km]												
361	597	GRZECHNIK ARTUR	STRZELCE OPOLSKIE	POL		73	M30/76		(M)328	01:19:38	01:19:22	11.34
[00:17:01-3.0 km] [00:32:47-6.0 km] [00:48:31-9.0 km] [01:04:21-12.0 km]												
362	676	PYRAK JAN	IWANOWICE DUŻE	POL	NGB KŁOBUCK	52	M50/86		(M)329	01:19:39	01:19:31	11.32
[00:14:41-3.0 km] [00:30:20-6.0 km] [00:46:11-9.0 km] [01:02:32-12.0 km]												
363	208	KOPEĆ BOŻENA	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	67	K40/7		(K)34	01:20:01	01:19:42	11.29
[00:17:04-3.0 km] [00:32:43-6.0 km] [00:48:32-9.0 km] [01:04:23-12.0 km]												
364	452	GODEK BEATA	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	61	K40/8		(K)35	01:20:02	01:19:43	11.29
[00:17:04-3.0 km] [00:32:43-6.0 km] [00:48:32-9.0 km] [01:04:23-12.0 km]												
365	687	STRZELCZYK ARKADIUSZ	GLUCHOŁAZY	POL	CHROBRY GLUCHOŁAZY	58	M50/87		(M)330	01:20:30	01:20:15	11.21
[00:15:17-3.0 km] [00:30:52-6.0 km] [00:47:05-9.0 km] [01:03:29-12.0 km]												
366	686	BARANOWSKA BOŻENA	JEMIELNICA	POL		66	K40/9		(K)36	01:20:30	01:20:15	11.21
[00:15:17-3.0 km] [00:30:52-6.0 km] [00:47:05-9.0 km] [01:03:29-12.0 km]												
367	293	JAROSZ MARIAN	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	53	M50/88		(M)331	01:20:36	01:20:17	11.21
[00:16:29-3.0 km] [00:32:23-6.0 km] [00:48:28-9.0 km] [01:04:56-12.0 km]												
368	55	NOWAK RYSZARD	SOSNOWIEC	POL	NOEL TEAM KATOWICE	57	M50/89		(M)332	01:20:37	01:20:18	11.21
[00:16:28-3.0 km] [00:32:20-6.0 km] [00:48:26-9.0 km] [01:04:55-12.0 km]												
369	750	GOC TADEUSZ ***	STRZELCE OPOLSKIE			53	M50/90		*** (M)333	01:20:47	01:20:44	11.15
[00:13:50-3.0 km] [00:28:46-6.0 km] [00:38:25-9.0 km] [01:01:36-12.0 km]												
370	654	CYBULSKI KRZYSZTOF	GLIWICE	POL	CZELADŹ	62	M40/80		(M)334	01:20:52	01:20:52	11.13
[00:15:20-3.0 km] [00:30:17-6.0 km] [00:46:07-9.0 km] [01:02:43-12.0 km]												
371	420	WILCZYŃSKA-MILER KAROLINA	TYCHY	POL	TYSKIE STOWARZYSZENIE SPORTOWE	82	K18/8		(K)37	01:20:52	01:20:36	11.17
[00:15:43-3.0 km] [00:31:07-6.0 km] [00:47:04-9.0 km] [01:03:42-12.0 km]												
372	421	MILER RADOŚLAW	TYCHY	POL	TYSKIE STOWARZYSZENIE SPORTOWE	75	M30/77		(M)335	01:20:53	01:20:36	11.17
[00:15:43-3.0 km] [00:31:07-6.0 km] [00:47:04-9.0 km] [01:03:42-12.0 km]												
373	560	ŁAZAREK ŁUKASZ	STRZELCE OPOLSKIE	POL	NIE ZRZESZONY	89	M16/64		(M)336	01:20:59	01:20:41	11.15
[00:15:30-3.0 km] [00:31:24-6.0 km] [00:47:24-9.0 km] [01:03:56-12.0 km]												
374	491	IWANEJKO WIESŁAW	KĘDZIERZYN-KOŹŁE	POL	NIEZRZESZONY	55	M50/91		(M)337	01:20:59	01:20:51	11.13
[00:15:34-3.0 km] [00:31:39-6.0 km] [00:48:02-9.0 km] [01:04:39-12.0 km]												
375	301	TURKO KATARZYNA	BYTOM	POL		70	K30/15		(K)38	01:21:42	01:21:22	11.06
[00:17:02-3.0 km] [00:32:49-6.0 km] [00:48:39-9.0 km] [01:05:05-12.0 km]												
376	670	JANICZEK TADEUSZ	BYTOM	POL	TKKF MOSIR CZELADŹ	40	M60+/25		(M)338	01:21:50	01:21:37	11.03
[00:16:22-3.0 km] [00:32:36-6.0 km] [00:48:36-9.0 km] [01:05:01-12.0 km]												
377	13	NOWOK JERZY	RUDA ŚL	POL	NIEZRZESZONY	50	M50/92		(M)339	01:22:26	01:22:07	10.96
[00:16:28-3.0 km] [00:32:21-6.0 km] [00:48:28-9.0 km] [01:05:04-12.0 km]												
378	630	SOBCZYK GABRIELA	RACIBÓRZ	POL	SBD ENERGETYK RYBNIK	69	K40/10		(K)39	01:23:33	01:23:17	10.81
[00:16:28-3.0 km] [00:32:44-6.0 km] [00:49:31-9.0 km] [01:06:33-12.0 km]												
379	356	RUDYK MARZENKA	JELCZ-ŁASKOWICE	POL	HARCOWNIK	72	K30/16		(K)40	01:24:33	01:24:29	10.65
[00:15:40-3.0 km] [00:32:13-6.0 km] [00:48:43-9.0 km] [01:06:15-12.0 km]												
380	357	RUDYK ZBIGNIEW	JELCZ-ŁASKOWICE	POL	HARCOWNIK	64	M40/81		(M)340	01:24:35	01:24:31	10.65
[00:15:40-3.0 km] [00:32:13-6.0 km] [00:48:43-9.0 km] [01:06:15-12.0 km]												
381	89	SZCZEPANIAK ANDRZEJ	KARŁOWICE	POL	KARŁOWICE	85	M16/65		(M)341	01:25:02	01:24:51	10.61
[00:15:53-3.0 km] [00:32:24-6.0 km] [00:49:33-9.0 km] [01:07:10-12.0 km]												
382	516	WAJDA JUSTYNA	PYSKOWICE	POL		83	K18/9		(K)41	01:25:11	01:24:54	10.60
[00:16:22-3.0 km] [00:33:01-6.0 km] [00:50:25-9.0 km] [01:08:04-12.0 km]												
383	70	WIORA JÓZEF	STANISZCZE MAŁE	POL		74	M30/78		(M)342	01:25:43	01:25:39	10.51
[00:13:52-3.0 km] [00:28:26-6.0 km] [00:43:48-9.0 km] [01:01:28-12.0 km]												
384	163	BUCZARSKI BARTŁOMIEJ	OPOLE	POL	NIEZRZESZONY	74	M30/79		(M)343	01:26:25	01:26:09	10.45
[00:17:06-3.0 km] [00:34:25-6.0 km] [00:51:58-9.0 km] [01:09:57-12.0 km]												
385	564	MAKUCH KRZYSZTOF	KĘDZIERZYN-KOŹŁE	POL		73	M30/80		(M)344	01:26:37	01:26:25	10.41
[00:16:33-3.0 km] [00:33:19-6.0 km] [00:50:40-9.0 km] [01:08:29-12.0 km]												

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupy Group</i>	<i>Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto</i>	<i>[km/h]</i>
386	152	KASIEŃSKA EWA KATARZYNA	POZNAŃ	POL	DRUŻYNA SZPIKU	48	K60+/2		(K)42	01:26:55	01:26:04	10.46
		[00:17:19-3.0 km] [00:34:24-6.0 km] [00:51:56-9.0 km] [01:09:14-12.0 km]										
387	537	TROJANOWSKA EWWWWWA	WARKOCZ	POL	KS WARKOCZ	71	K30/17		(K)43	01:27:07	01:26:46	10.37
		[00:17:01-3.0 km] [00:32:59-6.0 km] [00:49:59-9.0 km] [01:08:08-12.0 km]										
388	248	WLIZŁO TOMASZ	WROCŁAW	POL	ARCADIS WROCŁAW	74	M30/81		(M)345	01:27:54	01:27:37	10.27
		[00:17:06-3.0 km] [00:34:25-6.0 km] [00:51:59-9.0 km] [01:09:59-12.0 km]										
389	249	WLIZŁO JOLANTA	WROCŁAW	POL	NIEZRZESZONY	75	K30/18		(K)44	01:27:54	01:27:38	10.27
		[00:34:25-3.0 km] [00:51:59-6.0 km] [01:09:59-9.0 km]										
390	698	ZUK JÓZEF	WALBRZYCH	POL	DĘBY WALBRZYCH	40	M60+/26		(M)346	01:27:54	01:27:52	10.24
		[00:16:42-3.0 km] [00:34:11-6.0 km] [00:51:46-9.0 km] [01:09:52-12.0 km]										
391	361	KUKUCZKA DARIUSZ	STRZELCE OPOLSKIE	POL	PIAST STRZELCE OPOLSKIE	74	M30/82		(M)347	01:28:54	01:28:54	10.12
		[00:15:12-3.0 km] [00:33:02-6.0 km] [00:51:27-9.0 km] [01:10:12-12.0 km]										
392	620	MACIARZ TADEUSZ	GLIWICE	POL	NIEZRZESZONY	62	M40/82		(M)348	01:29:13	01:28:54	10.12
		[00:16:56-3.0 km] [00:33:48-6.0 km] [00:51:18-9.0 km] [01:09:51-12.0 km]										
393	372	KOZIOL PRZEMYSŁAW	KĘDZIERZYN-KOŹLE	POL	POLSKA BIEGA	78	M30/83		(M)349	01:29:34	01:29:13	10.09
		[00:17:31-3.0 km] [00:34:31-6.0 km] [00:52:35-9.0 km] [01:11:40-12.0 km]										
394	667	STACHOW JAN	KRAKÓW	POL	ZWIĄZEK POLSKICH SPADOCHRONIARZY	29	M60+/27		(M)350	01:30:11	01:29:54	10.01
		[00:18:07-3.0 km] [00:35:54-6.0 km] [00:53:58-9.0 km] [01:12:01-12.0 km]										
395	381	ZACKIEWICZ ILONA	JELCZ-LASKOWICE	POL	HARCOWNIK	70	K30/19		(K)45	01:33:13	01:33:09	9.66
		[00:55:18-3.0 km] [01:14:30-6.0 km]										
396	284	GERHARD PAUL	PIETNA	POL	CROSS KRAPKOWICE	38	M60+/28		(M)351	01:34:31	01:34:31	9.52
		[00:18:36-3.0 km] [00:36:39-6.0 km] [00:55:02-9.0 km] [01:14:39-12.0 km]										
397	647	ROSIŃSKA JANINA	PABIANICE	POL	AZS ŁÓDŹ	36	K60+/3		(K)46	01:37:45	01:37:34	9.22
		[00:18:39-3.0 km] [00:37:01-6.0 km] [00:56:51-9.0 km] [01:17:07-12.0 km]										
398	653	BEMŚ BEATA	GLIWICE	POL	CZELADŹ	69	K40/11		(K)47	01:40:13	01:40:13	8.98
		[00:19:30-3.0 km] [00:38:55-6.0 km] [00:58:35-9.0 km] [01:19:19-12.0 km]										
399	205	MEJ PAWEŁ	DZIEWIN	POL	NIEZALEŻNY - BIEGAM BOŚO	72	M30/84		(M)352	01:44:15	01:42:08	8.81
		[00:16:48-3.0 km] [00:34:23-6.0 km] [00:55:18-9.0 km] [01:18:19-12.0 km]										
400	490	GRACA JAN	IZBICKO	POL	NIE ZRZESZONY	49	M60+/29		(M)353	01:55:53	01:55:33	7.79
		[00:19:03-3.0 km] [00:37:55-6.0 km] [00:57:10-9.0 km] [01:16:42-12.0 km]										
401	99	GRYGIEL BOLESŁAW	KĘDZIERZYN-KOZLE	POL		47	M60+/30		(M)354	02:00:01	02:00:01	7.50
		[00:21:56-3.0 km] [00:41:45-6.0 km] [01:03:06-9.0 km] [01:30:32-12.0 km]										